

# 2011



# California Area Report

Measuring healthcare quality to improve patient care

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## ACKNOWLEDGMENTS

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provided by:

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Information Technology Staff  
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# INTRODUCTION

This 2011 California Area Report contains detailed performance results for all clinical Government Performance Results Act (GPRA) measures collected from 33 (25 tribal and 8 urban) programs, 30 of which used Clinical Reporting System (CRS) 11.0 software to report results. The 12-month GPRA collection period for FY 2011 ran from July 1, 2010 through June 30, 2011.

The California Area Report includes detailed results for all clinical GPRA measures. All measure results, except for Dental Sealants and Topical Fluorides, are displayed in two graphs. The first graph displays California Area results for each year from 2004-2011 (when available), as well as the FY 2011 IHS national average. The second graph displays results for each reporting California Indian health program for FY 2011. The first two rows under each graph show the percentage of patients meeting the measure in 2010 and 2011. The “n” row shows the number of patient records examined at each clinic, i.e. the “denominator,” in 2011. Because there are no denominators for the Dental Sealants and Topical Fluorides measures, those measure results are displayed in tables. Please note that as of FY 2011, GPRA results are reported to the tenth percentile.

Using the data in this report, health programs can review changes in their own performance from FY 2010 to FY 2011, compare their performance with other California programs and with national averages, and assess their progress toward achieving long-term goals. Page five of this document displays a 2011 GPRA User Population table for all reporting California Indian health programs. This table is organized by population so programs can benchmark their progress against programs of similar size.

In FY 2011, California tribal programs met 8 of 19 clinical measure targets and exceeded the IHS national average on 4 of those measures. The California Area Office is sponsoring a series of web-ex trainings and measure challenges designed to improve performance on GPRA measures in FY 2012. FY 2011 performance by tribal programs in California did have some bright spots: for example, the Nephropathy Assessment measure increased by 6.3 percentage points compared to 2010 and the Alcohol Screening (FAS Prevention) measure increased by 4.5 percentage points compared to 2010.

In FY 2011, the California urban programs met 1 of 16 clinical measure targets. However, California urban programs improved over 2010 results on 12 of the 16 measures. The Nephropathy Assessed measure showed the largest increase, improving by 14.0 percentage points over the 2010 result. Domestic Violence/Intimate Partner Violence Screening had the second largest improvement, increasing by 13.6 percentage points, followed by Alcohol Screening (FAS Prevention) which increased by 8.9 percentage points compared to 2010.

# PROGRAM LEGEND

| Abbr. | Site Name                       | ASUFAC |
|-------|---------------------------------|--------|
| BAK   | BAKERSFIELD IHC                 | 648655 |
| CDE   | CHAPA-DE                        | 661010 |
| CON   | CONSOLIDATED                    | 662210 |
| CVL   | CENTRAL VALLEY                  | 661110 |
| FRS   | FRESNO                          | 648510 |
| FRV   | FEATHER RIVER INDIAN HEALTH     | 663610 |
| HPA   | HOOPA                           | 661210 |
| IHC   | INDIAN HEALTH COUNCIL           | 661610 |
| KRK   | KARUK                           | 661355 |
| LAK   | LAKE                            | 662930 |
| LAS   | LASSEN INDIAN HC                | 663030 |
| MAC   | MACT HEALTH BOARD CLINIC        | 662510 |
| NVL   | NORTHERN VALLEY                 | 661557 |
| OAK   | OAKLAND NATIVE AMER HC/SAN FRAN | 648410 |
| PIT   | PIT RIVER                       | 661710 |
| QTZ   | QUARTZ VALLEY                   | 663855 |
| RED** | REDDING RANCHERIA               | 661910 |

| Abbr.  | Site Name                          | ASUFAC |
|--------|------------------------------------|--------|
| RSB    | RIVERSIDE/SAN BERNARDINO           | 661810 |
| RVL    | ROUND VALLEY                       | 662710 |
| SAC    | SACRAMENTO NATIVE AMER HEALTH      | 648310 |
| SBR    | SANTA BARBARA IHC                  | 648755 |
| SDG    | SAN DIEGO IHC                      | 648110 |
| SIH    | SO. INDIAN HEALTH COUNCIL          | 662110 |
| SJO**  | SAN JOSE                           | 648210 |
| SON    | SONOMA                             | 662010 |
| SS     | SHINGLE SPRINGS TRIBAL HEALTH      | 663410 |
| SYC    | SYCUAN                             | 663230 |
| SYZ    | SANTA YNEZ                         | 662830 |
| TOI    | TOIYABE                            | 662310 |
| TUL    | TULE RIVER CLINIC                  | 662410 |
| TUO    | TUOLUMNE ME-WUK CLINIC             | 664110 |
| UAI    | UNITED AMERICAN INDIAN INVOLVEMENT | 645060 |
| UIHS** | UNITED INDIAN HEALTH SERVICES      | 662610 |

