

END OF AN ERA

British contingent leaves Academy after more than 50 years. **Page 3**

CYBER WARRIORS

Cadet cyber team wins NSA's Cyber Defense exercise. **Page 6**

MILE-HIGH BOUND

Academy graduate to play for Denver Broncos. **Page 10**

ACADEMY SPIRIT

IN COMPLIANCE!

Academy shines in Base-wide Inspections.

Overall scores:

Direct Reporting Unit: In compliance (with comments)

10th ABW: In compliance (with comments)

See the May 4 edition of the Academy Spirit for complete inspection coverage.

Ambassadors, leaders



MIKE KAPLAN

Eleven cadets will travel to six different countries with the new Ambassadors of Inclusion program and work for top organizations, to learn cultural adaptation, self-awareness and fundamental competencies to prepare them for their careers in the Air Force.

“The biggest benefit for the Academy will be that we can bring back what we've learned to our peers. We will benefit the Air Force by being a lieutenant with international, cultural exposure and insight on how to be a corporate leader.”

- Cadet 3rd Class Christian Brechbuhl

New program will allow cadets unique exposure to culture and diversity

By Amber Baillie
Academy Spirit staff writer

Academy cadets will experience national and organizational diversity in an authentic way this summer.

Eleven cadets will travel to six different countries with the new Ambassadors of Inclusion program and work for top organizations, to learn cultural adaptation, self-awareness and fundamental competencies to prepare them for their careers in the Air Force.

Students will travel to Spain, China, France, India, Guam and Chile and work for IBM, Chindex, Sodexo, Ingersoll Rand and Wal-Mart for four weeks.

“We've negotiated each opportunity for the cadet based on the cadet's major and interest,” said Dr. Adis Vila, chief diversity officer and AoI creator.

The AoI is a new program that allows cadets to work abroad, outside of the military, and understand how management philosophies are deeply rooted in culture.

Cadets will depart May 23 and spend time with a mentor to learn demographic, cognitive, organizational and structural managing concepts of diversity.

“They're going to have a direct relationship with someone from a different national culture who can help them understand how work gets done in that environment,” Vila said.

See Ambassadors Page 4

Air Force football team visits White House

Falcons earn 2nd straight Commander-in-Chief's trophy

The Air Force Falcon football team visited the White House Monday to accept the Commander-in-Chief's Trophy from President Barack Obama.

The ceremony, which took place in the East Room, was highlighted by senior Jon Davis presenting the president a No. 18 jersey to represent the number of CIC trophies that Air Force has won. Fellow senior Tim Jefferson also presented

a football with scores from the Army and Navy games this season.

The Falcons won their second straight and record 18th CIC trophy title in 2012. Air Force defeated Navy, 35-34, in overtime in Annapolis and beat Army, 24-14, in Falcon Stadium to secure the title. The Falcons went on to finish 7-6 overall and earn a berth in a school-record fifth straight bowl game. Air Force took on Toledo in the Military Bowl on Dec. 28.

The seniors finished their careers with a 32-20 overall record, including a 6-2 mark against Army and Navy. The seniors became just the fourth class in school history to play in a post-season bowl game every year of their careers.



COURTESY PHOTO

During their visit to the White House Monday, the Air Force Falcon Football team presents President Barack Obama a No. 18 jersey representing the number of CIC trophies that Air Force has won.

Identity theft: What everyone should know

By Tech Sgt. Vann Miller
Air Force Academy Public Affairs

Looking at my account balance made me sick to my stomach. The numbers in red print on my bank account ledger indicated I was more than \$3,000 in the red. I let out a growl and sank in my chair, not knowing how much more of this nightmare I had to endure.

My identity had been stolen, and no matter how rigorously I attacked this problem, it was not going away soon enough.

I had spent the past week retracing my steps. I tried to put myself into the mindset of this criminal, hoping to glean some idea how I could have contributed to my own misfortune. I was at a loss.

I use strong passwords. I closed all open ports on my wireless home network. I even had notifications sent directly to my email account and phone whenever changes to my account were made. But none of these precautions spared me from this virtual theft. I was confused and stressed in strange and unnerving ways.

There was no way for me to discover exactly how I became a victim of this fast growing crime, but if you think you are immune, I will tell you that up until a week ago, I felt the same way.

According to the Federal Trade Commission, millions of identities were compromised due to the corporate mishandling of personal information. Identity theft can happen to nearly anyone.

In my case, during the span of one week, my insurance account with USAA was hacked, a credit card and two other accounts were opened in my name, and an attempt to open a third account was made at another bank.

The entire ordeal shook my confidence in online banking and made me feel extremely vulnerable. I was even surprised at how my bank authorized an expense transaction worth totally more money than I had on hand. With no questions asked, they were willing to authorize a payment to a third party though I didn't have funds in my account to cover it.

The unfortunate reality is that anyone can become the victim of this crime. Even in the safe confines of your home, a determined criminal can bate you and steal your identity.

And if you think digging through your trash is beneath a thief, think again. In an apartment complex like the one I live in, community trash bins are common depositories of personal information. Dumpster diving is a very easy way for criminals to gather everything from unwanted maga-

zines to preapproved credit offers. You may be surprised just how much information about ourselves we put into the trash.

According to the Department of Justice website, information such as copies of your checks, credit card or bank statements often make its way into the trash. This kind of information often bears your name, address and even your telephone number.

Though I make no claim to be an expert on identity theft or fraud, I can point out some steps I took to protect myself from being further victimized. The first thing I did was notify my bank. After speaking to them and explaining the situation, they gave me a list of helping agencies. I then contacted one of the credit agencies and filed a claim for identity theft — this informed creditors that I was the victim of identity theft so they could better detect suspicious activities done in my name.

Then I contacted law enforcement. After all, identity theft is a crime. The more it gets reported then the more evidence police and investigators have toward solving these crimes.

I've learned that it is important to shred everything. Until now, I thought it was good enough to tear up my junk mail. But after this event, I can see that when it comes to protecting your identity, you should take nothing for granted.

If you feel as though you are the victim of fraud or identity theft, contact the local law enforcement to report the incident. If you have questions or require further information regarding criminal issues, visit the FTC's identity theft website at www.ftc.gov/idtheft.

SCAM ALERT

There are emails being sent to individuals, including military members, military retirees, and civilian employees, which appear to be sent by a Defense Finance and Accounting Service employee. Although the email displays a dot-mil address, it is actually from a non-government email account. This is an example of what's commonly called "spoofing."

The email indicates that individuals receiving disability compensation from the Department of Veterans Affairs can receive additional funds from the IRS. The email states that such funds can be obtained by sending copies of VA award letters, income tax returns, 1099-Rs, Retiree Account Statements, etc., to a so-called retired colonel at an address in Florida.

These emails are not issued by DFAS and will likely result in a financial loss if you comply with the suggestions in the email.

If you write it, own it

By Maj. T. Allen Herritage
2nd Combat Camera Squadron

HILL AIR FORCE BASE, Utah — Two recent stories on the Air Force's web page drew significant reaction in the site's comments section. Both a story on finance troops being awarded the Bronze Star Medal and the news that Air Force Space Command was ending wear of flight suits by non-aircrew personnel drove more comments than any story I've ever read on the site.

One attracted so many negative comments; the comments themselves became the subject of a story in Air Force Times. The reason for the publicity wasn't the sheer number of comments, but their nature. Many, if not most, of the comments on both stories were sarcastic, bitter, or just plain rude.

It's not the existence of negative comments that bothers me. I think discourse on Air Force issues is good for us as Airmen and our service as a whole. And if you take some time to consider the arguments surrounding the issues covered in these stories, there are some valid points on both sides.

This discourse can become heated. That's OK in my book. I appreciate someone who is passionate about their opinion and ready to defend it. The problem here is that

there is a direct correlation to the nature of the comment and whether or not the commentator was anonymous. Almost without exception, comments that were rude or sarcastic came from an anonymous source.

I recognize the subjectivity of the last sentence. What's rude to one person may be perfectly acceptable to another. But it's safe to say that the wording of most of these comments would be changed drastically, or even left unsaid, if their originator's identity was attached to them.

The anonymity offered by the internet has given those with an axe to grind a false sense of empowerment. I say 'false' because the very nature of their comments limits their utility. The angry rant in the comments section rarely inspires real change and usually only serves one person--the one doing the ranting.

I'm not advocating a "If you don't have anything nice to say, don't say anything at all" approach.

Our business is serious. Sometimes we have to say things that are unpleasant to others. But, as leaders, I think we have the duty to own it. This isn't just about comments on a web page. It's about accountability. If you want to criticize something, have the intestinal fortitude to defend that criticism and the manner in which it was conveyed. If you can't own it, why say it at all?

ACADEMY SPIRIT

To responsibly inform and educate the Academy community and the public about the Air Force Academy

Lt. Gen. Mike Gould —

Academy Superintendent

Lt. Col. John Bryan —

Director of Public Affairs

Gino Mattorano —

Editor

Don Branum — Staff Writer

Amber Baillie — Staff Writer

Carol Lawrence — Graphic Designer

The Academy Spirit is published by The Gazette, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the U.S. Air Force Academy. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Academy Spirit are not necessarily the official views of, or endorsed by, the Department of Defense or the Department of the Air Force.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force, or The Gazette, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. The printer reserves the right to reject any advertisements.

Editorial content is edited, prepared and provided by the U.S. Air Force Academy Directorate of Public Affairs. The editor reserves the right to edit articles to conform to Air Force policy and Associated Press style. All photos are U.S. Air Force photos unless otherwise indicated.

SUBMISSIONS

Send submissions to: usafa.pai@usafa.af.mil. Deadline for free classified ads on a space-available basis is noon every Tuesday for that week's publication date. Paid classified publishing is accepted by the publisher at 719-444-7355. The number to call for display advertising is 636-0306.

Deadline for all stories is noon Friday, one week prior to the desired publication date. Refer questions to the Academy Spirit editor at 333-7557.

The Academy Spirit also accepts story submissions by fax at 333-4094 or by email: pa.newspaper@usafa.af.mil.

Find us on

facebook.

US Air Force
Academy
Diversity
Office

Like

'USAF A Cares...'

