

The DANG TRUTH

Safety is Painless: Mission First, Safety Always -- The Safe Way is the Delaware Way

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166th Airlift Wing, Delaware Air National Guard
New Castle Airport, New Castle, Delaware

See it, Say it, Fix it: Safety in re-focus; each Airman empowered, accountable

By Tech. Sgt. Benjamin Matwey
Wing Public Affairs

“Tomorrow will mark 365 days that we have worked without experiencing an on-base accident that resulted in a lost workday,” said Col. Jonathan Groff, 166th Airlift Wing commander, as he called all unit commanders, chief master sergeants and first sergeants together for a ‘safety re-focus’ on Saturday morning of the March 3-4 Unit Training Assembly.

“This milestone is not as profound or momentous as it sounds,” said Col. Groff, noting that the wing still experiences injuries, and faces a pattern of unsafe behaviors that need attention. “And that is why I am calling everyone together this morning,” he said, after the wing Safety NCOIC listed several safety mishaps that occurred over the last few months.

The wing commander held up an article titled ‘The Delaware Way,’ about the flying attitude and history of the Delaware Air Guard and published in the April 2007 issue of Air Force Flying Safety Magazine. Col. Groff quoted retired Col. J. P. Scott, who said in the cover story, “The more we practice, the luckier we get.” He emphasized the need to walk the walk about safety and to practice safety in earnest every day.

“We have an excellent safety culture,” Col. Groff said, but expressed his concern that not holding people who commit a safety infraction accountable will quickly undermine a healthy safety culture.

Using a back-to-basics theme, Col. Groff highlighted points he wants commanders and supervisors to take back to their units, shops and work centers to



U.S. Air Force photo/Tech. Sgt. Benjamin Matwey

Colonel Jonathan Groff speaks to commanders, chiefs and first sergeants during the March UTA about re-focusing the unit safety culture

discuss face-to-face. Everyone needs to remember the way we were trained to fly, fight and win by referencing our technical orders and AFIs, said Col. Groff.

He emphasized that we are a great unit with an outstanding safety culture and record, and that we need to keep our eye on the ball and not let complacency beat us. He went on to say everyone needed to set the example, referring to the posted risk management tools.

Col. Groff *foot stomped* to ensure each Airman understood that he or she is empowered to, “See it, Say it, and Fix it,” on the spot. And, if anyone, anywhere, feels something is not quite right, that a potential for a mishap exists, that person needs to call for a **TIME OUT**. “Aircrew members are empowered to call a time out at any time, and this gets the attention of the entire crew. There is no rank issue involved in a time out. The Airman with

the least number of stripes can call a time out, and I support it,” said Col. Groff.

Housekeeping was another point of his discussion.

“I emphasize good housekeeping – making workplaces clean, well-organized and presentable – and it is up to you to make it a priority,” Col. Groff said to the leaders, emphasizing his view that we need to make the facilities shine Monday through Friday for two purposes.

First, he said that each unit gains the internal benefits that accrue from having a shop that is neat and orderly, both on the surface for those items easily visible to the eye, and on the subsurface, for those items behind a door or inside a drawer. He said offices and shops function better when there is a place

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The DANG Truth

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April UTA events

April 13, Friday:

- **ASEV Inspection:** April 11-18, thru UTA
- **PT Testing:** 0730-0930, Wm. Penn H.S. (arrive at 0715; all participants testing must be in a military status approved by their unit)
- **Promotion ceremony:** 1000-1100, Maj. Anthony Giamello, Bldg. 2600, Loeffel Rm.

April 14, Saturday:

- **JRSOI Tabletop,** 0630, Army Aviation Facility
- **PT Testing:** 0730-0930, Wm. Penn H.S.
- **Protestant Services:** 0745-0800, Bldg. 2815, SAT Hangar
- **Catholic Mass:** 0830-0930, Bldg. 2815, SAT Hangar (Small Air Terminal)
- **Promotion Ceremony:** Senior Master Sgt. John Young, 1430-1500, Bldg. 2815, SAT Hangar
- **Promotion Ceremony:** 166 MDG, 1500-1600, Bldg. 2600, Loeffel Room

April 15, Sunday:

- **PT Testing:** 0730-0930, Wm. Penn H.S.
- **Change of Command ceremony:** 166 MDG, 1500-1600, Bldg. 2600, Loeffel Room

Coming events

Apr. 28: DNG All-Ranks Military Ball, Dover Downs
May 3-4: Alpena Site Survey (prior to Aug. ORE)

May 4: IRR Muster (Individual Ready Reserve), 0730-1300, Bldg. 2600, New Castle ANG Base

May 16: Kiwanis Armed Forces Day Luncheon (reservations due May 9), The Hotel Dupont, 11th & Market Streets, Wilm., 1200-1330, Wed.

