



DEPARTMENT OF THE NAVY  
NAVAL MEDICAL CENTER  
34800 BOB WILSON DRIVE  
SAN DIEGO, CALIFORNIA 92134-5000

IN REPLY REFER TO:

## Naval Medical Center San Diego Visitation Guidance

### Patient and Family-Centered Care

Care provided at Naval Medical Center San Diego (NMCS D) is Patient and Family Centered; encouraging partnerships between clinicians, patients, families, and friends to create a healing environment. Respect, empowerment, choices, and flexibility are the core principles of Patient and Family Centered Care. This visitation guidance applies to all inpatient care areas of NMCS D except the Mental Health units.

### Visitation

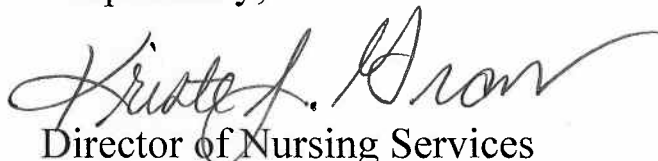
Family and friends are encouraged to visit NMCS D patients. We support the most liberal visitation desired by every patient. There are no official limitations of the number of visitors or age restrictions; we simply ask that all **visitors be healthy** and a **supervising adult accompany all children**. We also have no restrictive "Visiting Hours"; visitors are welcome to visit you anytime, however lack of appropriate visitor sleeping space in your room may prevent overnight stays. (Hospital staff can provide overnight accommodation recommendations if you need these). Because many of our patient rooms are NOT private, it is important that visitors be ever mindful and respectful of other patients' privacy, of noise levels and space limitations; these considerations are very important for everyone's health and safety. Nurses must balance visitation with patient rest periods and will educate visitors about the need to maintain a quiet, healing environment that helps to prevent the spread of infection. Lastly, to confirm your desire to receive visitors, we ask all visitors to check-in at the Nurses' Station before entering patient rooms.

## **Infection Control**

Some patients require isolation depending upon the type of infection. These precautions are used to protect visitors, staff and other patients from possible infections. It is very important that isolation precautions are followed. Nursing staff will instruct new visitors on isolation precautions. If nurses observe a visitor not following the precaution requirements, they will advise the visitor that continued non-compliance can not be accepted. If the visitor remains non-compliant, he/she will be asked to leave the unit and return only when able to comply with the prescribed isolation precautions.

Capitalizing on the principles of Patient and Family Centered Care, the NMCS D inpatient goal is to provide you the highest quality care in the most comfortable manner possible; and this includes welcoming your family and friends to your bedside. We thank you for trusting us with your health care.

Respectfully,

A handwritten signature in cursive script, appearing to read "Kristy L. Brown".

Director of Nursing Services

By direction of the Commander

Naval Medical Center San Diego