



Steps to Follow for an Asthma Episode in the School Setting When a Nurse is Not Available

Be prepared. Know which students have asthma and where their medicine is kept.

If a student has asthma symptoms or complaints and needs your help, take these steps.

- » **Quickly evaluate** the situation. **Call 911** if the student is **struggling to breathe, talk, stay awake, has blue lips, or asks for an ambulance.**
- » **NEVER LEAVE A STUDENT ALONE.**
- » **Stop the student's activity.**
- » **Help the student locate and take his/her prescribed quick-relief inhaler medicine.**
- » **Contact the parent/guardian.**
- » **Repeat quick-relief inhaler medicine in 20 minutes** if student is still having trouble breathing.

Call 911 if any of the following occur:

- » If the student is **struggling to breathe, talk, stay awake, has blue lips, or asks for an ambulance.**
- » If the **student doesn't improve** after two administrations of quick-relief medicine, and nurse/designee or parent/guardian is not available.
- » If no quick-relief medicine is available, **the student's symptoms have not improved** spontaneously, and nurse/designee or parent/guardian is not available.
- » If you are unsure what to do.