RECRUITER United States A Dunied States A Dune 2009 June 2009 Jon Danal

New CG considers opportunity to lead USAREC team an honor and privilege Q&A with MG Campbell page 2

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CAMPBELL

RECRUITER Journal Winner Keith L. Ware Award 2007

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Maj. Gen. Donald M. Campbell Jr.

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Maj. Gen. Donald M. Campbell Jr. became USAREC's 22nd commander when he took command from Maj. Gen. Thomas P. Bostick May 6.

What does it mean to you to be back in USAREC?

It's a tremendous honor. When I got the call that I was going to be heading back to Recruiting Command, I must admit I was a little bit surprised, because I was just over in the Armor Center and normally generals move around quite frequently to

different places. To be able to stay at Fort Knox, one, but more importantly to take command of Recruiting Command is just a privilege and an honor, and I look forward to serving with all the great soldiers, civilians and family members out there.

You now have more than 30 years in the Army, how did you come to choose the Army as a profession?

I've always been influenced by the military. I'm the son of a career Army officer and my wife is the daughter of a career Army officer. It's really all I've ever truly known: the Army way of life. Our dads were battalion commanders together. We met in high school at Fort Riley, Kan., in 1973. I applied for and received a three-year ROTC scholarship after my first year of college. I thought I would just serve an initial

term and then resign and go to law school or something like that. But I enjoyed it so much I stuck with it. I think it's a fantastic profession and the most honorable thing you can do, in my opinion, is serve your country in a capacity like this.

Since you were last in USAREC in 2004, you have spent time in operational units, deployed to Iraq and commanded a training base, what are you thoughts about today's Soldiers – the Soldiers we recruit?

I have a very favorable impression, through the years, of the Soldiers we recruit and what the training base turns out. I commanded a brigade before I came to Recruiting Command the first time, and my impression then was that Soldiers always amaze me. Unfortunately, you all too often hear the bad stories, but that's only a very small percentage of our Soldiers. More than 99 percent of the Soldiers I've served with have left a very positive memory.



WITH MAJ. GEN. DONALD CAMPBELL JR.

I've always been impressed with the work that USAREC has done and likewise the training base has done to take that citizen and turn him or her into a capable, competent Soldier who does his or her best every day to live the Army Values. I want to continue that tradition and do the same thing that all my predecessors have done -General Thurman through Generals Rochelle and Bostick. It's a tough mission. But I do believe the senior leadership of the Army recognizes how important a mission it is and gives us their full support. That's been something that has also greatly impressed me about coming back to USAREC: the support that this great command gets from the senior leadership of the Army and their desire to make sure we have the resources necessary to recruit

those great young Soldiers every day.

Having just come from the Armor Center, I'm amazed at what the drill sergeants do every day there and across the country, shaping those citizens when they walk in the door. I've watched the process, watched these young men get off the bus here at Fort Knox – the installation only trains men – and then watched them graduate on the parade field, whether nine or 10 weeks later for basic training or 15 to 16 weeks later for OSUT. Every recruiter ought to have the opportunity to see that, and I wish they could, to watch that young man or women they recruit stand on the parade field when they graduate. It's amazing the transformation, the confidence and the pride they have and their parents have for them. You almost have tears watching those kids and their parents, loved ones, families. It's an incredible experience if you haven't seen it. It's an important mission and I get a little emotional about it.

What do you consider your primary challenge as our new CG?

I don't come into this position with any predisposed judgments based on my previous experience. I have a baseline of experience, but this command has changed and evolved so much - for the positive - since I was here four years ago. I think I'm looking at, and the command is looking at, a couple of challenges.

One, we've got to continue to work hard to change the culture to make sure that when a detailed recruiter leaves the command and goes back to the operational Army at large, that he or she and the families feel good about the experience they had in Recruiting Command. First and foremost, that's the biggest challenge: continuing to change the culture. Maj. Gen. Bostick did a fantastic job, in my opinion, in shaping that for the 3-plus years he was here, and it's my job – in sports vernacular – to take it to the goal line and get it across.

The majority of the Soldiers and civilians who come here should feel good about what they're doing, confident about what they're doing and would do this again if they had the opportunity. That's the mark to know you've made it, when somebody says, "I'd go back and do that again" or "I'll convert because I enjoy doing this, and they're taking care of me and they're taking good care of my family."

Second is the mission. We have been tremendously successful during the past few years. We have to maintain that momentum into fiscal years '10 and '11, and continue to be successful with respect to the mission at hand – providing the strength – whether it's 80,000 like it has been the past few years, 65,000 or whatever it ends up being this year. It's still going to be a challenge.

We talk to a lot of people who don't quite understand our business and they say, "Oh, well the economy's bad; business must be good for you." To a degree you could make that case, but young recruiters and old recruiters and anybody who's in this business knows you still have to put a lot of work into it.

So the challenge will be to maintain that high level of performance over the next few years, and not get complacent just because things are going well right now. This business has the tendency to be like a rollercoaster ride and my challenge is going to be to level that out so that when times are good we don't draw the force down to a level that creates challenges for us in the next fiscal year and beyond.

We have to be thinking three to five years out in this business;I do, to make sure that I set the conditions for recruiters and their families to be successful.

What are your priorities for Families in making sure they have the resources they need?

One thing I've learned in more than 30 years in the Army is that probably the most important thing you can do is communicate. So I want to be able to communicate with our families all the great programs that we have.

We've got some incredible programs that support well-being and families and I want to make sure that everyone has access to that information and that they understand it. Beyond that there are some tremendous Army programs we need to tap into. I want to make sure that I more than send the message and that I walk the talk when it comes to family programs – that I fight for recruiters and their families, that I'm talking to Accessions Command and Army senior leadership about what our needs are.

When I go to the field, I want to meet recruiters, but I also want to meet their families, to see how they're doing, see what's working and not working – see what I can do for them.

That's the communication piece; I'm going to work really hard to get at that.

It's very difficult with this command. It's not like a company, battalion, brigade I previously commanded, or even like the Armor Center, where I could bring all the commanders together and tell them the direction I want to go and invite their families, as well. It's a little more challenging here, so we've got to get creative. Technology is a terrific tool, but nothing is better than the folks out there in the field seeing me, seeing the deputy, seeing the command sergeant major talking to them. That will be a big challenge for me to get out and make sure we get communication going and keep it going.

When I can do it, I will also try to bring Ann on my trips to the field to spend time together with the spouses, talking family programs, letting them know about our focus and where we want to go. The most important thing I think Ann can do is listen and learn for a few months, and then use our roles as senior leader and senior spouse to continue to build on the positive programs that are out there. I am absolutely committed to Ann being a partner in this process of working with and for Families.



Maj. Gen. Campbell with Ann and TRADOC Commander Gen. Martin E. Dempsey. *Photo by Pfc. Andrew McKee*

What interests you outside the Army? I hear you are a selfproclaimed sports junkie.

That's true. I believe that exercise is a key component of the Army life. I do try to work out five to six days a week. With two need surgeries, I spend a lot of time on the elliptical machine; I don't run as much as I used to.

I enjoy playing sports and watching the big three: baseball, basketball and football. Pro – college, it doesn't matter. I watch them all when I can; I try not to become a couch potato, but I try to watch enough to stay informed. I read a lot on sports. I've been getting Sports Illustrated for about 25 years; I read that cover to cover during the course of a week. So yeah, I do enjoy sports tremendously. I can't play as much as I used to, but I try to when I can without breaking a bone or doing something dangerous.

I also enjoy reading about history and about best business practices – what I can learn from the corporate business world and apply to the military, though it's not a perfect fit every time. I spent a lot of time over the past couple of years reading a lot about history, particularly about past presidents and military leaders. I'm reading about Lincoln now – and I was reading it before President Obama said to read it.

I also like to get out and experience central Kentucky. There is a lot to do here and I've spent time learning about horses, and learning about Louisville, taking in sporting events - on occasion I've been known to stop in an antique store or two, usually led by my wife.

Favorite teams?

Washington Redskins and anybody the Dallas Cowboys are playing. College favorite is my alma mater, Kansas State, in any sport they play. My daughter goes there now, too. Baseball and basketball I don't really have true favorites, I just watch them.



Maj. Gen. Campbell speaks at an Armor Conference event on Fort Knox in May. *Photo by Pfc. Andrew McKee*

What key thing do you want recruiters to know about your leadership philosophy?

I focus on about three different things – teamwork, standards and discipline – in the way I go about my personal and professional life. One of my strengths is team building. The Soldiers, civilians and family members who have worked with me over the years I would like to think would echo that. That's the way I approach an organization – I build a team.

Whether you're already on the team or you're joining it, I try to make sure that people believe their opinion is valued and what they bring to the table is important to me, whether an Army civilian, contractor or Soldiers – private to general. I grew up playing a lot of sports, so team is the foundation of the way I go about doing business. There's a lot of applicability between what goes on in sports and what goes on in the military.

Together Each will Achieve More, a simple play on the word team. Everything we do in the Army involves teamwork – even individual tasks lead to collective tasks. The focus is on the lowest to the highest working as a team, because if we don't we won't be successful.

I focus a lot on standards and discipline because in my opinion that's the heart and soul of an organization. We are an Army organization; we can't lose sight of that fact when we go about our business. I use the seven Army Values and the Warrior Ethos, to try and help shape the organization when it comes to standards and discipline, and in making folks understand how I want the organization to be viewed internally and externally. I want people to feel very good about their importance and to respect what we are trying to do with discipline and standards.

Those all come together for me. If we do those three, then we'll be able to focus on family programs and quality of life.

Final comments?

I'd like to say once again that it is truly a privilege and an honor to be here. I am truly looking forward to this tremendous opportunity and being part of the U.S. Army recruiting team. There is no more important mission in the Army than providing the strength.

And I also want to congratulate Maj. Gen. Bostick on a very successful command tour. I really appreciate all that he has done for this command and for the Army. He and Renee are great people and have brought a tremendous amount of class and dignity to this great command. Ann and I thank them for their great help during this transition and wish them all the best in their next Army experience.

COMMAND SERGEANT MAJOR | RJ

What Impact Are You Having on **Your Soldiers?**

n the Year of the Noncommissioned Officer, I would like to set the stage this month by telling you about some of the NCOs who influenced me in my military career, both the good and the bad. But even the bad influences are positive because we can learn what not to do. Next month, Recruiter Journal will feature mentorship stories from our brigade commanders and command sergeants major.

The first NCO who motivated me most is my dad. He was a first lieutenant in Vietnam ... deployed there in 1970-71. He was a platoon leader and an executive officer in the 101st Airborne Division in the A Shau Valley. After the war, there was a reduction in the force. My dad didn't have his degree yet, so he had two choices - get out or become an NCO. Well, he got out for about two years and then decided he wanted back in the Army. He came back in as a sergeant, worked his way up the ranks and retired as a sergeant major. Somewhere along the way he had the chance to get his commission back, but he declined. At that point, he wanted to be an NCO. He was the first person I looked up to; he was what a professional was all about. He was my role model, still is. If it weren't for him, I wouldn't have even joined the Army.

The next one, of course, is my drill sergeant. He's one of those NCOs who will forever stay with me. I went to infantry one station unit training, so I spent about 16 weeks with Staff Sgt. Daryl "PT" Brown. He left an indelible imprint on me. He truly integrated me into this Army and made sure we learned the Army way to the fullest. He took pride in his job and took pride that he was a Vietnam veteran.

While I vividly remember Staff Sgt. Brown, I don't remember my recruiter, and I was in delayed entry for seven months. So that NCO probably didn't do a whole lot to help me get started.

Of the next two NCOs who influenced

me, one was positive and one was negative.

When I got to my first duty station in Germany, my first platoon sergeant, an 11C, was Sgt. 1st Class Jones. I can't remember his first name, but he actually took the time and came over to my house when I was a young private and sat me down for about an hour and told me that he saw potential in me. He explained what I needed to prepare for the Primary Noncommissioned Officer Course. He made me a corporal in 13 months. I took that confidence and that

guidance and ran with it. My first section sergeant, and I'm not going to mention him by name, was a negative influence. He made us do things that he would not

readily do himself. I believe that we, as leaders, should never make our Soldiers do something that we're not willing to do. He was the type of person who did YEAR OF THE NCO that. But he taught

me something – a

bad leader will teach you what not to do when you get to that position. So when I made it to the rank of staff sergeant, I remembered the positive and negative influences and took lessons from both.

