

Table 11. Nutrient Intakes: Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002

Family income in dollars and age (years)	Food energy (%)	Protein (%)	Carbo-hydrate (%)	Total sugars (%)	Dietary fiber (%)	Total fat (%)	Saturated fat (%)	Monoun-saturated fat (%)	Polyun-saturated fat (%)	Chole-sterol (%)
\$0 - \$24,999:										
2 - 5.....	20	21	20	21	20	19	20	17	17	36
6 - 11.....	20	20	21	22	18	18	20	17	16	30
12 - 19.....	15	15	15	15	14	14	15	13	12	26
20 and over.....	16	15	17	16	17	16	17	15	15	27
2 and over.....	16	16	17	17	17	16	17	15	15	27
\$25,000 - \$74,999:										
2 - 5.....	20	20	21	22	18	17	18	15	15	35
6 - 11.....	18	18	20	20	17	15	17	13	13	28
12 - 19.....	16	15	17	17	16	13	15	13	12	26
20 and over.....	15	14	17	18	17	15	14	13	13	26
2 and over.....	16	15	18	18	17	15	15	13	13	26
\$75,000 and higher:										
2 - 5.....	20	19	21	22	22	17	19	15	16	30
6 - 11.....	17	16	20	23	17	14	14	13	13	30
12 - 19.....	15	14	17	17	16	12	12	11	13	27
20 and over.....	16	14	20	21	18	15	14	13	12	25
2 and over.....	16	14	19	21	18	14	14	13	13	25
All individuals⁵:										
2 - 5.....	20	20	21	22	20	18	19	16	16	34
6 - 11.....	18	18	20	22	18	16	17	14	14	29
12 - 19.....	15	15	17	17	15	13	14	12	12	26
20 and over.....	16	15	18	18	17	15	15	14	14	26
2 and over.....	16	15	18	19	17	15	15	14	14	26

NOTES: * indicates a non-zero value too small to print.

¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

² SFA = saturated fatty acid.

³ MFA = monounsaturated fatty acid.

⁴ PFA = polyunsaturated fatty acid.

⁵ "All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/ba/bhnrc/fsrg.

Table 11. Nutrient Intakes: Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Vitamin E (alpha-toc) (%)	Retinol (%)	Vitamin A (RAE) (%)	Alpha- carotene (%)	Beta- carotene (%)	Beta-crypto- xanthin (%)	Lycopene (%)	Lutein + zeaxanthin (%)
\$0 - \$24,999:								
2 - 5.....	17	44	36	8	9	28	6	23
6 - 11.....	14	43	37	7	21	30	4	19
12 - 19.....	12	39	33	5	9	34	4	16
20 and over.....	16	32	24	6	7	30	8	10
2 and over.....	16	34	27	6	9	31	7	12
\$25,000 - \$74,999:								
2 - 5.....	14	43	37	5	7	31	2	19
6 - 11.....	13	48	41	3	4	33	2	16
12 - 19.....	12	40	34	4	8	37	5	16
20 and over.....	17	31	24	5	7	37	6	11
2 and over.....	16	34	27	5	7	37	5	12
\$75,000 and higher:								
2 - 5.....	26	41	36	3	4	30	2	18
6 - 11.....	13	40	36	5	14	43	1	20
12 - 19.....	16	36	31	5	6	50	2	17
20 and over.....	19	37	27	2	5	36	4	8
2 and over.....	18	37	29	3	6	38	3	9
All individuals⁵:								
2 - 5.....	17	42	36	7	8	31	3	21
6 - 11.....	13	44	38	5	13	35	2	18
12 - 19.....	14	38	33	5	8	39	4	16
20 and over.....	18	33	25	5	7	35	6	10
2 and over.....	17	35	28	5	7	35	5	11

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⁴ PFA = polyunsaturated fatty acid.

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SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/ba/bhnrc/fsrg.

