# KENNY LETTER UNITED STATES ARMY LETTERKENNY ARMY DEPOT

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#### **LEAD dedicates CDC to local fallen Soldier**

by the Tieman Child Development Center, LEAD

Letterkenny's Child Development Center opened the two-day Letter-kenny Business Opportunity Showcase on Wednesday, June 8th with a naming ceremony in honor of a local Soldier killed in combat last year.

The Child Development Center was named for Staff Sgt. Richard J. Tieman, 28, of Waynesboro, Pa., who was killed in Kabul, Afghanistan when a suicide bomber detonated his vehicle near the U.S. convoy.

Tieman had been assigned to the Special Troops Battalion, V Corps, Heidelberg, Germany and had been sent to Afghanistan in August 2009. He was serving his third tour of duty when he was killed.

Born on an Army base in November 1981 and enlisted in the Army in 2000, Tieman followed in his father's footsteps, a retired Master Sgt. Tieman was also married to a fellow Staff Sgt., Paulina Tieman.

Maj. Gen. James E. Rogers, Commanding General, Aviation and Missile Command; Maj. Gen. Reuben D. Jones, Deputy Commanding General-Operations, Installation Management Command; Col. Cheri A. Provancha, LEAD Depot Commander, Spc. 1st Class Bivins and Spc. 1st Class Hugo Webster, two members of Tieman's former unit, as well as First Sergeant Gregory Stevens, Depot Sgt. Maj., spoke at the ceremony.

"Mrs. Tieman and the Tieman Family—when children are dropped off at the Tieman Child Development



Members of Staff Sgt. Tieman's former unit, the Special Troops Battalion, V Corps, traveled from Heidelberg, Germany.

Center and see your husband, son and brother's picture on the wall, it will be a daily reminder of the hero that was committed to his country ensuring that these little ones will continue to experience a life of freedom, hope and opportunity," said Provancha.

"Staff Sergeant Tieman's service will live on in the legacy of this center and serve as a reminder to all of those individuals, like Richard, who are willing to defend our rights, protect our freedom and selflessly serve."

See *Dedication* on page 9



Hello LEAD,

It has been a busy few weeks. The highlight of them is the workload being locked in for the next couple of years. In the short term, we have enough work locked in to prevent the layoff we were looking at in the September or October timeframe. In the long term, we are looking good for workload and programs out through FY13. The uncertainty

## From the Commander's Desk

by Col. Cheri A. Provancha, Depot Commander

of our budgetary decisions is still the wild card in it all, but things look good so far.

Our second achievement was a very successful Business Opportunity Showcase. The PAO and TO offices worked their tails off making this the most successful event in our six years of participating. WELL DONE!!!

We had our Commanding General up here for a visit along with the Program Executive Officer for Missile and Space, as well as a special visit from the Deputy Assistant Secretary of Defense Program Support.

Our third big event was the transition of one of our labor contracts. We welcome AECOM onto the depot and congratulate them on a very smooth transition.

Lastly, we had our initial screening for our upcoming VPP audit. The results were very good as we cleared this hurdle.

The team is recommending us for the mock audit, which will occur in July. The team was very impressed with our program and the efforts of all the employees to create a safe depot. In fact, they predicted that the Mock Audit will result in a recommendation for the real deal in the October or November timeframe. Thanks to everyone for all the hard work. Keep it up. Remember VPP STARts with you.

I hope everyone is enjoying their spring and summer. Stay safe as you enjoy the weather and outdoor fun.

## ARMY CORE VALUE FOR MAY/JUNE:

## DUTY

#### FULFILL YOUR OBLIGATIONS.

The liberties of our country, the freedom of our civil Constitution, are worth defending at all hazards; and it is our duty to defend them against all attacks. We have received them as a fair inheritance from our worthy ancestors: they purchased them for us with toil and danger and expense of treasure and blood, and transmitted them to us with care and diligence. It will bring an everlasting mark of infamy on the present generation, enlightened as it is, if we should suffer them to be wrested from us by violence without a struggle, or to be cheated out of them by the artifices of false and designing men.

- Samuel Adams, American Statesman, Founding Father, 1722-1803

## Letterkenny honors Employees at Memorial Service

by LEAD Public Affairs Office

In conjunction with Memorial Day, Letterkenny took the opportunity to honor three of its own that passed away in the previous year.

James L. Simpson, David J. Bedene, and Clinton A. Walker were commemorated at the service, held Thursday, May 26 at the Letterkenny Chapel where approximately 40 civilians and military members paid their respects.

Bill Smith from LS/AMG Section in the Major Item Division, Directorate of Maintenance, spoke on behalf of Simpson.

Simpson was a 19 year veteran of LEAD but previous to his time on the depot, he served in the U.S. Navy for 21 years. During his Naval service, Simpson earned the Vietnam Service Medal, a National Defense Service Medal and an award for Expert Pistol Shot.

Smith also talked about Simpson's personality, saying that Simpson was a "quiet, friendly good-hearted" person.



Warren Jones, the Material Accountability Branch Chief in the Directorate of Public Works, spoke on behalf of Bedene. Bedene had worked for the depot for six months upon his passing. He had retired from 20 years active duty service in the U.S. Army and served in support of Operation Enduring Freedom in Iraq where he acted as a Eucharistic Minister.

Bedene additionally spent 10 years in the U.S. Army Reserves. Bedene was noted as "a loving husband and a remarkable father to his children."

Donna Miller from the HMMWV Recap Branch, Directorate of Maintenance, talked to the group about Walker. Walker

See Service on page 13

### Cost & Rate Generation Program under development

by Grant Winman, Directorate of Information Management

The Cost & Rate Generation Program (C&RGP) is a web application that was developed in coordination with LEAN and the Engineers. The application's purpose is to help consistently develop both initial estimates for customers and time standards.

C&RGP provides Administrators with a tool to create and update models, which are the basis for cost and rate calculations to be used in estimates. Trained users of the application generate estimates by choosing the proper model and then answering questions the Administrators placed in the model.

Once done, the application validates the answers and provides accurate and consistent results by utilizing the formulas in the models.

The Goal of this development effort is to reduce the effort and time required to create estimates, provide an easy tool for trained users, create a plando-check-act (PDCA) loop for accurate standards creation and to provide reports that assist in modeling and cost checking. These goals combine into one focus: make Letterkenny Army Depot more competive in winning bids.

