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PHARMACOGENOMICS AND  
INDIVIDUALIZED THERAPY



# CPIC: Clinical Pharmacogenetics Implementation Consortium

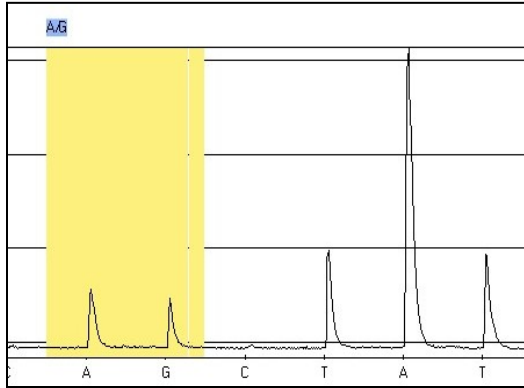
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December, 2011

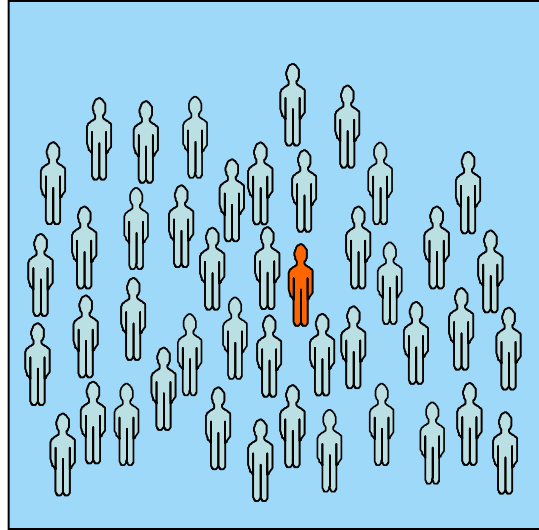
**Dr Howard L. McLeod**  
Eshelman Distinguished Professor and Director  
Institute for Pharmacogenomics and Individualized Therapy (IPIT)  
UNC – Chapel Hill, NC

# Pharmacogenetics: what is your intent?

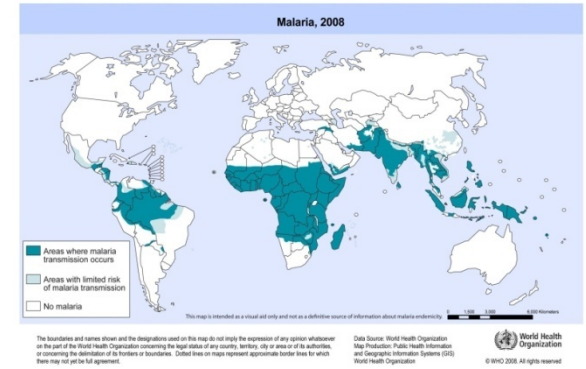
## Human genetic discovery



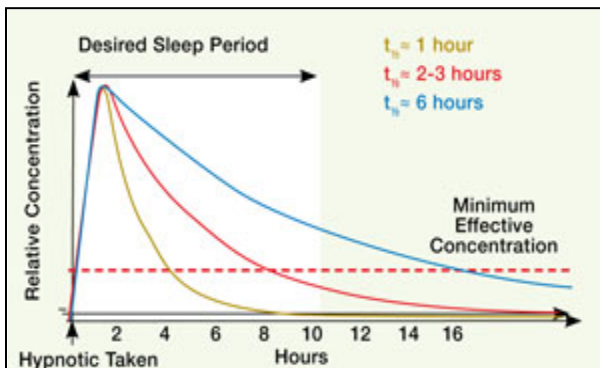
## Drug Safety



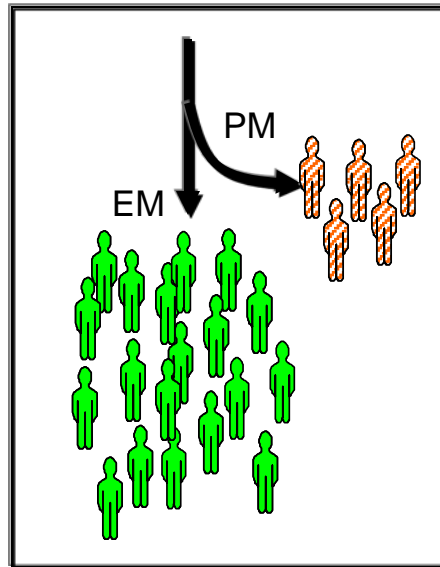
## Public Policy



## Explain variation in phenotype



## Clinical trial inclusion/exclusion





## Clinical practice

CA LIC. # 239014U203      Family Physician Medical Group Inc.      245290WUPCSD6  
 8232 Gervey Avenue, Suite 107, Rosemead, CA 91770  
 TEL: (800) 518 9505 FAX:

PATIENT NAME: THOMAS BOOK      DOB: 12/01/1976  
 ADDRESS:      DATE: 03/22/2004

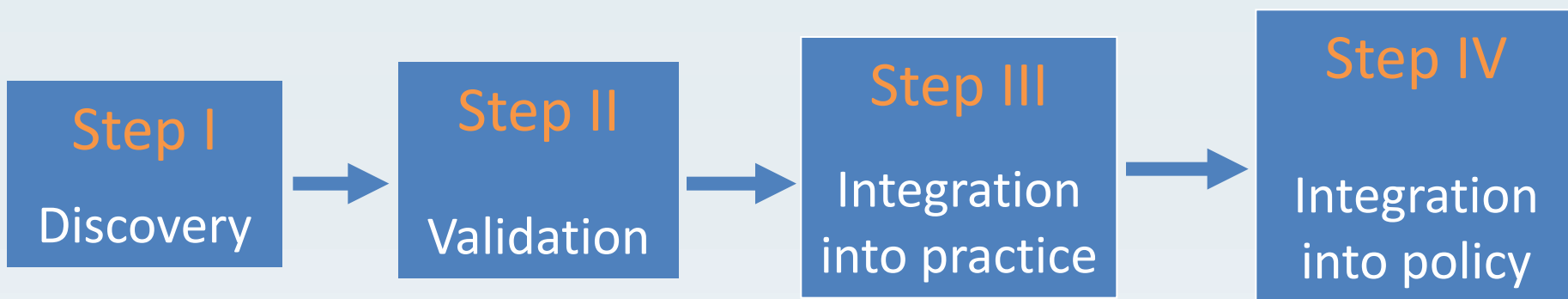
$R_x$

 po BID

 , MD  
 John Doe MD

LABEL       DO NOT SUBSTITUTE

# Translational science: **The steps to success**



**PGENI**



Treating the Population.  
Impacting the World.



# Lots of ways to ask 'when?'

- Is pharmacogenetics useful?
- Should a test be ordered?
- What does 'enough data' look like?
- Is anything ever 'ready for prime time'?
  
- If a patient arrives with PGx data, is it actionable?

http://www.pharmgkb.org/views/loadConsortia.action

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- Clinical PGx

## Consortia

Click on the acronym for each consortium to learn more about research goals.

Project Acronym	Publications	Host Institute
<a href="#">CPIC</a>		Clinical Pharmacogenetics Implementation Consortium
<a href="#">INSINC</a>		International Severe Irinotecan Neutropenia Consortium
<a href="#">ITPC</a>		International Tamoxifen Pharmacogenomics Consortium
<a href="#">IWPC</a>		International Warfarin Pharmacogenetics Consortium
<a href="#">IWPC-GWAS</a>		International Warfarin Pharmacogenetics Consortium - Genome Wide Association Study

Feedback

**Goal: Facilitate implementation of pharmacogenetic tests into patient care by clinicians now**

g PharmGKB  
It is managed at [Stanford University](#)

# CPIC: Clinical Pharmacogenetics Implementation Consortium



Clinicians, scientists, 3<sup>rd</sup> party payers, regulators

60 members

33 institutions

Observers: NIH and FDA

8 countries

# What is CPIC's deal?

- CPIC prioritizes gene-drug pairs based upon community input, and has sponsored surveys of the CPIC membership and the ASCPT membership. CPIC accepts input at any time (and a frequent contributor is FDA).
- The purpose of CPIC is to “translate genetic information into clinical actions” and to make **recommendations for actionable pharmacogenetic variants** ~~(more research needed)~~
  - those variants that are measurable, interpretable, and it's clear what to do with the genetic information. That is a core part of the structure of each guideline: to list all possible variants, predict phenotypes, and recommend what to do with that information....that's a Table in each guideline.
- This is not similar to the EGAPP exercise because not all of the published information is weighted equally – just as pharmacogenetics practioners do in practice. Therefore, the strength of the evidence is evaluated in each guideline.