Table 11. Nutrient Intakes: Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Thiamin (%)	Ribo- flavin (%)	Niacin (%)	Vit. B6 (%)	Folic acid (%)	Food folate (%)	Folate (DFE) (%)	Vit. B12 (%)	Vit. C (%)	Vit. K (%)
\$0 - \$24,999:										
2 - 5.....	30	34	27	33	45	23	39	37	20	11
6 - 11.....	31	35	26	32	42	23	37	37	22	12
12 - 19.....	24	28	20	25	35	19	30	30	23	8
20 and over.....	22	26	18	21	31	18	26	23	20	8
2 and over.....	24	28	19	23	34	18	28	26	20	8
\$25,000 - \$74,999:										
2 - 5.....	30	34	26	35	44	23	38	36	19	9
6 - 11.....	31	35	26	34	46	21	40	39	23	8
12 - 19.....	27	30	22	28	39	20	34	33	27	7
20 and over.....	22	26	17	22	35	18	28	22	24	7
2 and over.....	24	28	19	24	37	19	30	25	24	7
\$75,000 and higher:										
2 - 5.....	33	34	30	40	50	25	43	39	27	11
6 - 11.....	28	31	24	32	46	23	39	35	30	8
12 - 19.....	26	28	21	27	37	20	33	28	30	8
20 and over.....	25	29	19	25	40	19	31	25	27	6
2 and over.....	26	29	20	26	41	19	33	26	27	6
All individuals ⁵ :										
2 - 5.....	31	34	27	35	45	24	39	37	21	10
6 - 11.....	30	34	26	33	45	22	39	37	24	9
12 - 19.....	26	29	21	26	38	20	33	30	27	8
20 and over.....	23	27	18	23	35	18	28	23	24	7
2 and over.....	24	28	19	25	37	19	30	26	24	7

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¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

² SFA = saturated fatty acid.

³ MFA = monounsaturated fatty acid.

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SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

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Table 11. Nutrient Intakes: Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Calcium (%)	Phosphorus (%)	Magnesium (%)	Iron (%)	Zinc (%)	Copper (%)	Sodium (%)	Potassium (%)	Selenium (%)
\$0 - \$24,999:									
2 - 5.....	29	26	24	34	29	18	18	22	24
6 - 11.....	30	26	22	33	27	17	18	23	22
12 - 19.....	24	20	17	26	20	14	15	18	17
20 and over.....	22	19	18	25	18	15	16	19	18
2 and over.....	23	20	19	26	20	15	16	19	18
\$25,000 - \$74,999:									
2 - 5.....	29	26	23	34	28	17	18	22	23
6 - 11.....	31	25	22	34	28	16	16	21	21
12 - 19.....	25	21	19	29	22	15	15	19	18
20 and over.....	21	18	18	25	18	14	14	19	17
2 and over.....	23	19	19	27	20	15	14	19	17
\$75,000 and higher:									
2 - 5.....	28	25	24	36	32	19	18	24	21
6 - 11.....	24	22	19	31	26	15	15	20	19
12 - 19.....	21	18	18	30	20	15	14	18	16
20 and over.....	24	20	20	28	20	16	14	20	16
2 and over.....	24	20	20	29	21	16	14	20	16
All individuals⁵:									
2 - 5.....	28	26	23	34	29	18	18	23	23
6 - 11.....	29	25	21	33	27	16	17	21	21
12 - 19.....	23	20	18	29	21	15	14	18	17
20 and over.....	22	19	19	26	19	15	15	19	17
2 and over.....	23	20	19	27	20	15	15	20	18

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² SFA = saturated fatty acid.

³ MFA = monounsaturated fatty acid.

⁴ PFA = polyunsaturated fatty acid.

