Military families served through the Airman and Family Readiness Office



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The Airman and Family Readiness Office serves military families – both those of the Delaware National Guard members and those of other services. Each element of the network acts as an information and referral source to assist military families on a wide range of issues. Assistance can include referrals to military agencies and activities, to local, state and federal governmental agencies, as well as nongovernmental and community resources and activities.

The Airman and Family Readiness Office functions as a hub of pertinent information – providing assistance with the following "**Six Essential Services**" in times of contingency call up, mobilization, and large-scale deployments.

Family Assistance personnel are critical in providing help to all military families during these long term or short term deployments. This holds especially true for geographically dispersed families who are unable to access services at a local base, installation or fort. In other words: The Airman and Family Readiness Office is your "One Stop Shop" for assistance and referral. The Airman and Family Readiness office is part also part of the larger State Family Programs Network.

Six Essential Services:

Information and Referral

- 1. Financial Wellness
- 2. Strong Bonds/ Marriage Enrichment
- 3. Exceptional Family Member Program
- 4. Yellow Ribbon Reintegration
- 5. Crisis Intervention

- 6. Deployment Cycle Support
- 7. Proactive Outreach

Legal Resource and Referral

- 1. Assistance with Power of Attorney/Wills
- 2. Information and assistance with Service Members Civil Relief Act
- 3. Assistance with referral for ESGR

Financial Resource and Referral

- 1. Understanding Military Pay
- 2. Help with Financial assistance and loan applications through the American Red Cross
- 3. Referral to the availability of outside grants
- 4. Provide referrals for budgeting classes

TRICARE Resource and Referral

- 1. Provide general information on insurance benefits
- 2. Assistance with TRICARE Medical and Dental applications
- 3. Assist with finding local participating providers
- 4. Assist with writing letters to challenge claim denial

ID Cards and DEERS

- 1. Provide information on DEERS Rapids Centers
- 2. Assist with obtaining ID card

Community Information and Outreach

Provide a list of local Community resources including but not limited to the following:

- 1. Assist with Child Care resource and referral
- 2. Assist with referral to local financial resources
- 3. Assist with finding a local Family Readiness Group to assist with Family Readiness