

Base Alameda

[HSWL Unit Training - Logistics](#)

Classroom Training

Applied Suicide Intervention Skills, Basic Life Support, Critical Incident Stress Management Peer, Sexual Assault Prevention and Response Peer, Transition Assistance Program, Unit Health Promotion Coordinator, Unit Ombudsman, Victim Advocate Peer and additionally, Pre-deployment Crew/Family Briefings, Work-life Balance Classes.

Schedule and location listed below.

Online Mandated General Military Training (GMT)

1) Sexual Assault Prevention/Response, 2) Sexual Harassment Prevention, 3) Substance Abuse Free Environment, and 4) Suicide Prevention – plus required one-time Influenza Training and Workplace Violence – All these courses are found at this [CG Portal link](#).

Funding

Individual Unit Command funds travel, lodging and per diem. There is not tuition fee.

Uniform

Classroom attire can include the Tropical Blue Uniform (Trops), Operational Dress Uniform (ODU), or casual civilian attire.

Register

Email requests to Eleanor.B.Cody@uscg.mil.

Include your name, rank/grade, unit/position, contact information (email/phone), prior related training, expected date of rotation from current assignment, and command endorsement. For the Critical Incident Stress Management Peer, Victim Advocate Peer and Unit Health Promotion Coordinator courses include a career history and past units.

Locations (Directions [Link](#))

- (1) Base Alameda Work-Life Division Conference Room, Building 16 (by Gym), Coast Guard Island, Alameda, CA 94501.
- (2) Base Alameda Gresham Hall, Building 4 (by Galley), Coast Guard Island, Alameda, CA 94501.
- (3) Each specific course will indicate location.

Lodging

The closest bank of hotels is along Embarcadero just outside the main gate of Coast Guard Island. Conduct an internet search for "hotels near embarcadero, Oakland, CA" for more information. Online map is found at this map [Link](#).