

USAF ACADEMY, COLORADO ACADEMY SPIRIT

Vol. 49 No. 40

October 9, 2009



Photo by Bill Evans

Lamoureux leads Falcons to exhibition win

Air Force junior forward Scott Kozlak tries to outmaneuver Calgary defender Dustin Hatlelid during the Falcons-Dinos exhibition match. The Falcons won the match on two goals by junior forward Jacques Lamoureux. Kozlak is a native of Duluth, Minn. See story Page 10.

Life-saving cadets receive commendation medals

By Butch Wehry
Academy Spirit staff

Six cadets received Air Force Commendation Medals during the noon meal Monday for actions that saved the lives of a man in Salt Lake City Jan. 18 and three Panamanian citizens June 13.

Second Lt. Christopher Tulk, Cadet 1st Class Benjamin Garoutte and Joshua Lapso, and Cadets 2nd Class Alan Foote, Bryan Koenig and Derrick Rowe were recognized for their acts of courage.

Lieutenant Tulk, now assigned to the 47th Operations Support Squadron at Laughlin Air Force Base, Texas, and Cadet Garoutte were unable to attend the ceremony.

Then-Cadet Tulk and Cadet Lapso saw a man get hit by a train and dragged nearly 40 feet while in downtown Salt Lake City. Both cadets rushed to the aid of the

injured man, immediately taking control of the scene and halting traffic in the process. While checking for a pulse, Cadet Lapso realized that the man was unconscious and bleeding from the head.

The cadets immediately called 911 to summon emergency personnel to the scene. When the injured man regained consciousness and attempted to roll over, Cadets Tulk and Lapso quickly immobilized him to prevent possible paralysis. They reassured him that medical personnel were on their way and implored him to remain still. Medical responders praised Cadets Tulk and Lapso for their decisive actions and for keeping the man from injuring himself further.

Cadets Garoutte, Foote, Koenig and Rowe were in Panama with Victor Nell, a Spanish instructor with the Academy's Department of Foreign Languages, for a

See MEDALS, Page 4



Photo by Bill Evans

Brig. Gen. Samuel Cox poses for a photo with Cadets 2nd Class Bryan Koenig, Derrick Rowe and Alan Foote after presenting the cadets with Air Force Commendation Medals in Mitchell Hall Monday. The cadets, along with Cadet 1st Class Benjamin Garoutte, swam to the aid of three Panamanians at risk of drowning during a cultural immersion trip to Panama City in June.

WEEKEND WEATHER

FRIDAY
52 24
FOG/LIGHT SNOW

SATURDAY
33 21
SNOWY

SUNDAY
42 19
FOG/LIGHT SNOW

Winter driving safety

The most important element for enjoying a safe snow season is adjusting your driving habits to match current road conditions.

Page 5

Newest cadet-built satellite nearing completion

"I am amazed by these cadets. I wish I had them working for me now," said Colonel Hargis.

Page 6

"Inside Academy Football"

CBS-C sports show highlights Falcons' Ben Garland tonight from 5-5:30 p.m.

Page 12

Leadership means more than just rank

By Lt. Col. Matt Joganich
28th Civil Engineer Squadron

ELLSWORTH AIR FORCE BASE, S.D. (AFNS) — Sixteen years ago, I stood on the parade ground at the Medina Annex on Lackland Air Force Base, Texas, anxiously waiting to accept my commission as a brand new second lieutenant.

Moments before my uncle asked me to raise my right hand, he pulled me aside and said, “Matt, in a few minutes, you’re going to be a lieutenant and outrank more than 80 percent of all Air Force personnel. You’ll be expected to lead from this day on and I have two pieces of advice for you: Make sure you take care of your people. If you do that, they’ll take care of you.” (You’ll have to wait for the second piece of advice.)

A few minutes later, I was a second lieutenant in the Air Force, my gold bars were shining in the Texas summer sun, and all I could think was “OK, now what? What do I know about leading?”

I thought about what my uncle said, and he was right. I’ve never forgotten his advice, but I soon realized there was much more to leadership.

Leadership is a nebulous concept. We think we know what it is, or, at least we know what it isn’t, and trying to provide an exact definition is difficult at best. But what are some of the qualities or traits of good leadership? Undoubtedly, it embodies our core values of service before self, integrity first, and excellence in all we do, but there has to be more.

I can’t give you a laundry list of what leadership is made of; it’s

different for everyone. Pick up a dozen different books on the subject, and you’ll get a dozen different answers and perspectives. What follows isn’t anything from a text book or a leadership seminar, but reflections on some common qualities of leaders I’ve been fortunate enough to be associated with. The qualities are by no means all encompassing, but are the ones that seem to stand out and hopefully provide you something to reflect on as well.

Ironically, one of traits that stood out the most was followership. Intuitively, leadership, when broken down to the most fundamental definition, implies being out in front of others and that the “leader” is typically the senior ranking person; however, some of the best leaders are those that lead by being led.

One of my previous bosses operated by the philosophy that he would “point the boat in the direction it needed to go” and then let his action officers “make the boat go.” He would listen to their suggestions and recommendations; if they made sense, he’d let them press on. If the suggestions or recommendations didn’t quite make sense, he would simply redirect with simple suggestions or subtle hints, and then let them proceed as if the ideas were their own.

Another significant trait that follows suit with “leading from behind” is the lack of ego. Don’t get me wrong; having an ego is important. It’s what makes us competitive and pushes us to higher levels of performance. Unfortunately, sometimes people forget to keep their ego in check and take on an air of artificial importance. That doesn’t make them bad leaders

per se, just more difficult to follow since people like that tend to stifle creativity and organizational self-worth.

I’d be willing to bet most of you reading this have worked with people like that. I have. One boss in particular was what I consider extremely intelligent. The problem was, he thought so too, and he’d tell you as much. He was a forward thinker and accomplished a lot of great things, but in doing so, he stepped on a lot of other intelligent people. It makes me wonder how much better we would have been with a simple “ego check.”

In his book “My American Journey,” former Secretary of State and retired Army Gen. Colin Powell discusses ego and the importance of not confusing confidence and arrogance. He highlights the point with a story about President Lincoln during the Civil War. It seems that one day a telegraph operator at the War Department informed President Lincoln the Confederates had captured numerous horses and a Union brigadier general, but the operator was surprised when the president showed more concern for the horses. Apparently President Lincoln explained his concern with the comment that, “I can make a brigadier general in five minutes. But it’s not so easy to replace 100 horses.”

Talk about relative importance. Dovetailing into this, remember the second piece of advice I mentioned? In the same breath my uncle told me to “...not let my rank go to my head because I’ll need my people more than they need me.” Again, something I’ve never forgotten.

See LEADERSHIP, Page 3

ACADEMY SPIRIT

To responsibly inform and educate the Academy community and the public about the Air Force Academy

Lt. Gen. Mike Gould —

Academy Superintendent

Lt. Col. Brett Ashworth —

Director of Public Affairs

Staff Sgt. Eric Bolt —

Chief of Internal Information

eric.bolt@usafa.af.mil

Ken Carter — Editor

kenneth.carter@usafa.af.mil

Butch Wehry — Senior Staff Writer

whalen.wehry@usafa.af.mil

Ann Patton — Staff Writer

elizabeth.patton.ctr@usafa.af.mil

Denise Navoy — Graphic Designer

The *Academy Spirit* is published by Colorado Springs Military Newspaper Group, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the U.S. Air Force Academy. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the *Academy Spirit* are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force, or Colorado Springs Military Newspaper Group, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. The printer reserves the right to reject any advertisements.

Editorial content is edited, prepared and provided by the U.S. Air Force Academy Directorate of Public Affairs. The editor reserves the right to edit articles to conform to Air Force policy and Associated Press style. All photos are U.S. Air Force photos unless otherwise indicated.

Submissions

Send submissions to: HQ USAFA/PAI, 2304 Cadet Drive, Suite 3100, U.S. Air Force Academy, CO 80840-5016 or deliver to Suite 3100 in Harmon Hall.

Deadline for free classified ads on a space-available basis is noon every Tuesday for that week’s publication date. Paid classified advertising is accepted by the publisher at 329-5236. The number to call for display advertising is 634-5905.

Deadline for all stories is noon Friday, one week prior to the desired publication date. Refer questions to the *Academy Spirit* editor at 333-8823.

The *Academy Spirit* also accepts story submissions by fax at 333-4094 or by e-mail: pa.newspaper@usafa.af.mil.



Character Corner Ways of being

By Lt Col Joel Witzel

Center for Character and Leadership Development

Leading and teaching are two prominent activities at the Air Force Academy, and they embrace some similar and very important ideals. Modeling a sense of being and authenticity is one of those common ideals.

Parker Palmer, author of “The Courage to Teach,” recently gave a speech in Denver exhorting teachers, like leaders, to model and encourage a sense of being and authenticity for students that leads to a life of meaning and purpose. He said, “You can’t change the

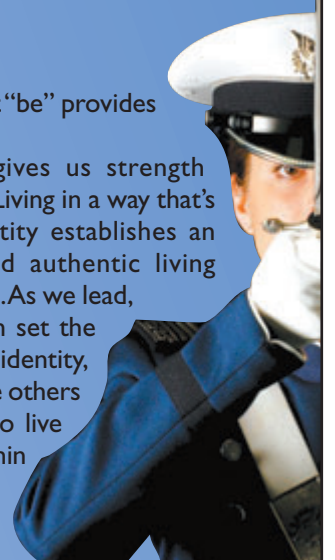
world unless you are about something. Be about something. His encouragement to “be about something” applies to us as leaders and teachers and to our students and subordinates as well.

