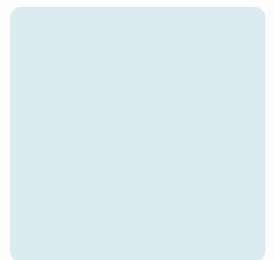
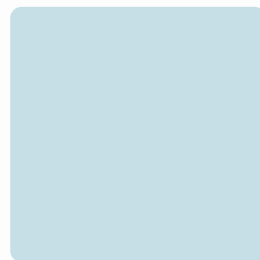
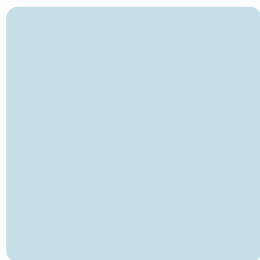
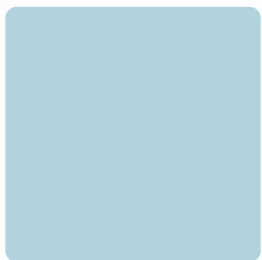
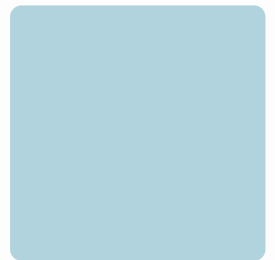


State-Level School Health Policies and Practices

A State-by-State Summary from the School Health Policies and Programs Study 2006



1. HEALTH EDUCATION

1. Health Education

Table 1.1	States with a Health Education (HED) Coordinator and States That Require Each District and School to Have an HED Coordinator	4
Table 1.2	States That Require or Encourage Districts or Schools to Follow National or State Health Education Standards or Guidelines	6
Table 1.3.1	States with Health Education Standards or Guidelines Based on the <i>National Health Education Standards</i> , and States with Goals and Objectives for Health Education That Address Specific Topics, by School Level.....	8
Table 1.3.2	States with Health Education Standards or Guidelines Based on the <i>National Health Education Standards</i> , and States with Goals and Objectives for Health Education That Address Specific Topics, by School Level.....	10
Table 1.3.3	States with Health Education Standards or Guidelines Based on the <i>National Health Education Standards</i> , and States with Goals and Objectives for Health Education That Address Specific Topics, by School Level.....	12
Table 1.4	States That Require Elementary Schools to Teach Health Topics, by Topic.....	14
Table 1.5	States That Require Middle Schools to Teach Health Topics, by Topic.....	16
Table 1.6	States That Require High Schools to Teach Health Topics, by Topic.....	18
Table 1.7	States That Require Students to Be Tested on Health Topics, by School Level	20
Table 1.8	States That Require or Recommend That Districts or Schools Use One Particular Curriculum for Health Education, by School Level	22
Table 1.9	States That Provided Information or Materials for Health Education During the Past Two Years at Each School Level, by Type of Information or Materials	24
Table 1.10	States with Specified Time Requirements for Health Education, by School Level.....	26
Table 1.11	States That Require Newly Hired Health Education Teachers to Have Undergraduate or Graduate Training in Health Education, by School Level.....	28
Table 1.12	States That Require Newly Hired Health Education Teachers to be Certified, Licensed, or Endorsed by the State, by School Level	30
Table 1.13	States That Offer Certification, Licensure, or Endorsement for Health Education Teachers, by Type	32
Table 1.14	States That Provided Funding for Staff Development or Offered Staff Development on Health Education Topics to Health Education Teachers During the Past Two Years, by Topic.....	34
Table 1.15	States That Provided Funding for Staff Development or Offered Staff Development on Teaching Methods to Health Education Teachers During the Past Two Years, by Method	36

**Table 1.1
States with a Health Education (HED) Coordinator and States That Require Each District
and School to Have an HED Coordinator**

	Has HED Coordinator ¹	Requires Each District to Have HED Coordinator ²	Requires Each School to Have HED Coordinator ³
Alabama	●	○	●
Alaska	●	○	○
Arizona	○	○	○
Arkansas	●	○	○
California	●	○	○
Colorado	●	○	○
Connecticut	●	○	○
Delaware	●	○	●
District of Columbia	●	●	●
Florida	●	○	○
Georgia	●	●	○
Hawaii	●	○	○
Idaho	●	○	●
Illinois	●	○	○
Indiana	●	○	○
Iowa	●	○	○
Kansas	●	○	○
Kentucky	●	○	○
Louisiana	●	○	○
Maine	●	○	○
Maryland	●	●	○
Massachusetts	●	○	○
Michigan	●	○	○
Minnesota	●	○	○
Mississippi	●	○	○
Missouri	●	●	○
Montana	●	○	○
Nebraska	●	○	○
Nevada	●	●	○
New Hampshire	●	○	○
New Jersey	●	○	○
New Mexico	●	○	○
New York	●	●	○
North Carolina	●	○	○
North Dakota	●	○	○
Ohio	○	○	○
Oklahoma	●	○	○

● Yes
○ No

**Table 1.1
States with a Health Education (HED) Coordinator and States That Require Each District
and School to Have an HED Coordinator**

	Has HED Coordinator ¹	Requires Each District to Have HED Coordinator ²	Requires Each School to Have HED Coordinator ³
Oregon	●	○	○
Pennsylvania	●	●	●
Rhode Island	●	●	●
South Carolina	●	○	○
South Dakota	●	○	○
Tennessee	●	○	○
Texas	●	○	○
Utah	●	●	●
Vermont	●	○	○
Virginia	●	○	○
Washington	●	○	○
West Virginia	●	○	○
Wisconsin	●	○	●
Wyoming	●	○	○

¹ "Currently, does someone in your state oversee or coordinate school health education?" (State Health Education Questionnaire, Item 42)

² "Has your state adopted a policy stating that each school district will have someone to oversee or coordinate school health education?" (State Health Education Questionnaire, Item 36)

³ "Has your state adopted a policy stating that each school will have someone to oversee or coordinate health education at the school, for example, a lead health education teacher?" (State Health Education Questionnaire, Item 37)

Table 1.2
States That Require¹ or Encourage² Districts or Schools to Follow National or State Health Education Standards or Guidelines

- Requires
- ◐ Encourages
- Neither Requires nor Encourages

Alabama	●
Alaska	●
Arizona	●
Arkansas	●
California	◐
Colorado	○
Connecticut	◐
Delaware	●
District of Columbia	●
Florida	●
Georgia	●
Hawaii	●
Idaho	●
Illinois	●
Indiana	●
Iowa	○
Kansas	◐
Kentucky	●
Louisiana	●
Maine	●
Maryland	●
Massachusetts	◐
Michigan	●
Minnesota	○
Mississippi	●
Missouri	●
Montana	●
Nebraska	○
Nevada	●
New Hampshire	◐
New Jersey	●
New Mexico	●
New York	●
North Carolina	●
North Dakota	◐
Ohio	○

Table 1.2
States That Require¹ or Encourage² Districts or Schools to Follow National or State Health Education Standards or Guidelines

- Requires
- ◐ Encourages
- Neither Requires nor Encourages

Oklahoma	●
Oregon	●
Pennsylvania	●
Rhode Island	●
South Carolina	●
South Dakota	◐
Tennessee	●
Texas	●
Utah	●
Vermont	●
Virginia	●
Washington	●
West Virginia	●
Wisconsin	○
Wyoming	●

¹ "Has your state adopted a policy stating that districts or schools will follow any national or state health education standards or guidelines?" (State Health Education Questionnaire, Item 1)

² "Has your state adopted a policy encouraging districts or schools to follow any national or state health education standards or guidelines?" (State Health Education Questionnaire, Item 2)

Table 1.3.1
States with Health Education Standards or Guidelines Based on the *National Health Education Standards*, and States with Goals and Objectives for Health Education That Address Specific Topics, by School Level

