

Class of '10 selects Heiser winners

By Dr. Kevin Davis
Department of Management

Dr. Kenneth Siegenthaler from the Department of Astronautics and Col. Neal Rappaport from the Department of Economics and Geosciences won the Academy's 2010 Heiser Awards May 6.

First-class cadets selected the two instructors from more than 160 eligible senior professors based on contributions to cadets' personal and intellectual development and their demonstration of the Air Force core values of integrity first, service before self and excellence in all we do.



Senior cadets lauded Dr. Siegenthaler for placing his students first and imparting life lessons that transcend the daunting and complex course material and added that he consistently teaches with a smile. Dr. Siegenthaler earned a doctorate in laser physics from the Air Force Institute of Technology. His research interests include lasers, remote sensing and small satellites.



Cadets highlighted Colonel Rappaport's passion in challenging them to excel as well as inspiring and motivating them to become leaders. They also praised his example of selfless service: Colonel Rappaport was the air attaché in both Kosovo and Macedonia and has served numerous operational assignments in Iraq and Afghanistan.

Colonel Rappaport earned a doctorate in economics from the Massachusetts Institute of Technology. His research efforts have ranged from economic development in Baghdad to work on the destabilizing impact of food shortages in North Korea. His analytical skills were recognized by the Central Intelligence Agency director with the award of the National Intelligence Certificate of Distinction.

The Heiser Award, named after Professor Emeritus Dr. William H. Heiser, is the only award selected by the graduating class. Dr. Heiser was recently elected as a 2010 honorary fellow for the American Institute of Aeronautics and Astronautics alongside former Secretary of the Air Force Dr. Sheila Widnall.

Cadet candidates earn diplomas

By Ann Patton
Academy Spirit staff

The Preparatory School Class of 2010, 199 strong, said goodbye to 10 months of academic, military and physical training during commencement exercises in Arnold Hall Tuesday.

"It feels amazing," Cadet Candidate Michelle Ivey from Stone Mountain, Ga., said of her graduation "It has been a long ten months. But I met a lot of good people, and it was a good experience."

About 190 of the former Preppies will join other Basic Cadets on the Hill when Basic Cadet Training begins with in-processing June 24.

Before the graduates received diplomas and Academy appointments, the Prep School recognized top Cadet Candidate performers in academics, athletics, military training and character.

Cadet Candidate Christopher Keranen received the honor of overall top graduate. Cadet Candidates Austin Halle, Anthony Pyle and Lisa Halbach earned honors for their academic, athletic and military achievements, respectively.

Col. Thomas Griffith Jr., the Class of 2010 Exemplar, addressed the graduates, faculty, family and friends as the keynote speaker for the event. A 1975 Prep School graduate and member of the Academy Class of 1979, he is now the director of the National Security Studies Program and professor of the Practice of International Affairs at The George Washington University. During his Air Force flying assignments, he amassed more than 2,000 hours in the F-4 and F-15E aircraft and flew in the initial air strikes of Desert Storm before being shot down by a surface-to-air missile. Colonel Griffith was captured two days later and imprisoned in Baghdad, where he suffered beatings and starvation until his release after the war.

"Adversity will affect you no matter what you do," he said, advising the class not to try and avoid it but learn to deal with it.

Even when he was in solitary confinement, Colonel Griffith said he felt the presence of teamwork he had learned to rely on in the Air Force.

"You are not going to do it alone," he said of the new experiences awaiting the members of the Academy's Class of 2014. "Rely on that team." He further advised the graduates to always do their best, even when it is difficult to measure.

After graduation, Cadet Candidate

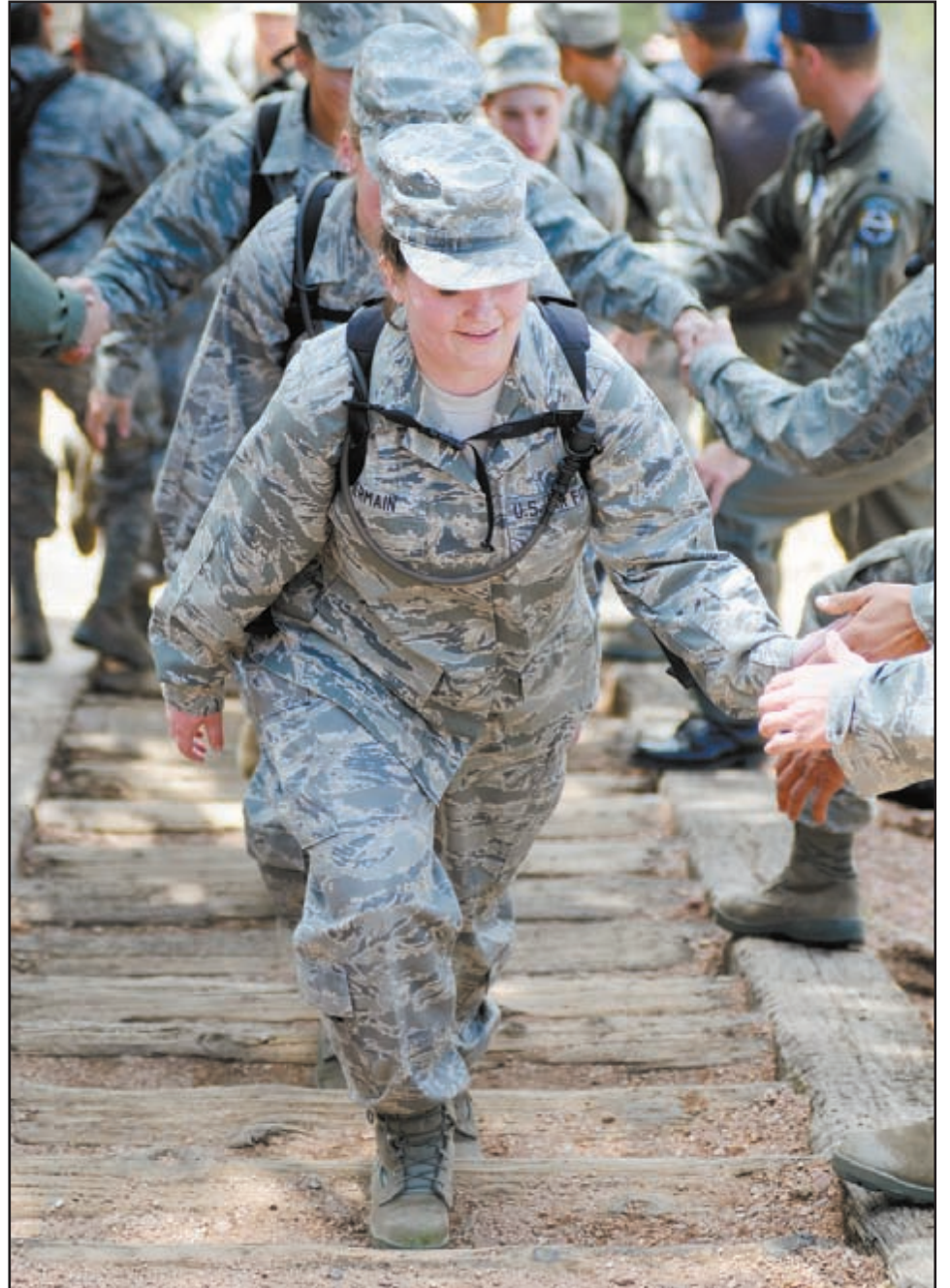


Photo by J. Rachel Spencer

Cadet Candidate Julianne Germain ascends the "Stairway to Heaven" during the final phase of Academy Preparatory School training Saturday. Nearly 200 cadet candidates graduated from the Prep School in a ceremony Tuesday, and nearly 190 received appointments to the Air Force Academy Class of 2014.

Jesse Prine, an Army brat from Fort Irwin, Calif., plans to spend time with family and relax before Basic Cadet Training. He has his eye on a career as a pilot and appreciates the jumpstart the Prep School gave him, even though it required an extra year of school.

Cadet Candidate Ivey agreed the extra year helped her.

"(My first year) would have been a lot harder," she said. "It was very well worth it."

Cadet Candidate Roed Majia served as an enlisted Airman before entering the Prep School.

"I think everyone should go the Prep School first," he said. His training as an Airman and at the Prep School helps, "especially with the military side of the

house." He was selected as a flight commander shortly after arriving at the Prep School, a position that gave him leadership experience.

"I asked 'Why me?' But I took it as a compliment," he said.

Retiring Prep School Commander Col. Todd Zachary said this year's class has proved itself outstanding, calling it spirited and a tightly knit group. Colonel Zachary retired Wednesday and said he is exploring an additional career in higher education.

"It's fun to see cadet candidates grow and mature," he said. "They come in here with wide eyes and not knowing anything. Over the 10 months it's neat to see them make their dream possible. I will really, really miss them."

WEEKEND WEATHER

FRIDAY
75 44
MOSTLY SUNNY/BREEZY

SATURDAY
79 43
MOSTLY SUNNY/BREEZY

SUNDAY
74 44
MOSTLY SUNNY

Ceremony honors '06 grad

A memorial ceremony held in Kabul Thursday honors 1st Lt. Roslyn Schulte.

Page 3

Lives hinge on seatbelts

A member of the Academy's Department of Personnel recalls a tragic — and preventable — tale.