Once I got to recruiting duty, the NCO who jumps to mind was Sgt. 1st Class Mike Knuckles. He was my first station commander. He was a very positive influence on me. He taught us not just the technical aspects of recruiting, but also made sure we took time for ourselves. He organized a lot of teambuilding events for the station and instilled in us to do everything legally and never to jeopardize our integrity. I'm still friends with him today.

My second station commander had a negative impact. He was crooked. He caused quite a bit of an ethical dilemma among those in the station. When we were trying to do the right thing as we were taught by the previous station commander, this guy came in and tried to influence us to do things that were not legal and we wouldn't do it. It made for a very hurtful work environment. We



Command Sgt. Maj. **Stephan Frennier**

wouldn't have any of it and it affected the station's production. He ended up being relieved.

When I was a first sergeant in 122nd Infantry, my battalion sergeant major was Command Sgt. Maj. Barry Wheeler. He showed us the importance of teamwork among first sergeants within the battalion. He stressed to us the importance of keeping everyone informed. He did a great job on that.

As I moved on and became a battalion operations sergeant major, Command Sgt.

> Major Kim Boyink was the brigade sergeant major for 3rd Brigade, 1st Cavalry Division. He gave me a very long leash. He really explained to me what was expected in my position and truly let me be a senior NCO. He didn't micromanage me and whenever I had questions or needed mentoring, I went to him. He let me run the show and that really helped my confidence grow. Later, when I

became a battalion sergeant major, my brigade sergeant major, Command Sgt. Maj. Neil Ciotola really mentored me quite a bit. This guy is just one of those who show you what an NCO leading from the front is all about. While I was doing that all along my military career, I learned from him that it never stops. There's a difference between leading from the front and micromanaging, and he showed me that difference. He was a great motivator and still is. I adopted some of the things that he did for us and use them to this day.

Those NCOs are the ones who really influenced me and set my path to where I am today.

I want everyone to take some time and reflect on those NCOs who influenced you and imagine what influence you will have on future leaders. Also reflect on the Army's birthday and what we have accomplished throughout the 234 years as an institution and what it's continuing to do. And even more direct, our mission within the command of providing that bottom line, that American Soldier.

RJ | RECRUITING NEWS

SRAP Suspended

The Special Recruiter Assistance Program (SRAP) has been suspended for the rest of the fiscal year. As of May 13, no new applications are being accepted. HRAP is not affected.

ASVAB Study Still Needs Participants

Recruiting Command is participating in a pilot study to determine the feasibility and benefits of allowing applicants to use commercial ASVAB study materials, but has not met the requisite number of applicants. Recruiters in the test area (Pennsylvania, Indiana, Florida, California and Georgia) who have not registered are asked to register and enroll prospects. The goal is 20,000 enrollees by June 30. Reference OPORD 09-0012.

Multimedia DVDs

The Army Recruiting Multimedia and Army Cinema DVDs, version 2.4 have been released and shipped to company level in May. For assistance, call Sgt. 1st Class Johnny Shine at (502) 626-1220 or Sharon Keith at (502) 626-0123.



Distance Learning Available for Recruiter Course Graduates

Leaders have asked that distance learning courses be available to new graduates of the Army Recruiter Course (ARC). Weeks or months pass before many graduates arrive at their recruiting assignment.

This training helps Soldiers maintain what they learned in the ARC.

Join the Dicussion

What do you think of the command's time-off policy?

Future Soldiers are in the FSTP four to six months longer now - what are you doing to motivate these Soldiers?

Not a ProNet member?

324 - Indianapolis Public

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Operating 28 fixed routes with 5,000 stops,

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Did Fathers Get Paternity Leave

you know?

The Army's new paternity leave policy gives fathers additional time to be with their families when a child is born. Signed into law by President George W. Bush Oct. 14, the policy grants married Soldiers up to 10 consecutive days of non-chargeable administrative leave, which must be taken within 45 days of the child's birth. Deployed Soldiers have 60 days after returning from deployment to take time off. Leave not taken within the established timeframe will be lost.

Soldiers charged annual leave in connection with the birth of their child(ren) after Oct. 14 but before the Army guidance was released can request up to 10 days of leave be restored to their account. For details, refer to ALARACT 062/2009.



Program changes

MAVNI Expands to LA

The Military Accessions Vital to the National Interest (MAVNI) Recruitment Pilot has been expanded to the Los Angeles Battalion authorizing Los Angeles recruiters to enlist certain legally present noncitizens into the Regular Army only. New York City began recruitments under MAVNI earlier this year.

All other battalions will continue to receive electronic leads and other inquiries in reference to this pilot and are instructed to interview and prequalify potential candidates in the anticipation that the pilot could go command wide. For more information, reference USAREC Message 09-105.

High School Bonus Reduced

The high school senior delayed enlistment incentive has been reduced from \$1.000 to \$500 for each month a qualified high school senior spends in the Future Soldier Training Program (FSTP), up to 14 months.

The additional \$1,000 bonus for successful graduation has also been eliminated. For more information, reference USAREC Message 09-108.

Tier One Performance Screen Starts

The Army has developed a Tier One Performance Screen (TOPS) pilot program through June 2012.

As of May 4, all non-prior service Tier 1 applicants will be required to take the 30-minute Tailored Adaptive Personality Assessment System (TAPAS) test at the Military Entrance Processing Station.

Applicants with valid Armed Service Vocational Aptitude Battery (ASVAB) scores from the student test or MEPS site and who have an AFOT 31 or higher are not required to take the TAPAS. Exceptions to enlistment/ accession without taking the TAPAS will not be granted.

TAPAS testing began in May at MEPS in Indianapolis, Ind., Jackson, Miss., Kansas City, Mo., Salt Lake City, Utah, Pittsburgh, Pa., and Omaha, Neb. All other MEPS begin TAPAS testing June 8. For more information, reference USAREC Message 09-109.

A Dad's Legacy Father's Day

By Chaplain (Lt. Col.) Doug Peterson

ome time ago I ran across a list of statements that one would never hear a father utter:

"Well, how' bout that?... I'm lost! Looks like we'll have to stop and ask for directions."

"You know Pumpkin, now that you're 13, you'll be ready for unchaperoned car dates. Won't that be fun?"

"Here's a credit card and the keys to my new car - go crazy."

"What do you mean you wanna play football? Figure skating not good enough for you, son?"

"Father's Day? Aahh — don't worry about that — it's no big deal."

Actually, many dads may outwardly display minimal sentiment on the topic of Father's Day. Men are conditioned to show little emotion — which could be taken as indifference. After all, we fathers usually take pride in our diligent efforts day-in and day-out as providers, not necessarily seeking or expecting showers of gratitude. It's all about mission accomplishment.

But that is not to say that we don't revel in appreciation. We do.

Much of a man's sense of significance comes from his work environment. But it's the unsolicited words of affirmation from those closest in life — wife and children — that he ultimately craves.

For some of us, that may be a lesson we learn too late.

How are we as adults connecting with our fathers? Do we enjoy the fruit of a rich, mature relationship?

Or, perhaps there's a rift or an emotional distance that requires our taking the initiative to overcome.



The importance of this for me did not sink in until well into my adult years. Earlier on, my dad and I were never close. At times, I despised him but most frequently relegated him to the oblivion of insignificance.

That changed about the time I was married at the age of 27. In an attempt to repair our relationship I asked him to serve as my best man at our wedding. He did.

But the mending was too short-lived. A mere four years later he made the decision to exit this life by suicide.

Did my nearly lifelong antipathy toward my father have any relevance to his death? Could a stronger, nurturing bond with his only son have given him the resolve to press forward through adversity? I don't know.

But I do know that had I obediently followed the biblical admonition to honor my father, our relationship would have been much more rich and more satisfying. And his legacy is one that I would have more deeply cherished.

As the years pass, I sense more deeply and painfully the void of my father's absence.

I suspect that many of us can appreciate the following chronological perception of a father's wisdom.

At 4 years old: My daddy can do anything.

7 years: My dad knows a lot, a whole lot.

8 years: My father doesn't know quite everything.

12 years: Oh, well, naturally Father doesn't know that, either.

14 years: Father? Hopelessly old-fashioned.

21 years: Oh, that man is out-of-date. What did you expect?

25 years: He knows a little bit about it, but not much.

30 years: Maybe we ought to find out what Dad thinks.

35 years: A little patience. Let's get Dad's assessment before we do anything.

50 years: I wonder what Dad would have thought about that. He was pretty smart.

60 years: My Dad knew absolutely everything!

65 years: I'd give anything if Dad were here so I could talk this over with him. I really miss that man.

You see, it's not only dads who, sometimes secretly, long for the connection with their children. It may be our legacy to connect or reconnect with them while we still can.

Happy Father's Day!

Headquarters Realigning Staff Functions, Changing Role of Special Missions Brigade

By Julia Bobick, Editor

Recruiting Command is well into its next phase of transformation: a realignment of headquarters staff functions to improve support to the field force as well as a review of the centralization of brigade administrative, budget and logistics functions at the headquarters.

"Our transformation is an evolving process with the goal of aligning our functions with those of the Army modular force," said Deputy Commanding General Brig. Gen. Joseph Anderson. "We want USAREC to resemble an operational division and our brigades to resemble brigade combat teams."

Several staff sections and functions are being realigned this month in the headquarters, to include a synchronization of communications functions between the G5, G7/9 and the CIG, and the movement of the Enlistment Standards Division, the investigative arm of the commander, from G3 to an independent staff section under the Deputy Commanding General, according to Rick Ayer, director of the Commander's Initiative Group.

To better link training and operational functions, the Training Assessment Division is being moved into the G3 to manage training and assessment, annual training and command training guidance, and the long range calendar. The Recruiting and Retention School will still manage doctrine, central recruiting courses and personnel proponency.

Previously part of the SMB, the Cyber Recruiting Division will move to the G3 and the Outsourcing Division will become part of the G4/8.

The Command is also creating a Future Operations Division, or FUOPS, in the G3 to integrate future planning, contingency operations and tasking, and developing a Headquarters Battlestaff that is designed to synchronize the staff efforts to more effectively execute daily tasks.

"Most of these changes should be fairly invisible to the recruiter," Ayer said. "This realignment is going to allow the USAREC headquarters and brigade headquarters to be more responsive and supportive of the field's needs and to do a better job planning for where we are heading and removing some of the mystery of future plans for the field."

Earlier this year, the command reviewed all the battalion and brigade realignments and identified that the one piece that wasn't working well was the centralization of administrative, budget and logistics functions at the Special Mission Brigade (SMB) Recruiting Support Center (RSC). Based on that, the command asked Booz Allen Hamilton to conduct an independent assessment of the RSC. Their assessment also concluded that current structural alignment did not support the functions. As a result, Maj. Gen. Thomas Bostick approved in early May the restructuring of the SMB, the return of some functions to the brigade staffs and an augmentation of the USAREC staff.

"This is not about a failure of the SMB or that the individuals in SMB weren't doing their jobs; the added layer was just the wrong structural alignment for the command," Ayer said. "What we are doing is moving forward to a new transformation model. Only certain functions are being looked at to move back to the brigade."

Some of the functions consolidated at the RSC are very effective, Ayer said. The command will keep those efficiencies, but centralize them at the headquarters level instead of the Special Missions Brigade.

"There will still be a Special Missions Brigade; we don't want to dissolve the brigade because we think there's a future role for that brigade," Ayer added. The brigade will retain the warrant officer, chaplain and special operations recruiting missions, and potentially assume some other roles this coming year. USAREC has also approached Accessions Command about taking on the ROTC recruiting mission for Cadet Command.

Transformation working group Process Action Teams (PATs), which include brigade representation, are working to determine the appropriate structure, functions and positions that will be reintegrated into the brigade staffs.

Anderson conducted a town hall meeting with the SMB staff May 7 to inform them of the decision. Close to 100 civilian employees at the headquarters will be affected by the transformation.

"One of our primary missions is taking care of people; we are committed taking care of each and every individual impacted by this realignment," Anderson said during the meeting.

Ready for a New Challenge?

By Master Sgt. Jamie Smith, USAREC Senior Career Counselor

The Army needs highly motivated noncommissioned officers in the rank of sergeant promotable through sergeant first class to become career counselors, MOS 79S. Detailed recruiters who are within 12 months of successfully completing their tour in USAREC and elect not to request conversion to MOS 79R, cadre recruiter, may be eligible to become career counselors.

Our Army maintains its end-strength through two methods — recruiting and retention. Career counselors play a critical role in the Army's overall retention program by reenlisting qualified Soldiers to help the Army maintain its force alignment. Commanders, command sergeants major, and other leaders throughout the Army rely heavily on career counselors to assist in establishing viable retention programs that will keep the Army strong for many years to come.

