

FCI GILMER COMMISSARY SHOPPING LIST

Inmate Name _____ Housing Unit _____ Register Number _____

A properly filled out commissary list with your commissary identification card **MUST** be presented at the window to be permitted to shop. No additions or substitutions are permitted at the window; prices are subject to change without prior notice. **ANY ITEM WITH AN * BESIDE IT IS FOR LOCAL USE ONLY AND CAN'T BE TRANSFERRED WITH YOU. ANY ITEM WITH AN # BESIDE IT INDICATES THAT THE ITEM IS KOSHER.**

COMMISSARY ROTATION JULY-SEPTEMBER, 2011	STAMPS (LIMIT \$8.80 COMBINED)		
Monday 50 - 74	Debit Card*	Limit 3 \$7.15 each	Photo Tickets Limit 10 each
Tuesday 25 - 49	.01 cent single stamp _____	.05 cent single stamp _____	.60 cent single stamp _____
Wednesday 00 - 24	.44 cent single stamp _____	\$1.00 Stamp _____	Forever book stamp \$8.80 _____
Thursday 75 - 99			

NEW ITEMS			
	Cheese Rice #	1.60	(Picante) Beef Ramen
	Taco Mix #	1.85	.25
	Chorizo W/Beans	1.95	NUTS/POPCORN (limit 5 each)
	Refried Beans #	1.75	___ Salted Peanuts #
	Fruit cups (limit 3 each) #	3.25	1.40
	Garlic Bulbs #	.55	___ Cashews #
	Lemon Juice #	.70	3.40
	Macaroni & Cheese	.80	___ Microwave Butter Popcorn (3pk.) #
	Bag Chili w/Beans	1.75	2.05
	Rolled Oats	1.75	___ Sunflower Seeds #
	Flour Tortilla	1.30	.60
	FOOD/OTHER (limit 3 each)		___ Mixed Nuts
	___ Vanilla Pudding cups (4 pk.)#	2.05	2.90
	___ Jalapeno Peppers #	1.85	___ Choc. Cover peanuts
	___ Squeeze Cheese (City Cow)	3.00	1.30
	___ Chili Garlic Hot Sauce #	1.70	HEALTH/OTC MEDS (limit 1 each)
	___ Sweet & Hot Sauce #	1.75	___ Saline Mist (nasal spray)
	___ Panola Hot Sauce #	.70	1.75
	___ Oatmeal #	2.55	___ Natural Fiber
	___ Honey Oat Cereal #	3.15	___ Triple Antibiotic Ointment
	___ Raisin Bran Cereal #	3.80	5.85
	___ Frosted Flakes #	3.80	___ Hydrocortisone Cream
	___ Instant Milk * #	1.65	1.80
	___ Soy Sauce #	1.50	___ Cough Drops, Lemon
	___ Goya Adobo #	1.15	.90
	___ Goya Sazon #	1.60	___ Cough Syrup
	___ Mozzarella Stick #	1.65	2.00
	___ Salt & Pepper set #	1.40	___ Acetaminophen
	___ Olive Oil*# (limit one)	2.70	2.10
	___ Mrs Dash Seasoning #	3.25	___ Ibuprofen Tablets
	___ Honey #	2.80	2.15
	___ Peanut Butter #	2.25	___ Aspirin Tablets
	___ Jelly Grape	2.20	1.15
	___ Barbeque Sauce #	1.85	___ Muscle Rub
	___ Squeeze Mayonnaise #	1.95	2.45
	___ Crushed Red Pepper #	1.20	___ Hemorrhoidal Cream
	___ Squeeze Salsa #	1.95	3.60
	___ Grated Cheese #	1.40	___ Milk Of Magnesia
	___ Spaghetti Sauce	1.90	2.20
	___ Mustard	1.15	___ Bandages
	___ Alfredo Cheese	1.95	.85
	FOOD/COOKIES&PASTRIES (limit 3 each)		___ Chest Rub
	___ Granola Bars # (limit 15)	.45	1.90
	___ Almond Windmill Cookies #	1.30	___ Tums
	___ Chocolate Creme Cookies #	1.30	2.20
	___ Vanilla Wafers #	1.70	___ Pepto Bismol
	___ Nutty Bars#	1.25	3.05
	___ Honey Buns (limit 10) #	.50	___ Allergy Tablets
	___ Swiss Roll#	1.70	1.50
	FOOD/MEATS/FISH (limit 15 each)		___ Antifungal (tolnaftate) Cream
	___ Light Tuna #	1.25	1.60
	___ Mackerel Pouch #	1.30	___ Clear Zit
	___ Sardines Pouch #	.65	1.65
	___ Salmon Flakes Pouch #	1.60	___ Antacid Plus Gas Relief Tablets
	___ Chicken Pouch #	2.20	6.95
	___ Turkey Sticks	.45	___ A & D Ointment 4 oz
	___ Summer Sausage	1.80	2.95
	___ Hot & Spicy Beef Sausage	1.80	___ Stool Softener
	___ Sliced Pepperoni	2.25	4.95
	___ Halal Beef Summer Sausage #	2.05	___ Ear Drops
	FOOD/SOUP (limit 24 each)		5.20
	___ California Vegetable (cup)	.55	___ Zantac, Generic Leader Brand
	___ Chili Ramen	.25	4.95
	___ Chicken Ramen	.25	___ Lamisil AT cream
			13.25
			___ Eucerin Lotion
			9.10
			___ Prilosec OTC
			14.60
			___ Eye Drops, Goodsense
			2.00
			___ Breathe Right Strips
			5.90
			___ Corn Pads
			2.25
			___ Loratidine Allergy
			1.65
			___ TUCKS wipes
			5.20
			SHAVING CREAM (limit 1 each)
			___ Pro - Tech Cream
			1.75
			___ Magic Pre After Shave
			3.15
			___ Magic Shave Mild
			4.05
			___ After Shave Musk *
			1.35
			___ Shave Powder
			2.45
			SKIN CARE/DEODORANT (limit 1 each)
			___ Heritage Roll On
			1.80
			___ Sure Deodorant
			2.55
			___ Degree Deodorant
			2.55
			___ Herbal Deodorant #
			3.99
			___ Foot Powder
			1.55
			___ Baby Powder
			1.80
			___ Ambie Skin Cream
			5.35
			___ Coco Butter Stick
			2.00
			___ Baby Oil *
			1.65
			___ Noxzema
			1.85
			___ Petroleum Jelly
			1.30
			___ St. Ives Body Wash
			3.95
			___ Suave Cocoa Butter Lotion*
			2.60
			___ Suave advance therapy
			2.60
			___ Antibacterial Liquid Soap
			1.30
			___ Herbal Lotion
			2.99