Page 8

Preppies roll out for exercise

Cadet candidates undergo their final training exercise in Jacks Valley May 12 through Saturday.

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Use common sense with social media

By Master Sgt. Keith Houin
U.S. Air Forces in Europe Public Affairs

RAMSTEIN AIR BASE, Germany (AFNS) — Social networking sites are open to Air Force servicemembers and employees in the workplace. This change to policy has raised many questions about using social media officially and personally in the workplace.

When you get right down to it, however, little has changed. The rules established for Internet use at work are no different than before Air Force officials opened access to social media sites.

The guidance provided in a recently updated Air Force Guidance Memorandum, "Responsible and Effective Use of Internet Based Capabilities," is just as true for visiting commercial websites for personal use on government computers as for using Internet-based services to access social media on those same computers.

What you can or can't say really hasn't changed, either. Guidance found in the 35-series Air Force instructions still offers the primary guidance for public release of information and covers official Web content management policy.

Though little has changed in the rules, the tools have come a long way

from the early days of government commercial Internet use. In the earliest days of the Internet, forums and bulletin boards were popular ways of sharing information, but they took time to connect, download and upload. Use was limited to people who understood computers.

Today's social networking arguably has become the fastest way to disseminate and share a variety of information. The exchange of information is nearly instantaneous. Its accessibility and speed allows us to fire and forget without much thought as to what we say or do.

From a personal standpoint, you may say something that upsets someone or post personal information you may not have really wanted to share. From a professional and official standpoint, this can cause problems for people far removed from the initial post.

Some commonsense tips can help keep you out of trouble in the social networking world and at the same time help tell the Air Force story while communicating with family and friends.

Most importantly, think about what you say before you say it. Your words live forever on the Internet.

Everything that applies to other forms of communication applies to the

Internet social networking atmosphere as well. Simply think of all the annual briefings you get about operations security, political activity, privacy act and other topics. Ask, "Is this allowed in other forms of communication?" If you aren't sure, it's a good bet you should get additional guidance before posting to a social networking site.

We're proud of our profession and want everyone to know that we're part of the Air Force, but putting your rank and your name in your profile on a social networking site has some unintended implications.

A Facebook page with the user name "Chief Master Sgt. J. Suchnsuch" is likely to be viewed as an official site. The same page with the username of "J. Suchnsuch," and profile information that includes rank and position is much less likely to be viewed by the public as official.

Using social networking sites wisely comes down to common sense, responsibility and accountability. Before you post anything to social networking sites ask these simple questions: First, am I violating any rules? Second, is this a responsible comment to make? Finally, am I willing to be accountable for the comment? If you answered, "no," "yes" and "yes," then you are probably on the right track.

ACADEMY SPIRIT

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The *Academy Spirit* also accepts story submissions by fax at 333-4094 or by e-mail: pa.newspaper@usafa.af.mil.



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Character Corner Something on your face

By Chaplain (Capt.) Rives Duncan
Center for Character and Leadership Development

A friend of mine told me that one evening, near the end of her work shift, she went to the bathroom to wash her hands. She was smiling when she looked in the mirror and noticed that there was a piece of lettuce stuck to one of her front teeth. Because she had eaten early in her shift, she realized that for several hours, her fellow nurses had known about it but

had not told her.

She was furious and felt betrayed that nobody had had the courage to notice something that was in her blind spot that she could have taken care of. Since that time, I have made it a practice to let people know if there was something they couldn't see, including a "Kick Me" sign on someone's back.

We all have blind spots, and usually they are things that other people notice. Maybe it is so obvious to them that they assume you know and are okay with

having a piece of schmutz on your cheek, a stain on your blouse, breaking a rule or drinking spiked punch. However, wouldn't it be much better if you at least asked and gave the person the opportunity to make an informed decision?

More often than not, the person will be grateful for new information. Sometimes, someone who is about to make a bad decision will rethink it. Your decision will be whether or not to give that person benefit of the doubt.

Tune into KAFA, 97.7 FM for *Character Matters*, Wednesdays at 8 a.m. and 8 p.m. Also on iTunes or www.usafa.org.



Do you think people on the Academy are safe drivers

"Yes. I really don't see accidents, and people flash their lights if there's a problem."

Army Spc.
Jesus Victoria
10th Cavalry, 2nd
Brigade, Fort Carson



"No. Students pass me going 10 miles an hour or more over the speed limit."

Joe Velez
AAFES staff
member and
retired Soldier



"I think for the most part they are, but people tend to speed on long stretches of road."

Master Sgt.
Katherine
Steinhauser
10th Medical Group



"Not going out the gate. They go over the pop-up barriers going more than the 25 mph speed limit."

Senior Airman
Kristin Chaney
10th Medical Group



Ceremony honors fallen '06 graduate

By Staff Sgt. Rachel Martinez
NATO Training Mission-Afghanistan

KABUL, Afghanistan — At exactly 8:09 a.m. May 20, silence fell over a crowd of people gathered together as they remembered two fallen comrades lost one year ago today.

In memorial services, buildings at Camp Eggers and Sia Sang in Kabul were dedicated to 1st Lt. Roslyn Schulte, a 2006 Air Force Academy graduate, and Shawn Pine, who lost their lives while serving in Afghanistan. On May 20, 2009, Lieutenant Schulte and Mr. Pine were traveling to an intelligence-sharing conference at Bagram Air Field when their vehicle hit an improvised explosive device, killing both of them.

“We gather one year later to remember Shawn Pine and Roz Schulte — Americans whose lives stand in the tradition of many patriots who have gone before,” said Army Brig. Gen. Anne MacDonald, assisting commanding general of police development. “We remember them for the example they set in the way they lived their lives. We gather to recount their bravery, to acknowledge their heroism and to accept their sacrifice. By their sacrifice, we the living are called upon to live up to the values they held. We are called upon to laugh and smile as they once did, to respect and to watch over each other, to cherish and defend freedom for ourselves and the Afghan people.”

Lieutenant Schulte is a native of St. Louis and is the first female Academy graduate killed in action. In 2006, she was commissioned as an intelligence officer and assigned to Pacific Air Forces' Directorate of Intelligence at Hickam Air Force Base, Hawaii. She volunteered to deploy to Afghanistan in February 2009 and was assigned to the Combined Security Transition Command — Afghanistan CJ2 directorate. Here, she served as a trainer and mentor to the Afghan National Army.

“Some parents would be appalled at the behavior of their children away from home, but Mr. and Mrs. Schulte should be so proud — the character of the daughter they raised came right over here to Afghanistan,” said Vernon Easley, who worked with Lieutenant Schulte in the CJ2 directorate. “Roz treated everyone with respect and dignity. She carried herself in every way with confidence, courage and conviction. She was all about the mission — training the Afghans with enduring skills and concepts,



Photo by Air Force Staff Sgt. Rachel Martinez

In ceremonies at Camp Eggers and Sia Sang in Kabul Thursday, buildings were dedicated to Air Force 1st Lt. Roslyn Schulte and Shawn Pine, two NATO Training Mission-Afghanistan members who were killed by an IED one year ago.

and building their capacity to help themselves.”

Mr. Pine was a retired lieutenant colonel in the Army Reserve. He served several active duty tours in the former Soviet Central Asian Republics as a counterintelligence advisor. In 2008, he accepted a job with Military Professional Resources Incorporated Afghanistan as a counterintelligence mentor working in CJ2.

“I knew Shawn Pine as well as anybody who was with us on that day,” said Michael Ricky, a Joint Regional Coordination Center intelligence mentor with Military Professional Resources Inc. “He was a man of many aspects and many people — seemingly very complex, but in reality a very simple man. He had a candid, in-your-face honesty about him, and he had a way of bringing people together.”

On the one-year anniversary of their deaths, their fellow CJ2 members honored them with two small ceremonies at Camp Eggers and Sia Sang. On Camp Eggers, Larry's House was renamed to “Roz's House,” and a connex building was named “Shawn's Place.” Both build-

ings are occupied by CJ2.

After the ceremony at Camp Eggers, several members of CJ2 and the Afghan G2 held a similar ceremony at Sia Sang, the Afghan intelligence training complex, where two buildings were named “Pine's Place” and “Schulte's Place.”

“As we gather here to honor Shawn and Roz today, we also place pictures and plaques so that those who follow us in this mission will have a visible reminder of our friends, our teammates and comrades in arms,” Mr. Easley said. “As long as we have a mission here and these buildings stand, they'll pay testament to the two Americans who paid the ultimate sacrifice. When we finally depart, let us not forget them and let not the memories fade.”

“As long as we can, we honor them and cherish them in our hearts and minds,” Mr. Ricky added. “But the way to really honor their memory, both of them, is the way they would want us to — that is to soldier on. Look toward the future; don't just wait for something to happen or ask what happened — make it happen.”

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Visitors: prepare for graduation

By Academy Public Affairs

As we prepare to honor the Academy's Class of 2010 in next week's ceremony, please remember to arrive Wednesday prepared to get the most out of the day's festivities.

Falcon Stadium gates open at 8 a.m., and visitors are encouraged to arrive no later than 9 a.m. Stringent security measures are still in effect. Stadium security staff will check tickets, IDs and hand-carried items and will scan attendees with airport-style metal detectors.