⁵ "All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

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Table 11. Nutrient Intakes: Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	SFA ² 4:0 (%)	SFA 6:0 (%)	SFA 8:0 (%)	SFA 10:0 (%)	SFA 12:0 (%)	SFA 14:0 (%)	SFA 16:0 (%)	SFA 18:0 (%)
\$0 - \$24,999:								
2 - 5.....	23	27	29	25	26	23	20	19
6 - 11.....	24	29	32	27	27	23	19	18
12 - 19.....	16	21	24	19	17	16	15	14
20 and over.....	18	21	23	20	22	18	16	16
2 and over.....	19	22	24	21	22	18	17	16
\$25,000 - \$74,999:								
2 - 5.....	22	25	26	23	20	20	18	16
6 - 11.....	23	28	28	25	21	20	16	15
12 - 19.....	18	20	21	19	19	16	14	14
20 and over.....	15	17	18	16	18	14	14	14
2 and over.....	17	19	20	18	19	15	14	14
\$75,000 and higher:								
2 - 5.....	21	26	28	24	25	21	18	17
6 - 11.....	15	18	20	17	18	14	14	13
12 - 19.....	13	14	15	14	12	11	12	11
20 and over.....	16	18	18	17	18	14	14	14
2 and over.....	15	18	18	17	17	14	14	13
All individuals ⁵ :								
2 - 5.....	22	26	27	24	23	21	19	17
6 - 11.....	21	26	27	23	21	20	17	16
12 - 19.....	16	19	20	18	17	15	14	13
20 and over.....	16	19	20	18	19	15	15	14
2 and over.....	17	20	21	19	19	16	15	14

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¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

² SFA = saturated fatty acid.

³ MFA = monounsaturated fatty acid.

⁴ PFA = polyunsaturated fatty acid.

⁵ "All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

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Table 11. Nutrient Intakes: Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	MFA ³ 16:1 (%)	MFA 18:1 (%)	MFA 20:1 (%)	MFA 22:1 (%)	PFA ⁴ 18:2 (%)	PFA 18:3 (%)	PFA 18:4 (%)	PFA 20:4 (%)	PFA 20:5 (%)	PFA 22:5 (%)	PFA 22:6 (%)
\$0 - \$24,999:											
2 - 5.....	16	17	19	20	17	19	51	31	45	25	42
6 - 11.....	15	17	13	11	16	19	5	22	11	4	18
12 - 19.....	13	13	14	14	12	13	27	20	23	12	18
20 and over.....	15	15	14	9	15	15	5	21	8	5	12
2 and over.....	15	15	14	10	15	15	9	21	10	6	14
\$25,000 - \$74,999:											
2 - 5.....	14	15	12	11	16	18	3	32	13	2	20
6 - 11.....	12	14	10	8	13	14	5	21	7	2	13
12 - 19.....	12	13	12	7	12	11	6	20	11	4	18
20 and over.....	12	14	11	5	14	13	2	20	4	3	9
2 and over.....	12	14	11	5	13	13	2	21	4	3	10
\$75,000 and higher:											
2 - 5.....	14	15	10	11	16	17	3	26	5	0	10
6 - 11.....	11	13	11	8	13	12	7	26	6	3	15
12 - 19.....	10	11	10	4	13	11	2	21	5	1	14
20 and over.....	12	14	10	2	13	12	1	18	2	1	6
2 and over.....	11	13	10	3	13	12	1	19	3	1	7
All individuals⁵:											
2 - 5.....	15	16	14	15	16	18	32	30	27	14	29
6 - 11.....	13	14	11	9	14	16	6	22	8	3	15
12 - 19.....	12	12	12	9	12	12	13	21	13	6	17
20 and over.....	13	14	12	5	14	13	3	20	5	3	9
2 and over.....	13	14	12	5	14	14	4	20	6	3	10

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¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."
² SFA = saturated fatty acid.
³ MFA = monounsaturated fatty acid.
⁴ PFA = polyunsaturated fatty acid.
⁵ "All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

