



# Women's Health Education

## REGISTER FOR CLASS

**(270)798-8151**

### **CHILDBIRTH CLASS**

**6 Sept 2012 @ 1100 - 1100**  
**11 Sept @ 0900 - 1100**  
**18 Sept @ 1800 - 2000**  
**02 Oct 2012 @ 0900 - 1100**  
**09 Oct @ 0900 - 1100**  
**16 Oct @ 0900 - 1100**  
**25 Oct @ 1800 - 2000**  
**30 Oct @ 0900 - 1100**

### **CONTRACEPTIVE CLASS**

**06 Sep 2012 @ 1100-1200**  
**18 Oct 2012 @ 1100-1200**

**Gestational Diabetes Class**  
**By appointment only**  
**Every Tuesday And Thursday**  
**1100-1230**

### **BREASTFEEDING CLASS**

**18 Sept @ 1300-1500**  
**21 Sept @ 0900-1100**  
**25 Sept @ 1300-1500**  
**05 Oct @ 0900-1100**  
**09 Oct @ 1300-1500**  
**12 Oct @ 0900-1100**  
**16 Oct @ 1300-1500**  
**19 Oct @ 0900-1100**  
**23 Oct @ 1300-1500**  
**26 Oct @ 0900-1100**  
**30 Oct @ 1300-1500**

**MOM AND ME Social group for**  
**Breastfeeding Moms**  
**Every Monday 1300-1500**  
**No appointment needed**

All classes are held in the main hospital on the 2nd floor in the MBU classroom.