### Military Installations and Base Development Caucus formed

by LEAD Public Affairs Office and the Offices of Pennsylvania Senator Alloway II (R-33) and Senator Blake (D-22)

Senator Richard Alloway II (R-33) and Senator John Blake (D-22) have developed a caucus whose primary mission is to preserve Pennsylvania's military installations and the jobs that go with them.

The bipartisan, bicameral Military Installations and Base Development Caucus will work to preserve Pennsylvania's 11 military bases and more than 164,000 defense-related jobs.

The caucus will work to strengthen the dialogue with federal lawmakers and military and civilian leadership at military facilities throughout the state and prepare and plan for future Base Realignment and Closure (BRAC) activities.

The annual economic impact of federal defense spending in Pennsylvania is now estimated to be more than \$18 billion.

"Our military bases play a pivotal role in training and equipping our troops around the world, and the communities that host these bases take tremendous pride in our local contributions to the nation's military," Alloway said.

"Our bases also serve as a vital part of our state and local economies by providing good-paying jobs for local residents. Letter-kenny Army Depot in my district is a staple of the local economy and a point of pride for many Franklin County residents."

Blake stated that BRAC is also a factor in convening the caucus.

"With the recent mention that the Depart-

ment of Defense will be convening another Base Realignment and Closure Commission in 2015, it is imperative that we start working now to make sure these jobs and the economic activity that comes with them are not lost to states." Blake other added.

Alloway and Blake will serve as co-chairs for caucus in the Senate, while Reps. Scott Perry (R-92) and Harry Readshaw (D-36) will serve as co-chairs in the House of Representatives.

## Red River TRMD closes, moves to Letterkenny

by LEAD Public Affairs Office & David Hunt, Deputy Director, Red River Theatre Readiness Monitoring Directorate



Retiring members of the TRMD team, (from left to right), L to R Terry Self, Evelyn Chivers, David Hunt.

The Theatre Readiness Monitoring Directorate at Red River Army Depot has closed and the mission has come to Letterkenny.

In 2005, the Base Realignment Committee mandated that all tactical mission maintenance be transferred to Letterkenny from Red River.

A new 40,000 square foot facility was constructed at LEAD and became operational in the spring of 2010 with approximately 30 percent of Red River TRMD personnel

transferring to Letterkenny.

Directorate personnel consisted of a blend of personnel from Red River, LEAD and contractor personnel. Red River TRMD personnel started with 132 Government positions at the start of BRAC to a current number of six at TRMD Red River.

The decrease includes approximately 34 personnel who have already relocated or plan to relocate to Letterkenny.

Some of the retirees returned as contractors to support the missile workload and transfer of function. Contractor support of the missile maintenance was a major reason that TRMD was able to meet it mission schedule.

From the final BRAC decision in December of 2005 until the present date, the directive from the

See TRMD on page 17

### Showcase draws prospective business partners together

by LEAD Public Affairs Office

The Letterkenny Business Opportunity Showcase was held Wednesday, June 8th and Thursday, June 9th for businesses interested in building relationships and contacts within the Letterkenny community as well as the greater Franklin County community and businesses.

Deputy Commander, Col. Cheri A. Provancha opened the sixth annual Letterkenny Business Opportunity Showcase with a discussion of the state of Letterkenny on the campus of Shippensburg University, Shippensburg, Pa, Wednesday afternoon.

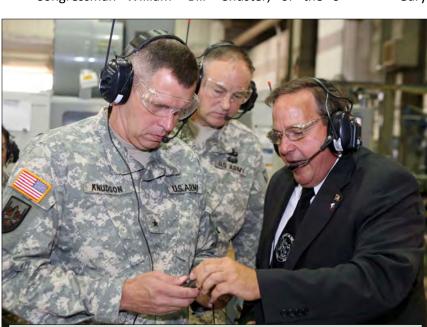
"Our acronym says LEAD—that's pretty powerful," Provancha said. "I don't think there is anybody out there with an acronym like that. That has been our pillar."

The showcase focused on businesses interested in building relationships and contacts within the Letterkenny community as

well as the greater Franklin County community and businesses.

Twenty-two vendors, ranging from businesses that specialize in military transport containers to electronic and technological products as well as 185 participants attended the event.

Congressman William "Bill" Shuster, of the 9th



(left to right) Program Executive Officer, Missiles and Space, Redstone, Maj. Gen. Ole Knudson and AMCOM Commander, Maj. Gen. James Rogers, look over material with Manufacturing and Fabrication Division Chief, Lonnie Bender, during a tour of Building 350.



Showcase attendees talk to a vendor at the 2011 Letterkenny Business Opportunity Showcase. Over 185 participants and 22 vendors came out to the event, which took place at Shippensburg University, Shippensburg, Pa.

Pennsylvania District, spoke at Wednesday evening's dinner reception.

"It is extremely important to recognize LEAD and its industry partners...this is a unique opportunity [for businesses] to come and meet with local businesses and local leaders," said Shuster.

Gary Motsek, Deputy Assistant Secretary of Defense

Program Support, was the keynote speaker for Wednesday evening's events. Motsek's presentation provided perspective on the future from the Department of Defense and praised the depot and their continued support of the military.

"Many of those [Soldiers] wrote letters back to you, thanking you for your support. You save lives because you are responsive, you've pushed, you jumped, you ran, you did whatever it took...you made it happen and the troops remember."

Four awards were presented to partners of Letterkenny at the dinner. Col. Provancha presented AAI the Production Partner of the Year award for their efforts in the partnership for resetting of the Shadow Tactical Unmanned Aerial Vehicle.

"These new initiatives will serve us well

See *Showcase* on page 19

## TAKING THE HIGHER R

## **Preparing for Natural Disasters**

by Kevin Phillps, Legal Office

Americans will never forget Hurricane Katrina, the end of summer storm that slammed into New Orleans in 2005. People were displaced from their homes and personal property, to include vehicles, were destroyed.

There is no threat of a hurricane in Chambersburg, but we are not immune to Mother Nature. On May 26 we received high winds, large hail and flooding with a threat of tornados. The South has suffered severe devastation as hundreds of people were tragically killed in a record number of tornados this spring.

What happens if disaster does strike? After the event, and if your home is badly damaged or destroyed, gather your family and head for shelter. The Red Cross provides shelter and most times will arrange for hot meals.