Who are you? It’s important to decide who we are and to help our students and subordinates to find their own identities. As we endeavor to develop leaders of character here, we use a “Be, Know, Do” framework, that, importantly, begins with “Be.” What and who we are determines what we will do. Too often, we focus our leadership and teaching on the things one should do. But it is who we choose to be—our being—that remains stable. Additionally, we cannot

teach all the do’s; but a consistent “be” provides a stable guiding influence.

In essence, our identity gives us strength individually and as a community. Living in a way that’s consistent with a chosen identity establishes an ethos of steadfast resolve and authentic living that’s noticed by those around us. As we lead, teach, or mentor others, we can set the example. We can model our own identity, ethos, or spirit and can encourage others to find their own identity and to live consistently and authentically within that identity.

Tune into KAFA, 97.7 FM for *Character Matters*, Wednesdays at 8 a.m. and 8 p.m. Also on iTunes or www.usafa.org.



What’s a good way to save energy around your house?

“Keep the thermostat at a reasonable temperature, not 90 degrees. Have minimum lights on.”

Don Zimla
Exhibits specialist



“Recapture heat from computing systems to heat and water, especially during the cold season.”

Steven Senator
Department of Aeronautics



“Turn off the lights and computer when you’re not using them, and turn down the thermostat.”

Ed Gavagan
Director,
Airman and Family Readiness Center



“Keep garage doors closed. Insulate the garage door if you can. Keep the thermostat at a certain temperature throughout the day and install storm windows if you can.”

Tech. Sgt.
Richard Blanchette
Family advocate



CSAF, CMSAF to Airmen: USAFA wants you

Academy Spirit staff

Chief of Staff Gen. Norton Schwartz and Chief Master Sgt. of the Air Force James Roy encouraged Airmen seeking a commission to look at the U.S. Air Force Academy.

The message from the senior leaders promotes the Leaders Encouraging Airmen Development, or LEAD, program, which offers eligible enlisted Airmen an opportunity to attend the Academy or the Preparatory School.

"If you have young, hard chargers in your command who demonstrate outstanding character and values coupled with leadership potential, please urge them to consider a commissioning path through our Academy," General Schwartz and Chief Roy wrote. "As commanders and supervisors, we ask for your support to encourage your sharpest Airmen to apply for the LEAD program."

The Academy accepts up to 85 active-duty Airmen and 85 Reserve and Air National Guard Airmen annually,

according to the message. The Preparatory School filled 48 out of 50 active-duty allocations for the 2009-2010 academic year.

Airmen wishing to apply for an Academy or Prep School appointment must complete an Air Force Form 1786 and return the form with a commander's endorsement to the Academy's Admissions Office before Jan. 31, 2010. The Admissions Office address is: HQ USAFA/RRS, 2304 Cadet Drive Suite 2400, USAF Academy, CO 80840.

Applicants must be less than 23 years old by July 1, 2010, for entry into the Academy or less than 22 years old to enter the Prep School. Applicants must also be unmarried, a U.S. citizen or able to obtain citizenship prior to entry, and they can not have dependents.

The point of contact for LEAD is Col. Chevalier Cleaves, the director of admissions. More information is available at the Admissions Web site, www.academyadmissions.com, and at base education offices.

Leadership

From Page 2

Of all the traits and qualities that comprise leadership, the one I think garners the most "capital" with subordinates is humility. While the notion is intertwined with the lack of ego, it's difficult to discuss one without the other. It seems the most effective leaders also maintained an unassuming nature about them.

Looking back, two distinct episodes stand out and exemplify different levels of humility. The first occurred during a change of command where the incoming commander called his new unit by the wrong designation. What I find interesting is that the unit's three chiefs discretely pulled the new commander aside during the reception and informed him of the unintentional mistake, but yet he refused to admit he was wrong. In fact, he even went as far as telling the chiefs (and the other 200 plus unit members) they were wrong and he couldn't have made a mistake since his notes had the

correct unit designator.

How effective do you think he was after that episode? A dose of humility and little self-deprecation would have made a world of difference for his next two years in command.

The second episode is a little more vivid and involved a group commander I worked for when I was a brand new captain. During a tour of our construction projects, he became incensed because he didn't understand why one project was under way and another one was on hold. Within seconds, the chief and I were standing at attention, and the colonel was yelling and cursing at us at the top of his voice while slapping the eagles on his collar. An hour or so after my significant emotional event, the colonel appeared in the doorway of my office, and apologized profusely, not only for his behavior, but also for the fact that he was wrong and I was right. My respect for him grew exponentially, and do you know what? At that point in time I would have

followed him just about anywhere just because he was "big enough" to admit he was wrong and took the time to come apologize in person.

As I mentioned earlier, these are only a few leadership qualities that stand out from my career. There are so many more, but what makes up leadership is different for every person.

Regardless of your rank or position, you are a leader; whether you think so or not. What I challenge you to do now is to spend some time reflecting on what you think a good leader is, and then work to make those traits yours.

In closing, I want to leave you with a quote I came across during my recent deployment. It's pretty simple really, but the words speak volumes.

"The day Soldiers stop bringing you their problems is the day you have stopped leading them. They have either lost confidence that you can help them or concluded that you do not care. Either case is a failure of leadership," Secretary Powell said.

TriCare suspends requirements for H1N1 shots

Starting Friday the seasonal flu vaccinations will be available for all eligible beneficiaries at two locations, 10th Medical Group Immunization Clinic or at the Pediatric Clinic located in the community center.

TriCare Prime enrollees may receive the H1N1 vaccine, when it becomes available, from any network or non-network TriCare authorized provider without a referral or an authorization from now until April 30, 2010.

The immunization clinic where you are enrolled will need the following information to complete your medical record:

- The vaccine type
 - The date the vaccine was given
 - The name of the provider/office
- Please ensure the provider you go to is TriCare-authorized, or the price of the visit and the care you receive will not be covered.

Please wait 30 days after receiving the seasonal flu shot before getting the H1N1 vaccine.

We'll Keep The Sparkle In Your Smile!



Peregrine
Family Dentistry, PC
Dr. Clarisa Mantanona

Visit Our Beautiful, State-Of-The-Art Office And Let Us Help You To Maintain A Lifetime Of Confidence In Your Appearance For You And Your Family

1920 Vindicator Dr., Suite #211
719-314-2088
www.peregrinefamilydentistry.com

NOW ACCEPTING NEW PATIENTS - MILITARY INSURANCE ACCEPTED



ACCEPTING NEW PATIENTS!

We provide a full range of General and Family Dentistry services a new state-of-the-art clinic. Convenient, Comfortable and Patient Friendly atmosphere!


Call Dr. John Royal, D.D.S. and his Staff today!

955-4023 6140 Tutt Blvd., Suite 140 80923

We accept TriCare/United Concordia and TriCare Retired Delta Dental Provider

TACORI

Tacori's passion for creating timeless and breathtakingly beautiful heirlooms is reflected in each facet of our stunning diamond engagement rings.



LUISA GRAFF
JEWELERS

4663 Centennial Blvd. • 719-260-0100
www.luisagraffjewelers.com

United States Air Force Academy



Winter EXPO

Saturday, Oct. 24
9 a.m.-3 p.m.
Under the Big Top at Falcon Stadium

- **LODGING & SKI RESORT Reps**
Loveland, Vail Resorts, Monarch, Crested Butte, Ski Cooper, Steamboat, Copper Mountain, Winter Park and Rocky Mountain Blue
- **NEW & USED Ski Apparel & Gear**
- **Oktoberfest - 11 a.m. - 3 p.m.**
Food, band, beer and fun!
- **Youth Carnival - 11 a.m. - 3 p.m.**
Games, pony rides, contests, bounce houses and more!

Ski Swap Oct. 24
Bring in your skis & ski equipment for consignment to ORC from Oct.13-17, 9 a.m.- 5 p.m.
Max 10 items
333-4356 for more info!



Sponsor: USAA, DeVry University, Richmond Homes and Lincoln Mortgage (No federal endorsement of sponsors intended)

Academy receives bust of WWII, Korea ace at dedication ceremony

By Academy Spirit Staff

Relatives of World War II and Korean War ace Col. Francis "Gabby" Gabreski, including the vice commander of Air Force Materiel Command, came to the Air Force Academy Sept. 30 to take part in a ceremony dedicating a bust to the Air Force legend.

"Gabby's" son, retired Col. Don Gabreski, Lt. Gen. Terry Gabreski, and Chester Lipinski were among the guest

speakers at the event.

Mr. Lipinski was one of the principal organizers behind the statue dedication, according to Academy historian and museum specialist Paul Martin.

Colonel Gabreski joined the U.S. Army Air Corps in July 1940, training at Parks Air College and later at Gunter Army Air Base and Maxwell Field in Alabama. He graduated from Maxwell in March 1941. During World War II, he fought with the 315th Squadron and

the 56th Fighter Group before being captured by the German army.