	Standards and Guidelines Based on <i>National Health Education Standards</i> ²	Addresses Topic in Goals and Objectives Adopted for Elementary School Health Education ³						
		Accessing Valid Health Information and Health-Promoting Products and Services	Advocating for Personal, Family, and Community Health	Analyzing Influence of Culture, Media, and Technology on Health	Comprehending Concepts Related to Health Promotion and Disease Prevention	Practicing Health-Enhancing Behaviors and Reducing Health Risks	Using Goal-Setting and Decision-Making Skills	Using Interpersonal Communication Skills
Alabama	●	●	●	●	●	●	●	●
Alaska	●	NA	NA	NA	NA	NA	NA	NA
Arizona	●	●	●	●	●	●	●	●
Arkansas	●	NA	NA	NA	NA	NA	NA	NA
California	●	NA	NA	NA	NA	NA	NA	NA
Colorado	NA	NA	NA	NA	NA	NA	NA	NA
Connecticut	●	●	●	●	●	●	●	●
Delaware	●	●	●	●	●	●	●	●
District of Columbia	●	●	●	●	●	●	●	●
Florida	●	NA	NA	NA	NA	NA	NA	NA
Georgia	●	●	●	○	●	●	●	●
Hawaii	●	NA	NA	NA	NA	NA	NA	NA
Idaho	●	●	●	●	●	●	●	●
Illinois	●	●	●	●	●	●	●	●
Indiana	●	●	●	●	●	●	●	●
Iowa	NA	NA	NA	NA	NA	NA	NA	NA
Kansas	●	●	●	●	●	●	●	●
Kentucky	●	●	●	●	●	●	●	●
Louisiana	●	●	●	●	●	●	●	●
Maine	●	●	●	●	●	●	●	●
Maryland	●	●	●	●	●	●	●	●
Massachusetts	NA	○	○	○	●	●	○	○
Michigan	●	●	●	●	●	●	●	●
Minnesota	NA	NA	NA	NA	NA	NA	NA	NA
Mississippi	●	●	●	●	●	●	●	●
Missouri	○	●	●	●	●	●	●	●
Montana	●	●	●	●	●	●	●	●
Nebraska	NA	●	●	●	●	●	●	●
Nevada	●	○	○	○	●	●	●	●

● Yes
○ No
NA Not Applicable¹

Table 1.3.1
States with Health Education Standards or Guidelines Based on the *National Health Education Standards*, and States with Goals and Objectives for Health Education That Address Specific Topics, by School Level

	Standards and Guidelines Based on <i>National Health Education Standards</i> ²	Addresses Topic in Goals and Objectives Adopted for Elementary School Health Education ³						
		Accessing Valid Health Information and Health-Promoting Products and Services	Advocating for Personal, Family, and Community Health	Analyzing Influence of Culture, Media, and Technology on Health	Comprehending Concepts Related to Health Promotion and Disease Prevention	Practicing Health-Enhancing Behaviors and Reducing Health Risks	Using Goal-Setting and Decision-Making Skills	Using Interpersonal Communication Skills
New Hampshire	NA	NA	NA	NA	NA	NA	NA	NA
New Jersey	●	●	●	●	●	●	●	●
New Mexico	●	●	●	●	●	●	●	●
New York	○	●	●	●	●	●	●	●
North Carolina	●	●	●	●	●	●	●	●
North Dakota	●	NA	NA	NA	NA	NA	NA	NA
Ohio	NA	NA	NA	NA	NA	NA	NA	NA
Oklahoma	●	●	●	●	●	●	●	●
Oregon	●	●	●	●	●	●	●	●
Pennsylvania	●	●	●	●	●	●	●	●
Rhode Island	●	●	●	●	●	●	●	●
South Carolina	●	●	●	●	●	●	●	●
South Dakota	●	●	●	●	●	●	●	●
Tennessee	●	●	●	●	●	●	●	●
Texas	●	●	●	●	●	●	●	●
Utah	●	●	●	●	●	●	●	●
Vermont	○	●	●	●	●	●	●	●
Virginia	○	●	●	●	●	●	●	●
Washington	○	●	●	●	●	●	●	●
West Virginia	●	●	●	●	●	●	●	●
Wisconsin	NA	NA	NA	NA	NA	NA	NA	NA
Wyoming	●	NA	NA	NA	NA	NA	NA	NA

● Yes
○ No
NA Not Applicable¹

¹ NA indicates the state has not adopted goals, objectives, or expected outcomes for elementary school, middle school, or high school health education.

² "Are these health education standards or guidelines based on the National Health Education Standards?" (State Health Education Questionnaire, Item 3)

³ "Do the goals and objectives adopted by your state for elementary school health education specifically address the following topics: (a) comprehending concepts related to health promotion and disease prevention, (b) accessing valid health information and health-promoting products and services, (c) analyzing the influence of culture, media, technology, and other factors on health, (d) practicing health-enhancing behaviors and reducing health risks, (e) using interpersonal communication skills to enhance health, (f) using goal-setting and decision-making skills to enhance health, or (g) advocating for personal, family, and community health?" (State Health Education Questionnaire, Items 9a-g)

Table 1.3.2
States with Health Education Standards or Guidelines Based on the *National Health Education Standards*, and States with Goals and Objectives for Health Education That Address Specific Topics, by School Level

	Addresses Topic in Goals and Objectives Adopted for Middle School Health Education ²						
	Accessing Valid Health Information and Health-Promoting Products and Services	Advocating for Personal, Family, and Community Health	Analyzing Influence of Culture, Media, and Technology on Health	Comprehending Concepts Related to Health Promotion and Disease Prevention	Practicing Health-Enhancing Behaviors and Reducing Health Risks	Using Goal-Setting and Decision-Making Skills	Using Interpersonal Communication Skills
Alabama	●	●	●	●	●	●	●
Alaska	NA	NA	NA	NA	NA	NA	NA
Arizona	●	●	●	●	●	●	●
Arkansas	NA	NA	NA	NA	NA	NA	NA
California	NA	NA	NA	NA	NA	NA	NA
Colorado	NA	NA	NA	NA	NA	NA	NA
Connecticut	●	●	●	●	●	●	●
Delaware	●	●	●	●	●	●	●
District of Columbia	●	●	●	●	●	●	●
Florida	●	●	●	●	●	●	●
Georgia	●	●	●	●	●	●	●
Hawaii	○	○	○	○	○	○	○
Idaho	●	●	●	●	●	●	●
Illinois	●	●	●	●	●	●	●
Indiana	●	●	●	●	●	●	●
Iowa	NA	NA	NA	NA	NA	NA	NA
Kansas	●	●	●	●	●	●	●
Kentucky	●	●	●	●	●	●	●
Louisiana	●	●	●	●	●	●	●
Maine	●	●	●	●	●	●	●
Maryland	●	●	●	●	●	●	●
Massachusetts	○	○	○	●	●	○	○
Michigan	●	●	●	●	●	●	●
Minnesota	NA	NA	NA	NA	NA	NA	NA
Mississippi	●	●	●	●	●	●	●
Missouri	●	●	●	●	●	●	●
Montana	●	●	●	●	●	●	●
Nebraska	●	●	●	●	●	●	●
Nevada	●	●	●	●	●	●	●
New Hampshire	●	●	●	●	●	●	●

● Yes
○ No
NA Not Applicable¹

Table 1.3.2
States with Health Education Standards or Guidelines Based on the *National Health Education Standards*, and States with Goals and Objectives for Health Education That Address Specific Topics, by School Level

	Addresses Topic in Goals and Objectives Adopted for Middle School Health Education ²						
	Accessing Valid Health Information and Health-Promoting Products and Services	Advocating for Personal, Family, and Community Health	Analyzing Influence of Culture, Media, and Technology on Health	Comprehending Concepts Related to Health Promotion and Disease Prevention	Practicing Health-Enhancing Behaviors and Reducing Health Risks	Using Goal-Setting and Decision-Making Skills	Using Interpersonal Communication Skills
New Jersey	●	●	●	●	●	●	●
New Mexico	●	●	●	●	●	●	●
New York	●	●	●	●	●	●	●
North Carolina	●	●	●	●	●	●	●
North Dakota	○	○	○	○	○	○	○
Ohio	NA	NA	NA	NA	NA	NA	NA
Oklahoma	●	●	●	●	●	●	●
Oregon	●	●	●	●	●	●	●
Pennsylvania	●	●	●	●	●	●	●
Rhode Island	●	●	●	●	●	●	●
South Carolina	●	●	●	●	●	●	●
South Dakota	●	●	●	●	●	●	●
Tennessee	●	●	●	●	●	●	●
Texas	●	●	●	●	●	●	●
Utah	●	●	●	●	●	●	●
Vermont	●	●	●	●	●	●	●
Virginia	●	●	●	●	●	●	●
Washington	●	●	●	●	●	●	●
West Virginia	●	●	●	●	●	●	●
Wisconsin	NA	NA	NA	NA	NA	NA	NA
Wyoming	NA	NA	NA	NA	NA	NA	NA

● Yes
○ No
NA Not Applicable¹

¹ NA indicates the state has not adopted goals, objectives, or expected outcomes for elementary school, middle school, or high school health education.