Table 11. Nutrient Intakes: Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Caffeine (%)	Theo- bromine (%)	Alcohol (%)
\$0 - \$24,999:			
2 - 5.....	8	21	0
6 - 11.....	11	17	16
12 - 19.....	8	13	*
20 and over.....	28	15	1
2 and over.....	26	16	1
\$25,000 - \$74,999:			
2 - 5.....	12	25	0
6 - 11.....	8	22	0
12 - 19.....	8	8	*
20 and over.....	32	9	*
2 and over.....	31	11	*
\$75,000 and higher:			
2 - 5.....	9	15	0
6 - 11.....	6	11	0
12 - 19.....	5	9	0
20 and over.....	35	10	0
2 and over.....	33	10	0
All individuals ⁵ :			
2 - 5.....	10	21	0
6 - 11.....	9	17	4
12 - 19.....	7	10	*
20 and over.....	32	11	*
2 and over.....	30	12	*

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Table 11se. Nutrient Intakes: Standard Error of the Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002

Family income in dollars and age (years)	Food energy (%)	Protein (%)	Carbo- hydrate (%)	Total sugars (%)	Dietary fiber (%)	Total fat (%)	Saturated fat (%)	Monoun- saturated fat (%)	Polyun- saturated fat (%)	Chole- sterol (%)
\$0 - \$24,999:										
2 - 5.....	1.1	1.6	0.9	1.1	1.8	1.4	1.5	1.5	1.6	3.2
6 - 11.....	0.9	0.9	1.0	1.2	1.4	1.1	1.1	1.2	1.6	3.5
12 - 19.....	0.7	0.9	0.8	1.0	1.2	0.7	0.9	0.7	0.7	1.5
20 and over.....	0.6	0.7	0.6	0.6	1.0	0.7	0.7	0.7	1.0	1.8
2 and over.....	0.5	0.6	0.5	0.5	0.8	0.6	0.6	0.6	0.8	1.7
\$25,000 - \$74,999:										
2 - 5.....	0.5	0.6	0.6	0.8	0.8	0.6	0.8	0.6	1.0	2.3
6 - 11.....	1.0	1.1	1.2	1.2	1.2	1.1	1.3	1.1	1.1	2.6
12 - 19.....	0.5	0.7	0.5	0.6	0.9	0.7	0.8	0.8	0.7	1.6
20 and over.....	0.4	0.5	0.4	0.5	0.6	0.7	0.7	0.6	0.7	1.6
2 and over.....	0.3	0.4	0.3	0.3	0.5	0.6	0.6	0.5	0.5	1.2
\$75,000 and higher:										
2 - 5.....	0.6	1.1	0.7	1.3	2.3	1.4	1.7	1.3	1.6	4.5
6 - 11.....	0.9	1.3	1.0	1.5	1.4	1.1	1.2	1.1	1.1	4.7
12 - 19.....	1.0	0.9	1.4	1.8	1.8	1.0	0.9	0.9	1.1	3.1
20 and over.....	0.5	0.5	0.8	1.2	0.9	0.6	0.6	0.5	0.5	1.8
2 and over.....	0.5	0.4	0.7	1.1	0.8	0.5	0.5	0.4	0.4	1.3
All individuals ⁵ :										
2 - 5.....	0.5	0.7	0.5	0.6	0.9	0.6	0.7	0.7	0.8	1.8
6 - 11.....	0.6	0.6	0.7	0.8	0.9	0.6	0.7	0.7	0.7	1.8
12 - 19.....	0.4	0.4	0.6	0.7	0.8	0.4	0.5	0.4	0.5	1.1
20 and over.....	0.3	0.3	0.4	0.5	0.5	0.4	0.4	0.4	0.4	1.3
2 and over.....	0.2	0.3	0.3	0.4	0.4	0.3	0.3	0.3	0.3	0.9