In July 1951, Colonel Gabreski began flying an F-86 Sabre in the Korean War. Less than a year later, he recorded his fifth kill, making him the first of only a few pilots to become aces in two wars. He retired in November 1967, having flown more combat missions than any other American fighter pilot. He died Jan. 31, 2002, in Huntington Hospital on Long Island, N.Y.



Photo by Bill Evans

Retired Col. Don Gabreski speaks at the dedication ceremony for a bust of his father, Col. Francis "Gabby" Gabreski.

Medals

From Page 1

month-long cultural immersion visit when they spotted a man and two women in distress while swimming at the Santa Clara Beach in Panama City. The swimmers were struggling against a strong rip tide current that was quickly pulling them out to sea.

The trip officer-in-charge and the four cadets swam to rescue the swimmers, who were in serious danger of being pulled under. News stories at the time and Monday's citations note that their quick and selfless reaction was critical in saving the Panamanian citizens' lives.

"We happened to be in the right

spot at the right time with the necessary skills to help people in need," said Cadet Foote, a foreign area studies major with Cadet Squadron 38 and a native of Wilson, N.C. "I'd never saved anybody from drowning before."

Both Cadet Foote and Cadet Rowe have swam competitively since they were 8. Cadet Rowe said this was not the first time he had saved a life: he had pulled a child out of the water while lifeguarding during his high school years.

"What I did was a gut reaction and I believe any cadet in that situation would have done the same thing as me," said the economics major from Greeley, Colo. "I feel like what I did was dependent on

a circumstance of place and time. I just happened to be at the right place at the right time, and I knew how to swim."

Cadet 2nd Class Bryan Koenig said he found himself a bit surprised to receive the medal.

"We didn't know we were getting a medal until about 30 minutes before we were on the staff tower," said the computer science major with Cadet Squadron 2. "I was very excited, and still am, to have received such a prestigious award."

The Simi Valley, Calif., native vividly recalls bringing one of the Panamanian swimmers to shore.

"I was focused in the moment, using

Spanish to try and keep her calm while asking her to continue kicking," he said. "After I brought her up on shore, she turned and said 'Thank you' in English. That's when I realized the full impact of what had just occurred."

Here too, fate may have been at work, the cadet said.

"I have always been fortunate enough to grow up close to the ocean," Cadet Koenig said. "In Florida for nine years and California for eight more years, I have always been in and around the water and in and around riptides. When someone else is in danger, you don't think twice about what you're doing. You just want to help them."



**COLORADO SPRINGS
PEDIATRIC DENTISTRY**

Little People, Big Smiles

Technology with a Caring Touch
Specialized treatment planning for all ages
Treatment under conscious sedation and general-anesthesia
Digital radiography for pinpoint treatment plans and reduced radiation exposure
Parents can stay with children during treatment
Delta Dental, Tri Care Dental, United Concordia, Cigna and Care Credit plans accepted

Healthy Smiles are
Beary Special 



Jeff Kahl, DDS

Derek Kirkham, DDS

*Committed to
your children's
oral health!*

Welcoming New Patients
9480 Briar Village Point, Suite 301 • (719) 522-0123

**Have Another Pint
At A Second Cup!**

Happy Hour 2pm Until 6pm, 7 Days A Week!
Featuring: Free chips & salsa and \$1 off any appetizer!

Second Location of the Coffee Cup Café

Free Meal

Buy any adult entree and receive a second entree of equal or lesser value free.

Coupon not valid with daily specials. Only one coupon per table per visit. Not valid with any other offer. Coupon not valid at Coffee Cup Café. Coupon good through October 31, 2009.

Visit Us At www.asecondcup.net

All You Can Eat
CRAB LEGS
Thursday Nights
After 5 pm
\$15.99



Breakfast Served All Day! 481-6446 13860 Gleneagle Dr. East of the Air Force Academy North Gate
Open 7 Days a Week - Breakfast, Lunch, Dinner - 6 am to 9 pm

HUNGRY?

Looking for new spots to enjoy great food? Whether you crave a "Smothered dog" or seek a spot for a romantic rendezvous, check out our new *Cork 'n' Fork* guide just before the classifieds.



You'll find special discounts!

FREE FOOD!

Play our "Bite Me" trivia contest for a chance to win a **\$25 GIFT TO CERTIFICATE**



RED HOT & BLUE
MEMPHIS PIT BARBQUE



Check out our new *Cork 'n' Fork* section in the classifieds. Find the "Bite Me" trivia question and email the correct answer to classified@csmng.com for your chance to win our bi-weekly drawing.

Safety: Winter snow season approaches

By John Sutherland
10th Civil Engineer Squadron

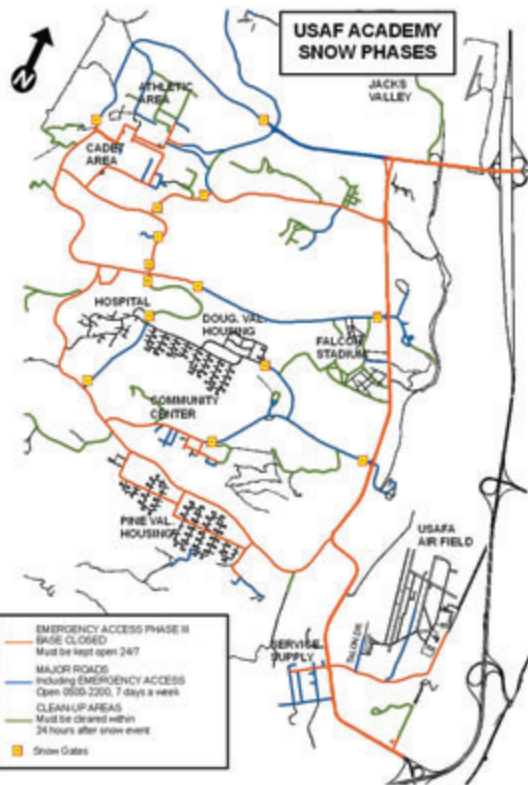
Mother Nature will bestow winter upon us with its share of snow storms, icy road conditions and adverse weather. Once again, the 10th Civil Engineer Squadron has geared up for the snow season.

As you drive around the base, you will notice that snow route signs and snow gates are in position. These are designed to guide you through the safest parts of the base during adverse weather. Please familiarize yourself with the attached map displaying the snow removal priorities. Emergency access or snow routes will normally be kept open 24/7. Other major roads will be open by 5 a.m. and maintained until 10 p.m., unless weather dictates otherwise.

During night clearing operations, major roads may not receive the same attention as the emergency access roads, so please stay on the emergency access roads or snow routes whenever possible. All other remaining roads will be cleared within 24 hours after each snowfall.

Prior to forecasted storms, snow removal crews will apply anti-icing spray to prepare the roads for your safety. After initial application, drivers may experience a slippery, almost greasy feel as they brake and turn, so while the condition is only temporary, please be especially cautious while driving.

Use extreme caution when driving near snow removal equipment. Always turn your headlights on. Snow plow operators must travel at specific speeds to cast the snow from the plow blade and clear it from the roads. The weight of the compacted snow rolling off the plow blade could damage your vehicle, so please stay at least 100 feet behind all snow removal equipment. When the granular form of deicer is applied from broadcast



spreaders, the sand-like material can also damage your vehicle if you try to pass or if you're following the snow plow too closely.

Vehicles that become inoperative should be moved as far from the road edge as possible, have their emergency flashers turned on and be removed as soon as possible. Do not leave vehicles on road shoulders, dirt or grassy areas, as they could become buried in snow if the bad weather persists.

Never drive onto a road blocked by a closed snow gate; that is extremely dangerous. Even though it's closed to traffic, plows may be clearing the road and do not expect any other vehicles in the area.

Visibility during winter winds and snow events can be very difficult for snow removal operators and other motorists; posing major safety concerns throughout the Academy. Never jog or bicycle on roads during snow removal periods. Plow operators have had accidents in years past due to hard braking to avoid runners and bicyclists on roads and shoulders.

Parking lots will primarily be plowed at night until they are cleared. If snowfall occurs during the day, snow crews will attempt to maintain safe routes into and out of parking lots. Overall, parking lot clearance during the day is limited because of parked cars. Members departing the base for an extended period should remove their vehicles promptly from all parking lot areas.

Finally, the most important element for enjoying a safe snow season is adjusting your driving habits to match current road conditions. During snow and icy conditions, you should reduce your speed by at least 15 mph. During adverse weather, speeds on Interstate 25 can go from the speed limit to 25 mph very quickly when visibility or pavement conditions have deteriorated; the same applies on the Academy. Similarly, motorists should increase their following distance because of the reduced friction on road surfaces. Most of all, don't be in a hurry. Allow yourself enough time to get to and from your destination, and above all, be patient.

Any delayed reporting or base closures on the Academy will be released to local radio and television stations through Public Affairs. Please tune into your local radio or television stations or to www.usafa.af.mil before you leave for work.

For updates regarding Academy road conditions during inclement weather, call the Academy recorded road conditions line at 333-2800 or the USAFA Command Center automated notification center at 333-6249.



