## VA GLA Health Services Genomics Program

# NHGRI Genomic Medicine Meeting December 6, 2011

### Maren T. Scheuner, MD, MPH, FACMG

Chief, Medical Genetics, VA Greater Los Angeles Healthcare System

Director, Clinical Genetics Service, VISN 22

Associate Professor, Department of Medicine,

David Geffen School of Medicine at UCLA





## Veterans Health Administration

- Largest integrated delivery system in US; \$36 billion dollar annual budget; \$580 million for research
- Provides inpatient and outpatient care to Veterans
- Comprehensive care in multiple settings:
  - 152 hospitals/medical centers
  - 784 community clinics
  - 126 nursing home units
  - 35 domiciliaries
  - Home-based care programs
  - Renabilitative care programs



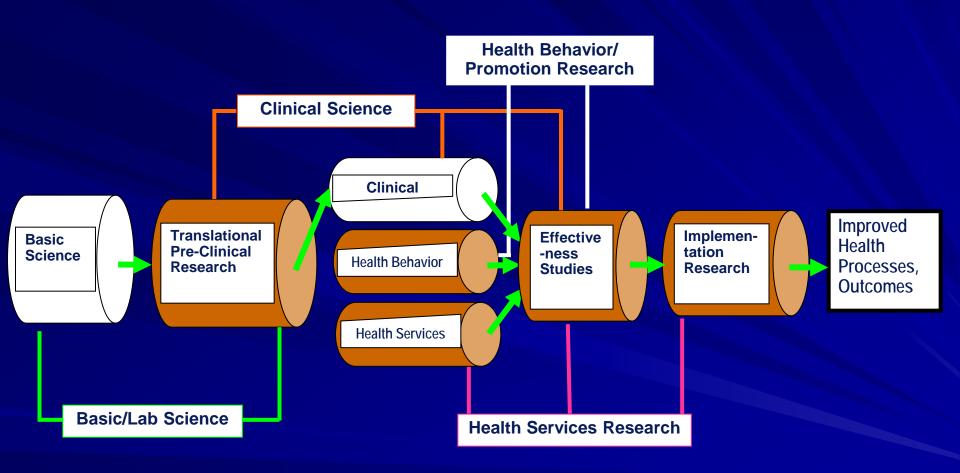
# VA Office of Research & Development

- Biomedical Laboratory R&D service
- Clinical Science R&D Service
  - Cooperative Studies
- Rehabilitation R&D Service
- Health Services R&D Service
  - Quality Enhancement Research Initiative





## Research-implementation pipeline









# VA Health Services Genomics Research Priorities in 2007

- Capacity Building a foundation for research that examines all aspects of translation of genomics information into the clinical setting
- Informatics Development of new systems of information retrieval and knowledge management
- Education Development of genomic educational interventions that link practice patterns to patient outcomes data
- Implementation Development and evaluation of implementation models; disseminate and implement interventions

Courtesy, Pauline Sieverding, VA HSR&D

VA HSR&D Center for the Informed by systematic review: Scheuner et al., Delivery of genomic medicing for common chronic adult diseases. JAMA 2008;299:1320-1324.

# VA Health Services Genomics Priority Solicitation 2008

To encourage innovative research for evidencebased planning of Veteran health services in genetics and genomics, and to begin the development of tools and models for genomic translation within the Veterans Administration integrated health system

Courtesy, Pauline Sieverding, VA HSR&D





# HSR&D FY 2008-2009 Genomic Center Supplements

Minneapolis	Pilot instruments to measure veterans' & providers' knowledge
wiii ii leapoiis	& attitudes about genetic issues re: SPMI

Ann Arbor Establish models to translate clinical genomics to health care delivery systems

Durham

Palo Alto

San Antonio

Greater LA

Evaluate health services genomics in primary care

interventions

Develop pharmacogenomic decision support tools

San Francisco Qualitatively & quantitatively document VA genomics services; develop an evidence-based conceptual framework

Understand provider & patient barriers to applying genomics information to clinical care

Develop and evaluate genomic medicine delivery models that incorporate family history & genetic tests into CPRS

incorporate family history & genetic tests into CPRS

# VA GLA Health Services Genomics Research Program

- Within the Center of Excellence for the Study of Healthcare Provider Behavior
- Capitalize on the Center's methodological and content area strengths in:
  - Provider behavior theory
  - Quality improvement
  - Implementation science
  - Medical Genetics





## VA GLA Health Services Genomics Program

### **Mission**

To conduct health services and implementation research that will promote adoption and implementation of effective delivery of evidence-based genetic/genomic medicine to improve the health and healthcare for Veterans.





