

# Resources

**Disclaimer:** The information provided herein does not constitute any formal endorsement of the company, its products or services by the Department of Defense. This information is being provided as informational resource material to transitioning military personnel and should be used to assist in identifying or exploring one of many post-military employment options.

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# CAREER EXPLORATION

## Effects of Career Change

TurboTAP

[http://www.turbotap.org/portal/transition/lifestyles/Career\\_Change/](http://www.turbotap.org/portal/transition/lifestyles/Career_Change/)

## Personality Assessment

Jung Typology Test

<http://humanmetrics.com/cgi-win/JTypes1.htm>

Kiersey Temperament Sorter

<http://keirse.com/>

iMapMyLife

<http://www.imapmylife.com/MyLife/>

## Career Aptitude Assessment

Job Behaviors

<http://www.jobbehaviors.com/>

Job Diagnosis

<http://www.jobdiagnosis.com/index.php>

O\*NET Interest Profiler

<http://www.onetcenter.org/IP.html>

O\*NET Work Importance Locator

<http://www.onetcenter.org/WIL.html>

Career One Stop Skills Profiler

<http://www.careerinfonet.org/skills/default.aspx?nodeid=20>

## Military Career Resource

Army Career and Alumni Program (ACAP)

<http://www.acap.army.mil/>

Marine Transition Assistance Management Program (TAMP)

<http://www.usmc-mccs.org/tamp/>

Navy Fleet and Family Support (Transition Assistance Program)

<https://www.nffsp.org/skins/nffsp/home.aspx>

Air Force Airman and Family Readiness Center

[https://www.affirst.org/skins/affsc/dod\\_security.aspx](https://www.affirst.org/skins/affsc/dod_security.aspx)

Coast Guard Transition Assistance

[http://www.uscg.mil/worklife/transition\\_assistance.asp](http://www.uscg.mil/worklife/transition_assistance.asp)

National Guard Family Program

<http://www.jointservicesupport.org/ResourceFinderSearchFilter.aspx>

Warriors to Work

<https://wtow.woundedwarriorproject.org/>

## Career Resource

Occupational Information Network OnLine (O\*NET OnLine)

<http://online.onetcenter.org/>

Occupational Outlook Handbook (OOH)

<http://www.bls.gov/oco/>

TurboTAP Introduction to Transition Assistance

<http://www.turbotap.org/portal/transition/lifestyles/Introduction/>

Department of Defense Transition Assistance Program (TAP) Facebook Page

<http://www.facebook.com/DoDTAP>

## General Career/Job Search Websites

Quintessential Careers

<http://quintcareers.com/index.html>

The Riley Guide

<http://www.rileyguide.com/>

Job Hunters Bible

<http://www.jobhuntersbible.com/>

Monster

<http://www.monster.com/>

CareerBuilder

<http://www.careerbuilder.com/>

CareerOneStop

<http://www.careeronestop.org/>

## Veteran Career Sites

Vet Jobs

<http://www.vetjobs.com/>

US Department of Veteran Affairs

<http://www4.va.gov/JOBS/>

Military Exits

<http://www.militaryexits.com/>

Veteran's Employment and Training Service (VETS)

<http://www.dol.gov/vets/>

Military Connection

<http://www.militaryconnection.com/job-fair.html#>

Employer Support of the Guard and Reserve

<http://esgr.org/site/Home/tabid/55/Default.aspx>

## Veteran Federal Job Board

America's Veteran

<http://www.fedshirevets.gov>

## Wounded, Ill and Injured Warriors Sites

Wounded Warrior Project

[https://www.woundedwarriorproject.org/component/option,com\\_jobline/Itemid,1125/](https://www.woundedwarriorproject.org/component/option,com_jobline/Itemid,1125/)

Hire Heroes USA

<http://www.hireheroesusa.org/>

Federal Jobs Network

<http://federaljobs.net/disabled.htm>

USAJOBS

<http://www.usajobs.gov/ei/individualswithdisabilities.asp>

Career Center for Wounded Warriors

<http://www.military.com/support>

Disability.gov

<http://www.disability.gov/employment>

Hire Heroes USA

<http://www.hireheroesusa.org/>

USAJOBS

<http://www.usajobs.gov/ei/individualswithdisabilities.asp>

## State Job Boards

Job Hunt.org  
State and Local Government on the Net

[http://www.job-hunt.org/state\\_unemployment\\_offices.shtml](http://www.job-hunt.org/state_unemployment_offices.shtml)  
<http://www.statelocalgov.net/50states-jobs.cfm>