June 4-10: MDG Joint Response, NCCA and BBTS
June 13: Unity Day, Delaware National Guard, 1130-1300, Smyrna Readiness Center

Aug. 3-10: Operational Readiness Exercise, 166th Airlift Wing, Alpena CRTC, Mich.

UTA schedule 2012:

14-15 Apr 2012	14-15 Jul 2012
05-06 May 2012	04-05 Aug 2012
02-03 Jun 2012	15-16 Sep 2012

Medical field job openings

We are hiring for officers in these fields:

- **Flight Nurse** (142nd Aeromedical Evacuation Squadron)
- **Emergency Services Physicians** (166th Medical Group)
- **GMO Flight Surgeon** (142nd Airlift Squadron)
- **Internist** (166th MG)
- **Operating Room Nurse** (166th MG)
- **Orthopedic Surgeon** (166th MG)
- **Physician Assistant** (166th MG)
- **Surgeon** (166th MG)
- **Aerospace Medical Specialist** (166th MG)
- **Anesthesiologist** (166th MG)

Officer postings: http://www.delaware-nationalguard.com/join/air/air_officer/

Enlisted jobs

First Sergeant, AFSC 8F000

Closeout Date: 16 April 2012

Authorized Grade: Master Sgt. (E-7)

Unit: 166th Logistics Readiness Squadron

The Del. ANG is hiring for over two dozen enlisted job specialties. Read details at this link: http://www.delawarenationalguard.com/join/air/air_enlisted/

Future PT Testing Days

(schedule testing thru Unit Fitness Monitor; meet at Wm. Penn H.S. track at 0715, test 0730-0930, wear official AF PT uniform)

April 23 (Monday)

May 4-6 (Fri-Sat-Sun of UTA)

May 24 (Thursday)

June 1-3 (Fr-Sat-Sun of UTA)

June 27 (Wednesday)

Note: Per Master Sgt. Monica Peterson, 166 FSS, Wing Fitness POC, the test dates appear on the DATE and in the OPORD each month..

DE ANG Recruiting:

1-800-742-6713, 1-866-NOW-DANG,
or Local (302) 323-3444

DE ANG Retention:

(302) 323-3413

Web Resources:

166AW Air Force Public Web site:
www.166aw.ang.af.mil

166AW Facebook page:
www.facebook.com/166thAirliftWing

Public web site, DE National Guard:
www.DelawareNationalGuard.com

DNG Facebook page:
www.facebook.com/DelawareNationalGuard

Editor's note:

This April 2012 issue is available on our Air Force Public Web site, and via a link on our Facebook page. To save money, it is not mailed to homes.

Personnel actions March 2012

Enlistments:

Airman 1st Class Matthew Begany, 166 SFS
Airman 1st Class Brent Green, 166 CES
Airman 1st Class Leo Kim, 166 SFS
Tech. Sgt. Santita Glover, 166 LRS
Tech. Sgt. Margaret Unfress-Durn, 166 MDG

Promotions:

To Major:

Carunchio, Anthony, 142 AS
Giamello, Anthony, 166 AW

To Senior Master Sergeant:

Callan, Shawn, 166 AMXS

To Master Sergeant:

Bailey, Jonathan, 166 MSG

To Staff Sergeant:

Buchanan, John, 166 CES

To Senior Airman:

Davis, Joshua, 166 CES

Retirements:

King, James, Captain, 142 AS
McGee, Renee, Master Sgt., 166 OG
Wilson, Elda, Master Sgt., 166 AW

Safety Re-Focus, cont. from pg. 1

for everything, with everything in its logical place and aligned with our Air Force instructions.

Second, he said units gain the value of making the essential positive impression on every customer and on every younger Airman working in each shop. "When things look good, it is more

likely that order prevails elsewhere," said Col. Groff. He emphasized that professionalism starts with organization from the shop floor up, to every label seen by the eye, to the contents of every toolkit, cabinet and folder, an impression that is mentally strengthened by repetition and reinforcement of these same good housekeeping habits.

Colonel Groff's charge to the as-

sembled leaders was to take this safety re-focus message back to their units, to customize the message for their individual Airmen and for each commander to brief it at each of their unit roll-calls.

"Everybody knows what the deal is. Everybody knows what you should be briefing. If you are not doing this at every roll call, start doing it now," said Col. Groff.



U.S. Air Force photos/Tech. Sgt. Benjamin Matwey

Shops Looking Sharp: The 142nd Airlift Squadron's Aircrew Flight Equipment shop on March 21, 2012; neat, clean and professional.