*\*2010/\*\*2011 data reported from non-RPMS System; data not validated by CRS software equivalent*

**Urban Indian Health Program**

# 2011 GPRA USER POPULATION, BY PROGRAM

Population  
Scale

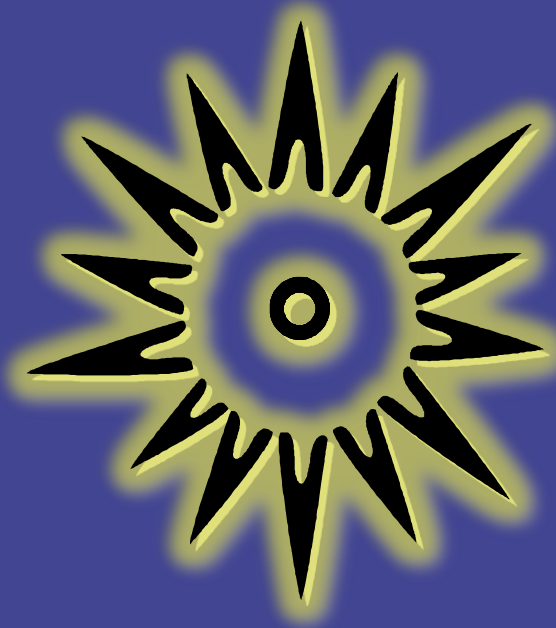
|        |           |           |        |
|--------|-----------|-----------|--------|
| > 4000 | 4000-2000 | 2000-1000 | < 1000 |
|--------|-----------|-----------|--------|

| Health Program                       | GPRA User Population |
|--------------------------------------|----------------------|
| Riverside/San Bern (RSB)             | 13,301               |
| Central Valley (CVL)                 | 7,900                |
| Chapa De (CDE)                       | 6,768                |
| United Indian Health Services (UIHS) | 5,930                |
| Sonoma (SON)                         | 5,458                |
| Indian Health Council (IHC)          | 4,545                |
| Feather River (FRV)                  | 4,322                |
| Redding (RED)                        | 3,304                |
| Hoopa (HPA)                          | 3,203                |
| Consolidated (CON)                   | 2,970                |
| Toiyabe (TOI)                        | 2,866                |
| Tule River (TUL)                     | 2,780                |
| United Amer. Indian Inv. (UAI)       | 2,388                |
| Southern Indian Health (SIH)         | 2,375                |
| Northern Valley (NVL)                | 2,092                |
| Karuk (KRK)                          | 2,073                |

| Health Program              | GPRA User Population |
|-----------------------------|----------------------|
| Lake (LAK)                  | 1,788                |
| MACT (MAC)                  | 1,765                |
| San Jose (SJO)              | 1,701                |
| Bakersfield (BAK)           | 1,484                |
| San Diego (SDG)             | 1,467                |
| Oakland/San Francisco (OAK) | 1,313                |
| Sacramento NAHC (SAC)       | 1,298                |
| Round Valley (RVL)          | 1,240                |
| Susanville (LAS)            | 1,089                |
| Shingle Springs (SS)        | 1,030                |
| Santa Ynez (SYZ)            | 1,020                |
| Pit River (PIT)             | 901                  |
| Fresno (FRS)                | 570                  |
| Santa Barbara (SBR)         | 399                  |
| Tuolumne Me-Wuk (TUO)       | 243                  |
| Quartz Valley (QTZ)         | 158                  |
| Sycuan (SYC)                | 128                  |

