

3 Important Things to Know about Electronic Health Information:

1. **Talk to your physician about electronic health records (EHRs)**

- Does your doctor use an EHR?
- Can you get an electronic or printed record of your appointment before you leave?
- Can your drugs be prescribed electronically?
- Does your doctor communicate electronically with the lab, other doctors, and the hospital, and other providers?

2. **You have a right to your health information**

- You have a right to get a copy of your record to help you track your care
- You have the right to work with your doctor to make sure your records are correct
- You have the right to file a complaint if you think your rights have been violated
- Make sure you have your family's vaccination records

3. **eHealth tools can help you manage your health**

- Use digital devices such as pedometers, digital scales, and sleep trackers
- Explore smart phone applications (apps)
- Join a patient community online for support and information
- Create your – and your family's – personal health records