

1 One concern would be no change in
2 ApoB, and therefore an increase in the number
3 of LDL particles. If these particles are
4 potentially less atherogenic, that would
5 potentially -- even though the constraints may
6 increase, may -- I think we need to get more
7 information about this -- may actually confer
8 benefit.

9 I think we just need more data on
10 that.

11 DR. BONE: Do you think we have
12 enough information now to make a recommendation
13 about approval? Or do you think that that
14 additional information needs to be obtained
15 before?

16 DR. ILLINGWORTH: I think the lipid
17 changes are small. It isn't like we are
18 looking at a 15 to 20 percent increase in LDL
19 cholesterol. And I think the data I would
20 interpret is consistent with a reduction in
21 hepatic triglyceride production or potentially
22 an enhancement of triglyceride clearance, but

1 no effect on the number of particles produced
2 by the liver.

3 DR. BONE: I see. One or two of the
4 committee members also commented on the
5 potential for effects on vascular smooth muscle
6 and so forth. In taking all of these questions
7 into account, Dr. Sherwin, perhaps you would
8 comment on the cardiovascular and other risks
9 here.

10 DR. SHERWIN: Well, I think that the
11 animal data make one take pause in that I think
12 it is important that the company, given the
13 fact that these patients are at high risk for
14 cardiovascular disease and congestive heart
15 failure, I think it is important that the
16 cardiac data be monitored longer term.

17 And even though we have data that
18 supports the view that drug is not harmful in
19 the doses we are using in the clinical setting,
20 I think that one has to look longer term to be
21 100 percent sure of the full impact of the
22 medication.

1 And so there is concern. I think it
2 is important that the company continue to
3 monitor this and not just end at this point
4 with their cardiac assessment data.
5 Nevertheless, I don't think that the
6 cardiovascular problems that we have come
7 across in the humans at least -- I'm not one to
8 say that this is enough of a concern to say
9 that we would want to disapprove it on that
10 basis.

11 DR. BONE: And so we have the -- to
12 summarize briefly -- and I invite the sponsor
13 to add something if they wish. The

14 principal concern that was raised in
15 the pre-clinical studies was this very
16 impressive and totally unexplained cardiomegaly
17 in the rodent experiment. And perhaps with
18 that mind, the company has excluded patients
19 with significant heart disease from clinical
20 trials to date.

21 Is there anything else -- I mean,
22 those are the two pieces of -- Dr. Hirsch, did

1 you have a comment?

2 DR. HIRSCH: Yes. I think given the
3 sort of matrix of genes and effects that led to
4 the discovery of this in the first place, the
5 PPAR-gamma-2 and what it does and so on, I
6 think it would be wise somewhere to say that no
7 one should take this drug who has a great
8 likelihood of laying down more adipocytes, for
9 example, during pregnancy or childhood or
10 adolescence or -- I can't think of any -- I
11 mean, one of the nightmares is that this will
12 be a wonderful drug, everyone will be
13 euglycemic, and then 40 years later they will
14 all weigh 75 pounds more with a great big --
15 you know, we don't understand what this does
16 and how it works so that -- that's a caution, I
17 think.

18 And it seems to me, just on the basis
19 of what we know of the basic science of where
20 this came from, the drug, and what it does that
21 any circumstance in which there is likely to be
22 adipocyte hyperplasia would be one in which you

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1 would not want to use the drug.

2 DR. BONE: Do you think you could at
3 this point -- our state of knowledge is such
4 that we could address that in a labeling rather
5 than affect the approval?

6 DR. HIRSCH: I would think that it
7 shouldn't be used in pregnancy, and it
8 shouldn't be used in children, adolescence.

9 DR. BONE: Probably it is unlikely to
10 be used in children for this particular
11 indication. But that would have implications for
12 the longer term, I suppose.

13 DR. SHERWIN: Congestive heart
14 failure.

15 DR. BONE: Dr. Sherwin.

16 DR. SHERWIN: Since we have excluded
17 patients with serious heart disease, I think it
18 behooves us at this point to exclude that
19 population, too.

20 DR. BONE: Do you think special
21 studies should be done in that population, or
22 in clinical studies?

1 DR. SHERWIN: Of course.

2 DR. BONE: Any other comments from
3 the committee members concerning cardiovascular
4 -- the question of cardiovascular risk? Just
5 for myself, it seems that -- you know, we have
6 got the idea, and Dr. Olefsky mentioned, that
7 growth factors are probably responsible for
8 some of the toxic effects or presumed harmful
9 effects of insulin on vascular disease,
10 although that is not explicitly proven at this
11 point.

12 And a residual concern remains in my
13 mind, since we -- about whether the promoter
14 mechanism that is involved here could have a
15 role in the pathogenesis of some of those
16 problems. And I don't know if we can
17 explicitly exclude that, although we had an
18 earlier discussion about where these sequences
19 might be found.

20 And I wonder if the company now has
21 that information.

22 DR. SALTIEL: Yes. Thank you, Dr.

1 Bone. Well, just to try to reiterate what I
2 said before, we had really found no oncogenes
3 which have PPAR response elements in their
4 promoters. Now, we have looked at a few. We
5 haven't looked at every oncogene. There are
6 many oncogenes that have been identified.

7 DR. BONE: But do you have computer
8 matching systems for doing that? Have you not
9 done that yet?

10 DR. SALTIEL: Well, I think we have
11 run through a number of them. We haven't
12 looked at -- all of the promoters for all of
13 the oncogenes haven't even yet been identified.