After leaving the shelter, but while still getting on your feet, the Red Cross provides funding for groceries, new clothes, rent, emergency home repairs, transportation, medicine and tools. Red Cross nurses deliver first aid and other medical aid. They also provide disaster mental health services by clinical providers who understand the emotional stress after losing one's house, and possessions. The Salvation Army provides similar services.

After moving to safe shelter, you should start getting your financial affairs in order. Try to contact your insurance company. I lived most of my life in Helena, Montana which sits on top of an earthquake fault. A normal home owner's policy would not cover earthquake damage, you needed to pay extra money for an earthquake rider to your policy. If you have questions about your insurance coverage, take the time to talk with your local insurance agent before that tornado touches down or before the creek is swirling through your living room. After the storm, if you are having problems with your insurance company paying in a timely manner, or improperly denying your claim, you can file a complaint with the Pennsylvania Department of Insurance.

If you don't have inthe surance, Federal **Emergency Management** Agency (FEMA) has an Individuals and Households Program (IHP). IHP provides money and services, but will not cover all losses from damage to property. IHP is not intended to fully restore your damaged property, but rather to return an item to service. IHP provides the following assistance:



- Temporary Housing—Money to rent or government provided housing)
- Repair—Make the house safe, hygienic and serviceable)
- Replacement—money to replace home
- Other needs—medical, dental, transportation

Financially, a storm can be devastating. You may be overwhelmed with what to do and who to contract. You can contact Hope Coalition America. This organization offers emergency budget counseling, emergency credit management, assistance with deferring mortgage payments, as well as assistance communicating with creditors and obtaining copies of destroyed documents.

Providing oversight to all of this activity will be Franklin County Department of Emergency Services (DES). The Franklin County DES has just stood up its South Central Alert System, which they used for the first time on May 26 to provide a tornado warning. If you wish to register your cell phone (Blackberry, iPhone, Droid) or work e-mail for extreme weather warnings, like tornados, go to <a href="www.franklindes.org">www.franklindes.org</a> and sign up under the South Central Alert icon.

## Letterkenny Website Gets a Facelift

by Christopher T. Steinbacher, Information Office Chief, Directorate of Information Management

A working group, established from various Depot activities, has come together to give Letterkenny's public facing website a whole new look.

Following Army styling cues, mint greens and other colors have been replaced with dark greens, grays and blacks - colors that are more aesthetically pleasing.

Navigation has been vastly improved through enhanced layout. And most importantly, information has been updated to reflect current capabilities, opportunities, products and news.

Letterkenny's public facing website is a tool used to enhance the Transformation Office's marketing plan and allow the public sector visibility into the Depot happenings.

The site also highlights LEAD's community involvement, explain opportunities to external vendors and potential corporate partners as well as provide information resource for LEAD members, their family and friends.

As a business development tool,



perspective customers and partners can garner an idea of the vast array of cutting edge technology employed by the Depot while looking at the "Capabilities" section of the website. They can also gain an understanding of current quality output by browsing the "Products" page.

Any visitor that has ever relied on GPS alone for navigation to our installation, only to be taken on the scenic route, will appreciate the updated directions found under the "Info" tab.

These are only a few of the improvements made to the website. However, there is no final destination for the site, only improvement through continual updating of information. Your constructive feedback is welcome and can be submitted through the "Contact Us" link at the bottom of Letterkenny's home page.

## LEAD MILITARY MOMENT

## LEAD Soldiers get involved in Make-A-Wish

by LEAD Public Affairs Office

Soldiers from Letterkenny Army Depot helped make wishes come true for terminally ill children in the region.

On May 8th, the 22nd Annual Mother's Day Makea-wish Truck Convoy took place in Lancaster County, Pa. and included the use of a LEAD up-armored HMWWV as well as the volunteering efforts of three Letterkenny Soldiers.

Approximately 110 Make-A-Wish children checked out the nearly 300 tractor trailers, ambulance and fire trucks as well as the LEAD HMWWV. Each child was allowed to choose the vehicle they wanted to ride in and then participated in a 27-mile convoy.

It was the first year a military vehicle participated and Staff Sgt. Dimitry Schwartz from the Transportation Branch was on hand to see how popular the vehicle was.

"It was by far the most gathered-around item at the event. Children, and some adults, mostly veterans,



SSG Dimitry Schwartz aids children and their family as they check out the HMVV.

had a blast playing with the vehicle, asking questions and taking their pictures with us and the HMWWV."

See Make-A-Wish, page 13



CB/CV Chapter of Association of Army recognizes NCOs and Soldier of the Quarter

Col. (ret) Sonny Sloan (far right), vice president of membership at the Carlisle Barracks/Cumberland Valley Chapter of the Association of the U.S. Army (AUSA) presents certificate of achievements to Spec. 1st Class Willet West (far left) and Staff Sgt. Belinda Bandy (middle) of LEAD on April 30. Not pictured is the Soldier of the Quarter, Spc. 1st Class Jeffrey L. Fleming.

## **LEAD Military Contribute** to Depot Community

by 1st Sgt. Charles Wachter, PFI Coordinator

Editor's Note: The Personnel Force Innovation (PFI) program enables National Guard and Reserve Soldiers, Airmen, and Coast Guard members to serve around the world to supplement the active duty and DOD civilian workforce. At Letterkenny Army Depot, Soldiers and Airmen work side-byside with the civilian population to diligently serve the Warfighter and the community.

The PFI program at LEAD is continuing to grow by adding two more Soldiers to the roster. This gives the program a total of 69 Soldiers and Airmen. Continuing support for many events by PFI Soldiers and Airmen have included Armed Forces Day, the Letterkenny Showcase, parades for Memorial Day weekend and speaking engagements around the local area. Most recently, seven Soldiers and Airmen participated in the

See PFI, page 13

## Spring into Shape with Seven Tips for Healthier Living

by Melinda Torres, Program Coordinator, LEAD Wellness Program

As we approach the balmy days of summer, now is a good time to reevaluate your eating habits and reinvigorate your exercise routine. You'll want to be fit and flexible to make the most of the sunny, warm days to come.

If you need a little motivation to get back to the gym, please contact MAJ Will or Larry Rubeck to sign up for a membership at Gold's Gym.

#### Drink water.

Water is a natural appetite suppressant that banishes bloat as it flushes out sodium and toxins. Drinking enough water will also help keep you from mistaking thirst for hunger.