² “Do the goals and objectives adopted by your state for middle/junior high school health education specifically address the following topics: (a) comprehending concepts related to health promotion and disease prevention, (b) accessing valid health information and health-promoting products and services, (c) analyzing the influence of culture, media, technology, and other factors on health, (d) practicing health-enhancing behaviors and reducing health risks, (e) using interpersonal communication skills to enhance health, (f) using goal-setting and decision-making skills to enhance health, or (g) advocating for personal, family, and community health?” (State Health Education Questionnaire, Items 16a-g)

Table 1.3.3
States with Health Education Standards or Guidelines Based on the *National Health Education Standards*, and States with Goals and Objectives for Health Education That Address Specific Topics, by School Level

	Addresses Topic in Goals and Objectives Adopted for High School Health Education ²						
	Accessing Valid Health Information and Health-Promoting Products and Services	Advocating for Personal, Family, and Community Health	Analyzing Influence of Culture, Media, and Technology on Health	Comprehending Concepts Related to Health Promotion and Disease Prevention	Practicing Health-Enhancing Behaviors and Reducing Health Risks	Using Goal-Setting and Decision-Making Skills	Using Interpersonal Communication Skills
Alabama	●	●	●	●	●	●	●
Alaska	NA	NA	NA	NA	NA	NA	NA
Arizona	●	●	●	●	●	●	●
Arkansas	NA	NA	NA	NA	NA	NA	NA
California	NA	NA	NA	NA	NA	NA	NA
Colorado	NA	NA	NA	NA	NA	NA	NA
Connecticut	●	●	●	●	●	●	●
Delaware	●	●	●	●	●	●	●
District of Columbia	●	●	●	●	●	●	●
Florida	●	●	●	●	●	●	●
Georgia	●	●	●	●	●	●	●
Hawaii	●	●	●	●	●	●	●
Idaho	●	●	●	●	●	●	●
Illinois	●	●	●	●	●	●	●
Indiana	●	●	●	●	●	●	●
Iowa	NA	NA	NA	NA	NA	NA	NA
Kansas	●	●	●	●	●	●	●
Kentucky	●	●	●	●	●	●	●
Louisiana	●	●	●	●	●	●	●
Maine	●	●	●	●	●	●	●
Maryland	●	●	●	●	●	●	●
Massachusetts	○	○	○	●	●	○	○
Michigan	●	●	●	●	●	●	●
Minnesota	NA	NA	NA	NA	NA	NA	NA
Mississippi	●	●	●	●	●	●	●
Missouri	●	●	●	●	●	●	●
Montana	●	●	●	●	●	●	●
Nebraska	●	●	●	●	●	●	●
Nevada	●	●	●	●	●	●	●
New Hampshire	●	●	●	●	●	●	●
New Jersey	●	●	●	●	●	●	●
New Mexico	●	●	●	●	●	●	●

● Yes
○ No
NA Not Applicable¹

Table 1.3.3
States with Health Education Standards or Guidelines Based on the *National Health Education Standards*, and States with Goals and Objectives for Health Education That Address Specific Topics, by School Level

	Addresses Topic in Goals and Objectives Adopted for High School Health Education ²						
	Accessing Valid Health Information and Health-Promoting Products and Services	Advocating for Personal, Family, and Community Health	Analyzing Influence of Culture, Media, and Technology on Health	Comprehending Concepts Related to Health Promotion and Disease Prevention	Practicing Health-Enhancing Behaviors and Reducing Health Risks	Using Goal-Setting and Decision-Making Skills	Using Interpersonal Communication Skills
New York	●	●	●	●	●	●	●
North Carolina	●	●	●	●	●	●	●
North Dakota	NA	NA	NA	NA	NA	NA	NA
Ohio	NA	NA	NA	NA	NA	NA	NA
Oklahoma	●	●	●	●	●	●	●
Oregon	●	●	●	●	●	●	●
Pennsylvania	●	●	●	●	●	●	●
Rhode Island	●	●	●	●	●	●	●
South Carolina	●	●	●	●	●	●	●
South Dakota	●	●	●	●	●	●	●
Tennessee	●	●	●	●	●	●	●
Texas	●	●	●	●	●	●	●
Utah	●	●	●	●	●	●	●
Vermont	●	●	●	●	●	●	●
Virginia	●	●	●	●	●	●	●
Washington	●	●	●	●	●	●	●
West Virginia	●	●	●	●	●	●	●
Wisconsin	NA	NA	NA	NA	NA	NA	NA
Wyoming	NA	NA	NA	NA	NA	NA	NA

● Yes
○ No
NA Not Applicable¹

¹ NA indicates the state has not adopted goals, objectives, or expected outcomes for elementary school, middle school, or high school health education.

² “Do the goals and objectives adopted by your state for senior high school health education specifically address the following topics: (a) comprehending concepts related to health promotion and disease prevention, (b) accessing valid health information and health-promoting products and services, (c) analyzing the influence of culture, media, technology, and other factors on health, (d) practicing health-enhancing behaviors and reducing health risks, (e) using interpersonal communication skills to enhance health, (f) using goal-setting and decision-making skills to enhance health, or (g) advocating for personal, family, and community health?” (State Health Education Questionnaire, Items 23a-g)

Table 1.4
States That Require Elementary Schools to Teach Health Topics, by Topic¹

	Alcohol- or Other Drug-Use Prevention	Asthma Awareness	Emotional and Mental Health	Foodborne Illness Prevention	HIV Prevention	Human Sexuality	Injury Prevention and Safety	Nutrition and Dietary Behavior	Other STD Prevention	Physical Activity and Fitness	Pregnancy Prevention	Suicide Prevention	Tobacco-Use Prevention	Violence Prevention
Alabama	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Alaska	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arizona	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arkansas	○	○	○	○	○	○	●	●	○	●	○	○	○	○
California	●	○	●	○	○	○	●	●	○	○	○	○	●	○
Colorado	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Connecticut	●	○	●	○	●	●	●	●	○	●	○	●	●	●
Delaware	●	○	●	●	●	●	●	●	●	●	●	●	●	●
District of Columbia	●	●	●	○	●	○	●	●	●	●	○	●	●	●
Florida	●	○	●	○	●	●	●	●	●	○	●	●	○	●
Georgia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Hawaii	●	○	●	○	●	●	●	●	●	●	○	○	●	●
Idaho	●	●	●	●	○	●	●	●	○	●	○	○	●	●
Illinois	●	○	●	○	●	●	●	●	●	●	●	●	●	●
Indiana	●	○	●	○	●	●	●	●	●	○	○	○	●	●
Iowa	●	○	○	●	○	●	○	●	●	○	○	●	●	○
Kansas	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Kentucky	●	●	●	○	○	○	●	●	○	●	○	○	●	●
Louisiana	●	○	●	●	○	○	●	●	○	○	○	○	●	●
Maine	●	○	●	○	○	●	●	●	○	●	○	○	●	●
Maryland	●	●	●	●	●	●	●	●	○	●	○	●	●	●
Massachusetts	●	○	●	○	●	●	●	●	●	●	●	●	●	●
Michigan	●	○	●	●	●	○	●	●	○	●	○	○	●	●
Minnesota	○	○	○	○	●	○	○	○	●	○	●	○	○	○
Mississippi	○	○	○	○	○	○	○	○	○	●	●	○	○	○
Missouri	●	○	○	○	●	○	○	○	○	○	○	○	●	○
Montana	●	○	●	○	●	●	●	●	○	●	○	●	●	●
Nebraska	●	●	○	○	○	○	○	●	○	●	○	○	●	○
Nevada	●	○	○	●	●	●	●	●	●	●	●	●	●	●
New Hampshire	●	○	●	○	●	○	●	●	○	●	○	○	○	○
New Jersey	●	●	●	●	●	●	●	●	●	○	●	●	●	●

Table 1.4
States That Require Elementary Schools to Teach Health Topics, by Topic¹

