

## Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, June 2002<sup>1</sup>

AGE-GENDER GROUPS	WEEKLY COST				MONTHLY COST			
	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan
<b>INDIVIDUALS<sup>2</sup></b>								
<b>CHILD:</b>								
1 year	16.70	20.40	23.90	29.00	72.40	88.40	103.60	125.70
2 years	16.70	20.40	23.90	29.00	72.40	88.40	103.60	125.70
3-5 years	18.10	22.40	27.70	33.10	78.40	97.10	120.00	143.40
6-8 years	22.60	29.80	37.10	43.10	97.90	129.10	160.80	186.80
9-11 years	26.70	33.80	43.30	50.00	115.70	146.50	187.60	216.70
<b>MALE:</b>								
12-14 years	27.70	38.20	47.30	55.70	120.00	165.50	205.00	241.30
15-19 years	28.70	39.50	49.20	56.70	124.40	171.20	213.20	245.70
20-50 years	30.60	39.30	48.90	59.20	132.60	170.30	211.90	256.50
51 years and over	27.60	37.40	45.90	55.10	119.60	162.10	198.90	238.70
<b>FEMALE:</b>								
12-19 years	27.60	32.90	40.00	48.20	119.60	142.60	173.30	208.90
20-50 years	27.60	34.30	41.70	53.50	119.60	148.60	180.70	231.80
51 years and over	26.90	33.40	41.30	49.30	116.60	144.70	179.00	213.60
<b>FAMILIES:</b>								
<b>FAMILY OF 2<sup>3</sup>:</b>								
20-50 years	64.00	81.00	99.70	124.00	277.40	350.80	431.90	537.10
51 years and over	60.00	77.90	95.90	114.80	259.80	337.50	415.70	497.50
<b>FAMILY OF 4:</b>								
Couple, 20-50 years and children—								
2 and 3-5 years	93.00	116.40	142.20	174.80	403.00	504.40	616.20	757.40
6-8 and 9-11 years	107.50	137.20	171.00	205.80	465.80	594.50	741.00	891.80

<sup>1</sup>Basis is that all meals and snacks are purchased at stores and prepared at home. For specific foods and quantities of foods in the Thrifty Food Plan, see *Thrifty Food Plan, 1999, Executive Summary*, CNPP-7A; for specific foods and quantities of foods in the Low-Cost, Moderate-Cost, and Liberal Plans, see *Family Economics Review*, No. 2 (1983). The Thrifty Food Plan is based on 1989-91 data and the other three food plans are based on 1977-78 data; all four plans are updated to current dollars using the Consumer Price Index for specific food items.

<sup>2</sup>The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person—add 20 percent; 2-person—add 10 percent; 3-person—add 5 percent; 5- or 6-person—subtract 5 percent; 7- (or more) person—subtract 10 percent.

<sup>3</sup>Ten percent added for family size adjustment.