Officials will not allow weapons, alcohol, coolers, large bags or any items that cannot be readily inspected inside the stadium. Strollers are not allowed. Child car seats are permitted only if there is a separate ticket for the infant who occupies the seat. No open containers will be allowed, including unsealed water bottles. Sealed water and soft drink bottles will be allowed into the stadium. Free water will also be available.

Once the ceremony begins, no one will be allowed to leave the stadium until after the end of the Thunderbirds' performance at approximately 1:30 p.m.

Family members visiting the Academy must remember to bring passes that were mailed out prior to graduation. They are required to enter the Academy and ride the shuttle buses into the cadet area during graduation week. Family members should contact their cadet if additional passes are needed.

Many areas of the Academy are restricted to DOD ID cardholders. Guests may enter the Academy through the North Gate and visit the Barry Goldwater Visitor Center, the Cadet Field House, the Cadet Chapel and Arnold Hall without a pass. Guests who wish to ride the shuttles or walk into the cadet area will be asked to show their escort badge and may escort other family members

or guests on the buses and into the cadet area. The Force Protection Condition may change at any time based on global events or events in the local area that may affect some of the scheduled events and require additional security precautions for the safety of all Academy guests.

Plan to arrive early for all graduation week events. Traffic, parking and security checks may result in delays to reaching your destination.

All parking for events in or near the Cadet Area is in the Field House, Reservoir and Parade Field Parking Lots (see map) accessible through the North Gate. Display your base access and parking pass prominently in your car when parked. Please make sure to park in designated parking spaces.

Shuttle services will operate from the field house parking areas through Tuesday. Shuttle buses should be used for all events within the cadet area. Shuttle service will not be available on graduation day as ceremony parking is at Falcon Stadium.

Disabled guests should bring or rent any walkers, wheelchairs, breathing support or other special-needs or medical equipment they require. Wheelchair guests are recommended to bring a portable or folding wheelchair for convenience in accessing transportation. They should also bring their state-issued 'handicapped' placard or other documentation in order to park in designated handicapped lots.

During graduation week, specially equipped handicapped shuttle vans will transport disabled guests from the handicapped parking area to locations throughout the cadet area.

Handicap parking for the graduation ceremony is available in Lots 1 and 5 at Falcon Stadium. Guests may show their state handicap placard in order to park in this lot. Golf carts will transport handicapped guests from

the parking area to Gates 3 or 4.

The Academy cadet area is located approximately 7,300 feet above sea level. At this altitude, it is possible to contract an illness known as acute mountain or high-altitude sickness. The common symptoms of this disorder include headache, malaise, nausea, vomiting and shortness of breath. Most cases of acute mountain sickness are mild but the altitude may exacerbate other existing medical conditions. High altitude sickness usually resolves within a few days once an individual has had a chance to adjust to the increased elevation. The best way to avoid illness is to allow time to acclimatize and hydrate. Do not over-exert yourself in the first days after arrival and make sure to drink sufficient fluids to avoid dehydration. Do not go sightseeing at higher elevations (e.g., up in the mountains) until after you have been in Colorado Springs for a few days. Consuming alcohol may worsen these symptoms, so please drink in moderation.

Due to our location on the Front Range of the Rockies, weather at the Academy can be highly unpredictable and change rapidly. Bring sunscreen and hats for good weather and raincoats or hats for bad weather, as umbrellas are not allowed in the stadium. In the event of severe weather or serious security requirements increase because of a high-threat situation, the ceremony may be delayed or moved to the alternate location, Clune Arena.

The Air Force Academy uses a "giant voice" system that will activate when a severe weather or lightning threatens the area. When lightning poses a threat, a notification to seek shelter will be broadcast over giant voice, warning guests to shelter immediately or limit exposure to the outdoors. Guests should remain in an indoor location until it has been determined that lightning is no longer a threat.

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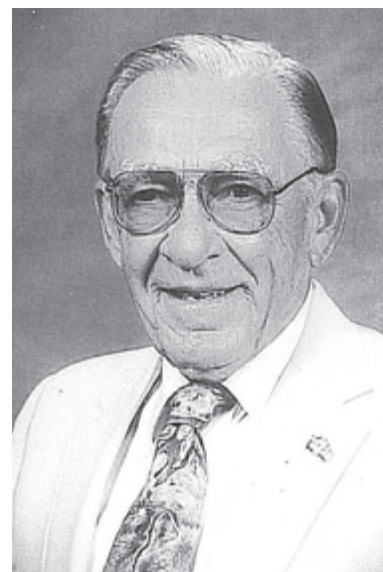
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Graduation 2010 schedule of events

Today

- Salaat UI Jumman**
12:30-1:30 p.m. Cadet Chapel
- Muslim Convocation**
5-6:30 p.m. Cadet Chapel (Muslim Prayer Room)
- Ring Dining-Out**
5:30-7:30 p.m. Mitchell Hall
- Jewish Sabbath Service**
7-8 p.m. Cadet Chapel (Jewish Chapel)
- Ring Dance**
8-11 p.m. Arnold Hall Ballroom

Saturday May 22

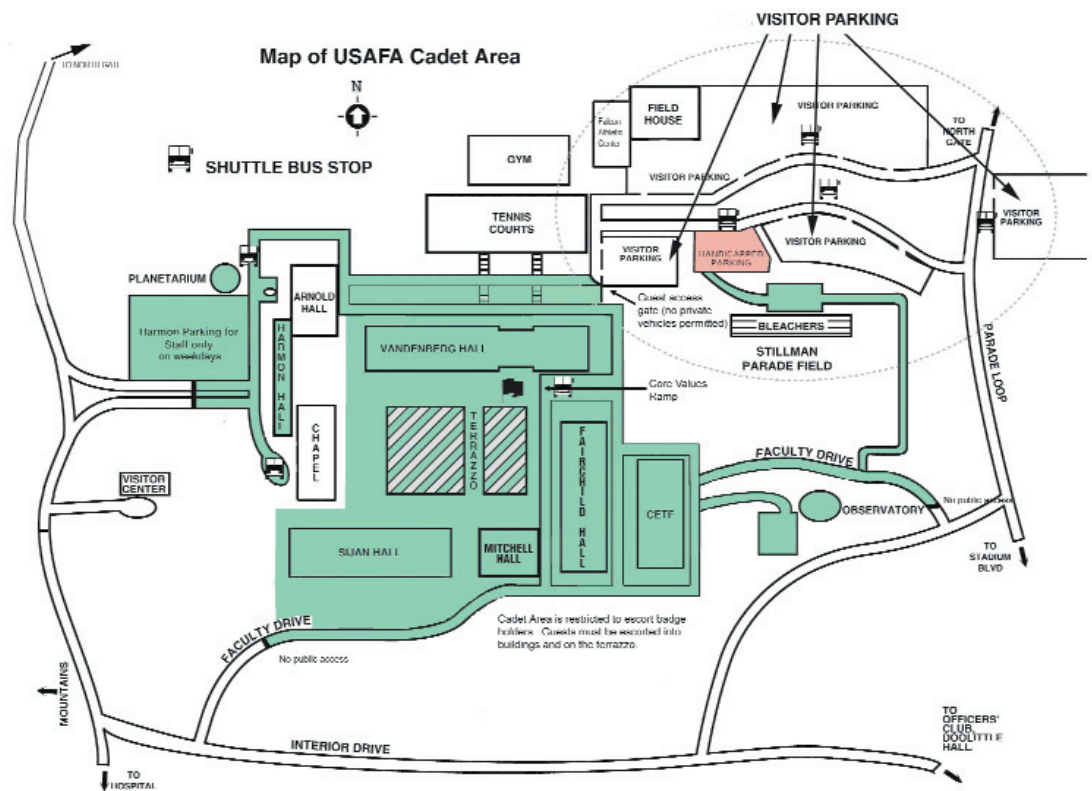
- Preparatory School Graduate Reception**
4:30-6 p.m. High Country Inn, Community Center
- Bluebirds Production - Beauty and the Beast**
7-9 p.m. Arnold Hall Theater

Sunday May 23

- Baccalaureate Services**
- 8 a.m. - 1 p.m. Cadet Chapel
- 8-9 a.m. Catholic Mass, Squadrons 28-40
- 9-10:15 a.m. Protestant Service, Squadrons 21-40
- 10-11 a.m. Catholic Mass, Squadrons 14-27
- 11 a.m.-Noon Jewish Service, Squadrons 1-40
- 11 a.m.-12:15 p.m. Protestant Service, Squadrons 1-20
- Noon-1 Catholic Mass, Squadrons 1-13
- Reception for the Class of 2010 and families**
1-5:15 p.m. Carlton House
- 1-2 p.m. 3rd Cadet Group (Squadrons 21-30)
- 2:05-3:05 p.m. 4th Cadet Group (Squadrons 31-40)
- 3:10-4:10 p.m. 1st Cadet Group (Squadrons 1-10)
- 4:15-5:15 p.m. 2nd Cadet Group (Squadrons 11-20)
- Cadet Orchestra Concert**
4:30-5:30 p.m. Arnold Hall Theater
- Bluebirds Production - Beauty and the Beast**
7-9 p.m. Arnold Hall Theater