	Alcohol- or Other Drug-Use Prevention	Asthma Awareness	Emotional and Mental Health	Foodborne Illness Prevention	HIV Prevention	Human Sexuality	Injury Prevention and Safety	Nutrition and Dietary Behavior	Other STD Prevention	Physical Activity and Fitness	Pregnancy Prevention	Suicide Prevention	Tobacco-Use Prevention	Violence Prevention
New Mexico	●	●	●	○	●	●	●	●	●	●	●	●	●	●
New York	●	○	●	○	●	○	●	●	●	●	○	●	●	●
North Carolina	●	●	●	●	●	●	●	●	○	●	○	●	●	●
North Dakota	●	○	○	○	○	○	○	○	○	○	○	○	●	○
Ohio	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Oklahoma	○	○	○	○	○	○	○	○	○	○	○	○	○	●
Oregon	●	○	○	○	○	○	●	○	○	○	○	○	●	○
Pennsylvania	●	●	●	●	●	●	●	●	●	●	○	○	●	●
Rhode Island	●	●	●	●	●	●	●	●	●	●	●	●	●	●
South Carolina	●	●	●	○	●	○	●	●	○	●	○	●	●	○
South Dakota	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Tennessee	●	○	●	○	●	●	●	●	●	●	○	●	●	●
Texas	●	●	●	●	○	○	●	●	○	●	○	●	●	●
Utah	●	○	●	●	●	●	●	●	●	●	○	●	●	●
Vermont	●	○	●	○	●	●	●	●	○	●	○	○	●	●
Virginia	●	●	●	●	●	●	●	●	●	●	●	○	●	●
Washington	●	○	●	○	●	○	●	●	○	●	○	○	●	●
West Virginia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Wisconsin	○	○	○	○	●	○	○	○	○	○	○	○	○	○
Wyoming	○	●	●	○	○	○	○	○	○	○	○	○	○	○

¹ “Has your state adopted a policy stating that elementary schools will teach about: (a) alcohol or other drug use prevention, (b) tobacco use prevention, (c) nutrition and dietary behavior, (d) physical activity and fitness, that is classroom instruction, not a physical education period, (e) pregnancy prevention, (f) HIV or human immunodeficiency virus prevention, (g) other STD or sexually transmitted disease prevention, (h) human sexuality, (i) emotional and mental health, (j) suicide prevention, (k) violence prevention, for example bullying, fighting, or homicide, (l) injury prevention and safety, (m) asthma awareness, or (n) foodborne illness prevention?” (State Health Education Questionnaire, Items 10a-n)

**Table 1.5
States That Require Middle Schools to Teach Health Topics, by Topic¹**

	Alcohol- or Other Drug-Use Prevention	Asthma Awareness	Emotional and Mental Health	Foodborne Illness Prevention	HIV Prevention	Human Sexuality	Injury Prevention and Safety	Nutrition and Dietary Behavior	Other STD Prevention	Physical Activity and Fitness	Pregnancy Prevention	Suicide Prevention	Tobacco-Use Prevention	Violence Prevention
Alabama	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Alaska	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arizona	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arkansas	○	○	○	○	○	○	●	●	○	●	○	○	○	●
California	●	○	●	○	●	○	●	●	○	○	○	○	●	●
Colorado	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Connecticut	●	○	●	○	●	●	●	●	●	●	●	●	●	●
Delaware	●	○	●	○	●	●	●	●	●	●	●	●	●	●
District of Columbia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Florida	●	○	●	○	●	●	●	●	●	○	●	●	○	●
Georgia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Hawaii	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Idaho	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Illinois	●	○	●	○	●	●	●	●	●	●	●	●	●	●
Indiana	●	○	●	○	●	●	●	●	●	●	○	○	●	●
Iowa	●	○	●	○	●	●	●	●	●	○	○	○	●	○
Kansas	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Kentucky	●	●	●	○	●	●	●	●	●	●	●	○	●	●
Louisiana	●	○	●	●	○	○	●	○	○	○	○	●	●	●
Maine	●	○	●	○	○	●	●	●	○	○	○	○	●	●
Maryland	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Massachusetts	●	○	●	○	●	●	●	●	●	●	●	●	●	●
Michigan	●	○	●	●	●	○	●	●	○	●	○	●	●	●
Minnesota	○	○	○	○	●	○	○	○	●	○	●	○	○	○
Mississippi	○	○	○	○	○	○	○	○	○	○	●	○	○	○
Missouri	●	○	○	○	●	○	○	○	○	○	○	○	●	○
Montana	●	●	●	●	●	●	●	●	●	●	○	●	●	●
Nebraska	●	●	○	○	●	○	●	●	●	●	●	○	●	○
Nevada	●	○	○	●	●	●	●	●	●	●	●	●	●	●
New Hampshire	●	○	●	○	●	○	●	●	○	●	○	○	○	○
New Jersey	●	●	●	●	●	●	●	●	●	○	●	●	●	●

● Yes
○ No

**Table 1.5
States That Require Middle Schools to Teach Health Topics, by Topic¹**

	Alcohol- or Other Drug-Use Prevention	Asthma Awareness	Emotional and Mental Health	Foodborne Illness Prevention	HIV Prevention	Human Sexuality	Injury Prevention and Safety	Nutrition and Dietary Behavior	Other STD Prevention	Physical Activity and Fitness	Pregnancy Prevention	Suicide Prevention	Tobacco-Use Prevention	Violence Prevention
● Yes														
○ No														
New Mexico	●	●	●	●	●	●	●	●	●	●	●	●	●	●
New York	●	○	●	●	●	●	●	●	●	●	●	●	●	●
North Carolina	●	●	●	○	●	●	●	●	●	●	●	●	●	●
North Dakota	●	○	○	○	○	○	○	○	○	○	○	○	●	○
Ohio	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Oklahoma	●	○	○	○	●	○	○	○	○	○	○	○	○	●
Oregon	●	○	○	○	●	○	●	○	●	○	●	○	●	○
Pennsylvania	●	○	●	●	●	●	●	●	●	●	●	○	●	●
Rhode Island	●	●	●	●	●	●	●	●	●	●	●	●	●	●
South Carolina	●	●	●	○	●	●	●	●	●	●	●	●	●	●
South Dakota	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Tennessee	●	○	●	○	●	●	●	●	●	●	●	●	●	●
Texas	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Utah	●	○	●	●	●	●	●	●	●	●	●	●	●	●
Vermont	●	○	●	●	●	●	●	●	●	●	●	●	●	●
Virginia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Washington	●	○	●	○	●	●	●	●	●	●	●	○	●	●
West Virginia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Wisconsin	○	○	●	○	●	●	○	○	●	○	●	●	○	○
Wyoming	○	●	●	○	○	○	○	○	○	○	○	○	○	○

¹ “Has your state adopted a policy stating that middle or junior high schools will teach about: (a) alcohol or other drug use prevention, (b) tobacco use prevention, (c) nutrition and dietary behavior, (d) physical activity and fitness, that is classroom instruction, not a physical education period, (e) pregnancy prevention, (f) HIV or human immunodeficiency virus prevention, (g) other STD or sexually transmitted disease prevention, (h) human sexuality, (i) emotional and mental health, (j) suicide prevention, (k) violence prevention, for example bullying, fighting, or homicide, (l) injury prevention and safety, (m) asthma awareness, or (n) foodborne illness prevention?” (State Health Education Questionnaire, Items 17a-n)

Table 1.6
States That Require High Schools to Teach Health Topics, by Topic¹

	Alcohol- or Other Drug-Use Prevention	Asthma Awareness	Emotional and Mental Health	Foodborne Illness Prevention	HIV Prevention	Human Sexuality	Injury Prevention and Safety	Nutrition and Dietary Behavior	Other STD Prevention	Physical Activity and Fitness	Pregnancy Prevention	Suicide Prevention	Tobacco-Use Prevention	Violence Prevention
Alabama	●	○	●	●	●	●	●	●	●	●	●	●	●	●
Alaska	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arizona	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arkansas	○	○	○	○	○	○	●	●	○	●	○	○	○	●
California	●	○	○	○	○	○	○	○	○	○	○	○	○	○
Colorado	●	○	○	○	○	○	○	○	○	○	○	○	○	○
Connecticut	●	○	●	○	●	○	○	○	●	●	●	●	●	●
Delaware	●	●	●	●	●	●	●	●	●	●	●	●	●	●
District of Columbia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Florida	●	○	●	○	●	●	○	●	○	●	●	○	○	●
Georgia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Hawaii	●	○	●	●	●	●	●	●	●	●	●	○	●	●
Idaho	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Illinois	●	○	●	○	●	●	●	●	●	●	●	●	●	●
Indiana	●	○	●	○	●	●	●	●	●	●	○	○	●	●
Iowa	●	○	●	○	●	●	○	●	●	○	○	○	●	○
Kansas	○	○	○	○	○	●	○	○	○	○	○	○	○	○
Kentucky	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Louisiana	●	○	○	○	○	○	●	●	○	●	○	○	○	●
Maine	●	○	●	○	●	●	●	●	●	●	●	○	●	●
Maryland	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Massachusetts	●	○	●	○	●	●	●	●	●	●	●	●	●	●
Michigan	●	●	●	○	●	○	●	●	○	●	○	●	●	●
Minnesota	○	○	○	○	●	○	○	○	●	○	●	○	○	○
Mississippi	●	○	●	○	○	○	●	●	○	○	●	○	●	○
Missouri	●	○	○	○	●	○	○	○	○	○	○	○	●	○
Montana	●	●	●	●	●	●	●	●	●	●	○	●	●	●
Nebraska	●	●	○	○	○	○	○	●	○	●	○	○	●	○
Nevada	●	○	●	●	●	○	●	●	●	●	●	●	●	●
New Hampshire	●	○	●	○	●	○	●	●	○	●	○	○	○	○