### VA GLA Health Services Genomics Team

Maren Scheuner- medical genetics Elizabeth Yano - healthcare management Alison Hamilton - medical anthropology Brian Mittman - implementation science Ann Chou - organizational theory Lisa Rubenstein - quality of care, PCP Stuart Gilman- CME, PCP Paul Shekelle - evidence-based medicine Caroline Goldzweig - informatics, PCP Colletta Austin - CPRS programming Martin Lee - statistical analysis Andy Lanto - programmer, analyst Barbara Simon - survey development

Alissa Simon - survey design

Jane Peredo - research associate, genetic counselor

Taylor Sale - research associate, genetic counselor

Shannon Rhodes - program management, epidemiology, analyst

Nell Marshall - program management, health services research, CEA

Angela Cohen - program management

Diane Schoeff - program management

Claudia Vaughn - research coordination

Cynthia Gammage - research coordination

Zebada Brown - research assistance





## Funded Research

	Projects	Funding source	Period
1.	Genomics Pilot Projects	VA HSR&D	3/2007 - 9/2008
2.	Family History Education to Improve Genetic Risk Assessment for Cancer	CDC OPHG	10/2008 - 9/2012
3.	Adoption and Delivery of Genomic Medicine in VHA	VA HSR&D	10/2009 - 9/2012
4.	Evaluation of an Educational Program that Features Model Genetic Test Reports	CDC LS&S	10/2010 - 9/2013
5.	Barriers and Facilitators to Lynch Syndrome Testing in VISN22	VA QUERI	6/2011 - 5/2012





# Family History Education to Improve Genetic Risk Assessment for Cancer





### Goal

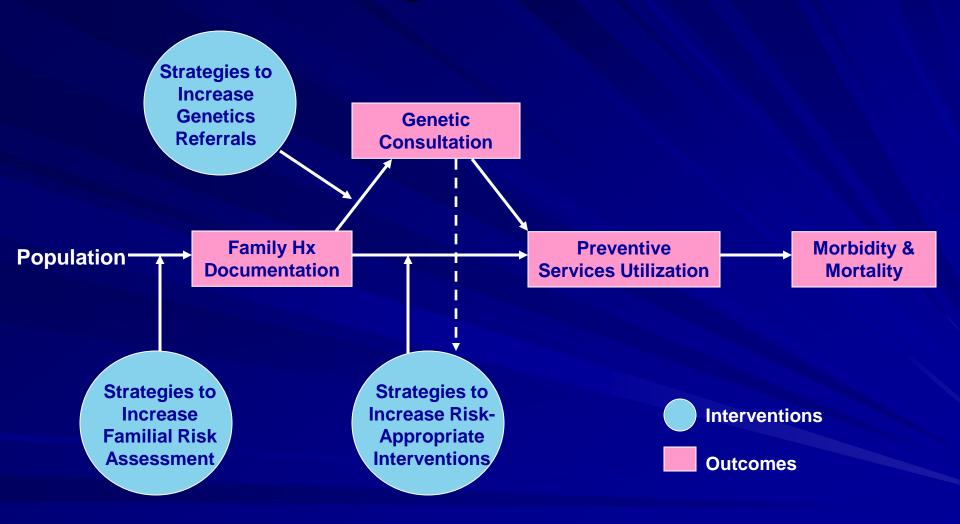
To develop a multi-component education program that improves recognition and referral of patients at risk for hereditary cancer syndromes.