# GPRA MEASURES

## *Results*



*California Area Trends (2004-2011)*

*and*

*Results by Program (2010 & 2011)*

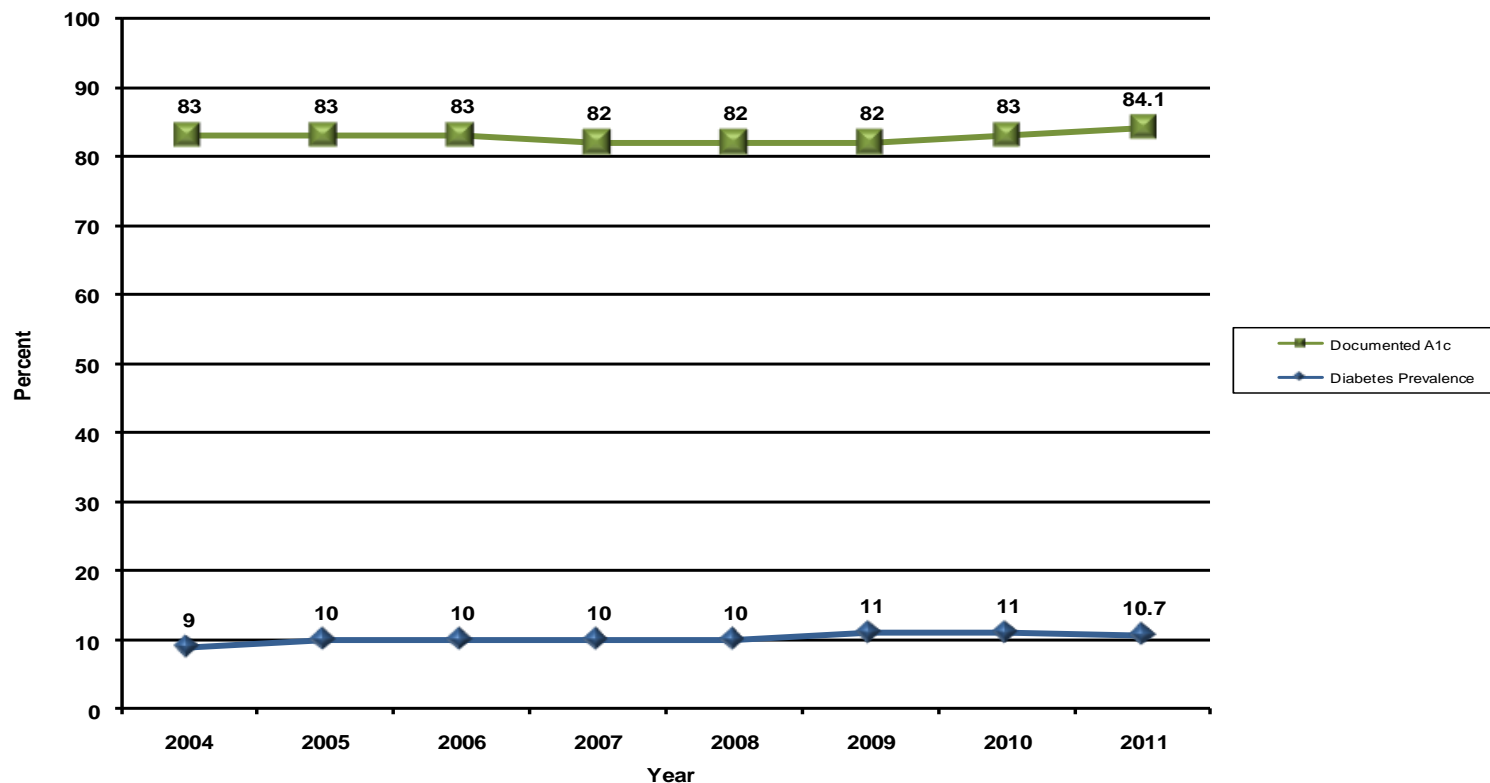


# DIABETES: PREVALENCE AND DOCUMENTED A1C

**Measure(s):** Prevalence: Proportion of patients with diagnosed diabetes prior to the end of the report period.  
Documented A1c: Proportion of patients with hemoglobin A1c documented during the Report Period, regardless of result. These are not GPRA measures but are provided for context.

**Importance:** *Diabetes leads to many health complications and is one of the leading causes of death among AI/AN people. Diabetes is also a major risk factor for cardiovascular disease, and CVD is the leading cause of death for American Indians. “Documented A1c” refers to a blood test called the Hemoglobin A1c, which determines blood sugar levels in patients with diabetes. This test can be used to determine a patient’s level of “glycemic control,” or how well blood sugars are controlled. These levels of control are divided into “Ideal” (<7 percent); “Good” (7.0-7.9 percent); “Fair” (8.0-<9.5 percent); and “Poor” (>9.5 percent), based on national diabetes care standards.*

