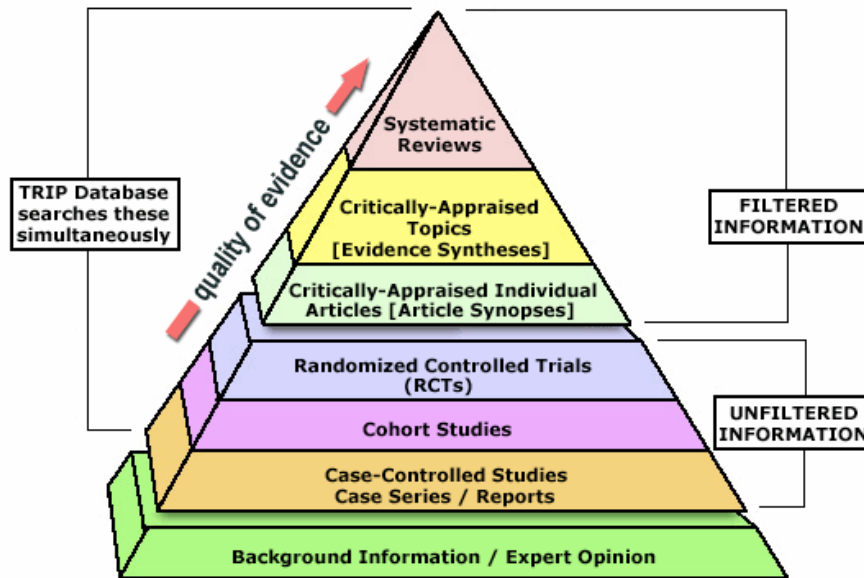




Finding Evidence Through HEAL-WA

1. HEAL-WA (Health Evidence Resource for Washington State) <http://heal-wa.org>
2. Evidence Pyramid



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3. Research Articles (RCTs, Cohort Studies, etc)
 - a. Medline with full text or PubMed
 - i. PubMed at the UW <http://healthlinks.washington.edu/howto/pubmed/>
 - b. CINAHL (Cumulative Index to Nursing and Allied Health Literature)
 - i. Searching CINAHLplus
<http://healthlinks.washington.edu/howto/cinahlplus/index.pdf>
 - c. Journals A-Z
4. Synopses and Syntheses
 - a. DynaMed
 - b. Nursing Reference Center (Evidence Based Care Sheets)
5. Systematic Reviews
 - a. Cochrane Database of Systematic Reviews
 - b. PubMed Clinical Queries: select Find Systematic Reviews and enter topic
 - c. CINAHLplus: use Search Options to limit your results; select Systematic Review under Publication Type

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