Implement USPSTF, NCCN and CDC EGAPP recommendations





# Logic Model







# Components of Our Education Program Grouped As:

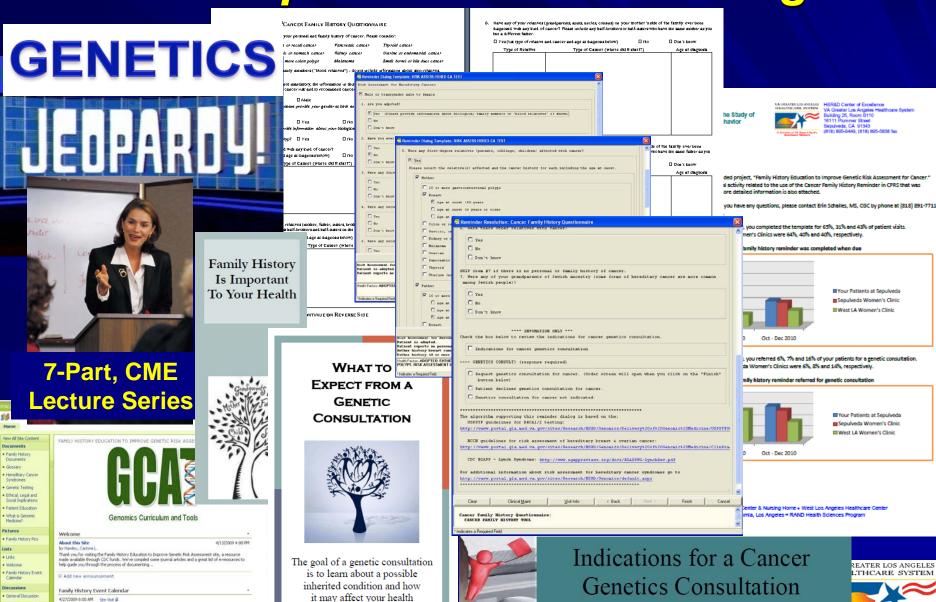
- Informational interventions
- Clinical interventions
- Behavioral interventions

Continuing medical education objectives as defined by Mazmanian and Davis, 2002.





Multi-component Education Program



and healthcare.

one riss w The CDC Office of Public Health-Genomics will be conducting a 2 day site visit. Agenda attached.

All day retreat in West L.A. Delivery of 1 hour talk by Dr. Scheuner discussion Family

5/29/2009 8:00 AM Faculty Retreat West L.A.

Surveys



# Family History Red Flags for Hereditary Cancer

#### For Males:

- Have you ever had breast cancer (includes invasive <u>ductal</u> or lobular carcinoma, or DCIS)?
  - If no/unknown → Question 7
  - If yes→ [document details in text box] possible HBOC, consider referral for genetic evaluation (stop)

#### For Females:

- Have you ever had breast cancer (includes invasive <u>ductal</u> or lobular carcinoma, or DCIS)?
  - If no/unknown → Question 5
  - If yes→
    - Have you ever had ovarian or pancreatic cancer?
      - If no/unknown→ next question
      - o If yes → [document details in text box] possible HBOC, consider referral for genetic evaluation (stop)
    - Was your breast cancer diagnosis before age 50 yrs?
      - o if no/unknown → Have you ever had another primary breast cancer (ipsilateral or bilateral but not LCIS)?
        - If yes → [document details in text box] possible HBOC, consider referral for genetic evaluation (stop)

# Focus Group Feedback

- Not useful
- As primary care providers, we need to document complete family history
- Once history is documented, we can recognize the red flags
- Tool should have a few stem questions that can be completed quickly for most patients





🔁 Reminder Resolution: Cancer Family History Questionnaire					×	
CANCER FAMILY HISTORY TOOL						
Purpose: To f	Purpose: To facilitate documentation and interpretation of cancer family history and referral for genetic consultation.					
_	years unless the patie if the patient has limi					be due in
If you have an	y questions or comments	about this remind	er, e-mail mare	n.scheuner@va.	gov	
Complete qu	uestionnaire today					
Female						
🖸 Transg	ender female to male					
🖸 Male						
☐ Transg	render male to female					
Patient dec	clines to provide family	y history.				
🖸 Limited lis	Limited life expectancy and patient uninterested in completing history					
Clear	Clinical <u>M</u> aint	<u>V</u> isit Info	< Back	Next >	Finish	Cancel
Cancer Family History Questionnaire: CANCER FAMILY HISTORY TOOL						
<no encounter="" entered="" information=""></no>						