Career counselors counsel Soldiers and their families on the benefits of continued service in the Army. Their duties also include enlisting or transferring active duty Soldiers into the reserve components and encouraging enlisted Soldiers to become commissioned officers through programs such as ROTC, the U.S. Military Academy Preparatory School and OCS. They serve as subject matter experts on retention, reclassification and provide training to Soldiers at every opportunity.

Career counselors receive eight weeks of comprehensive training similar to the Army Recruiting Course at the Recruiting and Retention School located at Fort Jackson, SC. Soldiers receive instruction on topics such as eligibility, incentives, document preparation and counseling techniques. Upon graduation and award of the Career Counselor Badge, Soldiers are expected to be deployable worldwide and are initially assigned to battalion-sized elements across the Army.

Promotion rates for the grades of E7-E9 in MOS 79S are typically above the Army average. Additionally, Soldiers serving in MOS 79S receive special duty pay of \$300 per month. Noncommissioned officers who desire to become Army career counselors must meet the eligibility requirements outlined in Appendix B of AR 601-280. A letter of recommendation is required from their battalion commander, and all applicants must be interviewed and recommended by their servicing command career counselor before forwarding their application packet to Human Resources Command for approval.

Similar to recruiting, serving as a career counselor offers the unique opportunity of truly making a difference in the lives of many. The people skills used while in recruiting are the same skills needed to be an effective career counselor.

The reward of knowing you helped the Army remain Army Strong is certainly gratifying. However, the reward of knowing you helped a Soldier and their family remain committed to the greatest organization in the world is immeasurable.

Soldiers interested in pursuing one of the most challenging jobs the Army has to offer should contact their brigade career counselor for more information and assistance. The application process can take up to 90 days. Soldiers who have already placed on assignment by their branch will typically have their applications disapproved so it is advisable not to delay.

Brigade career counselors are located at each brigade headquarters and can be reached at the following numbers:

1st Brigade – Master Sgt. Ericka Holloway - (301) 677-2710 or (877) 490-3660

2d Brigade – Sgt. 1st Class Eric Nelson - (256) 450-9534 or (404) 931-1110

3d Brigade – Sgt. 1st Class Pablo Michel - (502) 626-0859 or (888) 228-6672

5th Brigade – Sgt. 1st Class Esteban Reyes - (210) 221-2751 or (877) 526-7176

6th brigade – Master Sgt. Michael Knutsen - (702) 639-2015 or (702) 204-6399

Medical Brigade and Special Mission Brigade – Sgt. 1st Class Joshua Stemmler - (502) 626-0708/0203



Soldiers from Fort Hood's 1st Cavalry Division Horse Cavalry Detachment engage a target with their sabers to show the effectiveness of Soldiers on horseback during a presentation at Houston Battalion's Army Expo March 21.

Expo Provides Opportunity to Tell Army Story in Houston

Story and photo by John Thompson, Houston Battalion

t's a rare occasion when you can stand nose-to-nose with an AH-64D Apache Attack Helicopter, talk with Soldiers headed to basic training, and see the Army's finest cavalry — horses and all — in the same place.

Houston area residents got the opportunity in March at the first Houston Army Expo, which drew a crowd of about 600 to Houston's Farm & Ranch Club.

Organized by Houston West Company, the event was established to enhance Future Soldier retention and community awareness.

Mounted atop their horses and clad in authentic 1880s-era cavalry uniforms, Soldiers from Fort Hood's 1st Cavalry Division Horse Cavalry Detachment put on a display of riding prowess that drew enthusiastic applause from spectators.

Earlier in the day, two U.S. Army Reserve Apache Attack Helicopters from 1st Squadron, 158th Aviation Regiment, swooped the field before landing. On the ground, both pilots were barraged with questions about their Army experiences and aircraft.

Elsewhere in the exhibit area, Soldiers from the Army Reserve's 352nd Engineer Company talked with visitors about their equipment: four dump trucks, one five-ton cargo truck, and a Humvee configured to carry tools and parts to repair vehicles and equipment on the road. For more than a few Future Soldiers, it was an opportunity to ask questions about Army service and career opportunities.

"They gave me a lot of hints, which will really help me during basic training," Ereka Galeama said.

Her brother, Eliude Mireles, who entered Basic Training in

May, will train to become a truck driver. He got an explanation about one of the dump trucks from Spc. Linda Castillo, who allowed him to sit in the driver's seat.

"The experience was awesome," said Mireles, who is following in the footsteps of his father and a brother, both Marines. "I am doing it for my country and to better myself. It will be really good to help me develop self-discipline."

Members of the public had opportunities to speak with Army Reserve Soldiers, Houston recruiters and two area recruits participating in the hometown recruiter assistance program. Pvt. Joseph Decker and Pfc. Sergio Rodriguez, preparing to go to their first duty station, had the opportunity to tell how and why they made the choice to become Army Strong.

"The most important thing (about being a Soldier) is getting up in the morning and knowing I am part of something ... better," Decker admitted. "I am doing something that a lot of people can't do..."

Rodriguez said he enjoys talking with high school juniors and seniors about what he has experienced so far in the Army. Now trained as a pharmacy technician, he graduated from high school and was accepted to college, but he wanted to enlist.

"It is a pleasure to tell someone what they can do with their life," said Rodriguez. "I didn't have that advantage because I was the oldest child in the family. I felt I got to do my part and let someone know my story and they will have something to base their (career) choices on."

Community members from the Houston Police Department also participated in the event with a helicopter and uniformed officers.



ARMY STRONG. USAREC MARKETING AND RECRUITING UPDATE. WITH ARMY ADVERTISING

By Amanda Huneke, Weber Shandwick

n an effort to effectively synchronize national and local initiatives across the country and better inform Army personnel about ongoing marketing activities, McCann Worldgroup created an online advertising update. The new Web tool replaces what was once a cumbersome 60-page document that was too large to e-mail to the field, making the information more easily accessible throughout the command.

The bi-monthly e-newsletter, distributed to the field via advertising and public affairs offices includes:

New and current advertising commercials to inform recruiters about ads currently in market. This highlights everything from television to radio and provides details on the strategies behind the ads along with start and end dates, target audiences and the commercials themselves.

"This is an awesome resource that acts as a one-stop-shop for every level of our recruiting force."

- Al Villa, 6th Brigade A&PA chief

Recaps of successful events and upcoming events. National event and program recaps will highlight results, share photos and quotes from event participants and even provide dates for future events coming to local markets.

An appendix of additional resources and background information. Curious about the latest media flowcharts or added value opportunities? Wondering what the Army's multicultural partners are working on? If it's not in the main sections of the USAREC Marketing and Recruiting Update, it's probably in the appendix. New information will be added regularly with specific details for each mission and discipline.

"This newsletter is a great way for commanders and station commanders to stay current on changes and updates to our national advertising and public affairs assets. The ads section helps us get an understanding of the messages being broadcast to the public so that we can align and tailor our messages with that of USAREC."

- Capt. Logan Kerschner, Las Vegas company commander

Best practices from the field that can be tailored for use in like markets. This section, entitled Spotlight on the Field, highlights best practices submitted by recruiters and other members of the field team. Topics include penetrating hard to reach schools, personalizing COI follow-up communication and much more.

Monthly highlights to identify the newest marketing tools available to the Army. Each month will feature different programs, events and initiatives focusing on key marketing activities. The topics will range from the newest assets on goarmy.com to creative available for local use.

The USAREC Marketing and Recruiting Update is not only an interactive way to quickly locate information and the latest national and local activities, it is also a resource to help local brigades with marketing efforts. With information about both national and local activities at their fingertips, the local Army teams are able to maximize the impact of Army initiatives.

To access the newsletter, find the link under 'what's new' on the G7/9 portal.

Weber Shandwick is the Army's public relations partner on the Army Strong recruitment campaign and part of the McCann Worldgroup.

Soldier Returns to Future Soldier Center

Story and photo by Walt Kloeppel, Associate Editor

Specialist Shawna Schuyler wasn't sure of her future after graduating, but she knew in her hometown of Susanville, Calif., there weren't a lot of options.

"I joined the Army because I didn't know what I wanted to do when I got out of high school. I didn't want to sit around."

Her mother was the one who initially approached a recruiter to find out what opportunities the Army offered.

"I never considered it as an option, but I'm glad I did now," said Schuyler.

Schuyler, who enlisted as a 35F intelligence analyst, used the full potential of her AKO account and used the Future Soldier Center Web site.

According to John Dunlosky, branch manager of the Future Soldier Center, the center provides Future Soldiers with the information they need before ship date. E-mail remains a key communication tool for contact with Future Soldiers via both AKO as well as personal e-mail. FSC provides AKO validation and welcome letters to Future Soldiers. They also provide MOS information and chat invitations to upcoming events. The FSC schedules, coordinates and moderates chat room events ranging from open forums allowing Future Soldiers to meet and interact with one another to specific topics like drill sergeant chats or MOS cadre attended events. and it was cool because everyone I got to meet [online] I got to meet in AIT. It actually prepared me a lot; it got me physically and mentally prepared for all of it."

Schuyler quickly established herself as being highly motivated and energetic on keeping rapport with her fellow Future Soldiers within the military intelligence Cyber Squad. That enthusiasm was noticed by the Future Soldier Center and Schuyler was asked to become a Cyber Squad leader. She played a key role in assisting to maintain motivation with the Future Soldiers in the military intelligence field.

"It's great because the other Future Soldiers talk to them on a different level because of the similarities," said Dunlosky. "[Schuyler] was always in the chat room, talking to other Future Soldiers, organizing military intelligence chats because we're trying to run a chat at least once a month, sometimes biweekly."

After basic training and AIT, Schuyler came back into the chat room to further inform future military intelligence applicants on what to expect during their training.

Schuyler was 'out of the loop' when she deployed with the 101st Airborne to Iraq. Though her unit has now returned stateside, Schuyler says in certain ways she misses it.

"It was what I thought it would be. I kind of miss it. I would

like to go back because of the isolation ... not so much drama. With my MOS, you actually get to do your job when deployed," said Schuyler.

After her deployment, Schuyler returned to Fort Campbell and to the Cyber chats.

"On and of, we lost touch a little bit while she was deployed, but for her to come back after that and seek us out is a good feeling for us," said Dunlosky.

Future Soldier Center data reflects that 98 percent of Future Soldiers who join Cyber Squads ship.

Future Soldiers can enroll into Cyber Squads online through www.futuresoldiertrainingcenter.com or by letting a FSC representative know while engaged in a chat and be enrolled on the spot. Future Soldiers involved in a Cyber Squad average three chats while waiting to ship.

As for Schuyler, she plans on joining the Criminal Investigation Command in the future, and becoming a warrant officer.

Cyber Squad Chats

Schuyler was contacted to enroll into a Cyber Squad, providing her the opportunity to be introduced to and interact with fellow Future Soldiers sharing her MOS and ship date.

"It gets you the chance to say that 'I'm an MP and you're an MP - I'm in California and you're in New York but we still have an opportunity to get introduced and chat before we even ship out," said Dunlosky. "So I'm looking for John when I arrive at Fort Leonard Wood and he's looking for me. We haven't met yet but we've been talking for three to four months.

"It was cool because of the fact that there are only two companies that we have for my MOS," said Schuyler. "The main company was the one I was in,



Spc. Shawna Schuyler visits the Cyber Recruiting Center at Fort Knox after returning from her deployment to Iraq.

Connecting to America



Facebook and Blogs

By Gary Sheftick, Army News Service

he Army is now on Facebook and has an official blog portal, http://armylive.dodlive.mil.

Both sites were launched in April by the new Online and Social Media Division of Army Public Affairs. Division Chief Lt.

Col. Kevin Arata said thousands of people get information from blogs and social networking sites.

"I don't think we're targeting just one demographic. I think there are a lot of older folks out there savvy to this type of communication."

Lindy Kyzer a public affairs specialist in the Online and Social Media Division, said the

blogosphere is a place where a lot of different people gather.

"We know our active-duty Soldiers are there. We know that our family members are there. We know there's people who choose to get their information from blogs. Everything we post on Army Live, we really want to get comments and feedback from. Blogs thrive on a vibrant comment section and an active dialogue, and that's really what we want."

The Army Facebook site is also looking for comments and discussion. One page asks readers "Why did you join the Army?" A bit lower is a banner for the Year of the NCO and readers are asked "Who is your favorite NCO?"

The Facebook page features Army podcasts and dozens of Army photos from Flickr. It has links to Army Web micro-sites, and a page of information about the new Army Live blog site.

"We want Army Live to be a springboard to a lot of our other social networking sites," Kyzer said.

