

WOLF PACK WARRIOR



DEFEND THE BASE ... **HOOAH!**
Vol. 22, No. 8

ACCEPT FOLLOW-ON FORCES ... **BRING IT!**
8th Fighter Wing, Kunsan Air Base, Republic of Korea

TAKE THE FIGHT NORTH ... **WOLF PACK!**
March 9, 2007

Operation Achilles: Leaflet airdrop delivers message to Taliban

By Staff Sgt. Carlos Diaz
U.S. Central Command Air Forces

SOUTHWEST ASIA — The message was clear and well delivered.

A C-130 Hercules airdrop mission dropped 30,000 warning leaflets over the mountainous terrain of southeastern Afghanistan Tuesday to deter Taliban insurgent activity.

The warning leaflet airdrop mission was in direct support of Operation Achilles launched the same day by the International Security Assistance Force to create a secure environment that enables the Afghanistan government to help the country's people.

The leaflets were used in support of a ground task force to communicate with Taliban extremists, warning them not to interfere with coalition activities.

"We're trying to gain the edge over the enemy," said Maj. Michael Lucas, chief of the Air Mobility Division's tactics section at the Combined Air Operations Center.

Airdropping leaflets "helps the cause without using firepower and can aid our Coalition partners in capturing enemy forces," Maj. Lucas said.

To deliver the leaflet's message to the enemy, an aircrew from the 379th Air Expeditionary Wing in the Persian Gulf region, took off in the early hours. In the first leg of the mission, the nine-man aircrew picked up the warning leaflets from ISAF personnel at an air base in Afghanistan.

Armed with three boxes chock-full of warning leaflets, the loadmasters prepared themselves with harnesses and buddy checks. Once over the target site, Tech. Sgt. Aaron Jennings tossed the first of two boxes out of the right-side parachute door of the C-130.

The warning leaflets were dropped out in small boxes tethered to the aircraft. After the boxes were released and the tether fully extended, the boxes popped open. Then, Airman 1st Class Josh Huffman tossed 10,000 warning leaflets out over the

See **LEAFLET**, Page 3

Finding safe haven



Photo by Master Sgt. Dominique Brown

Wolf Pack members make their way from a C-130 to awaiting buses to inprocess at Yokota AB, Japan. The members, portraying non-combatants evacuating Korea, were part of the Wolf Pack's NEO inspection Tuesday.

Wolf Pack heads for Yokota as Kunsan takes on NEO, ORI evacuation exercise

By Senior Airman Stephen Collier
Warrior staff

It's official: The 2007 Operational Readiness Inspection for the 8th Fighter Wing has begun.

On Tuesday, the Wolf Pack accepted, processed and evacuated Department of Defense civilians and 8th Fighter Wing members to Yokota AB, Japan, as part of the non-combatant evacuation operation, or NEO.

Compared to NEO operations in the past, this evacuation was an evaluation, and the first time Pacific Air Forces inspectors were on hand to grade Wolf Pack members since 2005.

For most on the flightline turning wrenches and launching F-16s, they wouldn't have thought twice about the major PACAF inspection at the Hammerhead gate, the fitness and sports center and the Loring Club. But even

though Airmen didn't 'MOPP' up or hear a bugle call, the ORI, according to Col. Jeff 'Wolf' Lofgren, 8th Fighter Wing commander, has officially kicked off.

"The (inspector general) inspectors saw the Wolf Pack in classic form," the Wolf said. "They were very impressed from the time people entered the gate to the time they were transferred over to (the 8th Logistics Readiness Squadron). We all worked together as a team to process them expeditiously; all the injects we received we handled very efficiently. It was an outstanding effort."

The day began with a 7 a.m. recall, with unit control centers already stood up. Once the 'non-combatants' arrived, 8th Security Forces Squadron members escorted them to NEO wardens who help to process them at the Loring Club.

Later, 8th LRS drivers transported them via bus to base operations where they were loaded onto an awaiting C-130 Hercules aircraft

bound for the Japanese base. Those members returned to Kunsan Wednesday night.

Maj. Nick Avlonitis, PACAF chief of mission support inspections, said Kunsan seems to meet the needs of non-combatants.

"Kunsan has a really efficient process," the major stated. "The base did a good job on accountability as well as security. The base did as well as it could in the scenario."

When asked what the major would say to a US citizen if asked about how well the Wolf Pack could evacuate them, he said he would feel comfortable telling them the base is ready.

"I'd let them know we'd do anything they needed to expedite a safe return to the US," he said.

When asked what one comment stood out in his mind from the PACAF inspectors, Col. Lofgren said he was happy to hear how great an attitude everyone had.