Monday May 24

- Airmanship Demonstrations**
9:30-9:55 a.m. Stillman Field
- Organizational Parade and Wreath-Laying**
10:00-11 a.m. Stillman Field
- Individual Awards Ceremony**
1:30-3 p.m. Clune Arena



Individual Awards Reception

- (by invitation only)
- 3-4 p.m. Field House
- Cadet Chorale Concert**
5-6:30 p.m. Arnold Hall Theater
- Buddhist Baccalaureate Services**
5-6 p.m. Cadet Chapel
- Show Choir Musical Review**
7:30-9 p.m. Arnold Hall Theater

Tuesday May 25

- Graduation Tapping Ceremonies**
8-9 a.m. Arnold Hall Ballroom Balcony
- Graduation Parade**
10-11 a.m. Stillman Field
- Academy Scholars Ceremony**
2-3 p.m. Fairchild Hall, F-1
- Catholic Choir Concert**
3-4 p.m. Cadet Chapel
- Swearing-In (Commissioning) Ceremonies**
4:30-6:30 p.m. Various Locations

Graduation Reception

- 5-8 p.m. Mitchell Hall
- Graduation Ball**
8:30 p.m. - Midnight Arnold Hall Ballroom
- Swearing-In (Commissioning) Ceremonies**
7-9 p.m. Various Locations

Wednesday May 26

- Graduation Ceremony**
10 a.m. - 1:15 p.m. Falcon Stadium
- Stadium gates are scheduled to open at 8 a.m. Please note that once the ceremony begins at 10 a.m., guests will not be permitted to leave the stadium until after the Thunderbirds performance.*
- Thunderbirds Performance**
12:45 - 1:15 p.m. Skies above Falcon Stadium
- AFAF Luncheon**
1:30 - 3 p.m. The Carlton House
- Graduate Out-Processing**
1:30 p.m. Cadet Area



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Thunderbirds to practice for graduation

Academy Public Affairs

The U.S. Air Force Air Demonstration Squadron, the Thunderbirds, will practice their aerial show over the Colorado Springs area Monday and Tuesday in preparation for graduation Wednesday.

The Thunderbirds are scheduled to arrive at Peterson Air Force Base Sunday. Before landing, the team will conduct aerial surveys of the Air Force Academy.

The team will practice over Falcon Stadium Monday beginning at 8 a.m. as a rehearsal for the graduation day hat toss flyover. From 2 to 3 p.m., the team will practice their aerial performance over the Academy. If weather prohibits either the flyover or the practice, the Thunderbirds will push that event back to the same time Tuesday.

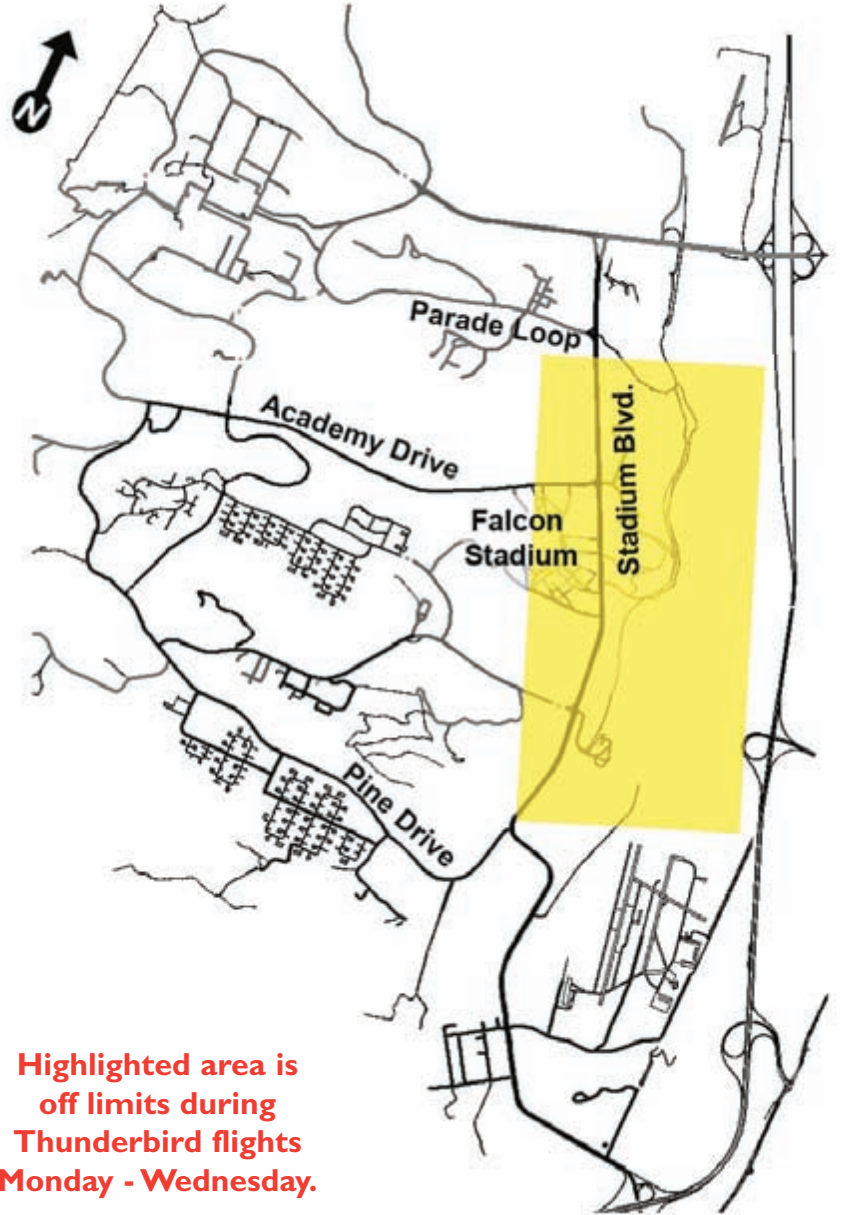
Directly following the Air Force Academy graduation Wednesday, the team will perform the hat toss flyover and an aerial performance from approxi-

mately 12:55 to 1:30 p.m.

Certain roads on base near Falcon Stadium will be closed for the duration of the practice Tuesday and the performance Wednesday for public safety. These closures are mandated by the Federal Aviation Administration to ensure the performance area is free of all personnel.

The general public is reminded not to stop along Interstate 25 to watch the performances. The public may view the performances from open areas on the Air Force Academy by presenting a valid driver's license to enter the base.

The Thunderbirds perform precision aerial maneuvers demonstrating the capabilities of Air Force high performance aircraft to people throughout the world. The squadron exhibits the professional qualities the Air Force develops in the people who fly, maintain and support these aircraft. For more information about the Thunderbirds, visit <http://thunderbirds.airforce.com>.



Highlighted area is off limits during Thunderbird flights Monday - Wednesday.

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Lives hinge on seatbelts, seconds

By Ann Patton
Academy Spirit staff

Seatbelts save lives. Mark Backlin knows that well.

On a July day in 2006, Mr. Backlin, a retired lieutenant colonel, his wife, Col. (Dr.) Judith Lombeida, and their teenage children, Laura and David, were making their way to Minnesota from Colorado Springs in the family's suburban to celebrate Mark's father's 80th birthday. It was a happy time, with expectations of a family celebration. The weather was clear and sunny, and few other vehicles were on Interstate 80.

Dr. Lombeida started the trip in the front passenger seat but decided to trade places with her son, riding in the middle seat, so she could stretch out and nap. Daughter Laura was asleep in the back seat.

Near Kearney, Neb., their suburban approached another vehicle hauling a trailer loaded down with furniture. With no warning, an armoire fell off the left side of the trailer onto the highway. Mark swerved onto the median to avoid hitting the armoire and again to avoid oncoming traffic on the opposite side of the road, sending the suburban into six rollovers.

"The sheer weight of the car turned it into a bomb," Mr. Backlin said.

The accident left him with a severe head injury and broken wrist. His son suffered only a broken finger. Both were wearing seatbelts.

Laura suffered two fractures each in both her neck and back. Dr. Lombeida was killed instantly as she was thrown through the back window. Neither mother nor daughter was wearing a seatbelt.

The driver hauling the furniture sped off.

But the real tragedy began after the accident when

he woke up a day later. David had found Dr. Lombeida's body in a ditch. Laura had gone to her father after seeing her mother, telling him, "Daddy, Daddy, you can't die because Mommy's already dead."

He also had to tell his 94-year-old father-in-law about Dr. Lombeida's death. After months of healing, he wrote a victim impact statement for local authorities.

The driver of the other vehicle, 49-year-old Scott Vanderbeek of O'Neill, Neb., remained silent when Mr. Backlin confronted him during a sentencing hearing in February 2007. A month earlier, Mr. Vanderbeek had pleaded no contest to misdemeanor motor vehicle homicide, according to the Kearney Hub newspaper.

"You lose so much in an accident like that," Mr. Backlin said. "The center core of what makes a family is gone."

Not only did the family lose a devoted and loving wife and mother, he said, but the Air Force also lost an "incredible" Air Force physician. Dr. Lombeida served as the Academy's chief neurologist from 1996 - 1999 and from 2003 until her death. She had 19 years and nine months in the Air Force.

"You weren't a number to her," he said of her approach to patient care.