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Family income in dollars and age (years)	Vitamin E (alpha-toc) (%)	Retinol (%)	Vitamin A (RAE) (%)	Alpha- carotene (%)	Beta- carotene (%)	Beta-crypto- xanthin (%)	Lycopene (%)	Lutein + zeaxanthin (%)
\$0 - \$24,999:								
2 - 5.....	1.8	2.5	2.8	3.7	2.7	4.7	1.6	3.1
6 - 11.....	1.4	3.3	2.8	3.3	9.2	3.3	2.2	2.1
12 - 19.....	0.9	3.5	2.7	1.1	2.4	4.9	0.5	1.4
20 and over.....	0.8	2.1	1.6	1.1	1.0	2.3	1.6	1.6
2 and over.....	0.6	1.4	1.1	0.9	1.2	2.2	1.2	1.5
\$25,000 - \$74,999:								
2 - 5.....	0.9	2.2	2.0	2.0	1.5	5.4	1.0	3.0
6 - 11.....	1.1	2.0	1.8	0.6	0.5	6.7	0.7	1.9
12 - 19.....	1.2	2.6	1.3	1.5	1.2	5.2	1.5	2.6
20 and over.....	0.6	1.3	1.2	1.8	1.0	2.0	0.9	1.1
2 and over.....	0.5	0.9	0.9	1.5	0.8	1.6	0.8	1.0
\$75,000 and higher:								
2 - 5.....	7.5	3.6	3.0	1.1	0.9	4.3	1.4	3.6
6 - 11.....	1.3	3.2	3.1	3.6	4.7	4.4	0.5	2.6
12 - 19.....	2.9	2.7	2.4	2.4	1.1	3.0	1.1	1.8
20 and over.....	1.7	1.4	1.4	0.8	0.7	5.2	0.8	0.8
2 and over.....	1.4	1.4	1.3	0.7	0.7	4.3	0.6	0.8
All individuals ⁵ :								
2 - 5.....	1.6	1.5	1.2	1.8	1.0	2.3	0.6	1.7
6 - 11.....	0.6	1.5	1.3	1.4	5.3	3.6	0.9	1.3
12 - 19.....	1.1	2.1	1.5	1.1	0.9	2.7	0.8	1.3
20 and over.....	0.6	0.9	0.8	1.0	0.6	1.5	0.7	0.8
2 and over.....	0.5	0.6	0.6	0.8	0.6	1.1	0.6	0.8

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Family income in dollars and age (years)	Thiamin (%)	Ribo- flavin (%)	Niacin (%)	Vit. B6 (%)	Folic acid (%)	Food folate (%)	Folate (DFE) (%)	Vit. B12 (%)	Vit. C (%)	Vit. K (%)
\$0 - \$24,999:										
2 - 5.....	1.4	1.5	1.6	1.5	2.6	1.7	2.2	1.9	1.9	2.4
6 - 11.....	1.0	1.4	0.8	1.1	2.6	1.9	1.9	2.8	2.8	2.3
12 - 19.....	1.4	1.7	1.1	1.4	2.9	1.5	2.2	2.3	2.4	1.1
20 and over.....	1.0	0.9	0.8	1.0	1.4	1.0	1.2	0.7	1.1	1.0
2 and over.....	0.7	0.7	0.6	0.7	1.2	0.8	1.0	0.5	0.9	1.0
\$25,000 - \$74,999:										
2 - 5.....	1.0	1.1	0.9	1.4	2.7	0.8	2.1	1.1	2.6	1.2
6 - 11.....	1.1	1.1	0.9	1.2	1.6	1.3	1.3	2.0	2.6	1.1
12 - 19.....	0.7	1.3	0.8	1.0	1.8	1.1	1.3	1.7	2.8	1.5
20 and over.....	0.6	0.6	0.5	0.8	1.6	0.5	1.0	0.9	1.0	0.8
2 and over.....	0.5	0.5	0.4	0.6	1.2	0.4	0.8	0.8	0.8	0.7
\$75,000 and higher:										
2 - 5.....	2.4	2.6	2.7	2.9	3.9	1.9	3.0	3.4	2.4	1.5
6 - 11.....	2.0	2.6	1.8	2.1	4.8	2.0	3.9	2.4	2.6	0.7
12 - 19.....	2.3	2.2	2.4	3.2	4.6	1.5	3.5	3.1	2.3	0.9
20 and over.....	1.0	1.3	1.1	1.8	3.3	0.8	2.2	2.1	2.1	0.3
2 and over.....	0.7	1.0	0.9	1.4	2.5	0.7	1.7	1.6	1.7	0.3
All individuals ⁵ :										
2 - 5.....	0.8	0.9	0.7	0.9	1.4	0.7	1.1	1.1	1.2	1.0
6 - 11.....	0.8	0.8	0.6	0.7	2.0	1.0	1.6	0.9	2.0	0.7
12 - 19.....	0.7	1.0	0.8	1.0	1.8	0.8	1.4	1.2	1.4	1.0
20 and over.....	0.5	0.5	0.5	0.8	1.7	0.5	1.1	0.7	0.9	0.5
2 and over.....	0.4	0.5	0.4	0.6	1.3	0.4	0.9	0.5	0.7	0.5

