



Information & Assistance

Hampton Roads Health Benefit Advisor Offices

Also known as Beneficiary Counseling & Assistance Coordinators

NMCP, Building 3, 3rd Floor, 620 John Paul Jones Circle, Portsmouth, VA 23708
(757) 953-2610 Monday – Friday, 7 a.m. – 3:30 p.m.

- Program, Benefit & Eligibility Information
- Claims & Debt Collection Information & Assistance
- Prime Enrollment Information & Assistance

Sewells Point Branch Health Clinic
Norfolk Naval Base
1721 Taussig Boulevard
Norfolk, VA 23511
(757) 953-8708
Monday – Friday, 7:30 a.m. – 3:30 p.m.

Adm Joel T. Boone Branch Health Clinic
Joint Expeditionary Base Little Creek
1035 Nider Boulevard
Norfolk, VA 23521
(757) 953-8183/8185
Monday – Friday, 7:30 a.m. – 3:30 p.m.

Oceana Branch Health Clinic
Naval Air Station Oceana
1550 Tomcat Boulevard
Virginia Beach, VA 23460
(757) 953-3933 (Option 7)
Monday – Friday, 7:00 a.m. – 3:20 p.m.

Yorktown Branch Health Clinic
Naval Weapons Station Yorktown
P.O. Box 90
Yorktown, VA 23291
(757) 953-8441
Monday – Friday, 7 a.m. – 3:30 p.m.

Northwest Branch Health Clinic
Naval Communications Station NW
4501 Relay Road
Chesapeake, VA 23322
(757) 953-6246
Monday – Friday, 7:30 a.m. – 3:30 p.m.

TRICARE Prime Clinic Virginia Beach
2100 Lynnhaven Parkway, Suite 201
Virginia Beach, VA 23456
(757) 953-6710/6711
Monday – Friday, 7 a.m. – 3:45 p.m.

TRICARE Prime Clinic Chesapeake
1011 Eden Way North, Suite 8
Chesapeake, VA 23320
(757) 953-6382
Monday – Friday, 7:30 a.m. – 4 p.m.

TRICARE Service Center
Health Net Federal Services, LLC
Naval Medical Center Portsmouth
Building 249, Portsmouth, VA 23708
(877) TRICARE (877-874-2273)
Monday – Friday, 7:30 a.m. – 4:30 p.m.
www.healthnetfederalservices.com

NMCP Health Benefits

Building 3, 3rd Floor; Mon-Fri, 7 a.m.—3:30 p.m.
(757) 953-2610/2611

NMCP TRICARE Service Center

Health Net Federal Services
Building 249 (next to parking garage)
Mon—Fri, 7:30 a.m.—4:30 p.m.
1-(877) 874-2273



Appointments & Specialty Referral Status

Hampton Roads Appointment Center
Mon—Fri, 6 a.m.—8 p.m.
S, S & Holidays, 7 a.m.—3:30 p.m.
1-(866) 645-4584

To Schedule a Presentation

TRICARE Operations—Marketing
(757) 953-6153/6048