



# We Can!™ community site sign-up form

Ways to Enhance Children's Activity & Nutrition



Tell us how you learned about We Can! Please check all that apply:

- We Can! in Action e-Newsletter
- NHLBI Health Information Network
- We Can! Regional Training
- We Can! Partner
- We Can! Community Site
- State Health Department
- Newspaper or Magazine
- TV
- Radio
- Conference
- Colleague
- Friend
- Other: \_\_\_\_\_



We Can! is a collaboration of four Institutes of the National Institutes of Health (NIH): the National Heart, Lung, and Blood Institute (NHLBI), National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institute of Child Health and Human Development (NICHD), and the National Cancer Institute (NCI).

An education program from the National Institutes of Health (NIH) to help children and families maintain a healthy weight.

## Instructions

To become a **We Can!** Community Site, simply fill out this form and fax it to the NHLBI Information Center at (240) 629-3246. You can also complete the form online at <http://wecan.nhlbi.nih.gov/get-involved/signup.htm>

## Choose One of Three Flexible Options!

Sign-up by choosing one of three options for your organization. Simply check the box that best suits your needs for the year to come!

### We Can! General Community Site

Implement ANY TWO of the following three activities in one year, and complete the **We Can!** online activity form after each activity:

- Implement one **We Can!** youth program/curriculum
- Implement one **We Can!** parent program/curriculum
- Host one **We Can!** community outreach event

### We Can! Intensive Community Site

Complete ALL of the following activities in one year, and complete the **We Can!** online activity form after each activity:

- Implement three or more **We Can!** youth programs/curricula
- Implement three or more **We Can!** parent programs/curricula
- Host three or more **We Can!** community outreach events
- Work with local partners to implement **We Can!** programs
- Pursue local **We Can!** media coverage
- Submit an abstract of your year's **We Can!** activities for posting on the **We Can!** Web site

### We Can! City or County

Complete ALL of the following activities in one year, and complete the **We Can!** online activity form after each activity:

- Send a letter of commitment from the city mayor or county executive to **We Can!** program staff and publicly announce involvement through a mayoral or county executive proclamation to the city or county
- Provide **We Can!** information or activities to city or county employees
- Implement four or more **We Can!** parent programs/curricula
- Implement four or more **We Can!** youth programs/curricula
- Host four or more **We Can!** community outreach events
- Work with local partners to implement **We Can!** programs
- Pursue local **We Can!** media coverage
- Submit an abstract of your year's **We Can!** activities for posting on the **We Can!** Web site

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## Your Contact Information

Primary point of contact

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Last name

First name

Middle name

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Title

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Name of organization/group

Web address of organization/group

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Mailing address (No P.O. Boxes, please)

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Phone

E-mail

## We Can! Resources and Program Highlights

The **We Can!** Community Site Listserv and **We Can!** in Action e-Newsletter are great ways to learn from others about their activities and to hear the latest program updates on resources and activity from NIH.

**CHECK the options below** to be included in the listserv and to receive the quarterly e-Newsletter:

- We Can! Community Site Listserv:** Connects community sites across the country and provides program announcements from NIH on helpful resources.
- We Can! in Action e-Newsletter:** Reports on a variety of **We Can!** activities quarterly, including partner activities, new materials, and community highlights.

**CHECK the options below** to allow program organizers to highlight your organization on the **We Can!** Web site and to contact you to learn about your success.

- Permission to post your activities on the We Can! Web Site:**  
YES – NIH can share my experiences, and post my organization's name, city, and state as a new **We Can!** Community Site on the **We Can!** Web Site and in the **We Can!** in Action e-Newsletter.
- Permission to be contacted by We Can! Program Staff:**  
YES – **We Can!** national organizers have the authority to contact me via e-mail, mail, or phone to learn about my success. Contact information will not be used in any activities other than **We Can!** support and will not be shared with any outside parties without my prior permission.

If you choose to provide **We Can!** with personal information by submitting this form to the National Heart, Lung, and Blood Institute (NHLBI), this information will not be released, disclosed, sold, or transferred to any outside source unless required by law or court order. If you choose to sign up online, **We Can!** will use your personal information only in ways stated in the NHLBI privacy statement. View this statement online at <http://wecan.nhlbi.nih.gov/about/privacy/htm>.

**For more information, visit the We Can! Web site at <http://wecan.nhlbi.nih.gov>, call 1-866-35-WECAN or email us at [nhlbiinfo@nhlbi.nih.gov](mailto:nhlbiinfo@nhlbi.nih.gov).**



National Heart, Lung, and Blood Institute  
National Institute of Diabetes and Digestive and Kidney Diseases

National Institute of Child Health and Human Development  
National Cancer Institute