"It was good to hear people were fired up to do a good job, which is the impression they left with," the Wolf said. "One of the keys to success is having a good attitude going into the ORI."

ORI
39
DAYS
COUNTDOWN

Adaptability ... the Wolf Pack way

2

RESILIENT WARRIOR

Within the warrior

SPECIAL

Cut away Gunsan City map!

Still confused on how to get around Gunsan City? Not anymore

8

Wolf Pack Weather

Saturday	Sunday	Monday
M. Cloudy High: 46 Low: 28	P. Cloudy High: 36 Low: 27	P. Cloudy High: 37 Low: 27

Wolf Pack Weather provided by the 8th OSS weather flight

Bell Sends



U.S. Army photo

International marriages in South Korea

By Gen. B.B. Bell
United States Forces Korea commander

On March 2, 2007, we released United States Forces Korea Regulation 600-240, International Marriage in Korea. The regulation is now posted on the USFK Web site at http://wwhr.korea.army.mil/Programs_Policy/UploadedFile/USFK/USFK_Reg_600-240_International_Marriages_in_Korea.pdf. This regulation applies to any U.S. servicemember who is considering marrying a non-U.S. citizen while stationed in the Republic of Korea. If you fall into this category, you must read and comply with the requirements of this new regulation. The chain of command is responsible for ensuring servicemembers in their commands follow the regulatory requirements. Noncompliance can result in

punitive disciplinary measures. USFK Regulation 600-240 fills a serious USFK command policy and regulatory gap. Commanders and leaders at all levels must ensure the requirements of this regulation are distributed throughout their formations and organizations. Precise record keeping and reporting is absolutely necessary to comply with this regulation. Commanders should issue implementing instructions and guidance as necessary, clearly identifying ownership of this process. Chaplains, medical and legal personnel, and garrison family support agencies must also know and comply with the provisions of this regulation. The purpose of the regulation is to involve the chain of command, counseling professionals and medical authorities to ensure a deliberate, informed and legally-sufficient international marriage

decision process by the servicemember. Further, we want to ensure that future non-U.S. citizen spouses can obtain a visa and accompany their servicemember spouse when he or she departs Korea. This regulation is needed and necessary in USFK. Compliance is required and will ensure any servicemember contemplating international marriage meets all his or her responsibilities to the military and the future spouse. It effectively empowers the chain of command to execute proper and necessary oversight responsibilities with the servicemember in the international marriage decision process. Compliance with this regulation will make a positive difference in a range of complex issues facing the command, and strengthen our long-standing alliance with the Republic of Korea.

Resilient Warriors: Adaptability at the Wolf Pack

(Editor's note: This article highlights the second installment of the Wolf Pack's vision of Pacific Air Force's 'Resilient Warrior' initiative on adaptability. See next week's *Wolf Pack Warrior* for the second half.)

By Mr. Sonny Park
Airmen Family and Readiness Center

Gen. Paul V. Hester announced 2007 as the year of the 'Resilient Warrior' for Pacific Air Forces. As the Air Force reduces its numbers through Presidential Budget Decision, or 'PBD-720,' increased operations tempo and additional, numerous deployments, Airmen throughout the command are being stressed more than they have ever been.

And the month of March is no different. During the month, leaders want to stress the 'adaptability' of Airmen and family during this critical year. But what is adaptability and what does it mean to Wolf Pack members?

It means being flexible to meet mission objectives, tolerating hardships and the absence of comforts, striving to meet reasonable customer needs and being effective with or without an external structure.

At the Wolf Pack, it also means one must learn to adapt to a foreign environment and be separated from their loved ones. Adaptability is an important part of life in general, and has many benefits.

Americans have a strong sense of patriotism. We believe in egocentrism and carry with us the philosophy of being supreme in everything we do because our parents and teachers have instilled in us we are number one in the world. We are also accustomed to

having plentiful resources throughout most of our history.

But nowadays, we face new challenges of multiple stressors, including downsizing, high ops tempo and frequent deployments. Ironically, the world has transformed dramatically from the American ideal of a melting pot into multicultural globalization. There are American-made Toyotas on the streets of America, Japanese-made Kodak products in Japan and even Korean-made McDonald hamburgers in Korea. We now have to adjust or perhaps improvise to local and regional demands to get the results we want. We have to adapt and spring back to be competitive.

The Air Force Chief of Staff, General Mosley is encouraging all Air Force members to learn foreign languages. It's obvious that we cannot win the war on terror with high-tech alone.

We need more than just JDAMs and laser-guided weapons. Our precise human intelligence on the enemy—understanding their motives, culture, thinking and his unique approach—coupled with our mission adaptability can win this war.

We remember the Afghan campaign only a few years ago in which our Air Force and Army special operations forces employed the local dialect to team up with the Northern Alliance.