14 DR. BONE: But you have looked at the
15 ones -- have you looked at all the ones that
16 have been?

17 DR. SALTIEL: We have looked at all
18 -- a lot of the major ones, but not at every
19 one.

20 But let me just add that there is
21 really no effect of the drug on transformation
22 of cells, and there is no effect of the drug on

1 the growth of cell. It doesn't potentiate
2 other growth factors to promote the growth of
3 cells. And it doesn't induce the secretion of
4 growth factors.

5 So a priori, there is no prediction
6 that we would expect to see increase in
7 oncogene activity or oncogene synthesis.

8 DR. BONE: And with respect to the
9 vascular disease, your inference is that the
10 lack of growth factor effect -- if insulin is
11 acting by an IGF-like mechanism, you believe
12 that this would not.

13 DR. SALTIEL: Well, I don't want to
14 get into a long seminar about the signal
15 transduction effects of insulin. I see Dr.
16 Sherwin squirming over there at the thought of
17 it.

18 (Laughter)

19 DR. SALTIEL: I think scientifically,
20 in the field of insulin of action, many of us
21 believe that there are distinct mechanisms
22 promoting growth and metabolism. And there is

1 no evidence to believe that the growth
2 promoting pathways are activated or potentiated
3 by the drug in any way.

4 DR. BONE: Thank you. That's what I
5 was trying to get at. Dr. Sherwin, would you
6 care to comment? No? All right.

7 Well, the next topic that we're asked
8 to address is this question of body compartment
9 fluid distribution. Are there members of the
10 committee who wish to add anything from the
11 earlier discussion about this expansion of the
12 plasma volume, which is apparently attributed
13 to a fluid shift?

14 DR. SHERWIN: Other than we need to
15 understand it.

16 DR. HIRSCH: To know the degree of
17 it. I mean, the data on extracellular fluid
18 volume or whatever, I gather you are
19 accumulating that. But we have no --

20 DR. BONE: I think what --

21 DR. HIRSCH: Today we have plasma
22 volume, but not compartmental analysis of any

1 kind.

2 DR. BONE: If I understood correctly,
3 there was an increase in plasma volume of about
4 250 milliliters or something like that. And it
5 was inferred that this was due to
6 redistribution because body weights didn't
7 change, although the precision of measurements
8 of the body weight might be right around 250
9 grams, I suppose.

10 DR. HIRSCH: Plus the body fat that
11 would be --

12 (Simultaneous discussion)

13 DR. HIRSCH: We can't tell that,
14 certainly. So it could be --

15 DR. BONE: And the plasma volume
16 expansion occurred in the first week on
17 treatment. Is that correct? The first month.
18 I think it said eight days.

19 DR. WHITCOMB: Yeah, the first month.
20 I think that the point that you make is a very
21 good one, which is that body composition
22 studies are warranted to see what is going on,

1 and those are going on now to try to understand
2 that better.

3 DR. BONE: I think that body
4 composition issue, in a broader sense,
5 addresses Dr. Hirsch's concern about the fact
6 that these response elements seem to have
7 something to do with adipocytes.

8 DR. WHITCOMB: That's correct.

9 DR. BONE: Other comments about this
10 body fluid compartment?

11 DR. ILLINGWORTH: Do you have any
12 information about the effects on the renin
13 angiotensin system? Since ACE inhibitors seem
14 to correct the problem.

15 DR. WHITCOMB: We have not done that
16 study directly to add ACE inhibitors to see if
17 it negates the volume expansion, if that is the
18 question. We have assessed the renin
19 angiotensin system to the extent that you can
20 in large clinical trials, and don't see any big
21 changes in the numbers.

22 But obviously, those studies have not

1 been perhaps in the careful way you might if
2 you were really looking at that in terms of
3 salt loading and so forth to do that.

4 DR. BONE: Have you done a CRT type
5 study to just look -- since it is a short term
6 effect, the animals' cardiac enlargement
7 occurred very promptly, and the patients -- and
8 it was at least one of the sponsor's
9 representatives attributed this potentially
10 because of the effect of the ACE inhibitor to
11 that mechanism. And the fluid increase or
12 fluid shift occurs relatively promptly.

13 It seems to me this is the sort of
14 thing that could be addressed in a fairly small
15 number of subjects in a clinical research
16 center type of setting to look at, in a very
17 tightly controlled way, effects on their renin
18 angiotensin system. And have you done those
19 experiments?

20 DR. WHITCOMB: The effect on plasma
21 volume is one to two months. But I mean, that
22 isn't to say that we couldn't -- certainly

1 couldn't do that. I didn't quite get, were you
2 trying to ask if we should also be looking at
3 the heart enlargement at that same time to see
4 if that was happening? You weren't --

5 DR. BONE: No.

6 DR. WHITCOMB: -- that together.

7 DR. BONE: A phenomenon was observed
8 which occurred acutely --

9 DR. WHITCOMB: Yes.

10 DR. BONE: -- in the animal
11 experiments, and which was attributed to a
12 renin angiotensin mechanism, at least by
13 implication. Also, you have sub-acute, fairly
14 prompt effect on plasma volume. And it begs
15 the question of investigating that in a very
16 tightly controlled, small-scale mechanistic
17 type of human study.

18 DR. WHITCOMB: We have a study
19 planned exactly to do that. If that was the
20 question, then yes, we're planning to do that.

