



Skin Cancer Tools and Resources by Skin Cancer Prevention Guideline

SUN SAFETY FOR AMERICA'S YOUTH TOOLKIT: Skin Cancer Tools And Resources By Skin Cancer Prevention Guideline

GUIDELINE 1: POLICY — Establish policies that reduce exposure to UV radiation*

Name of Resource	Sponsor	Description	Location of Resource
Various resources on skin cancer prevention	California Department of Public Health, Skin Cancer Prevention Program	The CA CCC program website provides numerous resources on skin cancer prevention. Several pages provide resources related to skin cancer prevention for schools, preschools, parents, parks and recreation, and others. The school section includes resources on the importance of sun safety, teaching materials, policy development, resolutions, sun safety within health education, and sun safety activities.	http://www.cdph.ca.gov/programs/SkinCancer/Pages/default.aspx
California State PTA Sun Safety Resolution	California State PTA	A sun safety resolution passed by the California PTA, in support of local PTA councils, providing education on sun safety and supporting the development and implementation of sun safety guidelines and policies.	http://www.capta.org/sections/advocacy/downloads/E-SunSafetyFINAL.pdf
Skin Cancer Prevention within Health Education Resolution	American Association for Health Education (AAHE)	A sun safety resolution passed by AAHE to support education and policies related to sun safety in schools.	http://ww2.cdph.ca.gov/programs/SkinCancer/Documents/SKIN-AAHESkinCancerResolution-2005.pdf
Fit, Healthy, and Ready to Learn: Part II Sun Safety	National Association of State Boards of Education (NASBE)	This document provides information on creating policies related to sun safety education, outdoor activities and school environment, sun safety for school staff, and family and community involvement. Provides sample policies and policy language, case examples, and resources.	http://www.nasbe.org/index.php/file-repository?func=fileinfo&id=297
Guidelines for Outdoor Play: Sun-Protection Tips for Child Care and Preschool Site Use	California Department of Public Health, Skin Cancer Prevention Program	This document provides strategies and suggested guidelines for outdoor play and preventing skin cancer in preschools and child care centers	http://www.cdph.ca.gov/programs/SkinCancer/Documents/skin_sunprotectguidelines.pdf
Michigan Healthy School Action Tool (HSAT)	Michigan Department of Community Health	This is an online tool for Michigan schools and a printable resource tool for schools outside of Michigan that can be used to assess strengths and areas for improvement in Asthma Management, Healthy Eating and Nutrition, Physical Activity and Physical Education, Tobacco-Free Lifestyles, and Violence and Injury Prevention. Sun safety has been integrated into the areas of assessment.	http://www.mihealthtools.org/hsat/
Colorado Policy Planner Resource	Sun Safe Colorado	The Policy Planner provides many examples of sun safety policies on a variety of topics, including shade, sunscreen, clothing, and education.	http://www.sunsafecolorado.org/school/policy/policy_policy.shtml
Sun Safe School Assessment	Sun Safe Colorado	An online tool that schools can use to identify schools strengths regarding sun safety and areas for improvement.	http://www.sunsafecolorado.org/school/policy/policy_beginsurvey.aspx

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GUIDELINE 2: ENVIRONMENTAL CHANGE — Provide and maintain physical and social environments that support sun safety

Name of Resource	Sponsor	Structure/Materials	Location of Resource
Shade Planning for America's Schools	CDC	This booklet provides background information on the importance of shade planning, strategies for providing shade, and planning for shade and conducting a shade audit. It includes numerous resources related to shade and shade planning.	http://www.cdc.gov/cancer/skin/pdf/shade_planning.pdf
Various resources on shade planning and sun safety	The SHADE Foundation of America	The SHADE Foundation of America offers a variety of resources on shade planning, sun safety, and skin cancer.	http://www.shadefoundation.org/
Various sun safety and skin cancer prevention resources	California Department of Public Health, Skin Cancer Prevention Program	<p>The CA CCC program website provides numerous resources on skin cancer prevention. Several pages provide resources related to skin cancer prevention in schools, preschools, parents, parks, and recreation and others.</p> <p>The school section includes resources on the importance of sun safety, teaching materials, policy development, resolutions, sun safety within health education, and sun safety activities.</p>	http://www.cdph.ca.gov/programs/SkinCancer/Pages/default.aspx
Guidelines for Outdoor Play: Sun-Protection Tips for Child Care and Preschool Site Use	California Department of Public Health, Skin Cancer Prevention Program	This tool provides strategies and guidelines that childcare and preschools can use to protect students and staff from sun exposure.	http://www.cdph.ca.gov/programs/SkinCancer/Documents/skin_sunprotectguidelines.pdf