eminder Resolution: Cancer Family History Questionnaire	
mplete questionnaire today	
© Female	
1. Are you adopted?	
Solution Yes (Please provide information about biological family members or "blood relatives" if known)	
□ No □ Don't know	
Za. Have you ever been diagnosed with any kind of cancer?	
◯ Yes	
☑ No	
O Don't know	
2b. Have you ever had 10 or more colon polyps?	
☐ Yes	
☑ No	
O Don't know	
3. Were any first-degree relatives (parents, siblings, children) affected with cancer?	
C Yes	
☑ No	
Don't know	
4. Were any second degree MATERNAL relatives (grandparents, aunts or uncles) affected with cance	er?
🖸 Yes	
☑ No	
O Don't know	
5. Were any second degree PATERNAL relatives (grandparents, aunts or uncles) affected with canc	er?
C Yes	
O No	
O Don't know	
Clear Clinical Maint Visit Info < Back Next > Finish	Cancel
cer Family History Questionnaire:	
DEF FAMILY HISTORY THOU.	



VA HSR Study o

Provider Health Factors: CANCER RISK ASSESSMENT COMPLETED

\* Indicates a Required Field



keminder Res	solution: Cancer Family History Questionnaire	×			
3. Were	any first-degree relatives (parents, siblings, children) affected with cancer?	^			
<b>⊙</b> Ye	25				
Pleas	se select the relative(s) affected and the cancer history for each including the age at				
	Mother				
	Father				
	Sister #1				
E	Sister #2				
	☐ 10 or more gastrointestinal polyps				
	□ Breast				
	Colon or rectal				
	☐ Gastric, small bowel, or bile duct				
	▼ Kidney or ureter				
	☐ Age at onset <50 years				
	Age at onset 50 years or older  Age at onset unknown	_			
	□ Melanoma				
	Ovarian				
	□ Pancreatic				
	☐ Thyroid				
	Uterine (not cervical)				
	Other cancer				
	Sister #3				
	Brother #1				
	Brother #2  Brother #3				
	Daughter #1				
	Daughter #2				
	Daughter #3				
- 1	7 ~ 41	<b>~</b>			
Clear	Clinical <u>Maint</u> <u>Visit Info</u> < Back Next > Finish Cancel	_			
	y Kistory Questionnaire: TLY HISTORY TOOT.	<b>~</b>			
	CER RISK ASSESSMENT COMPLETED	_			



VA HSF Study of Provide

\* Indicates a Required Field



	6. Were there other relatives with cancer?	^				
	◯ Yes					
	□ No					
	O Don't know					
	SKIP items #7 and #8 if there is no personal or family history of cancer. 7. Were any of your grandparents of Jewish ancestry (some forms of hereditary cancer are more common among Jewish people)?					
	C Yes					
	□ No					
	O Don't know					
	8. Have you or anyone else in your family had genetic testing for cancer predisposition?					
	C Yes					
	□ No					
	O Don't know					
	**** INFOMATION ONLY ***					
	Check the box below to review the indications for cancer genetic consultation.					
	☐ Indications for cancer genetic consultation					
	>>>> GENETIC CONSULT? (response required)					
	Request genetic consultation for cancer. (Order screen will open when you click on the "Finish" button below)					
	Genetic consult is indicated; however, patient declines referral for genetic consult.					
	☐ Genetic consultation for cancer not indicated.					
	********					
	The algorithm supporting this reminder dialog is based on the:  USPSTF guidelines for BRCA1/2 testing:					
	http://vaww.portal.gla.med.va.gov/sites/Research/HSRD/Genomics/Delivery%20of%20Genomic%20Medicine/USPS					
	NCCN guidelines for risk assessment of hereditary breast 6 ovarian cancer:					
	http://vaww.portal.gla.med.va.gov/sites/Research/HSRD/Genomics/Delivery%20of%20Genomic%20Medicine/Clir					
	CDC EGAPP - Lynch Syndrome: http://www.egappreviews.org/docs/EGAPPWG-LynchRev.pdf					
	For additional information about risk assessment for hereditary cancer syndromes go to					
	http://vaww.portal.gla.med.va.gov/sites/Research/HSRD/Genomics/default.aspx					
VA HSR&D	***************************************	~				
Study of He	Clear         Clinical Maint         Visit Info         < Back					
Provider Be		^				



Cancer Family History Questionnaire:

~



Reminder Resolution: Cancer Family History Questionnaire

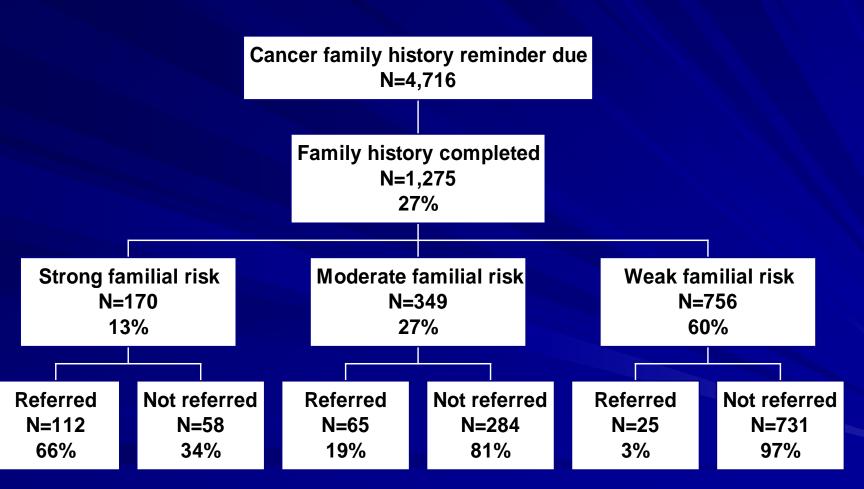
## Assessing Implementation

- Pre/Post design:
  - ✓ Pre-implementation Oct Dec 2009
  - ✓ Post-implementation Apr 2010 Sep 2011
- Monthly monitoring of health factors generated by cancer family history reminder
- Abstraction of random 10% of progress notes each month. Assessed change in documentation of:
  - ✓ Cancer family history
  - ✓ Referral for genetic consultation
- Pre/Post knowledge and attitudes survey
- Mid- and post-implementation interviews





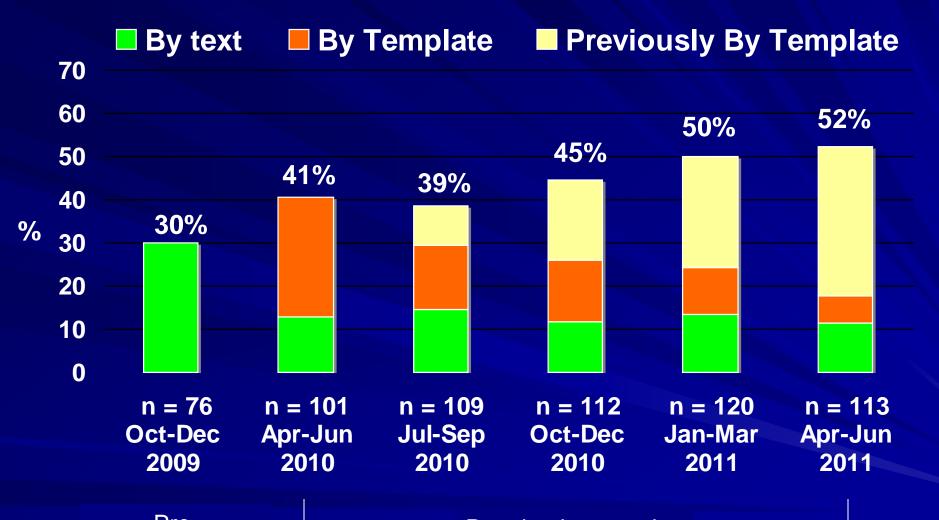
# Cancer Family History Reminder, April 2010 - September 2011







### Cancer Family History Documented in Progress Notes





Post-implementation Y



# Quality of Cancer Family History Documentation in Progress Notes with Cancer Family History

	Pre- implementation (n=21)	Post- implementation (n=117)
1st degree relatives, %	76	81
2nd degree relatives, %	48	62
Lineage of relatives, %	14	62
Age of cancer onset, %	19	43
Jewish ancestry, %	0	45



Pre-implementation: Oct 2009 - Dec 2009

A HSR&D Center for the Stud Post\*implementation: Apr 2010 - Dec 2010 Provider Behavior



