

FOR IMMEDIATE RELEASE

OPHS PRESS OFFICE  
(202) 690-7694

October 9, 2007

**HHS Announces \$7.8 Million for New Adolescent Family Life Prevention  
Demonstration Grant Projects**

The Office of Populations Affairs of the U.S. Department of Health and Human Services (HHS) today announced evaluation-intensive Adolescent Family Life (AFL) Prevention Demonstration Grants totaling \$7.8 million over five years based on performance and availability of funds.

Adolescent Family Life (AFL) prevention demonstration programs implement and evaluate innovative approaches to the delivery of abstinence education activities and services targeting youth 9-18. AFL prevention projects are also required to have a strong education component for parents to assist them in helping their children remain abstinent.

“These programs have proposed innovative methods of teaching and supporting kids in making a decision to abstain from sex until marriage, by providing an array of educational and supportive activities to youth and their parents,” said Johanna Nestor, director of the AFL program.

The new AFL grantees have dedicated over 20-25 percent of their budgets for evaluation activities. Evaluation activities include having a viable comparison group strategy, using the AFL core data instrument for both treatment and comparison groups, and longitudinal follow-up of the target population. Programs are required to use an independent evaluator affiliated with a college or university in the grantee’s state. Through these efforts, community-based projects aim to find effective means, within the context of the family, to promote premarital abstinence.

To help youth remain abstinent, programs intend to equip youth with skills to enable them to make healthy choices. These programs take into account how youth develop physically and emotionally and seek to provide developmentally appropriate educational and supportive services.

Additional information about the AFL program can be found at:  
<http://opa.osophs.dhhs.gov/>.

Organization	Location	Program Description	Amount Funded
Program Reach	Bronx, New York	This program will serve 600 4 <sup>th</sup> – 6 <sup>th</sup> grade students per year in the Yonkers Public Schools. <i>Healthy Respect Character Education</i> (HREP), tutoring and dance classes along with parent workshops will be offered	\$475,000
Colorado State University	Fort Collins, CO	This program will target the family unit and will serve an estimated 300 adolescents, 300 parents and 800 siblings. The <i>Care to Wait</i> program offers abstinence and character education workshops to the entire family to help strengthen parent influence in the lives of their children.	\$410,843
Public Health Authority of Cabarrus County	Kannapolis, NC	This program will target an estimated 350 7 <sup>th</sup> grade students with the <i>Worth the Wait</i> curriculum and multiple youth development activities. The program will follow this group of students through 8 <sup>th</sup> and 9 <sup>th</sup> grades.	\$475,000
Vista Community Clinic	Vista, CA	The Junior REACH (Recreation, Employment readiness, Academic Achievement, Communication Skills, and Health Lifestyles) will serve an estimated 225 youth ages 9-12 years old. The after-school program uses a strong abstinence curriculum in addition to supporting activities.	\$475,000
Catholic Healthcare West, dba Northridge Hospital Center	Northridge, CA	An estimated 450 children in the 7 <sup>th</sup> and 8 <sup>th</sup> grades will receive a multi-faceted abstinence education program in the classroom. The target population is primarily Hispanic. High school students will facilitate the classes. Parent nights and theater productions will also be offered.	\$457,566
Demoiselle 2 Femme, NFP	Chicago, IL	This project will offer a comprehensive youth development program with a deep focus on abstinence education. The project will target African American girls ages 14-19 in an after-school setting with the PRIDE curriculum. Supportive activities will be offered such as retreats, college tours and mentoring.	\$475,000
Friends First	Littleton, CO	An estimated 400 students and 300 parents will services from this new project. The Quinceanera program will target 12-15 year old adolescents with abstinence education. Their families will also be involved. The STAR mentoring program will provide adult mentors as well	\$474,800
Catholic Charities of the Roman Catholic Diocese of Syracuse	Syracuse, NY	This project will implement the <i>Choices Enhanced</i> program which will work on parent-child connectedness and will teach the <i>Families United to Prevent Teen Pregnancy</i> curriculum. Supportive activities will also be offered. An estimated 225 youth per year will be targeted.	\$474,998
Lake County Health Department	Waukegan, IL	This project will implement the FOCUS program which includes abstinence education, parent sexual health education workshops and support, parent-child connectedness activities and positive future orientation. It will target 180 6 <sup>th</sup> -8 <sup>th</sup> grade students and their parents. Participants will be primarily Latino or African American.	\$475,000
Adolescent and Family Comprehensive Services, Inc.	Bronx, NY	The FLAP (Family Life Abstinence Project) will provide services through classroom instruction and after-school sessions that will allow youth to acquire knowledge and skills that will instill the important message of abstinence from premarital activities. The population will be predominately African American and Hispanic and an estimated 1,000 youth will be served	\$475,000
Catholic Social Services of the Miami Valley	Dayton, OH	The "Teens Making a Choice" program will target youth who are involved with the child protection agency. The <i>Wait Training</i> curriculum in combination with strong supportive activities will be implemented. An estimated 100 students will be served per year with intensive services.	\$470,735
Prima Prevention Partnership	Tucson, AZ	The "Families' Trust" program will expand existing abstinence education services to include a parental component, familial component, mental health/counseling and parent-child resources. The <i>Choosing the Best</i> curriculum will be used and an estimated 800 students and 200 parents will be served.	\$421,741
Austin Learning Academy	Austin, TX	This project will offer an intensive after-school abstinence education program in four Austin middle schools. Abstinence	\$473,000

		education, asset building activities, tutoring/homework assistance and monthly family workshops will also be implemented.	
Healthy Connections, Inc.	Mena, AR	This project will incorporate multiple strategies to promote abstinence: in-school curriculum ( <i>Choosing the Best</i> ), parent activities and education, community service projects, community needs projects and case management will also be implemented to support youth who are remaining abstinent. An estimated 100 students per year will be targeted.	\$428,941
HOPE Worldwide	Baltimore, MD	The Healthy Communities Baltimore (HCB) will implement the <i>Positive Youth Choice</i> abstinence education curriculum, mentoring activities and academic support for an estimated 200 students per year. These activities will be implemented in local YMCA's	\$474,955
Fifth Ward Enrichment Program, Inc.	Houston, TX	An estimated 200 youth will be served using various abstinence curricula, civic engagement and leadership development, parent engagement and education as well as life skills training. This project specifically targets young African American males.	\$475,000
Augusta Partnership for Children, Inc.	Augusta, GA	Approximately 1,000 7 <sup>th</sup> -11 <sup>th</sup> grade students will receive the <i>Choosing the Best</i> curricula. A sub-set of this number will receive after-school programming, parent education activities, and peer mentoring opportunities.	\$419,439