Special offer for 3rd- and 4th-year Cadets

**\$32K CAREER KICK-OFF LOAN!
1.25% APR¹**

**60 months, with deferred payments.²
Make no payments 'til after grad!**

**Sign up for Active Duty Checking[®] with Direct Deposit
and you're eligible to apply!**

Air Force never settles for less.

NAVY FEDERAL
Credit Union

**Apply by phone today!
1-888-842-6328**

**Or stop by our branch
1139 Space Center Drive
Colorado Springs, CO**

¹A loan of \$32,799 for 60 months at 1.25% APR would have a monthly payment of \$564.97. ²Repayment may be deferred up to 3 months after graduation. The maximum loan amount after a 3-month deferral would be \$32,799. Use of released Department of Defense imagery does not constitute product or organizational endorsement of any kind by the Department of Defense. Department of Defense photo. Federal law generally prohibits federal credit unions from serving nonmembers. Federally insured by NCUA. Copyright © 2009 Navy Federal NFCU 11208-B (10-09)

FalconSAT-5 receives main payload

Department of Astronautics

The Air Force Academy's newest cadet-built satellite, FalconSAT-5, is nearing completion in the Astronautics Laboratory here, highlighted by the Sept. 25 arrival of the satellite's main payload, the Space Plasma Characterization Source.

When Space Plasma Characterization Source — better known as SPCS — integration is complete, FalconSAT-5 will begin a series of rigorous system tests before it is shipped to the Kodiak Launch Complex, Alaska, for a scheduled launch May 28, 2010.

"It's great to see the satellite coming together in our lab," said Col. Marty France, head of the Department of Astronautics. "More than 100 cadets and faculty members have put enormous effort into the program over the last three years. This is as real-world as it gets: the Air Force is counting on the FalconSAT team to deliver a satellite on schedule, capable of performing a very sophisticated mission and delivering important data to the Air Force Research Laboratory and our own research centers. We still have a lot of work ahead of us, too, before we get to launch and operations."

While FalconSAT-5 "fit checking" was completed in the Astronautics Lab, cadets in the program provided the latest updates to the Space Test Program at their Payload Readiness Review Sept. 29. Cadets 1st Class Clark Beesmyer, Berkley Davis, Rex Pearce and Matt Lipscomb, accompanied by Space Systems Research Center director Lt. Col. Tim Lawrence, outlined test plans and delivery schedule for FalconSAT-5 with STP director Col. Stephen Hargis. Their plans were accepted, and the team earned praise for their hard work from the entire STP leadership.

"I am amazed by these cadets. I wish I had them working for me now," said Colonel Hargis, the STP-S26 mission director and STP Systems Program Office director.

The SPCS payload was manufactured by Busek, Inc. of Natick, Mass. Busek is responsible for SPCS payload development, integration, test and delivery under an AFRL Small Business Innovative Research contract. The payload uses a 500-Watt Hall Effect thruster, propelled by one kilogram of xenon and

ammonia cold gas to stimulate the space environment around the satellite and to also provide the ability for small orbital maneuvers. The Integrated Miniaturized Electrostatic Analyzer and Wafer Integrated Spectrometers payloads measure effects from the Hall Effect's rocket plume on the surrounding space weather environment.

The \$11-million FalconSAT-5 mission is sponsored by the AFRL, headquartered at Wright-Patterson AFB, Ohio. Its mission is to perform space weather measurements with on-board sensors in collaboration with remote ground sites. The onboard payloads include the iMESA and WISPERS sensors, which measure low and high energy ion densities, an off-the-shelf plasma source (SPCS), and the Radio Frequency Signal Strength. This suite of experiments will measure the local ionosphere, stimulate the local space weather environment and measure the subsequent changes, and evaluate ionospheric effects on radio frequency signals for communication impacts.

FalconSAT-5 is a secondary payload on the STP's S26 mission, scheduled for launch on an Orbital Sciences Minotaur IV — a modified Peacekeeper ICBM — on May 28, 2010. After launch, FalconSAT-5 will be monitored and controlled by cadet operators from the Michael W. Wynne Space Operations Center at the Air Force Academy.

Design work on FalconSAT-5 began almost three years ago while FalconSAT-3 was undergoing preparations for its March 2007 launch from Cape Canaveral Air Force Station, Fla. Cadets with the Classes of 2007 through 2009 along with their faculty mentors from several academic departments and the Academy's Space Systems Research Center and Space Physics and Atmospheric Research Center, completed key design, engineering, and prototype testing milestones in preparation for final construction and testing that began during the 2008-09 academic year. The Class of 2010 must complete assembly of the satellite and prepare for satellite system testing at Kirtland Air Force Base, N.M., and Edwards AFB, Calif., in coming months.

Building on more than a decade of experience designing, building, testing, launching, and operating small satellites, FalconSAT is one of the Academy's



Photo by Maj. Steve Hart

Don Waite of the Space Systems Research Center and Pat O'Grady from InStar Engineering confirm FalconSAT-5's fit check with its main payload, the Space Plasma Characterization Source.

capstone undergraduate systems engineering courses managed by the Department of Astronautics and the Space Systems Research Center. Realizing the department's motto, "Learning Space by Doing Space," a cadet team acts as the satellite system integrating contractor. The spacecraft bus, with all the supporting subsystems, is designed, built, and tested to meet the requirements of real-world Department of Defense payload and mission requirements.



GOOD JOB GREAT MISSION

The Air Force Reserve is offering part-time opportunities for Navigators with excellent benefits, including choice of home base, education assistance, secure employment and competitive pay.

Choose your home base and you will not be transferred. Receive low cost TRICARE health insurance. Maintain retirement benefits. In most cases you can retain your rank.

Continue to build close friendships, serve your country and participate in experiences unique to the military.

Accomplish extraordinary things while you achieve your personal goals.



EVERYDAY PEOPLE MAKING A DIFFERENCE

800-AFR-8279 • AFReserve.com/Prior

BUY ONE ADMISSION GET ONE FREE

FREE

"Garage Sale Heaven"

Open Every Sat & Sun.
7am - 4pm

The COLORADO SPRINGS
FLEA MARKET

Military Discount
Expires: 10/25/09
Platte & Powers

380-8599 CSFleaMarket.com

EXCEPTIONAL SMILES
at
UNIVERSITY PARK

Smile Like Never Before

Zoom! Whitening for \$275
(a savings of \$225)

DR. GREGORY M. SOLICH
5426 N. Academy Suite 105
719.548.9393
www.Universityparksmiles.com

Monday thru Thursday 9AM-3PM
We accept United Concordia

Gentle Dental Care

Howard Short, D.M.D.
Accepting
United Concordia Insurance
for military families!

**CALL
FOR APPOINTMENT!
719-574-7631**

5739 Constitution Ave.
(SW corner Constitution and
Powers next to Walgreens)



FRONT RANGE OBSTETRICS & GYNECOLOGY

C. Scott Russell, MD FACOG

- We deliver at the beautiful, brand new St. Francis Medical Center.
- We gladly accept TriCare.
- We have convenient Tuesday evening and Saturday morning hours.



6160 Tutt Boulevard, Suite 270 • Colorado Springs, CO 80923
Phone: (719)599-4692 • Fax: (719) 260-6250
www.frontrangeobgyn.com • E-mail: frontrangeobgyn@q.com

Falcon Eyes Update

In addition to already improving the appearance of construction sites around The Academy, the 10th Air Base Wing overhauled the way gates look and are manned during events. "Go Falcons" stop sign covers, welcome signs, and the absence of many unnecessary orange cones throughout the base have fans cheering for things other than the Falcons on game days.

Academy personnel are encouraged to keep their eyes open for other areas and services that can use some tidying up.

"There are lots of Air Force bases...but only one Air Force Academy," said Col. Rick LoCastro, 10th Air Base Wing commander. "Our installation is the premier base in the Air Force and we need to ensure that it continues to look as special as it is."

"Everyone can make a difference in improving our base appearance," Colonel LoCastro added. "If you see something you're not proud of—raise your hand and say something...or just fix it."

Keep your Falcon Eyes open and continue to watch the Academy Spirit for further improvements to your Air Force Academy.



Command post Airmen key to ops success

By Staff Sgt. Daniel Martinez
506th Air Expeditionary Group Public Affairs

Editor's Note: Sergeant Martinez is deployed from Schriever Air Force Base in Colorado Springs.

KIRKUK REGIONAL AIR BASE, Iraq (AFNS) — Whether setting alarm conditions, relaying weather information or responding to emergency notifications, command post Airmen play a vital role in virtually every base operation.

"Basically, we're the eyes and ears of the commander and the nerve center of the base," said Master Sgt. Vanessa Trujillo, 506th Air Expeditionary Group command post superintendent.

This means command post personnel must be able to work with numerous agencies and know how to perform several jobs, Sergeant Trujillo added.

"We're responsible for flight following the aircraft that come in and out of Kirkuk Air Base," she said. "If the aircraft experiences maintenance problems and the crew has to remain overnight, we coordinate with higher headquarters and provide the logistical support needed."

Command post Airmen also give the initial notifications for the response teams, including the fire department, security forces and explosive ordnance disposal team, as well as posturing the

base in the appropriate alarm conditions during base attacks.