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GUIDELINE 3: EDUCATION — Provide health education to teach students the knowledge, attitudes and behavioral skills they need to prevent skin cancer

Name of Resource	Sponsor	Structure/Materials	Location of Resource
Skin Cancer Prevention Fact Sheets for Use with Elementary School Students – Grades 1-2	California Department of Health	Fact sheets on sun safety designed for Grades 1 and 2.	http://ww2.cdph.ca.gov/programs/SkinCancer/Documents/SKIN-FactSheetsEmtryGrd1-2.pdf
Skin Cancer Prevention Fact Sheets for Use with Elementary School Students – Grades 3-4	California Department of Health	Fact sheets on sun safety designed for Grades 3 and 4.	http://ww2.cdph.ca.gov/programs/SkinCancer/Documents/SKIN-FactSheetsEmtryGrd3-4.pdf
Skin Cancer Prevention Fact Sheets for Use with Elementary School Students – Grades 5-6	California Department of Health	Fact sheets on sun safety designed for Grades 5 and 6.	http://ww2.cdph.ca.gov/programs/SkinCancer/Documents/SKIN-FactSheetsEmtryGrd5-6.pdf
Sun Fitness for Kids and Teens	The Skin Cancer Foundation	Tips and ideas on being active outside while using sun protective behaviors. Brief mention of sun safety in schools.	http://www.skincancer.org/sun-fitness-for-kids-and-teens.html
Sun Safety in the School Community: A Tool Kit for Public Health Staff in Nova Scotia	Cancer Care Nova Scotia	Documents on a variety of topics, including Key Sun Safety Messages: Research Review, The Evidence for Education and Policy, Fact Sheets (guidelines, sunscreen, children, prevention and shade) Classroom Activities (elementary) Statistics, World Health Organization (WHO) Information Series on School Health, and Resource List.	http://www.cancercare.ns.ca/en/home/preventionscreening/preventioninitiatives/sunsafety/sunsafetyintheschoolcommunity.aspx
Sun Safety For Kids	Sun Safety for Kids (a California 501(c)3 nonprofit)	Resources from a 5-year school policy development project funded by the National Cancer Institute (NCI). Offers resources on sun protective hats; sunscreen products, shade trees, and shade structures; curriculum materials; and sample “Dear Parent” letters. Also offers sections on school policy, sun protection, evaluation, and communication.	http://www.sunsafetyforkids.org/index.html

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GUIDELINE 3: EDUCATION — Provide health education to teach students the knowledge, attitudes and behavioral skills they need to prevent skin cancer *(continued)*

Name of Resource	Sponsor	Structure/Materials	Location of Resource
Various materials for infants to teens	Sun Safety Alliance (SSA)	The SSA offers a variety of materials, activities, posters on sun safety for all ages. SSA also sponsors a Sun Safe Child Care Project.	http://www.sunsafetyalliance.org/
Sun Safety Teaching Materials	California Department of Public Health, Skin Cancer Prevention Program	Provides a list of sun safety teaching materials, curricula, and resource guides for preschool through high school.	http://www.cdph.ca.gov/programs/SkinCancer/Documents/SKIN-SunSafetyTeachingMaterials.pdf
Skin Cancer Prevention Fact Sheets and Posters (Grades 1-6)	California Department of Public Health, Skin Cancer Prevention Program	Various fact sheets that use pictures and text to explain about sun safety issues to children.	http://www.cdph.ca.gov/programs/SkinCancer/Pages/Schools.aspx
School Systems: The Importance of Promoting and Providing Sun Protection!	California Department of Public Health, Skin Cancer Prevention Program	This document provides the background and importance of sun safety for schools, tips for sun safety, and contact information for the Skin Cancer Prevention Program.	http://www.cdph.ca.gov/programs/SkinCancer/Documents/SKIN-SchoolSystems.pdf
Sun Safety For Kids	Sun Safety for Kids (a California 501(c)3 nonprofit)	This website highlights the work from participating in a 5-year school policy development project funded by NCI. It includes school policy, sun protection, evaluation, and communication. The organization develops and sells sun safety videos.	http://www.sunsafetyforkids.org/index.html
Sun Safety Educational Materials	Sun Safe Colorado	Many examples of classroom materials; sample letters to parents; permission slips; newsletter articles; materials to communicate your school's sun safety efforts to students, staff, parents and other community members; media releases; and more.	http://www.sunsafecolorado.org/school/resources/resources_materials.shtml
SunGuard Man Online	Maryland Skin Cancer Prevention Program	This website includes games, activities, and resources for teaching young people about sun safety.	http://www.sunguardman.org/
Saving our Skins Toolkit: Raising Awareness of the Risk for Skin Cancer	Chartered Institute of Environmental Health (United Kingdom)	A sun safety toolkit that describes the development and planning of sun safety strategies both within and outside of schools.	http://www.cieh.org/library/Knowledge/Public_health/Skin_cancer/Saving%20our%20Skins%20Toolkit.pdf