NOTES: * indicates a non-zero value too small to print.

¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

² SFA = saturated fatty acid.

³ MFA = monounsaturated fatty acid.

⁴ PFA = polyunsaturated fatty acid.

⁵ "All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/ba/bhnrc/fsrg.

Table 11se. Nutrient Intakes: Standard Error of the Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Calcium (%)	Phosphorus (%)	Magnesium (%)	Iron (%)	Zinc (%)	Copper (%)	Sodium (%)	Potassium (%)	Selenium (%)
\$0 - \$24,999:									
2 - 5.....	1.6	1.5	1.5	1.8	1.7	1.6	1.4	1.3	1.9
6 - 11.....	1.6	1.1	0.9	1.3	1.3	1.5	0.9	1.0	1.3
12 - 19.....	2.0	1.1	0.9	1.5	1.4	0.8	0.7	0.9	1.0
20 and over.....	1.0	0.7	0.8	1.1	1.0	0.8	0.7	0.7	0.8
2 and over.....	0.7	0.6	0.6	0.8	0.8	0.6	0.6	0.6	0.7
\$25,000 - \$74,999:									
2 - 5.....	1.3	1.0	0.6	1.4	1.0	0.7	0.8	0.8	0.9
6 - 11.....	1.2	1.2	1.0	1.3	1.2	1.2	1.2	1.2	1.3
12 - 19.....	1.5	1.0	0.7	1.4	1.1	0.9	0.8	0.9	0.9
20 and over.....	0.6	0.5	0.5	0.8	0.6	0.5	0.6	0.5	0.6
2 and over.....	0.6	0.5	0.4	0.6	0.5	0.4	0.5	0.4	0.5
\$75,000 and higher:									
2 - 5.....	2.8	1.9	1.5	3.0	3.3	1.4	0.7	1.4	1.4
6 - 11.....	2.4	1.6	1.2	2.1	2.7	0.9	1.1	1.6	1.6
12 - 19.....	1.3	1.2	1.6	3.9	2.6	1.1	0.9	1.3	1.0
20 and over.....	0.8	0.7	0.6	1.7	1.6	0.6	0.5	0.8	0.5
2 and over.....	0.7	0.6	0.6	1.4	1.2	0.5	0.4	0.7	0.4
All individuals ⁵ :									
2 - 5.....	1.0	0.7	0.7	1.1	0.9	0.7	0.6	0.6	0.9
6 - 11.....	0.9	0.7	0.7	0.9	0.8	0.8	0.7	0.8	0.7
12 - 19.....	1.2	0.8	0.7	1.4	0.7	0.6	0.4	0.7	0.5
20 and over.....	0.4	0.3	0.3	0.8	0.6	0.3	0.3	0.4	0.4
2 and over.....	0.5	0.3	0.3	0.7	0.5	0.3	0.3	0.4	0.3

NOTES: * indicates a non-zero value too small to print.

¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

² SFA = saturated fatty acid.

³ MFA = monounsaturated fatty acid.