#### Have a cup of green tea.

Studies show that green tea extract boosts metabolism and may aid in weight loss. Green tea has also been reported to contain anti-cancer properties and may help prevent heart disease.

#### Eat an apple or a pear

The next time you need to satisfy a sugar craving, reach for one of this low-calorie, high-fiber snack. You'll feel full longer and eat less.

#### Buddy up to broccoli.

At just 20 calories per cup, this weight-loss super food doesn't just fight fat but also contains powerful phytochemicals that can boost your immu-

nity and protect against disease. It's also high in calcium and loaded with vitamin C, vitamin A, folate and fiber.

#### Spoon up low-fat yogurt.

Dairy products can boost weight loss efforts, according to a study in the April issue of Obesity Research. Low-fat yogurt is also a rich source of weight-loss friendly calcium, which provides about 450 mg per eight-ounce serving,

See *Shape*, page 18

#### ...from *Dedication*, page 1

The CDC staff said they are "proud and honored to have their building dedicated to Staff Sergeant Tieman."

"He died while serving his country in Afghanistan and we honor his memory by speaking of him as a true American hero," said Michelle Rockwell, Training and Curriculum Specialist for the CDC.

The CDC continues its work to educate and improve the lives of the children it serves and the summer months offer golden opportunities to engage the children of the Tieman CDC.

"The summer months are full of activities including summer camp, water play, and trips to the pheasant farm. We also continue to offer developmental and educational programming designed to ensure school readiness for our children," said Ashley Campbell, administrative assistant at the CDC.

The classrooms take field trips to the pheasant farm each week where they observe the birds' growth and discuss the birds and their habits. According to Toni Stone, CDC director, observing the birds teaches larger lessons.

"This learning experience helps children gain not only a first-hand experience with nature, but respect and appreciation for our wildlife," said Stone

The onset of summer also brings Summer Camp back to Letterkenny. Summer Camp began on June 13 and will include a variety of activities and field trips. Children enrolled in summer



Children from the Tieman CDC wait to present artwork to the Tieman family. The artwork included hand and foot prints of CDC children as well as quotations by children regarding what it means to be a hero.

camp engage in sports, crafts, cookouts and field trips throughout the summer.

Letterkenny Army Depot



**Armed Forces Day 2011** 



Letterkenny held their annual Armed Forces Day celebration on Saturday, May 21, 2011. More than 4,000 visitors came out to the Depot to participate in a variety of activities. A children's trout fishing rodeo was held in the morning, followed by Homestead and Depot tours, Route Clearance Vehicles and HMWWV rides, and plenty of food and refreshments for everyone. Nearly \$800 was raised by depot Soldiers through the flea market, which was donated to the Army Emergency Relief Fund.

## Summer Sense Campaign: Rx Drug Abuse

by the Army Substance Abuse Program & Bolivar Leon, Chief, Office of Equal Employment Opportunity

Think about your home. What prescription and over-the-counter drugs do you have? Where are they kept? Would you know if some were missing? The good news is that you can take steps immediately to limit access to these drugs and help keep your teen drug-free.

#### SAFEGUARD ALL DRUGS AT HOME.

Take note of how many pills are in the bottle or pill packet, and keep track of refills. This goes for your own medication, as well as for your teen and other members of your household. If you find you have to refill medication more often than expected, there could be a real problem – someone may be taking your medication, and monitor dosages and refills.

## SET CLEAR RULES FOR TEENS ABOUT ALL DRUG USE.

Make sure your teen uses prescription drugs only as directed by a medical provider and follows instructions for over-the-counter products carefully. This includes taking the proper dosage and not using with other substances without

a medical provider's approval. Teens should never take prescription or OTC drugs with street drugs or alcohol. If you have any questions about how to take a drug, call your family physician or pharmacist.

#### **BE A GOOD ROLE MODEL**

Examine your own behavior to ensure you set a good example. If you misuse your prescription drugs, such as share them with your kids, or abuse them, your teen will take notice. Avoid sharing your drugs and always follow your medical provider's instructions.

## PROPERLY CONCEAL AND DISPOSE OF MEDICATION

Unused prescription drugs should be hidden and thrown away. To avoid teens and others removing them from the trash, mix them with an undesirable substance (like used coffee grounds or kitty litter) and put the mixture in an empty can or bag. Unless the directions say otherwise, do **NOT** flush medications down the drain or toilet because chemicals can pollute the water supply. Also, remove any personal,

identifiable information from prescription bottles or pill packages before you throw them away.

## ASK FRIENDS AND FAMILY TO SAFEGUARD THEIR PRESCRIPTIONS

If there are other households your teen has access to, talk to those families as well about the importance of safeguarding medications. If you don't know the parents of your child's friends, then make an effort to get to know them, and get on the same page about rules and expectations for use of all drugs, including alcohol and illicit drugs.

Talk to your teen about the dangers of abusing prescription and over-the-counter drugs. These are powerful drugs that, when abused, can be just as dangerous as street drugs. Tell your teen the risks far outweigh any "benefits."

The above information is provided by PARENTS the Anti-Drug. For additional information contact the Army Substance Abuse Program. To learn more about prescription & over-the-counter health risks, visit www.TheAntiDrug.com.

## DUI rate jumps in summer months, beware!

by Jason Owens, Management Assistant, Directorate of Risk Management

With the summer months around the corner, Driving Under the Influence (DUI) citations are sure to be on the rise. This also means increased traffic accidents and a higher mortality/death rate.

The reason for DUI's increasing during the summer months vary. A sense of freedom seems to be the biggest issue while better weather and longer days lends to one's sense of recklessness. Of course, more parties, gatherings, BBQs, picnics and functions during these months lead to more opportunities to drink and get behind the wheel as well.

A study conducted by the University of Minnesota

determined that one in every 12 fans leaves a major sporting event while intoxicated. Researchers measuring the blood alcohol content of 382 adults who had attended baseball and football games found that eight percent of the fans registered blood alcohol content in excess of the legal threshold for intoxication, 0.08%. Those participating in tailgating activities before a game were 14 times more likely to be intoxicated when leaving the sports venue.

This summer keep in mind that a DUI can affect you financially, personally and professionally. It has

See DUI, page 19

#### ...from Make-A-Wish, page 8

The child who chose to ride in the HMWWV received a bag of Army goodies provided by an Army recruiter from the Chambersburg Mall. Schwartz said the boy was thrilled with the gifts and the chance to ride.