"Whenever there is something significant on the base, we're the focal point for that — the nerve center," Sergeant Trujillo said.

Working behind the scenes, the Airmen compile information from various base agencies and ensure it flows to the appropriate people, including those at the top.

"The most important aspect of our job is to keep the commander informed," said Senior Airman Allyson Youngman, a 506th AEG command post controller. "Anything that happens with flight operations or any personnel, we make sure he knows what's going on."

The command post team takes center stage when an urgent message needs to be communicated immediately. It accomplishes this by using a network of loudspeakers around the base, known as "the giant voice."

"When the base is threatened, we get on the giant voice to let people know they are in danger and to take appropriate actions," said Staff Sgt. Todd Leach, another command post controller. "When I get on the giant voice it's validating my purpose here."

A purpose that is often overlooked by others on the base. Still, the command post Airmen know their job is important and vital to the base.

"Our job is important because we



Photo by Staff Sgt. Joshua Breckon

Staff Sgt. George Gomes gathers information over the phone while Staff Sgt. Todd Leach relays a notification on the public address system and Senior Airman Allyson Youngman reviews the steps in a procedural checklist. The Airmen are all assigned to the 506th Air Expeditionary Group command post at Kirkuk Regional Air Base, Iraq.

have everything to do with what goes on," said Airman Youngman. "If something happens, we know who to notify and who to get out there to respond to the situation."

ADMISSION ONLY \$2.00 - FREE PARKING

KKTVE 11 COLORADO SPRINGS
KLite 106.5
Women's Living
EXPO

OCTOBER 10TH - 11TH
AT THE PHIL LONG EXPO CENTER
SATURDAY 10AM - 6PM • SUNDAY 11AM - 5PM

APPEARING ALL WEEKEND

JANET ATWOOD
Take "The Passion Test"
Saturday 1pm • Sunday 2pm

MICHAEL MOORE
Real Makeup For Real Women
Sat. 12:30 & 3pm • Sun. 1pm & 3pm

DEBRA GANO
Gold Reipient of 2009 Mom's Choice Award
Sat. 11am; Sun. 3:30pm

ASK THE FINANCIAL EXPERTS
Women and Money
Saturday, October 10th
2 pm on the Main Stage
Moderated by News Anchor Betty Sexton

All attendees of the Presentation
Receive Gift Bags!
Drawings for a
Celebration Spa Package
courtesy of Colorado Wellness

Over 250 diverse exhibits!

RUNWAY FASHION SHOWS FITNESS DEMOS COLORADO SPRINGS MOMS
BEAUTY MAKEOVERS TASTE OF COLORADO/TASTINGS WOMENCENTRIC HOME CENTER
HEALTH SCREENINGS CELEBRITY CHEF COOKOFF CARS WOMEN LOVE

MEET THE ARTISTS FROM HUNTER - WOLFF GALLERY
PAINT FOR THE CURE - A PROGRAM TO BENEFIT SUSAN G. KOMEN FOR THE CURE

FREE GIVEAWAYS!! BEST SHOPPING IN TOWN!!

ESMING Residence Inn Marriott Express EMPLOYMENT PROFESSIONALS The Gazette gazette.com Jenny Craig
Hunter-Wolff GALLERY, LTD. GLACIER WOODWORKS Celebrate Wellness Spa

FOR MORE INFO VISIT: WWW.WOMENSLIVINGEXPO.COM

Masters Degree in
Counseling

School or Community Emphasis
ONLINE PLUS
CACREP Accredited

counselored.adams.edu
719.587.8138

ADAMS STATE COLLEGE
COLORADO
Great Stories Begin Here

Asian Pacific Market



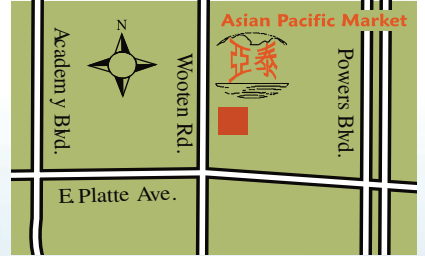
Roasted Duck
and
BBQ Pork
Everyday

Fresh Asian Produce and Meats Available Everyday!

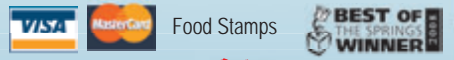
Asian Pacific Market, located at 615 Wooten Road Suite 160, Colorado Springs, CO 80915, is proud to announce its 1st Year Anniversary and to partner with Springs Rescue Mission for fundraiser during the event as part of the short of food, clothes, and toy donations.

- Featuring Dragon and Lion Dances performance
- Universal Kempo Karate Demonstrations
- Cooking Demonstrations & Much More

Contributors will become eligible for a \$100 grand prize drawing.



615 Wooten Rd. Suite 160
Phone 719•573•7500
FAX 719•596•5195
M•F 9 a.m. - 8 p.m.
Sat•Sun 9 a.m. - 7 p.m.
email:asianpacificmarket@gmail.com



1st Year Anniversary Celebration on Saturday, Oct. 10th

Institute for Advanced Studies

MASTER'S AND DOCTORATE DEGREES

with concentrations
in Homeland Security

Keeping the homeland safe – This important work is driven by those with a deep sense of purpose and a commitment to service. In that spirit, Colorado Technical University's Institute for Advanced Studies is proud to offer two new programs. Both our **Master of Science in Management** and **Doctorate of Management** now have concentrations in **Homeland Security**.

COLORADO SPRINGS CAMPUS
4435 North Chestnut Street
Colorado Springs, CO 80907
1.888.266.1555
WWW.COLORADOTECH.EDU

TriCare Prime offers off-base routine eye examination benefit!

No out-of-pocket cost for an eye exam for glasses!

- Active-duty dependents are eligible once per year.
- Retirees and their dependents are eligible once every two years.

No Primary Care referral is necessary. Simply call for an appointment.

The doctors next to LensCrafters are contracted TriCare Prime Providers. They offer three convenient Colorado Springs Locations for eye examinations with appointments Monday through Saturday. **No more waiting for an appointment on base.**

Southside Citadel Mall **598-1392** Between Vickers & Academy **548-8717** Northside Chapel Hills Mall **598-5068**

TriCare Standard, TriCare Reserve and TriCare for Life also accepted. Prescriptions may be filled anywhere. Contact lens evaluation available for additional cost. Call for program details.

The tools needed to restore disaster-ravaged lives aren't always hammers and nails.

The hurt of disaster cuts much deeper than the eye can see. That's why a caring touch and understanding can sometimes be the most powerful tools of all. When lives need rebuilding, The Salvation Army knows it takes much more than the tools that come from the hardware store...it takes the tools that come from the heart. So please give generously. Call 1-800-SAL-ARMY, donate on-line or send your monetary contribution to:

National Disaster Fund
The Salvation Army National Headquarters
615 Slaters Lane Alexandria, VA 22313
WWW.SALVATIONARMYUSA.ORG • NEED KNOWS NO SEASON

DoD announces details for \$555-million Homeowners' Assistance Program

Department of Defense

The Department of Defense announced details for the temporary expansion of the Homeowners Assistance Program Sept. 30.

Using \$555 million in funds from the American Recovery and Reinvestment Act, this program is designed to partially reimburse eligible military personnel, surviving spouses and federal civilian employees whose service to the nation has required them to relocate and sell their primary residence at a loss.

Potential eligible personnel include:

- Active and former service members of the Army, Navy, Marine Corps, Air Force, and Coast Guard;

- Civilian employees of the DoD, Coast Guard, and non-appropriated fund activities; and

- Surviving spouses of both fallen service members and civilian employees.

Potential eligible personnel who have sold a primary home for a loss or are considering selling their home are encouraged to visit the DoD HAP Web site (<http://hap.usace.army.mil>) to check specific program criteria and, if eligible, apply online.

The DoD HAP has been providing financial assistance to military personnel and DoD civilians since 1966, mainly at base realignment and closure sites where government action caused a decrease in market home values. While the HAP expansion is not designed to pay 100 percent of losses or to cover all declines in value, it can help protect eligible applicants from financial catastrophe due to significant losses in their home values.

Supporting military families is one of administration's highest priorities and includes leadership and engagement by Michelle Obama and Jill Biden. In February 2009, the Congress provided ARRA funding for a temporary expansion of the HAP to address unique economic pressures faced by military personnel who are forced to relocate during these unusually adverse housing market conditions. After conducting an extensive analysis to determine how best to prioritize the finite funds available while maximizing assistance to as many people as possible, the DoD developed specific eligibility criteria designed to take care of people in the greatest need. These program details have been published in the Federal Register and are now available for public comment.

ARRA funding allows the DoD to temporarily

expand HAP to partially reimburse losses from the sale of a primary residence in the following priority order:

1. Homeowners wounded, injured, or ill in the line of duty while deployed since Sept. 11, 2001, and relocating in furtherance of medical treatment;

2. Surviving spouse homeowners relocating within two years after the death of their spouse;

3. Homeowners affected by the 2005 BRAC round, without the need (which existed under previous law) to prove that a base closure announcement caused a local housing market decline; and

4. Service member homeowners receiving orders dated on or after Feb. 1, 2006, through Dec. 31, 2009, for a permanent change of station move. The orders must specify a report-no-later-than date on or before Feb. 28, 2010, to a new duty station or home port outside a 50-mile radius of the service member's former duty station. These dates may be extended to Sept. 30, 2012, based on availability of funds.