CARDS (limit 3 each)	
___ Birthday Card	1.05
___ Love You Card	1.05
___ Miss You Card	1.05
___ Other	1.05
DRINK SODA (limit 4/6 packs total)	
___ Coke *	2.45
___ Diet Coke *	2.45
___ Mt. Dew *	2.55
___ Diet Pepsi *	2.55
___ Bottled Water * #	.55
___ Dr. Pepper *	2.55
FOOD/CHIPS (Limit 5 each)	
___ Treat Party Mix (limit 10)	.95
___ Doritos (limit 10)	.90
___ Tortilla chips #	1.25
___ Barbeque	1.25
___ Dip Chips	1.25
___ Hot Cheese Nibbles	1.65
ELECTRONICS (limit 1 each)	
___ Calculator	16.75
___ KOSS Headphones (R-10)	34.95
___ SONY MDR J10 Ear buds	12.75
___ Digital Alarm Clock	10.80
___ SONY Radio	44.10
___ Master lock	5.95
___ Timex Ironman watch	36.50
FOOD/HARD CANDY (limit 3 bags each)	
___ Sugar free fruit candy #	1.45
___ Sugar free Assorted hard candy #	1.45
___ Jolly Ranchers	1.60
___ Root Beer Barrels	.80
___ Starlight Mints	.60
___ Rainbow Mix	.90
___ Tootsie Pops #	2.40
___ Fire Balls	.65
___ Red Twists	.85
COFFEE/CONDIMENTS (limit 3 each)	
___ Colombian Coffee #	3.50
___ Caffeine Free Coffee #	3.70
___ Folgers #	7.05
___ Non-Dairy Creamer #	1.30
___ Sugar Cubes (Box)# (limit one)	1.85
___ Sugar Twin II #	2.25
___ French Vanilla Creamer	3.25
DRINK/JUICE (limit 3 each)	
___ Sugar Free Pink Lemonade drink #	1.85
___ Sugar Free Kiwi Strawberry drink #	3.00
___ Hot Cocoa Mix #	2.05
___ Hot Tea Bags #	1.90
___ Herbal Tea #	3.00
___ Power aid (limit 6)	.95
FOOD/CRACKERS (limit 3 each)	
___ Snack Crackers #	2.00
___ No Salt Saltine Crackers #	2.05
___ Cinnamon Honey Graham Cracker #	2.15
___ Lance Variety Crackers (8 pk.)	2.70
FOOD/OTHER (limit 3 each)	
___ Brown Rice #	1.10
___ White Rice #	1.10
___ Goya Angel Hair pasta #	.65