21 DR. BONE: But you haven't done it
22 yet.

1 DR. WHITCOMB: We have not done it
2 yet, no.

3 DR. BONE: Okay. Are there other
4 questions or comments? What about this issue
5 of carcinogenicity? We were told that vascular
6 tumors, hemangiosarcomas were seen in some of
7 the tox studies, in the mouse but not in the
8 rat. And of course, there are no -- all the
9 carcinogenicity studies are done in rodents in
10 this case. We don't have any beagles or
11 anything like that.

12 It's all rodents, in one of the two
13 species, and this is a subject of review by
14 another committee. And we don't have the
15 results of that review at this point. Okay.

16 With that exact information
17 available --

18 (Laughter)

19 DR. BONE: The committee is asked to
20 comment on the significance of the potential
21 risk of carcinogenicity. Dr. Colley, you have
22 a comment on that?

1 DR. COLLEY: No, I don't
2 specifically, except that if it were to be
3 approved, I would want to have information of
4 any reports in longer term studies. Those
5 studies so far in humans are too short to
6 determine anything from that.

7 DR. BONE: Anybody else have anything
8 to say on the subject of -- what about the
9 potential for -- we talked about -- we
10 anticipated a moment ago when we were talking
11 about promoter genes -- and the company did
12 give us information they had on looking at the
13 promoter genes that they had looked at.

14 Any other comments about the
15 potential for carcinogenicity on theoretical
16 grounds? Does anybody have any particular
17 concerns or comments on that? Okay. Yes.

18 DR. STEIGERWALT: I might like to add
19 that this was not a genotoxic agent. So if
20 there is any other mechanism, it is not
21 directly a genotoxic mechanism.

22 DR. BONE: I see. Dr. Fleming.

1 DR. FLEMING: I don't know if it will
2 help or not, but just to explain how we tried
3 to handle the problem of this sort. This is
4 not by any means unusual, as you well know.
5 And we don't expect our panel here to be expert
6 toxicologists and to come to some kind of
7 informed decision about what this particular
8 finding means for humans.

9 But probably we can expect that you
10 can have some kind of worry factor and
11 incorporate that into your overall risk/benefit
12 assessment. That is basically how we do it.
13 In other words, you must think that this is
14 either an entirely negligible consideration, a
15 moderate consideration, but given the benefit
16 that has been established one that you might be
17 willing to talk to your patient about taking
18 on.

19 DR. BONE: Well, speaking for myself,
20 I think I would have great difficulty broaching
21 that subject with a patient, saying well, this
22 might tune up your diabetes and give you -- you

1 know, there is a small chance of a malignancy
2 of your blood vessels. I think it is extremely
3 difficult for me, and I would be very
4 interested in the others' views.

5 But it is extremely difficult for me
6 to form any kind of assessment knowing that
7 experts in this exact topic in assessing this
8 kind of data from this kind of study are in the
9 midst of a deliberation, but not having the
10 benefit of their advice. I don't know what to
11 say.

12 DR. FLEMING: But let me again -- let
13 me address that particular issue. I think that
14 to expect that the experts are going to come up
15 with a decision that is significantly different
16 from the preliminary appraisal of our own
17 toxicology expert within the division is fairly
18 unlikely.

19 In other words, I don't mean to
20 deprecate the value of our expert panel. But
21 then again, they are not going -- they don't
22 have magic hands that will be able to do much

1 better with this.

2 This will turn out to be one of those
3 isolated findings where we really will never
4 know what the significance is until many, many
5 decades have passed. And I don't know that we
6 can provide you much more information or much
7 more informed opinion at this point, quite
8 frankly.

9 DR. BONE: Well, perhaps Dr.
10 Steigerwalt will reiterate his assessment a
11 little more explicitly because I think at least
12 some of us had the impression that he was
13 largely deferring to the judgment of this
14 committee, not trying to prejudge it.

15 DR. STEIGERWALT: Well, that is true.
16 Since they come up with what would be an
17 official statement, I didn't want to say
18 something that would be misinterpreted. But
19 the issues before the CAC at this moment are
20 relatively minor issues. And I think that the
21 overall conclusion that this was a finding in a
22 single species of hemangiosarcomas, and then

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1 there was the high dose finding in a single sex
2 of the hepatocellular carcinomas, will not
3 change.

4 Therefore, this will basically remain
5 a single species which is, in our
6 interpretation, less of concern than if this
7 had been positive in both species. So I think
8 what the sponsor has put in the labeling
9 regarding this is accurate.

10 DR. BONE: Do you recommend a third
11 species be investigated in situations like
12 this?

13 DR. STEIGERWALT: No.

14 DR. BONE: Thank you. Anybody,
15 comment, discussion? No. Okay. Thank you.
16 We go on to the next thing. I don't think we
17 have much to add to that.

18 One of the things that Dr. Sobel
19 emphasized was the importance of characterizing
20 the population for which treatment with
21 troglitazone would be indicated in the initial
22 approval. And we again are cognizant of the

1 fact that we are talking about a somewhat
2 narrower initial approval than the sponsor
3 would seek in the long run.

4 And Dr. Sobel has suggested that we
5 may want to focus on particularly needy
6 patients in terms of additional (indiscernible)
7 for the purpose of this initial approval, if
8 that is what the committee recommends and the
9 agency does. And we kind of talked about that
10 a little bit earlier. Then we have had a
11 considerable discussion which bears on a number
12 of points on that.

13 Would anyone on the panel want to
14 make further comments about the population for
15 whom they would consider this to be indicated
16 based on the data presented up to now? Dr.
17 Sherwin, perhaps.