Table 1.6
States That Require High Schools to Teach Health Topics, by Topic¹

	Alcohol- or Other Drug-Use Prevention	Asthma Awareness	Emotional and Mental Health	Foodborne Illness Prevention	HIV Prevention	Human Sexuality	Injury Prevention and Safety	Nutrition and Dietary Behavior	Other STD Prevention	Physical Activity and Fitness	Pregnancy Prevention	Suicide Prevention	Tobacco-Use Prevention	Violence Prevention
● Yes														
○ No														
New Jersey	●	●	●	●	●	●	●	●	●	○	●	●	●	●
New Mexico	●	●	●	●	●	●	●	●	●	●	●	●	●	●
New York	●	○	●	●	●	○	●	●	●	●	●	●	●	●
North Carolina	●	○	●	○	●	●	●	●	●	●	●	●	●	●
North Dakota	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Ohio	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Oklahoma	●	○	○	○	●	○	○	○	○	○	○	○	○	●
Oregon	●	○	○	○	●	○	●	○	●	○	●	○	●	○
Pennsylvania	●	○	●	●	●	●	●	●	●	●	●	○	●	●
Rhode Island	●	●	●	●	●	●	●	●	●	●	●	●	●	●
South Carolina	●	●	●	○	●	●	●	●	●	●	●	●	●	●
South Dakota	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Tennessee	●	○	●	●	●	●	●	●	●	●	●	●	●	●
Texas	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Utah	●	○	●	●	●	●	●	●	●	●	●	●	●	●
Vermont	●	○	●	●	●	●	●	●	●	●	●	●	●	●
Virginia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Washington	●	○	●	○	●	●	●	●	●	●	●	●	●	●
West Virginia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Wisconsin	○	○	●	○	●	●	○	○	●	○	●	●	○	○
Wyoming	○	○	○	○	○	○	○	○	○	○	○	○	○	○

¹ "Has your state adopted a policy stating that senior high schools will teach about: (a) alcohol or other drug use prevention, (b) tobacco use prevention, (c) nutrition and dietary behavior, (d) physical activity and fitness, that is classroom instruction, not a physical education period, (e) pregnancy prevention, (f) HIV or human immunodeficiency virus prevention, (g) other STD or sexually transmitted disease prevention, (h) human sexuality, (i) emotional and mental health, (j) suicide prevention, (k) violence prevention, for example bullying, fighting, or homicide, (l) injury prevention and safety, (m) asthma awareness, or (n) foodborne illness prevention?" (State Health Education Questionnaire, Items 24a-n)

Table 1.7
States That Require Students to Be Tested on Health Topics, by School Level¹

● Yes
○ No

	Elementary Schools	Middle Schools	High Schools
Alabama	○	○	○
Alaska	○	○	○
Arizona	○	○	○
Arkansas	○	○	○
California	○	○	○
Colorado	○	○	○
Connecticut	○	○	○
Delaware	○	○	○
District of Columbia	○	○	○
Florida	○	○	○
Georgia	○	○	○
Hawaii	○	○	○
Idaho	●	●	●
Illinois	○	○	○
Indiana	○	○	○
Iowa	○	○	○
Kansas	○	○	○
Kentucky	●	●	●
Louisiana	○	○	○
Maine	●	●	●
Maryland	○	○	○
Massachusetts	○	○	○
Michigan	○	○	○
Minnesota	○	○	○
Mississippi	○	○	○
Missouri	●	●	●
Montana	○	○	○
Nebraska	○	○	○
Nevada	○	○	○
New Hampshire	○	○	○
New Jersey	○	○	○
New Mexico	○	○	○
New York	○	○	○
North Carolina	○	○	○
North Dakota	○	○	○
Ohio	○	○	○
Oklahoma	○	○	○
Oregon	○	○	○
Pennsylvania	●	●	●

Table 1.7
States That Require Students to Be Tested on Health Topics, by School Level¹

- Yes
- No

	Elementary Schools	Middle Schools	High Schools
Rhode Island	●	●	●
South Carolina	●	●	●
South Dakota	○	○	○
Tennessee	○	○	○
Texas	○	○	○
Utah	●	●	●
Vermont	●	●	●
Virginia	○	○	○
Washington	●	●	●
West Virginia	○	●	●
Wisconsin	○	○	○
Wyoming	○	○	○

¹ "Has your state adopted a policy stating that elementary, middle/junior high, and senior high school students will be tested on health topics?" (State Health Education Questionnaire, Items 29a–c)

Table 1.8
States That Require or Recommend That Districts or Schools Use One
Particular Curriculum for Health Education, by School Level¹

	Elementary Schools	Middle Schools	High Schools
Alabama	○	○	○
Alaska	○	○	○
Arizona	○	○	○
Arkansas	○	○	○
California	○	○	○
Colorado	○	○	○
Connecticut	○	○	○
Delaware	◐	◐	◐
District of Columbia	◐	◐	◐
Florida	○	○	○
Georgia	●	●	●
Hawaii	◐	○	○
Idaho	◐	○	○
Illinois	○	○	○
Indiana	○	○	○
Iowa	○	○	○
Kansas	○	○	○
Kentucky	○	○	○
Louisiana	○	○	○
Maine	○	○	○
Maryland	○	○	○
Massachusetts	○	○	○
Michigan	◐	◐	◐
Minnesota	○	○	○
Mississippi	●	●	●
Missouri	○	○	○
Montana	○	○	○
Nebraska	○	○	○
Nevada	○	○	○
New Hampshire	○	○	○
New Jersey	○	○	○
New Mexico	○	○	○
New York	○	○	○
North Carolina	●	●	●
North Dakota	○	○	○

Table 1.8
States That Require or Recommend That Districts or Schools Use One Particular Curriculum for Health Education, by School Level¹

	Elementary Schools	Middle Schools	High Schools
● Requires			
◐ Recommends			
○ Neither Requires nor Recommends			
Ohio	○	○	○
Oklahoma	○	○	○
Oregon	○	○	○
Pennsylvania	○	○	○
Rhode Island	◐	◐	◐
South Carolina	○	○	○
South Dakota	○	○	○
Tennessee	●	●	●
Texas	○	○	○
Utah	◐	●	●
Vermont	○	○	○
Virginia	○	○	○
Washington	○	○	○
West Virginia	○	○	○
Wisconsin	○	○	○
Wyoming	○	○	○

¹ "Does your state require or recommend that districts or schools use one particular curriculum for elementary, middle/junior high, and senior high school health education?" (State Health Education Questionnaire, Items 11,18, and 25)

Table 1.9
States That Provided Information or Materials for Health Education During the Past Two Years at
Each School Level, by Type of Information or Materials¹