National Suicide Prevention Lifeline -
800-273-8255

Mental Health - Active Duty, Dependents
719-333-5177

Equal Opportunity -
719-333-4258

Peak Performance Center -
719-333-2107

Employee Assistance Program -
719-333-4364

Chaplains -
Cadets 719-333-2636

Non-cadet 719-333-3300

Sexual Assault Response Coordinator -
719-333-7272

Military Family Life Consultant -
719-358-1468 or 719-333-3444

Last RAF exchange officer departs Academy

By Don Branum
Academy Spirit staff writer

The British are leaving. Only no one is happy to see them go.

Royal Air Force Squadron Leader Martin Harris, the RAF exchange officer to the Air Force Academy, will depart in May for RAF Coningsby, England, where he will command the No. 17 Squadron.

He is the last RAF officer whom cadets will see in uniform, as his departure marks the end of a 55-year exchange program between the Academy and its counterpart, the Officer and Aircrew Cadet Training Unit at RAF Cranwell, England. The Military and Strategic Studies Department here held a farewell ceremony in Harris' honour April 20.

The exchange partnership began shortly after the Academy itself did: In 1957, at Lowry Air Force Base, Colo. RAF Wing Commander Ian MacDougall, who commanded two Spitfire squadrons in World War II, was the first exchange officer. RAF Air Chief Marshal Sir Robert Freer was the second, followed by RAF Squadron Leader J.A.G. Slessor, the son of Marshal of the Royal Air Force Sir John Cotesworth Slessor.

"Slessor wrote a very interesting and in-depth end-of-tour report", Harris said during the ceremony. "He was concerned about the lack of cadet flying. He thought cadets should get to fly at least one hour per week for at least three of their four years, which

in his words, 'could hardly be considered an inroad into the dean's time'. He closes his report, 'I count my two years' association with the U.S. Air Force Academy, and all those connected with it, as one of the greatest experiences of my service career.'"

By 1963, exchange officers from four other countries joined the program, including one from France and two from West Germany. England sent as many as four exchange officers to the Academy in the late '60s and early '70s, but gradually lowered the number back to one by the time Harris arrived in 2008.

"It's sad for me to bring this opportunity to an end after 55 years", he said. "The U.S. Air Force reduced the number of exchange officer positions from 48 to 36, and my embassy had to make the difficult choice of which 12 to cut."

Harris said teaching undergraduates was an "immensely rewarding and challenging job" and that it helps to foster the strategic relationship between the U.S. and England. Harris cited British Prime Minister Winston Churchill's "Iron Curtain" speech, delivered just after World War II at Westminster College in Fulton, Mo., to reinforce the importance of that strategic relationship.

"The point of an exchange is influence and relationship development", Harris said. "The U.S. Air Force Academy offers that in abundance."

Col. Thomas Drohan, the Military and Strategic Studies Department



Col. Thomas Drohan presents Royal Air Force Squadron Leader Martin Harris with a Queen's Diamond Jubilee Medal during a RAF officers send-off in the Air Force Academy Cadet Battle Lab April 20. The medal was instituted Feb. 6, 2012, to commemorate 60 years of Queen Elizabeth II's reign.

DON BRANUM

head, said human relationships foster strategic ones, and that relationships on both levels are based on the "common values of freedom, justice and human dignity".

"No doubt it (the exchange program) will come back in the future at some time", Drohan said. "I'm not an eternal optimist; I just know it."

Drohan praised Harris for his role as an instructor and mentor and revealed that Harris received the department's outstanding academic educator award for the 2012 academic year.

"To our knowledge, Harris is the first exchange officer in Military Studies to win our top award", he said. "He's provided so much to all of us, faculty and cadets alike."

Harris also earned a somewhat more dubious honour. Lt. Col. Eric Moody, an instructor with the department, presented the RAF officer, who was active in intramural football,

with a ball jokingly commemorating his achievement as "the oldest man to score a hat trick at the Air Force Academy".

Harris presented Drohan with a portrait called "The Straggler", by Frank Wootton, which depicts a damaged B-17 Flying Fortress returning from a daylight bombing raid over Germany. The portrait is signed by German fighter ace Adolf Galland and RAF ace James Edgar Johnson. The two became friends after the war, Harris said.

The RAF officer said he will fondly remember his time at the Academy.

"I will look back in years to come and remember the great friendships and opportunities I was afforded", he said. "I thank you all for being a part of that."

Editor's Note: This article is written using the writer's best approximation of British rules for grammar and spelling.

Check it out! Rates slashed across the board.

Car Loans Starting as Low as

1.79% APR*

for up to 60 months

1.99% APR*

for up to 72 months

These new rates will get you behind the wheel of a new car! Our low rates could save you hundreds. So apply for an auto loan today and see for yourself how low we can go.

Or, refinance your loan from another lender and get \$250!**



ARMY
MARINE CORPS
NAVY
AIR FORCE
DoD
NAVY FEDERAL
Credit Union
navyfederal.org
1.888.842.6328

The Markets at Mesa Ridge, 6916 Mesa Ridge Parkway, Fountain, CO

1139 Space Center Drive, Colorado Springs, CO

Federally insured by NCUA. *Rates based on creditworthiness, so your rate may differ. Rate discounts can be applied, but cannot bring the rate below the 1.79% APR minimum. 1.79% APR for 60-month term and 1.99% APR for 72-month term available on 2011, 2012, and 2013 year models with 7,499 miles or less. Payment example: Loan amount of \$20,000 at 1.79% APR for 60 months would have a monthly payment of \$349.00. **Within 30 days of the first full payment, \$250 will be credited to the primary applicant's savings account. Existing Navy Federal loans not eligible for this offer. Offer may expire at any time without prior notice. © 2012 Navy Federal NFCU 12048_Col (3-12)



Ambassadors

From Page 1

Cadets interested in the program were asked to write an essay on cross-cultural competence and had to be in good military, academic and athletic standing.

"The essays chosen by our panel were very compelling," Vila said. "We purposely didn't base the selection on grades. I had one of the cadet wing commanders tell me how happy he was to see that this program wasn't based on GPA, because many programs here are."

The cadets are diverse. The group consists of males and females, sophomores and juniors, with different majors and ethnicities including: African-American, Native American and Asian-American. Some of the cadets have never traveled abroad and are first-generation students.

"I'm one of the few Native Americans at the Academy," said Cadet 3rd Class Heather Drephal, who will travel to Spain and work for IBM. "I want to represent that as part of myself and also as a woman because both are minorities at the Academy."

Vila came up with the idea for the program from her own personal experiences. Vila speaks five languages and has worked in five different sectors as a practicing lawyer, an executive with multinationals, an academic administrator, a professor and federal government official.

"In experiencing both different organizational cultures, as well as traveling abroad, getting my education in France, Switzerland, Mexico and Holland and working at the US Departments of State and Commerce on foreign policy, international economic policy and subsequently throughout the world for two multinationals, I wanted our cadets to experience something similar," Vila said.

Corporate representatives from each company attended lunch, class and dinner with cadets on Tuesday to interact one-on-one, with cadets, friends and firms who hosted the event, and translate the culture of their organization.

"We came here to provide this great opportunity for cadets and I'm really looking forward to hearing from them and about their experiences," said Sandra Hall from IBM. "To have an opportunity where they can truly focus on learning and immersion opposed to I have this military job to do, or, I'm in battle. I think it'll be a different experience and they'll have a better opportunity to embrace the culture, learn more about themselves and make better leaders."

Kenneth Nilsson from Chindex said his company supported the program because it's important for those who defend the country to have a deep international and intercultural understanding.

"The men and women who are charged with our security, having that background of diversity is as important as new weapons development," Nilsson said.

Company representatives attended a seminar on cultural competencies by Dr. Richard Griffith, director of the Institute for Cross Cultural Management at the Florida Institute of Technology, and both cadets and representatives attended a seminar on cultural adaptability by Dr. Nayantara Ghosh, management consultant, lecturer and founder of Ghosh International.

"There's one brand of leadership at the Academy, but that's not the way it works in the entire world," Griffith said. "Cadets are going to see people that they won't perceive as leaders but in fact, is exactly what the person in that culture should be doing. If the lessons stick, they're going to realize that there isn't one right way to do things and when you're in different cultures, you can adapt your behavior to be more effective."

If the pilot goes well, the program will expand and allow more cadets and companies to become involved. The hope is for cadets to become ambassadors for their squadrons and help develop an organizational culture that is inclusive and values all cadets, faculty and staff.

"The Cadet Wing constantly has a drive to improve but we're only here for four years and we spend most of our time at the Academy, so we don't see anything else to base that improvement on," said Cadet 3rd Class Christian Brechbuhl, who will travel to Guam and work for Sodexo. "The biggest benefit for the Academy will be that we can bring back what we've learned to our peers. We will benefit the Air Force by being a lieutenant with international, cultural exposure and insight on how to be a corporate leader."

Vila said being able to measure progress on the non-cultural competencies is important to the design of the program.

"We are lucky to be partnering with the Management Institute," Griffith added.

"We will do some measurement before the cadets leave the country, while they're there and when they return so we can start to track some of their attitudes, behaviors and general attitudes about diversity and see if the program has the effect that we want."

Vila said her goal is to double the amount of companies and cadets for next year.

"It's a broadly thought out program, and I'm hoping to create more interest so we can do more," Vila said. "It's very important for us to measure cadets' experience, because although it's only four weeks, I believe the experience will prove transformational."



From left: Cadet 2nd Class Wesley Reid, Ingersoll Rand representative Richard Devaughn and Cadet 2nd Class Sarah Haas. Reid and Haas will travel to Bangalore, India.



