



CHCBP

If TRICARE coverage is lost, the Continued Health Care Benefit Program (CHCBP) is available while former service members and their families transition to civilian health care.

What is CHCBP?

- CHCBP is a premium-based, temporary health care program—similar to a civilian COBRA program—designed to help former service members and their families following the loss of military health benefits until civilian health insurance can be obtained.
- Benefits under CHCBP are similar to those under TRICARE Standard and Extra. CHCBP, however, is not a part of TRICARE, and participation is optional.

Who is Eligible?

- Former service members (including Guard and Reserves recalled for more than 30 days) released from active duty (under other than adverse conditions) and eligible family members. *Coverage is limited to 18 months.*
- Unremarried former spouses who were eligible for TRICARE on the day before the date of the final decree of divorce, dissolution, or annulment. *Coverage, with exceptions, is limited to 36 months.*
- Emancipated children who cease to meet the requirements to be an eligible family member and were eligible for TRICARE on the day before ceasing to meet those requirements. *Coverage is limited to 36 months.*
- Certain unmarried children by adoption or legal custody. *Coverage is limited to 36 months.*



How Can I Participate?

- CHCBP is administered by Humana Military Healthcare Services, Inc.
- Visit www.humana-military.com or call 1-800-444-5445 to request a CHCBP Enrollment Package. The package will include an enrollment application and a program handbook.
- Enrollment must be done within 60 days of losing eligibility for TRICARE or Transitional Assistance Management Program (TAMP) benefits.
- TRICARE Reserve Select (TRS) members must enroll within 30 days following the loss of TRS eligibility.
- Submit the application, premium payment for the first 90 days of coverage, and supporting documentation to Humana Military. Humana will notify you after the application has been received, and will send you a CHCBP identification card.
- Enrollment begins the day after entitlement to a military health care plan ends.

How Much Does CHCBP Cost?

- TRICARE Standard/Extra deductibles, cost-shares and catastrophic cap amounts applicable to the sponsor's category (active duty or retired) at the time military health care benefits were lost will apply.
- Quarterly premiums:

FY-2012	
Individual	\$1,065
Family	\$2,390



NMCP Health Benefits

Building 3, 3rd Floor; Mon-Fri, 7 a.m.—3:30 p.m.
(757) 953-2610/2611

NMCP TRICARE Service Center

Health Net Federal Services
Building 249 (next to parking garage)
Mon—Fri, 7:30 a.m.—4:30 p.m.
1-(877) 874-2273



Appointments & Specialty Referral Status

Hampton Roads Appointment Center
Mon—Fri, 6 a.m.—8 p.m.
S, S & Holidays, 7 a.m.—3:30 p.m.
1-(866) 645-4584

To Schedule a Presentation

TRICARE Operations—Marketing
(757) 953-6153/6048