



**NEW EPISODES
MONDAYS
AT NOON EST**

SSG Guy Winks, The Grill Sergeant

SSG Guy Winks currently serves as an instructor for the Advanced Culinary Skills Course at Fort Lee, VA. His previous assignments include serving as Military Liaison at The Culinary Institute of America and Senior Food Operations Sergeant for the 3rd Battalion, 10th Special Forces Group, Airborne. He is also a Jumpmaster and a Master Fitness Trainer.

SSG Winks is married to his best friend, Lesly. He is expecting his seventh child, so he cooks for an army at home, as well as at work!