"He was overjoyed beyond our imagination and, while trying to fight back the tears, his dad told me how rarely he sees him that happy," said Schwartz.

Cpl. Nathan Garconvil was the HMWWV driver and interacted with hundreds of children and adults, while the vehicle was on display.

"There is no way to count how many faces he put smiles on, and will undoubtedly be something many of them will remember for the rest of their lives," said Schwartz.

The convoy, comprised of vehicles from businesses and various state and local municipalities, proceeds through several towns and blares their horns and sirens while waving to thousands of cheering spectators. The event raises over \$300,000 for children with terminal and life-long illnesses.

#### ...from **Service**, page 3

was a life-long resident of Chambersburg, Pa. and had been employed with LEAD for over six years as a heavy mobile repairman on MRAPs. He had served with the U.S. Army Reserves and was a member of the Salem United Brethren Church.

The newly appointed AMCOM Chaplain, Lt. Col. Leon Kircher, gave the opening and closing prayers while Lt. Col. Leasure from DRSK gave the opening comments. Leasure noted the contribution made by the men.

"Through their dedicated service and efforts at Letterkenny, they have directly contributed to the Global War on Terrorism, creating a more peaceful world for us and for the future generations that have yet to come," said Leasure.

Depot Commander, Col. Cheri A. Provancha, echoed Leasure's sentiments, telling the group of her honor in serving as the men's Commander.

"Although they did not wear a uniform on duty or serve on a distant battle-field, they lived their lives like Soldiers. They took an oath to support and defend the Constitution of the United States, lived the Army values and all their work directly impacted the lives, safety and security of Soldiers and our nation."

Col. Provancha reminded the group that Memorial Day and the act of remembering those lost, speaks to the character of a nation.

"A true measure of a nation's greatness lies in its ability to honor and commemorate all those who died to ensure its freedom. Memorial Day is a holiday like none other, a single day in which we honor the great men and women who died in service to our nation."



Depot Soldiers and Airmen participated in the Chambersburg Lions Club Trout Derby on Mother's Day, May 8, 2011. Soldiers helped clean-up trash on the riverfront. Front Row, left to right: Sabrina Noll, Cody Noll, Jacob Noll. Middle Row, left to right: SSG Bentz, Sgt Washington, SFC Keyser, SSG Hull, SPC Privitera, MSGT Lightner, 1SG Stevens, SSG LaBudie, Georgia LaBudie, Amy Hicks (United Way Rep). Back row, left to right: SSG Pry, SSG Swanecamp, SPC Carbaugh, MSG Schall, SSG Herrington, SPC Moyer, MSGT Ramsey, SPC Noll.

#### ...from *PFI*, page 8

Tieman Child Development Center story time in recognition of the Army birthday week, June 13 through June 17.

The Soldiers and Airmen of Letterkenny Army Depot would also like to thank Tim Wright for bringing his wall for Fallen Heroes of the Mid-Atlantic States to the dedication ceremony of the new Child Development Center. It was an integral part of the ceremonies for the day and we look forward to working with Tim Wright with other events and ceremonies.

## **LEAD Responsibility of Intermodal Cargo Containers**

by the Directorate of Supply and Transportation

In the unpredictable and fast-moving world of the Warfighter, supplies must be moved farther, faster, and to more locations than ever before.

Intermodal cargo containers make these shipments possible.

These cargo containers, (also referred to as shipping, freight, ISO, box, conex, hicube or sea can containers,) are strong, standard-sized, reusable containers are typically made of steel that are used to move a wide variety of materials and supplies.

Intermodal cargo containers have the

versatility to be moved by truck, ship and train and can be transferred between modes by using special cranes at the terminals. Containers used at LEAD are usually 8-40 feet in length and approximately 9-ft. high. Each container is stenciled with a unique ownership code which is four characters long ending in the letter U, J, or Z followed

by six numbers and a check digit.

Accountability is extremely important when it comes to containers. The military is

very good at transporting and tracking containers but are currently challenged in the area of maintaining an accurate inventory.

This inaccuracy is resulting in an increasing shortage in areas where they are critically needed. At the direction of the United States Transportation Command (USTRANSCOM), ISO container inventory is

rest the ing ton rest of t

o loda and official containers at Dock 2.

to be captured in the Army Container Asset Management System (ACAMS).

All Army activities then use the information input into ACAMS for management and reporting of inventories to the Army Intermodal and Distri-

See Cargo, page 19

## Letterkenny customer feedback on ICE

by Larry Seavolt, Quality Assurance Specialist, Directorate of Product Assurance

The Letterkkenny Interactive Customer Evaluation (ICE) system is a web-based tool for collecting feedback about the services provided by various organizations throughout the Department of Defense (DoD).

The ICE system allows customers to submit online comment cards to provide feedback to the service providers (various programs and support staff entities at the Depot) or that they have encountered at military bases and related facilities around the world.

ICE provides customers with a convenient and efficient method to express their opinions regarding Letterkenny management and receive feedback. ICE also provides the customer with general service provider information such as location and hours of operation and phone numbers.

The main component of the ICE system is the electronic comment card. Customers are not required to answer all of the questions on a comment card.

The *Overall Satisfaction* question is designed to rate the

customer's total experience. The results of this question are used to determine the satisfaction percentage displayed on reports.

A comment card is directly associated with a service provider, which are most often physical facilities such as stores and offices, Letterkenny Army Depot's service provider manager, Larry Seavolt, is the person who oversees a service provider and receives customer comment e-mail. products.

## **Energy Saving Tips for Summer Electric Bills**

by Bob Mohler, Energy Engineer, Directorate of Public Works

Did you know that refrigerators and air conditioners are the largest consumers of energy in American homes today? And, If you use your air conditioning in your home, you probably pay a lot for electricity in the hot weather months of July and August.

The more you run your air conditioner, the the more you increase your electrical costs. Around the Letterkenny area, the average home air-conditioning system costs \$150 per year to run. You can save up to three percent of the cooling portion of

through unblocked chimneys

and draughts

around

doors and windows

your energy bill on a monthly basis by simply raising the thermostat by one degree on your air conditioner. By raising air conditioning thermostats from 75 to 78 degrees, you can save 10 percent on your cooling costs.