The world also lost a highly respected and gracious ambassador. A native of Ecuador, Dr. Lombeida led medical missions for the poorest Ecuadorans in the Andes Mountains. For her work, the Ecuadoran military awarded her its Star of the Armed Forces Award, making her the only woman to date to receive it.

Mr. Backlin continues to ponder the factors involved with the accident and the torrent of life changes that followed. First, he said, his wife was not wearing a seatbelt. Second, the furniture was not secured properly in

the trailer. The third, what he called, "below the line" factor, is that she had been putting in 10- and 12-hour workdays, seven days a week, for the previous three months; she was more than likely worn out before the trip had started, and she badly needed rest.

"When you are burned out at work, you need to be even more vigilant," he said. "If you are totally exhausted, you need to rethink what you're doing."

Mr. Backlin recalled his wife, who was laid to rest in the Academy cemetery, as a "really cool person and a neat, neat lady" and "jokester" with a wry sense of humor and a "real playful side."

He is now an Academy manpower analyst. His daughter is a veterinarian technician in Denver, and his son is a junior at the University of Colorado with his eye on a career as a physician.

Shortly after his wife's passing, Mr. Backlin created the Judith Lombeida Medical Foundation, which sponsors medical teams to treat the very Ecuadoran population his wife herself once did. Over the last two and a half years, teams of medical professionals have treated more than 40,000 patients, according to the Foundation's website, www.jlmf.org. The Foundation sponsors an annual golf tournament at the Eisenhower Golf Course to help fund its medical mission trips. The next tournament is July 19.

He continues to advise others -- Airmen and civilians -- to wear seatbelts. He has retold the circumstances of the accident, including during Wingman Stand Down at the Academy May 10, to remind others that a small lapse in safety precautions can change or take lives instantly and forever.

"If it can happen to her, it can happen to anyone," he said.

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Faculty honors departing, new professors

By Capt. Susan Bettison
Department of Mathematical Sciences
Maj. Greg Bennett
Dean of Faculty Staff

Academy senior leadership honored the Academy's newest professors and bid farewell to 23 departing distinguished visiting faculty, visiting scholars and endowed chairs at a reception co-hosted by Dean of the Faculty Brig. Gen. Dana Born and the Academy Research and Development Institute at the dean's Heritage House May 5.

Dr. Craig Foster, Dr. Steven Samuels and Lt. Col. Thomas McGuire joined 65 other scholar-educators in the Dean of Faculty mission element.

"The evening celebrated tremendous accomplishments and fruitful collaborations," General Born said. "It was also bittersweet as we said goodbye to wonderful visitors who provided additional wisdom and experience to develop cadets and faculty alike. We genuinely thank this group for their tremendous positive impact."

The visiting faculty program was cited by the Higher Learning Commission in the Academy's 2009 accreditation as a critical part of its overall academic program. The HLC lauded the educational value derived from the reciprocal sharing of information

between the visiting and permanent faculty members.

Dr. Samuels has been a part of the Academy faculty for 17 years and is a professor with the Department of Behavioral Sciences and Leadership. He earned an undergraduate degree in psychology and philosophy from Brandeis University and a doctorate in psychology from Stanford University. Dr. Samuels' most recent work addresses privilege and inclusion. His article, "Incorporating the concept of privilege into policy and practice: Guidance for leaders who strive to create sustainable change," recently appeared as a chapter in the Air University Press publication, *Attitudes Aren't Free: Thinking Deeply About Diversity in the U.S. Armed Forces*. Dr. Samuels also does work in the leadership arena, most recently in *Military Psychology* with Dr. Foster and Lt. Col. Doug Lindsay, titled "Freefall, self-efficacy, and leading in dangerous contexts."

Dr. Foster has been at the Academy for 11 years and works in the Department of Behavioral Sciences and Leadership. He obtained his bachelor's degree from Washington University in St. Louis and his master's and doctorate degrees from the University of North Carolina. In previous research, he showed that individuals seek power to rectify perceived injustices, thus countering a commonly held assumption that power-seeking is a negative characteristic. He also

collaborated with Dr. Samuels on a paper examining how the Academy's freefall program contributes to cadets' leadership and self-confidence. He has also published two papers and an encyclopedia entry on research demonstrating that secret romantic relationships struggle more than open romantic relationships.

Colonel McGuire is currently the head of the Department of English and Fine Arts and has been stationed here twice for a total of 10 years. He earned his undergraduate degree from the University of San Francisco, a master's degree in history from Florida State University and a master's in English from California State University. He earned his doctorate from the University of Michigan.

"I've felt a real sense of accomplishment with all my military and academic promotions, but this one is especially sweet," Colonel McGuire said. "It's been tough at times balancing the two halves of the Airman-scholar equation. I'm grateful to my bosses and the Air Force Academy in general for helping me to carve out enough space in my career to do the scholarship I've done. Without my leadership's support of my grants and research and time away from military-specific duties, I wouldn't have been able to establish a significant publication and research record."

Visiting Faculty and Scholars for Academic Year 2009-2010


Visiting Faculty	Department	Home Institution
Dr. Ed Anderson	Engineering Mechanics	Texas Tech University
Dr. John Barkdull	Political Science	Texas Tech University
Dr. Julie Barnes	Mathematical Sciences	Western Carolina University
Dr. Randy Bower	Computer Science	Jacksonville University
Dr. Jim Carey	Philosophy	St. John's College
Dr. Dave Cole	Civil and Environmental Engineering	Cold Regions Research and Engineering Lab
Dr. Edel Cortez	Civil and Environmental Engineering	Cold Regions Research and Engineering Lab

Faculty Name	Department	Home Institution	Endowed Chairs	Department	For
Dr. Juanita Firestone	Behavioral Sciences and Leadership	University of Texas-San Antonio	Retired Brig. Gen. Al Klayton	Electrical and Computer Engineering	The Erdle Endowed Chair
Dr. Steve Fulton	Computer Science	National Security Agency	Dr. Elias Bensalem	Foreign Languages	The ARDI Chair in Arabic Studies
Dr. Richard Harris	Behavioral Sciences and Leadership	University of Texas-San Antonio	Jesse Carter	Philosophy	The William Lyon Chair,
Dr. Fred Kiley	English and Fine Arts	Academy Research and Development Institute	Professional Ethics	Physics	The Holland H. Coors Chair
Dr. Mike Lindsay	Chemistry	Air Force Research Laboratory Munitions Directorate	Dr. Joseph Liu	Political Science	The ARDI Professor of
Prof. Shelby Moore	Law	South Texas College of Law	Retired Gen. Jim McCarthy	Astronautics	The General Bernard A. Schriever Chair in Space Systems Engineering
Dr. Larry Stimpert	Management	Colorado College	National Security	Economics and Geosciences	The William A. Anders Chair in Economics of Defense Industrial Base
Mike Reinert	Political Science	U.S. Department of State College	Mr. Bill Saylor		
Dr. Brian Winkel	Mathematical Sciences	U.S. Military Academy	Wayne Sidebottom		


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Quilt remembers grads, others killed in action

Academy Public Affairs

A cloth tribute to two Air Force Academy graduates, the son of a former Academy instructor and other service-members lost in Iraq and Afghanistan, visits the Colorado Springs Fine Arts Center now through May 30.

The Fine Arts Center will display the Lost Heroes Art Quilt, a tribute to the men and women who have given their lives in service to our nation

The mixed-media fabric artwork was created by artist Julie Feingold. The quilt features 82 heroes who reflect the diversity of America – 50 of whom are in the central quilt representing each state in the U.S. and 32 around the border. A photograph and poignant words describing the person's unique personality, dreams, plans, interests and hopes appear around each hero's square on the quilt, permanently memorializing each life.

"The Fine Arts Center is deeply grateful for the opportunity to host this important work of art in connection with our conflict resolution program," said Sam Gappmayer, FAC CEO and president. "We join with many others in honoring the young men and women who have sacrificed so much in service to our country."

Five Soldiers represented have connections to the Pikes Peak Chapter of the American Gold Star Mothers, including Army Spc. Dane Balcon, son of retired Capt. Carla Sizer, a former Air Force Academy instructor. The quilt also includes two Academy graduates from the Class of 2001, Capts. Derek Argel and Jeremy Fresques. The captains were special tactics officers, killed in May 2005 when they were aboard an Iraqi air force aircraft that crashed in the Eastern Diyala province of Iraq. They are two of the 12 Academy graduates killed as a result of enemy action and combat operations since the terrorist attacks of Sept. 11, 2001. Additionally, five Fort Carson Soldiers are represented on the quilt.

The Lost Heroes Art Quilt was dedicated at the Weekend of Remembrance in Washington, D.C. last September and was on display on the west lawn of the U.S. Capitol during the Time of Remembrance ceremony. It spent its

inaugural week at the Arlington National Cemetery Visitors Center; other venues include The Women in the Army Museum, National Museum of the Marine Corps, the National Constitution Center in Philadelphia and the Rocky Mountain Quilt Museum in Golden, and arrives at the FAC directly from the Colorado state capitol.

The mission of the Lost Heroes Art Quilt is to: "Honor our fallen heroes, educate the public, remember their sacrifices, open hearts and minds, exhibit across America, and support the families."