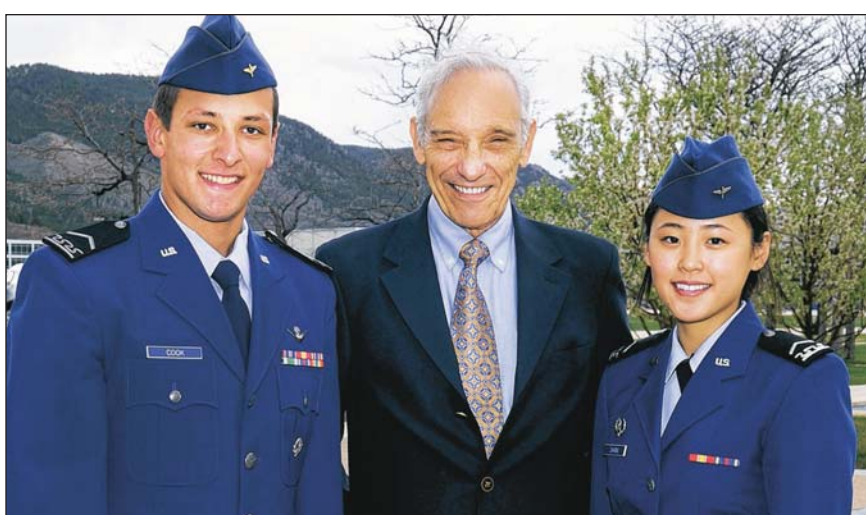
From left: Cadet 3rd Class Heather Drephal, IBM representative Sandra Hall and Cadet 3rd Class Moranda Hern. Hall and Hern will travel to Madrid, Spain.



From left: Cadet 2nd Class Carly Serratore, Walmart representative Travis Johnson and Cadet 2nd Class Tara Harris. Serratore and Harris will travel to Santiago, Chile.



From left: Cadet 3rd Class Christian Brechbuhl, Sodexo representative Sunny Krom and Cadet 2nd Class Richard Brockington. Brechbuhl will travel to Guam and Brockington will travel to Paris, France.



From left: Cadet 3rd Class Richard Cook, Chindex representative Ken Nilsson and Cadet 3rd Class Pamela Zhang will travel to Beijing, China.

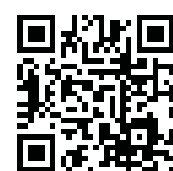
Not pictured: Cadet 3rd Class Deborah Kim who will also travel to Beijing.

Textbooks cramping your style?



Get up to **70% back**
for your textbooks.

[amazon.com/sellbooks](https://www.amazon.com/sellbooks)



Download the Amazon Student app and check trade-in value instantly

Computer warriors

Cadets shine in cyber competition

By Gino Mattorano
Academy Spirit editor

Cadet cyber warriors swept the virtual floor with the competition in the 12th annual Cyber Defense Exercise here April 16-20.

The Cyber Defense Exercise is a network security competition where service academy cadets and Defense Department post-graduate students manage and defend computer networks and maintain services against simulated intrusions by the National Security Agency's red cell aggressor team.

During the competition, NSA network specialists and military network experts formed the red cell team that challenged cadet blue cell teams to defend a closed-computer network that they designed, built, and configured at their respective academies. NSA graded each team's ability to maintain network services while dealing with security intrusions.

The exercise took place at the NSA's Fort Meade, Md., headquarters and at each of the academies on virtual, private networks, providing a safe path for the exercise while preventing interference with real-world networks.

Academy cadets put a great deal of work into preparation for the competition.

"It was quite a marathon," said Cadet 1st Class Jordan Keefer of Cadet Squadron 37. "For most of us this is a hobby, so it was a lot of work, but it's what we like to do."

But the cadet team didn't have time to celebrate their victory before they hopped on a plane to participate in the National Collegiate Cyber Defense Competition in San Antonio April 20 through Sunday. Their tenacity earned them second place in the competition, finishing behind the University of Washington, who won for the second straight year.

"By the time we started the second competition, the challenge wasn't the computers" Keefer said. "It was maintaining our motivation; but I feel like we did that."

Dr. Martin Carlisle, the cyber competition team coach was extremely proud of his team's efforts in both competitions.

"One thing that we're particularly proud of, is these cadets are a very new team," he said. "We've only been a team formally for one year now, and they've gone from nothing to not only beating all the other service academies, but also the graduate schools. And then, totally fatigued from that, they went directly to the national competition. They competed against teams that could have up to two graduate students and still came in second against 10 regional finalists from more than 100 teams across the country."

The cyber competition team was established in August, 2011. In the past, cadets from senior-level classes and the cyber warfare club competed in



RAYMOND MCCOY

Left to right: Cadet 1st Class Kate Lyons of Cadet Squadron 21, Cadet 1st Class Mike Cousins of CS 01, and Cadet 1st Class Geoff Pamerleau, of CS 20, participate in the Cyber Defense Exercise April 17.

cyber competitions, but this is the first year the Academy has had a dedicated cyber team, according to Carlisle.

"They've made amazing progress over the last year and we're really proud of what they're going to do to defend our nation and the Air Force in the future using the skills they've learned," Carlisle said.

This year we have eight cadets on team, but we're hoping to increase that number to 12 next year to include underclassmen," Carlisle said. "We're trying to train people across all four years in all cyber disciplines.

So far this year, the cyber team participated in 15 competitions.

"We have always placed in the top 15-30 percent, and what I always tell the dean is that we compete not only against undergraduate programs, but we compete against graduate students and computer security professionals," Carlisle said.

During the competitions, teams are assessed on their ability to maintain network services while detecting and responding to network intrusions and compromises. They are also graded on their ability to maintain an exchange server, ftp server, web server and domain controller. They also must submit timely and accurate incident reports as they detect Red Cell activity.

To be successful in that effort, the cyber team spends a great deal of time preparing to compete.

"Monday through Thursday we're in the cyber lab for 1.5 hours, so we train almost every day," said Cadet 2nd Class Nathan Hart, of Cadet Squadron 13.

Training for back-to-back competitions created unique challenges for the team.

"Our success speaks well for our general prep-

aration," Keefer said. "We didn't have any time to prepare for the National Collegiate Cyber Defense Competition in San Antonio. Our success there was due to our preparation for the first competition. When we showed up in San Antonio, we didn't have time to prepare for that competition, but we had put down such a broad base of experience for the cyber defense exercise that we were ready for the second competition."

The cadets take the lessons they learn from the competition and use it to improve their cyber skills.

"Every competition we go to we learn some new trick or something new to watch for," Hart said. "You have to constantly be able to adapt, because the playing field is constantly changing."

The cadets will take the skills they develop in the cyber program to their careers in the Air Force.

"When I first got to the Academy, I wanted to fly," Keefer said. "But then I took the basic cyber course and attended my first competition, and I've been hooked ever since. There are so many challenges in the cyber field."

Carlisle expressed his pride in the cadets' accomplishments and his belief in the merits of the program.

"One of the exciting things about the cyber team is that their efforts will matter in the defense of the nation," he said. "These people are learning skills that are going to be essential to the defense of the nation."

The Academy team competed for the trophy and bragging rights against competitors from the U.S. Naval Academy, U.S. Coast Guard Academy, U.S. Military Academy. Teams from the Royal Military College of Canada and Air Force Institute of Technology also competed, but weren't eligible for the trophy.

Gentle Dental Care
Howard Short, D.M.D.
Accepting
United Concordia Insurance
for military families!

Now Offering Botox
and Derma filler

**CALL
FOR APPOINTMENT!
719-574-7631**

5739 Constitution Ave.
(SW corner Constitution and
Powers next to Walgreens)

Hungry yet?

www.KingsChefDiner.com

110 E. Costilla Street
719.634.9135 • 8am - 2:00pm ish Mon-Fri

131 Bijou Street
719.636.5010 • 7am - 4:00pm ish Everyday

Late Nights
9pm - 4:00am ish Thurs-Sat

**KING'S CHEF
DINER**

BEST OF THE SPRINGS WINNER

Lady Godiva Hair Studio
A Paul Mitchell® Focus Salon

**\$55 Highlights
FREE Haircut
& Style**

Call salon for appointment.
Mention ad for discount.
New clients only
Offer expires
5/26/12

4 S. Wahsatch #110 | 475-2266 | www.ladygodivahair.com

Service held to honor memory of cadet killed in car crash

By Amber Baillie
Academy Spirit staff writer

The Academy held a memorial service on April 20 at the Cadet Chapel for Cadet 3rd Class Peter T. Quick, who was killed in a motor vehicle accident April 7 in Clifton, Colo.



Cadet 3rd Class
Peter T. Quick

Friends and family gathered to honor Quick's legacy and celebrate his positive character.

"I knew Peter as a funny, quirky kid who always had a smile on his face," said Major Sharon Nickelberry, air officer commanding for Cadet Squadron 10. "He brought joy and laughter to the group and was always doing something to make them laugh."

Quick was assigned to CS 16 his freshman year and CS 10, known as "Tiger Ten," his sophomore year.

"Those of us in Tiger Ten only had a short time to get to know Peter, but for those of us who did, we will never forget the impact that he made on each of our lives," Nickelberry said. "He will forever be remembered for his golden heart, his trustworthiness and his infectious smile. We will never forget you Pete. Once a Tiger, always a Tiger."

Quick was involved in the Academy show choir, intramural rugby, boxing and flicker ball.

"He was on the honor list every semester and held a 3.39 GPA," Nickelberry. "He did very well here."

Quick's best friend and cousin Trey Vernon said Quick accomplished every opportunity that came to him.

"He pushed me to be a better person and held the standards high," Vernon said. "He knew every little detail about my life including the good, the bad and the ugly depths of who I am, yet still loved me and looked up to me. Now I look up to him."

The Academy show choir performed "Tears in Heaven" by Eric Clapton and "You Raise Me Up" by Josh Groban.

Friends said Quick exuded a genuine spirit and always carried a smile on his face.

"Peter would often tell me, 'My friends call me Walmart because I'm cheap and always smiling,'" Vernon said.

Peter was involved in SPIRE and participated in the Mill at New Life Church.

"I pray that you find peace and comfort knowing that Peter is waiting for us in Heaven, and as he would say, 'Hasta la pasta,'" Vernon said.

Quick enlisted in the Air Force Oct. 21, 2008 and served as a thermal analyst at Wright-Patterson Air Force Base, Ohio. Quick studied computer engineering here.

Quick was from Friendship, Tenn. He is survived by his mother, Cassandra Hayley; his sister, Leslie Quick; his brother, Joshua Quick; his grandmother, Frances Jerrilyn Quick; and his aunt, Margo Vernon.