⁴ PFA = polyunsaturated fatty acid.

⁵ "All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/ba/bhnrc/fsrg.

Table 11se. Nutrient Intakes: Standard Error of the Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	SFA ²	SFA	SFA	SFA	SFA	SFA	SFA	SFA
	4:0 (%)	6:0 (%)	8:0 (%)	10:0 (%)	12:0 (%)	14:0 (%)	16:0 (%)	18:0 (%)
\$0 - \$24,999:								
2 - 5.....	1.7	1.9	1.9	1.7	2.1	1.7	1.5	1.6
6 - 11.....	1.7	2.1	2.2	1.8	1.5	1.5	1.0	1.1
12 - 19.....	2.2	3.0	3.4	2.4	2.0	1.7	0.8	0.8
20 and over.....	1.0	1.1	1.0	0.9	1.1	0.9	0.7	0.7
2 and over.....	0.8	0.9	0.9	0.8	1.0	0.7	0.6	0.6
\$25,000 - \$74,999:								
2 - 5.....	1.9	2.2	2.3	1.9	2.0	1.5	0.7	0.5
6 - 11.....	2.3	2.1	1.7	1.7	1.4	1.8	1.2	1.2
12 - 19.....	1.3	1.5	1.3	1.3	1.1	1.0	0.8	0.7
20 and over.....	1.1	1.1	0.9	0.9	0.7	0.8	0.7	0.7
2 and over.....	0.8	0.9	0.8	0.8	0.6	0.7	0.6	0.6
\$75,000 and higher:								
2 - 5.....	2.5	3.3	3.8	2.7	4.4	2.5	1.6	1.5
6 - 11.....	2.1	2.6	2.2	2.1	3.2	1.6	1.2	1.2
12 - 19.....	1.2	1.5	1.9	1.4	2.3	1.2	0.9	0.8
20 and over.....	1.0	1.1	1.0	0.8	1.4	0.8	0.6	0.6
2 and over.....	0.7	0.8	1.0	0.7	1.2	0.6	0.5	0.4
All individuals ⁵ :								
2 - 5.....	1.0	1.2	1.4	1.1	1.7	0.9	0.6	0.6
6 - 11.....	1.1	1.2	0.9	0.9	1.0	1.0	0.7	0.7
12 - 19.....	1.0	1.3	1.3	1.1	1.1	0.8	0.5	0.4
20 and over.....	0.5	0.5	0.6	0.5	0.7	0.5	0.4	0.4
2 and over.....	0.5	0.6	0.6	0.5	0.7	0.5	0.3	0.3

NOTES: * indicates a non-zero value too small to print.

¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

² SFA = saturated fatty acid.

³ MFA = monounsaturated fatty acid.

⁴ PFA = polyunsaturated fatty acid.

⁵ "All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/ba/bhnrc/fsrg.