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GUIDELINE 3: EDUCATION — Provide health education to teach students the knowledge, attitudes and behavioral skills they need to prevent skin cancer *(continued)*

Name of Resource	Sponsor	Structure/Materials	Location of Resource
Successful School-based Skin Cancer Prevention Activities	California Department of Public Health, Skin Cancer Prevention Program	This document includes a list of 32 activities that have been implemented by 10 schools recognized by the federal government and several skin cancer organizations.	http://www.cdph.ca.gov/programs/SkinCancer/Documents/SKIN-ASHASuccessfulSchoolSunSafetyImpl.pdf
Look Young and Stay Healthy	Michigan Model for Comprehensive Health Curriculum	A set of eight sun safety activities for high school students.	http://www.emc.cmich.edu/sunsafety/R0900SS.htm
Take Control of Your Sun Exposure	Michigan Model for Comprehensive Health Curriculum	A set of 12 sun safety activities for middle school students.	http://www.emc.cmich.edu/sunsafety/R0700SS.htm
Sun Smart: Slip, Slop, Slap	Cancer Council Australia	This Australian sun safety organization has a wide variety of resources on sun safety. Perhaps one of the most well-established and well-known sun safety programs, Slip, Slop, Slap has been active since the 1980s.	http://www.cancer.org.au/cancersmartlifestyle/SunSmart/Campaignsandevents/SlipSlopSlap.htm
Curriculum			
Sunny Days Healthy Ways	Klein Buendel	The Sunny Days Healthy Ways curriculum can be used to educate and train young people in grades K-8 on skin cancer prevention. It includes lesson plans, student activity sheets, experiment materials, story books, and assessments. Their website provides additional resources for organizations interested in sun safety and a list of sun protection supplies.	http://sdhw.info/index.asp
SunWise Toolkit	Environmental Protection Agency	The SunWise School Program began in 1999 and, as of 2008, more than 18,000 schools and one million students are SunWise. Participants receive toolkit that includes cross-curricular classroom lessons and background information for K-8 learning levels; information for schools interested in promoting sun protection through infrastructure enhancements. Also, provides a SunWise program website (secure for participating schools) and a SunWise: A Sun Safety Program for K-8 video. Must register to receive toolkit materials.	http://www.epa.gov/sunwise/
Kids Cool School Program	Skin Cancer Awareness Foundation	This program includes two age-appropriate PowerPoint presentations (pre-K-grade 2, grades 3-6) with accompanying scripts, and downloadable classroom material. The materials are designed to be used by dermatologists, pediatricians, residents, nurses (including school nurses), or other professionals with backgrounds suitable to present the material.	http://www.skincf.org/custpage.cfm/frm/11828/sec_id/11828

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GUIDELINE 3: EDUCATION — Provide health education to teach students the knowledge, attitudes and behavioral skills they need to prevent skin cancer (continued)