	Elementary Schools						Middle Schools						High Schools					
	Chart Describing Scope and Sequence of Instruction	Curriculum	Lessons Plans or Learning Activities	List of Recommended Curricula	List of Recommended Textbooks	Plans for How to Assess or Evaluate Students	Chart Describing Scope and Sequence of Instruction	Curriculum	Lessons Plans or Learning Activities	List of Recommended Curricula	List of Recommended Textbooks	Plans for How to Assess or Evaluate Students	Chart Describing Scope and Sequence of Instruction	Curriculum	Lessons Plans or Learning Activities	List of Recommended Curricula	List of Recommended Textbooks	Plans for How to Assess or Evaluate Students
Alabama	●	●	●	●	●	○	●	●	●	●	●	●	○	●	●	●	●	○
Alaska	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arizona	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Arkansas	○	○	○	○	○	○	○	○	○	○	●	○	○	○	○	○	●	○
California	●	○	○	○	●	○	●	○	○	○	○	○	○	○	○	○	○	○
Colorado	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Connecticut	●	●	●	●	○	●	●	●	●	●	○	●	●	●	●	●	○	●
Delaware	●	●	●	●	○	●	●	●	●	●	●	●	●	●	●	●	●	●
District of Columbia	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Florida	○	○	○	●	●	○	○	○	○	●	●	○	○	○	○	●	●	○
Georgia	○	●	●	●	●	○	○	●	●	●	●	●	○	●	●	●	●	○
Hawaii	●	●	●	●	○	●	●	●	●	●	●	●	●	●	●	●	●	●
Idaho	○	●	○	○	●	●	●	●	○	○	○	●	○	●	●	●	●	●
Illinois	●	○	○	○	○	●	●	○	○	○	○	●	●	○	○	●	○	●
Indiana	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Iowa	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Kansas	○	○	●	○	○	●	○	○	●	○	○	●	○	○	●	○	○	●
Kentucky	○	○	●	○	●	●	○	○	●	○	●	●	○	○	●	○	●	●
Louisiana	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Maine	●	●	●	●	○	●	●	●	●	●	○	●	●	●	●	●	○	●
Maryland	●	●	●	○	○	●	●	●	●	○	○	●	●	●	●	○	○	●
Massachusetts	○	○	○	○	○	●	○	○	○	○	○	●	○	○	○	○	○	●
Michigan	●	●	●	●	○	●	●	●	●	●	○	●	●	●	●	●	○	●
Minnesota	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Mississippi	●	●	●	○	●	●	●	●	●	○	●	●	●	●	●	○	●	●
Missouri	●	○	○	○	○	●	●	○	○	○	○	●	●	○	○	○	○	●
Montana	●	●	●	○	○	●	●	●	●	○	○	●	●	●	●	○	○	●
Nebraska	●	●	○	●	●	○	○	○	●	●	●	○	○	○	●	●	●	○
Nevada	●	○	●	●	●	○	●	○	●	●	●	○	●	○	●	●	●	○

● Yes
○ No
? Incomplete Data

Table 1.9
States That Provided Information or Materials for Health Education During the Past Two Years at
Each School Level, by Type of Information or Materials¹

	Elementary Schools						Middle Schools						High Schools					
	Chart Describing Scope and Sequence of Instruction	Curriculum	Lessons Plans or Learning Activities	List of Recommended Curricula	List of Recommended Textbooks	Plans for How to Assess or Evaluate Students	Chart Describing Scope and Sequence of Instruction	Curriculum	Lessons Plans or Learning Activities	List of Recommended Curricula	List of Recommended Textbooks	Plans for How to Assess or Evaluate Students	Chart Describing Scope and Sequence of Instruction	Curriculum	Lessons Plans or Learning Activities	List of Recommended Curricula	List of Recommended Textbooks	Plans for How to Assess or Evaluate Students
New Hampshire	●	○	○	○	○	●	●	○	○	○	○	●	●	○	○	○	○	●
New Jersey	○	○	●	●	○	●	○	○	●	●	○	●	○	○	●	●	○	●
New Mexico	●	○	●	●	●	○	●	○	●	●	●	●	○	○	●	●	●	●
New York	●	○	○	○	○	●	●	○	○	○	○	●	○	○	○	○	○	●
North Carolina	●	●	●	○	●	●	●	●	●	○	●	●	●	●	○	●	●	●
North Dakota	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Ohio	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Oklahoma	○	○	○	○	●	○	○	○	○	○	○	○	○	○	○	○	●	○
Oregon	●	○	○	●	○	●	●	○	○	●	●	●	○	○	○	●	●	●
Pennsylvania	○	○	●	●	○	●	○	○	●	○	○	●	○	○	●	○	○	●
Rhode Island	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
South Carolina	●	●	○	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
South Dakota	○	●	●	●	○	●	○	●	●	●	○	●	○	●	●	○	●	●
Tennessee	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Texas	○	○	○	○	●	○	○	○	○	○	○	○	○	○	○	○	●	○
Utah	●	●	●	●	●	●	○	●	●	●	●	●	○	●	●	●	●	●
Vermont	○	○	○	●	○	●	○	○	●	●	○	●	○	○	●	●	○	●
Virginia	●	○	●	○	●	○	●	●	○	○	○	○	○	○	○	○	○	○
Washington	●	●	○	○	○	●	●	●	○	○	○	●	○	○	○	○	○	○
West Virginia	●	○	●	●	●	●	●	○	●	●	●	●	○	○	○	○	○	○
Wisconsin	○	○	●	○	○	●	○	○	●	●	○	○	○	○	○	○	○	○
Wyoming	○	○	●	○	○	●	○	○	○	○	○	○	○	○	○	○	○	○

- Yes
- No
- ? Incomplete Data

¹ "During the past 2 years, has your state provided any of the following information or materials for elementary, middle/junior high, or senior high school health education: (a) a list of one or more recommended health education curricula, (b) a list of one or more recommended health education textbooks, (c) a health education curriculum, (d) a chart describing the scope and sequence of instruction for health education (e) lesson plans or learning activities for health education, or (f) plans for how to assess or evaluate students in health education?" (State Health Education Questionnaire, Items 13a-f, 20a-f, and 27a-f)

Table 1.10
States with Specified Time Requirements for Health Education,¹ by School Level

	Elementary Schools	Middle Schools	High Schools
● Yes			
○ No			
Alabama	●	●	○
Alaska	○	○	○
Arizona	○	○	○
Arkansas	○	○	●
California	○	○	○
Colorado	○	○	○
Connecticut	○	○	○
Delaware	●	●	●
District of Columbia	○	●	●
Florida	○	○	●
Georgia	●	○	●
Hawaii	●	○	●
Idaho	○	●	●
Illinois	○	●	●
Indiana	●	●	●
Iowa	○	○	●
Kansas	○	○	○
Kentucky	○	○	●
Louisiana	●	●	●
Maine	○	○	●
Maryland	○	○	●
Massachusetts	○	○	○
Michigan	○	○	○
Minnesota	○	○	○
Mississippi	○	○	●
Missouri	○	●	●
Montana	○	●	●
Nebraska	○	○	●
Nevada	○	●	●
New Hampshire	○	○	○
New Jersey	●	●	●
New Mexico	○	○	○
New York	○	○	○
North Carolina	○	○	●
North Dakota	●	●	●
Ohio	○	○	○
Oklahoma	○	○	○
Oregon	○	○	●

Table 1.10
States with Specified Time Requirements for Health Education,¹ by School Level

	Elementary Schools	Middle Schools	High Schools
● Yes			
○ No			
Pennsylvania	○	○	○
Rhode Island	●	●	●
South Carolina	●	●	●
South Dakota	○	○	●
Tennessee	○	○	●
Texas	○	○	○
Utah	○	●	●
Vermont	○	○	○
Virginia	○	○	●
Washington	○	○	●
West Virginia	○	○	●
Wisconsin	○	○	●
Wyoming	○	○	○

¹ "In your state, are there specified time requirements for health education at elementary, middle/junior high, and senior high school levels?" (State Health Education Questionnaire, Items 14, 21, and 28)

Table 1.11
States That Require Newly Hired Health Education Teachers to Have
Undergraduate or Graduate Training in Health Education,¹ by School Level

	Elementary Schools	Middle Schools	High Schools
Alabama	○	○	●
Alaska	○	○	○
Arizona	○	○	●
Arkansas	○	●	●
California	●	○	○
Colorado	○	○	○
Connecticut	○	●	●
Delaware	○	●	●
District of Columbia	●	●	●
Florida	●	○	●
Georgia	●	●	●
Hawaii	●	●	●
Idaho	○	●	●
Illinois	○	●	●
Indiana	○	●	●
Iowa	●	●	●
Kansas	○	○	○
Kentucky	○	●	●
Louisiana	○	●	●
Maine	●	●	●
Maryland	○	○	○
Massachusetts	●	●	●
Michigan	○	●	●
Minnesota	●	●	●
Mississippi	○	○	○
Missouri	○	●	●
Montana	●	●	●
Nebraska	○	●	●
Nevada	○	●	●
New Hampshire	●	●	●
New Jersey	○	●	●
New Mexico	○	●	●
New York	○	●	●
North Carolina	○	●	●