Each of these general categories has more specific eligibility requirements which have been updated at the DoD HAP Web site, <http://hap.usace.army.mil>. The U.S. Army Corps of Engineers executes the program for all the military branches. HAP administrators will immediately start processing applications.

Academy officials begin self study of athletics

Athletic Communications

Air Force Academy superintendent Lt. Gen. Mike Gould announced Tuesday that Academy officials will begin a year-long, campus-wide effort to study the athletics program as part of the National Collegiate Athletic Association Division I athletics certification program.

Specific areas the study will cover are academic integrity, governance and commitment to rules compliance, commitment to gender and diversity and student-athlete well-being.

While academic accreditation is common in colleges and universities, this program focuses solely on certification of athletics programs. Following a two-year pilot project, the NCAA Division I membership overwhelmingly supported

the program and its standards at the 1993 NCAA Convention. Academy officials completed the first certification self-study in 1995.

At the 1997 convention, the NCAA Division I membership voted to change the frequency of athletics certification from once every five years to once every 10 years. Academy officials completed a second certification self-study in 2002. Thus, the current self-study will be the third in the certification process for the Academy.

The purpose of the athletics certification program is to help ensure integrity in the institution's athletics operations. The program opens up athletics to the rest of the university/college community and to the public. Institutions will benefit by increasing campus-wide awareness and

knowledge of the athletics program, confirming its strengths and developing plans to improve areas of concern.

The committee responsible for the study will include General Gould, Dean of Faculty Col. Thomas Yoder, various members of the institution's faculty and staff, as well as athletics department personnel. A member of the NCAA membership services staff will conduct a one-day orientation videoconference with the committee and its subcommittees early in the process.

Within each area to be studied by the committee, the program has standards known as operating principles that were adopted by NCAA members to establish benchmarks by which all Division I members are evaluated.

When Academy officials have

concluded their study, an external team of reviewers will conduct a three-day evaluation visit on campus. Those reviewers will be peers from other colleges, universities or conference offices. The peer-review team will report to the NCAA Division I Committee on Athletics Certification. The committee will then determine the institution's certification status and announce the decision publicly. For institutions that fail to conduct a comprehensive self-study or to correct problems, sanctions could be imposed.

The three options of certification status are: certified; certified with conditions and not certified. While institutions will have an opportunity to correct deficient areas, those institutions that do not take corrective actions may be ruled ineligible for NCAA championships.

FOX21
MORNING NEWS

Your Weather and Traffic on the 2's

Tim Elbertson

Colorado Connection
Your Up To Date FOX21 News and Weather

Conversation and Dinner with
Homer Hickam, Jr.
author of *Rocket Boys*

Fri., Oct. 23 • 6 p.m.
Doolittle Hall • United States Air Force Academy

Tickets \$95 • Tables \$900
online at ppid.org or call 719.531.6333, x2203
by Mon. Oct. 21, 2009

With special guest astronauts, entertainment by USAFA Choir
'In the Stairwell', space memorabilia auction, great food and wine.
Local students and teachers meet the author through your support!

GE JOHNSON CONSTRUCTION COMPANY Ent

Gay & Lesbian Fund ppid.org CHALLENGER THE ADVENTURE BEGINS

Lamoureux scores two in 3-1 win over Calgary

By **Dave Toller**
Athletic Communications

Jacques Lamoureux scored two goals as Air Force beat the University of Calgary 3-1 in an exhibition college hockey game Monday at the Academy's Cadet Ice Arena.

Lamoureux, who led the nation in goals last season, opened the scoring at the 3:46 mark of the first period. His goal from Derrick Burnett and Jeff Hajner gave the Falcons a 1-0 lead. Burnett's shot was saved and the puck sat in the crease before Lamoureux punched it in. Lamoureux struck again in the second period giving Air Force a 2-0 lead at 16:50 on the power play. Burnett and Tim Kirby assisted on the play as Lamoureux scored on a wrist from the bottom of the right circle.

The Dinos made the game interesting late in the third period when Dan Ehrman scored from the bottom of the left circle from Torrie Wheat and Aaron Richards. Calgary pulled its goalie from the net with 35 seconds left and the Falcons capitalized. Scott Kozlak cleared the puck to center ice and Paul Weisgarber fed Blake Page for an empty-net goal with seven seconds left.

Air Force out-shot Calgary 27-24 in the game. The Falcons were 1-for-2 on the power play while Calgary was 0-for-3. Goalie Andrew Volkening went the distance for Air Force, making 23 saves, including 11 in the third period. Three different goaltenders played for Calgary. Nathan Deobald started and made three saves while allowing a goal. Jeff Weber played the second period and allowed one goal on 10 shots. Dustin Butler played the third period and stopped all 12 shots he faced.

"Calgary was impressive, having played their third game in three nights. They are a classy bunch of guys and gave us a good game," head coach Frank Serratore said. "We have to get better in some areas. There are always little things you

can improve on. This game gives us a point of reference on the things we need to improve on before we go to Bemidji. Andrew Volkening was quietly brilliant tonight. There were several flurries when they could have scored. Our top line scored two goals. Our best players were our best players and that is how it is going to have to be for us to be successful."

Air Force opens the regular season on the road, Oct. 9-10 at Bemidji State in Bemidji, Minn.



Photo by Bill Evans
Air Force senior forward Brett Nylander checks Calgary's Brock Nixon. Nylander is a native of Baudette, Minn.



Photo by Bill Evans
Air Force junior forward Derrick Burnett wins a face-off against Calgary left winger Tyler Swystun. Burnett assisted Air Force's Jacques Lamoureux on two goals, leading Air Force to a 3-1 win.



Photo by Mike Kaplan
Air Force junior forward Jacques Lamoureux scores one of his two goals against Calgary during the Falcons-Dinos exhibition game at the Cadet Ice Arena Monday. Air Force won the match 3-1 and will play its first game of the regular season at Bemidji State in Bemidji, Minn., today.

2009-2010 Air Force Falcons Hockey Schedule			
Date / Opponent	Location	Date / Opponent	Location
10/09/09 at Bemidji St	Bemidji, Minn.	12/12/09 vs. Mercyhurst	USAFA
10/10/09 at Bemidji St	Bemidji, Minn.	01/02/10 at Sacred Heart	Milford, Conn.
10/16/09 vs. Alabama-Huntsville	USAFA	01/03/10 at Sacred Heart	Milford, Conn.
10/17/09 vs. Alabama-Huntsville	USAFA	01/08/10 vs. Connecticut	USAFA
10/23/09 vs. RIT	USAFA	01/09/10 vs. Connecticut	USAFA
10/24/09 vs. RIT	USAFA	01/15/10 at Bentley	Waltham, Mass.
10/31/09 at Canisius	Buffalo, N.Y.	01/16/10 at Bentley	Waltham, Mass.
11/01/09 at Canisius	Buffalo	01/22/10 vs. Holy Cross	USAFA
11/06/09 vs. Bentley	USAFA	01/23/10 vs. Holy Cross	USAFA
11/07/09 vs. Bentley	USAFA	01/29/10 at Army	West Point
11/13/09 at Holy Cross	Worcester, Mass.	01/30/10 at Army	West Point
11/14/09 at Holy Cross	Worcester, Mass.	02/05/10 at Colorado College	Colorado Springs, Colo.
11/20/09 at Connecticut	Storrs, Conn.	02/06/10 vs. Denver	USAFA
11/21/09 at Connecticut	Storrs, Conn.	02/19/10 at RIT	Rochester
12/04/09 vs. American International	USAFA	02/20/10 at RIT	Rochester
12/05/09 vs. American International	USAFA	02/26/10 vs. Sacred Heart	USAFA
12/11/09 vs. Mercyhurst	USAFA	02/27/10 vs. Sacred Heart	USAFA

Navy overtakes Falcons with overtime field goal



Photos by Staff Sgt. Tim Chacon
Falcons running back Asher Clark runs the ball against Navy Saturday at Navy-Marine Corps Memorial Stadium in Annapolis, Md. The Midshipmen won 16-13 with a field goal in overtime. Navy has won the past seven matchups between the two schools, but the Air Force leads the overall series 25-17.

By **Airman 1st Class Katherine Windish**
11th Wing Public Affairs

ANNAPOLIS, Md. — Air Force faced a devastatingly close overtime loss to Navy Saturday at the Navy-Marine Corps Memorial Stadium in Annapolis, Md.

In spite of a great effort, the Falcons could not answer the Midshipmen's overtime field goal and fell 16-13.

Air Force running back **Savvier Stephens** led the team with 81 rushing yards, setting the Air Force up for two field goals scored by sophomore kicker **Erik Soderberg**.

"We didn't score enough points, period," said Falcons head coach **Troy Calhoun**. "If you don't win the game, there's plenty of work to do. There's always plenty of work to do anyway."

Falcons cornerback **Anthony Wright** scored Air Force's only touchdown with a 67-yard interception return in the second quarter.

"I like what we were doing on defense," Coach Calhoun said. "We've got a lot of really capable guys on that side."