SOAP/PACKS (limit 1 each)	
___ Irish Spring 3 pk	2.85
___ Safe Guard 4 pk	3.20
___ Palmolive Gold 3 pk	1.75
SOAP/SINGLES (limit 3 each)	
___ Neutrogena soap bar	3.60
___ Tone soap	1.00
___ Black seed soap #	3.25
___ Dove Sensitive	1.65
DENTAL (limit 1 each)	
___ Tooth brush Holder	.45
___ Toothbrush Medium	.90
___ Toothbrush Soft	.90
___ Dental Floss	1.65
___ Mouth Wash *	1.15
___ Anesthetic Oral Gel	1.50
___ Colgate Sensitive plus Whitening	4.30
___ AIM Toothpaste #	2.00
___ Colgate baking soda & peroxide	2.65
___ Denture Toothpaste	3.50
___ Poligrip Cream	4.75
___ Denture Brush	1.80
___ Denture Bath	1.95
___ Herbal Toothpaste #	1.99
HEALTH/ MISCELLANEOUS (limit 1 each)	
___ Gillette Mach 3 Refills	16.05
___ Gillette sensor refills	11.80
___ Pro - Tech Razor	5.00
___ Pro - Tech Refills	3.55
___ Bic Twin Blade Razors (10 pk)	2.10
___ Liquid Bump Stopper	3.70
___ Brush And Comb Set	1.95
___ Vent Brush	1.00
___ Club Brush	1.85
___ Afro Pick	.75
___ Black Rubber Bands	.75
___ Pony Tail Holder	1.00
___ Fingernail Clippers	.80
___ Toenail Clippers	1.10
___ Moustache scissors	6.65
___ Tweezers	1.10
___ Cotton Swabs	1.10
___ Chap It	.90
___ Blistex	1.90
___ Sun Block*	3.90
___ Soap Dish CLEAR PLASTIC	.70
___ Shick Blades	7.05
___ Shower Shoes (Mark size)	
___ M L XL 2XL	4.50
___ 3XL	5.20
HEALTH/HAIR (limit 1 each)	
___ VO5 Gel	4.05
___ Murry's	2.40
___ African Pride	6.25
___ Blue Magic #	1.85
___ Ocean Hair Gel *	1.30
___ Sulfur 8 Shampoo *	3.75
___ Sulfur 8 Conditioner *	5.15
___ Pink oil moisturizer *	5.10
___ Dandruff Shampoo, NEXT1*	3.50
___ Dandruff shampoo SUAVE	2.75
___ Suave Shampoo *	1.90
___ Suave Conditioner *	1.75
___ Pantene Shampoo *	5.45
___ Pantene Conditioner *	5.45
___ Nizoral Shampoo*	11.70
___ Dandrex Shampoo *	3.65
___ Sulfer 8 Braid Butter	3.50
___ Coal Tar Shampoo	7.15
SWEAT SHIRTS (limit 1)	
(CIRCLE SIZE)	
___ M L XL 2XL 3XL 4XL	15.50
___ 5XL 6XL	20.15
SWEAT PANTS (limit 1)	
(CIRCLE SIZE)	
___ M L XL 2XL 3XL 4XL	15.50
___ 5XL 6XL	20.15
TANK TOPS (limit 1 each)	