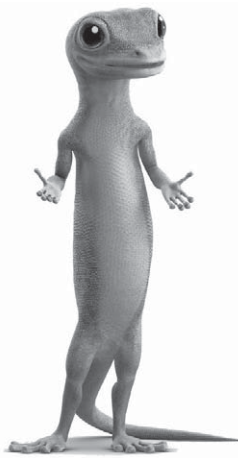
ABOVE: Cadets console one another during the memorial service for Cadet 3rd Class Peter Quick April 20.



LEFT: Cadet 3rd Class Brian Andre of Cadet Squadron 10, speaks during the memorial service April 20.

PHOTOS BY SARAH CHAMBERS

GREAT RATES For All Military Members



- Special Military discount on auto insurance
- Emergency Deployment discount
- 24/7 service for Active Duty, Guard, Reserve, and Retired Military and families
- Storage Protection Plans with reduced premium

- 75 years of service to the Military
- More than 150 local agents

GEICO[®]
geico.com
1-800-MILITARY
(or call your local office)

Active | Guard | Reserve | Retired

To learn more about GEICO's partnership with Navy Federal, visit geico.com/navyfederal



Some discounts, coverages, payment plans, and features are not available in all states or in all GEICO companies. Discount amount varies in some states. One group discount applicable per policy. In New York a premium reduction may be available. Coverage is individual. Insurance products are not federally insured, are not obligations of the credit union, and are not guaranteed by the credit union or any affiliated entity. GEICO is a registered service mark of Government Employees Insurance Company, Washington, D.C. 20076; a Berkshire Hathaway Inc. subsidiary. GEICO Gecko Image © 1999-2011. © 2011 GEICO/NFCU

Navy Federal Credit Union is federally insured by NCUA.



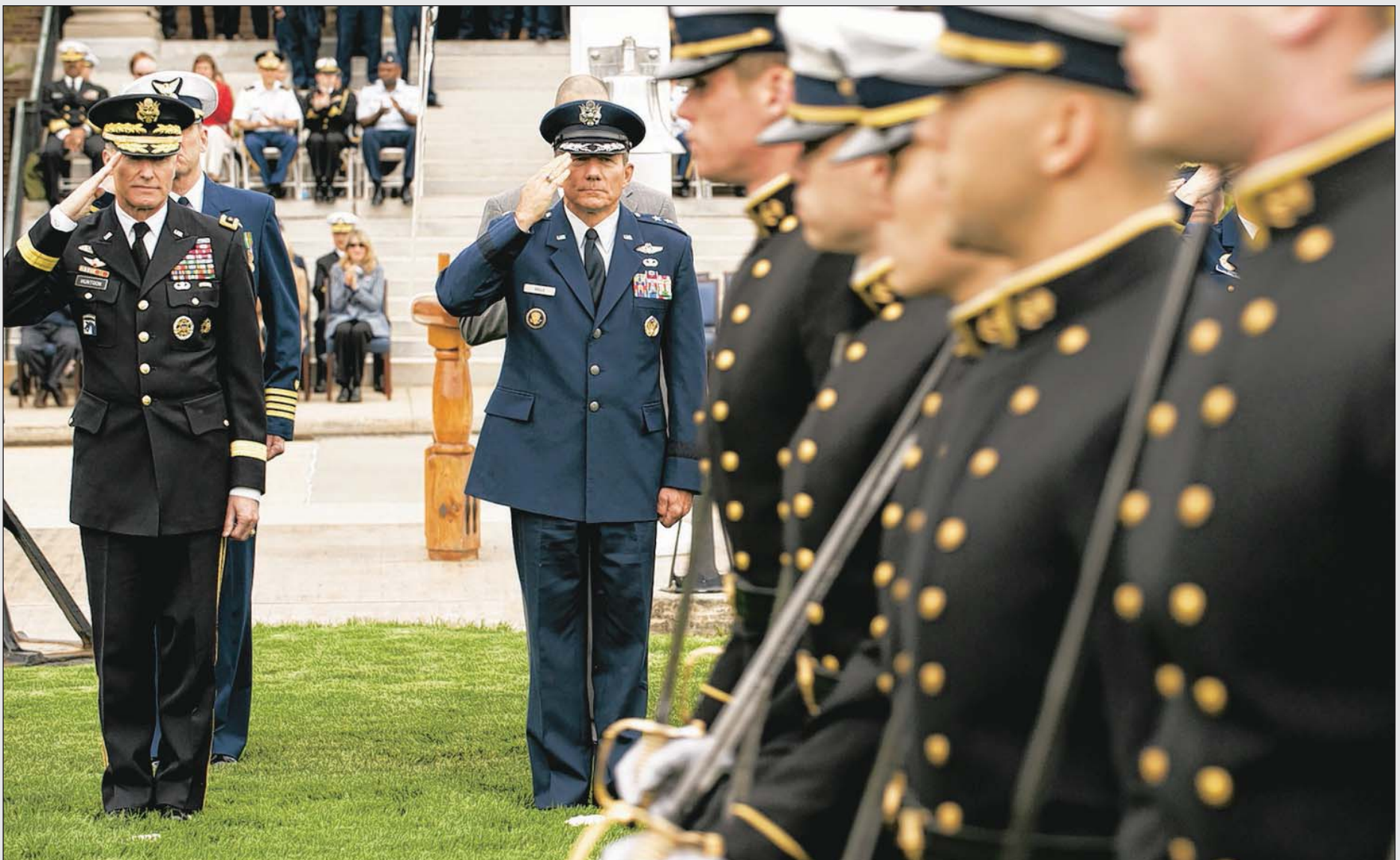
Academy superintendent visits Coast Guard Academy

RIGHT: Academy Superintendent Lt. Gen. Mike Gould greets Coast Guard cadets during his visit to the Coast Guard Academy April 18.

BOTTOM: Gould returns a salute as the U.S. Coast Guard Academy corps of cadets march by during a regimental review in honor of the federal service academy superintendents at the Coast Guard Academy in New London, Conn., April 18. Regimental reviews are part of military traditions and ceremonies, which serve to develop poise, confidence, speaking skills, teamwork and leadership.



PHOTOS BY COAST GUARD PETTY OFFICER 1ST CLASS NYXOLYNO CANGEMI



Cadets brief Colorado officials on plan to diminish illiteracy

Two cadets made a presentation on early literacy to Colorado Lt. Governor Joe Garcia at the Capitol April 20, after their ideas received top honors at the Colorado Leadership Alliance summit in January.

Before Cadets 2nd Class Alex Williams and Anthony Sullivan presented to Garcia, he spoke to the teams about the causes of third grade illiteracy and importance of diminishing it, particularly among those in under-represented populations and lower socio-economic groups in Colorado.

Williams and Sullivan, who are both assigned to Cadet Squadron 31, presented with their teams at the summit in January, on ways to generate a campaign to end illiteracy. They suggested the use of social media, recruitment of college students and advertising to generate interest and aware-

ness on the subject.

The teams were comprised of student leaders from nine different Front Range colleges who developed presentations that addressed the issue.

"The purpose of CLA is for the networking and development of Colorado's future leaders from Colorado's front range colleges and universities," Lt. Col. Joel Witzel said.

Each team consisted of four to eight student leaders and cadets were on two of the four teams selected as the best presentations.

"The cadets' presentations were polished, and they each largely led and created their presentations," Witzel said. "Teams took the time to collaborate and practice their presentations throughout the week and on the day of the presentation."



COURTESY PHOTO

Cadet 2nd Class Alex Williams addresses Colorado Lt. Governor Joe Garcia at the Capitol April 20. Williams and Cadet 2nd Class Anthony Sullivan presented their plan to reduce childhood illiteracy student leaders from nine different Front Range colleges who developed presentations that addressed the issue. Both cadets are from Cadet Squadron 31.

The magic of science

Air Force Academy chemistry instructor makes learning fun

By Don Branum
Academy Spirit staff writer

The first thing you might notice about Dr. Ron Furstenuau is his apparel: his tie contains carbon, nitrogen, neon, even ununseptium. American flag, Air Force, smiley face and periodic table pins grace the lapels of his lab coat, along with a three-eyed fish on one of his coat pockets.

The second thing -- and this you will definitely notice -- is his enthusiasm, whether he's walking you through the chemistry labs or getting you to break a flower with a clap of your hands. Furstenuau performs dozens of chemistry magic shows each year, but there's no sign that his energetic manner will ever undergo radioactive decay.

Furstenuau grew up in Norfolk, Neb. He first became interested in science during grade school.

"Even as a little kid, I liked to try to understand why things work the way they do," he said. "I don't think I knew it was science at the time; I just knew it was fun."

It took him a few more years, though, to discover which area of study interested him the most.

"It was my first science class in ninth grade," he recalled. "It was physical science, but mostly chemistry. Once I got into it in high school, I really liked it."

Furstenuau liked chemistry so much that he majored in it after he entered the Air Force Academy in 1975. He graduated with a bachelor's degree in chemistry, then went on to earn his master's degree from the University of Nebraska - Lincoln in 1984 and his doctorate in 1990.

Between degrees, Furstenuau served as a chemist at Edwards Air Force Base, Calif., and taught here. He came back to the Academy after finishing his PhD and kept teaching even after he retired from active duty in 2006. He's been involved with the Chemistry Department's magic show the entire time.

Furstenuau performed a show Saturday for around 100 people at the Garden of the Gods Visitor and Nature Center as part of the park's observance of Earth Day. Children enthusiastically raised their hands every time he called for volunteers.

Those who were picked got to mix potions of all sorts, including one that switched from blue to gold seemingly in response to cheering from the audience.

Furstenuau didn't overwhelm his audience with details. The kids didn't care that it was a Briggs-Rauscher oscillating reaction or that it involved malonic acid, hydrogen peroxide and iodine. They knew it was cool.

As they watched the beaker's liquid cycle through blue, gold and clear states, Furstenuau explained the basics: the reaction that turned the solution gold also provided the ingredients needed to turn the solution blue and vice versa.

The Chemistry Department first started its chemistry magic shows in the early '60s, Furstenuau said.

