

FMWR OUTLOOK



U.S. Army Garrison Daegu

AUGUST 2012

USAG DAEGU COMMUNITY FAIR

*Find out what's available in
your community!*

Back Cover

“HIRED!”

**Teens learn
valuable skills
while saving for
college**

Session IV starting soon!

**AFE Brings “Idol”
Favorites to Korea**

Pages 6-7



U.S. ARMY GARRISON DAEGU

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The FMWR Outlook is a monthly publication of USAG Daegu Family and Morale, Welfare and Recreation. If you have any questions or suggestions regarding the information in this publication, please call the FMWR Marketing Branch at 768-7563, email to laurel.baek@us.army.mil or visit us at building S-1211 (room #221) on Camp Henry. Your comments and suggestions are always welcome.

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Date of Issue AUGUST 2012
Published by USAG Daegu FMWR
Marketing

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YOUR AD HERE

The FMWR Outlook magazine is printed monthly and distributed free to thousands of Service Members and civilians throughout the Area IV communities. Find out how to advertise your business or special event, call 768-7563 (053-470-7563) for advertising rates and publication deadlines.

Camp Henry / Camp Walker

DFMWR DAEGU

Camp Henry, Building T-1211, Room 219
DSN: 768-7939
Project Manager: DSN: 768-7588
Mon – Fri: 0800-1700
Sat, Sun & US Holidays: Closed

GARRISON ISO

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DSN: 768-7001 / 768-8850
Mon-Fri: 0800-1700
Sat, Sun & US Holidays: Closed

FINANCIAL MANAGEMENT DIVISION (FMD)

Camp Henry, Building T-1211, Room 204
DSN: 768-8123
Mon-Fri: 0800-1700
Sat, Sun & US Holidays: Closed

SERVICES DIVISION

Camp Henry, Building T-1685
DSN: 768-7572
Mon-Fri: 0800-1700
Sat, Sun & US Holidays: Closed

ARMY COMMUNITY SERVICE (ACS)

Camp Henry, Building T-1103
DSN: 768-7112
Mon-Fri: 0800-1700
Sat, Sun & US Holidays: Closed

COMMUNITY RECREATION DIVISION (CRD)

Camp Walker, Building S-335
DSN: 764-4432
Mon-Fri: 0800-1700
Sat, Sun & US Holidays: Closed

Kelly Fitness Center, Camp Walker
DSN: 764-4800/4225
Mon-Fri: 0500-2200
Sat, Sun & US Holidays: 0800-2100

Indoor Pool, Camp Walker
DSN: 764-3873
Mon-Wed & Fri: 0530-2000
Thu: 0500-0800 & 1700-2000
Sat, Sun & US Holidays: 1000-1800

Outdoor Pool, Camp Walker
DSN: 764-4553
Wed-Mon: 1000-1900 / Tue: Closed

Fit-To-Win Center, Camp Henry. DSN: 768-6604
Mon-Fri: 0500-2000
Sat, Sun & US Holidays: 1000-1800

Community Activity Center, Camp Walker
DSN: 764-4123 / Mon-Sun: 1200-2100

Entertainment, Camp Walker
DSN: 764-4440
Mon-Fri: 0800-1700 / Sat, Sun & US Holidays: Closed

Library, Camp Walker
DSN: 764-4318
Wed-Mon: 1000-2000 / Tue: Closed

Arts & Crafts Center, Camp Walker
DSN: 764-5692
Wed-Sun: 1000-2000 / Mon & Tue: Closed

Auto Crafts, Camp Henry
DSN: 768-8164
Wed-Fri: 1000-1900 / Sat, Sun: 0900-1800
Mon-Tue: Closed

BUSINESS OPERATIONS DIVISION (BOD)

Camp Henry, Building T-1211, Room 221
DSN: 768-7716
Mon-Fri: 0800-1700
Sat, Sun & US Holidays: Closed

Evergreen Community Club, Camp Walker
DSN: 764-4060
Tue-Sat & US Holidays: 0600-2100
Sun: 0600-1400 / Mon: Closed
Evergreen Club Gazebo
Sat: 1000-2030 / Sun: 1000-1500
Evergreen Club Halfway House
DSN: 764-4931
Mon-Sun & US Holidays: 0800-1700

Henry's Place, Camp Henry
DSN: 768-7300
Wed-Fri: 1100-2300 / Mon-Tue: 1100-1330
Sat, Sun & US Holidays: Closed

Hilltop Club, Camp Walker
DSN: 764-4985
Mon-Thu & US Holidays: 1600-2300
Fri: 1600-0100 / Sat: 1200-0100 / Sun: 1200-2300

Evergreen Golf Course, Camp Walker
DSN: 764-4601
Mon-Fri: 0600-1830/ Sat, Sun & US Holidays: Closed

Evergreen Pro Shop, Camp Walker
DSN: 764-4628
Mon-Sun & US Holidays: 0600-1830

Bowling Center, Camp Walker
DSN: 764-4334
Tue, Wed, Thu & Sun: 1130-2230/Fri & Sat: 1130-2400
Snack Bar Closed Tue-Fri: 1330-1700/Mon: Closed

Camp Walker / Camp Henry

CHILD, YOUTH & SCHOOL SERVICES (CYSS)

Camp Walker, Building S-257

DSN: 764-5298

Mon-Fri: 0900-1800

Sat, Sun & US Holidays: Closed

Child Development Center, Camp Walker

DSN: 764-4834

Mon, Tue, Wed & Fri: 0530-1800

Thu: 0615-1800

Sat, Sun & US Holidays: Closed

School Age Service, Camp Walker

DSN 764-5072 / 764-5297

Mon-Fri: 1400-1800

Sat, Sun & US Holidays: Closed

Middle School / Teen Center, Camp Walker

DSN: 764-5721

Mon-Fri: 1400-1900

Sat: 1300-1900

Sun & US Holidays: Closed

Youth Sports, Camp Walker

DSN: 764-4859

Mon-Fri: 1300-1700

Sat, Sun & US Holidays: Closed

School Liaison Service, Camp Walker

DSN: 764-5702

Mon-Fri: 0815-1715

Sat, Sun & US Holidays: Closed

Cable TV, Camp Walker

DSN: 764-5596

Mon-Sat: 0800-1700

Sun: Closed

Army Lodging, Camp Walker

DSN: 764-5536

Mon-Sun & US Holidays

Open 24 hrs. 7 Days a Week

Veterinary Clinic, Camp Walker

DSN: 764-4858

Mon-Wed & Fri: 0900-1600

Tue, Sat & Sun & US Holidays: Closed

Camp Carroll

Army Community Service, Camp Carroll

DSN: 765-7900

Apple Blossom Cottage (ACS, Cp Carroll)

DSN: 765-7049

Mon-Fri: 0800-1700

Sat, Sun & US Holidays: Closed

Community Activity Center, Camp Carroll

DSN: 765-7484

Open 7 Days a Week: 1100-2200

Hideaway Club, Camp Carroll

DSN: 765-8574

Tue-Thu: 1630-2300 / Fri & Sat: 1630-0300

Sun & Mon: Closed

US Holidays: 1700-2300

Bowling Center, Camp Carroll

DSN: 765-4470

Sun-Thu: 1100-2200

Fri & Sat: 1100-2300

Snack Bar Closed Mon-Fri: 1330-1700

Dining Room

Mon-Fri: 1100-1330 (Lunch)

Wed-Sat: 1630-2100 (Dinner)

Library, Camp Carroll

DSN: 765-8407

Thu-Tue: 1100-2000 / Wed: Closed

Fitness Center, Camp Carroll

DSN: 765-8287

Mon-Fri: 0500-2200

Sat, Sun & US Holidays: 0800-2130

Indoor Pool, Camp Carroll

DSN: 765-7708

Mon-Fri: 0530-1930

Sat, Sun & US Holidays: 1100-1930

Outdoor Pool, Camp Carroll

DSN: 765-4274

Tue-Sun: 1100-1900 / Mon: Closed

Army Lodging, Camp Carroll

DSN: 765-7722

Mon-Sun & US Holidays / Open 24 hrs. 7 Days a Week



Making A Difference

**SAW YOU
ION TV**



The Idols World Tour

Well-known reality TV stars perform for U.S. troops around the world

Washington, D.C. (June 5, 2012) – Beginning in June, the Armed Forces Entertainment IDOLS WORLD TOUR will bring U.S. troops and their families face-to-face with the stars they’ve seen on TV, including Janelle Arthur, Jovany Barreto, Colin Benward, Nicholas Boddington, Creighton Fraker, Lauren Gray, Jennifer Hirsh, Haley Johnson, Ashthon Jones, Brett Loewenstern, Adrian Madison, Aaron Marcellus, Lauren Turner, Ta-Tynisa Wilson and Rachel Zevita. Following the Armed Forces Entertainment Cirque Dreams Jungle Fantasy World Tour, the IDOLS WORLD TOUR is the second world tour designed by Armed Forces Entertainment to reach more service members and their families with high caliber entertainment appealing to a broader audience base. The show will travel to 27 military installations throughout 12 countries – including Korea, Japan, Guam, Greece, Italy, Portugal, Turkey, Egypt, the United Kingdom, the Netherlands and locations in the Middle East – bringing entertainment to more than 30,000 troops and their families.

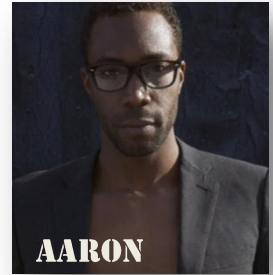
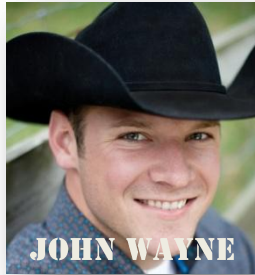
Armed Forces Entertainment strives to discover new ways and products to entertain U.S. military personnel and their families overseas. As expected, a 10-day Idolpalooza “test” tour through Australia in April 2012 was a smash hit, and Armed Forces Entertainment expanded the Idolpalooza concept into the IDOLS WORLD TOUR.

“The value of Armed Forces Entertainment tours like the Idols World Tour is of utmost importance to troops on overseas assignments. American-style entertainment is generally unattainable abroad, and the ability to simply enjoy a concert on the weekend or share in other such familiar cultural pleasures is a gift that is appreciated by not only the troops but also their families. Armed Forces Entertainment tours provide an outlet to balance work with play, a necessity for our troops who must stay focused on their mission,” says Naika Malveaux, the 31 Force Support Squadron Marketing Director at Aviano Air Base, Italy.

The IDOLS WORLD TOUR brings together some of America’s most recognizable musical talent to create an unforgettable show that combines nearly every genre of music so there’s something to suit everyone’s musical tastes. Jeanne Hopkins, a distinct voice throughout the Idol social media circuit, says, “Sometimes it’s just a voice or a song that can totally take us all away from our troubles. Armed Forces Entertainment and these artists are doing such great work for our troops.”

ARMED FORCES ENTERTAINMENT PRESENTS

IDOL WORLD TOUR



August 13, 1900 at Kelly Fitness Center



Open House

August 16th

Camp Walker Child Development Center
Bldg S-223, call 764-4834
for more information



Army Child, Youth & School Services

Pre K

Strong Beginnings



What is the Army Strong Beginnings Pre-K Program?

The Army Strong Beginnings Pre-K is a program designed to prepare children to be successful to enter school. Curriculum focuses on the social, emotional, and physical development of children; equips them with basic academics and "Kindergarten Classroom Etiquette" skills to enhance "school readiness."

Who is eligible for the Program?

Children who will be entering Kindergarten the following fall (4 years old prior to 1 Sep) are eligible to attend Strong Beginnings Pre-K.

When is the Strong Beginnings Pre-K Program ? I need care before and after?

Camp Walker CDC operates from 0530-1800, Monday – Friday and Thursday 0600-1800. The Strong Beginnings portion starts at 0830 and ends at 1130.

When does Strong Beginnings Pre-K operate?

The Strong Beginnings Pre-K program follows the DODEA School Kindergarten calendar.

What will the Strong Beginnings Pre-K program cost?

Fees will be based upon total family income; Following the IAW DoD Fee Policy.



Will the teachers be allowed to teach children?

In all CYS Services Programs, staff teaches children. In the Strong Beginnings Pre-K Program, there is an emphasis on kindergarten readiness skills; therefore the teaching methods used will more often resemble those of a kindergarten classroom.

What is the difference between Preschool and Strong Beginnings Pre-K?

Preschool helps to develop the “whole child” from birth to age 4. Focus is on social, emotional, physical, and cognitive growth of children. We nurture children and help them grow. Children are always free to explore and take risks in a safe environment. In preschool a child is encouraged to develop friendships, learn how to play with others, take turns, is introduced to math, science, reading and writing, etc. While Strong Beginnings Pre-K still does all of those wonderful things for children, there is more focus on academics skills, learning self control and following directions, learning numbers, colors, shapes and simple mathematical concepts, writing, reading. Strong Beginnings Pre-K focuses on kindergarten readiness and moving toward the idea that we must get children ready for school.

Also, as a part of the Strong Beginnings Pre-K Program, one day a week the children will have a “Jr. SKIES*Unlimited* class. SKIES*Unlimited* is an acronym for “School of Knowledge, Inspiration, Exploration, and Skills,” with the word Unlimited referring to the unlimited possibilities this program can offer Army children. Some of the classes that could be offered include: cooking, crafts, sewing, language, dance, tumbling, etc.

How will we celebrate the end of the school year?

We recognize that leaving Strong Beginnings Pre-K and going to Kindergarten is a big deal for you and your child. We will celebrate the end of Strong Beginnings Pre-K with a “Graduation” type ceremony that will be fun and meaningful for the children and parents.

