

How Do You Build Your *Best Bones Forever!*?

Help us celebrate the winners of the “How Do You Build Your *Best Bones Forever!*?” Writing Contest!

including girls from Girls Inc. of Greater Atlanta (Cobb/Marietta Center)
and the James T. Anderson Boys and Girls Club!

Friday, June 10, 2011 3-6 p.m.

Girls Inc. (Cobb/Marietta Center) located at 461 Manget Street in Marietta

Emceed by Atlanta's own **Rashan Ali**, actress, radio and TV personality

Fun Activities for the Entire Family!

- Special guest speakers!
- Learn some new sports skills from the experts!
- Play Just Dance on Wii or Double Dutch!
- Learn healthy habits for strong bones!
- Enjoy yummy snacks!

Book Signing (4-5 p.m.)

The winners will autograph copies of a published book featuring their very own short stories, essays, poems, and plays telling us how they build strong bones. Some girls in attendance will receive a FREE copy of the book! Books will also be available for purchase.

This event is supported by **Best Bones Forever!**, a national bone health campaign led by the U.S. Department of Health and Human Services' Office on Women's Health. The campaign encourages girls ages 9 to 14 and their BFF (best friend forever) to get active and choose foods with calcium and vitamin D. To learn more about the **Best Bones Forever!** campaign, visit www.bestbonesforever.gov.

Best Bones Forever!

Presented by



U.S. Department of
Health and Human Services,
Office on Women's Health



Access to New Books for Children in Need