Here are some tips to help reduce energy and electrical costs:

 Ceiling fans are a great way to achieve energy efficient cooling. Placed in the bedroom, they pro-

vide a steady stream of air down onto the bed below. Ceiling fans keep you cool at a tenth of the cost of a window air conditioning unit.

through the floor

- Turn off lights especially incandescent lights that you aren't using.
- Turn off the computer or at least the monitor and printer. Put the computer in the sleep mode.
- Limit using the oven and stove as much as possible. Cook outdoors or microwave.
- Air dry clothes so you are not using the clothes dryer while using the air conditioning.
- Turn off unneeded appliances when not in use like extra TVs, alarm clocks that generate heat.
- Limit the use of heat generating appliances like hair dryers, toasters, and coffee pots.
- Run ceiling fans to circulate the conditioned air.
- Keep the shades closed to reduce solar heat from the sun.

- Increase insulation values in your walls and attic.
- Check door and window seals to help keep the hot out and the cool inside. Repair or replace if required.
- Raise the temperature setting of your air conditioning.
- Close up rooms that are not used
- Minimize opening the refrigerator and freezer Both produce heat to keep things cold so keep the heat out of them.

42%

through

ceiling

through

- Install a whole house fan to help cool the house.
- Turn up the temperature or turn off the AC when you are not home.
- Never turn the temperature way down to speed up cooling – you may forget to turn it back up and then it costs you more.
- Anticipate hot days and cool early – don't wait until it is too hot.
- Keep filters and air conditioning unit clean so it runs efficiently.



- Units that are 10 years-old or more may not be as efficient and may need to be serviced more often.
- Install a fan and/or vents to reduce the heat in the attic.
- Install a geothermal or ground-source heat pump where feasible as a renewable energy source. The heat pump can save energy during the entire year.
- Install an air source heat pump where feasible as a possible air conditioner replacement. The heat pump can save energy during the entire year.

Here are good websites for saving energy. Many of these tips are discussed in more detail.

http://www.green-energy-efficient-homes.com/ summer-energy-saving-tips.html

http://michaelbluejay.com/electricity/cooling.html

## **Drinks can Sabotage Weight**

by Gerald Mellott, Union President, NFFE Local No. 1429

Let's briefly discuss drinks that can really sabotage your weight loss efforts.

Simply put, there are many drinks high in fat and/or sugar that can hinder your diet. A can of soda, for example, has 150 calories and 42 grams of sugar.

You can still have a plain cup of coffee, which isn't high in calories. It's when you add cream and sugar, caramel, flavored syrups and other fattening, high calorie ingredients that it becomes a problem.

Tall cappuccinos offer up more than 200 calories. Lattes contain 340 calories and a mocha drink has more than 40 grams of sugar and a whopping 470 calories! Dessert coffees like these have now taken a close second place to sodas as the primary source of excess calories contributing to obesity.

There are two big problems here. These drinks often have more calories than you need in an entire meal, and these drinks offer no nutritional value for fat loss and good health in general.

Just as you need to choose your foods wisely, be careful what you drink as well.

Juices can be high in sugar and calories too. And it's not the same as eating a whole piece of fruit. With juice, you don't get the healthy fiber and not nearly the amount of vitamins and minerals that fruit offers.

Key point to remember: Limit high-fat, high-sugar and highcalorie drinks, such as soda, dessert coffee drinks, and many fruit juices.

## Get to know your Official Passports and Visas

by Mary McGarity, Directorate of Resource Management

For everything you always wanted to know about official passports and visas into foreign countries, please enter the SharePoint Portal on the homepage of your computer, select DRM, Financial Analysis & Accounting, Travel and see an arrow down to select "F: Passports & Visas."

An official passport must be obtained for overseas official travel and may NOT be used for any personal travel. Supervisor and Director approval is required for all official passports and visas. An original, raised seal birth certificate or other passport is required.

Use Foreign Clearance Guides stating the general entry requirements to enter and exit different countries while on Government business.

There is a minimum eight to ten weeks for the State Department to process requests for official passports and another six to seven weeks for each visa request. All travelers and supervisors should allow enough time for this lengthy investigative process once projected official overseas travel is essential.

There is virtually no method to rush the State Department in this process. Civilians may NOT utilize a personal passport for official travel and there are dangers in doing so. If on official orders, an official passport



An U.S. passport for official Government Travel.

is needed.

Employees jeopardize the State Department treaties with foreign countries when presenting a tourist passport while on official business and embassy assistance may also be jeopardized.

A Soldier's ID card normally serves as a passport in a majority of countries. However, military members may seek an official passport when traveling for the Depot on a civilian aircraft to designated countries, particularly the Middle East.

Visas are now required for many countries such as Korea, United Arab Emirates (UAE), Iraq, Qatar and Bahrain (each country has specific rules.) Contact the Depot Passport Agent, Mary McGarity, for more information.

### Contractor Officer Representative training coming to LEAD

by Jessica Payne, Procurement Analyst, ACC-Redstone-LEAD

In a follow-on from Vol. 49 Issue II, we are still working on transitioning to the Virtual Contracting Enterprise-Contracting Officer Representative Management Tool and providing the Army Contracting Command Contracting Officer Representative Comprehension Training.

Contracting Officer Representatives serve as the eyes and ears of the Contracting Officer at the contractual place of performance and it is important that the Contracting Officer Representative also understands the roles and responsibilities that he or she may have for the duration of the contract.

Contracting Officer Representative responsibilities include providing proof of all training completion to the KO before the COR appointment letter is issued, performing contract surveillance, assisting in the preparation of a Quality Assurance Surveillance Plan, not performing functions above the Contracting Officer Representatives' knowledge, skills, or ability level, and maintaining a file for each contract assigned.

Army Contracting Command Contracting Officer

Representative Comprehension Training is coming to LEAD and is mandatory for all Contracting Officer Representatives working on contracts where the period of performance exceeds 90 days.

Prospective Contracting Officer Representatives may also attend permitting availability. The overall goals of this course will be to provide Contracting Officer Representatives with the basic knowledge of Contracting Officer Representative fundamentals, conducting contract review, determining contractor performance requirements, creating a performance requirements summary and developing a Quality Assurance Surveillance Plan.

This course will last three days and will consist of lecture, group exercises and a final exam. In order to receive certification, each student must attend all sessions, successfully complete all three exercises and pass the final exam.