The unified force rode into battle on horseback, yes, on horseback, and found targets and radioed enemy positions to awaiting Air Force bombers who dropped precision-guided bombs to take out Taliban and al-Qaeda elements.

What does [adaptability] mean to Wolf Pack members? It means being flexible to meet mission objectives, tolerating hardships and the absence of comforts, striving to meet reasonable customer needs and being effective with or without an external structure.

Vol. 22, No. 8
March 9, 2007

'Defend the Base,
Accept Follow-on Forces,
Take the Fight North'



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Monthly Sortie Goals

Unit	Goal	Flown	Status
35th FS	41	25	-16
80th FS	41	25	-16
9th EFS	32	18	-14
8th FW	114	68	-46

Sortie rates provided by the
8th Operations Support Squadron
Information current as of Wednesday

IN THE TRENCHES

Q: What's your favorite part of Gunsan City?



Staff Sgt. Omar Aguilar

8th Operations Support Squadron

"The culture and the shopping."



Senior Airman Nicholas Woods

8th Security Forces Squadron

"Going out and partying."



Senior Airman SueAnn Silpot

8th Services Squadron

"It's too busy ... there's really no place for people like me to get the clothes I like. But it is different."

Airman 1st Class Cardarius Cole

8th Logistics Readiness Squadron

"I've only been there once ... hard to judge it."



Staff Sgt. Jose Cadena

8th Security Forces Squadron

"I like the variety of the different restaurants and bars."



Air Force photo

Commander's Action Line

The Action Line is a direct line to me. Call 782-2004 and include your name, telephone number and a brief description of your problem. You can also send an e-mail to action.line@kunsan.af.mil.



Photo by Tech. Sgt. Cecilio Ricardo

Signed, sealed, delivered — Airman 1st Class Josh Huffman, a C-130 Hercules loadmaster, drops a box of 10,000 warning leaflets over the southeastern mountains of Afghanistan Tuesday. The leaflets were used to communicate with Taliban extremists, warning them not to interfere with coalition activities.

LEAFLET, Page 1
second target site.

Like confetti, the warning leaflets scattered into the air, fulfilling the mission.

According to ISAF, air and

ground operations, such as the leaflet drop, will focus on improving security in areas where Taliban extremists, narco-traffickers and other elements are trying to de-stabilize the Government of Afghanistan.

Operations are intended to empower village elders to take charge of their communities as they have been doing so in other parts of southern Afghanistan, without the influence of Taliban extremists. (AFNEWS)

Wolf Pack Airmen punished in separate courts martial

By Capt. J.P. Lage
Warrior staff

Two Wolf Pack Airmen received judicial punishment here after their individual courts martials came to a close last week.

Capt. David Still, 35th Fighter Squadron, and Staff Sgt. Aaron Wilson, 35th Aircraft Maintenance Unit, received their punishments from military judge Lt. Col. Eric Dillow.

Capt. Still plead guilty to violating a lawful general order by having sex with an enlisted female while pleading not guilty to raping one lieutenant and attempting to rape another.

The captain also plead not guilty to a charge of drunk-and-disorderly conduct.

Civilian defense attorney Frank Spinner defended Capt. Still and after nearly four full days of testimony, the captain was found not guilty of rape, attempted rape and drunk-and-disorderly conduct.

Having plead guilty to violating a lawful general order, the captain was reprimanded and fined

\$2000 a month for two months.

Sgt. Wilson was involved in a summer 2006 incident involving an F-16.

On June 2006, Sgt. Wilson was involved in an incident in which a frog was deliberately tossed in front of a running F-16 engine so that the amphibian could be ingested.

The sergeant was sitting in the F-16 cockpit conducting the engine run when the incident occurred. Sgt. Wilson was found guilty of three specifications of dereliction of duty. The judge sentenced the NCO to four months confinement, a bad-conduct discharge and reduction to the grade of E-1. Based on the terms of a pre-trial agreement, the former NCO will only serve three of those four months.

Following a trial last month, Senior Airman Welland Wilkerson, who was also involved in the incident, was sentenced to 30 days confinement and reduction in grade to E-1. Col. Jeff "Wolf" Lofgren later commuted part of the his sentence, such that his current rank is now E-2.

to be a stronghold of Muqtada Al-Sadr, the extremist leader of rogue elements known for extrajudicial killings and attacks against coalition forces.

Some residents seemed pleased to see the troops arrive, as small children were seen smiling and waving.

AFGHANISTAN

Army turns over provinces

Feb. 21 — Task Force Spartan turned over five provinces in the southern and western portions of their former battle space to Task Force Fury during a transfer of authority ceremony held here Feb. 21, 2007.