Table 1.11
States That Require Newly Hired Health Education Teachers to Have
Undergraduate or Graduate Training in Health Education,¹ by School Level

	Elementary Schools	Middle Schools	High Schools
● Yes			
○ No			
North Dakota	●	●	●
Ohio	○	○	○
Oklahoma	●	●	●
Oregon	○	○	○
Pennsylvania	●	●	●
Rhode Island	●	●	●
South Carolina	○	○	○
South Dakota	○	○	○
Tennessee	○	○	●
Texas	●	●	●
Utah	●	●	●
Vermont	○	●	●
Virginia	●	●	●
Washington	○	●	●
West Virginia	●	●	●
Wisconsin	○	●	●
Wyoming	○	●	●

¹ "Has your state adopted a policy stating that newly hired staff who teach health education at the elementary, middle/junior high, and senior high school levels will have undergraduate or graduate training in health education?" (State Health Education Questionnaire, Items 30a-c)

Table 1.12
States That Require Newly Hired Health Education Teachers to be Certified, Licensed, or
Endorsed by the State,² by School Level

	Elementary Schools	Middle Schools	High Schools
Alabama	●	●	●
Alaska	○	○	○
Arizona	NA	NA	NA
Arkansas	○	○	○
California	NA	●	●
Colorado	○	○	○
Connecticut	○	●	●
Delaware	○	●	●
District of Columbia	●	●	●
Florida	○	○	●
Georgia	●	●	●
Hawaii	●	●	●
Idaho	○	●	●
Illinois	NA	●	●
Indiana	○	●	●
Iowa	●	●	●
Kansas	○	○	○
Kentucky	○	●	●
Louisiana	NA	●	●
Maine	●	●	●
Maryland	○	○	●
Massachusetts	●	●	●
Michigan	●	●	●
Minnesota	●	●	●
Mississippi	○	○	●
Missouri	●	●	●
Montana	NA	NA	NA
Nebraska	NA	●	●
Nevada	○	●	●
New Hampshire	●	●	●
New Jersey	○	●	●
New Mexico	○	●	●
New York	○	●	●
North Carolina	○	●	●
North Dakota	●	●	●
Ohio	●	●	●
Oklahoma	NA	NA	NA

- Yes
- No
- ? Incomplete Data
- NA Not Applicable¹

Table 1.12
States That Require Newly Hired Health Education Teachers to be Certified, Licensed, or
Endorsed by the State², by School Level

	Elementary Schools	Middle Schools	High Schools
● Yes			
○ No			
? Incomplete Data			
NA Not Applicable ¹			
Oregon	○	●	●
Pennsylvania	●	●	●
Rhode Island	●	●	●
South Carolina	○	○	○
South Dakota	○	○	○
Tennessee	NA	●	●
Texas	●	●	●
Utah	●	●	●
Vermont	○	●	●
Virginia	○	●	●
Washington	○	●	●
West Virginia	○	●	●
Wisconsin	○	○	●
Wyoming	○	●	●

¹ NA indicates that the state does not offer certification, licensure, or endorsement to newly hired staff who teach health education at that school level.

² "Has your state adopted a policy stating that newly hired staff who teach health education at each of the following levels will be certified, licensed, or endorsed by the state to teach health education: (a) elementary school, (b) middle/junior high school, and (c) senior high school?" (State Health Education Questionnaire, Items 34a-c)

Table 1.13
States That Offer Certification, Licensure, or Endorsement for
Health Education (HED) Teachers, by Type¹

● Yes
○ No

	Combined HED and Physical Education for Grades K-12	Combined HED and Physical Education for Elementary School	Combined HED and Physical Education for Middle School	Combined HED and Physical Education for High School	HED for Grades K-12	HED for Elementary School	HED for Middle School	HED for High School
Alabama	○	○	○	○	●	○	●	●
Alaska	○	○	○	○	●	●	●	●
Arizona	○	○	○	○	○	○	○	○
Arkansas	●	●	●	●	○	○	○	○
California	○	○	○	○	●	●	●	●
Colorado	○	○	○	○	●	○	●	●
Connecticut	○	○	○	○	●	○	○	○
Delaware	○	○	●	●	○	○	●	●
District of Columbia	●	○	○	○	●	○	○	○
Florida	○	○	○	○	●	●	●	●
Georgia	●	●	●	●	●	●	●	●
Hawaii	○	○	○	○	●	●	●	●
Idaho	●	●	●	●	●	○	○	●
Illinois	○	○	○	○	○	○	●	●
Indiana	○	○	●	●	○	○	●	●
Iowa	○	○	○	○	○	○	○	○
Kansas	●	●	●	●	●	●	●	●
Kentucky	●	●	●	●	○	○	●	●
Louisiana	●	●	●	●	●	●	●	●
Maine	○	○	○	○	●	○	●	●
Maryland	●	○	○	○	●	○	○	○
Massachusetts	○	○	○	○	●	○	○	○
Michigan	○	○	●	●	●	○	●	●
Minnesota	○	○	○	○	○	○	●	●
Mississippi	○	○	○	○	○	○	●	●
Missouri	●	○	○	○	●	○	○	○
Montana	●	○	○	○	●	○	○	○
Nebraska	●	○	○	○	○	○	●	●
Nevada	●	○	●	●	○	○	●	●
New Hampshire	○	○	○	○	●	○	○	○
New Jersey	●	○	○	○	●	○	○	○
New Mexico	○	○	○	○	○	○	●	●
New York	●	●	●	●	○	○	●	●
North Carolina	○	○	○	○	●	○	○	○

Table 1.13
States That Offer Certification, Licensure, or Endorsement for
Health Education (HED) Teachers, by Type¹

	Combined HED and Physical Education for Grades K-12	Combined HED and Physical Education for Elementary School	Combined HED and Physical Education for Middle School	Combined HED and Physical Education for High School	HED for Grades K-12	HED for Elementary School	HED for Middle School	HED for High School
North Dakota	●	●	●	●	●	●	●	●
Ohio	○	○	○	○	●	○	○	○
Oklahoma	●	○	○	○	○	○	○	○
Oregon	○	○	○	○	○	○	●	●
Pennsylvania	●	○	○	○	●	○	○	○
Rhode Island	●	●	●	●	●	●	●	●
South Carolina	○	○	○	○	●	○	○	○
South Dakota	○	○	○	○	●	○	○	○
Tennessee	●	●	●	●	●	○	○	●
Texas	○	○	○	○	○	○	○	○
Utah	●	●	○	●	●	○	●	●
Vermont	○	○	○	○	●	●	●	●
Virginia	●	○	○	○	○	○	○	○
Washington	○	○	●	●	○	○	●	●
West Virginia	●	○	●	●	●	○	●	●
Wisconsin	○	○	○	○	●	○	○	○
Wyoming	●	●	●	●	●	●	●	●

● Yes
○ No

¹ “Does your state offer certification, licensure, or endorsement for: (a) health education for grades K-12, (b) health education for elementary school, (c) health education for middle/junior high school, (d) health education for senior high school, (e) combined health education and physical education for grades K-12, (f) combined health education and physical education for elementary school, (g) combined health education and physical education for middle/junior school, or (h) combined health education and physical education for senior high school?” (State Health Education Questionnaire, Items 33a-h)

Table 1.14

States That Provided Funding for Staff Development or Offered Staff Development on Health Education Topics to Health Education Teachers During the Past Two Years, by Topic¹