Name of Resource	Sponsor	Structure/Materials	Location of Resource
OzonAction Education Pack	WHO and United National Environment Program	Resource materials for primary school teachers to teach students about the ozone layer and sun safety. Includes materials in English, Spanish, and French.	http://www.unep.fr/ozonaction/information/educationpack.htm
Project S.A.F.E.T.Y. (Sun Awareness For Educating Today's Youth)	The University of Texas MD Anderson Cancer Center	Resource materials for science and health teachers about UV radiation and its role in developing skin cancer. Project S.A.F.E.T.Y. resources are also used by the San Jacinto Council's Project S.A.F.E.T.Y. Council Program patch.	http://www.mdanderson.org/patient-and-cancer-information/cancer-information/cancer-education/prevention-programs/project-safety/
The SunSafe Programs	Dartmouth Medical School and Norris Cotton Cancer Center and the NCI	The SunSafe programs provide resource materials for school personnel and others working with children to teach about UV radiation and skin cancer. SunSafe has two sets of materials SunSafe for the Early Years (for young people ages 2-9) and Sun Safe for the Middle School Years.	http://www.cancer.dartmouth.edu/melanoma/sunSAFE.shtml
Indoor Tanning/Tanning Bed Education			
Indoor Tanning is Out® Online Public Education Tool Kit	American Academy of Dermatology in Cooperation with the National Panhellenic Conference	Program resources for sororities to promote sun safety by advocating against indoor-tanning (tanning beds). Includes a pledge, sample letter for chapter, posters, a public service announcement (PSA), and other recommendations.	http://www.aad.org/Public/sun/toolkit/index.html
Anti-tanning pre-prom Fashion Show Resources	Colorado Department of Public Health and Environment and the Colorado Department of Education	The website provides an anti-tanning pre-prom fashion show kit, press releases, fact sheets, and other information about the dangers of indoor tanning for young people.	http://www.sunsafecolorado.org/school/resources/resources_high.shtml
Various resources on indoor tanning by youth	CITY100 – Controlling Indoor Tanning in Youth	A variety of resource materials and information about indoor tanning. It includes information on indoor tanning survey conducted in the 100 most populated cities in the United States.	http://indoortanningreportcard.com/index.html
Indoor Tanning Fact Sheet	American Academy of Dermatology (AAD)	A fact sheet that outlines the dangers of indoor tanning, and the AAD position on indoor tanning.	http://www.aad.org/media/background/factsheets/fact_indoortanning.html

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GUIDELINE 4: FAMILY INVOLVEMENT — Involve family members in skin cancer prevention efforts

Name of Resource	Sponsor	Structure/Materials	Location of Resource
Various resources on skin cancer prevention	California Department of Public Health, Skin Cancer Prevention Program	<p>The CA CCC program website provides numerous resources on skin cancer prevention. Several pages provide resources related to skin cancer prevention for schools, preschools, parents, parks and recreation, and others.</p> <p>The school section includes resources on the importance of sun safety, teaching materials, policy development, resolutions, sun safety within health education, and sun safety activities.</p>	http://www.cdph.ca.gov/programs/SkinCancer/Pages/default.aspx
California State PTA Sun Safety Resolution	California State PTA	Sun safety resolution passed by the California PTA, in support of local PTA councils, providing education on sun safety and supporting the development and implementation of sun safety guidelines and policies.	http://www.capta.org/sections/advocacy/downloads/E-SunSafetyFINAL.pdf

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GUIDELINE 5: PROFESSIONAL DEVELOPMENT — Include skin cancer prevention knowledge and skills in preservice and inservice education for school administrators, teachers, physical education teachers and coaches, school nurses, and others who work with students

Name of Resource	Sponsor	Structure/Materials	Location of Resource
Sun Safety at Schools, What You Can Do. Sun Safety Basics: Be Sun Smart	CDC Skin Cancer Primary Prevention Education Initiative	This booklet offers targeted sun safety tips and resources for school administrators and board members, principals and school nurses, teachers and coaches, community health care service providers, and parents and guardians.	http://www.cdc.gov/cancer/skin/pdf/sunsafety_v0908.pdf
Various resources on skin cancer prevention	California Department of Public Health, Skin Cancer Prevention Program	<p>The CA CCC program website provides numerous resources on skin cancer prevention. Several pages provide resources related to skin cancer prevention for schools, preschools, parents, parks and recreation, and others.</p> <p>The school section includes resources on the importance of sun safety, teaching materials, policy development, resolutions, sun safety within health education, and sun safety activities.</p>	http://www.cdph.ca.gov/programs/SkinCancer/Pages/default.aspx
School Systems: The Importance of Promoting and Providing Sun Protection!	California Department of Public Health, Skin Cancer Prevention Program	This document provides the background and importance of sun safety for schools, tips for sun safety, and contact information for the Skin Cancer Prevention Program.	http://www.cdph.ca.gov/programs/SkinCancer/Documents/SKIN-SchoolSystems.pdf