# Knowledge and Attitudes

	Knowledge,	% correct	Attitudes, scale 1-4		
Domains	Pre	Post	Pre	Post	
Basic genetic concepts, terminology	82	82	2.86	2.71	
Familial/genetic risk assessment	48	55	3.48	3.19	
Recognizing hereditary cancer syndromes	51	69	3.57	3.14	
Genetic testing	33	71	2.67	2.43	
Management of hereditary cancer, including referral	67	86	3.64	3.21	
Ethical issues for patients and clinicians	71	90	3.71	3.29	
Overall	59	73	3.32	3.00	

# Comment from Primary Care Provider

"I have gained in so many ways by participating in this project. For one, I have refreshed and expanded my knowledge about genetics in general, and I've gained substantial new knowledge about hereditary cancers in particular. As a result of my participation, I now feel quite confident in recognizing "red flag" patterns of cancer in my patients' family histories. I don't necessarily identify exactly which syndrome a patient may have, but I can ascertain when further evaluation is needed, can understand what the results of tests mean for a patient, and understand my obligation to follow through if additional surveillance or referrals are needed."



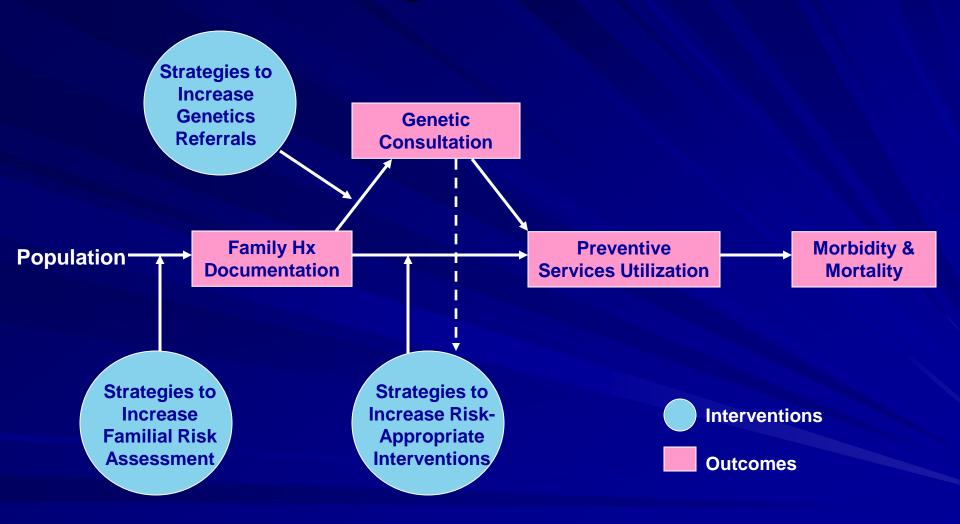
# Post-Implementation Comments

- Cancer family history reminder was most influential
- All would like the reminder to remain in CPRS, but no need to make mandatory
- All value availability of genetic consult service
- All would like expert review of health factors generated by reminder with feedback regarding indication for referral
- Most want additional lectures
- Most want patient-administered family history questionnaire and information materials to remain
- Few use GCAT website and practice-feedback reports





# Logic Model







# Thank You





# Types of Evaluation

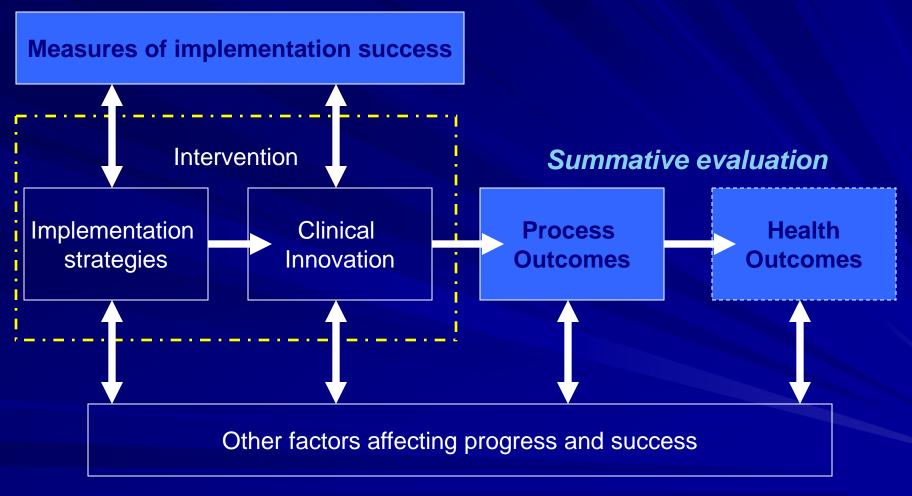
- Formative evaluation
  - Rigorous assessment process designed to identify potential and actual influences on the progress and effectiveness of implementation efforts
- Summative (impact) evaluation
  - Systematic process of collecting and analyzing data on impacts, outputs, products, outcomes and costs in an implementation study