## DISCLOSURE

- By definition, the authors support pharmacogenetics. They want to implement pharmacogenetics now. It is left to the professional organizations (e.g., ASCO, AHA) , health systems, individual clinicians to decide whether to take up the information.

# A bit more about CPIC

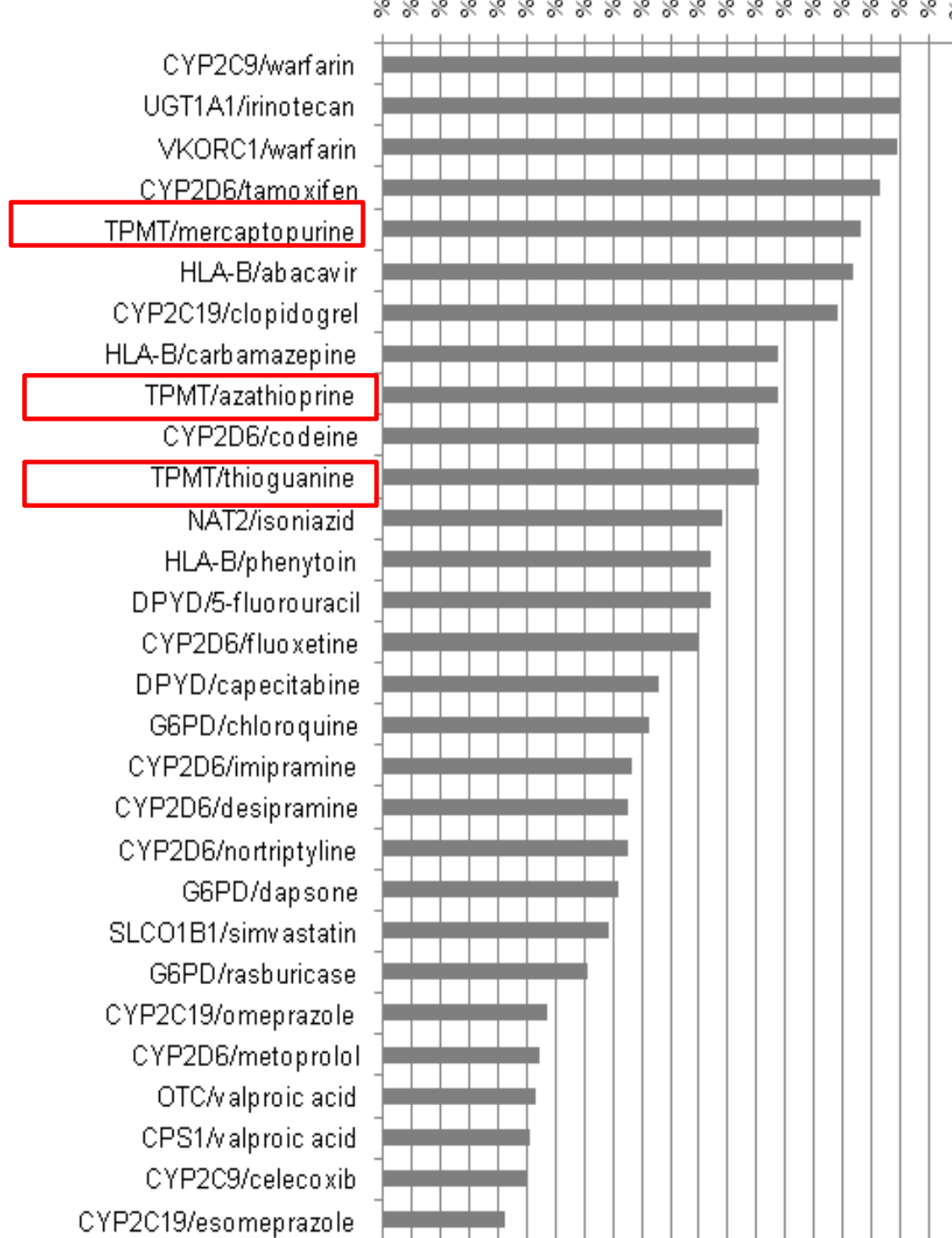
- CPIC assumes that testing is done in situations that enable placing the information into the medical record (could be limited point-of-care testing or comprehensive array testing and only some information is being transferred to the EMR). This means CLIA-cert. environment.
- CPIC is starting with “baby steps” that are not controversial, with clearly “clinically actionable” variants and drugs, with guidelines that are all peer-reviewed and updateable
- PharmGKB reflects the CPIC guidelines, as well as the guidelines of other established groups, in the Clinical Implementation section.
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# Criteria for prioritization of gene/drug pairs

