



Critical Incident Stress Management (CISM) Peer and Group Class Aug 2012

- Registration:** Register **by emailing** Eleanor Cody at Eleanor.B.Cody@uscg.mil with your name, unit, email address, and name of class you wish to attend.
- Location:** Base Alameda, CG Island, Alameda, California 94501
Building 04, Gresham Hall (by Galley).
- Logistics:** The closest bank of hotels is along Embarcadero just outside the main gate of Coast Guard Island. Conduct an internet search for “hotels near embarcadero, Oakland, CA” for more information. Online map is found at this map [Link](#).
- Funding:** Individual unit command funds travel, lodging and per diem. There is not tuition fee.
- Uniform:** Classroom attire can include the Tropical Blue Uniform (Trops), Operational Dress Uniform (ODU), or casual civilian attire.
- Questions:** Contact Kim Cosley Kim.Cosley@uscg.mil .

Class	Description	Date/Time/ Register
Combined CISM Basic Group & Individual Peer Support	Basic Group – Learn the core elements of comprehensive, systematic, and multi-components of crisis intervention after involvement or exposure to significantly extraordinary event. Individual Peer Support – Learn to provide emotional first-aid during an acute emergency mental health intervention following exposure to significantly extraordinary event.	20 Aug – 23 Aug Daily 0730 – 1600
CISM Refresher	Review the fundamentals of CISM - designed for Peers not deployed in recent 24 months or those seeking additional practice.	24 Aug – 0730 – 1500