Both teams played a tough game that went into overtime thanks to a Falcon field goal with no time left in regulation. The Midshipmen took the field in overtime

and marched down to kick a 38-yard field goal to put the Navy up by three. Air Force then took their turn in overtime and moved the ball down to attempt a 31-yard field goal. Soderberg's kick sailed wide left to end the game.

The clash between two of the nation's top rushing teams made for an exciting game for the packed stadium, with Air Force gaining a total of 194 yards rushing and Navy gaining 182. The Falcons defense kept the Midshipmen at bay, allowing only one touchdown and three field goals.

Air Force dominated in offensive yardage but couldn't capitalize, forcing **Brandon Geyer** to punt five times. An interception and fumble near midfield kept the Falcons from taking the lead at any point in the game.

In the emotionally charged, tied fourth quarter, Air Force fans, cheerleaders, players and coaches alike were on their toes, praying for an upset.

"It's unbelievably tough," said Academy senior **John Falgout**. "This was one of those games where you give your blood and your sweat and sometimes, in the end, even your tears."

"By and large, physically it was an extraordinary football game," Coach Calhoun said.

Though the Navy has won seven straight games in the series, the Falcons still lead the overall series 25-17.

"It's a heartbreaker," said Academy senior **Ben Garland**. "But we've just got to put this behind us and get ready for the Mountain West (Conference) next week."

The Falcons fall to 3-2 on the season and 2-0 in the Mountain West Conference. The Falcons return to the gridiron Saturday against conference foe **Texas Christian University**, which is 4-0 overall and ranked 10th nationally in the Associated Press Top 25. Kickoff is 5:30 p.m. Mountain Standard Time.

Falcons running back **Jared Tew** runs upfield against the Midshipmen in the Air Force-Navy game Oct. 3, 2009. Tew ran 18 times for 49 yards. Air Force had 183 total rushing yards.



Falcons running back Jared Tew runs upfield against the Midshipmen in the Air Force-Navy game Oct. 3, 2009. Tew ran 18 times for 49 yards. Air Force had 183 total rushing yards.

CBS-C sports highlights Falcons' Ben Garland

Academy Spirit staff

A senior defensive lineman for the Air Force Academy's Falcons football team will be featured on *Inside Academy Football*, a 30-minute CBS College Sports Network program that debuts tonight from 5-5:30 p.m. Mountain Standard Time.

The segment on Senior Ben Garland was filmed the week of Sept. 21 and includes shots of him attending class, eating meals at Mitchell Dining Hall and engaging day-to-day activities such as doing homework and performing squadron duties.

Interviews with Garland's coaches, teammates, classroom instructors and air officer commanding will also be included in the segment, interspersed with shots of the Grand Junction, Colo., native at football practice.

Garland and the current senior class are scheduled to graduate May 26, 2010.

"Inside Academy Football" is billed as "exploring how the players' sport intersects, enriches and informs their lives as officers-in-training for the United States military... (and) delving into the tradition and meaning of football at Army, Navy and Air Force."

The program will highlight a player from each of the nation's service academies as a prelude to the Saturday night game. Each team will play as part of a tripleheader which culminates the CBS-C's "Armed Forces Appreciation Week." The Air Force



Photo by Bill Evans

Air Force defensive lineman Ben Garland rushes San Diego State quarterback Ryan Lindley during the Falcons-Aztecs game at Falcon Stadium Sept. 26, 2009. Garland, a senior and native of Grand Junction, Colo., will be featured on CBS College Sports Network's "Inside Academy Football," scheduled to air tonight at 5 p.m. Mountain Standard Time.

Academy will play TCU on the Academy's home field, Falcon Stadium, with kickoff scheduled for 5:30 MST.

To access the full week-long programming schedule on the CBS College Sports Network, go to www.cbsscollegesports.com.

Four fencers win titles at the Amarillo Open

By Madeline McGuire
Athletic Communications

Four Air Force Academy fencers earned titles at the 10th Annual Amarillo Open in Texas Saturday and Sunday.

Michael O'Connor won the mixed saber title, Peter French won for mixed épée, Nick Stockdale won the mixed foil title and Simone Barrette was the women's épée champion.

In mixed saber, O'Connor, the top seed, won the gold medal bout against Michael Gallagher from the Colorado Fencing Academy 15-8. Brent Lavey tied for third place and earned his "D" rating in U.S. Fencing Association after advancing to the final four, where he lost 15-8 to O'Connor. Scott Pippin also tied for third place.

Geoffrey Pamerleau finished in fifth place, while Heather Nelson placed sixth, Edward Wong finished eighth, Amanda Terry finished in 12th place and Anthony Lorenzini finished in 15th place among 26 saber fencers.

"Saber had a strong showing. Brent Lavey stepped up this weekend and is a big asset to the team," said head coach Abdel Salem.



Photo by J. Rachel Spencer

Air Force fencer Michael O'Connor, left, scores a touch against the Colorado Fencing Academy's Michael Gallagher. O'Connor, the top seed, defeated Gallagher 15-8 for the mixed saber title.

In mixed épée, French, Nathan Sorensen and Phillip Choy finished in the top three among the field of 50 fencers. French won the gold medal bout 15-11; Sorensen took second place, while Choy finished third. Daniel Trapani finished in fifth place, while Barrette and Mister Jackson finished in eighth and 10th place,

respectively. Jackson also earned his "D" rating in USFA. Also competing were Ben Rinaldi, who finished in 18th place, Jennifer Nolta, who finished in 34th place, and Kaitlyn Bogan finished in 49th place.

"In épée, Phil Choy was the surprise of the event," Salem said. "He is the No.

2 man on the foil team and he finished third in the épée open and second in the foil event. He went through tough obstacles to achieve these results and I am very happy for him."

Christina Jung, AFA's only competitor in women's foil, lost in the final four, 10-5, and finished in third place in the field of seven competitors.

Stockdale advanced to the final round as the No. 2 seed and won the mixed foil gold medal bout, 15-11. Returning after a knee injury last season, Barrette won the women's épée gold medal bout 14-13.

"Barrette is almost fencing at her level of competition before her injury," Salem said. "She had a serious knee injury last season and did not come back to practice until a few weeks ago. It was exciting to see her go through tough bouts, beating top fencers in the women's épée event."

Also in mixed foil, Choy took second place in the 29-competitor event. William Hock finished 10th and Jung placed 25th. In women's épée, Jennifer Nolta finished in fifth place, Nelson finished 11th and Bogan finished 13th among 18 competitors.

Women's soccer

The women's soccer team played at TCU Thursday and will play at New Mexico Saturday.

Air Force dropped its lone match last week, losing to Wyoming at home 3-1. Stephanie Patterson scored seven minutes into the match to give the Falcons an early lead but didn't score again as Wyoming rallied.

Golf

The Air Force golf team captured first place at the Service Academy Golf Classic, held at The Courses at Andrews Air Force Base, Md., Monday and Tuesday, with junior Kyle Bailey winning medalist honors.

The Falcons' team score of 1093 (+13) beat Army (1116), Navy (1127) and the Merchant Marine Academy

(1408). Bailey, a native of Austin, Texas, shot a three-round total of 211, including a career-low 65 that was also the low round of the tournament.

Volleyball

The Air Force volleyball team dropped a 3-0 decision to New Mexico in Mountain West Conference action Saturday in Albuquerque, N.M.

After dropping the first set 25-7, the Falcons fought hard but ultimately lost the following sets 25-22 and 25-20.

The Falcons were 8-9 on the year heading into a scheduled match against Wyoming at Clune Arena Thursday.

Read more about Air Force sports at the Falcons Sports Web site www.goairforcefalcons.com or at www.usafa.af.mil.



10th ABW Wingman Day is Thursday

The 10th Air Base Wing will hold a Wingman Day Thursday in the Arnold Hall Ballroom at 7:30 a.m.

Topics to be covered at the event will include leadership, mentoring and safety.

For more information, contact the 10th ABW at 333-1010.

Fire prevention for kids

The Academy Fire Department's fire prevention show goes on the road today, hitching up the USAFA Fire Prevention Trailer for the Falcon Youth Center at 1 p.m.

The presentation starts off with a fire prevention video called the Smoke Alarm show, highlighting how smoke detectors work and what to do when you hear one sounding in your home.

Children will then visit the Fire

Clinic Relocations			
Department	New Location	Expected Move Date	Clinic Re-opening
CC Physical Therapy	3rd Floor Bldg. 4102	In Progress	Tuesday
CC Occupational Therapy	3rd Floor Bldg. 4102	In Progress	Wednesday
Allergy and Immunizations	1st Floor Bldg. 4102	Mid November	Mid November
Pediatrics	1st Floor Bldg. 4102	Mid November	Mid November

Prevention Trailer, which simulates smoke-filled room conditions, to show what children should do to find a secondary means of escape and the importance of crawling low beneath the smoke to get out.

The window of the trailer acts as these secondary means, and children can climb down a fire escape ladder to safety.

AFSA picnic

The local AFSA Chapter will have a picnic at the Milazzo Center Oct. 13 from 1 to 4:30 p.m., for current and prospective members.

Cost is free for AFSA members and \$3 for non-members. For more information or to attend, contact Master Sgt. Timothy Frison at 333-5463, Senior Airman Damien Jenkins at 333-5162 or Airman 1st Class Richelle Hutto at 333-5200.