- Professional organizations (e.g. American Society for Clinical Pharmacology and Therapeutics, American Society for Clinical Oncology, American Heart Association, PGRN's CPIC, etc.) recommending that genetic testing accompany that drug use in peer-reviewed guidelines
- FDA labeling recommending use of genetic testing for the affected drug
- Evidence that CMS and/or third party payors reimburse for genetic testing for that drug's use
- Lawsuits penalizing clinicians who fail to use the pharmacogenetic test
- Availability of stand-alone CLIA-approved tests for individual loci
- Clinical trials demonstrating drug effects linked to functional pharmacogenetic loci
- Narrow therapeutic index for the affected drug
- Preclinical studies demonstrating drug effects linked to functional pharmacogenetic loci
- In vitro or in vivo evidence that drug A is handled identically to drug B, with strong pharmacogenetic evidence linking the variation to drug B

Highest ranked gene/drug pairs for clinical implementation based on survey of ASCPT members



<b>Gene Drug Pairs</b>	<b>Status</b>	<b>Author Contact</b>	<b>Others Involved</b>
TPMT - thiopurines	published	Relling	EE Gardner, WJ Sandborn, K Schmiegelow, C-H Pui, SW Yee <sup>6</sup> , CM Stein, M Whirl-Carrillo, WE Evans and TE Klein
CYP2C19 - clopidogrel	published	Shuldiner	Stuart Scott
CYP2C9, VKORC1 - warfarin	published	Julie Johnson	Li Gong, Michelle Whirl-Carrillo, Jeffrey L. Anderson, Stephen E. Kimmel, Ming Ta Michael Lee, Munir Pirmohamed, Stuart A. Scott, C. Michael Stein, Mia Wadelius, Teri E. Klein, Brian Gage, and Russ B. Altman
CYP2D6 - codeine	in press	Kris Crews	Todd Skaar, Andrea Gaedigk, Padmaja Mummaneni, Henry Dunnenberger, Teri Klein, HJ Guchelaar
DPYD - 5FU/capecitabine	initiated	Howard McLeod	Caroline Thorn
HLA-B - abacavir	under way	Deanna Kroetz	Teri Klein
HLA-B - carbamazepine	under way	Susan Leckband	Michelle Whirl-Carrillo, Munir Pirmohamed
HLA-B - phenytoin			
HLA-B - allopurinol	under way	Ming-Ta Michael Lee	Teri Klein, Caroline Thorn, Werner Pichler, Wichitra Tassaneeyakul, Taisei Mushiroda, John T. Callaghan, Michael Hershfield, Chang-Youh Tsai, Chen-Yang Shen
CYP2D6 - antidepressants			
G6PD - rasburicase, Septra			
UGT1A1 - irinotecan			
IL28B - pegIntron		Andrew Muir	David Goldstein, Teri Klein
SLCO1B1 - simvastatin	initiated	Russ Wilke	
CYP2D6, CYP2C19 - TCAs		Jesse Swen, Kevin Hicks	
CYP2D6 - SSRIs			Caryn Lerman, Susan Leckband, David Mrazek

# Uniform Elements of CPIC Guidelines (Main)

- **Introduction**
- **Focused Literature Review**
- **Gene:**
  - **Background**
  - **Genetic Test Interpretation**
    - **Table 1. Assignment of likely \_\_\_\_\_ [gene] phenotypes based on *genotypes***
  - **Available Genetic Test Options**
  - **Incidental findings**
  - **Other considerations**

# Uniform Elements of CPIC Guidelines (Main)

- **Drug (s):**
  - **Background**
  - **linking genetic variability to variability in drug-related phenotypes**
  - **Dosage Recommendations**
    - **Table 2. Recommended Dosing of \_\_\_\_ [drug/s] by \_\_\_\_ [gene] phenotype**
    - **Strength of recommendations grading system**
  - **Recommendations for Incidental Findings**
  - **Other considerations**
  - **Potential Benefits and Risks for the Patient**
  - **Caveats: Appropriate Use and/or Potential Misuse of Genetic Tests**