The current dates for the course are July 5 thru 7 and July 11 thru 13. Please contact Linda Hess to request a seat for one of these classes.

#### ...from *TRMD*, pg 4

Lower Tier Project Office has been mission first.

"The mission must to go on as scheduled even during the transition," stated the Lower Tier Project Office.

According to David Hunt, Red River TRMD Deputy Director, this mandate required the operation of both facilities until capability at LEAD was fully operational.

"Since training of personnel and installation of equipment at LEAD was primary, much of missile production was accomplished at the Red River location," said Hunt.

"TRMD at Red River executed a tremendously challenging workload during the transition period, which was made even more difficult by personnel, parts, as well a transitioning to LMP, in the middle of the move."

Hunt added that cooperation between Red River and LEAD kept the PATRIOT mission on schedule. The completion of all missiles was ahead of the April 30, 2011 scheduled completion date.

TRMD Red River Recoperations is wrapping up with the final clearing of parts and other supplies from all buildings. According to Hunt, the projected completion of

August 1 will likely be

The closure of



Depot Commander, Col. Provancha, shakes hands with a retiring member Red River TRMD Terry Self.

accelerated.

During the final round celebration held in late April 2011, Depot Commander Col. Provancha, Colonel Mitchell, Mr. Putman and others applauded the determination and professionalism of employees of TRMD and especially those remaining until the end.

## **LEAD celebrates Army's 236th birthday**

by LEAD Public Affairs Office

Letterkenny celebrated the 236th birthday of the Army on June 14 with Depot employees and children from the Tieman Child Development Center.

Depot Commander, Col. Cheri Provancha, led the event by talking about the impact the Army has had on America.

"The work of the Army has allowed us the freedoms we enjoy today and we con-

tinue to protect those freedoms," stated Provancha.

In lieu of the "Happy Birthday Song," acting 1st Sgt, Spc 1st Class, Terry Acie, and Maj. Jeffrey Will led the group in a rousing



verse of the Army song. Afterwards, as is tradition, the youngest Soldier, Spc. Jared Carbaugh, and the oldest Soldier, Chief Warrant Officer Craig Smith, cut the cake.

Approximately 25 children from the Child Development Center summer camp program, as well as depot Soldiers and employees attended the event.

The Child Develop-

ment Center celebrated the birthday all week with activities with story time with depot Soldiers and Provancha. The children also

held a parade and a picnic at the end of the week.

modern-The day U.S. Army has its roots in the Continental Army. which was established in 1775 in support ofthe American Revolution. The Army officially was created in 1784.



#### ...from **Shape**, page 9

as well as up to 12 grams of protein.

#### Eat turkey

Studies have shown that protein can help you boost your metabolism, lose fat and build lean muscle tissue so you burn more calories. A three-ounce serving of boneless, skinless lean turkey breast has just 120 calories and provides 26 grams of appetite-curbing protein, one gram of fat and no saturated fat.

#### Have a jalapeno

Eating hot peppers can speed up your metabolism and cool your cravings, researchers at Laval University in Canada found. Capsaicin (a chemical found in jalapeno and cayenne peppers) temporarily stimulates your body to speed up your metabolism and causes you to burn more calories.

#### **Get Moving with Walking**

Walking is one of the easiest ways to incorporate exercise into your daily routine. Our Walking program offers a free pedometer to LetterKenny Military and DOD Civilians Sign up for walking program and get your Pedometer today by contacting April Helman.

No matter what exercise or activity you choose to do, the most important thing is to get moving and keep moving. There are so many ways to be active—you can get exercise in short spurts or plan longer workout sessions. Be sure to take it slow if you're just starting and give your body time to adjust. **Get started today!** 

#### ...from *Showcase*, page 5

into the future and I look forward to expanding the use of this and to a long and productive relationship with AAI Corporation and TUAV Systems," said Provancha.

TW Metals, as the prime vendor for metals products for the Northeast Region of the United States, received the Supplier of the Year award. TW Metals was honored for their ability to consistently fill surge and unique requirements for the depot.

"TW metals has become a customer centric partner in development metals distribution solutions for LEAD," stated Provancha.

The award for the Outstanding Corporate Support of the Year award went to Competitive Solutions, Inc. for their efforts in the implementing and sustaining of Process Based Leadership at Letterkenny.

"LEAD has been able to maximize our workforce's potential, reduce cost and overhead, and increase quality and customer service by initiating the skills learned through Competitive Solutions, Inc," said Provancha. "Through the use of PBL, LEAD has been able to improve our business results, communication, trust, morale and interpersonal effectiveness."

Letterkenny's Tieman Child Development Center received the Commander's Award for Exceptional Support to recognize their support of the depot, its employees and local military and Department of Defense employees.

On Thursday, the awards recipients spoke at the showcase and thanked Letterkenny for their awards.

Michelle Rockwell, Training and Curriculum Specialist for the CDC, stated that it was a "tremendous honor" to work with LEAD and support the depot.

"We know that the need for the CDC is there and we continue to grow our program. Our goal is 120 full time children...from six weeks of age to five-years-old, as we strive to continue to grow and support LEAD."

Maj. Gen. James E. Rogers, Commanding General, Aviation and Missile Command, said that industry has realized that [LEAD] has a workforce that is willing to be innovative and get the job done, better and faster and cheaper but also very effective to the Warfighter.

"The 'depot of choice' is exactly where Letterkenny is going and so all of you here need to get on board, because we are all on board and we are going to make sure that Letterkenny stays the strength of this area," Rogers said.

#### ...from *Cargo*, page 14

bution Platform Management Office (AIDPMO).

DS&T's Transportation Division (TRANSDIV) is responsible for container control at Letterkenny. Everyone involved in the receipt and movement of containers must do their part to ensure that accurate information is provided in a timely manner to the TRANSDIV each time a container is moved so that the ACAMS database can be updated.

This will help—tremendously to reflect an accurate count at the depot. The numbers of all containers on hand should be reported to the AIDPMO regardless of ownership. AIDPMO identifies containers by ISO serial number and last known location.

Assigning responsibility to users would also help the managers have containers returned for reuse. Everyone involved must do their part to help maintain the inventory of available containers. Currently, at LEAD, there are containers for the Force Provider Mission and the 1000 Container Mission.

#### ...from *DUI*, page 12

ended more than one person's career. Even though your operator license may not get suspended for the first offense, your installation driving privileges will be for one year. If you have a security clearance you are required to self report a DUI to your supervisor and DRSK.