CFC Fundraiser

The 10th Air Base Wing will hold a car wash and chili cook off to benefit the 2009 Combined Federal Campaign.

A donations-only car wash will be held today from 9 a.m. to 2 p.m. at the Part-day Enrichment Center at 5150 Community Center Drive. Volunteers are needed; no experience is required.

The chili cook off is set for 11 a.m. to 1 p.m. Oct. 29 in the Milazzo Center Ballroom. Vote for your favorite chili while listening to the talented 10th ABW karaoke singers.

Donations at either event can benefit a specific CFC organization or go toward all CFC organizations. Contact Diana Thrasher at 333-8264 or diana.thrasher@usafa.af.mil for more information.

Trick or Treat

Academy resident and Air Force dad, Tom Piña, is developing a map of both Douglas and Pine Valleys to show kids where they can trick-or-treat on the Academy this year. The goal is to have 15 to 30 homes in each valley participate.

In order to make the map, Mr. Piña is looking for people who will hand out candy. Other activities are also encouraged: Mr. Piña is doing a haunted carport. Whatever it is, let him know, and he'll put that on the map, too.

Scheduled timing for trick or treating is as follows: 5 - 6 p.m. while still daylight for the younger kids and 6 - 8 p.m. for all others. Those interested in participating should e-mail usafahalloween2009@comcast.net before Oct. 28. The final map and all updates can be found at: <http://usafahalloween2009.blogspot.com>

Men's varsity basketball tryouts

Tryouts for the men's varsity basketball team is each Wednesday at 6 p.m., through Nov. 18. All Academy DoD ID

cardholders may compete and show who owns the paint, including family members 18 years and older. For more information, call Staff Sgt. Norman Henderson at 333-4260.

Post-9/11 GI Bill info

Informational briefings on the post-9/11 G.I. Bill will be offered Oct. 22 at 10 a.m., Nov. 4 at 1 p.m. and Nov. 18, at 10 a.m., at the Community Center's Civilian Personnel office, room 129, lower level.

Topics to be discussed include eligibility criteria, transfer option to dependents, a comparison to the Montgomery Era G.I. Bill, and more.

To register, call 333-3298 or 333-2269.

Football night

The Milazzo Center Sports Bar features Monday Night Football on five television sets, 5-10 p.m., complemented by darts, pool, ping-pong, beverages, hotdogs, chili dogs, nachos and more. All are welcome.

Intramural bowling league

The league bowls every Monday at 5:30 p.m. Contact Mary, the league's secretary, at 648-6319 or at shattom@hotmail.com, or call Academy Lanes at 333-4709 for more information.

Avalanche, Nuggets tickets available

The Outdoor Recreation Center is now a ticket outlet for Denver Nuggets and Colorado Avalanche games. All customers will be able to chose their row and seat and receive their tickets the day of purchase, and no advance ticket ordering necessary. Tickets for the Denver Avalanche games are available for purchase now, and prices range from \$24 - \$99 based on seating. Tickets for the Denver Nuggets will go on sale Monday and will range from \$22-\$73 based on seating. For more information, call 333-4475.

Falcon sports blitz

Cris Shumaker and James Cornell update all weekend Falcon sports action, upcoming Air Force events, and other college sports notes every Monday at 6 a.m. and again at 6 p.m. on KAFA 97.7 FM. Call Dave West 333-9885 for more information.

A&FRC offerings

The Academy Airman and Family Readiness Center hosts the following classes in October. Call 333-3444 with any questions or for registration.

Group pre-separation counseling

Held Mondays (except during Transition Assistance week), 2 to 4 p.m.

Separating or retiring from the Air Force in a year or less? This mandatory

briefing assists in identifying benefits and services associated with your transition and beyond.

Mock interviewing

Wednesday, 9 a.m. to 1 p.m.

Preparing for your next career move? Feeling a little rusty or insecure about your interviewing skills? Sign up for the next best thing to the real thing! Mock interviewing with real HR reps!

Orientation and information fair

Thursday, 9 a.m. to 4:30 p.m.

Mandatory orientation for all newly assigned personnel. Spouses are welcome to attend. Event is held at the Milazzo Center.

Medical records review

Oct. 19, 7:30 a.m. to 4:30 p.m.

Individuals within 180 days of retirement or separation can have the DAV review their medical records in preparation of filing for VA Disability Compensation through the VA Form 21-526. Call for more information or an appointment.



Boo at the Zoo

Cheyenne Mountain Zoo offers kids Halloween festivities in a safe and unique environment with this year's Boo at the Zoo, Oct. 16-18 and 23-25 from 5:30 to 8 p.m. each night. Candy will be available at more than 20 spooky treat stations, and select animal exhibits will be open, including the Rocky Mountain Wild exhibit, the Zoo's famous giraffes, hippos, Monkey Pavilion and Lion's Lair.

The popular haunted fun house and the ghostly graveyard both return this year to offer frightful fun for all members of the family. At the entry to Rocky Mountain Wild, the Lodge at Moose Lake will feature education interpreters providing an entertaining introduction to Spooky Zoo creatures for multiple shows each evening. Tickets are sold each night of the event at the Zoo only.

Admission is \$15 for kids ages 3-65 and free for those under 3 or over 65. Zoo member admission is only \$9. No passes or coupons will be accepted.

Coffin race

The Emma Crawford Festival will be held Oct. 24 from noon to 3 p.m. in downtown Manitou Springs.

Ms. Crawford, who died in 1891, is remembered in this annual festival. She was buried on Red Mountain near Manitou Springs, but stormy weather washed her remains down the side of the mountain.

The festival remembers her with a light-spirited race wherein participants race coffins and a stand-in for the late Crawford down the city's historic district. The race is followed by a parade.

Registration for the race begins at 10 a.m. on the day of the event. For more information about the festival, contact the Manitou Springs Chamber of Commerce and Visitors Bureau at 685-5089 or go online at www.manitou-springs.org.

SCHEDULE OF WORSHIP

CADET CHAPEL

Call 719-333-2636 for more information.

Buddhist

Wednesday - 6:30 p.m.

Jewish

Friday - 7:00 p.m.

Muslim

Friday Prayer - 12:15 p.m.

Protestant

Traditional Worship
Sunday - 9:00 a.m.
Liturgical Worship
Sunday (Music Room) - 10:30 a.m.
Contemporary Worship
Sunday - 11:00 a.m.

Roman Catholic

Mass
Sunday - 10 a.m.
Academic Year, when cadets are present
Mon, Tues, and Thurs - 6:40 a.m.
Wednesday - 6:30 p.m.

Sacrament of Penance

Sunday - 9:15-9:45 a.m.
Academic Year, when cadets are present
Wednesday - 5:30-6:15 p.m.

Exposition of the Blessed Sacrament

Academic Year, when cadets are present
Wednesday - 5:30-6:20 p.m.

Paganism/Earth-centered Spirituality

Contact TSgt Longcrier at 719-333-6178 or Robert.Longcrier@usafa.edu

COMMUNITY CENTER CHAPEL

Catholic Masses:

Saturday

Reconciliation - 3:30 p.m.
Mass - 4 p.m.

Sunday

Mass - 9 a.m.
Religious Formation - 10:15 a.m.
(September - May)

Tuesday-Friday

Mass - 11:30 a.m.

Protestant Services:

Wednesday

Wednesday Night Live - 6 p.m.
Dinner followed by Religious Education
(September - May).

Sunday

Evangelical - 10:15 a.m.
Gospel - 11:30 a.m.

**"MY GRANDFATHER WAS A
LT. COLONEL IN THE U.S. ARMY.
BEFORE HE PASSED AWAY,
HE WOULD SAY HIS GREATEST
GIFT TO HIS FAMILY WAS
ACCESS TO USAA."**

— Brian Johns

Facebook®, April 21, 2009

No wonder families hand down USAA membership like an heirloom. We've been one of *BusinessWeek's* top two "customer service champs" the last three years running, we have the highest auto insurance customer retention rate in the industry and members can save an average of \$525 a year on auto insurance.¹ All of which inspires members like Brian to take the time to write about us on Facebook. USAA. Recognized by *BusinessWeek* and recommended by Brian Johns.

BETTER INSURANCE BEGINS NOW
800-967-8722 | usaainsurance.com

¹Based on countrywide survey of new customers from 12/1/07 to 11/30/08 who reported their prior insurers' premiums when they switched to USAA. Savings do not apply in MA. Property and casualty insurance products are available to military members and their former dependents who meet certain membership eligibility criteria. To find out if you are eligible, contact USAA. Underwriting restrictions apply. Use of the term "member" or "membership" does not convey any legal, eligibility, or ownership rights. Children of USAA members are eligible to purchase auto or property insurance if their eligible parent purchases USAA auto and property insurance. Automobile insurance provided by United Services Automobile Association, USAA Casualty Insurance Company, USAA General Indemnity Company, Garrison Property and Casualty Insurance Company, USAA County Mutual Insurance Company, San Antonio, TX, and is available only to persons eligible for P&C group membership. Each company has sole financial responsibility for its own products. Facebook is a registered trademark of Facebook, Inc. © 2009 USAA. 92293-0909