Task Force Spartan, comprised of 3rd Brigade Combat Team, 10th Mountain Division, handed much of Regional Command-East to 4th Brigade Combat Team, 82nd Airborne Division Paratroopers of Task Force Fury.

The Spartans, extended four months beyond their scheduled redeployment, retain responsibility of the northeastern provinces of RC-East. The Spartan soldiers and supporting elements continue to administer Nangarhar, Kunar, Laghman and Nuristan Provinces from their new headquarters in Jalalabad.



(Editor's note: Information for this column is compiled via Department of Defense Web sites.)

IRAQ

Forces tackle Sadr City

Monday — A combined force of Iraqi police, national police and Multi-National Division - Baghdad troops completed a second day of security operations in the eastern Baghdad Sadr City district Monday. Members of the 82nd Airborne Division's 2nd Brigade Combat Team and the 3rd Stryker Brigade Combat Team, 2nd Infantry Division, conducted security operations with their Iraqi counterparts and reported no hostile contact for a second day in an area known

By order of The Wolf

Coyote Ugly in Gunsan City is off limits to United States Forces Korea personnel until further notice. Stay with the *Wolf Pack Warrior* for the latest on off-limits areas in and around Gunsan City.

BRIEFLY

Town hall meeting Monday

The Wolf Pack enlisted corp is required to attend a town hall meeting, hosted by the Wolf, at the base theater or fitness center Monday. The meeting is broken down by Airmen, NCOs and senior NCOs. The times are:

Senior NCOs (theater) 7 a.m.
NCOs (fitness center)..... 8:30 a.m.
Airmen (fitness center) 10:30 a.m.

English teachers needed

The wing is in need of 30 volunteers to teach English every odd Saturday from now through July. Members have a chance to make a difference in the life of a local Korean youth by teaching them the English language. Those interested in signing up should e-mail Ms. Rosemary Song at songae.song.kr@kunsan.af.mil with their full name, rank, duty title and phone number.

March birthday meal

The O'Malley Dining Facility sponsors its traditional monthly birthday meal at 6 p.m. Sunday. Servicemembers on subsistence in kind, or "meal card," are encouraged to take advantage of this morale and welfare benefit sponsored by the 8th Services Squadron. For more information or to sign up, visit the 8th SVS Web page on the intranet.

Tax Center update

Total e-filed	Member refunds	Savings
222	\$250,552	\$28,000
Feb. 26 - 28	Member refunds	Savings
77	\$73,830	\$8,020

Still need to file your 2006 taxes? Call 782-4283 to make an appointment.

PRIDE OF THE PACK

Staff Sgt. Luis Gallegos

Unit: 8th Medical Operations Squadron

Duties: Dental laboratory craftsman

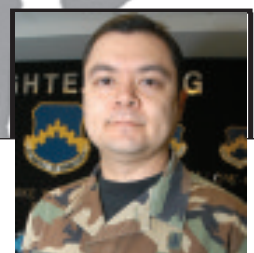
Hometown: San Diego, Calif.

Hobbies: Outdoor sports

Favorite music: Alternative and Spanish rock

Follow-on: Ramstein AB, Germany

Last good movie: "Apocalypto"



In their own words
Best thing you've done here: "Learned about the Korean culture and their customs."

"Since he arrived at Kunsan in May 2006, Sgt. Gallegos has made an outstanding contribution to the dental readiness of the wing and has been actively involved in it and the community.

Sgt. Gallegos has fabricated 255 more appliances than for the previous year, an 11 percent increase; all delivered to the patients with no problems. He decreased lab product turn-around times for appliances by 30 percent, allowing patients to receive their appliances more expeditiously.

He was a key organizer for the Kunsan's Focus 5/6 'Fourth of July' fundraiser, a volunteer for the Airmen Assisting Airmen program, and an English teacher for 32 Korean nationals at a local off base church. Sgt. Gallegos perfectly exemplifies and represents the model Wolf Pack Airman."

— Lt. Col. David Duque
8th Medical Operations Squadron commander

March is**National Nutrition Month****Wolf Pack can swoop down on the
'HAWC' for nutritional, dietary help**

By Senior Airman Stephen Collier
Warrior staff

Being 'Fit to Fight' isn't just about pumping iron at the gym or running that extra quarter mile during unit PT. Being completely fit to Take the Fight North encompasses a lifestyle that promotes healthy living, to include being tobacco-free, moderate in alcohol use, mentally and socially sound and keeping a balanced diet to support an active lifestyle.

To promote that lifestyle, the 8th Medical Group's Health and Wellness Center, or 'HAWC,' is taking advantage of March's National Nutrition Month to educate the Wolf Pack on what they can do to help themselves. Tech. Sgt. Dallas White, NCOIC of the HAWC's nutrition clinic, knows that health is not just the absence of disease, but a state of complete physical, mental and social well-being.