"I did them my first tour here in '84," he added. "I've probably done at least 800 of them over the years."



PHOTOS BY DON BRANUM

Dr. Ron Furstenuau explains a chemical reaction taking place between water and dry ice during a chemistry magic show at Garden of the Gods Visitor and Nature Center, Saturday.



Dr. Ron Furstenuau conducts a chemistry experiment with Becca as part of a chemistry magic show at Garden of the Gods.

He and other Chemistry Department instructors have performed shows across the state of Colorado, mainly in the Pikes Peak region and the Denver area, he said.

"We'll go to whoever happens to ask," he added. "As a department, we look at getting them interested in science as well as maybe getting them interested in attending the Air Force Academy."

At the moment, not many people from Pueblo have made requests, Furstenuau said. Aeronautics Department instructor Dr. Billy Crisler, who directs the Science, Technology, Engineering and Mathematics Research Center here, is reaching out to the Pueblo area to generate interest.

One magic show in particular sticks out in Furstenuau's mind more than any other. It was one that he performed about a year ago for a child who was in the Cadet for a Day program and her family.

"She was recovering from cancer," said Furstenuau, who survived prostate cancer in 2007. "There was something about the interaction with her and her family. I don't know exactly what it was, but it's something I'll remember for the rest of my life."

The STEM Research Center also offers programs for Girl Scouts, includ-

ing the well-known Bungee Barbie experiments, and programs to give middle- and high-school teachers hands-on access to the Academy's laboratories. Within those laboratories sit instruments that can measure chemical compounds in almost any way imaginable, from using radio waves and powerful magnetic fields to change the rotation of an atomic radius to using x-rays to shear electrons from an atom's outer layers.

"Science is really fun!" Furstenuau said. "At some point, someone tells kids science is hard, and that's just not true. Yes, science is work, and it involves a lot of math, but it should always be fun."

His love of chemistry shines in his work, said Col. Mike Van Valkenburg, the Chemistry Department head.

"I've known Dr. Furstenuau since 1991 when I was first assigned here to the department as a captain," Van Valkenburg said. "I've been very fortunate to observe, learn and work alongside this very brilliant educator. He communicates understanding and the 'why' of chemistry superbly to any group of captured listeners. He is no doubt one of the best chemistry educators in the country who can motivate anyone to be interested in the subject and material."



'Falcon Green' - Academy supports the environment

The Air Force Academy celebrates Earth Day throughout the year. Below is a snapshot of programs the Academy sustains to help the environment.

- Officials with the 10th Civil Engineer Squadron celebrated Arbor Day at Douglass Valley Elementary School April 19.

- The base collected more than 6 tons of electronics for recycling between November 2011 and January 2012.

- Cadet 2nd Class JuWayne Tanner directed RecycleMania 2012, which helps recycle materials that might otherwise enter landfills. The 2012 program recycled 706 pounds of paper, 3,800 pounds of cardboard and 823 pounds of aluminum in seven weeks.

- The 10th CES provided a tour of the Academy's 18-acre solar array to a Girl Scout troop to help them earn their green energy badge as well as a tour for students at Eagleview Middle School.

Airman tackles NFL dream

2nd Lt. Ben Garland heads for Denver Broncos training camp

by Staff Sgt. Brian Valencia
375th Air Mobility Wing Public Affairs

SCOTT AIR FORCE BASE, Ill. (AFNS) — At 6 foot, 6 inches tall and 305 pounds, 2nd Lt. Ben Garland looks more like a football player than a typical Air Force officer. That's because he's a defensive lineman contracted to play for the Denver Broncos and currently attending the team's conditioning and tryout camps which last through mid-June.

While the 23-year-old Air Force Academy graduate waited for official word from the Secretary of the Air Force on being released from active duty through the Palace Chase program, which was recently approved, he spent his time at Scott Air Force Base in a disciplined balancing act to meet both the Air Force and the NFL physical fitness requirements.

"To play defensive lineman you have to be a pretty big guy. I need to be around 300 pounds to stay competitive and that's not really the Air Force body type where you're going to run a mile and a half really fast and you're going to have a small waist," said Garland, who served as the 375th Air Mobility Wing Public Affairs chief of media operations. "Even with the pushups and sit-ups, you're pulling and pushing a lot more weight than the average Air Force member so it makes the testing extremely difficult."

But, Garland's no stranger to achieving tough things, as he aced his most recent fitness assessment with an overall score of 90.4, though he admits that meeting the waist measurement is the toughest part since it does not take into consideration height or body composition. For maximum points, his waist needed to be less than 35 inches, and in order not to fail it had to be no more than 39 inches. He measured 38 inches.

"I know a lot of people who struggle with the waist measurement; it has been difficult trying to maintain standards and be competitive in football," said Garland, a Denver native. "But it's one of those things you have to take and push through. You have to take the Air Force standards and make them your No. 1 priority."

The Air Force has been his No. 1 priority ever since he dreamed about becoming an Air Force officer. He had scholarship offers from several division one schools but instead worked to earn an Academy appointment purely on academics and leadership.

"I wanted to earn it. I did not want to be given a waiver or an exception because I was a football player. I wanted to be evaluated and accepted in every area and get in on my own merit; it meant more to me that way," said Garland.

During his successful career at the Academy, where he majored in systems engineering management and became well known for his on field intensity and relentless pursuit of the big hit, several pro teams showed interest in signing him.

A fellow Academy football player, 1st Lt. Tyler Weeks, said, "Ben is a relentless, physical, and dominating football player who gives 100 percent effort on every play with a motor that never stops running."

Weeks, a former offensive lineman, now serves as the Air Mobility Command Financial Management and Comptroller executive officer.

Though Garland had been preparing to become a pilot, when the opportunity came to play professional football, he made "the tough call."

"I dreamt of flying for the Air Force ... and playing in the NFL for the Broncos ... it was a tough choice but I ultimately decided to play for my home team," said Garland.

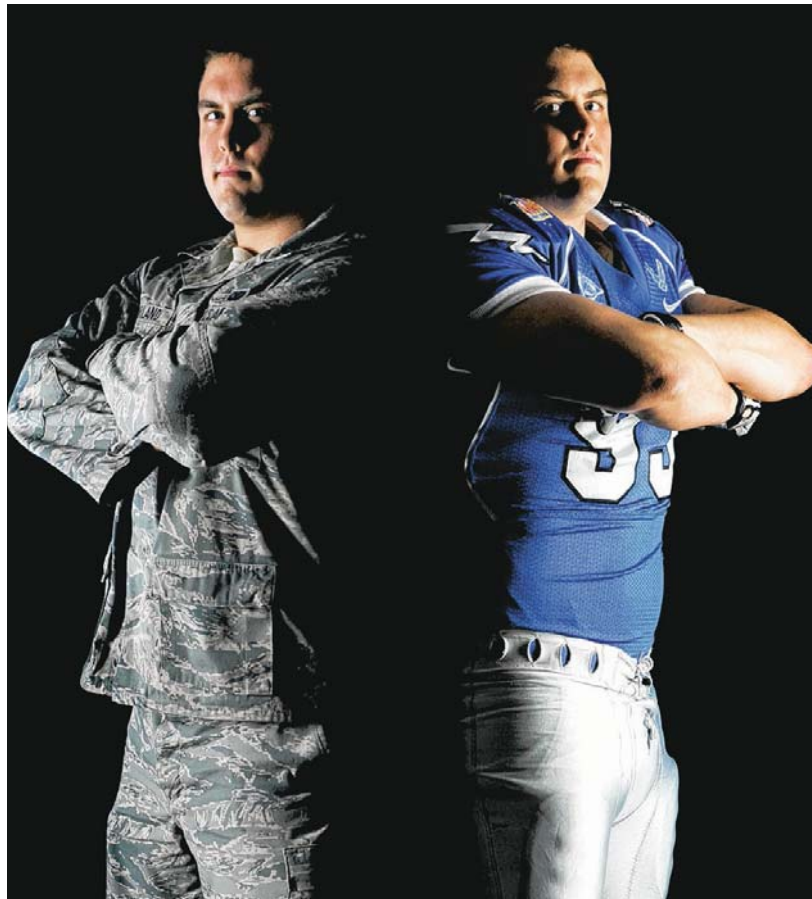
The Broncos gave him a three-year contract and placed him on inactive reserve status so he could complete his Air Force commitment. As an Academy graduate, Garland was committed to serving two years active duty before being eligible to separate. After graduation, he served as a strength and conditioning coach at the Academy until the Air Force sent him to become a public affairs officer with his first duty station here.

He arrived at Scott AFB in July 2011 and it didn't take too long for people to start noticing the big guy on campus.

"I didn't think anyone was aware of my intentions to be a professional football player," said Garland. "No one let on they knew and if they did, I didn't see it at first. But, then I would be training at the gym, and people would ask me questions about football, about Tim Tebow, [former] quarterback for the Denver Broncos, or someone would just ask for fitness tips."

If there is a perception that football players are just "dumb jocks," then getting to know Garland breaks that perception very quickly as it did with his supervisor who said that initial thought had briefly crossed her mind, but soon realized that he was anything but a stereotype.

"We absolutely adore Lt. Garland!" said Karen Petitt, chief of public affairs. "He's this big gentle giant with



Second Lt. Ben Garland, 375th Air Mobility Wing public affairs chief of media operations, is pictured in his military uniform and Air Force football gear. Garland has served as a dedicated officer in the United States Air Force while he prepares for his separation and opportunity to play pro football for the Denver Broncos.

PHOTO
ILLUSTRATION/
STAFF SGT.
BRIAN J. VALENCIA

a great laugh, strength of character, and genuine interest in his team. He's got this amazing gift for details and a memory that keeps us on track with all the taskings that come our way. Everyone just naturally looks to him as a leader, but not because he's the 'office linebacker' like you see on those TV commercials, but because he's got integrity and charisma, and they know they can depend on him."

Weeks agreed and said that Garland is a humble, selfless, easy-going person who understands there is more than fame and glory that go along with playing a sport at its highest level; he constantly gives back to the community and mentors young athletes.