# Uniform Elements of CPIC Guidelines (Supplement)

- **Literature Review details**
- **Genetic Test Interpretation**
- **Available Genetic Test Options**
- **Supplemental Table . Genotypes that constitute the \* alleles for \_\_\_\_\_**
- **Supplemental Table . Association between allelic variants and \_\_\_\_\_ [gene function]**
- **Supplemental Table . Frequencies of alleles in major race/ethnic groups**
- **Supplemental Table . Evidence linking genotype with phenotype**
  - **Levels of Evidence grading system**

# Clinical Pharmacogenetics Implementation Consortium Guidelines for Thiopurine Methyltransferase Genotype and Thiopurine Dosing

MV Relling<sup>1</sup>, EE Gardner<sup>1</sup>, WJ Sandborn<sup>2</sup>, K Schmiegelow<sup>3,4</sup>, C-H Pui<sup>5</sup>, SW Yee<sup>6</sup>, CM Stein<sup>7</sup>, M Carrillo<sup>8</sup>, WE Evans<sup>1</sup> and TE Klein<sup>8</sup>

# Key criteria to develop a CPIC Table 2: Gene/drug dosing recommendations

- What genotypes have such severe functional effects that a clinician would really act upon them?
  - E.g. homozygous defective vs everything else
  - E.g. ultrarapid vs everything else
  - E.g. homozygous wild-type vs heterozygote vs everything else
- What drugs are so clearly affected that a clinician would be wrong not to act on the result if it were available?



# Table 2: dosing recommendations

Phenotype	MP			Azathioprine			TG		
	Implications for MP and azathioprine pharmacologic measures	Dosing recommendations for MP	Classification of recommendations <sup>a</sup>	Dosing recommendations for azathioprine	Classification of recommendations <sup>a</sup>	Implications for pharmacologic measures after TG	Dosing recommendations for TG	Classification of recommendations <sup>a</sup>	
Homozygous wild-type or normal, high activity	Lower concentrations of TGN metabolites, higher methylTIMP, this is the "normal" pattern	Start with normal starting dose (e.g., 75 mg/m <sup>2</sup> /d or 1.5 mg/kg/d) and adjust doses of MP (and of any other myelosuppressive therapy) without any special emphasis on MP compared to other agents. Allow 2 weeks to reach steady state after each dose adjustment. <sup>4,25,29</sup>	Strong	Start with normal starting dose (e.g., 2–3 mg/kg/d) and adjust doses of azathioprine based on disease-specific guidelines. Allow 2 weeks to reach steady state after each dose adjustment. <sup>4,27,29</sup>	Strong	Lower concentrations of TGN metabolites, but note that TGN after TG are 5–10x higher than TGN after MP or azathioprine	Start with normal starting dose. Adjust doses of TG and of other myelosuppressive therapy without any special emphasis on TG. Allow 2 weeks to reach steady state after each dose adjustment. <sup>4,16</sup>	Strong	
Heterozygote or intermediate activity	Moderate to high concentrations of TGN metabolites; low concentrations of methylTIMP	Start with reduced doses (start at 30–70% of full dose: e.g., at 50 mg/m <sup>2</sup> /d or 0.75 mg/kg/d) and adjust doses of MP based on degree of myelosuppression and disease-specific guidelines. Allow 2–4 weeks to reach steady state after each dose adjustment. In those who require a dosage reduction based on myelosuppression, the median dose may be ~40% lower (44 mg/m <sup>2</sup> ) than that tolerated in wild-type patients (75 mg/m <sup>2</sup> ). <sup>6,12</sup> In setting of myelosuppression, and depending on other therapy, emphasis should be on reducing MP over other agents. <sup>4,13,15,21,23,25,29,31,32</sup>	Strong	If disease treatment normally starts at the "full dose", consider starting at 30–70% of target dose (e.g., 1–1.5 mg/kg/d), and titrate based on tolerance. Allow 2–4 weeks to reach steady state after each dose adjustment. <sup>4,27,29,31</sup>	Strong	Moderate to high concentrations of TGN metabolites; but note that TGN after TG are 5–10x higher than TGN after MP or azathioprine	Start with reduced doses (reduce by 30–50%) and adjust doses of TG based on degree of myelosuppression and disease-specific guidelines. Allow 2–4 weeks to reach steady state after each dose adjustment. In setting of myelosuppression, and depending on other therapy, emphasis should be on reducing TG over other agents. <sup>4,16</sup>	Moderate	
Homozygous variant, mutant, low, or deficient activity	Extremely high concentrations of TGN metabolites; fatal toxicity possible without dose decrease; no methylTIMP metabolites	For malignancy, start with drastically reduced doses (reduce daily dose by 10-fold and reduce frequency to thrice weekly instead of daily, e.g., 10 mg/m <sup>2</sup> /d given just 3 days/week) and adjust doses of MP based on degree of myelosuppression and disease-specific guidelines. Allow 4–6 weeks to reach steady state after each dose adjustment. In setting of myelosuppression, emphasis should be on reducing MP over other agents. For nonmalignant conditions, consider alternative nonthiopurine immunosuppressant therapy. <sup>4,24,29,31</sup>	Strong	Consider alternative agents. If using azathioprine start with drastically reduced doses (reduce daily dose by 10-fold and dose thrice weekly instead of daily) and adjust doses of azathioprine based on degree of myelosuppression and disease-specific guidelines. Allow 4–6 weeks to reach steady state after each dose adjustment. Azathioprine is the likely cause of myelosuppression. <sup>27,29–31,33</sup>	Strong	Extremely high concentrations of TGN metabolites; fatal toxicity possible without dose decrease	Start with drastically reduced doses <sup>16</sup> (reduce daily dose by 10-fold and dose thrice weekly instead of daily) and adjust doses of TG based on degree of myelosuppression and disease-specific guidelines. Allow 4–6 weeks to reach steady state after each dose adjustment. In setting of myelosuppression, emphasis should be on reducing TG over other agents. For nonmalignant conditions, consider alternative nonthiopurine immunosuppressant therapy. <sup>4</sup>	Strong	