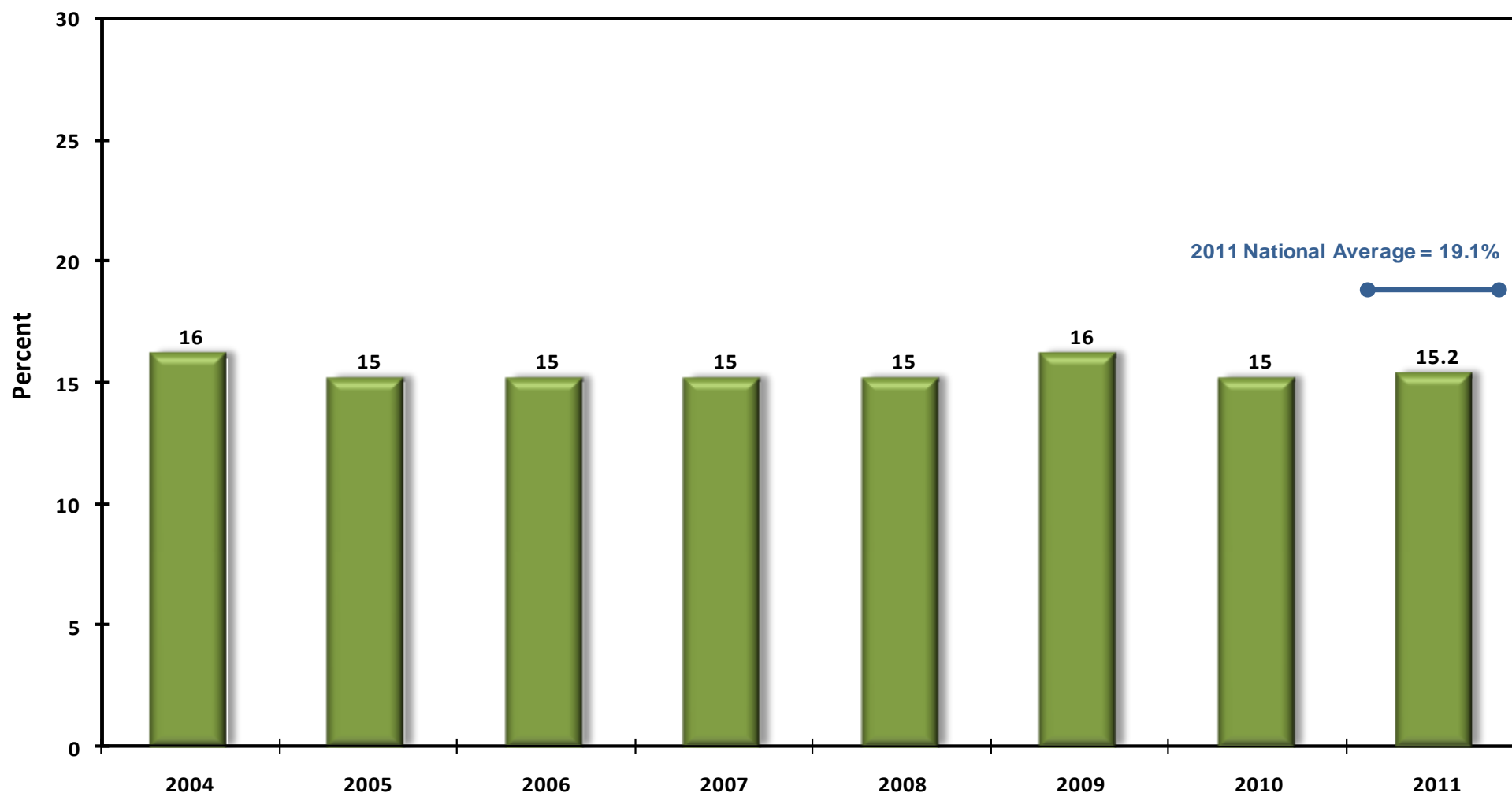
Diabetes: Prevalence and Documented A1c



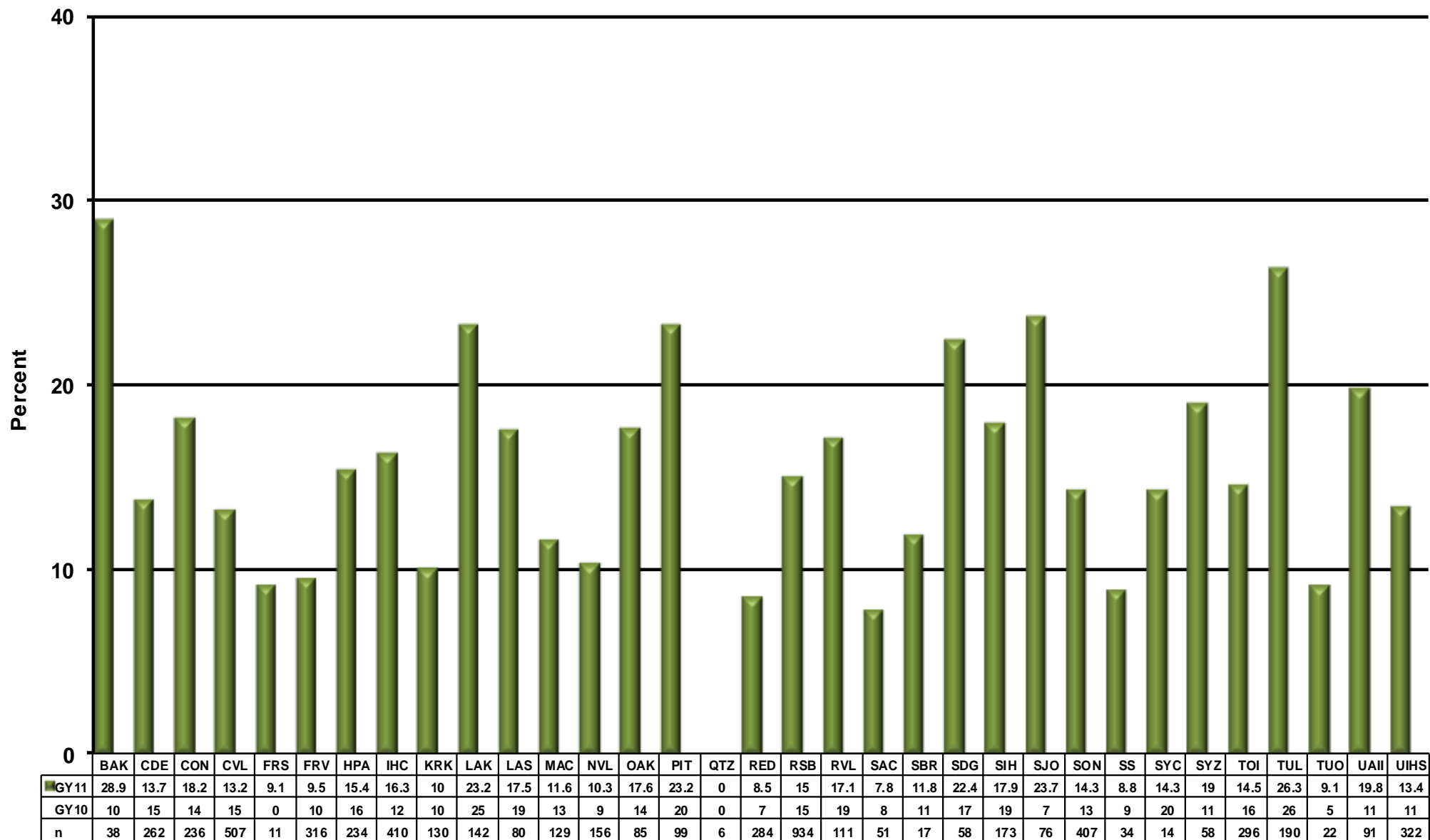
# DIABETES: POOR GLYCEMIC CONTROL

**Measure:** Proportion of patients with diagnosed diabetes that have poor glycemic control (A1c>9.5).

**Importance:** *Helping patients with diabetes with poor glycemic control (an A1c level at 9.5 or higher) lower their levels will reduce their risk of diabetes-related complications. Lowering the A1c level reduces the risk of diabetes-related death, and helps to reduce the number of heart attacks, strokes, eye diseases, amputations, and kidney failures among people with diabetes.*