Artist Julie Feingold of Boca Raton, Fla., worked with the American Gold Star Mothers organization to seek mothers who might volunteer to allow their son or daughter to be represented on the quilt, representing one hero for each state in the United States. The first mother to volunteer from each state was

included. Others were added on the border of the quilt to total the 82 soldiers represented.

Each square features a childhood photo of the hero. The parents wrote a story about their fallen child and the artist silk screened key words from the stories on either side of the square.

The heroes on the quilt come from all ranks and education levels, and from many different cultural backgrounds, but the one theme that comes through when you read their stories, is that they all shared a love of country and were dedicated in their service.

There are two Native Americans represented on the quilt, two females, three African Americans and several with Hispanic backgrounds.

"I believe that this work of art goes beyond individual interests. It represents a nation honoring men and women who

willingly made the ultimate sacrifice for the rest of us," said Paul Petty, father of Army Capt. Christopher Petty, who is represented on the quilt. "The quilt displays these heroes in images from their youth. Exuberant, full of life, they leap from the quilt and say to us, 'I was young and full of dreams but I found a calling greater than myself and was willing to serve regardless of the personal risk.'

"I viewed this quilt when it was displayed at Arlington National Cemetery, where my son Chris is buried," Mr. Petty said. "After taking in the quilt, I watched for a few minutes to see its impact on visitors. It was remarkable. At first there was curiosity, reading the explanation, then intense scrutiny of the images of young kids who are now gone, the lost heroes."

For more information on the Lost Heroes Art Quilt, visit www.lostheroesartquilt.org.



Photo by Bill Evans

Prep School welcomes new commander

Col. Bart Weiss accepts the Academy Preparatory School guidon from Academy Superintendent Lt. Gen. Mike Gould during a Prep School change of command at the Academy Wednesday. Colonel Weiss, previously the 22nd Air Refueling Wing vice commander at McConnell Air Force Base, Kan., succeeds Col. Todd Zachary, who retired May 19.

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Cadet candidates complete transition exercise

Academy Spirit Staff

Before graduation from the Academy Preparatory School, cadet candidates complete a four-day training event that serves as the pinnacle of their military training over the previous 10 months. Transition Exercise took place at the Prep School and in Jacks Valley May 12-15.

"It's the culmination of the Prep School year, and it's something they have to earn and complete together before they move on to the Academy and they are all split up," said 2nd Lt. Hunter Altman, military training officer for B Squadron.

TX is modeled after a number of experiences the preppies will have as cadets and in the active duty Air Force. The event began with a deployment processing line and included combat arms training, convoy escort, UH-60 Black Hawk helicopter rides, village sweep, tactical resupply operations, combat search and rescue, nuclear biological and chemical defense and more.

The training event was designed to accomplish



three main objectives, said Lt. Col. Bill Price, the training exercise commander and head football coach for the Prep School. It teaches cadet candidates something about what Airmen do in the operational Air Force; makes the Prep School experience a positive one for them and motivates them to continue on to the Academy.

"The preppies were pumped at the end of the exercise," Colonel Price said. "We ended the year on a very high note. I think that we accomplished all three objectives successfully and safely."

At the conclusion of all training activities, the cadet candidates made the trip up the "Stairway to Heaven," a lengthy flight of stairs west of the Community Center Chapel were greeted by Prep School staff and Academy leaders including Lt. Gen. Mike Gould, Academy superintendent, and Chief Master Sgt. John Salzman, the Academy's command chief.

After the victorious climb, preppies were ushered into the base theater where Prep School commander Col. Todd Zachary announced their appointments to the Academy. Admissions also presented packets containing information on their appointments and the transition into cadet life.

Altman, a 2005 Prep School graduate, said it's all about teamwork and that TX helps to prepare the preppies for Basic Cadet Training and freshman year at the Academy. "It motivates them to do well in the events and programs they will complete during their four years on the Hill."



Military training marks end of cadet candidates' year



Photos by Johnny Wilson

Clockwise from top center: A team of preppies goes on the offensive during village sweep exercises as part of the Prep School's Transition Exercise.

Cadet Candidate Elizabeth Hicks trains with her classmates in Jack's Valley.

A preppie duo carries their classmate during TX combat search and rescue events.

Cadet Candidate Abby McCaffrey finds cover in a defensive fighting position during TX events in Jack's Valley.

Demonstrating teamwork, two cadet candidates hold up barbed wire for their classmate to maneuver through during special operations breaching.

The Academy Preparatory School's Class of 2010 are:

- | | | | | | | | | | | | |
|-------------------|-------------------|---------------------|------------------|-----------------|---------------------|-------------------|--------------------|---------------------|-------------------------|--------------------|-----------------------|
| Feysade Adeoba | Stephen Bittner | Richard Cook | Melinda Duran | Adam Hachtel | Andrew Jackson | Janie Kovacs | Cherae Medina | Melanie Ortiz | Sierra Richardson | Heather Shepard | Bryan Townsend |
| Carter Adams | Lauren Bjerke | Jamil Cooks | Joshua Durbin | Andrew Hagadorn | Christopher Jackson | Joshua Kreimier | Roed Mejia | David Parker | Joseph Rippe | Garrett Shinkle | Dylan Turner |
| Jacqueline Ahloo | Stephen Blackwell | Darrell Cousin | Cory Engel | Lisa Halbach | John Jaquez | Harriet Lakind | Denny Merideth | Joseph Parris | Des Rodriguez | Yevgeniy Shmurak | Morgan Viar |
| William Ainsworth | Christopher Blake | Jarrold Cox | Jon Espinoza | Austin Halle | Myles Jerrett | Ashley Lara | Ethan Michael | Roland Pierce | Gabriel Rodriguez | Kaylon Smith | Denis Vorobyov |
| Andrew Alderman | Indigo Blakely | Michael Craig | Meaghan Evans | Taylor Hanley | Mark Jeter | Mathieu Lefebvre | Brent Michaels | Sergio Pinedo | Zerick Rollins | Peter Smith | Dominic Walton |
| Giovanni Allevato | Caitlin Boal | Anthony Daniels Jr. | Tanner Faulkner | Deion Hardy | Brett Johnson | Chase Lehocky | Acacia Miller | Enicia Porter | James Ruiz | Allante Staten | Blake Washington |
| Kyle Antoszewski | Clifflin Bostick | Jeremy Darnell | Emily Forbeck | Garrett Hedrick | Hereford Johnson | Jessica Lopez | Christopher Miller | Jesse Prine | Stormy Sagmoen | Alannah Staver | Randy Watson |
| Ikenna Ariguzo | Loyd Bradley | Tesia Davis | Brian Franshaw | Jerry Henry | Rashan Johnson | Timothy Lopez | Alexander Mitchell | Margaret Prokop | Jacqueline Salas | Emily Stelmaschuk | Cameron White |
| Courtney Bailey | Bryce Brady | Ashley Hernandez | Jeremy Franz | David Jones | David Jones | Nicholas Losoya | James Monk | Hache Stossmeister | Orlando Saldana Sanchez | Hache Stossmeister | Caitlin Williams |
| Jamil Bailey | Nathan Bratka | Elizabeth Hicks | Auriaunna Fry | Manquez Jones | Manquez Jones | Tyler Ludwig | Joseph Morales | Anthony Pyle | Michael Schmidt | Raymond Stroud | Deshawn Williams |
| Sagan Barber | Zen Calilung | Devin Hightower | Edward Galloway | Marquez Jones | Marquez Jones | Blake Mabry | Jacob Morin | Clinton Ramos | Annalyse Schmitt | William Suggs | Matthew Willis |
| Ashston Barbour | Brandon Cameron | Jazmind Hill | Ruslan Garr | Matthew Jones | Matthew Jones | Justin Martinez | Maurice Motley | Derek Randall | Eric Schreck | Lindsey Summerlin | David Wolfsmith |
| Trevor Barton | Briceton Cannada | Jason Hodges | Stevenson Gaston | Sarena Joseph | Sarena Joseph | Emmanuelle Massey | Bryanna Mueller | Derek Rath | Erik Schweiss | James Thomas | Anthony Wooding |
| Steffon Batts | Abigail Casey | Jarret Hoepfner | Drew Gauthier | Justin Kelley | Jarret Hoepfner | Abby McCaffrey | Christina Napper | Thomas Redfield | William Scott | Camille Thompson | Joshua Young |
| Keith Bentley | Ricardo Chavez | Daryl Hood | Julianne Germain | Trevor Keele | Daryl Hood | Garret McKinney | Steven Nelson | Chelsea Renfro | Jonathan Sebourn | Morgan Tilong | Ryan Young |
| Elliott Beski | Ashley Christ | Herbert Ice | Andre Green | Justin Kelley | Herbert Ice | Michelle McMillen | Jordan Ollis | Everette Richardson | Alexander Severson | Vianca Torres | Anastasia Zhuravlyova |
| | | Simon Duong | Evan Gros | Michelle Ivey | Christopher Keranen | Jarod McPherson | Krista Ortiz | Mark Richardson | Ryan Sheikh | | |

AFA Band celebrates Armed Forces Week

By Master Sgt. Steven M. Przyzcki
U.S. Air Force Academy Band

The Air Force Academy Band presented "Home of the Brave," a musical salute to the men and women of the armed forces, at the Pikes Peak Center for the Performing Arts in Colorado Springs May 11.

The annual concert is a feature of Armed Forces Week and pays tribute to troops and veterans.

