



May 2011

Disponible en español  
[www.childwelfare.gov/pubs/  
reslist/sp\\_tollfree.cfm](http://www.childwelfare.gov/pubs/reslist/sp_tollfree.cfm)

# Toll-Free Crisis Hotline Numbers

## Child Abuse

### Childhelp®

Phone: 800.4.A.CHILD (800.422.4453)

Whom They Help: Child abuse victims, parents, concerned individuals

## Child Sexual Abuse

### Darkness to Light

Phone: 866.FOR.LIGHT (866.367.5444)

Whom They Help: Children and adults needing local information or resources about sexual abuse

## Family Violence

### National Domestic Violence Hotline

Phone: 800.799.SAFE (800.799.7233)

Whom They Help: Children, parents, friends, offenders

## Help for Parents

### National Parent Helpline®

Phone: 855.4APARENT (855.427.2736)

(available 10 a.m. to 7 p.m.; PST, weekdays)

Whom They Help: Parents and caregivers needing emotional support and links to resources

## Human Trafficking

### National Human Trafficking Hotline

Phone: 888.373.7888

Whom They Help: Victims of human trafficking and those reporting potential trafficking situations



## Mental Illness

**National Alliance on Mental Illness**  
Phone: 800.950.NAMI (800.950.6264)  
Whom They Help: Individuals, families, professionals

## Missing/Abducted Children

**Child Find of America**  
Phone: 800.I.AM.LOST (800.426.5678)  
Whom They Help: Parents reporting lost or abducted children, including parental abductions

**Child Find of America – Mediation**  
Phone: 800.A.WAY.OUT (800.292.9688)  
Whom They Help: Parents (abduction, prevention, child custody issues)

**National Center for Missing and Exploited Children**  
Phone: 800.THE.LOST (800.843.5678)  
Whom They Help: Families and professionals (social services, law enforcement)

## Rape/Incest

**Rape, Abuse & Incest National Network (RAINN)**  
Phone: 800.656.HOPE, (800.656.4673)  
Whom They Help: Rape and incest victims, media, policymakers, concerned individuals

## Substance Abuse

**National Alcohol and Substance Abuse Information Center**  
Phone: 800.784.6776  
Whom They Help: Families, professionals, media, policymakers, concerned individuals

## Suicide Prevention

**National Suicide Prevention Lifeline**  
Phone: 800.273.8255  
Whom They Help: Families, concerned individuals

## Youth in Trouble/Runaways

**National Runaway Switchboard**  
Phone: 800.RUNAWAY (800.786.2929)  
Whom They Help: Runaway and homeless youth, families