"Health promotion is about providing snippets of knowledge to our members about their habits and encouraging them to make minor lifestyle changes to have healthier lives," Sgt. White said. "Our mission at the Kunsan Health and Wellness Center is to promote the health of the Wolf Pack. If a member has a goal to make a healthy change and could use a boost, our staff stands ready to help them."

Nutrition is the key to any healthy lifestyle. The American Dietetic Association Web site www.eatright.org provides nutritional guidance to the everyday person and, at the same time, to dietitians and technicians at the HAWC. ADA is one of the driving forces behind the national nutrition month and this year is focusing on their new campaign: "Are you 100 percent Fad Free?"

"The ADA wants people to know how to develop a balanced, healthy eating plan that can be sustained for a lifetime," Sgt. White pointed out. "By looking at the bigger picture, making more sensible choices and finding a good balance between nutrition and physical

fitness, Wolf Pack members can succeed in living a healthier lifestyle."

And healthy lifestyles are a must for Air Force members. With the Air Force in its sixth year of fighting the Global War on Terrorism, Sgt. White noted the Cold War has been over for some time and the attitude of 'practicing' to pass an annual fitness test is difficult and, arguably, counter productive.

"Let's face it, the Air Force mission is geared toward the Global War on Terrorism and we have to be ready to deploy at a moment's notice," he said. "These are the times when the axiom 'global reach' is put into practice everyday. Incorporating steps toward a healthier lifestyle will optimize the warfighter's total fitness and, ultimately, their ability to accomplish the mission and survive wherever they deploy."

One of those ways to encompass 'total fitness' includes eating a balanced and nutritious

diet. The HAWC offers members tailored dietary plans to custom fit their lifestyle. Because no one person is alike, some require more starches in their diet while others may only need to focus on cutting out saturated fats. Whatever the case, Capt. Jena Meyer, HAWC director, said the center offers one on one counseling to find out what works best for the individual.

"We all should focus on eating a variety of foods from the different food groups to ensure proper nutrition," Capt. Meyer said. "Pay attention to nutrient dense foods, or, those foods containing robust amounts of vitamins and minerals in relation to their overall calorie content. These can include fresh fruit or vegetables versus french fries, candy or regular sodas. No one particular food or food group can provide you with all of the essential nutrients you've need. That's why you got to be sure to include a large variety of foods from all of the food groups."

There are also other ways the HAWC can help warfighters be ready

to Defend the Base. The HAWC offers classes for tobacco cessation and stress management as well as the 'Healthy Living Program,' which incorporates the fitness improvement program and the 'Body Composition Improvement Program.' Sgt. White said the HAWC gives the Wolf Pack the proper tools to deal with specific dietary needs.

"The HAWC is not all about nutrition; however, nutrition is an essential part of the information and education we provide to those who are looking to build healthier lifestyles," he said. "We can help the Wolf Pack by giving them the knowledge to separate myth from fact when it comes to dieting and nutrition."

The 8th Medical Group also refers Wolf Pack members whose primary care manager determines they can benefit from dietary counseling relevant to their needs, including diabetes, cholesterol and hypertension education.

For more information on what health education and opportunities are available to Wolf Pack members, call the HAWC at 782-7854.



Photos by
Senior Airman
Barry Loo

Take a look at this — Capt. Jena Meyer, 8th Medical Operations Squadron, displays a simulated five-pound sample of human body fat. The HAWC uses it to teach students the difference in weight between muscles and fat in the body

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HAWC
at 782-
7854.



The food pyramid — The food pyramid, sanctioned by the US Food and Drug Administration, showcases the amount of grains, meats, vegetables, fruit, milk products, starches and fat an individual should have. Smaller amount of each, such as fats, can be found on the top while a larger consumption of starches is recommended, as seen with bread at the bottom.

Reach for the sky!

SFS 'Defenders' detain MXS 'Dragons' for 69-33 victory

All at once now — Dragon forward Paul Hardaway against two Defender players reaches for a rebound Tuesday night. The Dragons stayed with the Defenders in the first half, but lost traction, giving way to the steady shot of 8th Security Forces Squadron shooters in the second half. SFS won 69-33.



Photos by
Senior Airman
Stephen Collier



Comin' for ya — Defender power forward Delano Gray drives into the quick feet of a Dragon defender Tuesday night.



Not today — Dragon point guard Daniel Reddout swings past Defender guard Joseph Ostrum Tuesday night. After the half, the Defenders continued to press the Dragons, eventually coming out on top 69-33.

Don't miss the intramural basketball championship game!