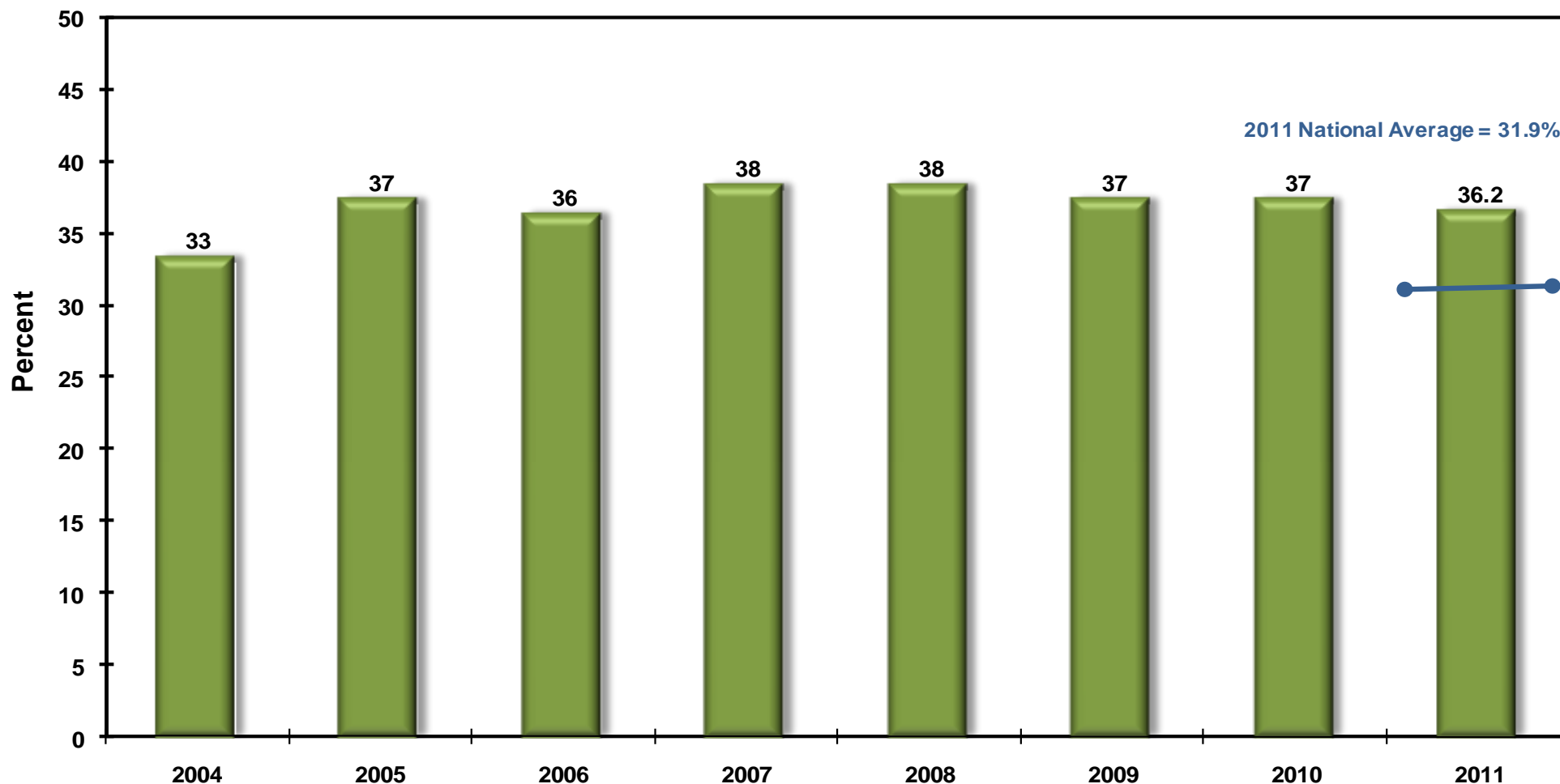
# DIABETES: POOR GLYCEMIC CONTROL



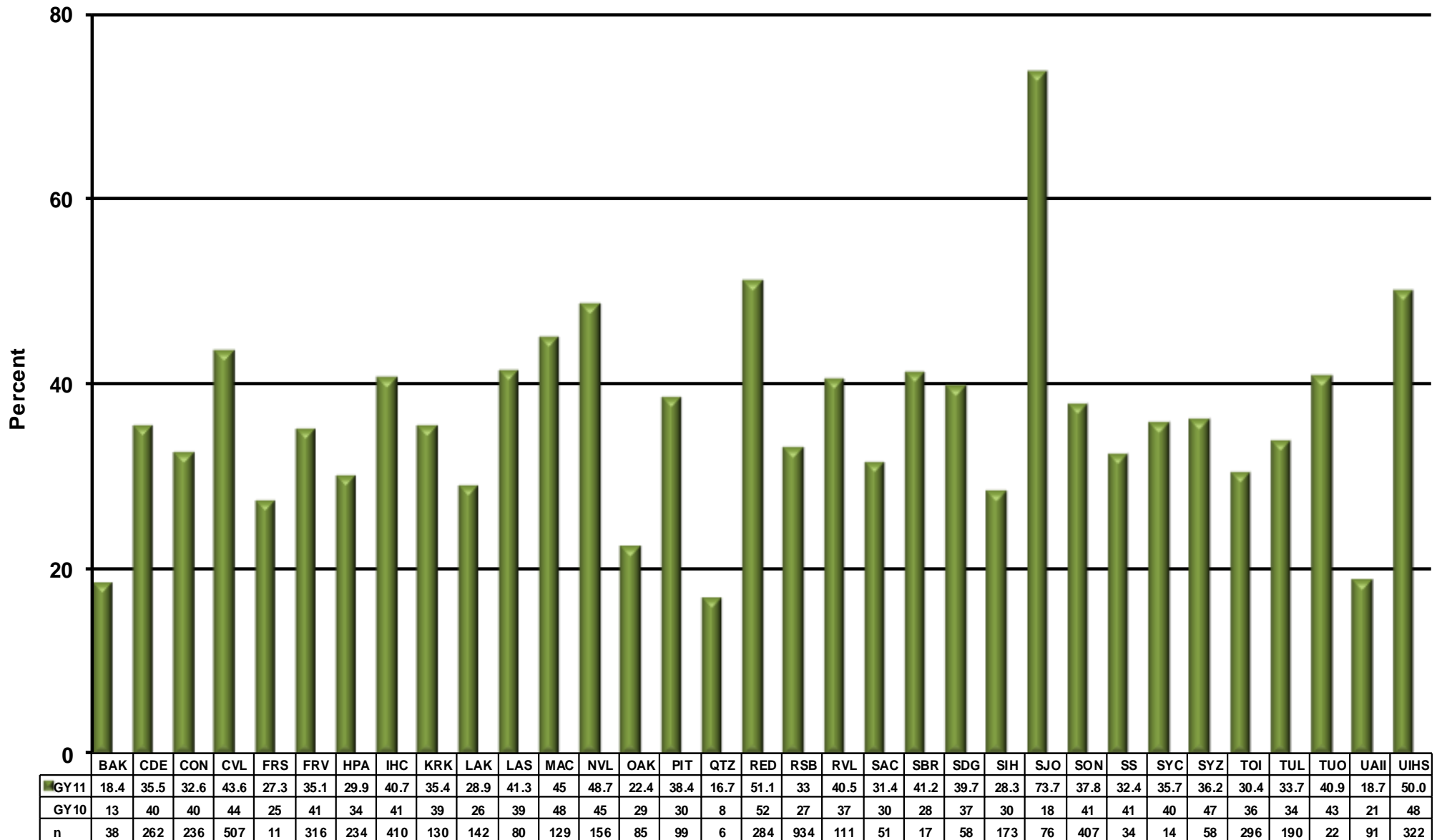
# DIABETES: IDEAL GLYCEMIC CONTROL

**Measure:** Proportion of patients with diagnosed diabetes with ideal glycemic control (A1c<7.0).

**Importance:** *Keeping blood sugar levels below 7 can slow or prevent the onset and progression of eye, kidney, and nerve disease caused by diabetes. Clinical studies have shown that keeping glycemic levels in the “ideal” range (below 7) results in a significantly reduced risk of eye disease, kidney disease, nerve disease, heart attack, and stroke.*



