



Take Time to
Be a Dad Today



Fatherhood Buzz Parenting Tips for Fathers

- Spend time with your children. Each moment can create positive memories.
- Always keep your promises. It builds and maintains trust with your children.
- Celebrate and praise your child's accomplishments. It will increase their confidence and encourage them to keep trying.
- Tell both your sons and daughters that You Love Them – not just for what they do but for who they are.





Fatherhood Buzz Activities

Creating special moments with your children helps strengthen your relationship, improve communication, and improve their self-esteem. Spending quality time together doesn't have to be expensive. Here are some ideas to get started!

- Tell your favorite childhood stories to your children
- Read aloud to your child
- Share old photos of yourself
- Prepare a family meal together
- Turn off the TV and play a board game together
- Do an outside activity with your children, like a nature walk, gardening, or bike riding
- Do an arts and crafts project, like creating a family album or draw pictures



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