Wolf Pack members can come out and cheer on their favorite team as the base's top two squadron ball clubs vie for the championship title. Stay with the *Wolf Pack Warrior* for coverage of the 2006 intramural championship game.

THE SPORTS BAR

As of Tuesday

Intramural

Basketball

REGULAR LEAGUE

Teams	W	L
Red Devils	19	2
Cobras	19	3
COMM	18	4
Warriors	17	6
Defenders Team Two	13	4
PPL	12	12
Defenders Team One	12	13
Wizards	11	13
Loggies	10	13
POL	8	15
Pantons	6	17
Dragons	5	8
Med Dawgs	5	20
Cobras Team Two	1	20
Defenders Team Three	0	21

Intramural

Volleyball

PRE-SEASON

Upcoming games

Monday

Red Devils vs. Med Dawgs	6 p.m.
Defenders vs. Loggies	7 p.m.
Wizards vs. Red Devils	8 p.m.

Wednesday

Med Dawgs vs. Defenders	7 p.m.
Loggies vs. Wizards	8 p.m.

Sports and Fitness Briefs

Duathlon Saturday

The fitness and sports center hosts a wing duathlon Saturday. The event includes a five-kilometer run, 10-kilometer bike trek followed by another five-kilometer run. Member interested in participating should call the fitness center at 782-4206.

Varsity softball coaches needed

The fitness and sports center is in need of coaches for the 2007 varsity softball season. They are currently accepting resumes for the position. Turn yours into the fitness center now.

March aerobics schedule

Spin Aerobics

Tuesdays through Thursdays at 5:30 a.m., Tuesdays at 5:30 p.m., Thursdays at 6 p.m. and Sundays at 4 p.m.

Abs Aerobics

Mondays and Wednesdays at 6:30 p.m., Sundays at 5 p.m.

Step Aerobics

Mondays at 5:30 a.m., Tuesdays at 5:30 p.m.

Boot camp

Mondays at 5:30 p.m.

Cardio kickboxing

Wednesdays at 5:30 p.m.

Turbo kick

Thursdays at 5:30 p.m.

All classes are subject to change

(Information provided by the fitness center)

TODAY

Personal Financial Management Briefing — The Kunsan Airman and Family Readiness Center offers a PFM briefing for E-4 and below attending newcomers orientation. The briefing is held in Building 755, Room 215 from 3 to 4 p.m. No registration required. For more information, call 782-5644.

SATURDAY

Nine-ball tourney — The Falcon Community Center hosts a nine-ball tournament at 3:30 p.m.
Paintball — Outdoor Recreation sponsors paintball beginning at 10 a.m. at Wolf Pack Park.



Texas Hold' Em is back!
 at the Loring Club

\$20 for club members
\$25 for non-members

BACK BY POPULAR DEMAND, TEXAS HOLD' EM TOURNAMENTS TAKE PLACE AT THE LORING CLUB TUESDAY

BUFFET LINE BEGINS AT 5:30 P.M. FOLLOWED BY POKER ACTION AT 6:30 P.M. SERVICES BUCKS PRIZES TOTALING \$700 ARE UP FOR GRABS!

SUNDAY

Red pin bowling — Red pin bowling is available at the Yellow Sea Bowling Center between 11 a.m. and 11 p.m. Each game costs 75 cents.
Cricket Dart tourney — The Falcon Community Center hosts a cricket dart tourney at 3:30 p.m.

MONDAY

Guitar lessons — Free guitar lessons are available from 7 p.m. to 9 p.m. at the community center.
Alcoholics Anonymous — AA meets at 7 p.m. at the Sonlight Inn.

CHAPEL SERVICES

CATHOLIC SERVICES

Daily Mass — 11:30 a.m. Monday through Thursday
 Weekend Mass — 9 a.m. and 8 p.m. Sundays
 Reconciliation — Weekdays by appointment and 8 a.m. Sunday
 R.C.I.A. classes — 7 p.m. Wednesday, chapel conference room

PROTESTANT SERVICES

Traditional worship — 11 a.m. Sunday
 Gospel service — 1 p.m. Sunday
 Contemporary praise and worship — 6 p.m. Sunday
 Inspirational praise and worship service — 7 p.m. Friday

LATTER-DAY SAINTS SERVICE

Weekly service — 3:30 p.m. Sunday

SONLIGHT INN HOURS

6 to 10 p.m. Tuesday through Thursday, 6 p.m. to midnight Friday, 5:30 p.m. to midnight Saturday and holidays

CHURCH OF CHRIST SERVICES

Worship — 1 p.m. Sunday at the Sonlight Inn

Don't forget Free-meal Fridays at the Sonlight Inn!
 See cable channel 20 for updated chapel information

RECALL NOTICE



A recall notice has been issued for Kraft Oscar Mayer/Louis Rich chicken breast strips with package number P-19676. The recall is due to a possible listeria contamination. For more information on the recall, visit www.dscp.dla.mil/subs/proserv/alfood/afamess.htm.