MP, mercaptopurine; TG, thioguanine; TGN, thioguanine nucleotide; TIMP, secondary metabolite of MP.

<sup>a</sup>Rating scheme is described in **Supplementary Data** online.

# Table 2: dosing recommendations

Phenotype	Azathioprine		TG		
	Dosing recommendations for azathioprine	Classification of recommendations <sup>a</sup>	Implications for pharmacologic measures after TG	Dosing recommendations for TG	Classification of recommendations <sup>a</sup>
Homozygous wild-type or normal, high activity	Start with normal starting dose (e.g., 2–3 mg/kg/d) and adjust doses of azathioprine based on disease-specific guidelines. Allow 2 weeks to reach steady state after each dose adjustment. <sup>4,27,29</sup>	Strong	Lower concentrations of TGN metabolites, but note that TGN after TG are 5–10× higher than TGN after MP or azathioprine	Start with normal starting dose. Adjust doses of TG and of other myelosuppressive therapy without any special emphasis on TG. Allow 2 weeks to reach steady state after each dose adjustment. <sup>4,16</sup>	Strong
Heterozygote or intermediate activity	If disease treatment normally starts at the “full dose”, consider starting at 30–70% of target dose (e.g., 1–1.5 mg/kg/d), and titrate based on tolerance. Allow 2–4 weeks to reach steady state after each dose adjustment. <sup>4,27,29,31</sup>	Strong	Moderate to high concentrations of TGN metabolites; but note that TGN after TG are 5–10× higher than TGN after MP or azathioprine	Start with reduced doses (reduce by 30–50%) and adjust doses of TG based on degree of myelosuppression and disease-specific guidelines. Allow 2–4 weeks to reach steady state after each dose adjustment. In setting of myelosuppression, and depending on other therapy, emphasis should be on reducing TG over other	Moderate