**ACS, Camp Henry
(Bldg. T-1103) / 768-7112**

Newcomer and Spouse Orientation

1 August, 1300-1530, ACS Classroom

**Organizational Point Of Contact
(OPOC)**

2 August, 0900-1130, ACS Classroom
Register in advance – call 768-7112

Volunteer Training

2 August, 1330-1600, ACS Classroom
Register in advance – call 768-7112

Sponsorship Training

3 August, 1400-1500, ACS Classroom

**Planning for Retirement – learn about
TSP, IRAs, Social Security and more.**

6 & 20 August, 1400-1600, ACS
Classroom

**Annual Commanders/Senior NCOs
Family Advocacy Briefing**

7 August, 0900-1000, ACS Classroom
Please call 768-7112 to sign up. Must
sign up no later than 3 Aug.

Planning for the Holidays

Tips to avoid getting into debt during the
holidays and suggestions on how to find
low cost or no cost ways to celebrate.
9 August, 1330-1530, ACS Classroom

**End Of Summer Extravaganza
Exceptional Family Member Program**

18 August, 1200-1500
Kelly Field, Camp Walker
Call 768-7112



Anger Management Class

(RSVP 768-7112)
22 August, 0930-1130
ACS Conference Room

**A Financial “To Do” List for
Newlyweds and Not-so-newlyweds ...**

Develop a budget and learn how to
work together to handle your Family
finances.
23 August, 1400-1600
ACS Classroom



**Newcomer
Subway Tour**

18 August / 0915-1630

Depart from
Camp Walker Lodge at 0915

“Mandatory Personal Financial Management Training for First Term Soldiers”

This course is comprised of eight sessions mandated by Department of the Army for First Term Soldiers. This class teaches how to develop a personal budget/spending plan; recognize signs of financial trouble and where to get assistance; the importance of credit and how to establish a savings account, emergency savings and long term savings; how to make the best consumer decisions; how to plan for large and small purchases; and how to plan insurance needs on life, auto, personal property, and home. Family members are welcome on a space available basis.

Every Wednesday, 0900-1600, ACS Classroom

Daegu Craft Class

Every Thursday, 1400-1530, ACS Conference Room

Free Credit Score & Analysis

Check your free FICO® credit scores—and the educational information and tools in the FICO Standard product—available free of charge to eligible active duty service members and their spouses. Please call 768-8127 for an appointment

Home Based Business

If you would like to apply for approval to operate a home-based business either on or off post, please contact 768-7112 for an appointment.



Army Community Service End of SUMMER Extravaganza!



**18 August
1200-1500**

Camp Walker Kelly Field

**Contact 768-7112
Henry ACS to confirm your
participation!**

**Come join us for a day of fun for the
Family**

B-B-Q

Relay Games:

Balloon-Head Race, Fill-A-Bottle, Mummy

Mummy and more...



Hosted by EFMP

Beginner Korean Language Class

3, 7, 14, & 17 August, 1200-1300, ACS Classroom

English Conversation Class

15, 22 & 29 August, 1200-1300
16, 23 & 30 August, 1300-1400
ACS Relocation Office

Advance Korean Language Class

Every Monday, 1200-1300, ACS Conf. Room

Chinese Language Class

Every Wednesday, 1200-1300,
ACS Conf. Room

Intermediate Korean Language Class

Every Friday, 1200-1300, ACS Conf. Room



What Not to Do With Your TSP ACS Financial Readiness Program

Soldiers who have contributed to a Thrift Savings Plan (TSP) have made an important step toward securing their financial future. The TSP is an important resource in establishing a nest egg sufficient to fund their retirement years. A military retirement is seldom enough money to live comfortably after leaving the workforce.

As long as funds are not withdrawn prior to reaching age 59 ½, withdrawals are only taxed at the contributor's marginal tax rate. However, many Soldiers and civilians are unable to resist taking money out of their TSP accounts before turning 59 ½. If surprise expenses occur, the temptation to use the money for car repairs, paying off credit cards, or as a down payment on a house, may feel irresistible.

Resist this temptation! There are many reasons to do so. First, the money is intended for retirement, not to use as a rainy day fund. If money is withdrawn before retirement, it is being robbed from the future when it is needed.

One of the worst consequences of taking an early withdrawal is the loss of compound interest; when the interest on an investment itself earns interest.

Earning compound interest is the best way to build wealth over time. As a result of regular contributions and compounding, TSP funds can grow very rapidly.

Another reason to resist taking early TSP withdrawals is that taxes and penalties make it very costly to do so. For example, one may want to buy a house for \$250,000 and use \$50,000 as a down payment. Taking that \$50,000 out of a TSP has some serious consequences. For most middle income people, that money will be taxed at 25% with an additional 10% penalty for taking the

money out early. On \$50,000, your tax bill would come to \$17,500; and that is in addition to your normal taxes for the year. So, taxes and penalties will amount to 35% of the \$50,000 withdrawal, and all it will net is \$32,000. It hardly seems worth it.



What happens to your TSP when you leave the Army?

When you ETS or retire from active duty, you can no longer contribute new money to your TSP unless you go back to work for the federal government. However, there are several options for what to do with the nest egg you have worked so hard to build.

One option is to simply close the account and take the cash. Do not do this! Once again, this is taking money now that is intended for retirement, and will require paying taxes and penalties on that money.

A second option is to leave your money in the TSP. The account can continue to be managed and changes can be made just as before. The only difference is that new money cannot be added.

The third option is to rollover the money into an Individual Retirement Account or a 401(k) with a new employer. This will allow all retirement money to remain in one place, and there won't be any taxes or penalties when the money is moved to the new account.

It was hard to build up a retirement account. Don't let that hard work go to waste by making a bad decision. Contact Army Community Service Financial Readiness Program at 768-7112 for more assistance on managing your retirement funds.



ACS, Camp Carroll (Bldg. S-998) / 765-7900

Annual Commanders/Senior NCO's Family Advocacy Briefing

14 August, 0900-1000, ACS Conference Room. Please call 765-7900 to sign up. Sign up no later than 10 Aug.

Newcomer and Spouse Orientation

15 August, 1300-1530, Community Activity Center, Multi-Purpose Room

Recipe Exchange

17 August, 1130-1300, ACS Kitchen

Planning for the Holidays

Tips to avoid getting into debt during the holidays and suggestions on how to find low cost or no cost ways to celebrate.

21 August, 1330-1530, ACS Classroom

Anger Management Class (RSVP 768-7112)

23 August, 0930-1130, ACS Conference Room

Stress Management Class (RSVP 768-7112)

23 August, 1400-1530, ACS Conference Room

Birthday Celebration & Spouses Group Meeting

31 August, 1330-1530 ACS Lounge

Free Credit Score & Analysis

Check your free FICO® credit scores—and the educational information and tools in the FICO Standard product—available free of charge to eligible active duty service members and their spouses.

Please call 765-7900 for an appointment.

Hanji-Dakjongi Class

Every Monday, 1000-1130, ACS Training Room

Financial Readiness

Every Tuesday, 0900-1600, ACS Employment Room

KN Military Communication Service

Every Tuesday, 1000-1130, ACS Conference Room

Computer Class

Every Tuesday, 1330-1500 & Wednesday, 1000-1130, ACS AKO Room

Exceptional Family Member Program

Every Wednesday, 0900-1600, ACS Office

Calligraphy & Oriental Art Class

Every Friday, 1330-1500, ACS Conference Room

KN Military Communication Service

Every Friday,
1400-1530, ACS Training Room



Korean and Chinese Classes
at Camp Carroll ACS / 765-7900



English as Second Language

Every Monday, 1000-1130, ACS
Conference Room

Advanced Korean Language Class

Every Monday, 1400-1600, ACS
Training Room

Basic Korean Language Class

Every Wednesday, 1330-1500, ACS
Training Room

Intermediate Korean Language Class

Every Friday, 1000-1130, ACS
Conference Room

Chinese Language Class

Every Friday, 1200-1300, ACS
Conference Room

Evergreen Community Club, Camp Walker / 764-4060



SUNDAYS / 1000-1400

SUNDAY BRUNCH

Adults (\$15.95) Ages 6-10 (\$7.95)

Ages 5 & under (Free)

The last Sunday of each month brunch will include all-you-can-eat New York steak

All steaks cooked medium or you can grill your own 8oz steak to your liking.

Adults (\$17.95) / Ages 6-10 (\$9.95) / Ages 5 & under (Free)



TUE-FRI / 1100-1330

LUNCH BUFFET SPECIALS (A or B)

Special A (\$8.95) or Special B (\$7.95) - add beverage and soup & salad bar for \$5.95.

(soup & salad bar without the special is \$7.95)

WEDNESDAYS / 1700-2100

MONGOLIAN BBQ

Adults - \$14.95 / Ages 6-10 - \$6.95 /

Ages 5 and under eat free.

Cook-while-you-watch station.



THURSDAYS / 1700-2100

BEEF KALBI BUFFET

Adults - \$19.95 / Ages 6-10 - \$9.95 / Ages 5 and under eat free.

Soup & salad bar included.

FRIDAYS / 1700-2100

LOBSTER TAIL & BEEF TENDERLOIN: \$30.95

Add soup & salad bar for \$5.95



Evergreen ICE CREAM CONES Available

Soft Ice Cream Cones.

Two Flavors

Tuesday – Saturday: 1100-2000

Large: \$2 / Small: \$1

Waffle Cones & Bowls:

\$4 each

The Evergreen Community Club will be CLOSED August 15 for Korean Liberation Day

The Halfway House will be open regular hours.



TUESDAYS & FRIDAYS / 1700-2100 **2-FOR-1 RIBEYE STEAK DINNER: \$19.95**

Individual Steaks Available

Porterhouse (\$19.95) / N.Y. (\$18.95) /

1½lb Monster T-Bone-Steak (\$21.95), add soup & salad bar for \$5.95, (soup & salad bar without the special is \$7.95). *House salad is not included.*

SATURDAYS / 1200-1630.

BBQ HALF CHICKEN or RIBS: \$6.95

Side dishes sold separately: corn-on-the-cob, coleslaw, potato salad, baked beans and assorted drinks.

Hamburgers and hotdogs sold outside next to the swimming pool.



SATURDAYS / 1630-2100

BBQ HALF CHICKEN or RIBS: \$6.95

Side dishes available separately: corn-on-the-cob, potato salad, coleslaw, and baked beans.

Add beverage and soup & salad bar for \$5.95 (soup & salad bar without the special is \$7.95)



For more information, call 764-4060



2-for-1 Ribeye Steak Dinner Special

Every Tuesday & Friday, 1700-2100

New mini loafs available NOW on Tuesdays & Fridays, 1700-2100

White or wheat served on a bread board with whipped butter.

**You deserve
more ...
on post and off.
Start with more
cash back.**



Benefits to Soldiers and Families

»Competitively low rate – Hard to Beat current APR on new MWR Card accounts is 9.99% (Prime + 6.74%).

»»Blue Star Benefit – Interest paid by Army MWR cardholders while deployed will be refunded by Chase post-deployment.

»»Dedicated U.S. based Military Customer Service unit available 24/7/365.

»»Available proprietary card with a maximum \$500 credit limit can be used at all MWR activities and can help customers build a good credit profile responsibly.

»»Military Free Cash Rewards Program geared toward on-post spending (2% rewards earned on post i.e. Commissary, Exchange, Child Care, MWR / 1% reward all off-post spending).

»»Redeem earned points for cash back gift cards, merchandise, hotels, airline tickets and more.

Army MWR MasterCard



Now earn unlimited cash back rewards – and pay no foreign transaction fees

Evergreen Catering

The Evergreen Community Club provides full-service custom catering for a wide variety of organizational, individual and military-related events.

Dedicated to excellence in food quality, preparation and presentation, we cater functions both small and large. Whether you are planning a buffet, seated dinner, cocktail party, or other special event, our team can offer you innovative cuisine that's tailored to your palate, ideal for the season and perfect for the chosen theme of your event.

Our wait service sets the standard for professionalism and excellence and our beverage expertise can provide wines and beverages to suit your menu, your taste and your budget.

For a truly memorable catered experience, call us today at 764-4060 and have our Catering Specialist work with you to manage the details of your next event.



Evergreen Community Club, Camp Walker

764-4060



PI House Band
"NIGHT TUNES"



Wednesdays, 1900-2200 at Camp Walker Hilltop Club

Thursdays, 1700-2200 at Camp Carroll Community Center
Outdoor Amphitheater

Fridays, 1800-2345 at Camp Carroll Hideaway Club

Saturdays, 1900-2400 at Camp Walker Hilltop Club

The 19th ESC Commanding General Wants to Hear from You!

- If you have any ideas, suggestions, problems or just something you want to say, fill out a card and place it in one of six suggestion boxes located at:
 - **Camp Walker:** Commissary & Exchange/Food Court
 - **Camp Henry:** Shopette
 - **Camp Carroll:** Commissary, Exchange & Food Court
- Or, visit the 19th ESC Home page at <http://19thesc.korea.army.mil> and click on the suggestion box icon to submit your comments.



All comments will go directly to the 19th ESC Commander.



Hilltop Community Club, Camp Walker
764-4985



**August 1 / 1700
Girlfriend's Day**

\$1 OFF for any meal and a complimentary
flower for girlfriends.
Ladies Special Cocktail
"Strawberry Daiquiri" \$3

**Live PI Band "NIGHT TUNES"
1900-2200**



| | |
|-----|---|
| MON | 1700-2100 Monster T-Bone Steak (1½ pound) \$21.95 |
| WED | 1730 – while-they-last Free Snacks (August 1, 8, 15, 22 & 29) |
| THU | 1700-2100 All-You-Can-Eat Pizza & Pasta Buffet \$10.95 |
| FRI | 1700-2100 Marinated Pork Loin Baked Potato Vegetable, Roll Beverage \$8.95 |
| SUN | 1230-2100 Large Pizza \$9.95 Supreme, Vegetable, Pepperoni or Hawaiian |



Hilltop Community Club will be **CLOSED**
on August 28 for maintenance

Talent Night



24 August / 1900
Camp Walker Hilltop Club

Prizes:

1st place \$200

2nd place \$100

3rd place \$50

Plus door prizes!

Talent must be clean

Must be 18 yrs or older

Minimum of 5 contestants required

Sign up by 23 August
Camp Walker Hilltop Club, 764-4985

Henry's Place

LUNCH & DINNER SPECIALS

For more information, call 768-7300

Lunch: Mon-Fri: 1100-1330

Dinner: Wed-Fri: 1700-2000

Sat, Sun & U.S. Holidays: Closed



Daily Specials: \$8.50

Lunch Special

Monday-Friday, 1100-1330

Dinner Special

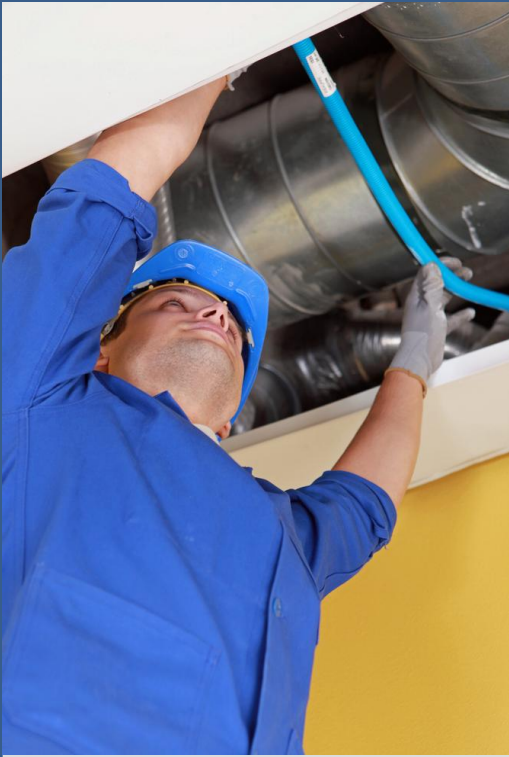
Wednesday-Friday, 1700-2000

N.Y. Strip Loin Steak (8oz)
Potato Salad / Corn-on-the-cob
Baked Beans & Roll / Ice Tea & Lemonade

Please enjoy your meat in the PATIO AREA.