A blog roll on the right-hand side of the screen of Army Live links readers to other Army and DoD related blogs, such as the 3rd Heavy Brigade Combat Team "Hammer" blog, the Army Wounded Warrior Program or AW2 blog, the Combined Arms Center Blog Library, the U.S. Army Corps of Engineers blog site and the Army Surgeon General's Blog.

Arata said he would like for the number of linked blogs to grow exponentially so that Army Live is the one-stop virtual shop for all Army blogs. He invites participation from everyone in the field.

Other Army social media sites include: Twitter, Flickr, YouTube, Vimeo, iReport, NowPublic and delicious.

In next month's issue, learn how USAREC is using conversational marketing tools, such as Facebook, to build relationships and better connect with America.



Drill Sergeants Educate Students on Army Values

"The Army looks like it takes care of its Soldiers and I think I would love to be a part of something very special." — Mark Kelly, high school student



Story and photos by Jorge Gomez, Milwaukee Battalion

handful of top athletes from Wisconsin's high schools mustered the courage to showcase their talents against the Army's physical fitness training program April 4 in a Warrior Athlete Challenge.

The Milwaukee Recruiting Battalion

partnered with the Milwaukee Bucks to launch the joint experiment and invited drill sergeants to engage the 18 selected athletes from 12 high schools in an event that challenged more than their ability to do push-ups or sit-ups. It also challenged them to think about their future and to expect more from it.



Staff Sgt. DaShawne Browne from the Mobile Exhibitor Drill Sergeant Program marches student athletes onto Bradley Center court in Milwaukee in April. Drill Sergeants Browne and Staff Sgt. Jeremy Beals lead student athletes through physical skills events during a Warrior Athlete Challenge.

Staff Sgts. Jeremy Beals and DaShawne Browne, from the Mobile Exhibitor Drill Sergeant Program, led the athletes through some of the Army's new physical training regimen while explaining how the Army grooms Soldiers to become better individuals, leaders and team players.

For completing the challenge, the athletes were marched onto the Bradley Center court, home of the Milwaukee Bucks, and individually recognized during a time out period of a Bucks game.

"We can talk to the students all day long but unless they get recognized in front of the public, it's never going to be a success," said Beals, "You've got to bring them outside of the school so people can see them."

Beals said he favored the idea of bringing a group of student athletes to both challenge and recognize them, even if the Army is not in their immediate future.

"They may not think about the Army now, they may not talk about the Army tomorrow, [because] they all have big dreams and aspirations, but if those plans fall through they will remember this moment when they spent a day with an outstanding recruiting battalion and they got to see two drill sergeants march them onto the court," Beals said.

Browne said it wasn't hard talking the Army values with students who are at the top of their class.

"If the [students] realize that the Army values are already something they believe in, such as the importance of being physically fit, they'll see how there are many other qualities of the Army that match theirs," Browne said.



One of the athletes, Brian Fure, said he wasn't sure what to expect from the Warrior Athlete Drill Challenge upon learning of his selection. He drove about three and a half hours from Cassville, Wisc., to participate in the challenge.

Fure said he enjoyed engaging in the exercises used to train Soldiers, especially the teamwork activities and relay races, but it was more of a learning experience for him about the Army.

"I realize the Army is about building people and creating character, not just sending them off to war," Fure said.

Mark Kelly, a high school student from Milwaukee, said he expected grueling exercises that would test his physical ability. Although encountering a physical challenge was part of the event, something new he learned was the Army values.

"I think the Army could be a possible career for me after college," he said. "The Army looks like it takes care of its Soldiers and I think I would love to be a part of something very special."

To request a drill sergeant for school, community or Future Soldier events, contact Maj. Owen Ward, USAREC G7/9, at (502) 626-1130 or e-mail owen.ward@usarec.army.mil. See the July issue for more on the Mobile Exhibitor Drill Sergeant Program.



Former DCG Returns as Commander of USAREC

By Julia Bobick, Editor

will forever be in your corner; I will be cheering you on from a distance and I'm going to be celebrating your success," outgoing Commander Maj. Gen. Thomas P. Bostick said near the end

of his May 6 change of command remarks. "This has been a team effort, pushing this command forward," he said. "Our transformation while fighting a challenging mission required extraordinary service, sacrifice and leadership at the individual Soldier, civilian and family level that is difficult for most to comprehend. There's a lot that can be accomplished with marketing, advertising, incentives and bonuses ..., but nothing can be accomplished without great people. We have great people on this team. Your passion, your professionalism, your many sacrifices during a very challenging period in our nation's history made the difference in Army recruiting."

Though his more than three and a half year tenure followed a year of mission failure in 2005 and was marked by a growing Army that needed to sustain an all-volunteer force in an unprecedented war-time recruiting environment, Bostick brought optimism, energy and unparalleled leadership to USAREC, according to Lt. Gen. Benjamin C. Freakley, Commanding General of U.S. Army Accessions Command and Deputy Commanding General for Initial Military Training U.S. Army Training and Doctrine Command.

"Wherever he went, whether it was in the halls of Congress or the halls of the Pentagon or, most importantly, in the small recruiting stations across America, Tom Bostick brought optimism to the force: 'We can and we will do this,'" Freakley said.

He thanked Bostick and his wife, Renee, for their loyalty and dedication to the recruiting mission, and also thanked the entire USAREC team.

"As Fort Knox transforms to the Human Resource Center for Excellence, we will have as critical a role in the Army as we do today, and that role will only expand," Freakley said. "The Army Force Generation program demands and depends on our ability to recruit, train and man the force today and tomorrow. Commanders depend on quality Soldiers filling their ranks, the Army depends on commanders bringing their best to the fight, and the nation depends on the military to ensure our way of life.

"Our Army is counting on each and every one of you in USAREC to do as you say and 'Provide the Strength."

Joining USAREC from his most recent assignment as the Armor Center commanding general, Maj. Gen. Donald M. Campbell Jr. previously served in USAREC as deputy commanding general-west in 2004-2005.

Describing key assignments from Campbell's 31-year career, Freakley said that Campbell knows what the Army needs in young people, he understands the significance of the recruiting mission and he's the right commanding general to build upon the successes of the command and carry forward this great legacy.

Campbell thanked his "home team" — wife, Ann, and their children Craig and Leslie — on this, their 23d move in the Army, though it was only down the street on Fort Knox.

"I'm thankful this is my third assignment as a general officer within this great military community — an honor rare to the Army," Campbell said. "Citizens of this community are some of the most supportive I've ever witnessed."

Campbell said that USAREC will continue to set the conditions for success by concentrating on four major pillars.

"First, we succeed or fail as a team.

"Second, our Soldiers, civilians and family quality of life are as important as the annual recruiting mission. We owe them professional development and personal growth opportunities as well as superb family programs. Taking care of our people only makes us stronger."

Third, Campbell said USAREC Soldiers must be disciplined and adhere to the Army Values because of their role as the Army's trusted ambassadors to the American public.

"President Washington said, 'Discipline is the soul of any organization,' and ours is no different.

"Finally, we must clearly communicate and enforce standards. If discipline is the soul of any organization, I firmly believe standards are the heart."

Campbell said he looks forward to the Recruiting Command's bright future and all that can be achieved together as a team.

Streamlining Course Development to Speed Training Materials to the Field

By Rodney Edmond and Donald Copley

B ecause of the unique nature of recruiting business practices, long gone are the traditions that allowed a course manager the luxury of updating training material over several months, which has been an Army Training and Doctrine Command norm. The rapid changes associated with Recruiting Command dictate the expeditious development of training material in a matter of days or sometimes hours.

As a result, the Recruiting and Retention School (RRS) Training and Development (TD) shop, which is responsible for managing and maintaining training material for USAREC, has become one of the command's lead agents in change management. The TD shop has pioneered new and innovative methods to ensure training materials are ready, relevant and available in a short amount of time.

"We understand the importance of having ready and relevant courseware for all concerned. We are striving to dissolve the lines between institutional, organizational and self-development learning domains. As a result, we are providing a truly unique blended learning platform like none other in the Army,"said Col. James H. Comish, RRS Commandant.

Streamlining the lesson development process

The RRS TD shop is heavily engaged in streamlining the lesson development process. While most TD shops across the Army have at least 21-30 personnel sharing a moderate workload – affording them the luxury of time on task – the RRS TD shop has 10 personnel and an enormous workload due to the constant changes associated with USAREC.

The RRS identified the need to develop a streamlined process to accomplish all of the necessary work. What used to take a standard training developer 125 hours to accomplish has been streamlined to take only 12 to 18 hours. These new processes have allowed training developers more time during a work week to focus energy on developing new capabilities.

Each team member plays an important role in deciding which parts of the processes are deleted or streamlined. Team members are assigned a particular step in the development and updating processes and are then challenged to streamline it.

Through several brainstorming sessions the steps within the

process are reduced, with the ultimate goal of eliminating cumbersome work. The elimination of steps within the process allows the TD team to produce products at a much faster rate than other training development shops within TRADOC.

The RRS TD shop has developed innovative and more rapid approaches to lesson development procedures, expediting the cumbersome actions formally used in the Army Systems Approach to Training (ASAT) database, the cornerstone system for development across the Army.

Lesson development

The RRS TD shop also has the ability to produce lesson plans in a format that adheres to all the regulatory guidance for lesson development mandated by TRADOC policies.

There are several benefits to this type of development. First and foremost, it allows RRS to maintain pace with the constant changes in the field.

Second, the RRS is providing students the most recent information for their use when they report to recruiting duty. This type of streamlined development also allows the RRS to place all courseware material for all functional courses on its Web site: www.rrs.army.mil. Recruiters can have access to all RRS training materials by simply clicking on the library link. This will navigate users to the RRS TD SharePoint. Recruiters and staff are invited and encouraged to use RRS training materials as needed.

Finally, RRS saves a tremendous amount of time and man hours by streamlining the development process. Streamlined processes have allowed the RRS to garner numerous quick wins in lesson plan development and change management procedures.

As USAREC continues to leverage technology and change, the need to develop course materials in timely manner will remain. The Six Sigma process has aided the RRS in modifying the way it does business and ensuring it provides an up-to-date training support package for customers across USAREC.

"As we continue to support our field force and instructors, we will continue to pioneer changes in antiquated processes and procedures," Comish said.

Famous Chef Spices up Army Cooking

By Amy Perry, Fort Lee Public Affairs

The aroma of excitement was in the air April 18 at Fort Lee when TV personality Chef Emeril Lagasse was on location to film two upcoming shows for "Emeril Green," a new program on the Discovery Channel network.

One of the best known chefs in the country, Lagasse hosts two of the Food Network's highest-rated programs, "The Essence of Emeril" and "Emeril Live."

The Discovery program "Emeril Green" features Lagasse showing viewers how to make their meals healthy, organic and eco-friendly.

The first segment filmed at Fort Lee, "Operation Emeril," was filmed in a field kitchen setting using kitchen tools that would be available to deployed Soldiers cooking in mobile or containerized kitchens. Lagasse cooked with three food service students and one instructor.

The second show, "Army Greens," was filmed at Army Center of Excellence, Subsistence and featured several instructors of the advanced culinary class. The focus was on healthier food choices and eliminating waste in the kitchen area.

"There's a movement in the military right now, even as large as they are, about making efforts to go green or to go greener," said Lagasse.

Lagasse was excited about

the efforts that Fort Lee and other military installations have made toward becoming environmentally friendly, highlighting the compost and recycling programs now available in the Army. Aside from a healthy environment, Lagasse said he was impressed with the efforts in the food service program to go healthier and be more exciting.

"I know they are making significant strides and I've even done a little bit of work with the armed forces," he said. "They are trying to make food a real craft. There's a healthier movement through the introduction of fresh fruits and vegetables. I'm impressed to see the advancement with the amount of ingredients and the kind of ingredients that are available. I think they were in a rut for so long that it was just the same old, same old, and it just got completely boring."

In "Operation Emeril," Lagasse focused on showing food service students interesting ways to build excitement in the atmosphere while cooking in the field.

"The typical dishes I'm doing here are not typical dishes that they would be doing because I'm pulling certain ingredients out of different boxes to sort of create and give these guys



Chef Emeril Lagasse works with Army food service instructor Staff Sgt. Michelle Hall in between filming shows at Fort Lee, Va., April 18. *Photo by Mike Strasser*.

who are learning to cook some excitement," said Lagasse. "You can get a little creative with it if you have the time. When you're in the field and you're on the run, it's a different story. When it's stationary, and you're learning, there are other ways you can mix and match things to make it tasty and delicious."

