



BREASTFEED FOR SIX MONTHS. HELP REDUCE YOUR CHILD'S RISK FOR EAR INFECTIONS.

Recent studies show you can lower your child's risk of ear infections by breastfeeding exclusively for six months. Call 800-994-WOMAN or visit www.4woman.gov to learn more. Or talk to your healthcare provider.

Babies were born to be breastfed.



U.S. Department of Health and Human Services