Henry's Place

**No Lunch Buffet /
No Grill-Your-Own-Steak/
No 2-for-1 Steak
&
No PI Band
In August**



HENRY'S PLACE UPGRADE

New Heating & AC Being Installed

- Phase I - Now thru 3 Sep - Lounge & Dining Room Closed

- Phase II - 4 Sep to 31 Oct - Lounge, Dining Room & ARMP Room Open - Limited Menu

- Phase II - 1 Nov to 31 Dec - Ballroom & ARMP Room Closed - all other areas open

Ballroom will be used for the Exercise
30 Jul thru 7 Sep.

768-7300

Hideaway Club

Texas Hold 'Em

Poker tournament with complimentary meal



Every Thursday
Sign in at 1800
Game begins at 1830

Weekly Winners:

1st \$75 / 2nd \$50 / 3rd next week buy-in.

Points are awarded each week.

After 8 weeks the top 9 point earners from the weekly tournament play for 1st \$500 / 2nd \$300 / 3rd \$200

For more information, call 765-8574

Camp Carroll

Hideaway Club

For more information, call 765-8574

Special Events

August 4, 2100-2300

Customer Appreciation Night – Free Snacks & Snack Bar Specials

August 18 & 25, 2000-2200

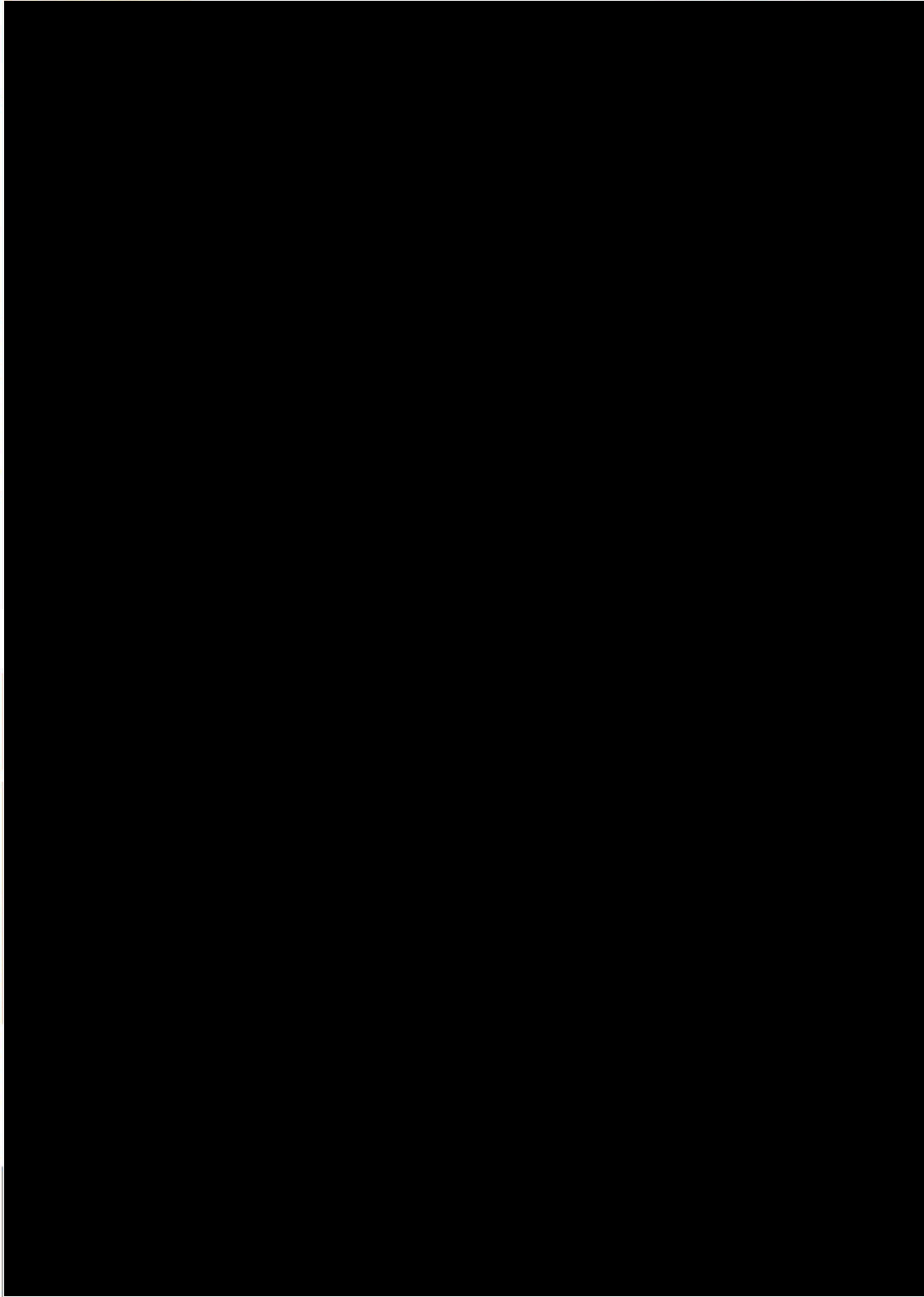
Karaoke Night – get ready for the upcoming Operation Rising Star competition

Saturdays, 1700-2100

“LADIES NIGHT”

Strawberry Daiquiris and margaritas for \$2
Variety & Old Skool Music by the House DJ at 1900

| | |
|-----|--|
| WED | 1700-2100: LADIES NIGHT Strawberry daiquiris and margaritas for \$2 1800-2230: KARAOKE NIGHT |
| THU | TEXAS HOLD 'EM TOURNAMENT Sign in at 1800 Game begins at 1830 Weekly Winners: 1 st \$75 / 2 nd \$50 / 3 rd next week buy-in. Points are awarded each week. After 8 weeks the top 9 point earners from the weekly tournament play for 1 st \$500 / 2 nd \$300 / 3 rd \$200 |
| FRI | FREE Snacks at 1900 and 2300 1800-2200 PI house band “NIGHT TUNES” |
| SAT | 1700-2100: LADIES NIGHT Strawberry daiquiris and margaritas for \$2. Variety & Old Skool music by the house DJ at 1900 Free Snacks at 2300 |



Library, Camp Walker / 764-4318
Library, Camp Carroll / 765-8407

USAG Daegu Libraries SUMMER READING CLOSING PARTY

August 4, 1400-1600
Hilltop Club, Cp Walker



RESOURCES & SERVICES

- ✓ New and Popular Books
- ✓ Magazines/newspapers
- ✓ DVD, CD, and audiobooks
- ✓ Video Games: Wii, PS3, Xbox 360
- ✓ Libros en Español
- ✓ Free internet access, including WiFi
- ✓ Online databases
- ✓ Ebooks and eaudiobooks
- ✓ Photocopier
- ✓ International fax service
- ✓ Portable DVD players for in-house use
- ✓ Digital data sender
- ✓ Children's area

Summer Reading Programs at the Cp Walker Library

August 1, 3 pm
Make Ice Cream

for children 10 and older and Families

August 2, 10:30 am
Stone Soup

for toddlers and preschool

Please register in advance,
764-5910



Baby Storytime
Songs, Rhymes, and Stories
for our littlest patrons

August 17
Ages 0-24 months, 10 am
Cp Walker Library

Children's Story Hour

Every Thursday, 10:30 am
Cp Walker Library

Call For Times
Cp Carroll Library, 765-8407

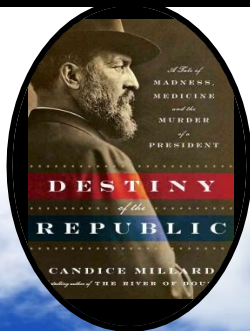
Daegu Book Club

POC: Meri Healey

This month's book is **Destiny of the Republic** by Candice Millard

August 23, 7 pm
Cp Walker Evergreen
Community Club

meri.d.healey@us.army.mil
764-5910



Community Activity Center, Camp Walker

764-4123/764-5919



Recreational 8-Ball Tournament

18 August / 1400
Cp Walker Community Activity
Center

Recreational Table Tennis Tournament

25 August / 1400
Cp Walker Community Activity
Center

-A minimum of six players are
needed for a tournament.

-All military and civilians
authorized to use FMWR
facilities may enter the
competition.

-Tournaments will award
trophies to the 1st, 2nd & 3rd
place winners. If there are 6
players, only 1st & 2nd place
winners will receive trophies.

Sign up today! 764-4123



FREE Watercolor Classes

Fridays
1500-1600
Cp Walker
Community
Activity Center

Enjoy general fine art painting
instruction in traditional and original art-
portrait, still life, and landscape. The
instructional goal is the understanding
of the basic principles of fine art and
development of artistic technique.
Learn artistic culture and improve your
skills!

Instructor: Mr. Ha (010-8258-4377)

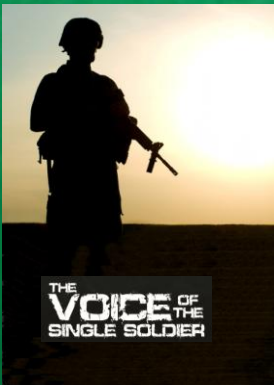
Better Opportunities for Single Soldiers (BOSS)

All single and unaccompanied Soldiers are welcome!

Cp Walker/Camp Henry BOSS Meeting

8 & 22 August, 1130-1230

at the Cp Walker Community Activity Center



SPC Sean McAndrews, 010-2785-
8464 (Henry/Walker President)



Community Activity Center Tours, Camp Walker / 764-4123

Rafting Tour at Bonghwa

11 August / Cp Walker CAC

Transportation Fee: \$15 (Adult) / \$10 (Child 12 and under)

Pay Rafting Fee at the Rafting Area: 30,000 won (Adult) / 25,000 won (Child 7-12)

Maximum tour slots 40 / Under 17 years be accompanied with parents.

Refund/Cancellation Policy:

If MWR cancels the trip, a full refund will be provided to participants. If participant cancels less than 48 hours prior to trip, no refund will be issued.

Bring a sack lunch and extra dry clothes.

BUS: Departs from the Cp Walker Commissary at 0800 / Cp Carroll CAC at 0900.

Sign up deadline: August 8

764-4123



Beach Tour

Community Activity Center Tours, Camp Walker / 764-4123

Jang-Sa Beach at Young-Deok

4 August / Cp Walker CAC

Transportation Fee: \$15 (Adult) / \$10 (Child 12 and under)

Pay on the Spot: Beach Parasol, Shower Booth, Water Tube, The Fly Fish, Banana Boat, etc ...

Refund/Cancellation Policy:

If FMWR cancels the trip, a full refund will be provided to participants. If a participant cancels less than 48 hours prior to the trip, no refund will be issued.

BUS: Departs from the Cp Carroll CAC at 0800/ Cp Walker Commissary at 0900.

Sign up deadline: August 1

764-4123

Arts & Crafts Center
764-5692
(In the Camp Walker CAC)



**Pre-registration
is required!**

Matting & Framing Class

Instruction will be provided by the Arts & Crafts Center staff by request and during normal operating hours.

Community Activity Center, Camp Carroll

765-8325 / 765-7484



August 19, 1400
Spades Tournament

August 29, 1400
Ice Hockey Competition

Saturdays & Sundays, 1400
Table Tennis Competition

Monday-Sunday, 1130-1330
Free Popcorn



SSG Brandon Merle,
010-3894-6048
(Carroll President)

Better Opportunities for Single Soldiers (BOSS)

All single and unaccompanied
Soldiers are welcome!

Cp Carroll
BOSS Meeting



1, 15 & 29 August, 1800-1900
at the Cp Carroll CAC

Haedong YongGung Temple & Haeundae Beach Tour

18 August

Camp Carroll Community Activity Center

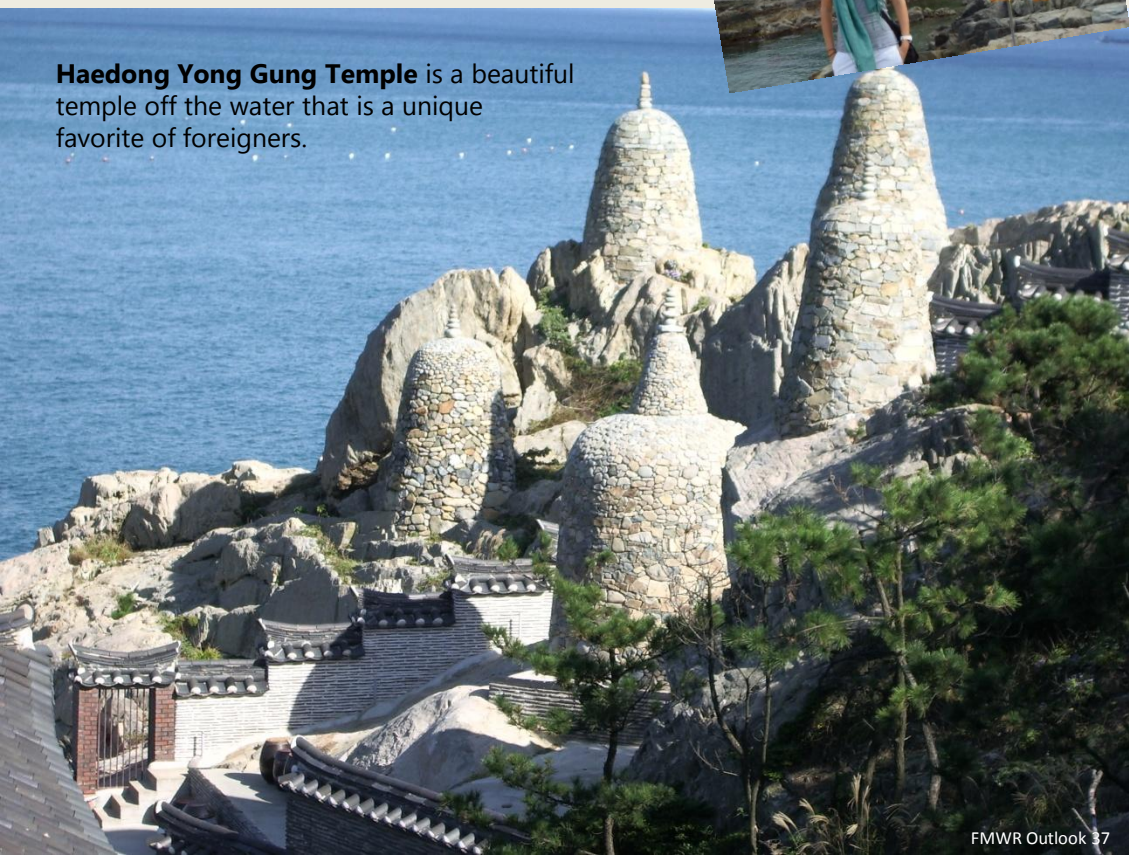
Transportation fee:

Adults (\$15) / Kids 12 and under (\$10).