Pfc. Clint Morgan, a food service student and Emeril fan, jumped at the opportunity to cook with Lagasse, and looks forward to using the tips given during the taping.

"The meals are not that hard to change up as long as you have the extra ingredients out there," Morgan said. "We're basically taking part of one kit and taking part of another kit to make a meal out of it. The way he's doing it makes it real simple."

Pfc. Heather Wommack, a food

service student, was excited to be in the show and said working with Lagasse was an amazing experience.

"He's hilarious," said Wommack. "You vibe off him. You have to be live and energetic with him on camera. He brings out a lot of energy."

"Operation Emeril" and "Army Greens" are set to air backto-back 8 p.m. EDT June 29 on Planet Green, part of the Discovery Channel network.

First Lady Vows More Support for Military Spouses

By Samantha Quigley American Forces Press Service

First Lady Michelle Obama was surprised to learn that the majority of military families feel their struggles often go unnoticed, she said during a May interview with The Pentagon Channel and American Forces Press Service.

"I just saw the results of a recent survey done by Blue Star Families that shows that 94 percent of military families feel as if the country doesn't understand their challenges," Obama said. "That's a pretty powerful statement."

The struggles include moving from city to city and trying to find good schools, or child care, or a new job. In the case of a military spouse, all of these struggles fall on one set of shoulders when a servicemember is deployed.

The administration is moving ahead with concrete measures to make military families' lives a little easier, Obama said.

"We're seeing a 2.9 percent increase in salary for our [servicemembers] to ensure that we're retaining and attracting new numbers of individuals who want to be part of the military forces and feel like they can build a life as a result," she said. "In terms of our spouses, the administra-

tion is investing \$80 million just for career development and training for spouses, which is critical."

That's just the beginning.

"You'll see more

down the line that will show, not just in word but in deed, that we have to invest in our military, their families, and our veterans in a real meaningful way," she added. "Whether that's job training, mental health support [or] whether that's ensuring that people have access to the health care they need."

These are all good steps to lowering the number of military families who feel disconnected from the rest of the American public, but more can be done, the first lady said. "There's also a separate call to the nation that has nothing to do with the government," she said. "It's what we do in our own neighborhoods that's also an important part of what this community of families needs to feel."

It's about neighbors reaching out, businesses reaching out to new military families in the area. Even schools and colleges can help military families and spouses by thinking creatively about helping them transfer credits and gain the first lady said. "When I was away from my husband during the time of the campaign, he wasn't at war.

"What I do know is that when you're married to somebody who feels a call to serve, that you're part of that service as well," she said.

That means she'll stand behind, next to, or with her husband, Obama added.

"The women and men that I've met who are serving alongside their spouses feel the same way," she said. "They feel a



"... 94 percent of military families feel as if the country doesn't understand their challenges. That's a pretty powerful statement."

access to training and other educational opportunities, she said.

The outreach doesn't need to be a grand gesture, as even the smallest act is a signal to the military community that the nation understands the sacrifices its servicemembers and their families are making, Obama said. And even though she, too, has endured having an absent spouse, she said there is no comparison to the extra burden on military spouses.

"I try not to compare my experience in any way to what a military spouse faces," part of this challenge and they embrace it with pride and dignity and courage and strength."

Chairman of the Joint Chiefs of Staff Navy Adm. Mike Mullen declared May 8 as Military Spouse Appreciation Day.

It's a wonderful recognition, Obama said, "but that's just one day. We should be doing it every day."

She said she wants every military spouse to know they're loved, valued and appreciated, and that the administration will work to make sure that's realized.

Water Safety

By USAREC Safety

any of us may seek relief (physical or mental) from the heat and conditions of summer by waterskiing, sailing, boating, swimming or enjoying other water sports.

By knowing and implementing safe practices associated with your fun, you will help ensure continued pleasure in the future.

While most of these activities have specific requirements of skill and equipment knowledge, there is one safety skill that you will need for almost all: knowing how to swim. Swimming is the most important skill that you should have to reduce your risk of serious injury or death.

The following safety items listed are by no means all inclusive, but are basic building blocks that hopefully will prompt you to learn how to more fully and safely enjoy these summer pastimes.

Swimming

Swimming is the most basic of water sports, and perhaps the most popular. In terms of equipment, preparation and time involved getting ready for an outing, swimming is the easiest water activity in which to participate.

Whether at a swimming pool, lake, river or ocean, some simple tips (good tips for all water sports) can help ensure a good, safe outing:

• Obey all posted signs and rules.

• Be aware of the "dangerous toos"— too tired, too cold, too far from safety, too much sun, too much strenuous activity, while swimming. If you are experiencing these events, it is time to come out of the water.

• Do not drink alcoholic beverages because they will impair balance, coordination and judgement, and its effects may lead to hypothermia. Do however have water and other drinks available to stay hydrated.

• Keep an eye on the weather. At the approach of bad weather, get out of the water.

Boating

Whether powered by sail, engines or oars, boats are a means of escape from the shore and a chance to get in some fishing, skiing or quality time with family and friends.

Operating a boat, whether a canoe or a large power boat, requires you to be familiar with the equipment and your ability to master the craft. The safety precautions mentioned above with swimming also apply here, as well as the following:

• Follow all local and state rules and regulations regarding safety equipment (personal flotation devices), survival gear, signals and alcohol.

• Prepare a float plan and leave it with family or friends in the event of delays or emergencies. Include details on the boat and trip, such as registration number, names of those in your outing, estimated route, time of departure and estimated return.

• Inspect your boat and equipment before leaving the ramp or dock.

• As captain of your boat, you are responsible for ensuring that all aboard are safe. Do not endanger your passengers by reckless acts.

• Most fish and game departments and volunteer agencies, such as the Coast Guard Auxiliary, offer low cost or free courses on boating safety. To locate courses in your area, visit www.uscgboating.org/safety/courses.htm.

Water skiing

Safe water skiing depends a great deal on the condition of the boat, equipment, and the skill of the operator. Wearing the proper ski vest is crucial in the event where you take a hard spill and lose your ability to swim. Other precautions include:

• Make sure that a lookout is watching the skier at all times.

• Know and use proper hand signals.

• When approaching a fallen skier, cut the motor off before pulling along side the skier.

Personal watercraft

This relatively new addition to the waterways is a joy to many, and a bane to others (due to reckless operation by a proportion of personal watercraft operators). These craft can turn on a dime, big boats can't. Keep this in mind when riding in high boat traffic to avoid a collision.

By following basic safety precautions, getting training as recommended by professional organizations, and just slowing down a little, your summer outings on the water will be more enjoyable and help ensure future good times.



A love of military bands and the skill with which to make a trumpet make beautiful music opened the door for Houston graduate student Kevin Lynch to enlist in the Army and, thereby, secure his future.

Military bands have always interested Lynch and as he

neared graduation for his master's degree, he first learned of an opening within the U.S. Army's Old Guard Fife & Drum Corps. He took a chance and sent in a CD with his trumpeting expertise, which got him past the first round of eliminations and gave him an opportunity to travel to Washington, D.C., to "toot his own horn."

"It is a two-day process," Lynch said. "You learn what the band is all about; in my case, you meet the entire bugle section, they teach you basic marching skills and maneuvering, and then they administer a 30-minute physical [fitness] test, to make sure you will not pass out while on the job."

Being born into a well established musical family offered him the chance at the support and encouragement of his family members. His mother plays the accordion, a brother plays drums and his father and

> Kevin Lynch, who recently completed his master's degree at Rice University, enlisted in the Army to become a member of the U.S. Army's Old Guard Fife & Drum Corps, a select group of Soldier musicians who wear uniforms patterned after those worn by the musicians of Gen. George Washington's Continental Army and inspire others with patriotic music. Courtesy photo

drums, and his father and another brother both play trumpet. Lynch credits his brother for his initial training in the trumpet. He also follows his two oldest brothers' footsteps in becoming a Soldier. Both are Army Reserve Soldiers.

One of the benefits of his becoming a member of the band is the opportunity to advance to the rank of staff sergeant, which, ironically, will bump Kevin Lynch to a

higher rank than either of his brothers.

"I have always wanted to be in the military and this is putting two things that I love together," Lynch admitted. "Being able to represent the Army will be quite an honor for me.

"It is a rare thing for a musician to have a set [occupation] upon graduation from school. It usually takes a couple of years and a lot of auditions. It is a true blessing — an answer to my prayers. God has blessed me with this. I believe this is where I am supposed to be and what I am supposed to do."

Upon completion of basic training Lynch joins musicians whose uniforms are reminiscent of the American Revolution. Third U.S. Inf. Regt. Soldiers parade in uniforms patterned after those worn by the musicians of Gen. George Washington's Continental Army.

The Fife and Drum Corps conducts 500 performances each year and performs throughout the nation and in Europe, Australia and Canada.

To learn more about Army Bands, career opportunities, and performances, visit http://bands.army.mil/.

intense. In the morning, each candidate plays a solo piece, performs various bugle calls, and then another grueling wait as more applicants are cut from the pool. Later that day, the remaining applicants are asked to perform more bugle calls and marching band movements and tested on music sight reading. The day would conclude with the remaining dozen or so candidates facing a 30-minute interview with a panel of judges.

Lynch said the second day of interviewing was even more

The Old Guard Fife and Drum Corps is the only unit of its kind in the Armed Forces, and is part of the 3rd U.S. Infantry Regiment (The Old Guard), and only enlists those whose dedication and musical prowess is of the highest caliber. The 3rd U.S. Inf. Regt. is also well known for its elite group of Soldiers who guard the Tomb of the Unknowns at Arlington National Cemetery.

Lynch earned his undergraduate degree at Cleveland Institute for Music and earned his master's degree at Rice University where he majored in trumpet performance.

Recruiter Saves Student's Life

Story and photo by D. Charone Monday, Columbus Battalion

It started out as a normal recruiting day for Staff Sgt. Timothy Miller of Parkersburg station in West Virginia. He was manning his table at St. Mary's High School when suddenly he heard a commotion coming from the special needs room just down the hall.

A teacher came out and ran past him

and got the principal. As they went into the room, more commotion could be heard and the principal quickly came back out, ran down the hallway, and told his secretary to call 911.

It sounded serious, so Miller asked if there was anything he could do to help. The principal told him that they had everything under control and went back into the room. But it only took a few minutes before the principal came out again and asked if he knew CPR. Miller told him that he was a combat lifesaver and could help.

As he went into the room, he saw a young man named Shawn laying there. He was completely gray with his eyes rolled back.

"When I saw the state he was in, I realized it was a lot worse than what I had expected," said Miller . "I thought he was still choking and still breathing, but then I saw how gray he was and that he had no pulse at all...that's when I knew how very serious the situation was."

At that time, there were already two teachers who had tried to work on him, but they didn't know what else to do. They told Miller they had tried the Heimlich maneuver but couldn't get the food out and so they tried to give him CPR.

Miller's training gave him the insight that the CPR was just pushing the food down farther, so he picked the young man up and performed the Heimlich maneuver about eight or nine times.



Staff Sgt. Timothy Miller received an ARCOM for his life-saving actions.

Finally the food came up and a quick sweep got the rest of it from his throat.

Since the student still hadn't begun breathing and was bleeding out of his mouth, Miller immediately began CPR. After approximately one and a half minutes, the student started coughing and started breathing as he opened his eyes again.

"Immediately afterwards, my adrena-

line was rushing and I was pretty emotional so it didn't end up being a very productive table set up. By the time the incident was over, I was covered in sweat with my heart pounding as fast as it could. I just went back out in the hallway, packed my stuff, and came back to the office for the day," said Miller.

According to the principal and the board of education director, the medical staff said that for as long as the student had been out, and the time it took for the ambulance to arrive, if Miller hadn't revived him, he would have had serious brain damage or even died.

"It's the first time as a recruiter I've had to use these skills on a civilian ... though I've used them a few times while on deployment. Now, every time Shawn sees me at the school he comes over, shakes my hand, and gives me a hug," Miller said.

All of the faculty at the school knows what happened, and now every time Miller goes into the building they're shaking his hand, thanking him, and telling him to have a good day. He said it's definitely opened up a lot of opportunities for him at the school.

Miller volunteered to go to combat lifesaver training in 2000.

"I've always wanted to have the extra training in case I ever needed it. I have an eight year old daughter at home and you never know when you might need training like that. Though I received an ARCOM for my actions, personally knowing I saved the young man's life was the only thing that really mattered to me. I appreciate the award, but the most important thing is that the young man is still alive because of what I did."