## How do we measure success?

Formative evaluation





Adapted from: Luska CV, Hall C. Challenges in measuring implementation success. 3rd Annual NIH Conference on the Science of Implementation and Dissemination. Methods and Measurement. March 15-16, 2010, Bethesda, MD



# Need for Formative Evaluation in Implementation Research

- Captures information on factors that hinder or facilitate successful implementation
- Helps explain why implementation strategy does or doesn't work.





### Formative evaluation according to implementation

Pre-Implementation 1

**Implementation** 

**Post-Implementation** 

### 1. Developmental

Identify determinants of current practice

Identify barriers and facilitators

Assess feasibility of proposed intervention

Integrate findings into intervention design, and refinement prior to implementation

### 2. Implementation-focused

Assess discrepancies between implementation plan and execution, exploring issues of fidelity, intensity, exposure

Understand and document nature and implications of local adaptation

### 3. Progress-focused

Monitor impacts and indicators of progress toward project goals

Use data to inform need for modifying original strategy

Provide positive reinforcement to high performers; negative reinforcement to low performers

### 4. Interpretive

Assess intervention usefulness/value from stakeholders perspectives

Elicit stakeholder recommendations for further intervention refinements

Assess satisfaction with intervention and implementation process

Identify additional barriers / facilitators



VA HSR&D Center for the Study of Healthcare Provider Behavior



### Formative evaluation according to implementation

Pre-Implementation I

**Implementation** 

**Post-Implementation** 

### Developmental

Identify determinants of current practice

Identify barriers and facilitators

Assess feasibility of proposed intervention Integrate findings into intervention design and

refinement prior to implementation

### Implementation-focused



### Progress-focused

acts and indicators toward project inform n

to high performers, negative reinforcement to low performers

### Interpretive

Assess intervention usefulness/value from stakeholders erspectives

recommendations for further intervention refinements

Assess satisfaction with intervention and plementation process

dentify additional barriers / facilitators



VA HSR&D Center for the Study of Healthcare Provider Behavior



# Assessment Methods / Tools for Formative Evaluation

### Quantitative

- Structured surveys / tools
- Instruments assessing organizational culture, readiness to change, provider receptivity to evidence-based practices
- Intervention fidelity measures
- Audit / feedback of clinical performance data

### Qualitative

- Semi-structured interviews with clinical stakeholders (pre-/post-)
- Focus groups
- Direct observation of clinical structure and processes in site visits
- Document review
- Mixed methods (i.e., quantitative + qualitative)





# Usefulness of Theory

### In terms of...

- Planning the implementation strategy
- Conducting evaluations
- Helping to understand findings, including relationships between domains or constructs
- Identifying unanticipated elements critical to successful implementation, but may be unexplained by selected theory
- Gaining additional insights about the theory