U.S. Air Force photo/Tech. Sgt. Benjamin Matwey

Shops Looking Sharp: A working day in the 142nd Airlift Squadron's Aircrew Flight Equipment shop on March 21, 2012; neat, clean and professional.

New look, navigation for our wing Facebook page

by **Tech. Sgt. Benjamin Matwey**
166th Airlift Wing Public Affairs

If you are one of the dozens of people who regularly visit the 166th Airlift Wing's Facebook page, or see content via newsfeeds or other sharing methods, you'll notice mandatory design changes that took effect on our page (and all Facebook pages) on March 30.

For starters, a cover photo dominates the top of the page. We initially selected a great image of a Del. Air

Guard C-130 aircraft on a takeoff roll, and are mixing it up using other images.

A new Facebook Timeline feature makes it very easy to find content from any month, or from last year.

Page administrators also have some new layout options. A "pinned post" allows priority content to be showcased and kept near the top of the page for up to a week. A "star" feature allows administrators to select a post for widescreen display across a page.

Like anything different, this new look will take some getting used to. We'll adopt to this format as we expand into the social media frontier on www.facebook.com/166thAirliftWing.

Some visitor metrics since our page launch in Aug. 2011: Over 450 page Likes, putting the 166AW in the top half of all ANG C-130 airlift wings in page Likes, and over 300,000 post views. In early April we reached over 1,000 people/week for the first time.

Zero tolerance for drug use ensures military readiness of our Airmen

by **Tech. Sgt. Benjamin Matwey**
166th Airlift Wing Public Affairs

There is zero toleration for drug use in the DoD, the Air Force, the National Guard, the Air National Guard, the Delaware National Guard, the Delaware ANG or the 166th Airlift Wing.

Airmen can lose their jobs, and some have, if they test positive for an illegal substance. "We take these matters seriously. They do reach my desk. I need your full attention," said 166th Airlift Wing Commander Col. Jonathan Groff.

Total Positives per fiscal year in the Delaware Air National Guard:

FY 2008 - 2 positives
FY 2009 - 2 positives
FY 2010 - 2 positives
FY 2011 - 4 positives
FY 2012 - 3 positives (1st Qtr.)

The Delaware Air National Guard conducts a random drug-testing program using urinalysis-testing administered by the 166th Medical Group for the senior installation commander. It is a command program designed to enhance force readiness through deterrence and detection of illegal drug use.

No-notice testing can occur at any time, and anyone from the wing commander or other senior leaders to a brand new Airman can be required to report for urinalysis testing to detect illicit drugs in their body.

Some groups of Airmen, such as security forces, flyers, medical personnel and those in "Active Guard Reserve" (AGR) positions go through 100 percent testing, according to Chief Master Sgt. Collier in the 166th MDG.

"Don't gamble on your career. The odds are very much against you if make one mistake when it comes to detection of illicit drugs in your body," said Col. Dennis Hunsicker, vice commander, 166th Airlift Wing. "Be part of our large force of dedicated Citizen-Airmen who lean on each other as fellow Wingmen, always prepared and at the ready to serve our state and nation at home or abroad."

Air Force Instruction 44-120, Military Drug Demand Reduction Program, spells out the program details. It states that the Drug Demand Reduction Program (DDRP) directly impacts mission readiness, and that the Air Force does not tolerate the illegal or improper use of drugs by Air Force personnel.

Why is this behavior not tolerated? The AFI is clear; it states that the illegal or improper use of drugs is a serious breach of discipline, is not compatible with service in the Air Force, automatically places the member's continued service in jeopardy, and can lead to criminal prosecution resulting in a punitive discharge or administrative actions, including separation or discharge under other than honorable conditions.

The possession of any intoxicating substance described in the AFI, if done with the intent to use in a manner that would alter mood or function, is also prohibited. Failure to comply with the prohibitions contained in the AFI is a violation of Article 92 of the Uniform Code of Military Justice.

The AFI gives a straightforward reason for the program: "In order to ensure military readiness; safeguard the health and wellness of the force; and maintain good order and discipline in the ser-

vice, the knowing use of any intoxicating substance, other than the lawful use of alcohol or tobacco products, that is inhaled, injected, consumed, or introduced into the body in any manner to alter mood or function is prohibited."

The Air Force Medical Service says: "Alcohol and drug abuse may be associated with distress and are often linked to a wide array of other problems that degrade mission effectiveness and personal quality of life. People undergoing stressful life events may turn to alcohol to help alleviate their distress. While the Air Force maintains a 'zero tolerance' policy for drug use, leaders should make every reasonable effort to retain members when problems with alcohol surface and help them return to full productivity."