TUESDAY

Airmen bowl for free — Airmen bowl for free at the Yellow Sea Bowling Center starting at 6 p.m.
Steak night — The Loring Club sponsors the "2-4-1" steak night in the dining room.
Hapkido training — The fitness and sports centers sponsors hapkido beginning at 8 a.m. and 6:30 p.m.

WEDNESDAY

Alcoholics Anonymous — AA meets at 7 p.m. at the Sonlight Inn.
Return and Reunion Briefing — The Kunsan Airman and Family Readiness Center holds this briefing at 3 p.m. every Wednesday at the fitness center, 2nd floor, HAWC Classroom. The briefing addresses the challenges of family reunion faced by all personnel. This is a mandatory briefing for those PCSing. No registration required.

Come out and 'BOWL-4-CARE'



Help make a difference

Kunsan organizations want you to come out at 1 and 4 p.m. today and how! Proceeds go towards the Air Force Enlisted Village. See your first sergeant for details.

THURSDAY

Korean orphanage — Wolf Pack members interested in volunteering at the local Kae Chong Orphanage should meet in the Military Personnel Flight parking lot at 6:15 p.m. Sign up in advance due to limited seating. Registration required. Call 782-3772 or 782-5644 or e-mail Mrs. Barbara Mongar at barbara.mongar@kunsan.af.mil.
Foosball tournament — The Falcon Community Center hosts a foosball tourney at 7 p.m.

UP 'N' COMING

Yellow Sea cruise — The Falcon Community Center sponsors a cruise of the Yellow Sea March 18. The trip costs \$10 plus 20,000 Won.

To submit events for 7-Days, send an e-mail to wolfpack@kunsan.af.mil. Submissions are due by noon Thursday one week prior to publication and must include time, date and location of the event and the contact's daytime phone number. For more information, call 782-4705.

WOLF PACK WHEELS SCHEDULE

Kunsan AB to E-Mart shuttle

Tickets are \$5 (departs from community center)
 Weekends 10 a.m., noon, 2, 4 and 6 p.m.

E-Mart to Kunsan AB shuttle

Tickets are \$5 (departs from in front of store)
 Weekends 11 a.m., 1, 3, 5 and 6:30 p.m.

Kunsan AB to Osan shuttle

One-way for \$12.50 or \$11.50 and round trip for \$25 or \$23. Discount is for Airman morale program members (departs from community center)
 Monday to Thursday 7:30 a.m. and 1 p.m.
 Friday 7:30 a.m., 1 and 6 p.m.
 Saturday 7:30 and 10 a.m.
 Sunday 7:30 a.m. and noon

Osan to Kunsan AB shuttle

One-way for \$12.50 or \$11.50 and round trip for \$25 or \$23. Discount is for Airman morale program members (departs from Checkertails Cafe)
 Monday to Thursday noon and 6 p.m.
 Friday noon and 10 p.m.
 Saturday noon and 4 p.m.
 Sunday noon and 5 p.m.

Kunsan AB to Incheon Airport shuttle

\$27.50 or \$25 for Airman morale program members (departs from community center)
 Available daily 3:30 a.m., 2 and 6:30 p.m.

Incheon Airport to Kunsan AB shuttle

\$27.50 or \$25 for Airman morale program members (departs from gate 14)
 Available daily 8:30 a.m., 7:30 and 11:30 p.m.

For details on transportation, call the Falcon Community Center at 782-4619

ON THE BIG SCREEN

"WILD HOGS"

Rating: PG-13 for crude and sexual content and some violence

Starring: John Travolta and Tim Allen

Synopsis: A group of middle-aged friends decide to rev up their routine suburban lives with a freewheeling motorcycle trip. Taking a long dreamed-of breather from their stressful jobs and family responsibilities, they can't wait to feel the freedom of the open road. When this mis-matched foursome — who have grown far more used to the couch than the saddle — set out for this once-in-a-lifetime experience, they encounter a world that holds far more than they ever bargained for.

Show times: 7 and 9:30 p.m. tonight, Saturday

"ALPHA DOG"

Rating: R for pervasive drug use, language, strong violence, sexuality and nudity

Starring: Justin Timberlake and Bruce Willis

Synopsis: Johnny is a Los Angeles drug dealer. He comes from a good family, owns his home, several cars and enjoys partying with his friends. Johnny is 19. When his friend Jake welves on a debt, Johnny and his boys kidnap Jake's 15-year-old brother Butch and hold him as a marker.