(CIRCLE SIZE)	
___ L XL	8.85
___ 2XL 3XL 6XL	13.80
THERMAL SHIRTS (limit 1)	
(CIRCLE SIZE)	
___ XL	8.60
___ 2XL 3XL 4XL 5XL 6XL	9.40
THERMAL PANTS (limit 1)	
(CIRCLE SIZE)	
___ XL	8.60
___ 2XL 3XL 4XL 5XL 6XL	9.40
SHORTS (limit 1)	
(CIRCLE SIZE)	
___ M L XL 2XL	7.80
___ 3XL 4XL 5XL 6XL	10.40
BOXER BRIEFS (limit 1)	
(CIRCLE SIZE)	
___ M L XL 2XL	7.25
___ 3XL 4XL	8.50
BOXER SHORTS (limit 1)	
(CIRCLE SIZE)	
___ L XL	10.55
___ 2XL	15.60
___ 3XL	13.20
T-SHIRTS (limit 1)	
(CIRCLE SIZE)	
___ L XL 2XL 3XL	5.60
___ 4XL 5XL 6XL	9.10
LONG SLEEVE T-SHIRTS (limit 1)	
(CIRCLE SIZE)	
___ M L XL 2XL 3XL 4XL	10.40
___ 5XL 6XL	13.00
CLOTHING/OTHER (limit 1 each)	
___ Socks, 1 pr (limit 5)	3.15
___ Head Bands (White)	1.30
___ Wrist Bands (White)	1.30
___ Grey Ball Cap *	5.20
___ Grey Gloves	7.30
___ Athletic Supporter Sizes; L XL	4.25
___ Neck gaitor	9.10
SUNDRY ITEMS (limit 1 each)	
___ Velcro watch band	2.10
___ G shock replacement band	6.90
___ Iron Man watch band	11.45
___ Watch band pins	2.60
___ Mouthpiece *	3.40
___ Toilet paper, Charmin *	4.00
___ Sewing Kits	1.75
___ Letter Envelopes	1.60
___ Address Books	.75
___ Typewriter Ribbons *	3.95
___ Correction Ribbon *	.97
___ Typewriter Paper *	1.30
___ Photo Album (Pioneer)	12.35
___ Photo Album Refill (Pioneer)	6.40
___ Clasps Envelops (legal) (4pk)	.95
___ Sunglasses	6.50
___ Clip On Sunglasses	5.20
___ Clear Shaving bag	5.50
___ Rain Poncho *	3.60
___ L E D Book Light	12.95
___ Book Light Bulbs	3.80
___ Mirrors	2.60
___ Palmolive dish soap*	1.35
___ 64oz Water Jug*	7.75
___ White Shoe laces	.85
___ Dictionary	3.15
___ Clear Binders*	2.85
___ Mesh Sports Bag	9.10
___ Mug w/ lid	1.95
___ Spoon	.40
___ Chess Sets *	12.25
___ Spanish/English dictionary	2.10
___ Ironman watch battery	2.60
___ Calculator / Clock battery	2.60
___ Do-Rags *	1.80
___ Bowl	4.55
___ Clothes Hangers	.30

___ Shoe Polish Black	2.35
___ Shoe Shine Brush	3.70
SUNDRY (limit 5 each)	
___ AAA Batteries	1.00
___ AA Batteries	1.00
___ C Batteries	2.15
(must present old batteries requiring C batteries) (LIMIT 1)	
___ Bic Pens BLUE 2 pk.	1.10
___ Bic Pens BLACK 2 pk.	1.10
___ Aviator Playing Cards	1.55
___ 8 1/2 X 14 Legal pads	1.50
___ 8 1/2 X 11 pads	1.15
___ Pinochle cards	1.70
RELIGIOUS ITEMS	
___ Prayer oil #1 (limit 2)	4.00
___ Prayer oil #2 (limit 2)	4.00
___ White Kufi (limit 1)	6.50
___ Black Kufi (limit 1)	6.50
___ Black Bandana (limit 1)	2.25
___ Red Bandana (limit 1)	1.65
___ Crowns (limit 1)	10.00
___ Yarmulke	5.99
CANDY BARS (limit 10 each)	
___ Mounds #	.75
___ Kit Kat#	.75
___ Snickers #	.75
___ Reese cups #	.75
___ M&M Peanuts #	.75
___ Butterfinger #	.75
___ Cereal Bar - apple	.30
HEALTH/VITAMINS (limit 1 each)	
___ Multi Plus Vitamin	1.90
___ B Complex	2.50
___ Vitamin E	2.55
___ Vitamin C	1.95
___ Calcium Plus D	2.05
READING GLASSES (limit 1)	
___ +1.00 ___ +1.75 ___ +2.25 ___ +3.00	4.50
___ +1.50	

- All prices are subject to change without notice. All sales are final upon leaving the window. No warranties applied. No refunds or exchanges on any electronic items. No-add-on will be permitted.
- Lists must be adjusted prior to turning them in, not during the sale.
- Sales list will be updated Quarterly. Larger sizes of clothing and shoes are subject to a higher price.
- ID cards are required to shop.
- You are authorized to shop only once a week on your assigned day, no exceptions.
- Debitek cards (copy cards) are purchased at your own risk, no refunds.


 Kuma J. Deboo, Warden
 Date: 6-22-11