"Ben's athleticism and sheer work ethic stand out the most. Some players rely on athleticism alone to be 'good' players. Ben has become a 'great' player because he dedicates every fiber of himself to becoming a better athlete every day."

Garland said he's not bothered by football stereotypes because he knows what it takes to play at that level where the intricacies of the game are complex and the intellectual knowledge requires due diligence with studying the tactics and techniques of the game.

"Everyone who plays — even at the college level — is continually analyzing and thinking multiple steps ahead of what they're going to do and how it will affect the game. To understand the schemes and understand what goes into the full game, you have to be intelligent," he said.

When he wasn't leading PA's 27-person shop through mobility exercises, crisis response situations or media events, he traded in his uniform for PT gear to put in another five hours at the gym to keep competitive for the Broncos training camp. Though he's on contract, there's still a vigorous selection process for which he trained, as well as to meet the minimum fitness requirements of his contract.

He kept his workouts consistent no matter what obstacles got in the way. Even when tired or sick, or after a long day, he pushed through to get his workout in.

"Some days I might work a 12 hour shift, go home and eat a full meal until I'm stuffed, and then I go work

out as hard as I can because I know there's some other guy out there working as hard as he can to beat me out for that roster spot. I also know there is someone who is training hard to line up across from me, so I need to stay on top of my game for that," said Garland.

Each day he combined stretching and mobility exercises with strength conditioning, weightlifting and speed work. Garland could be seen at the gym adding weight after weight to each machine at times surpassing over a half ton.

"I do a lot of precautionary and pre-injury work and use cold and hot tub contrast to help prevent injuries during training. You don't want to hurt yourself before you even get to go play."

With what remained of his spare time on the weekends, Garland read books on defense and studied the game—always looking for ways to improve. Those who know him know that there's little doubt that he will reach all of his goals, to which Garland says he gives credit to the Air Force.

"The Air Force has influenced me on the football field in every aspect from work ethic to teaching me how to work as a team to just being disciplined," said Garland. "In the Air Force it's 'Excellence In All We Do,' and on the football field you put that same excellence into every play. If your job is to hold this gap then I'm going to do everything in my power to be in that gap."

Now that he is approved for separation as of May 26, he plans to finish using his leave status to keep attending the camp while working with base leadership on the separation details. He plans to finish his service commitment in the Guard, but details are still being worked.

Until then, his office — who claim No. 1 fan status, besides his mom of course — and indeed all of Scott AFB are staying tuned in to the Broncos website to catch glimpses of Garland at camp and to cheer him on throughout the tryouts.

"I work hard and served the best that I could," said Garland. "I dedicated myself to serving my country ... and now it's time to play some football!"

DF-BLAN clinches fourth straight intramural volleyball crown

By Dave Castilla
Intramural sports director

The Biology, Law, Astronautics and Aeronautics Departments combined their talents to win their fourth straight intramural volleyball championship defeating the Foreign Languages Department 25-21 and 25-18 at the Fitness Center April 18.

Not only is this their fourth straight championship, DF-BLAN hasn't lost a single match during that time-frame. Their four-year record is 66-0 in the regular season play and 12-0 in the post-season. The team has had name and player changes in the four years, but three players were at the core of the team's success for all four years: Gary Yale, Paul Pirog and Tim Filzen.

DFB served first, and the initial point went to DF-BLAN, Pirog's serves and team play had DF-BLAN up by four. DF-BLAN maintained the four-point lead throughout most of the match and led 10-6, 17-11, 22-17. On game-point, Filzen, a former Texas A&M star volleyball player, made a perfect set and Odaro Huckstep drilled the ball to the floor. DFF hit the ball into the net on game point, and DF-BLAN was up one game.

In the second match, DFF held the lead for more than half the game, thanks to DFF's Kelly Kafeyan and Dave Boyd's perfect sets to Jimmy

Harper, who put away the kill shots. When DF-BLAN tightened the score at 13-12 DFF called time out. DF-BLAN's Tim Filzen hit a kill shot off a nice assist from Paul Pirog to put them up 14-13. DFF's last lead of the game was at 16-15, but DF-BLAN came roaring back. Four kill shots in a row, including three from Tim Filzen, put DF-BLAN out front for good, and they never looked back. DFF hit Filzen's match-point serve into the net to secure DF-BLAN's fourth championship.

Filzen said that when his team was down 13-12 at the first time out, "We knew we had them. They were not making the good sets for their kill shots. We blocked a few of their team spikes and they started losing a little confidence."

The DFF team was graceful in their defeat.

"When they serve, and set the right people they are very difficult to stop," Said DFF'S Coach Kelly Kafeyan. "They went on a 13-5 run to finish the game. That is a mark of a strong team. We can only hope for next year."

While the rest of the intramural volleyball league teams will regroup and get ready for next year, DF-BLAN is just glad to know they kept their streak alive.

"The team was very pleased to keep the string of victories intact," Yale said. "We all know that it will come



LEFT: Gary Yale of the DF-BLAN team attacks the ball during the intramural volleyball championship matchup April 18. Yale and his team are undefeated in intramural play for four years running.

BELOW: Michelle Schocke of the DFF team, receives a serve during the intramural championship game.



PHOTOS BY MIKE KAPLAN

to an end someday, but until that day arrives, we're enjoying the ride. We lost two very strong players after last season, but had the good fortune to get new talent this year. Beyond hitters and setters, there's no substitute for ball control. The other ingredient critical to our success has been team chemistry. I truly believe that each person's individual game was elevated because of the players around them. It's the classic situation of the total being greater than the sum of the parts."

CLUES ACROSS

- Medical products manufacturer
- Depletes gradually
- Metrical foot used in poetry
- Brand of clear wrap
- Gabriel was one
- Famous for his window's & glass
- H. Potter's best friend
- Tennessee's flower
- Narrow inlet

CLUES DOWN

- Popular Mexican dish
- Fe
- Obstruct
- Fixes firmly in
- Indian frocks
- Music, ballet and literature
- What part of (abbr.)
- More deceitful
- Informal term for data
- Chinese gelatin
- Repair fabric
- Nellie __, journalist
- Single Lens Reflex
- Away from one's home
- Mined minerals
- Longest division of geological time
- Puts it on the chopping block
- Fed
- Hall of Fame DJ Rick
- Most loathsome
- Farewell (Spanish)
- Plant germination vessel
- Am. Heart Assoc.
- Sock repair
- Gather fabric in rows
- Muscat is the capital
- Goat and camel hair fabric
- Raised meeting platform
- Oral polio vaccine developer
- Yield to another's wish
- A country's entry permit
- Hero of Spain El __
- Partner of pepper
- Famous grandma artist
- Freedom from difficulty
- Supervises flying
- In spite of
- Insatiable
- Source of chocolate
- Sulk
- CCC
- Amounts of time
- Went quickly (archaic)
- Kiln for drying hops
- Misrepresentation
- Absence of sound
- Many blood vessels
- Satisfies to excess
- Glandular fever
- Capital city of Shiga, Japan
- Hit sharply
- This (Spanish)
- Payroll tax
- Freshwater duck genus
- In the past
- A small drink of liquor
- Own (Scottish)
- Daughters of the Am. Revolution

SUDOKU

			9	5		3		
1		4			8	2		
8				3	9			
	5	1		7	6			
4				6		3		
2								
	9	6			4			
								1
3	5		9	1				

Level: Advanced

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

The Car Show RV Center

Get Your Camper Early

r-pod
By Forest River

- Great Selection
- RV Show Specials
- Factory Incentives

2012 Models as low as \$8,995

3015 North Nevada | 719-635-7311

www.thecarshowinc.com

Falcons blank CC, 7-0

Tope wins first career dual match for 'perfect day'

The Air Force men's tennis won its regular-season final Sunday, defeating Colorado College 7-0 at the Academy.

The Falcons finished the regular season with an 11-12 record, the most wins in one season since 2007. The Tigers, meanwhile, fell to 8-9.

Air Force jumped out to a 1-0 lead with wins at all three doubles spots. Junior Lance Wilhelm and freshman Grant Taylor won their 13th match at the No. 1 spot this season with an 8-4 victory over Nate Burt and Lionel Zen-Ruffinen. Sophomores Steven Young and Alex Lineberry won the No. 2 match, 9-7, over Jack Burger and Will Lindsay, while senior Michael Tope, playing his final match at the Academy, and sophomore Alex Grubbs downed Robert Kasemodel and Zach White, 8-5, at No. 3. With his victory at No. 3, Tope posted the first dual match win of his career.

The Falcons cruised through singles play as well, winning all six matches in straight sets. Wilhelm improved to

15-8 at the top spot with a 6-1, 6-0 victory over Burt, while Grubbs blanked Lindsay, 6-0, 6-0 at No. 2. Grubbs posted his 29th combined dual match victory this year, the most by any Air Force player since Shannon Buck won 32 in 2006. Wilhelm, meanwhile, has 28 combined wins this season.

Freshman Landon Kinsey (No. 3), Young (No. 4), Lineberry (No. 5) and Taylor (No. 6) also won handily in straight sets.

"This was a perfect day for our team captain Mike Tope," said Air Force head coach Dan Oosterhous. "He has done an amazing job in his four years as a Falcon, starting out as a manager and finishing up as the team captain, providing great leadership all along the way. Our whole team was thrilled to see him get the first collegiate dual match win of his career."

The Falcons, who finished sixth in the Mountain West this season, will open play at the Mountain West Tennis Championships on Friday, April



SARAH CHAMBERS

Senior Mike Tope, above posts his first collegiate dual win with sophomore Alex Grubbs in the No. 3 doubles Sunday over CC's Robert Kasemodel and Zach White.

27 in San Diego. Their first match will be against third-seed New Mexico at 10 a.m. (Pacific).

"It has been a great season for us and

we're ready to take on New Mexico in the first round of the MW conference tournament next week," said Oosterhous.

Air Force Junior Hannah Dake returns a serve during her match against Wyoming's Jessica Parizher Saturday.



SARAH CHAMBERS

Falcons fall to Wyoming 5-2 in regular season finale

The Air Force women's tennis team closed out the regular season Saturday with a 5-2 loss at home to 60th-ranked Wyoming.