18 DR. SHERWIN: Well, I would, if I was
19 going to select the population, would be those
20 people who have failed on an oral agent, at
21 least one, and in whom insulin therapy has
22 already been instituted, and there has been a

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1 failure with insulin therapy to lower
2 glycohemoglobin below 8 percent. Try to keep
3 it simple.

4 DR. BONE: Okay. I'm just making a
5 note here.

6 DR. SHERWIN: Because that is the --
7 at least according to the ADA assessment is
8 what we should be doing.

9 DR. BONE: Do other members --

10 DR. SOBEL: Oral agent -- either a
11 failure on sulfonylurea or metformin?

12 DR. SHERWIN: I think so. I mean,
13 because I think if you -- nowadays there are
14 enough patients starting on metformin. I mean,
15 the only question that one could ask is whether
16 if metformin failure should be given at trial
17 on sulfonylureas. Generally, it is a futile
18 exercise.

19 But, you know, my gut feeling is I'm
20 not sure that they need to try it. I don't
21 know what other people think. But my feeling
22 would be if -- once they failed on one and

1 failed on insulin therapy, that would be the
2 time.

3 DR. BONE: Dr. Cara.

4 DR. CARA: Well, I think it is
5 reasonable to say either/or sulfonylurea or
6 metformin therapy failure, currently on
7 insulin, and documented poor control, i.e.,
8 glucose, of what we discussed. But I don't
9 think it is appropriate to say failed both.

10 DR. SHERWIN: I'm confused now. What
11 do you mean by failed both?

12 DR. CARA: A trial of both
13 sulfonylurea and metformin therapy.

14 DR. SHERWIN: Oh, you mean as a
15 combined therapy?

16 DR. CARA: I'm talking about either
17 sequential treatment, the combined therapy, or
18 whatever. I don't --

19 DR. BONE: So you would agree with
20 Dr. Sherwin's original statement, which was
21 failed on at least one oral agent prior to
22 starting insulin?

1 DR. CARA: I wouldn't even say that,
2 actually. I mean, I would say currently on
3 insulin therapy and documented poor control
4 based on glycohemoglobin values above 8, 8.5.

5 DR. BONE: So you would be less
6 restrictive.

7 DR. CARA: That presumes that in the
8 Type II adult patient, you have already
9 attempted oral therapy, I would imagine.

10 DR. BONE: So you are saying there is
11 not much of a practical distinction.

12 DR. CARA: Right.

13 DR. BONE: In effect.

14 DR. SHERWIN: Well, that's true.

15 Normally in this country the vast majority of
16 people have started on an oral agent. There is
17 small subgroup of patients who are non-obese
18 who might be started on insulin, who are a
19 little big younger perhaps. But overall, you
20 are right. There is not much of a difference.

21 But I still think it may be better,
22 given the uncertainty of the drug and the

1 limited amount of information we have about the
2 overall picture. My gut feeling would be to
3 limit it to those people who fail the two
4 steps.

5 DR. BONE: Would you quarrel with
6 that, Dr. Cara? Do you think that is --

7 DR. CARA: I wouldn't quarrel with
8 that. I think for the data that we have seen,
9 though, the important issue is that they are
10 currently on insulin and in poor control. I
11 think that is what we all agree on.

12 DR. BONE: I see. Any further
13 comment from Dr. Zawadzki or --

14 DR. ZAWADZKI: No.

15 DR. HIRSCH: I think it is a clearer
16 statement, sort of easier for me to visualize
17 in the -- what the patient is told or the
18 physician, namely that in this disease the
19 first line of treatment has always been dietary
20 management, weight loss, et cetera. And
21 frequently, this is insufficient, and oral
22 agents are tried. And this particular drug is

1 useful then after the oral agents and insulin
2 are used and there still is inadequate
3 euglycemia, or something to that effect. But
4 indicate the algorithmic sequence that we are
5 thinking of.

6 I mean, it is not fair to the
7 physician or anyone else to put some strange
8 sort of thing with an either/or or whatever
9 without indicating what we think the usual
10 algorithm is, and say this is the point at
11 which this drug has value or should be tried.

12 DR. BONE: I think Dr. Sherwin's
13 original formulation comes pretty close to what
14 you are --

15 DR. HIRSCH: Yeah. I think a little
16 more emphasis on the weight loss thing, knowing
17 full well how difficult that is to achieve and
18 how rare that occurs. But nonetheless we --
19 that may not be the case a year or two from
20 now, and we're still working on it.

21 DR. BONE: So we want to -- you're
22 saying we would like the language to make a

1 statement about hygienic measures, the prior
2 failure on oral agents, patients on insulin,
3 and then now --

4 because that gives that certain
5 hierarchy or algorithm, and that this is a
6 supplement in effect to the use of the insulin.
7 Something --

8 DR. SHERWIN: Well, I think the idea
9 of making the point that they have also failed
10 diet and exercise is important just as a
11 reminder because surely, even in these more
12 advanced patients, many of them, if they had a
13 conversion to Christ and totally change their
14 lifestyles, you know, they might be able to
15 come off everything.

16 And so it is still the, I think, key
17 element of therapy. And it shouldn't be lost
18 within, you know -- I think we probably should
19 emphasize that point as well.

20 DR. HIRSCH: Yeah. And the reason
21 for putting that in also is that it gives the
22 reader of this some notion of what we think the

1 hazards may be because in fact, if we thought
2 this were totally hazard-free, we'd say if you
3 even think you have diabetes just take this
4 stuff, you know.

5 DR. SHERWIN: Right.

6 DR. HIRSCH: So, I mean, clearly we
7 have a risk/benefit thing here, and we're
8 lining up all of the things first before you
9 get to this one, and the notion that this is a
10 serious undertaking because this is a drug of a
11 new variety.

