

PHYSICAL EXAMINATION CHECKLIST

When completing the CG 719K or KE application please insure that all blocks are filled in on examination forms. Forms with missing information will incur delays in processing.

- **Section III Medications:** Verify that ALL medications, vitamins, dietary supplements, and/or performance enhancing substances are listed with dosages and frequency. This includes both prescription and non-prescription substances.
- **Section IV Certification of Medical Conditions:** Review and verify the medical history as reported by the mariner. Provide details of conditions as indicated on the form and aid the mariner in submitting the supporting medical documentation needed for the conditions. The requirements for this supporting documentation are listed in the [NVIC 04-08](#).
 - Failure to provide supporting medical documentation for conditions can lead to significant delays in processing and evaluations.
- **Section V (a) Visual Acuity:** Insure that both corrected AND uncorrected visual acuity is recorded, if applicable.
- **Section V (b) Color Vision:** Non-standardized tests are not acceptable at this time. This includes yarn tests, crayons, pointing out primary colors in your office, etc. Please contact the NMC for any questions regarding the tests listed or to determine if an alternative test is acceptable prior to submitting form.
- **Section VI Hearing:** Instructions are as follows:
 - An applicant with normal hearing by forced whispered voice \geq 5 feet with or without hearing aids does not need to complete either the audiometer test or the functional speech discrimination test.
 - If hearing is abnormal, then perform either a functional speech discrimination test at 55 dB or an audiogram documenting thresholds and averages as indicated below. Both aided and unaided values should be recorded for applicants requiring hearing aids.
 - All applicants with an unaided threshold $>$ 30dB in the better ear should have functional speech discrimination testing performed at 55dB.
- **Section VII Physical Examination:** Please insure that all boxes are completed, including calculated Body Mass Index (BMI). Please use the Comments Section to describe any abnormalities found on physical examination or to elucidate on the Applicant's medical history/conditions from Section IV.
- **Section VIII Demonstration of Physical Ability:**
 - If the examining medical practitioner doubts the applicant's ability to meet the guidelines contained within this table, and for all applicants with a Body Mass Index (BMI) of 40.0 or higher, the practitioner should require that the applicant demonstrate the ability to meet the

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guidelines. A description of the methods utilized by the medical practitioner should be reported on the CG-719K or CG-719K/E (or approved equivalent form) as appropriate.

- All demonstrations of ability should be performed by the applicant without assistance.
- Any prosthesis normally worn by the applicant and other aid devices such as prescription glasses may be used by the applicant in all practical demonstrations except when the use of such would prevent the proper wearing of mandated personal protective equipment (PPE).
- If an applicant is unable to meet any of the guidelines contained within this table, the examining medical practitioner should provide information on the degree or severity of the applicant's inability to meet the guidelines.