Bring won for food, snacks and shopping.

Bus: Depart from Cp Carroll CAC at 0800 and the Cp Walker Commissary at 0900

Haedong Yong Gung Temple is a beautiful temple off the water that is a unique favorite of foreigners.



**Community Activity Center Tours,
Camp Carroll / 765-8325**

Dam-Yang Bamboo Village & Museum Tour

25 August

Camp Carroll Community
Activity Center

**Experience Korean Culture up
close. Walk the Bamboo forest
and visit the museum.**

Transportation fee:

Adults (\$15)

Kids 12 and under (\$10).

Bring won for food, snacks and
shopping, and walking shoes.

Bus: Depart from the Cp Carroll
CAC at 0800 and the Cp Walker
Commissary at 0900



CAMP CARROLL

Mon-Fri
UNIT PAINTBALL

Call to reserve.

\$8/person

PAINT BALL RANGE

Saturday & Sunday
OPEN PAINTBALL
1300-1700

\$15/person

*Includes mask, gun,
canister and first 200
paintballs. 5¢ per
additional ball.*

*Must have eye
protection, long
sleeves, long pants,
sneakers/boots
covering ankles.*

Sign-up today!
765-8325
Cp Carroll
Community
Activity Center



THE VOICE OF THE SINGLE SOLDIER

Better Opportunities for Single Soldiers (BOSS)

All single and unaccompanied Soldiers are welcome!



QUALITY OF LIFE • COMMUNITY SERVICE • RECREATION & LEISURE

BOSS positions are open on
the Camp Walker/Henry
Council.

For more information contact
Mr. Chandler at 764-4432



Auto Skills, Camp Henry

Do It Yourself!

The Auto Skills Center has trained instructors and mechanics to guide customers through a wide range of repairs and maintenance.



ONGOING SERVICES

- ✓ Engine tune-up service
- ✓ Auto T/M service
- ✓ Manual T/M service
- ✓ Tire service
- ✓ Wheel alignment
- ✓ Cooling system service
- ✓ Brake service
- ✓ Welding service
- ✓ Air conditioning service
- ✓ Safety inspection
- ✓ Other services (vehicles, motor cycles storage and disposal services)

For more information, call 768-8164



Camp Walker Bowling Center 764-4334



Events

Tuesdays, 1700-2100

Family Bowling: Bring the kids out and pay only for your games. Kids bowl free. Shoe rental not included. 1 adult minimum must bowl.

Wednesdays, 1600-2100

Mid-Week Madness Free Bowling (Shoes not included)

Thursdays, 1800-2230

Boss and Buddy Night

Bring your subordinate bowling and pay for one person (2-for-1 special. Shoes not included)

Saturdays

1800-2400: Buy a Combo Meal & Bowl 2 games free

1900-midnight: Extreme Bowling (\$2 per game. \$2 shoe rental)

Sundays, 1130-2230

Red Pin Bowling

Hourly Bowling (\$10 per lane)

Game Bowling (\$2.50 per game. \$2 shoe rental)

Weekly Specials

Wednesday-Friday, 1130-1330

Buy a Combo Meal and Bowl Free (Shoes not included)

Tuesday-Friday, 1330-1700

Early Bird Special

\$1.25 per game. \$1 shoe rental

Combo Menu

Wednesday-Friday at 1130-1330

Buy a Combo Meal from the Strike Zone and the bowling is on us!

| | | | |
|--------------------------|--------|-----------------------------|--------|
| Spare Burger | \$5.50 | Philly Cheese Steak | \$7.95 |
| Bowling Burger | \$6.95 | Chicken Cheese Steak | \$7.95 |
| Strike Burger | \$5.75 | Cajun Chicken Steak | \$7.95 |
| 300 Burger | \$7.50 | Combustion Burger | \$7.95 |
| Extreme ¼ Burger | \$6.75 | Pepperjack Chicken Sandwich | \$6.95 |
| Extreme ½ Burger | \$8.50 | Chicken Cordon Bleu | \$7.25 |
| Grilled chicken Sandwich | \$6.95 | Chicken Tenders | \$7.75 |

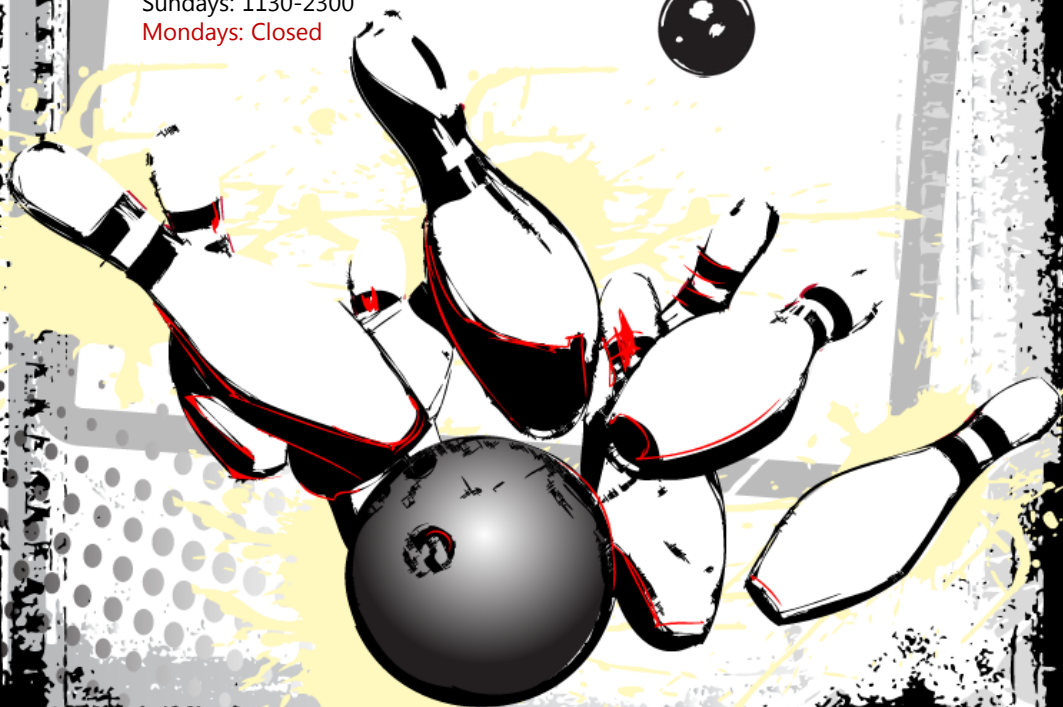
Camp Walker Bowling Center Bowling Special

August 11 / Starts: 1200
9-Pin-No-Tap Bowling
Entry fee: \$20

August 25 / Starts: 1200
King & Queen of the Hill Bowling
Tournament
Entry fee: \$20

**When U.S. Holidays fall on a Monday, the
Bowling Center will open, then close the
following day:**

Tuesday-Thursday: 1130-2300
Fridays & Saturdays: 1130-2400
Sundays: 1130-2300
Mondays: Closed





BOWLING

CAMP CARROLL
765-4470

August 1, 1630-2100

Girlfriend's Day Bowling

Rose for the 1st 20 ladies in the dining room and free bowling

August 7, All Day

American Family Day Bowling

Family bowl for \$19 per lane - two hours bowling
(shoe rental, large pizza)

August 28 – September 3, 1100-2200

"NATIONAL BOWLING WEEK" Everyone will get a Free Game of Bowling

MONDAY – FRIDAY, 1100-1330

Purchase a Strike Zone Combo Meal and bowl for free!

MONDAY – FRIDAY, 1330-1700

Early Bird Dollar Special - \$1 per game / \$1 shoe rental

TUESDAYS, 1700-2000

Boss and Buddy Bowling. Pay for just one person (2-for-1 special). Naturally, the boss pays for shoes.

WEDNESDAYS, 1600-2100

Free Madness Bowling Night

FRIDAYS, 1700-2300

Buy a pitcher of beer or soda, get 3 games free (shoes not included).

FRIDAYS & SATURDAYS, 1900-2300: Extreme Bowling

SATURDAYS, 1800-2000

Buy a Combo Meal and bowl 2 games for free.

SATURDAYS, 1800-2300: "LADIES NIGHT" Free Bowling for the Ladies (shoes not included)

SUNDAYS, All day: Red Pin Bowling



Camp Carroll Bowling Center

All Month in the Dining Room

8oz Cowboy Strip Loin/
Cowboy Fries/
Veggies & Dinner Roll
\$8.50

GRILL-YOUR-OWN STEAK

Wednesdays, 1700-2000

Porterhouse Steak (\$10.95)

N.Y. Steak (\$9.95)

5oz Chicken Breast (\$7.95)

Includes corn-on-the-cob, baked potato and coleslaw



EARLY BIRD DOLLAR SPECIAL

MONDAY-FRIDAY, 1330-1700
\$1 PER GAME / \$1 SHOE RENTAL



Summer Monthly Open Bowling Passes

\$50 for two people and \$75 for three within the same Family for monthly open play bowling

For more information, call 765-4470

Daegu High School, 9-12th Grade

Principal: Mr. Kristopher Kwiatek

Email: PRINCIPAL_DAEGUHS@pac.dodea.edu

Phone: 764-4645

Web Site: [Http://www.korea.pac.dodea.edu/DHS/index.html](http://www.korea.pac.dodea.edu/DHS/index.html)

Summer office hours: 0800-1500
First day of school is August 27th

Students orientations will be held
Wednesday, August 22nd

11th-12th grade:
1300-1400

9th-10th grade:
1400-1500

14:30-15:15
After school time for academic
support, tutoring and club
meetings

15:15
Sports practice starts



School Hours
0800-1430

The DHS & DAS Student Transportation Offices are open all summer to register new students. Please register at the school first.

DHS: Bldg 330 on Cp Walker / 764-4645

DAS: Bldg 3000 on Cp George / 768-9501

From the School Liaison Office



Daegu American School K-8

Principal: Ms. Laurel Eisinger

Email: principal_DaeguAS@pac.dodea.edu

Phone: 768-9531

Web Site: <http://www.daegu-un.pac.dodea.edu>

Summer Office Hours: 0800-1500

School Hours: 0730-1400

School Starts: August 27th

New policy starting Fall 2012

No electronic devices may be brought to school. This includes cell phones. If parents need to contact students they may contact the front desk. This applies to both DAS and DHS.



Parent Central Services: 764-5298
School Age Center: 764-5702
Middle School & Teen: 764-5721
Youth Sports: 764-4859

August 3, 0800-1800
Hand/Net Fish Catching Festival

August 3, 1900-2100, Youth Center
Fun-Tech Project Meeting for Lego Mind Storm

August 4, 2000-2100, Youth Center
Green Science project Meeting for Geographic Information System

August 4, 1900-2200, Youth Center
Cosmetology (Face and Hair)

August 6 & 20, 1730, Youth Center
Commissary Bagging Orientation

August 7, 0800-1800
Jang-Sa Beach
Beach Blast w/Water Rides

August 7, 1600-1700, Youth Center
Triple Play Meeting for Dumbbell Fly

August 10, 1900-2000, Youth Center
Water Balloon Fight at Kelly Field

August 13 & 27, 1500-1600, Youth Center
Oriental Art Class

August 16, 1500-1600, Youth Center
Self Defense Class w/Master Yi

August 16-17, 0800-Next Day 2000,
Bong-Hwa Wet N' Wild Water Rafting & Paintball (Overnight)

August 21, 0700-2000
Osan Shopping Trip

August 31, 1900-2200
Casino Night (Card & Chips)



U.S. Army Child, Youth
& School Services



BASKETBALL CLINIC

1-4 August
0900-1500

Cp George Gym/764-4859

Youth provide food/drinks

August 1-31
CYS Services
SOCCER REGISTRATION
Ages: 3-16 / Cost: \$40



**Child, Youth & School
Services / 764-5298**



TRIATHLON

August 1-31
CYS Services
**FLAG FOOTBALL
REGISTRATION**
Ages: 8-13
Cost: \$40



CYS Services
Indoor Triathlon
(Swim/Bike/Run)



18 August, 0900-1200
Camp Walker Kelly Fitness Center

Age groups:
Boys and Girls (11-12, 13-15, 16-18)

Distances:
Swim: 100 meters in the indoor pool
Bike: 3 miles on the indoor bike
Run: 1 mile on the treadmill



For more information, call 764-4859

For more information,
call 764-5298

Swimming Pools

Indoor Pool

Camp Walker Pool / 764-3873

Mon-Wed & Fri: 0530-2000

Thu: 0500-0800 & 1700-2000

Sat, Sun & US Holidays: 1000-1800

Camp Carroll Pool / 765-7708

Mon-Fri: 0530-1930

Sat, Sun & US Holidays: 1100-1930

Swimming Classes

Cp Walker Pool: Sun, 1700 / 764-4800

Cp Carroll Pool: Tue & Thu, 1100 / 765-8287

Both classes are for adults (\$50), Soldiers (Free)



Outdoor Pool

Camp Walker Pool / 764-4553

Wed-Mon, 1000-1900 / Tue, Closed

Camp Carroll Pool / 765-4274

Tue-Sun, 1100-1900 / Mon, Closed

SKIES Unlimited Instructional Classes



LOOKING FOR SKIES INSTRUCTORS

Kendo / Hapkido / Guitar / Hello Music Together / Arts & Crafts

Email: Enrique.silva.naf@mail.mil

Child, Youth & School Services



SKIESUnlimited

Schools of Knowledge, Inspiration, Exploration & Skills



DRUMS

Mon, 1500. \$50 p/month

SWIMMING CLASS

Mon & Wed, 1730-1820
\$80 p/month (8 sessions)

BALLET CLASS

Tue & Thu
3-4 years (1700) / 5-up (1740)
\$60 p/month

TAEKWON-DO CLASS

Tue & Thu, Beginners (1700)
Advanced (1750)
\$60 p/month

PIANO CLASS

Wed-Fri, 1500
\$130 p/month (8 sessions)

TIGER TOTS TAEKWON-DO

Held at the CDC bldg. 223

Tue & Thu, 1030 & 1600
\$35 p/month

For more information, call 764-4112/764-5298

Camp Walker Skate Park

MON-SAT: 1200-1900

SUNDAYS: *Contact Fitness Center Staff to open the gate.*

Don't forget your protective gear – helmets are mandatory.