Yale-New Haven Hospital Signs PaYS Agreement

Story and photo by Jane Spass, Albany Battalion

Yale-New Haven Hospital signed a PaYS agreement with the Army in a ceremony that took place at the hospital in New Haven, Conn.,. An audience of more than 50 distinguished guests, including hospital employees with military affiliations, gathered to witness Brig. Gen. Joseph Anderson, Lt. Col. Tony Esposito and hospital president and CEO Marna Borgstrom sign the agreement April 21.

The second-largest employer in the New Haven area, the hospital hires an average of 1,000 people every year and some of those resumes will now come from the Army.

"Adding Yale-New Haven Hospital to our ever-growing list of corporate partners enables our recruiting force to offer applicants quality post-Army employment opportunities with one of the best hospitals in the United States," said Anderson, Deputy Commanding General for the U.S. Army Recruiting Command. "Each year the Army trains thousands of young men and women in a variety of medical specialty skills the healthcare industry needs. This partnership is just one way we can help ensure our Soldiers continue to achieve success after leaving the Army."



Brig. Gen. Joseph Anderson, Deputy CG USAREC, Yale-New Haven Hospital President and CEO Marna Borgstrom, and Lt. Col. Tony Esposito, Cadet Command, sign the PaYS agreement at Yale-New Haven Hospital April 21.

"At a time when health care workers are at a premium, this program also provides the hospital with a group of well-trained applicants who have been held to a very high standard of personal conduct and performance," said Borgstrom.

Soldier and physician assistant Evans Simmons captured the audience's attention when he shared his personal story of how his Army medic training prepared him for his current career as a physician assistant on the transplant floor at the hospital. "Never again did I meet an impasse in my career, though the training was rigorous," said Simmons. He further detailed how his Army ethos enabled him to have the best of both worlds.

Yale-New Haven is one of two hospital systems in the nation to forge this partnership, the other is HCA. The hospital rich in history since 1862, was converted to a military hospital to care for Union Soldiers during the American Civil War.

Oath of Enlistment at the Capitol

Baltimore Battalion's Landover Company Commander Capt.
Pace Duckenfield administers the oath of enlistment on the steps of the U.S. Capitol before family, friends and many onlookers. Thirty-seven Baltimore Recruiting Battalion Future Soldiers took their oath of enlistment and a tour of the Capitol April 24. The tour was conducted by retired Lt.
Col. Larnell Exum, the U.S. Senate U.S. Army Liaison Deputy Chief, and included an in-depth look at the Rotunda, its statues and artwork. The group also walked the tunnels, visited the Russell Senate Office Building, the Brumidi
Corridors, the Old Supreme Court Chamber and sat in on an actual Senate hearing with Illinois Sen. Roland Burris presiding. The Future Soldiers met Burris and the Senate Sergeant at Arms, Mr. Terry Gainer. Photo by Wallisa Moore



40 ... and Joining the Army!

By Alisa Feldman, Miami Battalion

Imagine being 40 and having served your country, counseled our youth and now working as a property appraiser. One

would think that would be enough work for a lifetime, right? Wrong, not for Jorge Gil Muela; that was just the beginning. He began a brand new chapter, a new beginning, or one would say a life altering experience — an experience that he is going into fully prepared.

Muela served our country as a Marine from 1987-1991. Returning to civilian life, he became a counselor for at risk teenagers. Over the years he eventually

burnt out and decided it was time a change. At the time there was a real estate boom and property appraisers were doing fairly well. He began working for Wells Fargo and some people like him who were on contract were earning up to \$80,000 a year.

Well, that was then and this is now. Now, due to the recession that we are in, Muela said that he would be lucky to

however the Marines told him he was too

old, the Navy offered him too low a rank.

The next step would prove to be the best and most important step for Muela and

his family — the step into the Kendall

make \$20.000 this year. So, Muela had to make a choice - he needed to pay for his home, college for his stepson, food on the table, health insurance, etc. Muela and his family had a long talk and he decided that he was going back into the service. Of course he was going to go try to get into the Marines:

Recruiting Station.

There, Muela met Staff Sgt. Javier Rabell. Rabell explained that Muela was going to be able to go into the Army because Congress had raised the Army's age cap of 35 to 42. Muela did have to do one thing; he needed to drop 50 pounds.

Muela went on a strict diet and exercise program and was fully committed to losing the weight. Muela joined the Army on March 18 at 185 lbs.

Muela wanted to be trained in a skill that would help him after he has served his country. He wanted a job that would be something that would be available not only now, but in years to come. He chose and was approved for cargo specialist. This is a skill that is in critical need in the military and will be something he will be able to do at a seaport when he has finished serving his country.

Muela was able to skip basic training because he has prior service and will be going to Fort Sill for training. Muela will be joining his permanent duty station possibly as soon as August.

Muela has the support of his wife and kids. He is also very aware that he may be deployed but is ready physically and mentally. Muela is very proud to serve not only his country, but also his family.

On the Deck of History

The 1st Recruiting Brigade headquarters, battalion and company leadership toured the USS Intrepid Sea-Air-Space Museum in New York City Harbor March 27, after a quarterly training brief. **During the tour two Soldiers** were promoted and two reenlisted on the flight deck overlooking the New York City skyline. The USS Intrepid was commissioned during World War II, seeing action in the Pacific theater, most notably the Battle of Leyte Gulf. She served through the Vietnam War before being decommissioned in 1974. Photo by Ralph Krulder





Jorge Gil Muela is serving his country

for a second round, at age 40.



Army Training Network Now Available

By Will King, Fort Leavenworth Lamp

The Army Training Network, a one-stop shop and information source of training for trainers and educators is now available online.

The ATN Web site has the most current training doctrine available: Field Manual 7-0, Training for Full Spectrum Operations, published in December 2008, Online "Training Management How-To" and "Training Solutions" in ATN replace the hardcopy FM 7-1, Battle Focused Training.

"The thing about ATN is that it's live, it's current, it's now, unlike the twodimensional documents that the Army has operated with for so many years," said Bill Brosnan, ATN contractor team leader.

Users have the capability to comment on doctrine, make recommendations for changes and submit training solutions from the field.

The ATN team evaluates users' comments and training solutions. The Combined Arms Center — Training also has input to ensure the right information is presented online.

Blogs facilitate top-down communication of new training methods and news, and professional forums allow participants to pose questions and recommend solutions. The blogs and forums are conducted through Battle Command Knowledge System, and ATN monitors BCKS for any training related entries.

Through hyperlinks, trainers can find doctrinal information quickly, as well as link to related training solutions from the field, and blog and forum entries.

Jimmy Davis, ATN government team leader, said the ATN system packages the "how to" with the "what," the training solutions with the doctrine, in a format that is easy to navigate, always available online and represents the latest in doctrine and training techniques.

ATN also has tutorials for using Digital Training Management System and links to other Army training Web sites, such as Army Training Requirements and Resources Systems and Virtual Battle Space 2. Users can recommend links to additional Army training sites and resources.

Users can ask a trainer questions directly and get a response within 48-72 hours.

Participation from Army trainers and educators in the schoolhouse and in Active and Reserve Component units is necessary said Davis.

"ATN is really about collaboration. We have to have help from the Army to make it a success."

Visit the Army Training Network portal at https://atn.army. mil. An Army Knowledge Online user name and password or Common Access Card are required to access the ATN Web site.

Tiger to Treat Troops

Story and Photo by Tim Hipps, FMWRC Public Affairs

For the third consecutive year, Tiger Woods is dedicating his AT&T National PGA Tour event to the men and women of the United States Armed Forces.

Woods is donating 30,000 tickets to retired veterans, active-duty and Reserve troops, and their families for the July 2-5 tournament at Congressional Country Club in Bethesda, Md.

Woods, who last year missed the tourney while recovering from knee surgery, will play the Earl Woods Memorial Pro-Am July 1 with three service members as he did in 2007, the first year of the tournament.

The Military Caddie Program will again feature troops serving as caddies for the pros on the seventh hole. Two years ago at that hole, Woods handed his putter to Army Sgt. Michael Woods, who knocked down a 12-footer for the play of the day at Congressional.

Wounded warriors will serve as honorary starters on the first tee box for the tournament's opening ceremony at 11 a.m. July 1.



Tiger Woods said he will donate 30,000 tickets to his AT&T National PGA Tour event July 2-5 to active, Reserve and retired service members.

"Hopefully people come out, not only to watch the players, but also to say thank you to all of the servicemen and women that are coming out here," Woods said. "If it wasn't for them, what they are doing overseas, things might be different here."

Early commitments to play in the 2009 AT&T National have been received from past tournament champions K.J. Choi (2007) and Anthony Kim (2008), along with tourney newcomer Ernie Els who won the 1997 U.S. Open at Congressional.European Ryder Cup team member Paul Casey, Jim Furyk and Danny Lee also have committed, said Greg McLaughlin, president of the Tiger Woods Foundation.

"There are various other military initiatives we will be doing during the week," McLaughlin said. "Again, we want to continue our support of the military in this great community, and we plan on really making a nice showing here in 2009."

Tiger hopes to bring the buzz back to the nation's capital.

"To have the military there and to have everyone support the event like they did the first year ... having the players just rave about it, having all the fans rave about it, it was just such a huge success. We are just trying to build on that momentum that we created the first year."

Tickets are available from ITR offices within a 100-mile radius of Washington, D.C., beginning June 3. A list of offices is online at www.pgatour.com.

Suicide Prevention Campain Launched

Army Public Affairs

A comprehensive plan to addess the problem of suicides was recently signed by Army Vice Chief of Staff Gen. Peter W. Chiarelli. The Army Campaign Plan for Health Promotion, Risk Reduction, and Suicide Prevention mandates unprecedented changes in Army doctrine, policy, and resource allocation, and provides guidance to commanders to address the problem of suicides.

The plan is the result of efforts that began in January, when Chiarelli was appointed to oversee a comprehensive integration of the Army's efforts to prevent suicides.

"After visiting six installations and talking to all levels of command and staff; those who provide care, support, and services; and Soldiers and their families I realized we needed to take a much more holistic approach in improving the physical, mental, and spiritual health of our Soldiers and their families than solely focusing on suicide prevention. If we do the first, we are convinced the second will happen," Chiarelli said. "I want to tell our Soldiers, civilians and our families, your Army hears you, and this campaign is a direct result of the things I learned from you on my visits."

The Army Suicide Prevention Task Force and Army Suicide Prevention Council were established March 23 to rapidly analyze and assess existing programs and develop solutions to reduce the rate of suicide in the Army.

The task force is an interim organization charged with making urgent and lasting changes in the way the Army approaches health promotion, risk reduction, and suicide prevention.

The Army's Suicide Prevention Council includes leaders from across the Army who convene to identify and fix problem areas and make adjustments to current policy, programs, and resources.

Both the task force and the council are focused on setting the conditions for Armywide improvements.

"We're taking a strategic look at the Army's many existing programs, policies and initiatives that are connected to health promotion, risk reduction, and suicide prevention," said Brig. Gen. Colleen McGuire, director of the Suicide Prevention Task Force. "By conducting a comprehensive analysis of our current processes and systems and then taking action to improve those processes, we're confident we can reduce the rate of suicide and achieve overall enhancements in positive life-coping skills of our Army community. We're definitely making specific changes, but the most important change will be to the Army culture. Our intent is that every Soldier, Army civilian, and family member better understand what each of us can and must do to prevent suicides, and what we're doing to help our entire Army family become more resilient people, in every aspect of their lives."

Visit www.armyg1.army.mil/hr/suicide.

Immigration Reaches out to Families

By Rob McIlvaine, FMWRC Public Affairs

Non-citizens have used military service as a stepping stone to citizenship since the American Revolution. In fact, between 1862 and 2000, more than 660,000 military veterans became citizens through naturalization.

Today, about 35,000 non-citizens serve in the military. Approximately 8,000 enlist every year.

Some Soldiers have family members, especially a spouse, who are not U.S. citizens and often have to go through a lengthy, cumbersome process to become citizens.

To alleviate this problem, Citizenship and Immigration Services is bringing immigration services, such as biometrics collection, informational appointments, adjustment of status and naturalization interviews, and naturalization oath ceremonies to the service members on a regular basis at their installations.

Last June, CIS field office directors began presenting immigration seminars at installations and relocation liaisons are now available to help families coordinate with human resources and legal office personnel. They also assist with multicultural outreach programs, English as a Second Language, and classes on the citizenship and residency application process.

USCIS developed a Web page, www.uscis.gov/military, that contains information and links to services specifically for the military and their families.