12 DR. BONE: This is the sort of thing
13 we would expect to evolve over the next period
14 of time. Dr. Zawadzki had a comment or
15 question.

16 DR. ZAWADZKI: The data we saw today
17 referred to a population with a BMI of about
18 35. Should there be a comment about obesity in
19 the indication? I just fear some people who
20 might actually have a Type I diabetes mellitus
21 be tried on this in the general population.

22 DR. BONE: Bob, how would you

1 incorporate that?

2 DR. SHERWIN: I mean, it is true that
3 some non-obese type -- that are clinically
4 classified as Type II diabetic patients are
5 really Type I. Theoretically, those patients
6 who are Type I might actually -- and who are
7 insulin failures -- might actually respond.
8 There are patients with Type II diabetes who
9 are non-obese.

10 My gut feeling would be not to
11 restrict it, but indicate that it should not be
12 used, given our information, on patients who
13 have type I diabetes, maybe highlight that
14 point. But I don't know that I would make
15 weight the criteria. I don't know what other
16 people think, but that would be my view.

17 DR. BONE: The other point we
18 commented on earlier -- and I think several
19 people felt that since the clinical trials had
20 explicitly excluded patients with a significant
21 cardiac disease, that that should be listed in
22 the labeling as well. Is that the consensus of

1 the committee? All right.

2 Are there -- Dr. Illingworth.

3 DR. ILLINGWORTH: Well, a specific --
4 specifying cardiac disease as left ventricular
5 dysfunction. I think patients with carotid
6 disease who have diabetes are often not
7 recognized, so they will be probably given this
8 drug and not appreciate that they have that.

9 DR. BONE: Well, if it isn't
10 diagnosed, I guess that can't be used to
11 restrict its application.

12 Dr. Whitcomb, what was the actual
13 restriction in the clinical trial? I mean,
14 that's what we're going by.

15 DR. WHITCOMB: The exclusion was
16 people with class three or four (indiscernible)
17 heart. That was the criteria. We had some
18 that snuck in that were class threes, as it
19 turns out. But as you can see from the safety
20 data, we didn't have a lot of people that got
21 worse. But that was the criteria for the
22 trial.

1 DR. BONE: So it hasn't been tested
2 in that group.

3 DR. WHITCOMB: That is correct.

4 DR. BONE: Okay. I think that --
5 with Dr. Sobel's earlier comments in mind, we
6 might want to take the scope of testing into
7 account.

8 Dr. Illingworth again.

9 DR. ILLINGWORTH: Just one additional
10 comment with respect to my views on the weight
11 issue. Given the fact that BMI probably
12 doesn't -- isn't a good predictor of insulin
13 resistance by (indiscernible) the Japanese, I
14 think to put a good point for you must have a
15 BMI above a certain level would be unduly
16 restrictive also.

17 DR. BONE: Further comments on this
18 issue about defining the population for purpose
19 of labeling? Well, perhaps we can then proceed
20 to the questions which the agency has asked us
21 to discuss. And some of these are topics that
22 we have discussed earlier. And I think at this

1 point people can just make, I think, summary
2 remarks for the most part on particularly
3 question one.

4 Often, we are asked yes or no
5 questions. Some of these are yes or no
6 questions, and a couple of these are essay
7 questions.

8 (Laughter)

9 DR. BONE: The first question is in
10 that category. The executive secretary said
11 this could fall in the category of short answer
12 essay questions.

13 (Laughter)

14 DR. BONE: What is the clinical
15 significance of the troglitazone treatment
16 effects, that is, reduced hemoglobin A1c levels
17 and total insulin dosage, observed in the two
18 pivotal studies? What is the clinical
19 significance.

20 Preferably we can just go around and
21 each person in turn make a comment because we
22 have all discussed this at great length

1 already. Summary comment from Dr. Hirsch.

2 DR. HIRSCH: I think the reduced
3 HbA1c level is significant and important. I'm
4 not sure about the total insulin dosage, what
5 that -- but I think the fact that some 15 or 17
6 or whatever percent of people got off of
7 insulin, that is obviously psychosocially or
8 whatever significant. Whether it does matter
9 whether you take a little more or less insulin,
10 I'm not sure about that.

11 DR. BONE: Thank you. Dr. Zawadzki.

12 DR. ZAWADZKI: I agree there is
13 probably a clinical significance in Type II
14 diabetes based on data that we have from type I
15 diabetes. But I think the real answer to this
16 question is we don't know long term. And I
17 think that has to be looked at prospectively.

18 DR. BONE: Dr. Cara.

19 DR. CARA: Although I agree in
20 principle with Dr. Zawadzki's statement, the
21 data certainly would suggest that a decrease in
22 glycohemoglobin of 1½ percent, as indicated by

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1 the studies, is clinically significant and will
2 most likely impact long term complications
3 related to Type II diabetes.

4 I think taken together, both studies
5 are clearly indicative of a clinical effect.

6 DR. BONE: Dr. Critchlow.

7 DR. CRITCHLOW: I agree with the
8 prior comments. Clearly the results taken
9 together do suggest clinical benefit. And
10 whether that is maintained long term remains to
11 be seen.

12 DR. BONE: Dr. Illingworth.

13 DR. ILLINGWORTH: Yeah. I agree with
14 what has been said previously. I think the
15 data in the DCCT trial, you can extrapolate
16 that hypoglycemia is detrimental and if it
17 improves, that is going to be beneficial. And
18 I think the implications of hyperinsulinism and
19 atherosclerosis are so convincing from a number
20 of studies that lowering insulin levels is also
21 going to have clinical benefit, potentially.