Even though Butch has numerous chances to escape, he doesn't. He's enjoying partying with them, losing his virginity and having a good time - until something goes horribly wrong.

Show time: 6 p.m. Sunday

"PRIMEVAL"

Rating: R for strong graphic violence, brutality, terror and language

Starring: Dominic Purcell and Orlando Jones

Synopsis: In one of the most remote places on earth, a bloodthirsty Crocodile has claimed over 300 victims, and is still at large to this day. An American news crew is determined to capture this terrifying murderer alive.

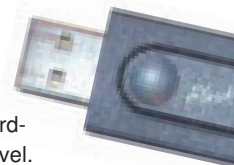
The danger begins as producer Tim Freeman, cameraman Steven Johnson and their rag-tag team set out on a journey up-river in search of their subject. But the deeper they probe into the mystery of this elusive assassin, the deadlier their trip becomes. Inspired by the true story of the worlds most prolific killer.

Show time: 8:30 p.m. Sunday

(Movie dates and times are subject to change)

PLUG IN TO OPSEC

Memory sticks, or 'thumb drives,' come in different shapes and sizes and can be a threat to information systems. It's everyone's job to safeguard, mark and label USB drives according to their classification level.





The Gunsan City government, together with Wolf Pack public affairs, sponsors weekly tours into Gunsan City every Saturday. Wolf Pack members must meet the bus at the front gate at 10 a.m. The tour lasts until approximately 3 p.m. and stops at the locations listed here.

OUT & About

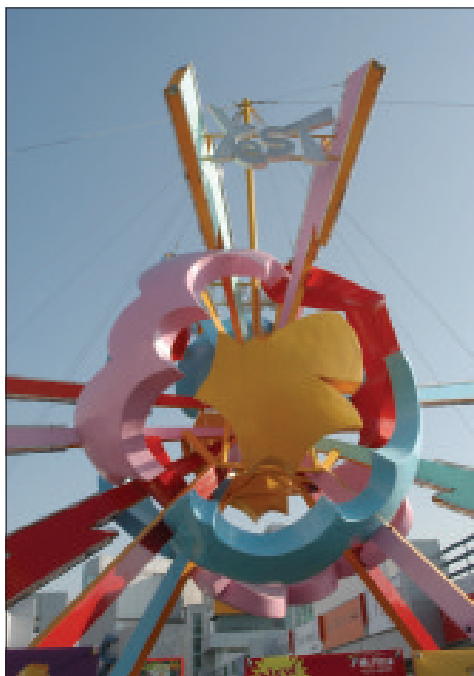
Gunsan City bus shows Airmen city hot spots



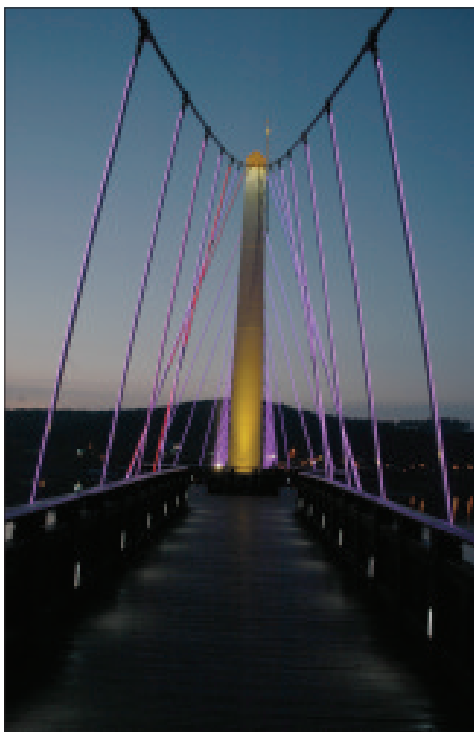
3 The third spot for Wolf Pack members to see is the Western-style 'Megaline 7' stadium-seating movie theater. Here, American movies with Hangul subtitles are played. On the roof is Sky View restaurant, a moderately priced upscale restaurant.



4 Wolf Pack members can check out the Young-dong shopping street near the harbor for deals on Western-style apparel. This area is also typically popular with Airmen with its variety of restaurants and night clubs, including 'Valentine's Pizzeria' and 'Cowboys.'



1 No one can ever escape the confines of a mall and Gunsan is no exception. Check out the several clothing stores and restaurants at the Yest shopping street. Don't forget about Lotte Cinema next door.



2 Gunsan City offers several parks, including Oumpa Park located near the 'Megaline 7' theater. The perfect place to relax or take a date.



5 Looking for one perfect memory of your tour to burn into your brain? Look no further than the pristine, panoramic view offered by Wolmyong Park, which overlooks the entire Gunsan City harbor.