	Alcohol- or Other Drug-Use Prevention	Asthma Awareness	Emotional and Mental Health	Foodborne Illness Prevention	HIV Prevention	Human Sexuality	Injury Prevention and Safety	Nutrition and Dietary Behavior	Other STD Prevention	Physical Activity and Fitness	Pregnancy Prevention	Suicide Prevention	Tobacco-Use Prevention	Violence Prevention
Alabama	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Alaska	●	●	●	○	●	●	●	●	●	●	●	●	●	●
Arizona	●	●	●	●	●	●	○	●	●	○	●	●	●	○
Arkansas	○	○	○	○	●	○	○	○	●	○	●	○	○	○
California	●	●	●	●	●	●	○	●	●	●	●	●	●	●
Colorado	○	●	○	○	○	○	○	●	○	●	○	○	●	○
Connecticut	●	●	●	○	●	●	●	●	●	●	●	●	●	●
Delaware	●	●	●	○	●	●	●	●	●	●	●	●	●	●
District of Columbia	●	●	○	○	●	●	●	●	●	●	●	●	●	○
Florida	●	●	○	●	●	●	●	●	●	●	●	●	●	●
Georgia	●	○	○	○	●	○	●	○	●	○	○	○	●	●
Hawaii	●	●	○	○	●	●	●	●	●	●	●	○	●	●
Idaho	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Illinois	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Indiana	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Iowa	●	○	○	●	●	●	●	●	●	●	●	○	●	●
Kansas	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Kentucky	○	○	○	○	○	○	○	●	○	●	○	○	○	?
Louisiana	●	○	○	○	○	○	○	●	○	○	○	○	○	○
Maine	●	●	●	○	●	●	●	●	●	●	●	●	●	●
Maryland	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Massachusetts	●	●	○	○	●	○	○	●	●	●	●	●	○	●
Michigan	●	○	●	○	●	●	●	●	●	●	●	●	●	●
Minnesota	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Mississippi	●	○	○	○	○	○	●	●	○	●	○	○	●	●
Missouri	●	●	○	○	●	○	●	●	●	●	●	●	●	●
Montana	●	○	○	●	●	●	●	●	●	○	○	○	●	●
Nebraska	●	●	○	●	●	○	●	●	○	●	○	○	●	●
Nevada	●	○	○	●	●	●	●	●	●	●	●	●	●	●
New Hampshire	●	●	●	○	●	●	●	●	●	●	○	●	●	●
New Jersey	●	●	●	●	●	●	●	●	●	●	●	●	●	●

- Yes
- No
- ? Incomplete Data

Table 1.14

States That Provided Funding for Staff Development or Offered Staff Development on Health Education Topics to Health Education Teachers During the Past Two Years, by Topic¹

	Alcohol- or Other Drug-Use Prevention	Asthma Awareness	Emotional and Mental Health	Foodborne Illness Prevention	HIV Prevention	Human Sexuality	Injury Prevention and Safety	Nutrition and Dietary Behavior	Other STD Prevention	Physical Activity and Fitness	Pregnancy Prevention	Suicide Prevention	Tobacco-Use Prevention	Violence Prevention
New Mexico	●	○	●	●	●	●	●	●	●	●	●	●	●	●
New York	○	●	●	●	●	○	●	●	●	●	●	●	●	●
North Carolina	●	●	●	○	●	●	●	●	●	●	●	●	●	●
North Dakota	●	●	●	●	●	○	●	●	●	●	○	●	●	●
Ohio	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Oklahoma	●	●	●	○	●	○	●	●	○	●	○	●	●	●
Oregon	●	●	●	○	●	●	●	●	●	●	●	●	●	●
Pennsylvania	●	●	○	○	●	●	●	●	●	●	●	○	●	●
Rhode Island	●	●	●	●	●	●	●	●	●	●	●	●	●	●
South Carolina	●	●	●	○	●	●	●	●	●	●	●	○	●	●
South Dakota	●	●	●	●	●	●	●	●	●	●	○	●	●	●
Tennessee	●	○	●	○	●	●	●	●	●	●	●	●	●	●
Texas	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Utah	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Vermont	●	○	●	●	●	●	●	●	●	●	●	●	●	●
Virginia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Washington	●	○	●	○	●	○	●	●	●	●	●	●	●	●
West Virginia	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Wisconsin	●	●	●	○	●	●	●	●	●	●	●	●	●	●
Wyoming	●	○	○	○	●	●	○	●	●	●	●	○	●	●

● Yes
○ No
? Incomplete Data

¹ "During the past two years, has your state provided funding for or offered staff development on each of the following topics to those who teach health education? This might include workshops, conferences, continuing education, graduate courses, or any kind of in-service: (a) alcohol or other drug use prevention, (b) tobacco use prevention, (c) nutrition and dietary behavior (d) physical activity and fitness, (e) pregnancy prevention, (f) HIV or human immunodeficiency virus prevention, (g) other STD or sexually transmitted disease prevention, (h) human sexuality, (i) emotional and mental health, (j) suicide prevention, (k) violence prevention, for example bullying, fighting, or homicide, (l) injury prevention and safety, (m) asthma awareness, or (n) foodborne illness prevention?" (State Health Education Questionnaire, Items 38a-n)

Table 1.15
States That Provided Funding for Staff Development or Offered Staff Development on Teaching Methods to Health Education Teachers During the Past Two Years, by Method¹

	Assessing or Evaluating Students	Encouraging Family or Community Involvement	Teaching Skills for Behavior Change	Teaching Students of Various Cultural Backgrounds	Teaching Students with Limited English Proficiency	Teaching Students with Disabilities	Using Classroom Management Techniques	Using Interactive Teaching Methods
Alabama	●	●	●	○	○	○	●	●
Alaska	●	○	●	○	○	●	●	●
Arizona	○	●	●	○	○	○	●	●
Arkansas	●	○	○	○	○	○	○	○
California	●	●	●	●	●	●	●	●
Colorado	●	●	●	○	○	○	●	●
Connecticut	●	●	●	●	○	●	●	●
Delaware	●	●	●	●	○	○	●	●
District of Columbia	○	●	○	●	●	○	●	●
Florida	○	○	●	○	○	○	●	○
Georgia	○	○	○	○	○	○	○	○
Hawaii	●	●	●	●	●	●	●	●
Idaho	●	●	●	●	●	●	●	●
Illinois	●	○	●	○	○	○	●	●
Indiana	●	●	●	●	●	●	●	●
Iowa	●	●	●	●	●	●	●	●
Kansas	●	●	●	●	○	○	●	●
Kentucky	○	○	○	○	○	○	○	○
Louisiana	○	○	○	○	●	●	●	○
Maine	●	●	●	○	○	○	●	●
Maryland	●	●	●	●	○	●	●	●
Massachusetts	●	●	●	○	○	○	○	●
Michigan	●	●	●	○	○	●	●	●
Minnesota	●	●	●	●	○	●	●	●
Mississippi	●	●	●	○	○	○	●	●
Missouri	●	●	●	●	○	●	●	●
Montana	●	●	●	●	●	●	●	●
Nebraska	○	●	●	○	○	●	○	●
Nevada	○	●	●	●	●	●	●	●
New Hampshire	●	○	●	●	○	●	○	●
New Jersey	●	●	●	●	●	●	●	●
New Mexico	○	●	●	●	●	●	●	●
New York	●	●	●	○	○	●	●	●

- Yes
- No
- ? Incomplete Data

Table 1.15
States That Provided Funding for Staff Development or Offered Staff Development on Teaching Methods to Health Education Teachers During the Past Two Years, by Method¹

	Assessing or Evaluating Students	Encouraging Family or Community Involvement	Teaching Skills for Behavior Change	Teaching Students of Various Cultural Backgrounds	Teaching Students with Limited English Proficiency	Teaching Students with Disabilities	Using Classroom Management Techniques	Using Interactive Teaching Methods
North Carolina	●	●	●	●	○	○	○	●
North Dakota	○	●	●	●	○	●	●	○
Ohio	○	○	○	○	○	○	○	○
Oklahoma	○	●	●	○	○	○	●	●
Oregon	●	●	●	●	●	○	●	●
Pennsylvania	●	○	●	●	○	●	○	●
Rhode Island	●	●	●	●	●	●	●	●
South Carolina	●	●	●	●	○	●	●	●
South Dakota	●	●	●	●	○	●	●	●
Tennessee	○	○	○	○	○	○	○	○
Texas	○	○	○	○	?	○	○	○
Utah	●	●	●	●	●	●	●	●
Vermont	●	●	●	○	○	●	●	●
Virginia	●	●	●	●	●	●	●	●
Washington	●	○	●	●	●	●	○	●
West Virginia	●	●	●	●	●	●	●	●
Wisconsin	●	●	●	○	○	○	○	●
Wyoming	●	○	○	●	○	○	○	○

● Yes
○ No
? Incomplete Data

¹ “During the past two years, has your state provided any funding for or offered staff development on each of the following topics to those who teach health education: (a) teaching students with long-term physical, medical, or cognitive disabilities, (b) teaching students of various cultural backgrounds, (c) teaching students with limited English proficiency, (d) using interactive teaching methods, such as role plays or cooperative group activities, (e) encouraging family or community involvement, (f) teaching skills for behavior change, (g) using classroom management techniques, such as social skills training, environmental modification, conflict resolution and mediation, and behavior management, or (h) assessing or evaluation students in health education?” (State Health Education Questionnaire, Items 39a-h)