22 DR. BONE: Dr. Sherwin.

1 DR. SHERWIN: I would say that this
2 is a clinically significant effect.

3 DR. BONE: And I would agree that I
4 think it -- there is an inference involved in
5 the interpretation of the glycosylated
6 hemoglobin levels, but it is a very reasonable
7 and strong inference. And I would also say
8 that I think that the reduction in insulin
9 dosage is perhaps less clearly important, but
10 may well be beneficial also.

11 I think that brings this to the --
12 oh, I'm sorry. Dr. Colley. My apologies.

13 DR. COLLEY: That's all right. I
14 would agree with the previous statements, that
15 the reduction in glycosylated hemoglobin is
16 indeed significant, given that it is comparable
17 to that achieved with metformin, and the effect
18 on insulin is -- we can't make any long term
19 predictions about the meaning of that, although
20 it is theoretically promising.

21 DR. BONE: The next question is are
22 the study designs and efficacy endpoints

1 adequate to assess the efficacy and safety of
2 this drug for the proposed patient population.
3 Perhaps Dr. Colley will start first.

4 DR. COLLEY: We have spent a lot of
5 time going over the proposed population. And
6 if it is defined as those patients who are on
7 insulin therapy Type II diabetics inadequately
8 controlled, and there are adequate warnings in
9 regards to patients who have underlying
10 cardiovascular disorders, that we really don't
11 know about the long term effects, then I would
12 agree it is adequate.

13 DR. BONE: Dr. Sherwin.

14 DR. SHERWIN: Well, I think the study
15 designs are adequate to assess efficacy. This
16 is what we said in the first question. The
17 safety issue is a little more problematic
18 because we don't have enough data to fully
19 evaluate that. But I think given the high risk
20 population we are dealing with that the safety
21 issues are not paramount, given what we have.

22 I mean, in other words, on balance,

1 the safety issues are of concern, but wouldn't
2 outweigh the benefits that one sees here. But
3 we don't have a full -- obviously, safety
4 requires long term studies. We don't have all
5 of that, those long term studies.

6 DR. BONE: Okay. Dr. Illingworth.

7 DR. ILLINGWORTH: Yes. I think the
8 data is sufficient. I think we need more
9 information, though, about potential drug
10 interactions and, for instance, transplant
11 patients on cyclosporine who have Type II
12 diabetes. We need more information about that.

13 Looking at the list of drugs that are
14 drug interactions, a number that interfere with
15 the cytochrome (indiscernible) system aren't
16 mentioned. And I think we just need more
17 information about those and their ability to
18 potentially interact with this medication.

19 DR. BONE: Do you think those are
20 necessary prior to making a recommendation
21 about approval?

22 DR. ILLINGWORTH: No.

1 DR. BONE: Dr. Critchlow.

2 DR. CRITCHLOW: I think the study
3 designs are adequate to each assess the
4 individual endpoints that they were designed,
5 and each one -- or together they show or
6 certainly promise some degree of efficacy, that
7 again, you know, we have to make the leap that
8 those results would be confirmed with other
9 studies.

10 And with regard to the safety, I
11 think, you know, there is probably adequate
12 patient exposure, but certainly not sufficient
13 to rule out the more rare events that might
14 occur.

15 DR. BONE: Does that mean you think
16 the safety is adequate or not?

17 DR. CRITCHLOW: I think to the extent
18 that it can be evaluated in pre-approval
19 clinical studies, yes, because with the more
20 rare events, I'm not sure that there are any
21 studies that would identify those.

22 DR. BONE: Dr. Cara.

1 DR. CARA: Yes.

2 DR. ZAWADZKI: I think the study
3 design and efficacy are adequate for an initial
4 presentation. I think there is a lot of
5 concern because this is a new drug, and there
6 is a need for more information to be gathered
7 with time.

8 DR. BONE: Well, the implications
9 being --

10 DR. ZAWADZKI: I'm sorry?

11 DR. BONE: What are the implications
12 of what you just said?

13 DR. ZAWADZKI: I think this is -- the
14 end, though relatively large for a six month
15 study, is still not adequate enough, as Dr.
16 Critchlow pointed out, to really look at small
17 potential side effects that might occur.

18 DR. BONE: Would you regard, though,
19 those larger studies as necessary in the
20 pre-approval phase?

21 DR. ZAWADZKI: I don't think that has
22 been required.

1 DR. BONE: Okay. Dr. Hirsch.

2 DR. HIRSCH: Adequate for
3 pre-approval, but will make a comment in three
4 what the patient group is, et cetera.

5 DR. BONE: I guess I would regard
6 these as the minimum that one could expect for
7 assessment of efficacy and safety for this
8 population. I would certainly have been
9 happier to see this as part of the larger
10 package with complementary data. I think it
11 has come up at several points in the discussion
12 that we are a bit handicapped in that there is
13 a large amount -- this is sort of the tip of
14 the iceberg in a certain way for the
15 development program. And these study designs
16 just do demonstrate the efficacy that we would
17 like to see.

18 The study designs by themselves are
19 probably not sufficient from a safety
20 standpoint. But I interpret the question to
21 mean -- to incorporate the other safety data we
22 were presented, which represents the safety

1 updates from the other studies. So I would say
2 the studies themselves are not adequate for
3 safety assessment. But the information
4 presented is just adequate for safety
5 assessment, considering that we have
6 information from lots of other studies. And I
7 would make that distinction.