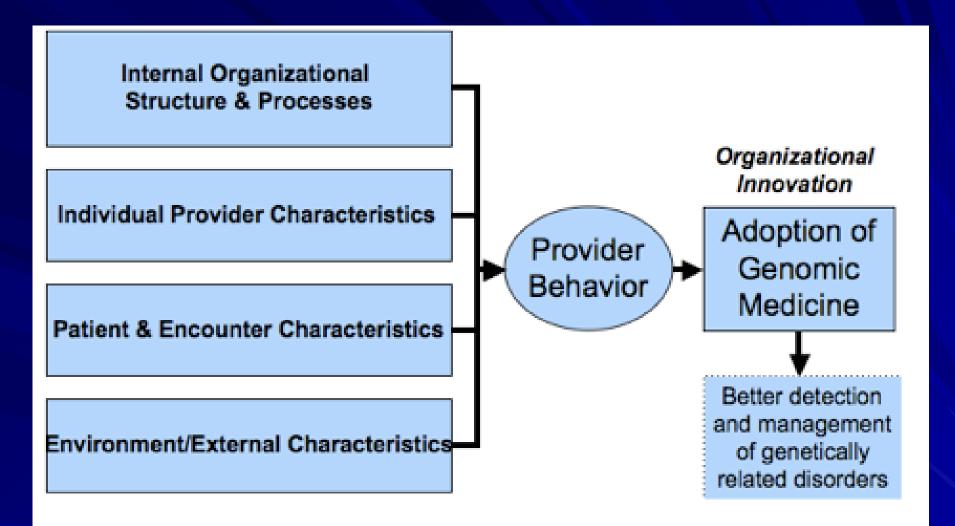


Figure 1. Conceptual Model of Factors Associated with Adoption & Delivery of Genomic Medicine. Adapted from the provider behavior model (Rubenstein et al., 2000), Rogers' diffusion theory (Rogers, 1995), and organizational factors related to implementation (Yano, 2008).

# Types of Theories

### Multiple theories often needed

- Explanatory theories (aka descriptive, impact)
  - Hypotheses and assumptions about how implementation activities will facilitate a desired change as well as the facilitators and barriers for success
- Process theories (aka prescriptive, planned action)
  - How implementation should be planned, organized and scheduled
- Mixed theories
  - Elements of both





# **Choosing Theory**

- Consider nature of the theory
  - Process vs. explanatory
  - Context (e.g., policy, organization)
  - Discipline (e.g., social science, psychology)
- Consider level at which it will be applied
  - Individuals
  - Teams
  - Organization
  - System
- Consider previous findings, experience
- Consider greatest potential for adding to the mowledge-base

## HSR&D Genomic Center Supplements

- HSR&D Program Announcement for Center Supplements to build Health Services Genomics research capacity within the Centers
- ➤ The strongest Center applications showed collaboration between bio-lab, clinical, & health services researchers within the VAMCs
- > 7 supplements funded for FY 08 and FY 09

Courtesy, Pauline Sieverding, VA HSR&D





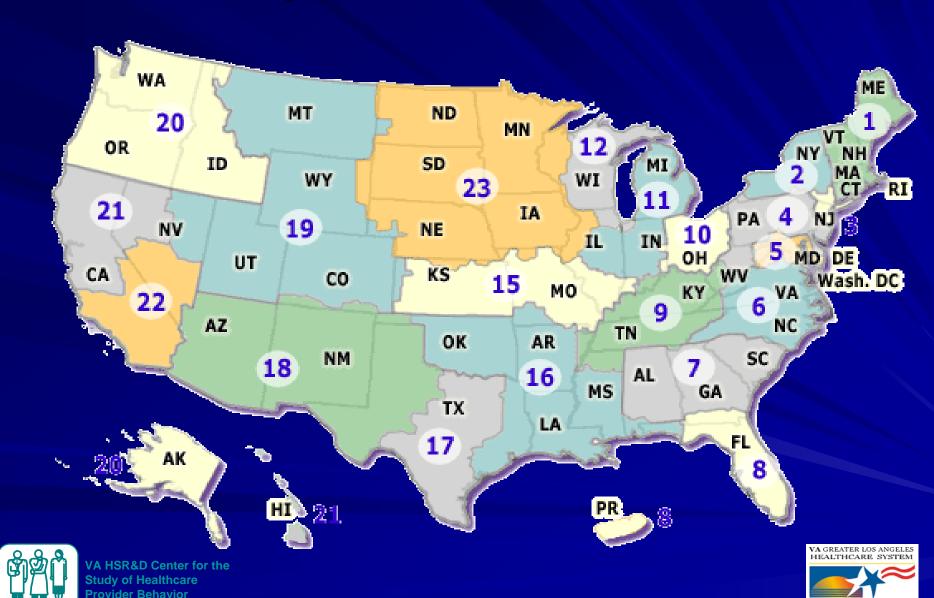
# Comments from Primary Care Providers

- "My documentation of cancer family history has improved... I had a template I was using and it was limited to the colon, breast, uterine and ovarian cancer, so now it's expanded because we have all those other options."
- "Now my documentation is very detailed, whereas before I would just mainly ask about mom and dad."
- "I probably wasn't doing that in-depth of a family history before, especially not focused on cancer."





## Healthcare Systems Exist within Networks





# **HSR&D** Centers