In Pennsylvania last year, 37% of traffic collision fatalities involved a driver who had blood alcohol content (BAC) .08 or more.

All 50 states in the US now apply statutory offenses to driving under the influence of alcohol. Driving while intoxicated/impaired (DWI), or operating a motor vehicle while intoxicated/impaired (OWI), and yes in the state of Pennsylvania, you can be arrested and charged for operating a boat under the influence as well.

With all states seeing an increase in accidents and fatalities, they use these months as a time to step up their patrols, check points and crack down on potential offenders. During the summer months, it would be well advised to practice the same restraint used during the non-summer season.

Stay Safe and remember if you are a friend, friends don't let friends drive drunk. A very old saying but it still applies.

## DOM Employees Caught in the (Safety) Act

by Robert Godlewski, Directorate of Maintenance

In the month of April five Directorate of Maintenance employees were recognized for their participation and commitment to the Voluntary Protection Program, (VPP). While VPP is voluntary, it makes good sense to protect the senses and well being of themselves, their coworkers and the assets the employees repair or install. While the case for face shields and safety glasses for eye protection are well known and easily discovered when there is a failure, the proper use of grounding devices that protect equipment and maintain productivity are silent and subliminal partners in preventing loss and waste.

These employees were recognized for their excellent use of Personal Protection Devices in support of the Voluntary Protection Program.

Be vigilant and look out for your co-workers. You never know when you could be recognized for doing the right thing and making a difference by keeping the work force on the job.



David Solomon was recognized for wearing Personal Protective Equipment while working.



Don McCleary (back garage Bldg 370) was recognized for wearing proper PPE while grinding: face shield, safety glasses and shoes, gloves, and apron.



Samuel Brands (Bldg 370 circuit card area) was recognized for wearing proper Personal Protection Equipment while working.



Bill Angelo (Bldg 370 front garage) was recognized for wearing proper Personal Protective Equipment.



Jay Peck (370 motor room,) was recognized for wearing Personal Protective Equipment and using a grounding strap while working.



## Chaplain's

by LTC Leon Kircher, Chaplain, AMCOM

#### To My Friends at Letterkenny:

Recently, one of LEAD's employees tragically lost her life while returning home from work. Whether you were a close friend, co-worker, acquaintance, or didn't know her, the Soldiers and Civilians who work for the Army are one large family.

John Donne wrote the following (in part):

No man is an island,
Entire of itself.
Each is a piece of the continent,
A part of the main.
If a clod be washed away by the sea,
Europe is the less...
Each man's death diminishes me,
For I am involved in mankind.
Therefore, send not to know
For whom the bell tolls,
It tolls for thee.

Cindy Wrights was part of our Army Family. So some part of us is always lost when someone passes away. For some, the loss can be a very emotional and distressing. It is important that people take time to grieve these losses.

After a significant loss, you may experience all kinds of difficult and surprising emotions, such as shock, anger, and guilt. Sometimes it may feel like the sadness will never let up. While these feelings can be frightening and overwhelming, they are normal reactions to loss. Accepting them as part of the grieving process and allowing yourself to feel what you feel is necessary for healing.

There is no right or wrong way to grieve — but there are healthy ways to cope with the pain. Grief that is expressed and experienced has a potential for healing that eventually can strengthen and enrich life. I am always available to speak with you confidentially.

## Myths and Facts about Grief

by The Center for Grief and Healing

MYTH: The pain will go away faster if you ignore it.

**FACT:** Trying to ignore your pain or keep it from surfacing will only make it worse in the long run. For real healing it is necessary to face your grief and actively deal with it.

#### MYTH: It's important to be strong in the face of loss.

**FACT:** Feeling sad, frightened, or lonely is a normal reaction to loss. Crying doesn't mean you are weak. You don't need to "protect" your family or friends by putting on a brave front. Showing your true feelings can help them and you.

MYTH: If you don't cry, it means you aren't sorry about the loss.

**Fact:** Crying is a normal response to sadness, but it's not the only one. Those who don't cry may feel the pain just as deeply as others. They may simply have other ways of showing it.

MYTH: Grief should last about a year.

**FACT:** There is no right or wrong time frame for grieving. How long it takes can differ from person to person.



#### Spring AW2 draws five Soldiers to hunt on Depot

Five Soldiers from the Walter Reed Army Medical Center, with escorts, participated in the fifth annual Army Wounded Warrior Spring Gobbler Hunt on the 6th and 7th of May. The group harvested one turkey during the two-day event. Volunteers from the Natural Resources Program escorted and aided in the hunt.

## Depot recreation area open for 4th of July festivities



The depot is opening its doors to all employees and family members (tenants included) to use the recreational area on Independence Day.

The depot will sponsor a fireworks display starting at dusk, which will be approximately 9:15 p.m.

The gates will open at 1:00 p.m. for families to use the lake area for the day. There will be no food or beverages provided but families are permitted to bring charcoal grills and picnic items. No alcohol or gas grills will be permitted. Fire pits will be available for roasting.

Families are asked to bring non-perishable food items to donate to the local food pantry. Pet food items are also encouraged, those items will be donated to the local humane society.

This Morale Welfare Recreational event is the first Fourth of July event in a number of years and depot employees and tenants are encouraged to come out and support the depot.



## **U.S.Army**

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\*If you no longer wish to receive the Kenny Letter please contact the PAO office at LEADPAO@conus.army.mil or 267-9356.

\*\*If you would like your family to receive the Kenny Letter via e-mail please contact the PAO office to be added to the e-mail list.

Photos courtesy of LEAD photographers Don Bitner and Trent Shields. Images are from Google.

## Depot ARC Blood Drive Success

The American Red Cross held their quarterly blood drive for LEAD employees on June 21 and 22. Approximately 250 LEAD personnel donated blood to support ongoing efforts to maintain steady blood supplies in the Greater Alleghany Region of the American Red Cross. The next blood drive will be held Aug. 16 and 17 and all Depot employees are encouraged to donate.

## WANT MORE LEAD NEWS??

Log on to the Letterkenny Facebook page and www.lead.army.mil to get more pictures, videos and up to the minute information about what is happening at Letterkenny right now!

#### This month you can find....

- A video of the Tieman CDC dedication
- More CDC dedication photos
- More Army birthday celebration photos
- More Armed Forces Day photos