Table 11se. Nutrient Intakes: Standard Error of the Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	MFA ³ 16:1 (%)	MFA 18:1 (%)	MFA 20:1 (%)	MFA 22:1 (%)	PFA ⁴ 18:2 (%)	PFA 18:3 (%)	PFA 18:4 (%)	PFA 20:4 (%)	PFA 20:5 (%)	PFA 22:5 (%)	PFA 22:6 (%)
\$0 - \$24,999:											
2 - 5.....	2.0	1.5	2.5	8.0	1.6	1.4	29.8	3.3	22.0	17.4	16.2
6 - 11.....	1.2	1.2	1.6	2.4	1.6	1.4	2.9	3.3	2.7	1.7	3.6
12 - 19.....	1.1	0.7	1.4	2.7	0.7	0.8	8.4	1.6	5.5	3.2	3.6
20 and over.....	0.8	0.7	0.8	1.4	1.0	1.1	1.7	1.5	2.2	0.7	2.0
2 and over.....	0.7	0.6	0.8	1.5	0.8	0.9	3.4	1.4	2.7	1.5	2.1
\$25,000 - \$74,999:											
2 - 5.....	1.3	0.6	0.7	2.5	1.0	0.8	2.7	4.4	4.5	1.7	3.6
6 - 11.....	1.3	1.1	1.6	2.0	1.1	1.4	2.5	2.0	2.6	1.3	4.1
12 - 19.....	0.9	0.8	1.8	1.3	0.7	0.7	3.0	2.0	2.5	2.4	2.0
20 and over.....	0.8	0.6	0.6	0.6	0.7	0.8	0.7	1.4	0.8	0.9	1.1
2 and over.....	0.7	0.5	0.5	0.6	0.5	0.6	0.7	1.2	0.8	0.9	1.0
\$75,000 and higher:											
2 - 5.....	1.4	1.4	2.8	4.3	1.7	1.9	3.4	5.2	2.4	*	4.2
6 - 11.....	1.7	1.1	3.0	5.2	1.1	1.1	5.2	4.4	3.0	2.0	5.2
12 - 19.....	1.0	0.9	1.3	0.9	1.1	1.0	0.9	2.5	1.2	0.6	2.5
20 and over.....	0.8	0.5	2.0	1.1	0.5	0.6	0.3	1.7	0.4	0.2	0.7
2 and over.....	0.6	0.4	1.5	1.2	0.4	0.5	0.3	1.3	0.4	0.2	0.7
All individuals⁵:											
2 - 5.....	1.1	0.7	1.2	4.4	0.8	0.7	23.2	2.7	14.7	10.2	9.8
6 - 11.....	0.9	0.7	1.1	1.7	0.7	0.7	2.2	1.8	1.5	0.8	2.5
12 - 19.....	0.5	0.4	1.0	1.1	0.5	0.5	2.8	1.4	2.4	1.7	1.6
20 and over.....	0.5	0.4	0.8	1.2	0.4	0.5	0.6	1.1	0.8	0.4	0.9
2 and over.....	0.4	0.3	0.5	1.2	0.3	0.4	0.9	0.8	0.9	0.6	0.8

NOTES: * indicates a non-zero value too small to print.

¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

² SFA = saturated fatty acid.

³ MFA = monounsaturated fatty acid.

⁴ PFA = polyunsaturated fatty acid.

⁵ "All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/ba/bhnrc/fsrg.

Table 11se. Nutrient Intakes: Standard Error of the Percentage Contribution from Foods Eaten at Breakfast¹, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Caffeine (%)	Theo- bromine (%)	Alcohol (%)
\$0 - \$24,999:			
2 - 5.....	2.5	6.1	*
6 - 11.....	4.0	3.4	13.4
12 - 19.....	1.8	2.7	0.1
20 and over.....	1.8	2.5	0.5
2 and over.....	1.4	1.9	0.5
\$25,000 - \$74,999:			
2 - 5.....	3.6	4.3	*
6 - 11.....	2.4	3.0	*
12 - 19.....	1.2	3.0	0.0
20 and over.....	1.2	1.9	0.0
2 and over.....	1.0	1.2	0.0
\$75,000 and higher:			
2 - 5.....	4.8	6.4	*
6 - 11.....	2.6	2.9	*
12 - 19.....	1.4	2.8	*
20 and over.....	2.8	1.8	*
2 and over.....	2.7	1.4	*
All individuals ⁵ :			
2 - 5.....	1.9	3.7	*
6 - 11.....	2.0	1.5	3.1
12 - 19.....	0.8	1.8	0.0
20 and over.....	1.1	1.1	0.1
2 and over.....	1.0	0.9	0.1

NOTES: * indicates a non-zero value too small to print.

¹ Breakfast includes intake at occasion described by respondents as "breakfast" or the Spanish terms "desayuno" or "almuerzo."

² SFA = saturated fatty acid.

³ MFA = monounsaturated fatty acid.

⁴ PFA = polyunsaturated fatty acid.

⁵ "All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/ba/bhnrc/fsrg.