



**PLACES THAT BUILD HAPPY, HEALTHY CHILDREN SHOULDN'T BE DESERTED**

**If your child is spending too much time in front of a computer or TV, he or she may be missing out.**

Participating in sports and group activities can increase your child's capacity to learn, develop self-discipline, and instill an appreciation for the rewards that come from hard work. Open the world to your child by encouraging him or her to go out and play.

Visit [www.VERBparents.com](http://www.VERBparents.com) for information on activities for children.



**A CAMPAIGN TO BUILD HEALTHY CHILDREN**

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IT'S WHAT YOU DO.



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