# Dosing recommendations: strength based on back-up evidence

A: Strong recommendation for the statement

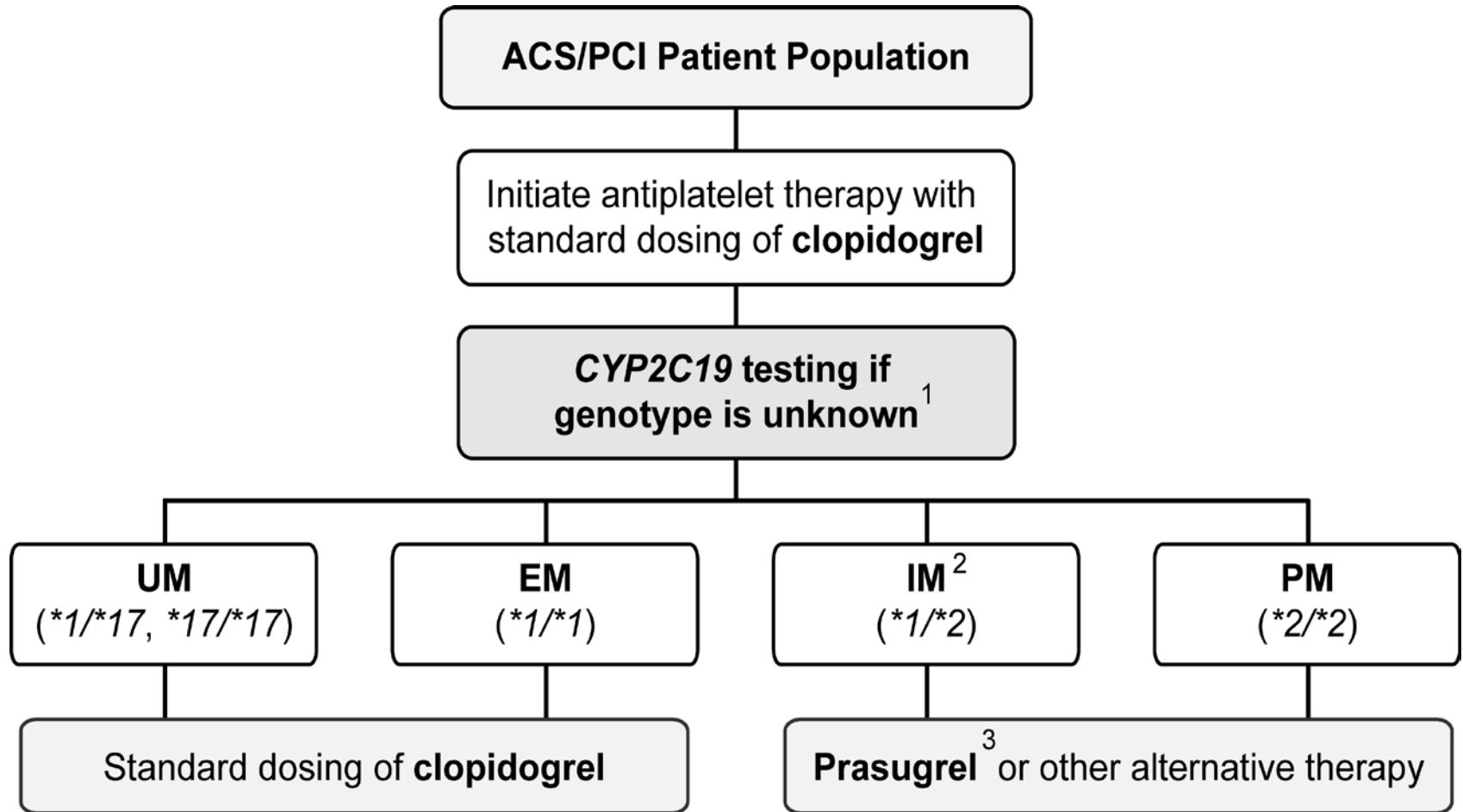
B: Moderate recommendation for the statement

C: Optional recommendation for the statement

# **Clinical Pharmacogenetics Implementation Consortium (CPIC) guidelines for cytochrome P450-2C19 (*CYP2C19*) genotype and clopidogrel therapy**

Stuart A. Scott, Katrin Sangkuhl, Eric L. Gardner, Charles M. Stein,  
Jean-Sebastien Hulot, Julie A. Johnson, Dan M. Roden, Teri E.  
Klein, Alan R. Shuldiner

# Algorithm for suggested clinical actions based on *CYP2C19* genotype among coronary patients initiating antiplatelet therapy.



**Table 2: Clopidogrel therapy based on CYP2C19 phenotype for ACS/PCI patients initiating antiplatelet therapy**

<b>Phenotype (genotype)</b>	<b>Implications for clopidogrel</b>	<b>Therapeutic recommendations</b>	<b>Classification of recommendations<sup>1</sup></b>
<b>Ultrarapid Metabolizer (UM)</b> (*1/*17, *17/*17) and <b>Extensive Metabolizer (EM)</b> (*1/*1)	Normal (EM) or increased (UM) platelet inhibition; normal (EM) or decreased (UM) residual platelet aggregation <sup>2</sup>	Clopidogrel - label recommended dosage and administration.	Strong
<b>Intermediate Metabolizer (IM)</b> (*1/*2)	Reduced platelet inhibition; increased residual platelet aggregation; increased risk for adverse cardiovascular events	Prasugrel or other alternative therapy (if no contraindication)	Moderate
<b>Poor Metabolizer (PM)</b> (*2/*2)	Significantly reduced platelet inhibition; increased residual platelet aggregation; increased risk for adverse cardiovascular events	Prasugrel or other alternative therapy (if no contraindication)	Strong

<sup>1</sup> See Supplement, Strength of Therapeutic Recommendations.