Performing for a standing-room-only crowd, the band presented a diverse program that included narrated pieces and highlighted patriotism-inspired selections.

"This week, we celebrate the commitment of our armed forces as we honor the Pikes Peak area's twelve outstanding enlisted finalists. Our all-volunteer military is the best equipped, most technologically advanced and finest professional fighting force the world has ever known," said Lt. Gen. Mike Gould, Academy superintendent. "Whether Army, Navy, Marine Corps, Coast Guard or Air Force — enlisted, officer or cadet, active duty, Guard or Reserve — these heroes have dedicated themselves to protecting our liberty, and to defending the Constitution of the United States. They are America's best, and tonight we salute them."

One of the selections included was John Gibson's "American Anthem." Mr. Gibson wrote the piece in the aftermath of the tragedies of Sept. 11, 2001, and it illustrates how the "Star Spangled Banner" took on new meaning for the composer when he heard it the first time after that day. It included a heartfelt narration from Tech. Sgt. Alex Vieira.

Other selections were Julie Giroux's "Fort McHenry Suite" and Dudley Buck's "Festival Overture on the American National Air," both of which incorporate musical themes from the national anthem. Special musical guests — the Colorado Springs Chorale under the artistic direction of Don Jenkins — presented Aaron Copland's "Old American Songs," a musical portrait that celebrates the diverse cosmopolitan fabric of our American culture.

The evening also saluted the military forces of the United States' neighboring nation of Canada. Their dedication to North American Aerospace Defense Command's mission preserves the security of both nations, Colonel Lang said. The concert also honored the citizens of southern Colorado, whose support for servicemembers in the Pikes Peak Region is invaluable.

Longtime resident Tony Gadachy praised the band's performance.

"Everything was superb," Mr. Gadachy said. "We are so fortunate to have this band here in Colorado Springs. They remind us of the excellence that is found in the pride of our city — the United States Air Force Academy. They make me so proud to be an American."

The concert concluded with a performance of all the armed forces 'service's' songs and the playing of the national march, John Philip Sousa's "The Stars and Stripes Forever."

"We will always remember that a servicemember is never gone unless he or she is forgotten, for it is the memory of his or her service to our country that will remain in our hearts and minds forever," Colonel Lang said. "Our Star-Spangled Banner remains steadfast as it continues to wave over the land of the free and the home of the brave."



Photo by J. Rachel Spencer

Astronauts touch down at Academy

Col. Jim Dutton, Dorothy Metcalf-Lindenberger and Navy Capt. Alan Poindexter visit the Air Force Academy airfield and check out 306th Flying Training Group aircraft during a "NASA Victory Tour" visit to the Academy Tuesday. The three astronauts, part of the crew for the Space Shuttle Atlantis' STS-131 mission to the International Space Station in April, came to talk to cadets about their experiences with NASA. Colonel Dutton is a 1991 Academy graduate.

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Faculty tackles 1st fitness challenge

By Staff Sgt. Don Branum
Academy Public Affairs

Faculty members here tested their physical and intellectual fitness during the inaugural Dean's Fitness Challenge at the athletic fields and inside Clune Arena Tuesday.

The Department of Computer Science dominated one aspect of the competition — participation — to win the trophy with the most overall points.

Tuesday's event was the brainchild of Col. David

Gibson, permanent professor and head of the Computer Science Department. It is also the first event of its kind since the Eagle Peak Challenge was cancelled in 2007, said Capt. Corban Bryant, a computer science and operations research instructor with the Computer Science Department and the lead project officer for the fitness challenge.

"It went pretty well," Captain Bryant said. "We had about 12 volleyball teams show up and more than 50 people showed up for the 5k, so there's been great participation. I'm impressed with the number of people who came out and participated ... this was pretty fun."

The Junior Faculty Council organized the event, Captain Bryant said. Other coordinators were Capt. Kristen Loyd from the Department of English and Fine Arts, Capt. Jessica Kashka from the Department of Chemistry, Capt. Aaron Drenth from the Department of Engineering Mechanics and Maj. Alex Ackerman from Computer Science. Event coordinators included Capt. Melanie Presuto from the Department of Biology, Maj. Alan Atwell from the Department of Management, Capt. Charlene Eber from the Department of Astronautics, Capt. Jeremiah Betz from Chemistry, 1st Lt. Melanie Frost from Management and 1st Lt. James Maher from Computer Science.

The organizers weren't confident about the weather — some forecasts Tuesday called for hail — so they brought many of the events inside Clune Arena, Captain Bryant said. Wet weather

the night before left a layer of moisture on the athletic fields for the morning's ultimate Frisbee tournament.

In addition to volleyball, dodgeball and basketball tournaments and 5k runs, competitors also underwent modified physical fitness tests, wherein run times below the minimum and push-up and sit-up counts beyond the maximum counted for extra points.

The challenge even included a written test: a "Core Course Challenge" wherein competitors tried to answer questions on subjects such as physics, English and military history. More than one participant, worn out from the morning's physical showdowns, opted for the "Christmas tree" test-taking strategy.

Dean of the Faculty Brig. Gen. Dana Born could not attend the fitness challenge in the morning because it coincided with graduation ceremonies for the Academy Preparatory School. However, she appeared near the end of the challenge to help present trophies and provide closing remarks. The dean complimented Captain Bryant on orchestrating the event.

"It's one thing to take a program and build upon excellence, but it's another thing to get creative and have it executed with excellence the very first time around," General Born said. "There's so much going on behind the scenes, and I'll tell you, Corban stepped up to the plate."

What made the fitness challenge successful was the variety of sports included, the general said.

"We've had some fun-filled events in the past to try and blow off a little steam after an amazing year," she said. "We've had golf tournaments, and we've had runs to the top of Eagle Peak. This year, we decided to create something ... to get not just our golfers involved or the

people who like to reach heights quickly, but to have an opportunity for a wider variety of the faculty to have some fun."

General Born said she liked what she saw on "the fields of friendly strife."

"There were a lot of personalities that emerged," she said with a smile. "We had an opportunity to really see the talents that you all have — in addition to the talents that we already see day in and day out. So thank you to everyone who pulled this together."



Photo by Rachel Boettcher

Capt. Corban Bryant with the Department of Computer Science volleyball team spikes a ball past the defenses of the Department of Foreign Language team's Julien Jones and Col. Daniel Uribe during the Dean's Fitness Challenge volleyball tournament at the Air Force Academy Tuesday. The Foreign Language Department's "Los Meros Meros" team won the tournament.

Dean's Fitness Challenge Results

Male 5K

Lt. Col. Christopher Nelson, DFMS, 18:00

Female 5K

Lt. Col. Kristy Holiday, DFMS, 23:46

Male PFT

Dr. David Larivee, DFEG, 116 pts

Female

Maj. Evelyn Schumer, DFP, 101.6 pts

Basketball

1. DFF-San Amigos

Ultimate

1. DFMS

Volleyball

1. DFF-Los Meros Meros

Dodgeball

1. DFM

Tug-O-War

1. DFM-Tug-O-Lug

Core Course Challenge

1. DFP

Overall Final Scores

1. DFCS - 51 (DFFC Champions)

2. DFM - 47

3. DFP - 35

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Games' closing marks new beginning

By Army Sgt. 1st Class Michael Carden
American Forces Press Service

The 2010 Warrior Games may have ended May 14, but for the wounded warriors who competed here this week, their work is just beginning, officials hope.

"You've just completed a rigorous test of your physical and mental skills, your strength and endurance," Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, told the athletes in a video message aired during the closing ceremony. "But now is no time to rest. I'd like you to take what you've done here, what you've learned here and continue to serve as role models for others striving to find the independence they need."

The competition formally ended in the evening at the Air Force Academy in a ceremony honoring the nearly 200 wounded warriors and disabled veterans who represented their services in the inaugural Warrior Games.

The troops competed in a week-long series of

Paralympic-type events at the U.S. Olympic Training Center and at the Academy. They were challenged as individuals and in teams in shooting, swimming, archery, sitting volleyball, cycling, wheelchair basketball and track and field events.

Each athlete was selected by his or her service to compete because of the progress he or she made using adaptive sports as a method of rehabilitation. Their willingness to participate in the games and ability to overcome adversity can inspire others to do the same, Admiral Mullen said.

"You've demonstrated how physical fitness can help heal the mind, body and soul," the admiral added. "That's a message worth sharing, and yours is a story worth telling."

Admiral Mullen lauded the troops for their accomplishments, but reminded them that other wounded warriors need their help.

That means helping wounded troops understand how to properly heal themselves and find closure in their injuries, Gen. Victor E. Renuart Jr., commander of U.S. Northern Command and North American Aerospace Defense Command, told the troops. Overcoming adversity is more than simply healing physical wounds; it involves accepting new challenges and taking risks, pushing the limits of your disabilities.

"Healing is an interesting situation that a person goes through," he said. "Certainly, healing is about recovering from an injury or recovering from an illness, but healing is also about finding how much you can push yourself."

"There was a lot of healing going on this week, and a little bit of fun, too," he added.

General Renuart presented the Chairman's Cup to the Marine Corps team on behalf of Admiral Mullen. The honor is bestowed on the team with the most points at

Photo by Bill Evans

Marine and Army athletes push themselves during a Warrior Games track and field event at the Academy May 14. The Marines won the Chairman's Cup with the highest weighted score, which factored in both the number of medals each service branch won and the number of athletes competing.



