



EFMP & ECHO - USMC



Exceptional Family Member Program (EFMP)

Each military service, including the Marine Corps, has an EFMP, which is a mandatory enrollment program for active duty personnel with family members having special medical, developmental, or educational needs

- Benefits of EFMP include:
 - Duty assignment screening to ensure the family member's special needs and service member's career obligations are met
 - Case management services
 - Legal assistance
 - Respite care
 - TRICARE Extended Care Health Option (ECHO)
- The Marine Corps EFMP Office will provide the required forms and help obtain the necessary medical and educational evaluations
 - The MCCS Camp Allen EFMP Program Manager is Ms. Karina Phillips (757-445-6875)
 - The MCCS Camp Allen EFMP Office is located at Naval Medical Center Portsmouth (757-953-2270)
- Enrollment forms are also available online at: www.mccscampallen.com/EFMP_local.htm
 - DD Form 2792, *Exceptional Family Member Medical Summary* (for medical or psychological concerns)
 - DD Form 2792-1, *Exceptional Family Member Special Education/ Early Intervention Summary* (for educational concerns)
- After the evaluations and enrollment forms are completed submit them to the EFMP Case Worker who will make sure the documentation is complete, sign the forms and forward the application to the HQ EFMP
 - Keep copies of all forms, which will be needed later to apply for ECHO benefits
 - Families will be notified of their enrollment status via a letter from HQ EFMP

TRICARE Extended Care Health Option (ECHO)

ECHO is administered in the TRICARE North Region (including Hampton Roads) by Health Net Federal Services. ECHO registration can be started after enrollment in EFMP

- Enrollment in EFMP does not automatically qualify a beneficiary for ECHO benefits
- Contact Health Net to begin ECHO registration
 - Call 1-877-TRICARE (1-877-874-2273) and ask to speak with an ECHO Case Manager, or
 - Call the Hampton Roads area ECHO Case Manager/ Coordinator at (757) 766-4735 or 1-800-977-7531
 - The ECHO Case Manager will explain and help with the registration process, including verifying:
 - Eligibility
 - Proof of a qualifying condition
 - Proof of enrollment in EFMP
- Once registered in ECHO, the Case Manager will explain:
 - Covered benefits under ECHO and TRICARE.
 - How to Identify and use public funds and facilities first, and what to do when public assistance is not available or adequate
 - Obtaining pre-authorization for ECHO benefits (all benefits must be authorized in advance by Health Net)
 - Selecting providers (all services, supplies and equipment under the ECHO program must be received from TRICARE -authorized providers)
 - Benefit caps and cost-shares
 - How beneficiaries enrolled in TRICARE Prime must follow the Prime requirements for obtaining care and services (such as using the primary care manager for routine care and obtaining referrals for specialty care)
 - Procedures to follow when a sponsor and family move to a new location

NMCP Health Benefits

Building 3, 3rd Floor; Mon-Fri, 7 a.m.—3:30 p.m.
(757) 953-2610/2611

NMCP TRICARE Service Center

Health Net Federal Services
Building 249 (next to parking garage)
Mon—Fri, 7:30 a.m.—4:30 p.m.
1-(877) 874-2273



Appointments & Specialty Referral Status

Hampton Roads Appointment Center
Mon—Fri, 6 a.m.—8 p.m.
S, S & Holidays, 7 a.m.—3:30 p.m.
1-(866) 645-4584

To Schedule a Presentation

TRICARE Operations—Marketing
(757) 953-6153/6048