Located behind Parent Central Services, Bldg. S-257

Parent Central Services hours are from 0900-1800, Monday through Friday (except for Federal Holidays)



Parent's Night Out 17 August / 6:30-10:30 p.m.

Care is FREE for children 6 weeks-12 years old who are registered with CYS Services.

Space is limited, so call Parent Central Services at the beginning of each month, **764-5298**, to reserve a spot for your child.





SY 12-13 HIRED! Apprentice Session Schedules

October – December 2012: First session (180 hour term)

January – March 2013: Second session (180 hour term)

April - June 2013: Third session (180 hour term)

July – September 2013: Fourth session (summer session is 2 terms = 360 hours)

***During the school sessions, HIRED! Apprentice will work after school for 3 hours a day to accumulate 15 hours a week totaling 180 hours to complete the term.*

**** Summer session is mandatory 2 terms working full 8 hour days to accumulate 360 hours total for session. (i.e. HIRED! Apprentice is working on his/her 1st and 2nd terms, HIRED! Apprentice will receive a stipend check from Kansas State University for // 1st = \$500 + 2nd = \$500 total stipend = \$1,000).*

Application due dates:

First Session: 1st August and no later than 15th September 2012

Second Session: 1st November and no later than 15th December 2012

Third Session: 1st February and no later than 15th March 2013

Fourth Session: 1st May and no later than 15th June 2013

***** Please have applications in by time frame to allow Workforce Preparation Specialist to seeking employment opportunities.*

HIRED! Stipend

1st and 2nd term stipend = \$ 500 each / 3rd and 4th term stipend = \$625 each

5th and 6th term stipend = \$750 each

POC: Enrique Silva / WFPS, CYS Services Youth Center **764-4112/5721 or**

enrique.silva.naf@mail.mil

National Fine Arts Exhibit Showcases Winning Artwork Across the Country Daegu, Korea June 2012 – Boys & Girls Clubs of America (BGCA) named Soo Kyong Kim, age 16, a national winner in its 2012 National Fine Arts Exhibit. Kim was selected from more than 250 regional finalists vying for top honors at this year's national competition and is one of 37 national winners whose artwork has been chosen to appear in the exhibit. The exhibit features entries from Club youth ages 6-18 who took home top honors in categories including monochromatic drawing, multicolored drawing, pastel, watercolor, oil/acrylic, print making, mixed media, collage, sculpture and group.



Kim's piece, entitled *The Mums (Kook Hwa)* won for the group 16-18yrs in the Water Color Painting category. All artwork from the 37 national winners will travel with the National Fine Arts Exhibit, which is displayed the ensuing year at premier BGCA events throughout the country, including BGCA's annual National Conference.

"The National Fine Arts Exhibit provides youth an opportunity to develop artistic skills and showcase creativity through a variety of mediums," said Dr. Erica S. Stevens, senior director of Education & the Arts at BGCA. "Our year-round art program encourages artistic expression among Club members and local, regional and national exhibits allow their artwork to shine."



National judging for the 2012 exhibit was held in Atlanta. Entries were judged by a panel of national experts and competed against submissions from Clubs across the globe. Judges included Gilbert Young, nationally renowned artist, muralist, lecturer and art conservator; Larry Anderson, writer, artist and professor at Savannah College of Art & Design with 30 years experience teaching art in Atlanta colleges; and Dawn Kinney Martin, nationally recognized artist with more than 16 years experience teaching and advocating for arts programming.

BGCA's Fine Arts Program is a comprehensive initiative promoting creativity in a variety of media as well encouraging artistic skills and cultural enrichment. As a participant in the Fine Arts program, Boys & Girls Club of USAG Daegu submitted artwork from 21 in several categories, including monochromatic drawing, multicolored drawing, pastel, watercolor, oil/acrylic, print making, mixed media, and collage.

For more information on the arts program at Youth Center, USAG Daegu visit

<http://www.cysskorea.com/daegu/>

To see the National Fine Arts virtual gallery visit

<http://bgca.org/FineArts/default.aspx>.

Evergreen Golf Course, Camp Walker

❖ Free Golf Lessons

August 4 & 18, 1000-1200

❖ Nine & Dine Mentor Golf

August 9, 1600-1930

❖ PGA Championship

2-person Best-ball

August 11, 0600-1230

❖ Junior Golf Camp

August 13-17, 0800-1200

❖ Evening on the Range

August 22, 1900-2030

❖ Pay Day Golf Scramble

August 31, 1200-1800



PRO SHOP 18-HOLES

For more information, call 764-4628/764-4601

Your Fitness Training Program

H.E.A.T.

High Explosive Anaerobic Training

Tuesdays, 0530-0615
Kelly Fitness Center
764-4800 or 764-4907



H.E.A.T.
Starts: July 3
Open to every one.
Bring towel and Water.



Camp Walker Fitness Center / 764-4800
Camp Carroll Fitness Center / 765-8118

Got questions?

Area.4.fitness@gmail.com

or follow us on FACEBOOK at: AREAFOUR FIT

CLASS DESCRIPTIONS

AQUA PUMP/CORE - a fun centered exercise that is designed for a challenging cardio and toning workout with minimal impact. Non swimmers are welcome.

CAPOEIRA - is a Brazilian martial art that combines elements of dance and music. It is known by quick and complex moves, using mainly power, speed, and leverage for leg sweeps.

CYCLING - high intensity indoor cycling class that incorporates a 15 minute core conditioning phase at the end of the journey. Guaranteed to make you sweat.

CY-YO - a total adrenaline pumping cycling workout for 30 minutes followed by a complete relaxation, flexibility, and power centered Yoga experience.

MOM/ME - body muscle sculpting class set to music, designed to increase muscular endurance, bone density, improve posture & muscle tone while burning maximum fat with your child for a fun filled hour of fitness.

POWERFLEX - an interval cardio and toning class designed to burn maximum fat and sculpt the entire body without missing a beat. Cardio sessions may be aerobics, cycling, step, or kickboxing.

POWER YOGA - isometric strength training that will burn calories and sculpt lean muscle mass combined with flexibility training to enhance connective tissue and muscle power.

STEP CARDIO - a 32 beat choreographed exercise on a platform designed to build lower body strength and improve cardiovascular endurance.

WOWW - working out with weights is a full body muscle sculpting class using weights, bands, bars, etc to increase muscle endurance, posture and tone.

YOGA - relieve stress and add flexibility & strength into your routine that begins and ends with deep relaxation techniques for a full Yoga experience.

ZUMBA - the only Latin-inspired dance fitness program that blends red-hot international music, easy to follow dance steps to form a fitness party that is downright addictive.

Your Fitness Training Program



Lorraine Melgoza-Pearson



Reno Durand in a Capoeira move!



Hope Elliott



Robin Doaty



Marlyn Banzon



Betsy Lizotte



MONDAYS

- CC 0615 Indoor Cycling – HE
- CW 0900 Yoga – SP
- CW 1015 Zumba – RD
- CW 1800 Indoor Cycling –JS
- CC 1800 Zumba – LM
- CC 1900 Powerflex – AS

TUESDAYS

- CW 0530 H.E.A.T – GD
- CW 1015 Zumba – MB
- CW 1800 Zumba – GD
- CW 1830 Aqua Pump – BL
- CC 1800 Indoor Cycling – HE

WEDNESDAYS

- CC 0615 Indoor Cycling – HE
- CW 0900 Yoga – SP
- CW 1015 Zumba – RD
- CW 1800 Indoor Cycling – GD
- CC 1800 Zumba – LM

THURSDAYS

- CW 0900 H.E.A.T - JS
- CW 1015 Zumba – MB
- CW 1800 Zumba – MB
- CW 1830 Aqua Core – BL
- CC 1800 Indoor Cycling – HE

FRIDAYS

- CW 1015 Zumba – RD
- CC 1800 Zumba – MA

SATURDAYS

- *CW 0900 Rotating Classes
- *CC 1000 Indoor Cycling – HE
- CC 1100 Capoeira – RD

SUNDAYS

- CC 1000 Capoeira - RD

CLASS INSTRUCTORS

Camp Walker:

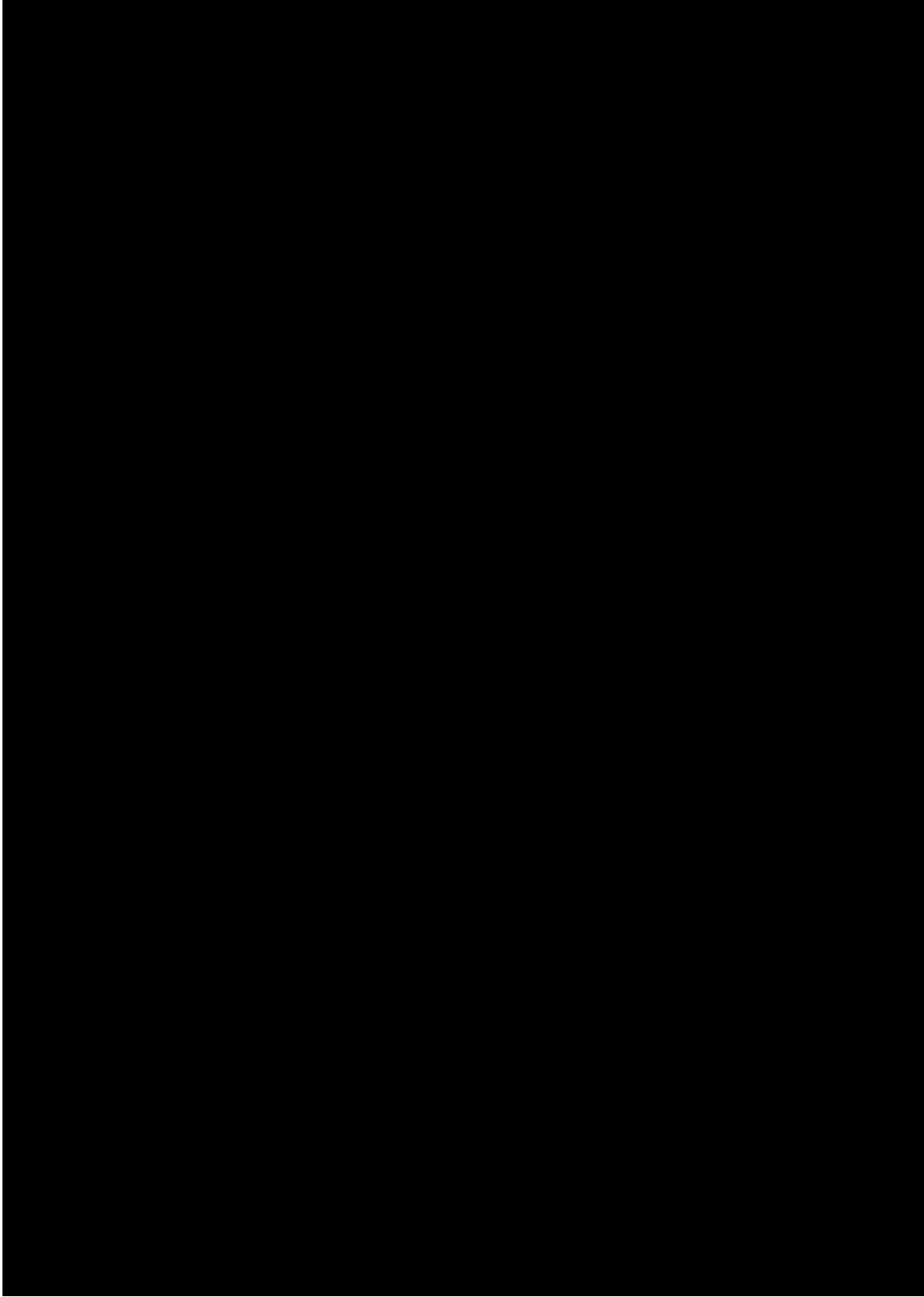
- Grace Dewars (GD)
- Robin Doaty (RD)
- Betsy Lizotte (BL)
- So Pae (SP)
- Ashley Stancil (AS)
- Jessica Streifel (JS)
- Marlyn Banzon (MB)

Camp Carroll:

- Maggie Atilus (MA)
- Reno Durand (RD)
- Hope Elliott (HE)
- Kat Kaliski (KK)
- Lorraine Melgoza-Pearson (LM)
- Ashley Stancil (AS)

*Saturday Classes and Instructors will vary from Step, Yoga, Zumba, Coreboxing, Powerflex, Indoor Cycling, Cy-Yo

** Check Facebook AREAFOUR FIT for possible cancellations





USAG Daegu Sports & Fitness

Checkout Item Listing



Item Description (Cost: N/A)

Effective July 2012

- | | |
|--------------------|---------------------|
| Basketball | Cones |
| Boxing Gloves | Jump Ropes |
| Hand Wraps | Chairs |
| Heavy Bag & Gloves | Weighted Vest |
| Football | Water Jugs |
| Football Flag | Racquetballs |
| Football Tee | Racquetball Rackets |
| Towel Large/Small | Protective Classes |
| Locker Keys | Softball |
| Head Phone | Softball Gloves |
| Table | Softball Bats |
| Yoga Mats | Soccer Ball |
| Whistles | Shin Guard |
| Stop Watch | Sports Uniform |

- Jersey
- Penny
- Tennis Racket
- Tennis Ball
- Volleyball
- Volleyball Knee Pad
- Dumbbells
- Abdominal Strap
- Weighted Vest
- Weight Bar
- Stretch Band
- Road Vest
- Weight Belt
- Chain Belt
- Medicine Ball



Facility Rental

- | | |
|------------------------------|--|
| Picnic Areas | \$25 |
| Indoor Pool Picnic | with grill (\$35) without grill (\$25) |
| Basketball Court | \$35 (4 hrs or less) \$50 (6 hrs or less) \$100 (12 hrs or full day) |
| Aerobics Room | \$15 (4 hrs or less) \$25 (6 hrs or less) \$50 (12 hrs or full day) |
| Racquetball Courts | \$15 (4 hrs or less) \$25 (6 hrs or less) \$50 (12 hrs or full day) |
| Tennis Courts | \$15 (4 hrs or less) \$25 (6 hrs or less) \$50 (12 hrs or full day) |
| Multi-Purpose Fields | \$35 (4 hrs or less) \$55 (6 hrs or less) \$100 (12 hrs or full day) |
| Multi-Purpose Field Pavilion | \$15 (4 hrs or less) \$25 (6 hrs or less) \$35 (12 hrs or full day) |

Cp Walker: 764-4907/4800
Cp Carroll: 765-8118

Camp Carroll Sports & Fitness Center

765-8118 / 765-8287

August 2-3, 1800

3 on 3 Summer Basketball Playoff Championship

August 8-9, 1800

USAG Daegu 3 on 3 Basketball Championship

August 28, 0800

Sprint Reverse Triathlon

(300M Swim/15K Bike/10K Run)



Mon, Wed & Fri, 1800

Intramural Flag Football Pre-Season & League

Tue & Thu, 1800

Intramural Soccer Pre-Season & League

USAG DAEGU TENNIS CHAMPIONSHIPS

30-31 August / Cp Walker Fitness Center

Active duty military personnel stationed in the Daegu & Waegwan areas only.