Photo by Rachel Boettcher

Mike Bell of the Coast Guard and Senior Master Sgt. Michael Sanders of the Air Force lead the pack during the Warrior Games' recumbent bicycle 10k May 13 at the Air Force Academy. Sanders smoked the competition, finishing in 24:03 to win gold. The Marines' Angel Gomes took silver with 30:07, and Bell earned the bronze with a time of 30:08.

Hall of Fame

The coordinator and emeritus sports information director for the Air Force Academy Hall of Fame is one of seven sports communications professionals who will be inducted into the College Sports Information Directors of America Hall of Fame at the organization's national convention in San Francisco July 4-7.

Dave Kellogg has served the sports

information profession at two universities: the University of Idaho from 1977 to 1985 and the Academy from 1985 to 2001.

Events for which Kellogg served as media coordinator include the 1998 O'ahu Bowl, the 1997 Las Vegas Bowl, the 1995 Tucson Copper Bowl, four Liberty Bowls from 1989-1992 and the 1985 Bluebonnet Bowl. He also worked as the director or press aid for numerous

NCAA regional basketball championships and conference championships.

Track and Field

Seniors Sara Neubauer and Katie Weber claimed Mountain West Conference titles in shot put and javelin throw, respectively, as the Air Force track and field team wrapped up competition at the 2010 MWC championships Saturday in Albuquerque.

The victories mark the first time in Air Force athletics history that two different members of the women's team have claimed conference titles.

Neubauer won the shot put by two inches with a throw of 51' 1½" on her final attempt. Weber threw a 149' 11" on her final attempt to seal her win, though four of her other five attempts also exceeded the second-place distance.

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May fun runs

The Health and Wellness Center will hold 5k fun runs at the Park Drive Pavilion each Friday in May starting at 11 a.m.

Refreshments will be provided. For more information, contact the HAWC at 333-3733.

Deployment networking

The 10th Force Support Squadron will sponsor a deployment networking event at the Falcon Trails Youth Center June 3 from 6 to 8 p.m.

The event will focus on Academy servicemembers currently tasked for deployment, those who have recently returned from deployment, their families and anyone who may have questions about future deployments or their spouses' current deployments.

Reservations are required. To RSVP,

contact Tech. Sgt. Lisa Taylor at 333-3444.

Community Center activities

Bonding thru Family Fun

The 10th Force Support Squadron is giving away \$175 per month in prizes for participating in Bonding Thru Family Fun. It only takes two people to be a family. Activities that count are workouts, playing games, hikes and going to ball games.

Those interested in participating can pick up a BFF Card at one of the Services Activities (Library, Base Exchange, Fitness Center, Bowling Center, Youth Center, Outdoor Recreation, Milazzo Club, and Cadet Outdoor Rec).

For more information contact Letitia Wiseman at 333-9133.

Body conditioning

Body conditioning class takes place Mondays and Wednesdays in the Community Center Ballroom from noon to 1 p.m.

Admission to the six-week class costs \$60 and entails full-body workouts using dumbbell weights, resistance bands and rings and other provided equipment.

The class helps participants improve their strength, posture, muscle tone and bone density and is appropriate to all fitness levels.

Dancing

Ballroom and line dancing classes are available in the Community Center Ballroom and are ongoing throughout the year.

The cost to attend the six-week classes is \$40 per person or \$70 per couple for ballroom dancing and \$35 per person for line dancing.

Ballroom dancing classes are taught Wednesdays at 5:30 p.m. for beginners, 6:45 p.m. for intermediate dancers and 8 p.m. for swing dancers. Line dancing classes are taught Mondays with classes at 5 and 6:15 p.m.

Prepare for the AFPT

The Fitness Center now offers Fitness Improvement Program classes throughout the week to help Airmen prepare for the revised Air Force Physical Training program.

The high-intensity classes will focus on cardiovascular endurance, core strength and push-ups.

Classes will be held Mondays and Fridays from 6 to 7 a.m. and Tuesdays and Thursdays from 3:30 to 4:30 p.m.

For more information, contact the Fitness Center at 333-4522.

School, sports physicals

The 10th Medical Group will offer multiple school and sports physical appointment times throughout the summer for family members enrolled through Tricare Prime at the Academy.

Parents may call the Tricare Appointment Line at 457-2273 to schedule a physical for their children and should bring the child's school, sports or camp physical form on the day of the appointment.

Wine tasting, auction

The Gleneagle Sertoma Club will hold its sixth-annual Charity Wine and Beer Tasting and Auction in the Falcon Stadium Press Box Saturday from 5 to 8 p.m.

Highlights include specialties from

local chefs, a professional auctioneer, a soft drink and ice cream bar and the Blue and Silver Room venue.

Admission is \$40. For more information or to purchase a ticket, call 488-1044 or 471-1088.

A&FRC Offerings

The Academy A&FRC will host the following classes in May. Contact the A&FRC at 333-3444 or 333-3445 with questions or to sign up for a class. Class dates and times are subject to change.

Group pre-separation counseling

Held Mondays (except during TAP week), 2 to 4 p.m.

Separating or retiring from the Air Force in a year or less? This mandatory briefing assists you in identifying benefits and services associated with your transition and beyond.

Medical Records Review

Today, 7:30 a.m. to 4:30 p.m.

Individuals within 180 days of retirement or separation can have the Disabled American Veterans review their medical records in preparation of filing for Veterans Administration disability compensation through the VA Form 21-526.

Key Spouse Training

Thursday, 5:30 to 7:30 p.m.

The Air Force Academy Key Spouse Program enables open communication among unit leaders and families.

Red Carpet Tour

Today, 8:15 a.m. to 2:30 p.m.

This informative, fun-filled base tour gives insight into the Academy mission and reveals most of the events and activities to see and do while stationed at the Academy. Stops include the stables, Cadet Chapel, Arnold Hall, Arts and Crafts Center, Outdoor Recreation and more.

Internet and Your Job Search

Tuesday, 9 to 11 a.m.

New technology means new social network sites that open many doors for broadcasting your résumé or planning your next career move, but the technology also requires prudence on the part of the individual. Come learn do's and don'ts, how to use the Internet to your advantage and more.



Rockies military appreciation

The Rockies are offering complimentary tickets to military members and veterans for a matchup against the Los Angeles Dodgers at Coors Field May 30 at 1:10 p.m.

Military family members can buy discounted tickets for \$12.

To order tickets, call Michaela Wilson at 303-312-2426 or e-mail wilsonm@coloradorockies.com.

Beginning May 24, tickets will only be available through the Coors Field ticket window.

DjangoJAM

Manitou Springs will hold a free Gypsy Jazz festival, DjangoJAM, at Soda Springs Park May 31 from noon to 4 p.m.

The event features three Colorado Gypsy Jazz bands: the Hot Club from Boulder and local acts Anonymity Guru and Mango fan Django.

Each band will play for about an hour, and a Gypsy Jazz jam session starting at 3 p.m. will conclude the event.



CADET CHAPEL

Call 719-333-2636 for more information.

Buddhist

Wednesday - 6:30 p.m.

Jewish

Friday - 7 p.m.

Muslim

Friday Prayer - 12:15 p.m.

Protestant

Liturgical Worship Sun. - 8 a.m.
Traditional Worship Sun. - 9:30 a.m.
Contemporary Worship Sun. - 11:30 a.m.

Roman Catholic

Mass
Sunday - 10 a.m.
Academic Year, when cadets are present
Mon, Tues, and Thurs - 6:40 a.m.
Wednesday - 6:30 p.m.

Sacrament of Penance

Sunday - 9:00-9:40 a.m.
Academic Year, when cadets are present
Wednesday - 5:30-6:15 p.m.

Exposition of the Blessed Sacrament

Academic Year, when cadets are present
Wednesday - 5:30-6:20 p.m.

Paganism/Earth-centered Spirituality

Academic Year, when cadets are present
Monday, 6:30 - 7:50 - Room 1M125
(1st Floor - Fairchild Annex -- Astronautics Museum)
Contact TSgt Longcrier at 719-333-6187

COMMUNITY CENTER CHAPEL

Catholic Masses:

Saturday

Reconciliation - 3:30 p.m.

Mass - 4 p.m.

Sunday

Mass - 9 a.m.

Religious Formation - 10:15 a.m.

(September - May)

Tuesday-Friday

Mass - 11:30 a.m.

Protestant Services:

Wednesday

Wednesday Night Live - 6 p.m.

Dinner followed by Religious Education
(September - May).

Sunday

Evangelical - 10:15 a.m.

Gospel - 11:30 a.m.

the Bluebards Production Company
Presents

Disney's Beauty and the Beast

Originally Produced by
Disney Theatrical Productions

Lyrics by
Howard Ashman & Tim Rice

Music by
Alan Menken

Book by
Linda Wolverton

Originally Directed by
Robert Jess Roth

Directed by:
MEAGAN KUCHAN

Music Directed by:
BLAKE LIDDLE



Tickets
at the
Door

May 20, 22 and 23, at 7 p.m.

Arnold Hall Theater, United States Air Force Academy
\$10 General Admission, • \$5 Military/Children • Cadets free



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