## Federal Job Boards

USAJOBS  
CIA  
Careers in National Defense

<http://www.usajobs.gov/>  
<https://www.cia.gov/careers/opportunities/index.html>  
<http://www.godefense.com/>

## RELOCATION

### Relocation Resource

Home Fair  
Best Places  
International Living  
Best Places to Retire  
Plan My move  
TurboTap

<http://www.homefair.com/index.asp?cc=1>  
<http://www.bestplaces.net/>  
<http://internationalliving.com/2010/02/quality-of-life-2010/>  
[http://www.topretirements.com/communities/100\\_best\\_places\\_to\\_retire.html](http://www.topretirements.com/communities/100_best_places_to_retire.html)  
<http://apps.mhf.dod.mil/pls/psgprod/f?p=MHF:RELO:1253343129763484>  
[http://www.turbotap.org/portal/transition/resources/checklists/Relocation\\_Checklist.pdf](http://www.turbotap.org/portal/transition/resources/checklists/Relocation_Checklist.pdf)

## RETURNING TO SCHOOL

### Educational Funding

Montgomery GI Bill  
Post-9/11 GI Bill  
Veterans Educational Assistance Program (VEAP)  
Reserve Educational Assistance (REAP)  
Free Application for Federal Student Aid (FAFSA)  
State Education Benefits  
Scholarships

<http://www.gibill.va.gov/post-911/montgomery-gi-bill/active-duty.html>  
<http://www.gibill.va.gov/post-911/post-911-gi-bill-summary/>  
<http://www.gibill.va.gov/post-911/other-programs/veap.html>  
<http://www.gibill.va.gov/post-911/other-programs/reap.html>  
<http://www.fafsa.ed.gov/>  
<http://www.military.com/education/content/money-for-school/state-veteran-benefits.html>  
<http://aid.military.com/scholarship/search-for-scholarships.do>

### Credit for Military Experience

Army /American Council on Education Registry Transcript System (AARTS)  
Sailor/Marine American Council on Education Registry Transcript (SMART)  
Air Force (Community College of the Air Force CCAF)  
Coast Guard (Coast Guard Institute)

<http://aarts.army.mil/>  
<https://smart.navy.mil/smart/welcome.do>  
<http://www.au.af.mil/au/ccaf/>  
<http://www.uscg.mil/worklife/>

### Credentialing Opportunities Online

Army COOL  
Navy COOL  
Other Branches  
Other Branches

<https://www.cool.army.mil/>  
<https://www.cool.navy.mil/>  
<http://www.careeronestop.org/CREDENTIALING/CredentialingHome.asp>  
[http://www.dantes.doded.mil/dantes\\_web/certification/index.htm](http://www.dantes.doded.mil/dantes_web/certification/index.htm)

### Accreditation Site

US Department of Education

<http://ope.ed.gov/accreditation/>

## SELF EMPLOYMENT

### Self Employment Information

Small Business Administration  
8(a) Business Development Program  
Disaster Assistance  
Small Business Investment Corporations  
Business Loans, Grants and Financing

<http://www.sba.gov/index.html>  
<http://www.sba.gov/aboutsba/sbaprograms/8abd/index.html>  
<http://www.sba.gov/services/disasterassistance/index.html>  
<http://www.sba.gov/aboutsba/sbaprograms/inv/index.html>  
<http://search.business.gov/startLoans.html>

# FINANCIAL PLANNING FOR TRANSITION

## CONSTRUCTING YOUR FINANCIAL PLAN

### Credit Report

Annual Credit Report.com

<https://www.annualcreditreport.com/cra/index.jsp>

### Savings Bonds Value Calculator

Treasury Direct

<http://www.savingsbonds.gov/>

### Home Value Estimator

Home Gain

<http://www.homegain.com/>

### New and Used Car Pricing

Kelley Blue Book

<http://www.kbb.com/>

NADA

<http://www.nadaguides.com/>

## COMPENSATION COMPARISON

### Average national, state and area salaries

Bureau of Labor Statistics

<http://www.bls.gov/>

### Salary Calculator

Salary.com

<http://www.salary.com/salary/index.asp>

Indeed.com

<http://www.indeed.com/salary>

Simplyhired.com

<http://www.simplyhired.com/a/salary/search/q-lookup>

### Military Compensation Calculator

Military Compensation

<http://militarypay.defense.gov/pay/calc/>

### Tax Information for Employees

Internal Revenue Service

<http://www.irs.gov/individuals/employees/index.html>

### Separation Pay

TurboTAP

[http://www.turbotap.org/portal/transition/lifestyles/Personal\\_Finances/You\\_May\\_Get\\_Separation\\_Pay](http://www.turbotap.org/portal/transition/lifestyles/Personal_Finances/You_May_Get_Separation_Pay)

