



Terminal Leave

- Terminal leave—also known as transition, separation or retirement leave—is often used by service members to help ease the transition to civilian life
- Service members, including demobilizing Guard and Reserve, are still on active duty while on terminal leave, and must know how to access health care services until their separation or retirement date
 - All routine care, including any medical examinations or evaluations required for separation or retirement, must be completed prior to starting terminal leave
- Service members who stay *within* the Prime Service Area (PSA) of their assigned military treatment facility (MTF) or mobilization site while on terminal leave will continue to use their assigned MTF
- Service members who go *outside* the PSA of their assigned MTF or mobilization site will remain assigned to that MTF, but may:
 - Receive care from a nearby MTF in the area where they will be residing
 - Obtain a single pre-authorization to receive any routine or urgent outpatient primary care from the Department of Veterans Affairs
 - This authorization should be requested by the assigned MTF primary care manager (PCM) prior to starting terminal leave
- Obtain an authorization by phone from the assigned MTF PCM or Managed Care Support Contractor (Health Net Federal Services for the TRICARE North Region) before each episode of care (urgent or routine) from civilian providers in the private sector
- Family members of sponsors on terminal leave may continue with the same coverage they already have (Standard, Extra, Prime, or Prime Remote), may change programs, or may move their Prime enrollment to another location
- At the end of terminal leave:
 - Separating service members and their families will lose TRICARE eligibility, but may qualify for transitional TRICARE benefits or to purchase temporary coverage through the Continued Health Care Benefit Program (CHCBP)
 - Retiring service members and their families will transition to retiree TRICARE benefits
 - Demobilizing Guard and Reserves and their families may qualify for transitional TRICARE benefits, or to purchase coverage through TRICARE Reserve Select or CHCBP



NMCP Health Benefits

Building 3, 3rd Floor; Mon-Fri, 7 a.m.—3:30 p.m.
(757) 953-2610/2611

NMCP TRICARE Service Center

Health Net Federal Services
Building 249 (next to parking garage)
Mon—Fri, 7:30 a.m.—4:30 p.m.
1-(877) 874-2273



Appointments & Specialty Referral Status

Hampton Roads Appointment Center
Mon—Fri, 6 a.m.—8 p.m.
S, S & Holidays, 7 a.m.—3:30 p.m.
1-(866) 645-4584

To Schedule a Presentation

TRICARE Operations—Marketing
(757) 953-6153/6048