8 Item three, based on the efficacy and
9 safety data presented and your assessment of
10 the overall benefits compared to the risks of
11 troglitazone therapy, do you recommend that
12 this drug be approved for use in the proposed,
13 or a modification of the proposed, patient
14 population?

15 I'm going to ask that we reword this
16 question since we have modified this, and we
17 have a consensus pretty much of who the
18 population is. So we are going to answer this
19 question, if everyone else agrees with me,
20 based on the patient population described and
21 amended by Dr. Sherwin and the rest of us a few
22 minutes ago.

1 And perhaps we will start with Dr.
2 Critchlow.

3 DR. CRITCHLOW: Yes.

4 DR. BONE: Dr. Cara.

5 DR. CARA: Yes, as proposed.

6 DR. BONE: Dr. Zawadzki.

7 DR. ZAWADZKI: Yes.

8 DR. BONE: Dr. Hirsch.

9 DR. HIRSCH: Yes. But you include in
10 that statement the pregnancy, adolescence, et
11 cetera, the other things that we made mention
12 of.

13 DR. BONE: Yes. With the
14 restrictions and exclusions as mentioned.

15 DR. HIRSCH: Right.

16 DR. BONE: Right? Okay. Dr. Colley.

17 DR. COLLEY: Yes.

18 DR. BONE: Dr. Sherwin.

19 DR. SHERWIN: Yes.

20 DR. BONE: Dr. Illingworth.

21 DR. ILLINGWORTH: Yes.

22 DR. BONE: And the chair will concur.

1 All right. If the drug were approved, do you
2 have recommendations for post-marketing
3 studies? And I'm going to start the question
4 to Dr. Illingworth here. I see all the people
5 going out to call their brokers.

6 (Laughter)

7 DR. BONE: Dr. Illingworth, I would
8 like you to start the answers to this question
9 4. If the drug were to be approved, do you
10 have recommendations for post-marketing
11 studies? I'm going to ask you an explicit
12 question.

13 We talked earlier about the effect on
14 lipids. And I am going to ask you, too, in
15 addition to whatever else you would like to
16 say, please say what kind of studies are
17 necessary to really assess the effect on those
18 risks. Are endpoint studies required?

19 DR. ILLINGWORTH: Well, given the
20 fact -- I'll answer the second question first.
21 Given the fact that the drug is being approved,
22 or has been approved or recommended for

1 approval, as a glucose lowering agent, then the
2 lipid effects really are secondary. And so I
3 would not -- my view would be we not propose
4 sort of an endpoint study looking at
5 cardiovascular endpoints based on lipid
6 modification.

7 I think it would be nice to have some
8 endpoints looking at detailed studies of renal
9 function, detailed studies of echocardiograms,
10 for instance, in patients with left ventricular
11 dysfunction given this class of drugs, or given
12 this drug, potentially studies of vascular
13 reactivity as a means of assessing endothelial
14 function with treatment.

15 Does hypoglycemia and lowering
16 insulin levels, better control of blood
17 glucose, lead to an improvement in endothelial
18 function, particularly given the fact the drug
19 has some anti-oxidant properties.

20 I think we also need to better define
21 the potential drug interactions. And as a
22 population who gets -- seems to increase

1 progressively -- and as one complication of
2 diabetes is renal disease, look at in-patients
3 with mild renal insufficiency. Does this
4 treatment the progression of renal disease --
5 improve, i.e., favorably improve the
6 deterioration in renal function.

7 DR. BONE: Dr. Critchlow.

8 DR. CRITCHLOW: Actually, I have
9 nothing further to add there. I just await
10 some of the data in the other populations that
11 are ongoing.

12 DR. BONE: Dr. Zawadzki.

13 DR. ZAWADZKI: We've been discussing
14 the population that is insulin-using. But I
15 would just like to comment that the studies
16 that Dr. Illingworth outlined should be done in
17 those who are also non-insulin-using.

18 DR. BONE: Dr. Hirsch.

19 DR. HIRSCH: He touched on most of
20 it. I would just like to add energy
21 metabolism. It would be nice to know something
22 about also some dietary studies, whether any

1 alterations in what people on the drug eat or
2 don't eat, and adipose tissue studies as well,
3 as we have spoken about.

4 DR. BONE: Dr. Colley.

5 DR. COLLEY: I'd like more
6 information on combination therapy in patients
7 who are not on insulin and perhaps on
8 sulfonylurea and/or metformin. The issue on
9 cardiovascular disease was mentioned, patients
10 with preexisting cardiovascular disease also.

11 It is not clear, the maximum
12 recommended dose is 600 milligrams. But if it,
13 is a clear dose response effect, it is not
14 clear if higher doses might be of benefit, and
15 that may be an area for investigation as well.

16 DR. SHERWIN: Clearly we need to know
17 more about how this drug works. I think that
18 although we have seen a lot of fancy
19 information, we really don't know how this drug
20 really works at a cellular level. And clearly,
21 it is very important that we do understand the
22 mechanism.

1 Clearly we need to assess the effect
2 of this drug in patients with cardiac disease
3 and look at the impact long term on
4 cardiovascular endpoints. I think that as we
5 begin to optimize therapy, which was not done
6 in these studies, we may run into some problems
7 that we didn't encounter.

8 For example, if we really try to
9 optimize control with this drug in insulin, in
10 fact we may see a lot of hypoglycemia develop
11 because this is an insulin sensitizing agent.
12 And we have absolutely no information as to
13 whether counter regulation or the response to
14 hypoglycemia might be altered by this drug.