### Compensation and Benefits Handbook for Seriously Ill and Injured Members of the Armed Forces

TurboTAP

[http://www.turbotap.org/portal/transition/resources/PDF/Compensation\\_and\\_Benefits\\_Handbook.pdf](http://www.turbotap.org/portal/transition/resources/PDF/Compensation_and_Benefits_Handbook.pdf)

### Thrift Savings Plan

Thrift Savings Plan

<http://www.tsp.gov/>

### Types of Retirement Plans

US Internal Revenue Service

<http://www.irs.gov/retirement/content/0,,id=111422,00.html>

### Retirement Plans

US Department of Labor

<http://www.dol.gov/dol/topic/retirement/typesofplans.htm>

### Health Care Benefits

Warrior Care

<http://www.warriorcare.mil/>

### Civilian Health Care Programs

US Department of Health and Human Services

<http://www.ahrq.gov/consumer/cc/cc060308.htm>

### Consumer Resources: Health

Consumer World

<http://www.consumerworld.org/pages/health.htm>

### Life Insurance Calculators

Smart Money

<http://www.smartmoney.com/personal-finance/insurance/how-much-life-insurance-do-you-need-12949/?hpadref=1>

MSN Money

[http://moneycentral.msn.com/investor/calcs/n\\_life/main.asp](http://moneycentral.msn.com/investor/calcs/n_life/main.asp)

Forbes

[http://www.forbes.com/cms/template/tools/calculator/life\\_insurance.jhtml? DARGS=/finance/calc/insurance/droplet\\_form.jhtml](http://www.forbes.com/cms/template/tools/calculator/life_insurance.jhtml? DARGS=/finance/calc/insurance/droplet_form.jhtml)

## VA Life Insurance

US Department of Veteran Affairs

<http://www.insurance.va.gov/inForceGliSite/buying/DisabledVets.htm>

## PLANNING FOR CHANGE

### Military Compensation Calculator

Military Compensation

<http://militarypay.defense.gov/pay/calc/>

### Handbook for Injured Family Members and Their Families

Fallen Heroes Fund <http://www.fallenheroesfund.org/getdoc/bd6de713-53b3-4060-81b6-7190393f27dc/injuredhandbook.aspx>

### Financial Counseling

MilitaryOneSource

<http://www.militaryonesource.com/home.aspx?MRole=&Branch=&Component=>

### Federal Tax Withholding Earned Income Tax Credit

US Internal Revenue Service

<http://www.irs.gov/individuals/page/0,,id=14806,00.html>

<http://www.irs.gov/individuals/article/0,,id=130102,00.html>

### State Tax Withholding

Federation of Tax Administrators

<http://www.taxadmin.org/fta/link/>

### Supplemental Nutrition Assistance Program (SNAP)

United States Department of Agriculture

<http://www.fns.usda.gov/snap/>

### Family Subsistence Supplemental Allowance (FSSA)

DMDC

<https://www.dmdc.osd.mil/fssa/owa/go>

### Financial Counseling

National Foundation for Credit Counseling

<http://www.nfcc.org/>

## JOB SEARCH SUCCESS

### Researching Companies

Business Week

<http://www.businessweek.com/>

Forbes

<http://www.forbes.com/>

Hoovers

<http://www.hoovers.com/>

Inc.

<http://www.inc.com/inc5000/2009/index.html>

## FINDING A JOB

### Veteran Job Program Troops to Teachers

<http://www.proudtoserveagain.com/>

Helmets to Hardhats

<http://www.helmetstohardhats.org/>

### General Job Board

Quintessential Careers

<http://quintcareers.com/index.html>

Monster

<http://www.monster.com/>

CareerBuilder

<http://www.careerbuilder.com>

CareerOneStop

<http://www.careeronestop.org/>

### Veteran Job Board

VetJobs

<http://www.vetjobs.com/>

US Department of Veteran Affairs

<http://www4.va.gov/JOBS/>

Military Exits

<http://www.militaryexits.com/>

Hire Vets First

<http://hirevetsfirst.dol.gov/>

Military Connection

<http://www.militaryconnection.com/job-fair.html#>

### Veteran Federal Job Board

America's Veteran

<http://www.fedshirevets.gov>

## Wounded, Ill and Injured Warriors Job Boards

Hire Heroes USA

<http://www.hireheroesusa.org/>

Federal Jobs Network

<http://federaljobs.net/disabled.htm>

USAJOBS

<http://www.usajobs.gov/ei/individualswithdisabilities.asp>

Disability.gov

<http://www.disability.gov/employment>

## State Job Boards

Job Hunt.org

[http://www.job-hunt.org/state\\_unemployment\\_offices.shtml](http://www.job-hunt.org/state_unemployment_offices.shtml)