*Sign up at your local fitness center.

Cp Walker: 764-4800 / Cp Carroll 765-8118

300 M Swim / 15K Bike / 10K Run

SPRINT REVERSE TRIATHLON

28 August / Cp Carroll Fitness Center

Start / Finish – Outdoor Pool.

Participants must provide their own gear.

Men's open: 18-35

Men's senior: 36-45

Men's elite senior: 46 & up

Women's open: 18-35

Women's senior: 36 & up / Team open

Register: 0700-0745

Race starts: 0800

Cp Walker: 764-4800

Cp Carroll: 765-8118



**Camp Walker
Sports & Fitness
Center**

764-4800
764-4225

Weight Rooms, Cardio (2nd
floor) Area will be **CLOSED**
until **10 August**



August 1-2
**3 on 3 Summer Basketball
Playoff Championship**
Cp Walker Kelly Fitness Center

August 8-9
**USAG Daegu 3 on 3 Basketball
Championship**
Cp Walker Kelly Fitness Center



August 30-31
USAG Daegu Tennis Championships
(see side page)

Mon & Wed, 1800-2100
Cp Walker Intramural Soccer League
Cp Walker Kelly Field

Tue & Thu, 1800-2100
Cp Walker Intramural Flag Football League
Cp Walker Kelly Field

FIT-TO-WIN CENTER CAMP HENRY 768-6604

Monday – Friday,
0500-2000

Saturday &
U.S. Holidays,
1000-1800

Cardio Equipment
Machine & Free Weights
Workout Accessories
Showers & Sauna



Weekend & US Holiday

Camp Henry – Camp George – Camp Walker – Camp George – Camp Henry

| Camp Henry TMP | | Start | | | | | | | | | | | | | | | | | | | L | L | L | |
|-----------------------------------|------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|---|---|--|
| C/H- HQ, USAG-Daegu | #1↓ | 0720 | 0830 | 0930 | 1030 | 1130 | 1230 | 1330 | 1430 | 1530 | 1630 | 1730 | 1830 | 1930 | 2030 | 2130 | 2230 | 2330 | 0030 | 0130 | 0230 | | | |
| C/H- SPO 19TH ESC | #2↓ | 0721 | 0831 | 0931 | 1031 | 1131 | 1231 | 1331 | 1431 | 1531 | 1631 | 1731 | 1831 | 1931 | 2031 | 2131 | 2231 | 2331 | 0031 | 0131 | 0231 | | | |
| C/H- SJA/ED CENTER | #3↓ | 0722 | 0832 | 0932 | 1032 | 1132 | 1232 | 1332 | 1432 | 1532 | 1632 | 1732 | 1832 | 1932 | 2032 | 2132 | 2232 | 2332 | 0032 | 0132 | 0232 | | | |
| C/H- GATE #2 | #4↓ | 0723 | 0833 | 0933 | 1033 | 1133 | 1233 | 1333 | 1433 | 1533 | 1633 | 1733 | 1833 | 1933 | 2033 | 2133 | 2233 | 2333 | 0033 | 0133 | 0233 | | | |
| C/G- GATE #10 | #5↓ | XXX | XXX | 0936 | 1036 | 1136 | 1236 | 1336 | XXX | 1536 | 1636 | 1739 | 1836 | XXX | 2036 | XXX | XXX | XXX | XXX | XXX | XXX | | | |
| C/W- GATE#6 PMO | #6↓ | 0733 | 0843 | 0946 | 1046 | 1146 | 1246 | 1346 | 1443 | 1546 | 1646 | 1743 | 1843 | 1943 | 2046 | 2143 | 2243 | 2343 | 0043 | 0143 | 0241 | | | |
| CP WALKER LODGE | #7↓ | 0734 | 0844 | 0947 | 1047 | 1147 | 1247 | 1347 | 1444 | 1547 | 1647 | 1744 | 1844 | 1944 | 2047 | 2144 | 2244 | 2344 | 0044 | 0144 | 0242 | | | |
| C/W- BLDG # S-363 (commissary) | #9↓ | 0735 | 0845 | 0948 | 1048 | 1148 | 1248 | 1348 | 1445 | 1548 | 1648 | 1745 | 1845 | 1945 | 2048 | 2145 | 2245 | 2345 | 0045 | 0145 | 0243 | | | |
| C/W- HHC, 19th ESC | #8↓ | 0736 | 0846 | 0949 | 1049 | 1149 | 1249 | 1349 | 1446 | 1549 | 1649 | 1746 | 1846 | 1946 | 2049 | 2146 | 2246 | 2346 | 0046 | 0146 | 0244 | | | |
| C/W- JCISA | #10↓ | 0737 | 0848 | 0951 | 1051 | 1151 | 1251 | 1351 | 1448 | 1551 | 1651 | 1748 | 1848 | 1948 | 2051 | 2148 | 2248 | 2348 | 0048 | 0148 | 0245 | | | |
| C/W- BLDG 398 (Hill Top) | #11↓ | 0740 | 0850 | 0953 | 1053 | 1153 | 1253 | 1353 | 1450 | 1553 | 1653 | 1750 | 1850 | 1950 | 2053 | 2150 | 2250 | 2350 | 0050 | 0150 | 0305 | | | |
| C/W- GATE#4 | #12↓ | 0742 | 0852 | 0955 | 1055 | 1155 | 1255 | 1355 | 1452 | 1555 | 1655 | 1752 | 1852 | 1952 | 2055 | 2152 | 2252 | 2352 | 0052 | 0152 | 0307 | | | |
| C/W- BLDG # S-363 (commissary) | #9↓ | 0743 | 0853 | 0956 | 1056 | 1156 | 1256 | 1356 | 1453 | 1556 | 1656 | 1753 | 1853 | 1953 | 2056 | 2153 | 2253 | 2353 | 0053 | 0153 | 0308 | | | |
| CP WALKER LODGE | #7↓ | 0744 | 0854 | 0957 | 1057 | 1157 | 1257 | 1357 | 1454 | 1557 | 1657 | 1754 | 1854 | 1954 | 2057 | 2154 | 2254 | 2354 | 0054 | 0154 | 0309 | | | |
| C/W- GATE#6 PMO | #6↓ | 0746 | 0856 | 0959 | 1059 | 1159 | 1259 | 1359 | 1456 | 1559 | 1659 | 1756 | 1856 | 1956 | 2059 | 2156 | 2256 | 2356 | 0056 | 0156 | 0310 | | | |
| C/G- GATE#10 | #5↓ | XXX | XXX | 1009 | 1109 | 1209 | 1309 | 1409 | XXX | 1609 | 1709 | XXX | 1909 | XXX | 2109 | XXX | XXX | XXX | 0106 | 0206 | 0320 | | | |
| C/H- GATE #2 | #4↓ | 0755 | 0905 | 1011 | 1111 | 1211 | 1311 | 1411 | 1505 | 1611 | 1711 | 1805 | 1911 | 2005 | 2111 | 2205 | 2305 | 0005 | 0108 | 0208 | 0322 | | | |
| C/H- HQ, USAG-Daegu | #1↓ | 0756 | 0906 | 1012 | 1112 | 1212 | 1312 | 1412 | 1506 | 1612 | 1712 | 1806 | 1912 | 2006 | 2112 | 2206 | 2306 | 0006 | 0109 | 0209 | 0323 | | | |
| C/H- SPO 19TH ESC | #2↓ | 0757 | 0907 | 1013 | 1113 | 1213 | 1313 | 1413 | 1507 | 1613 | 1713 | 1807 | 1913 | 2007 | 2113 | 2207 | 2307 | 0007 | 0110 | 0210 | 0324 | | | |
| C/H- SJA/ED CENTER | #3↓ | 0758 | 0908 | 1014 | 1114 | 1214 | 1314 | 1414 | 1508 | 1614 | 1714 | 1808 | 1914 | 2008 | 2114 | 2208 | 2308 | 0008 | 0111 | 0211 | | | | |
| Camp Henry TMP | | END | | | | | | | | | | | | | | | | | | | | | | |

Note: Buses returning to Cp Henry do not pick up new passengers going to Cp Walker and Cp George
 L: Friday & Saturday nights and will operate on Sunday night if Monday is U.S. Holiday / XXX: Bus will not stop at location



Camp Carroll (AK714R)

Bldg. 236

Mon & Wed, 0600-0930

KORN 112 Elementary Korean II (3)
 UMUC: 85351 Sec. A401 Pong-Su Kim GAE:113424

Tues & Thurs, 0600-0930

HIST 156 History of the United States to 1865 (3)
 UMUC: 85330 Sec. A401 Richard Dowling GAE:113422

Tues, 0600-0930

BIOL 160 Human Biology (3)
 UMUC: 85301 Sec. A401 Hyoik Ryu ○ GAE:113417

Wed, 0600-0930

ENGL 102 Composition and Literature (3)
 UMUC: 85321 Sec. A401 Gary Steel ○ GAE:113421

Fri, 0600-0930; Sat, 0900-1230

MATH 103 College Mathematics (3)
 UMUC: 85360 Sec. A401 Hyun-Sook Kim GAE:113425

Fri, 0500-0930

BIOL 161 Laboratory in Human Biology (1)
 UMUC: 85302 Sec. A401 Hyoik Ryu GAE:113418

Camp Henry (AK722R)

Bldg. S-1840

Mon & Wed, 0600-0930

BIOL 181 Life in the Oceans (3)
 UMUC: 85303 Sec. A401 Hyoik Ryu GAE:113419

Tues & Thurs, 0600-0930

KORN 111 Elementary Korean I (3)
 UMUC: 85344 Sec. A402 Pong-Su Kim GAE:113423

Wed, 0600-0930

EDCP 103 Fundamentals of Writing and Grammar (3)
 UMUC: 85317 Sec. A402 Richard Dowling ○ GAE:113420

Thurs, 0600-0930

SPCH 100 Foundations of Oral Communication (3)
 UMUC: 85387 Sec. A401 Gary Steel ○ GAE:113426

○ HYBRID courses combine classroom and online instruction.

FALL SESSION 1

765-7728 carroll-asia@umuc.edu
 768-7857 henry-asia@umuc.edu



Enroll now. Fall Session 1 begins **Sept 3** at Army sites in Korea; Online DE classes begin **Aug 20**.

