



Diabetes

TRICARE Coverage for Patients with Diabetes

- Durable Medical Equipment (DME) - medical necessity & authorization required
 - Insulin pumps
 - Custom molded shoes with inserts, or extra-depth shoes
 - Glucose meter (Glucometer)
- Diabetic Supplies - covered by the TRICARE Pharmacy Program
 - Insulin products & certain other diabetic prescription medications*
 - Blood & urine glucose test strips
 - Blood & urine ketone/acetone test strips
 - Diabetic syringes & needles*
 - Lancets (*alcohol swabs are not covered by TRICARE; they can be purchased over-the-counter*)
- Outpatient Self-Management Training Services by qualified providers for patients with:
 - New onset diabetes
 - Poor glycemic control, or change in the treatment regimen
 - Complications, such as severe hypoglycemia, or high risk for complications

TRICARE Formulary Self-Monitoring Glucose Test Strips

- There are four types of approved test strips available to beneficiaries through a military treatment facility pharmacy; or for a \$9 co-pay (Tier 2) through the Mail Order Pharmacy; or a \$12 co-pay (Tier 2) at a Retail Pharmacy
- Other test strips are non-formulary, and are available through the Mail Order or Retail Pharmacy for a \$25 co-pay (Tier 3)

**Note: Medicare Part B does not cover these items - except for insulin when used with an approved insulin pump. For these items, TRICARE is the primary payer for TRICARE for Life patients.*



Test Strip	Information on Obtaining a Free Glucose Meter
Precision Xtra	Call 1-866-224-8892 weekdays from 8 a.m. to 10 p.m. EST; by email at OrderFullfillment@abbottcustomercare.com ; or online at www.meters.abbottdiabetescare.com
Freestyle Lite	
Accu-chek Aviva	Call 1-800-858-8072; or visit www.accu-chek.com
Bayer Contour	Call 1-800-348-8100; or visit www.bayerdiabetes.com/us

NMCP Health Benefits

Building 3, 3rd Floor; Mon-Fri, 7 a.m.—3:30 p.m.
(757) 953-2610/2611

NMCP TRICARE Service Center

Health Net Federal Services
Building 249 (next to parking garage)
Mon—Fri, 7:30 a.m.—4:30 p.m.
1-(877) 874-2273



Appointments & Specialty Referral Status

Hampton Roads Appointment Center
Mon—Fri, 6 a.m.—8 p.m.
S, S & Holidays, 7 a.m.—3:30 p.m.
1-(866) 645-4584

To Schedule a Presentation

TRICARE Operations—Marketing
(757) 953-6153/6048