With the victory, Wyoming improved to 13-8 overall and 5-2 in the Mountain West, while the Falcons fell to 17-7 overall and 3-4 in league play.

"This was a bitter sweet end to a long regular season," said Air Force head coach Kim Gidley. "Obviously we were disappointed we lost to Wyoming in the last match before the conference tournament—but we have to look at all the positives the team has accomplished this season—individually and as a team. The attitude, effort and fight of this team is something very special and the

coaching staff is very proud of them."

The Falcons, whose fifth-place finish in the Mountain West is the best conference finish since moving to Division I in 1996, will open play at the Mountain West Tennis Championships on Thursday in San Diego. Their first match will be a rematch against fourth-seed Wyoming 10 a.m. (Pacific).

"We have an amazing opportunity next week at the conference tournament to play a team in the first round that we lost to today," said Gidley. "We are a good team and the match was tight and we get an opportunity to go right back at them next week—what an amazing opportunity."

SMOOTH, CLEAR, WRINKLE-FREE SKIN...

Easier and more affordable than you may think!

Schedule a **COMPLIMENTARY CONSULTATION** to learn what treatments are available for:
Fine lines, Wrinkles, Skin Folds, Broken Capillaries, Redness/Rosacea, Sun/Age Spots, Rough, Uneven, or Dull Complexion, Unwanted hair, and Leg Veins.

20% Off any package or service for Military Personnel

LASER SKIN TIGHTENING, BOTOX, RESTYLANE, MICRODERMABRASION, LASER HAIR REMOVAL, PHOTOFACIAL, and more.

Offer ends June 23, 2012

Skin Savvy

LASER CLINIC

264-6205

5919 Delmonico Dr. Colorado Springs, CO 80919

Mon-Fri 9a-7p
Sat 9a-5p

CELEBRATING OUR 12 YEAR ANNIVERSARY



- Discover special deals and discounts from military-friendly businesses
- Find groups to join and activities to get involved with
- Discover local resources for military families

SPRINGSMILITARYLIFE.COM



Optometry clinic

The Academy Optometry clinic is open to all Tricare Prime and Tricare for Life beneficiaries.

No referral is needed to make an appointment for a routine eye exam.

Services include Diabetic Eye Exams, "Red Eye" Evaluation and Cataract Evaluation.

For routine eye appointments, please call 524-CARE. For urgent care eye appointments please call 333-5144.

After-hours dental care

The Air Force Academy Dental Clinic allows cadets or Active Duty at the Academy or Peterson to contact their clinic after duty hours for dental emergencies.

If you are active duty and a dental emergency occurs while you're away from your duty station, whether you're TDY or on leave, you may seek treatment from a civilian dentist.

Although you may seek treatment from any civilian dentist for dental emergency care, it is recommended that you use a United Concordia network dentist.

To reach a dentist after hours for an emergency call 337-262-4410. To find a dentist call the Active Duty Dental Program help line at 1-866-984-ADDP (2337) or visit www.addp-ucci.com.

Library expands selection

The Community Center Library has

created a new collection of existing materials in addition to Exceptional Family Member Program items on a variety of subjects, including development, diversity, resilience and titles currently on the Air Force chief of staff's reading list.

Other subjects include autism, Tourette's syndrome, hearing and visual impairment, physical and mental disabilities and others for both professionals and family members.

Materials will be available for check-out by patrons, and book lists will be on hand.

For more information, contact the library at 333-4665.

MyWingman app for Android

The 10th Mission Support Group's "MyWingman" app has phone numbers for emergency responders, first sergeants, sexual assault prevention and response and links to social media pages.

To download the app, navigate to the Android Market and search for "MyWingman." An iPhone version of the app will be available soon.

Walk 4 Life

The Fitness Center now offers "Walk 4 Life," a low-impact exercise program designed to improve cardiovascular endurance, flexibility and strength.

The walking sessions are approximately one hour, starting at the Fitness Center. Days and times vary. To register or for more information visit or call the Health and Wellness Center at 333-3733.

Got an IDEA?

The Innovative Development through Employee Awareness, or IDEA, Program is designed to recognize and reward individuals whose suggestions improve the efficiency, economy, and effectiveness of Air Force, Department of Defense, and federal government operations.

Anyone can submit an idea, but only Air Force military members, Air Force federal civilian employee and Air Force Academy cadets who are paid from appropriated funds are eligible for cash awards. Monetary awards can be as high as \$10,000 for each approved idea that results in validated tangible savings, and \$200 for approved ideas resulting in intangible benefits.

To submit an idea go to: <https://ipds.randolph.af.mil/ipds/> (Common Access Card login required) or contact the IDEA office at 333-4332.

Volunteer Awards

The Academy community is invited to attend the annual Volunteer Recognition Awards Ceremony, from 3-4:30 p.m. Thursday at the Falcon Club to honor volunteers.

Light hors d'oeuvres will be served from 3-3:30 p.m. and the official ceremony will begin promptly at 3:30 pm. The award categories are: Outstanding Academy Volunteer, Volunteer Excellence, President's Service, and Key Spouse of the Year.

For more information or to confirm attendance, please call the Airmen and Family Readiness Center, at 333-3444.

CSURF

Cadets will demonstrate their research projects Saturday at the Colorado Springs Undergraduate Research Forum, hosted by Colorado College.

Prof. Shane Burns will provide the keynote address, focused on the history of scientific cosmology from the early 20th century to today.

For more information, visit the CSURF website at www.uccs.edu/~csurf or contact Margie Oldham at 255-4552.

New housing website

To help make the transition easier for Airmen and their families moving to their next duty station, the Air Force's A7C Housing Division recently launched a new public website that provides housing information for Air Force installations worldwide.

The website, www.housing.af.mil, provides information on housing options and support services available at Air Force installations as well as details on the local communities, school district information, local weather and other useful resources that will help Airmen and their families become familiar with their new homes.

It also provides dorm information for unaccompanied Airmen.

The Academy's housing office is located at 6556 West Columbine Drive and can be reached at 333-2247.

Prescription drug take-back

The 10th Medical Group's Community Center Pharmacy will partner with the Drug Enforcement Administration on the National Prescription

Drug Take-Back Day, which will take place on Saturday from 10 a.m. to 2 p.m.

The pharmacy will accept unwanted, unused or expired prescriptions medications with no questions asked and will safely dispose of all prescription drugs received.

The DEA's take-back events are part of the White House's prescription drug abuse prevention strategy, titled "Epidemic: Responding to America's Prescription Drug Abuse Crisis," developed and promoted by the Office of National Drug Control Policy.

According to the 2010 National Survey on Drug Use and Health, more Americans abuse prescription drugs than the number using cocaine, hallucinogens, heroin and inhalants combined.

According to the Centers for Disease Control and Prevention, enough painkillers were prescribed in 2010 to medicate every American adult around the clock for a month.

Unused medicines often languish in the home and are highly susceptible to diversion, misuse and abuse.

Studies show that the majority of teens who abuse prescription drugs obtain them from family and friends for free, including from the home medicine cabinet.

Education fair

The Association of Graduates will host an education fair Saturday from 10 a.m. to 3 p.m. at Doolittle Hall, featuring representatives from local and online colleges as well as former Denver Bronco Karl Mecklenburg.

The event is free and open to the public.

Experts will be on-hand to discuss questions about veterans' education assistance. Non-military attendees must enter via the North Gate.



Cadet Chapel

BUDDHIST
Sundays, 10 a.m.

PROTESTANT WORSHIP
Combined Worship Service:
Sundays, 9 a.m.

CATHOLIC WORSHIP
Mass: Sundays, 10 a.m.

JEWISH WORSHIP
Normal schedule
Fridays, 7 p.m.

Community Center Chapel

CATHOLIC WORSHIP
Mass: Saturdays, 4 p.m.; Sundays, 9 a.m.; Tuesdays-Fridays, 11:30 a.m.
Reconciliation: Saturdays, 3:30 p.m.
Formation Classes: For students in grades K-8. Sundays, 10:15-11:30 a.m.

PROTESTANT WORSHIP
Evangelical: Sunday, 10:15 a.m.
Gospel: Sunday, 11:30 a.m.
Wednesday Night Live:
For ages 3 to adult. Begins with a meal. Wednesdays, 6-7:30 p.m.

The United States Air Force Program to

COMBAT HUMAN TRAFFICKING

Sex Slaves • Slave Labor • Child Prostitutes • Persons at Risk

"There's a special evil in the abuse and exploitation of the most innocent and vulnerable. The victims of sex trade see little of life before they see the worst of life - an underground of brutality and lonely fear. Those who patronize this industry debase themselves and deepen the misery of others. And governments that tolerate this trade are tolerating a form of slavery."

President George W. Bush
September 23, 2003

Put Them Out of Business

Avoid patronizing all establishments that exploit women and children

REPORT HUMAN TRAFFICKING

If you believe you have witnessed a trafficking operation or believe a person is being trafficked, you should. . .

Report that information to your chain of command, Security Forces, OSI or IG

Email your local CTIP office at: 10abw.xp@usafa.af.mil

New Today!
4WD truck XE 1995 - \$3100. Air conditioning, sun roof, cruise control, power locks, power windows, automatic, 4-wheel drive, V-6 230,000 miles, transmission 2yrs., breaks 1yr., tool box and ladder rack, runs good. Dave Rice 291-2731 (719)477-0555

CHECK THIS OUT
XE X-Cab truck 1995 - \$2900. AT, AC, sunroof, CC, 4WD, V-6, 230K, tool box, ladder rk, runs grt. 291-2731, 477-0555
ALL Wheel Drive Rules!
2010-1995 SUBARU 481-9900 See Pics @ MonumentMotors.com


TACOMA 2003 Double cab, 4WD limited edition, loaded black, with shell, excellent condition, \$12,900. 719-242-7224

LIKE NEW!
KZ Sportsman 01' 31 ft 5th wheel Generac 4500, Slide, kitchen in rear, entertainment center, new tires, rarely used \$12,000 719-495-8910
MONTANA RV 2955 RL, 2010. 2 slides, 33 ft. No pets/smoking. King Bed!!! \$39,000 (719) 573-7353

WINNEBAGO Adventurer, 2009. 36 foot Motorhome, 3 slides, washer & dryer, Corian counters + many more options. Absolutely mint condition. 13,000 miles, \$98,500. 719-488-2825 or 719-339-9451 cell.