Camp Carroll on Post

| | | | | | | | | | | | | | | | | | |
|----------|---------|------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Stop #1 | (S-503) | CSP S-502 | xxxx | xxxx | xxxx | 0830 | 0930 | 1030 | 1130 | 1230 | 1330 | 1430 | 1530 | 1630 | xxxx | xxxx | xxxx |
| Stop #2 | | H-Shop | xxxx | xxxx | xxxx | 0831 | 0931 | 1031 | 1131 | 1231 | 1331 | 1431 | 1531 | 1631 | xxxx | xxxx | xxxx |
| Stop #3 | (S-622) | Vic Gate 2 | xxxx | xxxx | xxxx | 0833 | 0933 | 1033 | 1133 | 1233 | 1333 | 1433 | 1533 | 1633 | xxxx | xxxx | xxxx |
| Stop #4 | | Bldg 510 | xxxx | xxxx | xxxx | 0835 | 0935 | 1035 | 1135 | 1235 | 1335 | 1435 | 1535 | 1635 | xxxx | xxxx | xxxx |
| Stop #5 | (S-720) | 168th Med | xxxx | xxxx | xxxx | 0838 | 0938 | 1038 | 1138 | 1238 | 1338 | 1438 | 1538 | 1638 | 1738 | xxxx | xxxx |
| Stop #14 | | ADA | xxxx | xxxx | xxxx | 0739 | 0839 | 0939 | 1039 | 1139 | 1239 | 1339 | 1439 | 1539 | 1639 | 1739 | xxxx |
| Stop #6 | (S-933) | Bldg S-907 | 0540 | 0640 | 0740 | 0840 | 0940 | 1040 | 1140 | 1240 | 1340 | 1440 | 1540 | 1640 | 1740 | 1840 | 1940 |
| Stop #8 | (S-993) | Bldg S-905 | 0541 | 0641 | 0741 | 0841 | 0941 | 1041 | 1141 | 1241 | 1341 | 1441 | 1541 | 1641 | 1741 | 1841 | 1941 |
| Stop #7 | (S-89) | BEQ Hill | 0543 | 0643 | 0743 | 0843 | 0943 | 1043 | 1143 | 1243 | 1343 | 1443 | 1543 | 1643 | 1743 | 1843 | 1943 |
| Stop #13 | ACS | Bldg S-998 | 0544 | 0644 | 0744 | 0844 | 0944 | 1044 | 1144 | 1244 | 1344 | 1444 | 1544 | 1644 | 1744 | 1844 | 1944 |
| Stop #8 | (S-993) | Bldg S-905 | 0545 | 0645 | 0745 | 0845 | 0945 | 1045 | 1145 | 1245 | 1345 | 1445 | 1545 | 1645 | 1745 | 1845 | 1945 |
| Stop #9 | (S-933) | Bldg S-388 | 0546 | 0646 | 0746 | 0846 | 0946 | 1046 | 1146 | 1246 | 1346 | 1446 | 1546 | 1646 | 1746 | 1846 | 1946 |
| Stop #12 | (S-115) | CAC, S-110 | 0547 | 0647 | 0747 | 0847 | 0947 | 1047 | 1147 | 1247 | 1347 | 1447 | 1547 | 1647 | 1747 | 1847 | 1947 |
| Stop #10 | (S-269) | Gate 4 | 0548 | 0648 | 0748 | 0848 | 0948 | 1048 | 1148 | 1248 | 1348 | 1448 | 1548 | 1648 | 1748 | 1848 | 1948 |
| Stop #11 | (S-278) | Bldg 262 | 0549 | 0649 | 0749 | 0849 | 0949 | 1049 | 1149 | 1249 | 1349 | 1449 | 1549 | 1649 | 1749 | 1849 | 1949 |
| Stop #12 | (S-115) | CAC, S-110 | 0551 | 0651 | 0751 | 0851 | 0951 | 1051 | 1151 | 1251 | 1351 | 1451 | 1551 | 1651 | 1751 | 1851 | 1951 |
| Stop #8 | (S-993) | Bldg S-905 | 0553 | 0653 | 0753 | 0853 | 0953 | 1053 | 1153 | 1253 | 1353 | 1453 | 1553 | 1653 | 1753 | 1853 | 1953 |
| Stop #7 | (S-89) | BEQ Hill | 0555 | 0655 | 0755 | 0855 | 0955 | 1055 | 1155 | 1255 | 1355 | 1455 | 1555 | 1655 | 1755 | 1855 | 1955 |
| Stop #13 | ACS | Bldg S-998 | 0556 | 0656 | 0756 | 0856 | 0956 | 1056 | 1156 | 1256 | 1356 | 1456 | 1556 | 1656 | 1756 | 1856 | 1956 |
| Stop #8 | (S-993) | Bldg S-905 | 0557 | 0657 | 0757 | 0857 | 0957 | 1057 | 1157 | 1257 | 1357 | 1457 | 1557 | 1657 | 1757 | 1857 | 1957 |
| Stop #6 | (S-933) | Bldg S-907 | 0558 | 0658 | 0758 | 0858 | 0958 | 1058 | 1158 | 1258 | 1358 | 1458 | 1558 | 1658 | 1758 | 1858 | 1958 |
| Stop #14 | | ADA | 0559 | 0659 | 0759 | 0859 | 0959 | 1059 | 1159 | 1259 | 1359 | 1459 | 1559 | 1659 | 1759 | xxxx | xxxx |
| Stop #5 | (S-720) | 168th Med | xxxx | xxxx | 0800 | 0900 | 1000 | 1100 | 1200 | 1300 | 1400 | 1500 | 1600 | 1700 | xxxx | xxxx | xxxx |
| Stop #4 | | Bldg 510 | xxxx | xxxx | 0802 | 0902 | 1002 | 1102 | 1202 | 1302 | 1402 | 1502 | 1602 | 1702 | xxxx | xxxx | xxxx |
| Stop #3 | (S-622) | Vic Gate 2 | xxxx | xxxx | 0803 | 0903 | 1003 | 1103 | 1203 | 1303 | 1403 | 1503 | 1603 | 1703 | xxxx | xxxx | xxxx |
| Stop #2 | | H-Shop | xxxx | xxxx | 0804 | 0904 | 1004 | 1104 | 1204 | 1304 | 1404 | 1504 | 1604 | 1704 | xxxx | xxxx | xxxx |
| Stop #1 | (S-503) | CSP S-502 | xxxx | xxxx | 0805 | 0905 | 1005 | 1105 | 1205 | 1305 | 1405 | 1505 | 1605 | 1705 | xxxx | xxxx | xxxx |

The bus does **NOT** operate during the hours **highlighted** on weekends, U.S. federal and training Holidays
 This bus schedule supersedes all previous Camp Carroll bus schedule dtd 19 Aug 11

POWER DOWN



Last year Area IV spent more than 13.7 Million Dollars on energy! However, each of us can make a difference by with just a few very small changes in our daily lives.

Consider these energy saving tips:

- Find the aspiring weatherperson in the group to check temperature and humidity, so that windows are closed when atmospheric conditions become uncomfortable to the occupants.
- Consider drying your clothes on a clothes line instead of using a dryer.
- Use a pressure cooker whenever possible to cook food. Energy consumption is 50% to 70% less using a pressure cooker.
- Reduce viewing TV or do without completely.
- Use cold water to wash clothes whenever possible.
- Cool hot foods before refrigerating.
- Open the refrigerator door as little as possible.
- Reduce your domestic hot water temperature from 140 degrees to 120 degrees. This will save you over 18%.
- Cooking causes 10-15 percent of a household's energy usage. Simple actions like matching pot size with the size of the hot plate, using a lid and turning off the stove 3-5 minutes early (the residual heat is enough to thoroughly cook) can reduce this energy consumption by up to 65 percent.
- Always put a full load of clothes in the washer.
- Don't over wash clothes. A 10-minute cycle is usually enough for even very soiled clothes.
- Vacuum or dust the back and bottom of the refrigerator regularly to keep the cooling coils free from dust.
- Keep the freezer as full as possible for greatest efficiency. Fill up empty space with plastic jugs of water. However, do not overcrowd. Place items in a manner that allows air to circulate.
- Thaw frozen food in the refrigerator before cooking. Thawed food cooks faster and uses less energy.
- Remove your clothing promptly from the dryer and hang carefully. Many items will require no ironing.
- Reduce the number of electric appliances you use for models that use muscle power. Can openers, vacuum cleaners, garage door openers, lawn mowers, weed whackers, hedge trimmers, etc. can be replaced with non-electric models.
- Save energy required to heat water by turning the flow rate down for hot water at the faucet. Do not "pool" water in the sink when washing hands.

Average Appliance Cost Estimates (Moderate/High Settings/Use)

Approximate Energy Costs for Common Appliances

| Appliance | Daily | Weekly | Monthly | Annual |
|---------------------------------------|--------------|---------------|----------------|---------------|
| Refrigerator (Mini) | \$0.19 | \$1.35 | \$6.09 | \$73.08 |
| Refrigerator/Freezer (22 CF) | \$0.60 | \$4.17 | \$18.77 | \$225.29 |
| Plasma Flat Screen (50-56") TV | \$0.21 | \$1.46 | \$6.56 | \$78.75 |
| LCD Flat Screen (50-56") TV | \$0.16 | \$1.12 | \$5.03 | \$60.38 |
| Desk Top Computer | \$0.30 | \$2.09 | \$9.39 | \$112.64 |
| Cable Box | \$0.13 | \$0.92 | \$4.16 | \$49.90 |
| Play Station | \$0.02 | \$0.13 | \$0.58 | \$6.93 |
| X Box | \$0.04 | \$0.30 | \$1.37 | \$16.38 |
| Space Heater (Medium Size) | \$0.67 | \$4.67 | \$21.00 | \$252.00 |
| Central Air Conditioner | \$1.73 | \$12.13 | \$54.60 | \$655.20 |
| Air Conditioner (Med Win Unit) | \$0.56 | \$3.91 | \$17.59 | \$211.05 |
| Transformer | \$0.10 | \$0.72 | \$3.23 | \$38.81 |
| Washer (Per Load) | \$1.47 | \$10.29 | \$46.31 | \$555.66 |
| Dryer (Per Load) | \$1.59 | \$11.13 | \$50.09 | \$601.02 |
| Micro Wave | \$0.45 | \$3.12 | \$14.04 | \$168.53 |
| Dishwasher | \$0.37 | \$2.60 | \$11.68 | \$140.18 |
| Household Air Filter (Portable) | \$0.87 | \$6.07 | \$27.30 | \$327.60 |
| Eight Lamps (100 Watt Bulb) | \$0.58 | \$4.03 | \$18.13 | \$217.56 |
| Eight CFL Light (100 Watt Equivalent) | \$0.14 | \$1.01 | \$4.56 | \$54.68 |
| Eight 60 Watt Bulb | \$0.35 | \$2.45 | \$11.03 | \$132.30 |
| Eight CFL Light (60 Watt Equivalent) | \$0.10 | \$0.73 | \$3.28 | \$39.40 |
| Electric Fan (Box) | \$0.04 | \$0.29 | \$1.30 | \$15.54 |

1. Calculations have been adjusted for seasonal variables associated with weather and typical use times during an average day.

2. Reference - <http://michaelbluejay.com/electricity/howmuch.html>

Combined Operation

KILL THE WATTS

"Small Changes Made By All Make All The Difference"

Camp Henry Theater



AUGUST MOVIE SCHEDULE

ADMISSION RATES : Special Showings(1*) - \$3.00 / \$1.50 Repeat Showings(2*) - \$4.00 / \$2.00
 Regular Release(3*) - \$4.50 / \$2.25 First Run Movies(4*) - \$5.00 / \$2.50

SHOW DAY : SAT SUN MON TUE WED THU FRI
 SHOW TIME : 1500-MAT 1500-MAT 1900 CLOSED CLOSED 1900 1900

| DAY | MOVIE / STARS | RUNTIME | RATED | ADM |
|--------|--|---------|-------|-----|
| 1 WED | CLOSED | | | |
| 2 THU | * 1900 ICE AGES 4/Animated Voice of Ray Romano, John Leguizamo | 94 | PG | 4* |
| 3 FRI | * 1900 SAVAGE/ Taylor Kitsch, Blake Lively | 129 | R | 4* |
| 4 SAT | * 1500 ICE AGES 4/Animated Voice of Ray Romano, John Leguizamo | 94 | PG | 4* |
| | * 1900 SAVAGE/ Taylor Kitsch, Blake Lively | 129 | R | 4* |
| 5 SUN | * 1500 ICE AGES 4/Animated Voice of Ray Romano, John Leguizamo | 94 | PG | 4* |
| | * 1900 SAVAGE/ Taylor Kitsch, Blake Lively | 129 | R | 4* |
| 6 MON | 1900 SNOW WHITE AND THE HUNTSMAN/Kristen Stewart | 127 | PG13 | 3* |
| 7 TUE | CLOSED | | | |
| 8 WED | CLOSED | | | |
| 9 THU | * 1900 THE DARK KNIGHT RISES/Michael Caine, Gary Oldman | 165 | PG13 | 4* |
| 10 FRI | * 1900 THE DARK KNIGHT RISES/Michael Caine, Gary Oldman | 165 | PG13 | 4* |
| 11 SAT | 1500 MADAGASCAR 3/Ben Stiller, Chris Rock | 93 | PG | 3* |
| | * 1900 THE DARK KNIGHT RISES/Michael Caine, Gary Oldman | 165 | PG13 | 4* |
| 12 SUN | 1500 MADAGASCAR 3/Ben Stiller, Chris Rock | 93 | PG | 3* |
| | * 1900 THE DARK KNIGHT RISES/Michael Caine, Gary Oldman | 165 | PG13 | 4* |
| 13 MON | 1900 PROMETHEUS/Noomi Rapace, Michael Fassbender | 124 | R | 3* |
| 14 TUE | CLOSED | | | |
| 15 WED | CLOSED | | | |
| 16 THU | * 1900 STEP UP REVOLUTION/ Kathryn McCormick, Ryan Guzman | 106 | PG13 | 4* |
| 17 FRI | * 1900 THE WATCH/ Ben Stiller, Vince Vaughn | 85 | R | 4* |
| 18 SAT | * 1500 THE WATCH/ Ben Stiller, Vince Vaughn | 85 | R | 4* |
| | * 1900 STEP UP REVOLUTION/ Kathryn McCormick, Ryan Guzman | 106 | PG13 | 4* |
| 19 SUN | * 1500 THE WATCH/ Ben Stiller, Vince Vaughn | 85 | R | 4* |
| | * 1900 STEP UP REVOLUTION/ Kathryn McCormick, Ryan Guzman | 106 | PG13 | 4* |
| 20 MON | 1900 THAT'S MY BOY/Adam Sandler, Andy Samberg | 132 | R | 3* |
| 21 TUE | CLOSED | | | |
| 22 WED | CLOSED | | | |
| 23 THU | 1900 ROCK OF AGE/Julianne Hough, Diego Boneta | 123 | PG13 | 3* |
| 24 FRI | * 1900 TOTAL RECALL/Colin Farrell, Kate Beckinsale | 118 | PG13 | 4* |
| 25 SAT | 1500 BRAVE/Kelly Macdonald, Billy Connolly | 100 | PG | 3* |
| | * 1900 TOTAL RECALL/Colin Farrell, Kate Beckinsale | 118 | PG13 | 4* |
| 26 SUN | 1500 BRAVE/Kelly Macdonald, Billy Connolly | 100 | PG | 3* |
| | * 1900 TOTAL RECALL/Colin Farrell, Kate Beckinsale | 118 | PG13 | 4* |
| 27 MON | * 1900 TED/Mark Wahlberg, Mila Kunis | 106 | R | 3 |
| 28 TUE | CLOSED | | | |
| 29 WED | CLOSED | | | |
| 30 THU | * 1900 HOPE SPRINGS/Meryl Streep, Tommy Lee Jones | Unknown | PG13 | 4* |
| 31 FRI | * 1900 THE BOURNE LEGACY/Jerney Renner, Rachel Weisz | Unknown | PG13 | 4* |



Movies are subject to change. Doors open 45 minutes prior to showtime. Please arrive early for best seating.

FEATURE PROGRAM & STARTING TIME ARE SUBJECT TO CHANGE WITHOUT NOTICE.
 SECOND EVENING PERFORMANCE WILL VARY WHEN THE PROGRAM IS OVER 120 MIN.



