



# Unit 10: CERT Basic Training Unit 5 Review

CERT Basic Train-the-Trainer





# What Do You Think?



- **What is the purpose of *CERT Basic Training Unit 5*?**



PM 10-1



# The Purpose of Unit 5



- **What is the purpose of *CERT Basic Training Unit 5*?**
  - To show how to do search and rescue sizeup
  - To teach how to conduct interior and exterior searches
  - To teach how to rescue a victim: lifting, leveraging, cribbing, and victim removal



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# What Do You Think?



- **What are the learning objectives for this unit?**



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# What Do You Think?



- **What are the learning objectives for this unit?**
  1. To identify sizeup requirements for potential search and rescue situations
  2. To describe the most common techniques for searching, both interior and exterior
  3. To use safe techniques for debris removal and victim extrication
  4. To describe ways to protect rescuers during search and rescue



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# Key Topics



- Give brief overview of unit
- Apply sizeup concept to search and rescue
- Teach how to conduct both interior and exterior searches safely and systematically
- Teach safe and correct techniques for:
  - Lifting
  - Leveraging
  - Cribbing



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# Key Topics (contd.)



- Teach how to remove victims after triaging them:
  - Carries
    - One-person arm
    - Pack-strap
    - Two-person
    - Chair
    - Blanket
  - Drags
  - Log rolling



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# Hands-on Activities



- Gathering Facts
- Search and Rescue Sizeup
- Various Carries
- Removing Victims
- Demonstrations:
  - How to search a room
  - Leveraging and cribbing
  - Victim carries and log rolling



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# Tips for Teaching Unit



- Know participants' physical abilities
- Time management is issue for this unit
  - Be sure to follow recommended times for each section
  - Make sure there is enough time to demonstrate and practice lifts
- Option: Break into two sessions
  - #1: Through Conducting Search Operations
  - #2: Conducting Rescue Operations



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# More Tips



- Give heads up about risks associated with search and rescue without scaring
- When teaching sizeup, emphasize having a plan of action
- Marking structures
  - Know and use local jurisdiction's practice in marking structures
  - Illustrate marking technique on easel pad and discuss what goes in each quadrant of "X"



PM 10-5



# More Tips (contd.)



- Emphasize that CERT should not move the bodies of people who have died in building
  - Local law about who should move the person will prevail
  - Building may be crime scene where there should not be any tampering



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# More Tips (contd.)



- Slide 5-24 is animated
  - Requires three clicks for entire slide to appear
- Instructors must be able to describe and help participants understand when to attempt a rescue



PM 10-5



# Connection to Course



- It continues messages of:
  - Teamwork
  - The need for sizeup
  - Team safety
- It picks up on concept of triage from Units 3 and 4



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