Subscribe today.
1-866-632-NEWS (6397)
The Gazette
gazette.com
002

Buying or Selling a Home?
Call Linda. She has been helping Military Families with their real estate needs since 1996.

Linda Lafferty
CRS, MRE, CNE, ABR, GRI, Broker,
Member of Co Spgs Elite 25
719.955.8590
www.lindalafferty.com
linda@lindalafferty.com
THE PLATINUM GROUP, REALTOR®

New Today!

Forest River 2005 Grand Surveyor GS 280. New tires 28' Exc Cond. \$13,500 (405) 488-7200




deal of the day
NEVER MISS A DEAL
gazette.com/dealoftheday

Puzzle solutions for 04-27-2012

PUZZLE SOLUTION	T I D I S A P S I A M B	2 6 4 7 9 8 5 1 3
	S A R A N A R C H A N G E L	9 1 3 4 6 5 8 2 7
	L C O M F O R T I F F A N Y	5 8 7 2 1 3 9 6 4
	R O N I R I S F I O R D	8 3 5 1 2 7 6 4 9
	A X E S A T E	7 4 9 5 8 6 1 3 2
	D E E S V I L E S T	6 2 1 3 4 9 7 5 8
	A D I O S S E E D A H A	1 9 6 8 3 4 2 7 5
	D A R N S H I R R O M A N	4 7 8 6 5 2 3 9 1
	A B A D A I S S A B I N	3 5 2 9 7 1 4 8 6
	A C C E D E V I S A	
C I D S A L T		
M O S E S E A S E F A A		
N O T W I T H S T A N D I N G		
I N S A T I A T E C A C A O		
P O U T C E E S E R A S		


Discover local resources for military families
SPRINGSMILITARYLIFE.COM

Peak Dining

BILLIARDS

Antique Billiard Museum
3628 Citadel Dr N Colorado Springs, CO 80909 / 719-597-9809 or
Diamond Billiards
3780 E Boulder St Colorado Springs, CO 80909 / 719-596-9516
Two great Billiard Rooms. Best equipment, pricing and pro shop. Over 68 playing pool tables including regulation, snooker billiards and diamond bar tables, 50 cents.


GERMAN DINING

Edelweiss
34 E. Ramona Ave.
719-633-2220
www.edelweisrest.com
Family owned & operated, Best German Restaurant for over 10 years. Hours: Every day 11:30am-9:00pm. Dinner starts at 4:00pm. Authentic menu with a variety of Old World German dishes includes Schnitzel, Bratwurst, and Sauerbraten. Imported German Beers and Wines and our European-trained Swiss Pastry Chef Bakes all of the desserts from scratch. www.edelweisrest.com

CARIBBEAN

Rasta Pasta
481-6888
405 N. Tejon
rastapastacs.com
USAFA Grad Owned. Creative Caribbean Pasta, Fresh & Funky Salads, Ridiculously Good Desserts. Open seven days a week for affordable lunch and dinner. Voted Best New Restaurant by Gazette readers. Happy Hour Daily 4-6. Live Reggae Music the First Friday of every month.

IRISH

Jack Quinn's
385-0766
21 S. Tejon Street
Open for Lunch & Dinner daily;
Sunday Brunch served 12 pm-3 pm;
Happy Hour 3-6 pm; & late night Sunday.
Owned by 4 USAFA Grads! Serving traditional Irish fare & American cuisine for lunch & dinner. Happy Hour daily 3-6pm & late night Sun. 10 pm-1 am., 15 delicious drafts & the best selection of Irish Whiskeys. Live Irish Music Tues., Thurs., Sat. & Sun. with County El Paso, Brian Clancy, Big Paddy & the Irish Session Musicians! Reader's Choice Voted Best Bar 2007 & 2010. www.jackquinnspub.com

CHINESE

Bamboo Court Restaurant
719-599-7383
4935 Centennial Blvd., Suite G
Mon-Fri Lunch: 11:00-3:00pm, Mon-Sat Dinner: 3:00-9:00pm, Sat Lunch: 12:00-3:00pm, Sun Dinner: 4:00-9:00pm Our single combination Dinner Specials come with any entree from the dinner entrees menu and soup of the day, fried or steamed rice, egg roll & crab ragoon. At Bamboo Court, our only goal is to make your expectations a reality!

STEAKHOUSE

The Famous
719-227-7333
31 N. Tejon Street
www.thefamoussteakhouse.net
Lunch Mon.-Fri * Dinner Nightly. Think that late night Chicago Steakhouse: polished booths that enclose years of secrets, big slabs of aromatic prime rib, sparkly cocktail glasses clinking at every table... **Best Steak 2011, Best Fine Dining 2011, Best Martini 2011, The Gazette.** facebook.com/FamousSteakHouse

FINE DINING

The Margarita at Pine Creek
7350 Pine Creek Rd.
Colorado Springs, CO 80919
598-8667
www.margaritaatpinecreek.com
Hours: **Lunch:** Tuesday-Friday 11:30a.m.-2:00p.m. **Dinner:** Tuesday-Saturday 5:30p.m.-8:30p.m. **Brunch on Sunday:** 10:30a.m.-2:00p.m. Serving award winning, contemporary, seasonal cuisine-with a casual attitude for 37 years. Upstairs: fine dining (accompanied by our harpsichord on Saturday evenings). In the downstairs lounge: local music (from jazz to bluegrass) Wed-Fri. Enjoy appetizers to full course meals! Always affordable dining with a special occasion feel. Join us for lunch, dinner and Sunday brunch. Relax and take in the Colorado scenery on the patios soon! Perfect for private parties, rehearsal dinners, weddings and other events.

For advertising information call Sara at 719-636-0130

Albertsons®

It means a great deal.™



LOOK
for these signs
that point the way to savings

LOW PRICES ON THE ITEMS YOU BUY MOST **EVERY DAY...**

Fresh

Chicken Breast
Boneless, Skinless
Tray Pack
Reg. Retail \$4.99 lb.

2

Buy 1, Get **FREE**
With In-Store Coupon
Limit 1 Reward Per Transaction

Assorted
Pork Loin
Chop

1.88
lb.

Large
Cantaloupe

4 for \$5

BONUS MONOPOLY TICKET ITEM

JENNIE-O
BLUE RIBBON
Hickory Smoked
Turkey Breast
Sliced Fresh in the Deli
Limit 2 lbs.

2.99
lb.

BONUS MONOPOLY TICKET ITEM

Fresh Baked

White Iced
Cinnamon Rolls
4 ct.

10 for \$10

MIX & MATCH

Coke
12 pk., 12 oz. or
6 pk., 16.9 oz.
Select Varieties
Limit 3

3 for \$9

Fab 2X Ultra
Liquid Detergent
50 oz. or Final Touch
Fabric Softener 60 oz.
Select Varieties
Limit 1, Additional \$1.99 ea.

99¢
ea.
With In Store Coupon
While Supplies Last

BONUS MONOPOLY TICKET ITEM

Albertsons
Gallon Milk
Select Varieties
Limit 2

1.97

Military Discount COUPON Albertsons It means a great deal.
All Active, Reserve or Retired Military Personnel!

\$10 OFF COUPON GOOD 4/27/12-5/1/12
Your purchase of \$100 or more

LIMIT 1 COUPON PER CUSTOMER. This coupon cannot be used unless the purchase is \$100 or more after deducting all manufacturer coupons and store coupons, and without including money orders, lottery tickets, gift cards, alcohol, tobacco, prescriptions, stamps and other products prohibited at law. Cannot be doubled, tripled, quadrupled or exchanged for cash. Not valid toward previous purchase. Void if copied or transferred in the event of return, coupon savings may be deducted from refund. May not be used in combination with any other offer. One coupon per customer, per transaction.

People featured are not actual service members.

*Some Restrictions Apply. Military ID Required.

Weekly Coupon
Coupon Effective 4/25/12 - 5/1/12

BONUS MONOPOLY TICKET ITEM

Fritos or
Cheetos
9-10.5 oz.
Select Varieties

1.69
ea.
With Coupon
Limit 2, Additional \$1.88

Limit 1 coupon per customer per transaction. No Cash Back. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Weekly Coupon
Coupon Effective 4/25/12 - 5/1/12

General Mills
Chex Cereal
12.8-14 oz.
Select Varieties
Sale Price \$2.99 ea.
Final Price

1.99
ea.
When you buy 4 With Coupon
Limit 1 Reward Per Transaction

Limit 1 coupon per customer per transaction. No Cash Back. May not be used in combination with any other offer. Can not be doubled, tripled or quadrupled or exchanged for cash. Valid at participating locations.

Prices Effective 4/27-5/1/12

Find us on Facebook

Follow us on Twitter

Visit www.albertsonsmarket.com

The MONOPOLY name and logo, the distinctive design of the gameboard, the four corner squares, the MR. MONOPOLY name and character, as well as each of the distinctive elements of the board and playing pieces are trademarks of Hasbro for its property trading game and game equipment. © 1935, 2012 Hasbro. All rights reserved. NO PURCHASE NECESSARY TO PLAY OR WIN. See store for official rules & odds chart. Pictures of prizes are for informational purposes only and may not depict the exact prize awarded. Pictures or logos used as representations of prizes do not imply sponsorship in any way.

RAIN CHECK: We strive to have on hand sufficient stock of advertised merchandise. If for any reason we are out of stock, a Rain Check will be issued enabling you to buy the item at the advertised price as soon as it becomes available. Savings may vary. Check price tag for details. We reserve the right to limit quantities. Please, No Sales to Dealers. AVAILABILITY: Each of these advertised items is required to be readily available for sale at or below the advertised price in each Albertsons store except where specifically noted in this ad. © 2012 Albertsons, L.L.C. Albertsons, the Albertsons logo, the Savon Pharmacy logo and the 10 for \$10 logo are trademarks of New Albertsons, Inc or its subsidiaries and is used under license. We reserve the right to correct printed errors.

042712_ROP_CS_M