All Airmen ought to heed the directive about zero tolerance for drug use - from the moment they are considering joining and the day they are sworn in, through their time in a student flight, through basic training and technical school, and throughout their career.

Resources

Medical Group: (302) 323-3386
Airman and Family Readiness Office:
(302) 323-3327
Base psychologist: (302) 323-3382
Chaplains office: (302) 323-3367
Military OneSource: (800) 342-9647

Air Force Instruction 44-120, 3 January 2011, Medical, Military Drug Demand Reduction Program: <http://www.af.mil/shared/media/epubs/AFI44-120.pdf>

AFI 44-121, Alcohol and Drug Abuse Prevention and Treatment (ADAPT) Program: <http://www.af.mil/shared/media/epubs/AFI44-121>.

May 1: Abused prescription drug testing starts

by Jon Stock

Air Force Surgeon General Public Affairs

The Air Force and other military services will expand their drug testing to include testing for commonly abused prescription drugs beginning May 1, 2012.

On Jan. 31, 2012, the Secretary of Defense gave a 90-day advance notice of the drug testing expansion which aims to counter the nation's growing epidemic and encourage those abusing prescription medications to seek treatment before official testing begins.

"Abuse of prescription drugs is the fastest growing drug problem in the United States, and unfortunately, this trend is reflected in the military services," said Maj. Gen. Thomas W. Travis, Deputy Air Force Surgeon General. "While pain medications are highly effective in alleviating suffering from injuries, they are dangerous and potentially addictive when used outside medical supervision."

Taking controlled medications in a manner other than how they were prescribed poses a risk to the person's health and safety and can put others at risk as well.

Prescription medications should be taken only for the purposes for which they were prescribed and at the dose and frequency prescribed. Additionally, Airmen are reminded never to take a medication prescribed to someone else.

"Members who need help discontinuing use of these drugs are encouraged to seek care at a military treatment facility immediately," said Maj. Gen. Travis.

The policy being addressed is not new to Air Force personnel. In accordance with Air Force guidance and existing law, the knowing use of any prescription or over-the-counter medications

in a manner contrary to their intended medical purpose or in excess of the prescribed dosage may have negative health consequences and may also violate the Uniform Code of Military Justice.

AFI 44-121, Alcohol and Drug Abuse Prevention and Treatment (ADAPT) Program provides limited protections under certain circumstances for voluntary disclosure of prior drug use or possession to unit commanders, first sergeants, a substance abuse evaluator, or a military medical professional. Once an Airman has been ordered to provide a urine sample as part of the drug testing program, any disclosure is not considered to be voluntary.

"There are no changes to procedures that will directly affect drug testing collection sites and military members who are selected for testing," said Lt. Col. Mark Oordt, Chief, Alcohol and Drug Abuse Prevention and Treatment and Drug Demand Reduction. "The changes will occur at the Drug Testing Labs where the standard panel of substances each specimen is tested for will be expanded."

The scope of the problem

- The Centers for Disease Control report 52 million Americans age 12+ y/o had used prescription meds non-medically in 2009, with 7 million Americans having done so routinely.

- Prescription medications appear to be replacing marijuana as the top "gateway drug." Six of the top 10 abused substances among high school seniors are prescription drugs; 20% of high school students have taken prescription medications without a prescription.

- Military data also suggests increases in prescription drug misuse. The DoD

Health Behaviors Survey shows self reported misuse of pain meds for non-medical purposes by Service Members (all Services) increased from 2% in 2002 to 7% in 2005 to 17% in 2008.

How to dispose of prescription drugs

"Patients are encouraged to dispose of prescribed medications once they are no longer needed for their prescribed purpose," said Lt. Col. Oordt. "The Drug Enforcement Administration (DEA) prohibits pharmacies from taking back controlled substances. However, the Services collaborate with law enforcement agencies in the DEA drug take back days which occur several times each year in most communities."

For more information on drug take back days visit http://www.deadiversion.usdoj.gov/drug_disposal/take-back/

The Food and Drug Administration also offers guidance on disposal of prescription drugs before consumers throw them in the garbage.

- Take the medication out of their original containers and mix them with an undesirable substance, such as coffee grounds or kitty litter. The medication will be less appealing to children and pets, and unrecognizable to people who may intentionally go through your trash.

- Put medications in a sealable bag, empty can, or other container to prevent the medication from leaking or breaking out of a garbage bag.

- More information on how to properly dispose of medications: <http://www.fda.gov/downloads/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/UnderstandingOver-the-CounterMedicines/ucm107163.pdf>