<sup>2</sup> The *CYP2C19*\*17 allele may be associated with increased bleeding risks (12).

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# Clinical Pharmacogenetics Implementation Consortium Guidelines for Cytochrome P450-2C19 (*CYP2C19*) Genotype and Clopidogrel Therapy

SA Scott<sup>1</sup>, K Sangkuhl<sup>2</sup>, EE Gardner<sup>3</sup>, CM Stein<sup>4,5</sup>, J-S Hulot<sup>6,7</sup>, JA Johnson<sup>8,9,10</sup>, DM Roden<sup>11,12</sup>, TE Klein<sup>2</sup> and AR Shuldiner<sup>13,14</sup>

# Clinical Pharmacogenetics Implementation Consortium Guidelines for *CYP2C9* and *VKORC1* Genotypes and Warfarin Dosing

JA Johnson<sup>1</sup>, L Gong<sup>2</sup>, M Whirl-Carrillo<sup>2</sup>, BF Gage<sup>3</sup>, SA Scott<sup>4</sup>, CM Stein<sup>5</sup>, JL Anderson<sup>6</sup>, SE Kimmel<sup>7,8,9</sup>, MTMLee<sup>10</sup>, M Pirmohamed<sup>11</sup>, M Wadelius<sup>12</sup>, TE Klein<sup>2</sup> and RB Altman<sup>2,13</sup>

**CYP2D6/  
codeine  
in press**

# A bit more about CPIC

- CPIC assumes that testing is done in situations that enable placing the information into the medical record (could be limited point-of-care testing or comprehensive array testing and only some information is being transferred to the EMR). This means CLIA-cert. environment.
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	DPWG <a href="#">acenocoumarol</a> <a href="#">VKORC1</a>
<a href="#">Dosing Guidelines for amitriptyline</a>	DPWG <a href="#">amitriptyline</a> <a href="#">CYP2D6</a>
<a href="#">Dosing Guidelines for aripiprazole</a>	DPWG <a href="#">aripiprazole</a> <a href="#">CYP2D6</a>
<a href="#">Dosing Guidelines for atomoxetine</a>	DPWG <a href="#">atomoxetine</a> <a href="#">CYP2D6</a>
<a href="#">Dosing Guidelines for azathioprine</a>	CPIC <a href="#">azathioprine</a> <a href="#">TPMT</a> DPWG <a href="#">azathioprine</a> <a href="#">TPMT</a>
<a href="#">Dosing Guidelines for capecitabine</a>	DPWG <a href="#">capecitabine</a> <a href="#">DPYD</a>
<a href="#">Dosing Guidelines for carvedilol</a>	DPWG <a href="#">carvedilol</a> <a href="#">CYP2D6</a>
<a href="#">Dosing Guidelines for citalopram</a>	DPWG <a href="#">citalopram</a> <a href="#">CYP2C19</a>
<a href="#">Dosing Guidelines for clomipramine</a>	DPWG <a href="#">clomipramine</a> <a href="#">CYP2D6</a>
<a href="#">Dosing Guidelines for clopidogrel</a>	CPIC <a href="#">clopidogrel</a> <a href="#">CYP2C19</a> DPWG <a href="#">clopidogrel</a> <a href="#">CYP2C19</a>
<a href="#">Dosing Guidelines for clozapine</a>	DPWG <a href="#">clozapine</a> <a href="#">CYP2D6</a>
<a href="#">Dosing Guidelines for codeine</a>	DPWG <a href="#">codeine</a> <a href="#">CYP2D6</a>
<a href="#">Dosing Guidelines for doxepin</a>	DPWG <a href="#">doxepin</a> <a href="#">CYP2D6</a>

- There is a lot to do, so more active participants desired!
- We like to hear comments (even if they are obvious), for discussion in our iterative process
- In the clinic, a 'NO' guideline isn't helpful