AUGUST MOVIE SCHEDULE

ADMISSION RATES : Special Showings(1*) - \$3.00 / \$1.50 Repeat Showings(2*) - \$4.00 / \$2.00
 Regular Release(3*) - \$4.50 / \$2.25 First Run Movies(4*) - \$5.00 / \$2.50

SHOW DAY : SAT SUN MON TUE WED THU FRI
 SHOW TIME : 1300-MAT 1300-MAT 1830 CLOSED CLOSED 1830 1830

| DAY | MOVIE / STARS | RUNTIME | RATED | ADM |
|--------|--|---------|-------|-----|
| 1 WED | CLOSED | | | |
| 2 THU | 1830 MEN IN BLACK III/ Will Smith, Tommy Lee Jones | 98 | PG13 | 3* |
| 3 FRI | * 1830 THE AMAZING SPIDER MAN/ Andrew Garfield, Emma Stone | 136 | PG13 | 4* |
| 4 SAT | 1300 THINK LIKE A MAN/Michael Ealy, Regina Hall | 120 | PG13 | 3* |
| | * 1830 SAVAGE/ Taylor Kitsch, Blake Lively | 129 | R | 4* |
| 5 SUN | * 1300 THE AMAZING SPIDER MAN/ Andrew Garfield, Emma Stone | 136 | PG13 | 4* |
| | * 1830 SAVAGE/ Taylor Kitsch, Blake Lively | 129 | R | 4* |
| 6 MON | 1830 SAVAGE/ Taylor Kitsch, Blake Lively | 129 | R | 4* |
| 7 TUE | CLOSED | | | |
| 8 WED | CLOSED | | | |
| 9 THU | 1830 MADAGASCAR 3/Ben Stiller, Chris Rock | 93 | PG | 3* |
| 10 FRI | * 1830 ICE AGES 4/Animated Voice of Ray Romano, John Leguizamo | 94 | PG13 | 4* |
| 11 SAT | 1300 PROMETHEUS/Noomi Rapace, Michael Fassbender | 124 | R | 3* |
| | * 1830 ICE AGES 4/Animated Voice of Ray Romano, John Leguizamo | 94 | PG13 | 4* |
| 12 SUN | 1300 BRAVE / ANIMATED | 115 | PG | 3* |
| | * 1830 ICE AGES 4/Animated Voice of Ray Romano, John Leguizamo | 94 | PG13 | 4* |
| 13 MON | 1830 THE HUNGER GAMES/ Jennifer Lawrence, Josh Hutcherson | 142 | PG13 | 3* |
| 14 TUE | CLOSED | | | |
| 15 WED | CLOSED | | | |
| 16 THU | 1830 THAT'S MY BOY / Adam Sandler, Andy Samberg | 132 | R | 3* |
| 17 FRI | * 1830 THE DARK KNIGHT RISES/Michael Caine, Gary Oldman | 165 | PG13 | 4* |
| 18 SAT | 1300 ROCK OF AGES/ Julianne Hough, Diego Boneta | 123 | PG13 | 3* |
| | * 1830 THE DARK KNIGHT RISES/Michael Caine, Gary Oldman | 165 | PG13 | 4* |
| 19 SUN | 1300 THAT'S MY BOY / Adam Sandler, Andy Samberg | 132 | R | 3* |
| | * 1830 THE DARK KNIGHT RISES/Michael Caine, Gary Oldman | 165 | PG13 | 4* |
| 20 MON | 1830 CHERONBYL DIARIES/Jesse McCartney, Jonathan Sadowski | 90 | R | 3* |
| 21 TUE | CLOSED | | | |
| 22 WED | CLOSED | | | |
| 23 THU | 1830 TED/Mark Wahlberg, Mila Kunis | 106 | R | 3* |
| 24 FRI | * 1830 THE WATCH/Benstiller, Vince Vaughn | 85 | R | 4* |
| 25 SAT | 1300 TED/Mark Wahlberg, Mila Kunis | 106 | R | 3* |
| | * 1830 THE WATCH/Benstiller, Vince Vaughn | 85 | R | 4* |
| 26 SUN | * 1300 THE WATCH/Benstiller, Vince Vaughn | 85 | R | 4* |
| | * 1830 STEP UP REVOLUTION/Kathryn McCormick, Ryan Guzman | 106 | PG13 | 4* |
| 27 MON | 1830 THE HUNGER GAMES/ Jennifer Lawrence, Josh Hutcherson | 142 | PG13 | 3* |
| 28 TUE | CLOSED | | | |
| 29 WED | CLOSED | | | |
| 30 THU | 1830 SAFE/ Jason Statham, Catherine Chan | 94 | R | 3* |
| 31 FRI | * 1830 TOTAL RECALL/Colin Farrell, Kate Beckinsale | 118 | PG13 | 4* |



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Party in the Park!

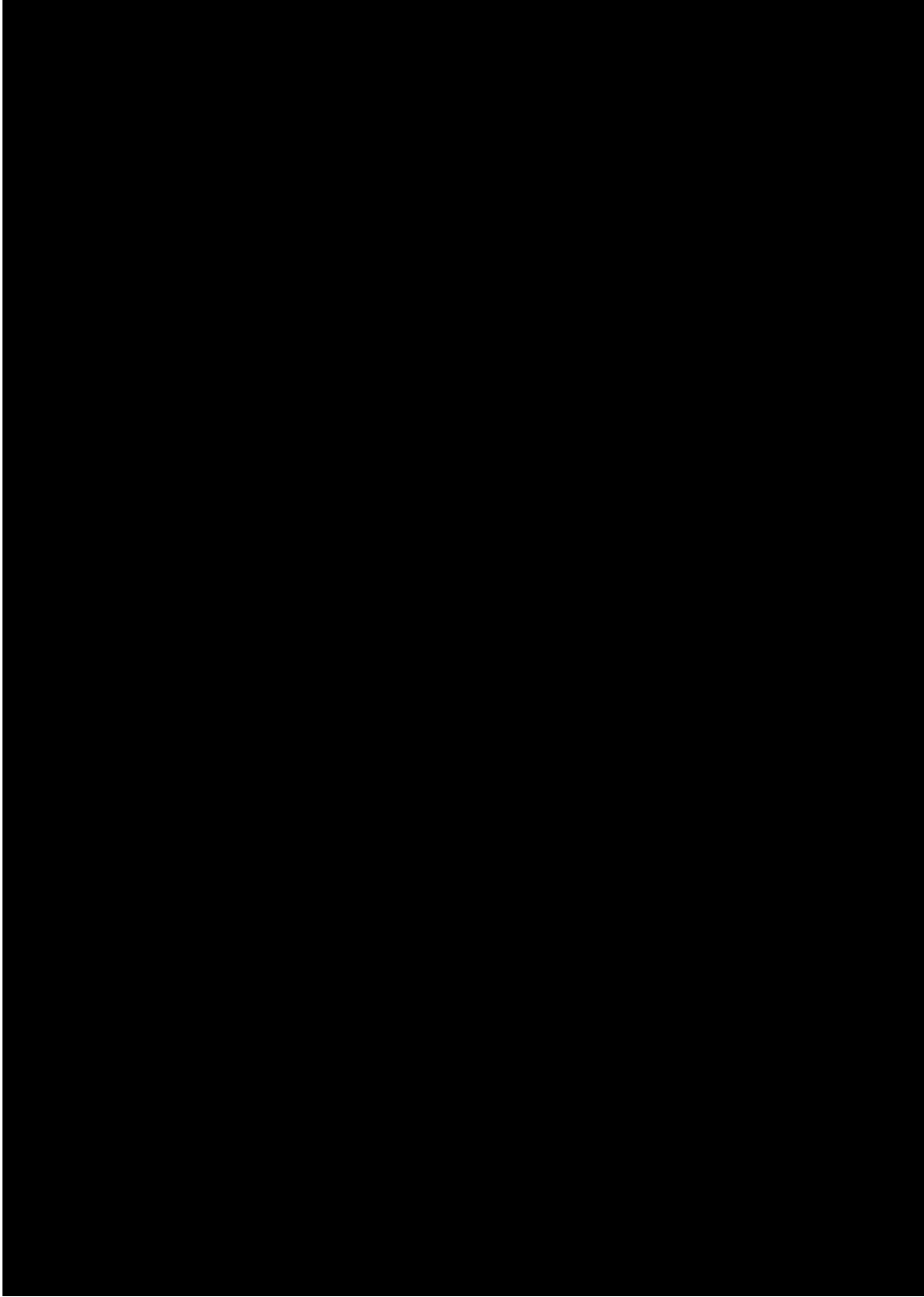
LIVE MUSIC

1700-2200

Every Thursday
Night in August
at the Camp Carroll
Community Activity
Center Outdoor
Amphitheater!

Plus BBQ Steak Dinners - \$9.95
and beverage service.
Everyone is welcome!

*In case of extreme
heat or rain, the
party will move
indoors.*



RECTRAC AT THE COMMUNITY CENTERS AND FITNESS CENTERS

What is RecTrac?

Not to be confused with the accountability swipe-in, RecTrac is FMWR's automated customer usage system. This management information system helps us provide better recreation service to our customers by monitoring program and facility usage. More importantly, evaluating RecTrac data will eventually aid in determining future funding to support FMWR programs.

Do I have to register?

How long does it take?

Anyone using services at the fitness or community centers must be registered in the system. The process is quick and easy and you can register yourself or, if accompanied, your whole Family in a single visit!

HEY, MR. DJ...

FMWR is looking for a Variety
Music DJ to mix the tunes
Fridays & Saturdays at
Camp Carroll



Rock, Hip Hop,
R&B, Pop,
Country

For more information
call Mark McIntosh at
765-8574 or email
mark.r.mcintosh@us.army.mil

DID YOU MISS IT? LIBERTY FEST 2012

JULY 4TH AT CP WALKER





ICE

**Ever wonder
if your voice is heard?**

Say it on

ICE

We're

Listening



Tell us what you think about the new OUTLOOK MAGAZINE FORMAT. Go to Camp Henry and find "Marketing." All comments and suggestions are welcome!

<http://ice.disa.mil>

How to stay in touch with what's happening in Daegu

USAG Daegu Facebook:

www.facebook.com/USAGDaegu



FMWR Facebook:

<http://www.facebook.com/#!/fmwr.daegu>



“Friend” us



Looking for community information?

- Listen to AFN Korea radio at FM 88.5
- Pick up a copy of the weekly Morning Calm Newspaper
- Check out the banners on Camps Walker, Henry, and Carroll
- Turn on the Command Channel (Ch. #3 – closed circuit). To place an ad, email: www.USAGDaegu@yahoo.com.
- Find the Outlook magazine online at www.ISSUU.com (search for “FMWR Outlook” or scan the QR code on the cover)
- Look for posters and flyers in FMWR facilities
- Contact your FRG Leader
- “Friend” the DHS Facebook at “DoDEA Daegu High School”
- Visit the Daegu American School website at (DAS) at <http://www.daegu-un.pac.dodea.edu/>
- Send and receive “Hot Apple” community information emails. Email: usarmy.henry.imcom-pacific.list.usag-daegu.ioc@mail.mil
- MWR Korea-wide dot.com site: www.MWRKorea.com
- Ask any Customer Service Representative

COMMERCIAL SPONSORSHIP OPPORTUNITIES

부대 내 상업광고주 및 후원사를 모집합니다

Is your company or business interested in reaching more than 15,000 U.S. Army Soldiers, U.S. Department of Defense civilian employees, contractors, their Family members, and Korean Soldiers assigned to the U.S. Army Garrison Daegu community? USAG Daegu encompasses 4 military installations plus depots as far south as Busan. You now have an opportunity to directly market your products and services to all members of the USAG Daegu Community as a sponsor of one or more of our Family and Morale, Welfare and Recreation (FMWR) events.

주한미군 대구 게리슨 관할 내에 15,000여명 이상의 주한미군들과 그들의 가족, 영내 미국 직원들과 한국군인들이 볼 수 있는 광고를 원하십니까? 저희는 대구에서 부산까지 남쪽으로 창고를 포함한 4곳의 대형미군기지 군사 광고를 관할하고 있습니다. 귀사에서 주요 FMWR 부서에 하나 또는 그 이상의 후원사가 되어 지원을 하시면, 이 지역 부대 지역사회에 모든 이들에게 직접적으로 회사의 제품과 서비스를 홍보할 수 있는 광고의 기회를 얻으실 수 있습니다.

SPONSORS HAVE THE OPPORTUNITY TO

Display, distribute products and services during a major event on a USAG Daegu installation (Camp Carroll, Walker, Henry or George).

USAG 대구(캠프 케롤, 워커, 헨리 또는 조지)에서 주최하는 주요 벤트기간동안 상품을 전시하고 홍보물을 배포하고 있습니다.



Have your company or business name and logo appear on event-related advertising and promotional material.

저희 이벤트와 관계된 인쇄광고물이나 판촉상품에 당사의 이름과 로고를 넣을 수 있습니다.

Depending on the scope of the event, engage one-on-one with members of the USAG Daegu community who attend the event.

USAG 대구에서 주최하는 이벤트에 참석하는 사람들에게는 직접 판촉활동을 할 수 있습니다.

Receive a free full-color advertisement in the FMWR Outlook magazine distributed to all personnel throughout USAG Daegu.

* Advertisement type dependent upon the level of sponsorship. (후원사의 광고 유형에따라 다름)
USAG 대구 지역 내 모든 캠프에 배포되는 FMWR 칼라 월간 잡지에 무료로 광고를 실어드립니다.

Call DSN 768-7563 / From off post, call 053) 470-7563 or email laurel.baek@us.army.mil
후원과 광고에 관심이 있으시면 연락주시기 바랍니다. 일반전화 053) 470-7563

또는 이메일 email laurel.baek@us.army.mil

Great Getaways VACATION Sweepstakes

Four Grand Prizes!

EACH PRIZE INCLUDES: 7-NIGHT STAY • ROUND-TRIP AIRFARE • SPENDING MONEY



DRAGON HILL LODGE



EDELWEISS
LODGE AND RESORT



shades
of green
AN HILTY HONEY WORLDHOTEL



HALE KOA HOTEL

Enter to Win @ afrcresorts.com

JULY 2 - AUGUST 31



*No Federal endorsement intended.

The Sweepstakes is open to Service Members, Retirees, DoD Civilians and their Families 18 years of age and older. Anyone directly involved with the development of this promotion and the sweepstakes is precluded from winning. Eligibility will be verified prior to announcing winners. NO PURCHASE NECESSARY. Great Getaways Sweepstakes starts July 2, 2012 and ends August 31, 2012. Winners will be randomly selected by drawing on or about September 17, 2012.



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USAG DAEGU COMMUNITY FAIR!



AUGUST 25th

1000-1400 at Kelly Fitness Center

Visit displays and gather information from more than 50 activities, organization, clubs, businesses and schools!

Daegu High School
Daegu American School
Education Center - DHR
Voting - DHR
CPAC - DHR
ASAP - DHR
Fire Department
VFW
Daegu Intl' Women's Assoc.
Musashi Photography
Louisiana Seasoning
DPTMS
Community Bank
DES
DCA / Apple Tree
DPW - Housing
Garrison Chapel
DOL
Scouts – Girls, Cubs, Boys
DeCA
Navy Federal Credit Union
Office Staff Judge Advocate

The Exchange
AFN
Artemis Photography Studio
USO
American Red Cross
36th Signal - Retention
Veterinary Clinic
Wood Clinic
618th Dental Co
215th Med Det Optometry
The Pampered Chief
Teeny Tiny Images
Visual Info Support Center
Scentsy
Daegu Tourism & Cultural
FMWR
BOSS
Community Recreation
Business Operations
CYSS
ACS

For more information, contact Robert Lattanzi at 768-7588