State and Local Government on the Net

<http://www.statelocalgov.net/50states-jobs.cfm>

## Federal Job Boards

USAJOBS

<http://www.usajobs.gov/>

CIA

<https://www.cia.gov/careers/opportunities/index.html>

Careers in National Defense

<http://www.godefense.com/>

## Occupational Outlook Handbook

Bureau of Labor Statistics

<http://www.bls.gov/oco/oco2003.htm>

## Online Reputation Management

reCareered

<http://recareered.blogspot.com/2008/03/online-reputation-management.html>

## VMET information

Verification of Military Education and Training

<https://www.dmdc.osd.mil/appj/vmet/index.jsp>

# EFFECTIVE RESUMES AND COVER LETTERS

## Resume Mistakes

monster.com <http://career-advice.monster.com/resumes-cover-letters/resume-writing-tips/avoid-the-top-10-resume-mistakes/article.aspx>

## How to Write a Resume

Monster.com

<http://career-advice.monster.com/resumes-cover-letters/resume-writing-tips/how-to-write-a-resume/article.aspx>

## Military to Civilian Resume

Baseops

<http://www.baseops.net/transition/>

## Sample Resumes

Best Sample Resume

<http://www.bestsampleresume.com/>

## Action Words

Quintessential Careers

[http://www.quintcareers.com/action\\_verbs.html](http://www.quintcareers.com/action_verbs.html)

## Military Skills Translator

Military.com

<http://www.military.com/skills-translator/mos-translator>

## Military-Civilian Occupation Translator

Career OneStop

<http://www.acinet.org/moc/>

## Cover Letter Resource

Quintessential Careers

[http://www.quintcareers.com/cover\\_letter\\_samples.html](http://www.quintcareers.com/cover_letter_samples.html)

Best Cover Letters

<http://www.bestcoverletters.com/>

About.com Job Searching

[http://jobsearch.about.com/od/coverlettersamples/Sample\\_Cover\\_Letters.htm](http://jobsearch.about.com/od/coverlettersamples/Sample_Cover_Letters.htm)

# INTERVIEWING EXCELLENCE

## Job Seeker Action Verbs

Quintessential Careers

[http://www.quintcareers.com/action\\_verbs.html](http://www.quintcareers.com/action_verbs.html)

## Sample Interview Questions

Quintessential Careers

[http://www.quintcareers.com/interview\\_question\\_database/interview\\_questions\\_1.html](http://www.quintcareers.com/interview_question_database/interview_questions_1.html)

About.Com: Job Searching

<http://jobsearch.about.com/od/interviewquestionsanswers/a/interviewquest.htm>

Monster.com

<http://career-advice.monster.com/job-interview/interview-questions/100-potential-interview-questions/article.aspx>

## Employment Assistance

TurboTap

<http://www.turbotap.org/portal/transition/lifestyles/Employment/>

## Interview Tips

Military.com

[http://www.military.com/Careers/Content1?file=interview\\_leader.htm&area=Reference](http://www.military.com/Careers/Content1?file=interview_leader.htm&area=Reference)

## Military to Civilian Skills Converter

Job Hunt

<http://www.job-hunt.org/veterans-job-search/military-experience-value.shtml>

## Thank You Notes

Write Express

<http://www.writeexpress.com/perfect-thank-you-letter.html>

# NEGOTIATE YOUR IDEAL COMPENSATION

## Salary Calculator

Salary.com

<http://www.salary.com/mysalary.asp>

Payscale.com

<http://www.payscale.com/>

Indeed.com

<http://www.indeed.com/salary>

## Corporate Culture Research

Quintessential Careers

[http://www.quintcareers.com/employer\\_corporate\\_culture.html](http://www.quintcareers.com/employer_corporate_culture.html)

Job Interview Questions

<http://www.job-interview-questions.biz/10-best-questions-about-corporate-culture.html>

The Ladders

<http://www.theladders.com/career-advice/7-interview-questions-uncover-corporate-culture>

## Industry Research

Occupational Outlook Handbook

<http://www.bls.gov/OCO/>

## Negotiation Tips

Quintessential Careers

<http://www.quintcareers.com/salary-dos-donts.html>

Quintessential Careers

[http://www.quintcareers.com/salary\\_negotiation\\_mistakes.html](http://www.quintcareers.com/salary_negotiation_mistakes.html)

US Department of State

<http://www.state.gov/m/dghr/flo/c21638.htm>



