



SPOTLIGHT

Age Strong! Live Long!

I didn't get old on purpose, it just happened. If you're lucky, it could happen to you.—Andy Rooney



May is [Older Americans Month](#),

a time to celebrate the ways in which older generations lead society through example and action, inspiring others to make the best of life. As family leaders, mentors, and activists, they demonstrate how the later years can be a unique and exuberant time. The Administration on Aging created this year's theme — Age Strong! Live Long! — to recognize the vitality of today's older citizens who span three generations.

Read [President Obama's official presidential proclamation](#) about Older Americans Month 2010.

On Thursday, May 27, a one-mile walk is taking place on the National Mall in Washington, D.C. It will include exhibits, demonstrations, and other activities for walkers and non-walkers alike. Register as an individual or as a group: [Age Strong! Live Long! Walk](#).

In April, older Americans across the nation were invited to participate in the "My Recipe for Strength" contest by submitting a poem, prose, photograph, or video that best depicts their personal "recipe" for living longer and stronger. This month, the public will be asked to vote for their favorite submissions to help determine the winner. View the "My Recipe for Strength" contest at www.OlderAmericansMonth.org.

RESOURCES

Better with Age: The Second Half of Life



Support and services for seniors represent a substantial element of national service; however, people age 55+ are not only recipients of services — more now than ever, they are a vital part of national service as participants, program managers, volunteers, mentors, tutors, and much more across all service areas. [Senior Corps](#) programs — Foster Grandparents, RSVP, and Senior Companions — have been strengthening communities across the nation for nearly 40 years.

The Resource Center is home to many resources related to seniors in service, including [senior services](#), [intergenerational service](#), [baby boomer volunteers](#), and [Senior Corps programs](#). Even more resources from our lending library and Effective Practices Collection support the experience of civically engaged seniors, wellness, security, and lifelong learning among older persons in America.

Lending Library

- [Surfing for Life](#)
- [Forever Young At Heart - The Earlier Years](#)
- [Young @ Heart](#)
- [Still Kicking](#)

ANNOUNCEMENTS

National Endowment for the Arts Grant: Learning in the Arts



For school- and community-based projects that help children and youth acquire knowledge, understanding, and skills in the arts. After-school and summer programs are eligible, as are public and private nonprofits. Maximum grants are \$150,000 each. *Deadline is June 10, 2010.* [More information.](#)

USDA Announces Grants to Expand Nutrition Help for Low-Income Seniors

On April 14, 2010, Agriculture Secretary Tom Vilsack



announced that USDA will invest in pilot projects to increase access and participation in the Supplemental Nutrition Assistance Program (SNAP), formerly the Food Stamp Program, among low-income seniors. Award grants totaling approximately \$8 million will allow state agencies to pursue innovative outreach and delivery pilot projects. *Deadline is June 30, 2010.* [More information.](#)

Notice of Funds Availability: Learn and Serve America Youth Engagement Zone

The Learn and Serve America Youth Engagement Zone (YEZ) program was newly authorized by the Edward M. Kennedy Serve America Act. YEZ is



This month, hold your own activity, event, or recognition ceremony to honor the contributions of older Americans and to celebrate the wisdom and perspective that they bring to our society.

- [Age of Discovery: Provocative Insights on Life After Sixty](#)
- [Positive Images of Aging](#)

Effective Practices

- [Developing a senior leadership program](#)
- [Organizing a senior health and wellness fair](#)
- [Providing telephone reassurance for senior community members](#)
- [Publishing seniors' WWII memories and sharing them with students](#)
- [Teaching computer skills to seniors](#)

designed to improve student engagement, including student attendance and behavior, and student achievement, graduation rates, and college-going rates. Letter of intention to apply due May 28, 2010. **Deadline is June 15, 2010.** [More information.](#)

Technology Corner

Simple tech tip:

Use the keystroke **Ctrl + Shift** combined with the up and down arrows to highlight and select larger pieces of content in a document.

It's almost here!



AC Week ~ May 8–15

Stay connected:
americorpsweek.gov

Effective Practices Collection

Effective practices define good ideas, successful strategies, and studied findings to help your program thrive. [Explore the collection today.](#)

ABOUT THE RESOURCE CENTER

The Resource Center is a training and technical assistance provider funded by the [Corporation for National and Community Service](#) to support volunteer and service programs across the nation. Visit us today to search, browse, download, order, and borrow from among thousands of specialized resources. Click here to [subscribe](#) to this e-newsletter. To [unsubscribe](#), send an e-mail to lyris@lists.etr.org with ***unsubscribe nsrcnews*** in the body of the message.

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