15 And so I think that that, as we begin
16 to move into the next era, which is to actually
17 improve control to the extent that we would
18 like to see, I think that it would be important
19 to know whether hypoglycemic risk is going to
20 be a problem in the next stage of therapy.

21 DR. BONE: Do you think that that
22 should have been done already?

1 DR. SHERWIN: Well, I think it should
2 be done as an ancillary study. I mean, I'm not
3 sure that that -- I have enough concerns. I
4 don't have any information on that. I have
5 never seen any information on that in the
6 packet or any information at all on that area.

7 There may be some pre-clinical
8 information. But I think it would be useful as
9 we begin to potentially get into that problem
10 down the road. But I wouldn't think it would
11 mean that, you know -- I think it is follow-up
12 studies that need to be done.

13 DR. BONE: As I recall, the sponsor
14 did present some information about the rate of
15 hypoglycemia. And could Dr. Whitcomb very
16 concisely summarize what was presented today?

17 DR. WHITCOMB: The best data probably
18 is looking at all of the blood glucoses that we
19 looked at in the 040 study. And there are
20 35,000 per treatment group there. The
21 incidence of blood glucose below 50 in the 600
22 milligram group was 0.49 percent, I believe.

1 So it appears to be fairly uncommon.

2 But the point about the counter
3 regulatory hormones, though, I could not tell
4 you. We do not know that information.

5 DR. SHERWIN: Well, it's just that if
6 our goal, let's say, is to lower the hemoglobin
7 A1c to 6.5 percent instead of mid of 8 percent,
8 you may see a whole new pattern and a whole new
9 ballgame in terms of problems with hypoglycemia
10 that you didn't encounter at the endpoints you
11 set because your goal was in part to reduce
12 insulin dose.

13 But if you don't do that, you may get
14 into some difficulties. That is all I am
15 saying.

16 DR. BONE: So you're concerned with
17 that aggressive clinical approach.

18 DR. SHERWIN: Well, it is not -- if
19 that's the goal of therapy as set by the ADA,
20 to get people as close to normal as possible,
21 and it means lowering glycohemoglobin to below
22 7, and as you begin to do that, which was not

1 done in this study, you may begin to see more
2 problems.

3 DR. BONE: Fair enough. Thank you.
4 The executive secretary, Ms. Reedy, will read
5 Dr. Cara's comment.

6 MS. REEDY: Dr. Cara is interested in
7 the results of the continuing studies that are
8 not completed, and suggests that they be
9 evaluated by this advisory committee for the
10 broader indication.

11 DR. BONE: Perhaps one of the
12 sponsor's representatives would just remind us,
13 what is the longest study -- what is the length
14 of the longest of the studies that you expect
15 to submit in your major program? Are you going
16 to a year?

17 DR. WHITCOMB: Oh, yes. We have a
18 large control trial that is 12 months. And
19 there are open label extensions of all of the
20 studies that I have shown here today, which are
21 -- the safety data on those is 18 months, many
22 of the patients --

1 DR. BONE: In addition to the year?

2 DR. WHITCOMB: Yes.

3 DR. BONE: So it would be two and a
4 half year total?

5 DR. WHITCOMB: Well, no. I would say
6 the longest duration that any patient has been
7 treated so far is two years.

8 DR. BONE: All right. But your
9 safety data include patients out to two years?

10 DR. WHITCOMB: Yes.

11 DR. BONE: Right. Thank you.

12 Speaking for myself, I think that the -- if the
13 drug were to be approved, I would have the
14 greatest concern about the issue of drug
15 interaction. I think while the phrasing of
16 question was such that I felt the answer was
17 just yes, I think that in terms of the adequacy
18 of the sponsor's program for a population that
19 is basically prone to be sick and take many
20 medications, that this is a glaring deficiency
21 in the program, the fact that relatively few
22 drug interaction studies have been done. And

1 we're going to run into this all of the time.

2 So I really think that this is
3 something that needs to be addressed,
4 energetically and promptly. And I would really
5 like to see that because we're going to have
6 sick patients with strange results and
7 wondering whether drug interactions are the
8 problem.

9 If they are not the problem, it would
10 be very helpful to know that in many clinical
11 settings. So I really would ask the sponsor to
12 get out on this in a hurry and make a big
13 effort on that.

14 Does anyone have anything to add with
15 regard to the labeling? We have focused on the
16 labeling with regard to the patient population.
17 There was some discussion back and forth about
18 what the starting dosage ought to be. Or the
19 sponsor is recommending 200 milligrams as a
20 starting dosage. Is there any difference of
21 opinion about that? No.

22 Anything else in the labeling that

1 needs to be covered? Any additional comments
2 from the committee members? No. Okay.

3 If I have the numbers -- well, that's
4 right. To summarize then, with regard to the
5 indication of troglitazone for the treatment of
6 Type II diabetes in conjunction with insulin,
7 the committee has voted eight to nothing,
8 right, that the study designs and efficacy
9 endpoints and other information presented,
10 taken together, are adequate to assess the
11 efficacy and safety of this drug for the
12 proposed patient population, which we have
13 described several times now.

14 And based on the data presented, the
15 committee has unanimously recommended approval
16 of the drug for the indication. And we look
17 forward to seeing the larger package in the
18 relatively near future.

19 If there is any other comment or
20 final -- no. Then the 65th meeting of the
21 Endocrinologic and Metabolic Drugs Advisory
22 Committee is adjourned.

(Whereupon, at 3:14 p.m., the
meeting was adjourned.)

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