Honoring a Lifetime of Service

Maj. Gen. Thomas P. Bostick, former USAREC commanding general, presents a recruiter badge to retired Col. Jeff Spara in March making him an honorary recruiter. Spara was the enlisted accession division chief, Directorate of Military Personnel Management, Army G-1. While in uniform, Spara served as a recruiting battalion commander, a recruiting brigade commander, and the division chief for the Army G-1 DMPM Enlisted Accession Division, the position he returned to as a civilian after retirement. He was the guiding force in the revision of Army Regulation 601-210, Active and **Reserve Component Enlistment Program, and** spearheaded the effort to align enlistment incentives across the Army components. Spara lost his battle with cancer April 30. Courtesy photo

Veterans can submit applications online for Post 9/11 GI Bill

Department of Veterans Affairs

As of May 1, veterans can begin submitting applications online for the Post-9/11 GI Bill.

Veterans and active, Reserve and National Guard servicemembers with active duty since Sept. 10, 2001, may be eligible for this benefit. Veterans will remain eligible for benefits for 15 years from the date of last discharge or release from a period of active duty of at least 90 continuous days.

Qualified veterans will receive a "Certification of Eligibility" as well as additional information regarding benefits they may qualify for under the Post-9/11 GI Bill, which will become effective Aug. 1, 2009.

For more information, visit the VA Web site at www.gibill.va.gov or DoD's GI Bill information page at www.defenselink.mil/home/features/ 2009/0409_gibill.

MEPS Memorializes Fallen Chicago Soldier

By Mike Pryor, 82nd Airborne Division

In the summer of 2003, a young man named Joe Vanek walked into a room at the Chicago Military Entrance Processing Station, raised his right hand, and swore to defend his country as an American Soldier.

In the years that followed, Vanek kept his oath, becoming a paratrooper in the 82nd Airborne Division and deploying three times to Iraq. On his final tour in November 2007, the 22-year-old squad leader was watching over his Soldiers, then suddenly, he was gone, felled by a sniper's bullet during a patrol in one of Baghdad's toughest neighborhoods.

Today, a year and a half after his death, Vanek is still leading by example. At the Chicago MEPS, his face now looks down from a framed plaque on a wall in the same room where he first swore his oath, a room that now bears his name as a reminder to those who would follow in his footsteps of what a Soldier should be.

The Sgt. Joseph M. Vanek Ceremony Room was officially dedicated April 20 in the MEPS building to recognize military personnel from the Chicago area who have died in Iraq and Afghanistan, said 1st Sgt. David Davis at the Chicago MEPS.

More than 150 service members who in-processed through the Chicago MEPS have been killed in action since 2001.

Vanek, an Elmhust, Ill., native was chosen to represent them all.

Before making that decision, MEPS Commander Lt. Col. Holly Gay and Davis reviewed every service member's file, poring over award citations and military records. Gay said all the fallen service members were heroes who deserved to be recognized, but Vanek stood out.

As they looked through the files, Gay and Davis kept coming back to Vanek's picture. "It kind of came down to a gut feeling," said Gay.

Vanek's family was honored to have a room at the MEPS named after Joe.

"Joe wouldn't have wanted a big deal, but he would be honored," said his older sister, Ann Vanke. "Joe was very proud of his military career...and if anything is going to represent his life, it should be a building that honors men and women who are going to do something similar to what he did."

Gold Badges



APRIL 2009

ALBANY

SFC Victor Rivera Jr. SSG Denis Bourque SSG Christopher Fristoe SSG Derrick Jenkins SSG Mackenzie Marr SSG Matthew Moran SGT Beatrice Ramos **COLUMBIA** SFC Myron Adams SFC Latoir Brewer SSG Jeff Chuniesingh SSG Timothy Wilson SGT James Muller **FRESNO**

SFC Jessica Dean SSG Alberto Bretado SSG Nicholas Camarillo SSG Joaquin Chavez SSG Ismael Colonmarrero SSG Abel Garces SSG David Garcia SSG Joe Oswalt SSG Robert Pequeno SSG Edward Peralta SSG Truong Phan SSG Brian Schwabl SSG Brandon Segee SSG Mark Stephens SSG Jabbar Williams SGT Olabode Demehin SGT Robert Hicks SGT Jason Urbano SGT James Williams HARRISBURG SFC Richard Charles SSG Timothy Brown SSG Steven Domser SSG Jeffrey Herling SSG Kurt Johnson SSG John Kortz SSG Bryon Rosenberry SSG Rocky Weaver SGT David Cook SGT Kyle Flannigan SGT David Garman SGT Brinton Haskins SGT Daniel Sandoval HOUSTON SSG Christopher Benavides

SSG Jason Gordon SGT Gregory White

INDIANAPOLIS

SFC Jamie Diehl SFC John Williams SSG Channon Green SSG Ryan Nordbrock SGT Derrick Weist SGT Jeffery Zentz **JACKSONVILLE** SFC Steven Berry SFC Timothy Vega SSG Troy Adams SSG Deanna David SSG Stalarius Jones SSG Jose Taborazequeira **MID ATLANTIC** SFC Jude Green SFC Frank Park SSG Jonathan Boney SSG Damien Bradley SSG Kimberly Cox SSG Terrance Carlsson SSG Christopher Horn **MINNEAPOLIS** SSG Jared Seiler SGT Clayton Cowdin SGT Adam McNicol MONTGOMERY SSG Richard Cannon SSG Wilfredo Jordan SSG Marc Manning SGT Joshua Hawkey NASHVILLE SFC Jeffrey Palmer SFC Stephen Spencer SSG Christopher Harmon SSG Todd Mattila SSG Philip Smalley SSG Sandra Williams SGT Stephen Aguiar SGT William Foran SGT Ricky Hunt SGT Phillip Seavey SGT Michael Thompson CPL Zachary Knetchel **NEW ENGLAND** SSG Michael Arnold SSG Nathan Aston SSG Stephen Behan SSG Nicole Conners SSG Brian Fransen SSG Jack Harris

SSG Shiloh Latourrette

SSG Dominic Mazzoti

SSG Don Moore SSG Wesley Spaulding SSG Michael Tucker SSG Matthew Willits SSG Wesley Woolford SGT Rodolfo Almanzar SGT Charles Bergeron SGT Christopher Byers SGT Geoffery Harriman SGT Joseph Owens SGT Justin Stephenson SGT Darian Wells CPL Pierri Esmeraldino **NEW YORK CITY** SSG Latoya Cherry SSG Rochiqneu Jones

SSG Erickson Thomas SGT Joshua Distelhorst SGT Rafiq Robertson SGT Townsend Williams **OKLAHOMA CITY**

SSG Jesse Grindstaff SSG Randy Richardson SSG Christopher Sanford **PORTLAND**

SFC Kevin Mitchell SFC Winfred Mudong SSG Ngetiu Aitaro SSG Alvin Cook SSG Gregory Castro SSG James Cox SSG Shawn Feeley SSG Dustin Forgey SSG Robert Gauvin SSG Joshua Groats SSG Eric Hielscher SSG Michael Hillier SSG Nathan Hudek SSG Samuel Palmer SSG Joshua Stubbs SGT Kandy Flores SGT Kenen Lehman SGT Kevin Ruhnau SGT Paul Teters SGT Darrell Tomokane PHOENIX SFC Derek Dutcher SFC Jeremy Law SFC Kendrick Little SSG Duane Bochman SSG Charles Bozeman SSG Joshua Cobabe SSG Jason Cooper

SSG Neil Frerick

SSG Jose Garciapena SSG Roman Ortiz SSG Carl Prucker SSG David Rademacher SSG Natalion Seymour SSG Carlos Valladares SGT Jacob Bishop SGT David Bradford SGT Jeffrey Dozier SGT Yader Sandoval RALEIGH SSG John Cochran Jr. SSG Terrance Moody SSG Phillip Williams SGT Mitchell Brown SGT Stephen Spires SALT LAKE CITY SFC Matthew Flood SFC Jeff Lycan SFC James Morgan SFC Arnold Rasmussen SFC Aaron Taylor SSG Christopher Brodsky SSG Mark James SSG Michael McTague SSG Queen Reese SSG David Savage SSG Jeremy Schwindt SSG Marie Stuart SSG Jeremiah Williams SGT Jared Cate SGT Jared Snow SGT Thomas Tanner SAN ANTONIO SFC Kenneth Davis SFC Louis Gill SFC Jesus Vallejo SSG Javier Cardenas SSG Ronald Carpenter SSG Eric Cerda SSG Richard Eagly SSG Anthony Kelly SSG Margarita Luera SSG Manuel Santiago SSG Alfred Sevier SGT Robert Ballentine SGT Allen Fenwick SGT Jorge Fernandez SGT Rolen Murchinson SGT Roberto Munoz SEATTLE SFC Roland Ellis SFC Stanley Ellison SFC Jacqueline Habaluyas



BADGES CONTINUED

SSG Gladys Fraticellitorres SSG Bennett Garvin SSG Jason Hammonds SSG Saphal Heng SSG Sven Rawlins SGT Tamara Bonner SGT Timothy Born SGT Timothy Moran SGT Tyrone Somerville SOUTHERN CALIFORNIA SFC Dedy Arman SFC Sean Mady SSG Jason Daniel SSG Terrance Powell SSG Barbara Taylor SGT Joshua Arevalo SGT Michael Carter SGT Michael Eder SGT Brian McKey TAMPA MSG Patrick Nicholson SFC Chris Doyle SFC Taina Perez SFC Jose Acosta-Quinones SFC Carlo Shaw SSG Jonathan Areizaga SSG Keytrick Canady SSG Joseph Craaybeek SSG Taun Fountain SSG William Gazdagh SSG Miguel Carmona-Gomez SSG Victor Gonzalez SSG Alfred Jackson SSG Francisco Rivera-Lappost SSG Luis Lopez SSG Sheena McKinzy SSG Manuel Morales SSG Omar Andino Olivo SSG Jose Oritz SSG Travis Pierce SSG Allen Ringer SSG Mikol Rowland SSG Holmes Seamen SSG Jeffrey Schlemmer SSG Sean Strasser SGT Adam Barnes SGT Justine Barnes SGT Bryce Garner SGT Dianne Hoffmann SGT Christopher Leyen SGT Michael Morrissey SGT Adam Nemeth SGT Gavin Surguy SGT Tamika Vaughn SGT Albert Mezquita-Ventura

Rings

ALBANY

SFC Clarence Jones II SSG James Ball SSG Andrew Courville SSG Joel Figueroa SSG Daniel Kissane **BATON ROUGE** SFC Rico Hampton SFC Randall Legens SSG Derek Ates SSG David Irby SSG William Lawless SSG Latanya Swayze SGT Vance Bryant SGT Herbert Chatman SGT Charles Ellis SGT Richard Young CPL Michael Thomas COLUMBIA SFC Martin Crawford SSG Trivia Ellis SSG Michael Wamsley SGT Gregory Dukes COLUMBUS SFC Aaron Buhrer SFC Andrea Jones SFC James Rainwater SFC Steven Walsh SFC Derek Walters SSG Garry Caldwell SSG Donald Carle SSG Ronald Darby SSG Benjamin Kies SSG Mauricio Montalvopacheco SSG James Palmer SSG Steven Whalbring SSG Michael Wriston SGT Frank Porter DALLAS SFC Kelon Brooks SFC Carlos Riojas SFC Travis Tolliver SSG Horace Abney SSG Alejandro Deluna SSG Ricardo Garcia SSG Crandall Jones SSG John Lewis SSG Heath Mangum SSG Kyle Matus SSG Nickey Odoms SSG Enrique Revna SSG Wesley Smith SGT Raymond Garcia DENVER

SFC Joseph Byerly

SFC Laura Hall SSG Robert Barenberg SSG Juan Barron SSG James DeMotte SSG Bruce Emberley SSG Matthew Glover SSG Billy Hackworth SSG Bradley Hecker SSG Paul Laramore SSG Reinier Malinis SSG Jason Novotny SSG Rudy Toman SSG Niles Walker SSG Jack West SGT William Graham SGT Deonzie Gray SGT Christopher Hunt **FRESNO** SFC Marcus Jackson SSG Gerardo Godinez SSG Lee Lewis SSG Joesph Palacios SSG Steven Weiss CPL Brad Winchester SPC Viet Ma **GREAT LAKES** SFC Michael Kube SFC Scott Rowlette SFC Nathan Singer SSG Christopher Blake SSG Ryan Christenson SSG Adam Grimm SSG Phillip Gross SSG Darrin Hafeli SSG John Hund SSG Daniel Spanton SGT Nicholas Sawmiller SGT David Streeby HOUSTON SFC Oscar Castro SFC Esteban Delgado SFC Walter Kniffin **INDIANAPOLIS** SSG Joshua Jacobs **JACKSONVILLE** SFC Ray Berkitt SFC Saul Garner SSG James Meadows SSG Elvin Laureanopagan SSG Jason Reed LOS ANGELES SFC Bounthavy Malapha SFC Raheen Valentin

