

UNCLASSIFIED (may be classified once completed) – type over example info			
PERSONAL RECOVERY (PR) ACTION PLAN ITINERARY			
Name(s) (WHO)	Destination(s) (WHERE)	Arrival Date(s)(WHEN)	Departure Date(s)(WHEN)
Briefly describe your mission profile (WHAT)		APACS #: _____	
Communication Devices			
What Communication Devices do you have?		IDs/Phone #s/Freqs/Sim #/Etc	
What is your Communications PACE plan and Accountability procedures?			
PACE	Description (means)	Personnel accountability procedures	Frequency
Primary			
Alternate			
Contingency			
Emergency			
What PR equipment do you have?		Numbers preprogrammed in cell phones	
Signaling	Survival		
AFRICOM JPRC 24/7	+49-711-729-2139		
AFRICOM JOC 24/7	+49-711-729-4050		
Embassy Switchboard			
What is your "Actions upon Isolation" PR movement plan (PACE PLAN)			
PRIMARY			
ALTERNATE:			
CONTINGENCY:			
EMERGENCY:			

Intl access from US is 011/from Europe is 00 ("+" on cell phone automatically inserts appropriate int'l access code.) Components PR : USARAF: DSN 314-635-4788/4418 (COMM +39-0444-71-xxxx) ; AFAFRICA: DSN 314-478-8729/7782 (comm.+49-6371-405-xxxx); NAVAF: DSN 314-626-2353/4448 (Comm +39-081-568-xxxx); MARFORAF: DSN 314-431-2986 (COMM +49-7031-15-xxxx); SOCAF DSN 314-421-5005 (COMM +49-711-729-xxxx); CJTF-HOA PR POC DSN 311-824-2159; CJTF HOA PR VOSIP 301-824-2159, IRIDIUM SAT PHONE COMM 00-88167-632-9729 or DSN 717-632-9729 Email: [HOA PRCC@HOA IISAFRICOM SMII MII](mailto:HOA PRCC@HOA IISAFRICOM SMII MII) AFRICOM HQ IPRC: DSN 314-421-2139 email: [AF-IOCPERSRFC@IISAFRICOM SMII MII](mailto:AF-IOCPERSRFC@IISAFRICOM SMII MII)

**SEE BELOW FOR EXAMPLES**

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PERSONAL RECOVERY (PR) ACTION PLAN ITINERARY			
Name(s) (WHO)	Destination(s) (WHERE)	Arrival Date(s)(WHEN)	Departure Date(s)(WHEN)
Briefly describe your mission profile (WHAT)		APACS #: <span style="background-color: yellow;">                    </span>	
<b>Communication Devices</b>			
What Communication Devices do you have?		IDs/Phone #s/Freqs/Sim #/Etc	
<b>What is your Communications PACE plan and Accountability procedures?</b>			
PACE	Description (means)	Personal accountability procedures	Frequency
<b>Primary</b>	e.g., cell above (last 4 #####)	e.g., DAO cellphone 00-##-###-###-###	e.g., daily
<b>Alternate</b>	e.g., hotel land line	e.g., SMS to Boss cell +1###-###-####	e.g., Entry, exit
<b>Contingency</b>	e.g., Iridium phone		
<b>Emergency</b>	e.g., beacon device		
<b>What PR equipment do you have?</b>		<b>Numbers preprogrammed in cell phones</b>	
<b>Signaling</b>	<b>Survival</b>	e.g., In country POC	
e.g., mirror	e.g., Basic meds	e.g., Component JOC	
e.g., beacon	Water	e.g., Component PRC	<---- EXAMPLES
	Food	e.g., Marine Guard 24/7	
<b>AFRICOM JPRC 24/7</b>	<b>+49-711-729-2139</b>	e.g., HN equiv "911"	
<b>AFRICOM JOC 24/7</b>	<b>+49-711-729-4050</b>	e.g., Hotel/Police/Hospital	
Embassy Switchboard		e.g., Tricare SOS for active duty	
<b>What is your "Actions upon Isolation" PR movement plan (PACE PLAN)</b>			
<b>PRIMARY:</b> Outline who you intend to contact and by what means under normal conditions			
<b>ALTERNATE:</b> Outline where you intend to go, who you intend to contact and by what means during uncertain or increased threat conditions			
<b>CONTINGENCY:</b> Outline where you intend to go, who you intend to contact and by what means during actual threats encountered			
<b>EMERGENCY:</b> Outline where you intend to go, who you intend to contact and by what means during incidents that endanger you or your team.			
<b>EXAMPLES</b>			

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