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GUIDELINE 6: HEALTH SERVICES — Complement and support skin cancer prevention education and sun safety environments and policies with school health services

Name of Resource	Sponsor	Structure/Materials	Location of Resource
Sun Safety at Schools, What You Can Do. Sun Safety Basics: Be Sun Smart	CDC Skin Cancer Primary Prevention Education Initiative	This booklet offers targeted sun safety tips and resources for school administrators and board members, principals and school nurses, teachers and coaches, community health care service providers, and parents and guardians.	http://www.cdc.gov/CANCER/skin/pdf/sunsafety_v0908.pdf
Sun Safety for Schools Maryland State School Health Services Guideline	Maryland State Department of Education Student Services and Alternative Programs Branch and Maryland Department of Health and Mental Hygiene Center for Maternal and Child Health	The purpose of this guideline is to provide school nurses with direction for promoting sun safety among students and staff in the school environment. Brief document (3 pages) about background, facts, and role of school nurse.	http://www.marylandpublicschools.org/NR/rdonlyres/6561B955-9B4A-4924-90AE-F95662804D90/16419/Sunsafety_FINAL1207.pdf
Kids Cool School Program	Skin Cancer Awareness Foundation	This program consists of two PowerPoint presentations and associated classroom materials that could be used by dermatologists, pediatricians, resident, nurses (including school nurses), or other professionals interested in educating young people about sun safety. The materials are designed primarily for elementary school children.	http://www.skincaf.org/custpage.cfm/frm/11828/sec_id/11828
Position Statement on The School Nurse and Sun Protection	National Association of School Nurses	A position statement supporting the role of school nurses to educate and protect students from UV-related illnesses.	http://www.nasn.org/Default.aspx?tabid=251

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GUIDELINE 7: EVALUATION — Periodically evaluate whether schools are implementing the Guidelines on policies, environmental change, education, families, professional development and health services

Name of Resource	Sponsor	Structure/Materials	Location of Resource
Sun Safe Colorado School Assessment	Colorado Department of Public Health and Environment and the Colorado Department of Education	A printable and on-line assessment tool to examine school sun safety policies and student sun safety behaviors. It includes questions on: shade, sun safe clothing, sunscreen, time scheduling of outdoor activities, education, and policy.	http://www.sunsafecolorado.com/pdfs/SunSafeSchoolAssessment.pdf
Michigan Healthy School Action Tools	Michigan Department of Community Health's Cardiovascular Health, Nutrition and Physical Activity Section	This is an online tool for Michigan schools and a printable resource tool for schools outside of Michigan that can be used to assess strengths and areas for improvement in Asthma Management, Healthy Eating and Nutrition, Physical Activity and Physical Education, Tobacco-Free Lifestyles, and Violence and Injury Prevention. Sun safety has been integrated into the areas of assessment.	http://www.mihealthtools.org/hsat/
Framework for Program Evaluation in Public Health	CDC	The Framework for Program Evaluation in Public Health provides resources and information on developing and implementing an evaluation of public health programs and activities.	ftp://ftp.cdc.gov/pub/Publications/mmwr/rr/rr4811.pdf
Behavioral Risk Factor Surveillance Survey	CDC	A CDC national health surveillance survey that collects health-related information from adults. Sun safety items have been included in this instrument in the past, although most have been state-added items.	http://www.cdc.gov/BRFSS/
Youth Risk Behavior Surveillance Survey	CDC	A CDC national school-based surveillance survey that collects data nationally and from state, territorial, and local education and health agencies and tribal governments.	http://www.cdc.gov/HealthyYouth/yrbs/index.htm
Colorado Child Health Survey	Colorado Department of Public Health and Environment	A Colorado surveillance survey that works in tandem with the state BRFSS to collect data about young people from parents of children ages 1-14. The Colorado Child Health Survey dates back to 2004 and has asked a variety of questions on sun safety-related issues.	http://www.cdphe.state.co.us/hs/yrbs/childhealth.html
School Sample Survey to Assess Sun Safety Activities, Program, and Policies.	Sun Safety for Kids	This brief survey provides some sample questions that could be used to assess sun safety practices at the school level.	http://www.sunsafetyforkids.org/sunprotection/evaluation/SSK_Evaluation_SampleSurvey.doc