SSG Aikojay Calderon

SSG Isaac Campos SGT Travion Alvarado SGT Jeffrey Lee SGT Eric Moore MIAMI SFC Juan Chevere SFC Guilliano Janvier SFC Lazaro Sanchez SFC Allan Welchez SSG Gualberto Ortizrodriguez MILWAUKEE SSG Christopher Riley MINNEAPOLIS SFC Walter Dunkerley SFC Neil Van Cura SSG Daniel Chastain SSG Robert Farrell SSG Jason Labatte SSG Joshua Tolbert MONTGOMERY SFC Patrick Levins SFC Aubrey Mitchell SSG Scott Seymour SSG Adam Shifflett **1STMRB** SSG Nicholas Grasso **NEW ENGLAND** SFC William Bossard SFC Sean Collins SFC Dante Duarte SFC Shannon Krey SFC Charles Omalley SFC Bunnak Oum SSG Kevin Briggs SSG Brock Clukey SSG Joseph Dougherty SSG Ryan Lafrance SSG Patrick Percefull SSG Andre Soares NEW YORK CITY SSG Howard Dawkins **OKLAHOMA CITY** SSG Anthony Bartzis SSG Kyle Jackson PHOENIX SFC Clarence Brown SFC David Douglas SFC Diana Goodwin SFC John Hutton Jr. SFC Edgar Zavala SSG Rene Mosqueracabezas SSG Luis Orozco Jr. SSG Joel Sweeney SGT Warren Davies SGT Jerome Kessler SGT Benjamin Nogler SGT Paul Parr SGT Tracy Robertson

RINGS CONTINUED

PORTLAND

SFC Upuese Upuese SSG Cynthia Avilla SSG Kasey Olson SSG Richard Schroeder SSG Shaun Umi SGT Dustin Dugdale SGT Steven Fief SGT Todd Miller RALEIGH SFC Michael Ament SFC Antonio Williams SSG Scott Brone SSG Jason Cavett SSG Steven Dobrinski SSG Jimmy Hutchins SSG Scott Owens SSG Brasean Stewart SGT Daniel Fountain SACRAMENTO SSG Joey Curry SSG Mark Kisielewski SSG Gregory Lamothe SSG Corey Mills SGT Deonzie Gray SGT Jerry Keener SALT LAKE CITY SFC Robert Blevins SFC Lloyd Johnson SFC Alejandro Madrigal SFC Dennis Norrod SSG Russell Buckwalter SSG William Crail SSG Tucker Johnson SSG Seneca Locklear SSG Apryl Watroba SSG Timothy Wright SGT Jessie Schaffer SGT Tammy Warden SPC Benjamin Ludiker SAN ANTONIO SSG David Mendoza SSG John Smith III SEATTLE SFC Manuel Bohorquez SFC James Denison SFC Samuel Stroud SSG John Kelley SGT Kyle McCain TAMPA SFC Bobby Stocks

SSG Charles Cotto SSG Antonio Howard SSG Derrick Smith SGT Sheldon Arrindell SGT Damian Maldonado

Morrell Awards

APRIL 2009

ALBANY

SFC Nicholas Fregeau SFC Walter Greene-Morse SFC Shawn Tracy SSG Timothy Hangsleben SSG Christopher Poor **BATON ROUGE** SFC Johnny Bonyfield SFC Marshall Griffin SFC Curt Lawson SFC Eric Wells SSG Jeremy Parker SSG Micah Sherrod COLUMBIA SFC John Nelson SFC Colan Shiver COLUMBUS SFC Joseph Baldwin SFC Ronny Brown SFC Timothy Kuiee SFC Lucie Pinckney SFC John Vitellaro SSG Daniel Burke SSG Michael Frischknecht SSG Soraya Merles SSG Robert Plank SSG Jabari Swinton SSG Anthony Turner CLEVELAND SFC Robert Wallace SSG Andre Brown DALLAS SFC Victor Aguilar SFC Ricardo Garcia SFC Adam Pierce SFC Shawnae Walker SSG Steven Blais SSG Earl Bundy SSG Rupert Delgado SSG Victor Dudley SSG Michael Maples SSG Donald Williams DENVER SFC Dionne Boles SFC Jerome Davis SSG Jacquelyn Lewis SSG Steven Mulonet FRESNO SSG Joseph Cooper

GREAT LAKES SFC Matthew Beattie SFC Christopher Flugga SSG Michael Flynn HARRISBURG SFC Gerald Rasmussen SSG Brian Gibson SSG Seth Moore **INDIANAPOLIS** SFC Edwin Smith LOS ANGELES SFC Juan Floresnieves SSG Larry Lopez MIAMI SFC Guilliano Janvier SFC Alex Rodriguez SSG Wilson Gonzalez MINNEAPOLIS SFC Thomas Allen SFC Michael Smith SSG Jeremy Bright MONTGOMERY SFC James West **NEW ENGLAND** SFC Lovie Benton SFC Joseph Callahan SFC Andrew Gray SFC Michael Matos SFC Allen Redwing SSG Robert Bailey SSG Stacey McCall SSG Jason Merrill **OKLAHOMA CITY** SSG Michael Curtis PHOENIX SFC Jonathan Elliot SFC Gregory Macias SFC Michael Mayorga SFC Douglas Moorehead SFC Patrick Thomas SSG Samuel Cabrales SSG Ian Lake SSG Brent Learnard SSG Christopher Maycumber SSG Edwardo Veloz SGT Chance Butts PORTLAND SFC Kim Butler



SFC Timothy Cockerham SFC Darold Cooper SFC Alejandro Velasco SSG Robby Carlson SSG Van Lovvorn SSG Robert McBride SSG Isaac Poole SGT Faiupu Tagaleoo RALEIGH SFC James Bockelmann SFC Melvin Pagan SFC Demika Porterfield SSG Calvin Davis SSG Curtis Dick SSG Andrew Hutchinson SSG Matthew Newberry SSG Tyjuan Rodgers **SACRAMENTO** SFC John Robles SFC Craig Wiggins SSG Robbie McGillen SSG Clifton Smith SSG Maurizio Surdo SALT LAKE CITY SFC Shayne Charlesworth SFC Thomas Johnson SFC Robert Snell SSG Stanley Bell SSG Joshua Burdick SSG Justin Christopher SSG Alfonso Flores SAN ANTONIO SFC Roy Campbell SFC Kenneth Johnson SEATTLE SFC Alejandro Fierro SFC Joseph Kuss SFC Michael Robison SFC Scott Yochum SSG Caleb Carson SSG Daniel Wermuth TAMPA SFC Jose Diaz SSG Christian Davis SSG Arturo Guerrero SSG Holland Mabes RECRUITER JOURNAL | JUNE 2009 | 31

1. What are the three types of training plans?

- a. Mission accomplishment plan
- b. Station prospecting plan
- c. Future Soldier development training plan
- d. Long range, short range, and near-term

2. What publication governs market analysis?

- a. USAREC Manual 3-02
- b. AR 601-210
- c. USAREC Reg 601-87
- d. USAREC Pam 350-2

3. What are the three types of developmental counseling?

- a. Event, behavior modification, tutorial
- b. Reception and integration, retirement, PCS
- c. Monthly, quarterly, annual
- d. Event, performance, professional growth

4. Leadership competence builds upon the _____ critical skills of a leader.

- a. 11
- b. 4
- c. 7
- d. 2
- d. 2

5. What is the minimum term of enlistment in the RA?

- a. 36 months
- b. 15 months
- c. 24 months
- d. 18 months

6. What USAREC regulation covers the use of Government owned vehicles?

- a. USAREC Reg 56-1
- b. USAREC Reg 37-17
- c. USAREC Reg 700-5
- d. USAREC Reg 601-56

7. Domicile-to-duty is approved for Army recruiting personnel only when engaged in "field work," which is defined as official business performed away from the regular duty station.

- a. True
- b. False

8. When a GSA vehicle has been ticketed for a parking violation, a suspense file will be established and follow-up action taken to ensure the parking ticket is paid in full within ____ days of the vehicle being cited.

- a. 3
- b. 10
- c. 15
- d. 30

9. Soldiers assigned to USAREC for compassionate reasons are authorized to drive GOVs for official use if one is available provided they meet USAREC's driving requirements and have the commander's approval.

- a. True
- b. False

10. Company commanders have primary responsibility to ensure that a total of ____ hours of driver sustainment training is conducted and documented at the RS level.

- a. 1 hour
- b. 3 hours
- c. 6 hours
- d. None of the above

11. A COI will not be invited to more than how many events per year?

- a. 2
- b. 3
- c. 4
- d. 5

12. When military and civilian personnel in-process into the unit, within how soon should they receive a briefing regarding their responsibility for safety and accident prevention?

- a. 30 days
- b. 14 days
- c. 7 days
- d. 72 hours

13. Who can grant exception to the provisions of USAREC Reg 600-25, Prohibited and Regulated Activities?

- a. CG, USAREC
- b. Chief of Staff
- c. Staff Judge Advocate
- d. HQ, USAREC

14. Prior service applicants for the RA or AR—to include Blue to Green applicants—who are required to attend WTC are not required to take a full physical exam at MEPS.

- a. True
- b. False

15. Who may approve FY09 FTG (fail to graduate) renegotiations?

- a. Company commander
- b. Battalion commander
- c. Brigade commander
- d. CG, USAREC

PHASE LINE SUCCESS

The Achievements of One that Contribute to the Success of the Team





2d Brigade



3d Brigade



5th Brigade



6th Brigade



Medical Recruiting Brigade

April Fiscal Year 2009

Top Regular Army Recruiter

			•				
SGT Joshua Distelhorst New York City	SSG Jermaine Dinkins Raleigh	sTop Fire Team SFC Larry Bovee, SFC Paul Leighton Great Lakes	SGT Russell Schalk Kansas City	SSG Brian Worth Sacramento	SSG Jeffrey Cole 3d Medical Battalion		
Top Army Reserve Recruiter							
SSG Seth Moore Harrisburg	SFC Daniel Johnson Jacksonville SFC George Walls Tampa		SSG Steven Dennis Dallas SGT Brian McDaniel Kansas City	SFC Robert Gonzalez Portland	SFC Terry Gore 6th Medical Battalion		
Top Large Station Commander							
	SSG Tracey Ashley Jacksonville Raleigh	SSG Lee Wagner Columbus North Columbus	SFC Marc Thomas Irving Dallas	SFC Paul Bulathsingha Roy Salt Lake City	la SFC Elizabeth Cimaglio Gainesville 2d Medical Battalion		
Top Small Station Commander							
Cranberry	SFC Felicia Johnson Andalusia Montgomery	SFC Gary Ray Franklin Nashville	SSG Matthew Lowry Craig Denver	SSG Bruce Banta Olympia Seattle	SFC Samuel Weber Sioux Falls 3d Medical Battalion		
Top Company							
Metro New York City	Wilmington Raleigh	Lancaster Columbus	Frisco Dallas	Ogden Salt Lake City	Atlanta 2d Medical Battalion		
Top Battalion							
Baltimore	Татра	Columbus	Dallas	Salt Lake City	2d Medical Battalion		
			e Top Small Station comm February was SEC Gary I	0			

The 3d Bde Top Small Station Commander for February was SFC Gary Ray, Franklin Station.

	Answers to the Test	
1. d. FM 7-0	6. c. USAREC Reg 700-5, para 2-1	11. b. USAREC Reg 1-18, para 4e
2. c. USAREC Reg 601-87	7. a. USAREC Reg 700-5, para 2-6	12. d. USAREC Reg 385-2, para 1-5 b(6)
3. d. FM 6-22, app B	8. d. USAREC Reg 700-5, para 2-12e(2)	13. c. USAREC Reg 600-25, page i
4. b. FM 6-22, USAREC Manual 3-0	9. a. USAREC Reg 700-5, para 2-43(9)	14. b. USAREC message 09-096, para 5
5. b. AR 601-210, para 2-16b	10. b. USAREC Reg 700-5, para 2-15e	15. c. USAREC message 09-085, para 6



2009 The Year of the Noncommissioned Officer



USAREC NCO leadership can ensure a recruit's success at basic training. Staff Sgt. Robert Black of Albany Battalion leads Future Soldiers in physical training at the Kingston, N.Y., recruiting station.

Photo by Andy Entwistle, Albany Battalion, APA