

ARNG Post Deployment Health Reassessment (PDHRA)

What is it? The PDHRA is a Commander's Force Health Protection and Readiness program designed to enhance the deployment-related continuum of care. The program was mandated in March 2005 by the Assistant Secretary of Defense for Health Affairs. PDHRA is designed to identify and address health concerns that are the result of a deployment. The PDHRA is part of the Deployment Health Assessment Program (DHAP). The DHAP is comprised of the Pre- and Post-Deployment Health Assessments and the Post-Deployment Health Reassessment, using DD Forms 2795, 2796, and 2900 respectively.

Requirements of the PDHRA are defined in Department of Defense Directive (DoDI) 6490.03. The DoDI identifies that, since 11 September 2001, all Soldiers who deploy OCONUS for >30 days with a non-fixed Military Treatment Facility (MTF) are required to complete the PDHRA. All Soldiers who deploy CONUS for <30 days with a fixed MTF are also eligible to participate in the PDHRA. The PDHRA must be completed within 90-180 days of returning. Steady progress in meeting this requirement has been demonstrated each month.

In addition to screening for deployment-related health concerns, the PDHRA allows access to needed healthcare resources for Soldiers in geographically dispersed locations to include financial assistance through TRICARE/MMSO and outreach specialists from the Department of Veterans Affairs.

What has the Guard done? During calendar year 2011, 34,983 ARNG Soldiers completed assessments with a total of 7,809 referred for Behavioral or Mental Health concerns. Since its inception over 200 thousand Guardsmen have completed PDHRAs.

What continued efforts does the guard have planned for the future? The PDHRA has evolved from its origins of static PDHRA event support teams to versatile teams of contracted healthcare providers, offering specialized support for the specific needs of the target PDHRA population of Soldiers. The ARNG PDHRA program has received \$9.2M for FY12 to provide manpower infrastructure for management. A significant portion of the funds are utilized for support of Soldiers' medical appointments. The purpose of these funds is to relieve the financial burden of Soldiers taking time from their civilian jobs to attend medical appointments based on a PDHRA referral. Soldiers are reimbursed for a day's pay and mileage to and from PDHRA referral appointments.

Why is this important to the ARNG? The ARNG is committed to the long-term success of the PDHRA program as well as the health and well being of our Soldiers. Behavioral Health is of particular importance, as the stressors of multiple deployments can significantly hinder ARNG medical readiness. The PDHRA program is critical to future deployment strength as it directly impacts the retention and well being of our Soldiers and their Families.

Click on the following link for additional information:

<http://fhp.osd.mil/pdhrainfo/>