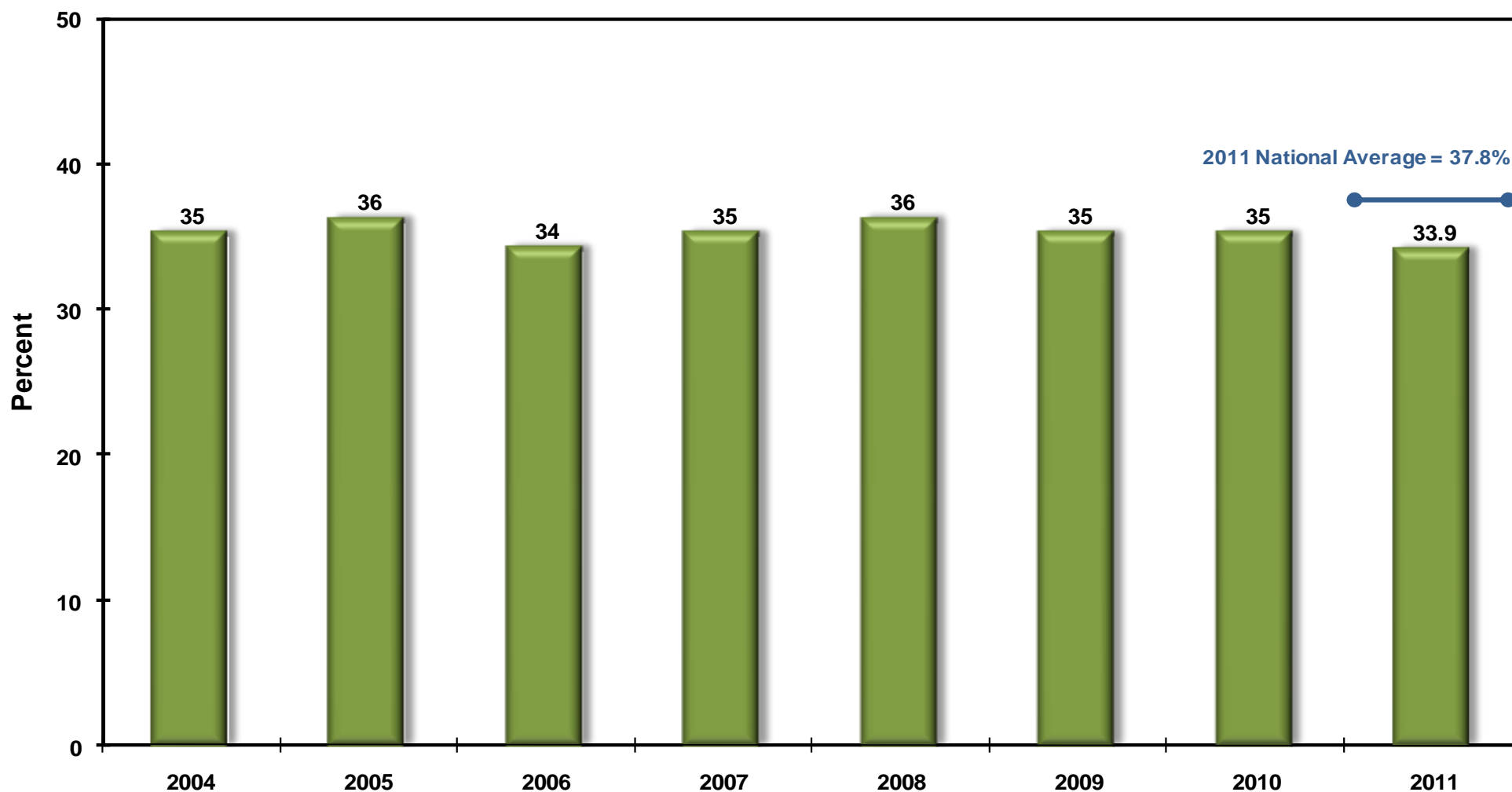
# DIABETES: IDEAL GLYCEMIC CONTROL



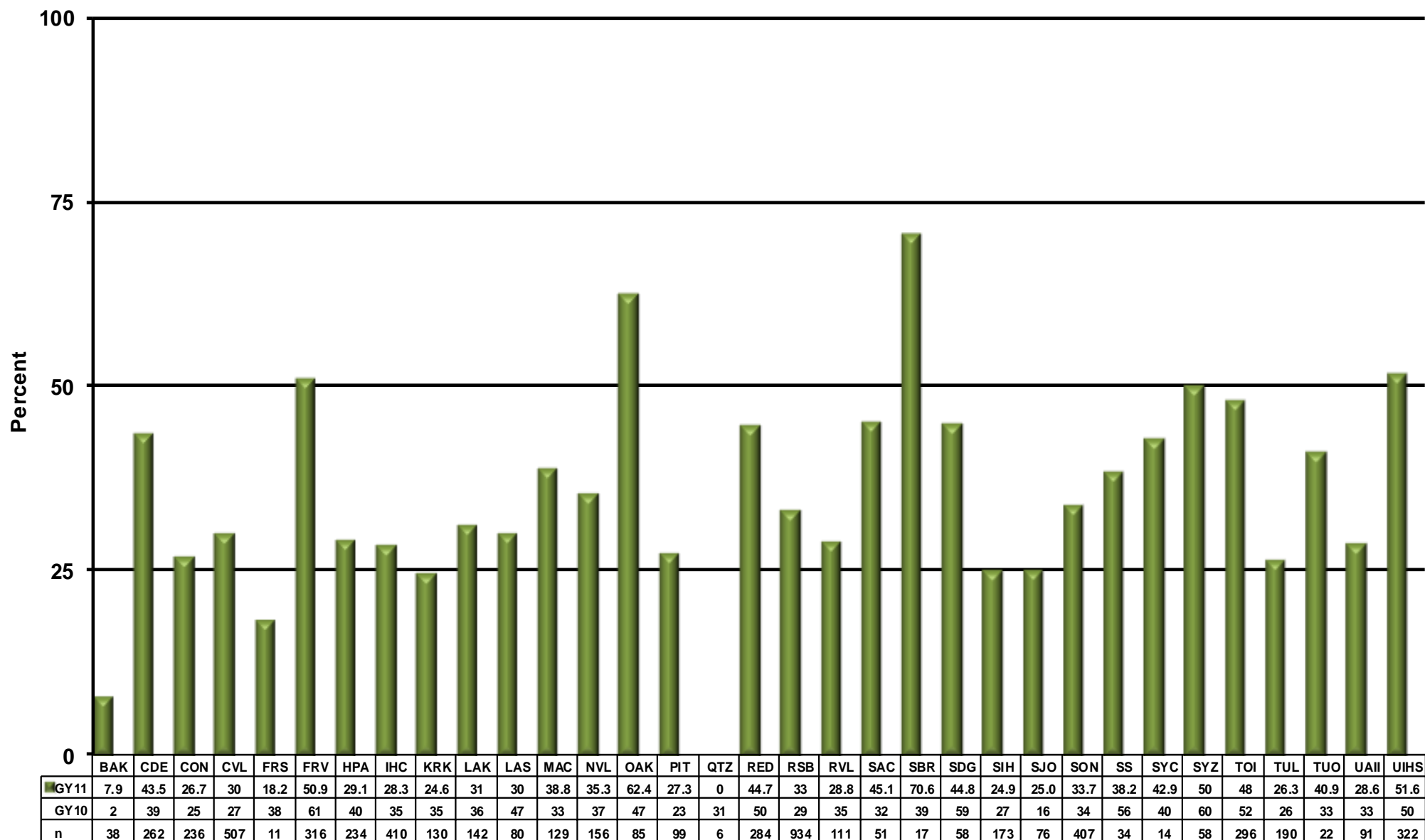
# DIABETES: BLOOD PRESSURE CONTROL

**Measure:** Proportion of patients with diagnosed diabetes that have achieved blood pressure control (BP < 130/80).

**Importance:** *Good blood pressure control can reduce the risk of complications from diabetes. A large clinical study found that diabetics with blood pressure kept under control had a significantly reduced risk of death, heart attack and stroke.*



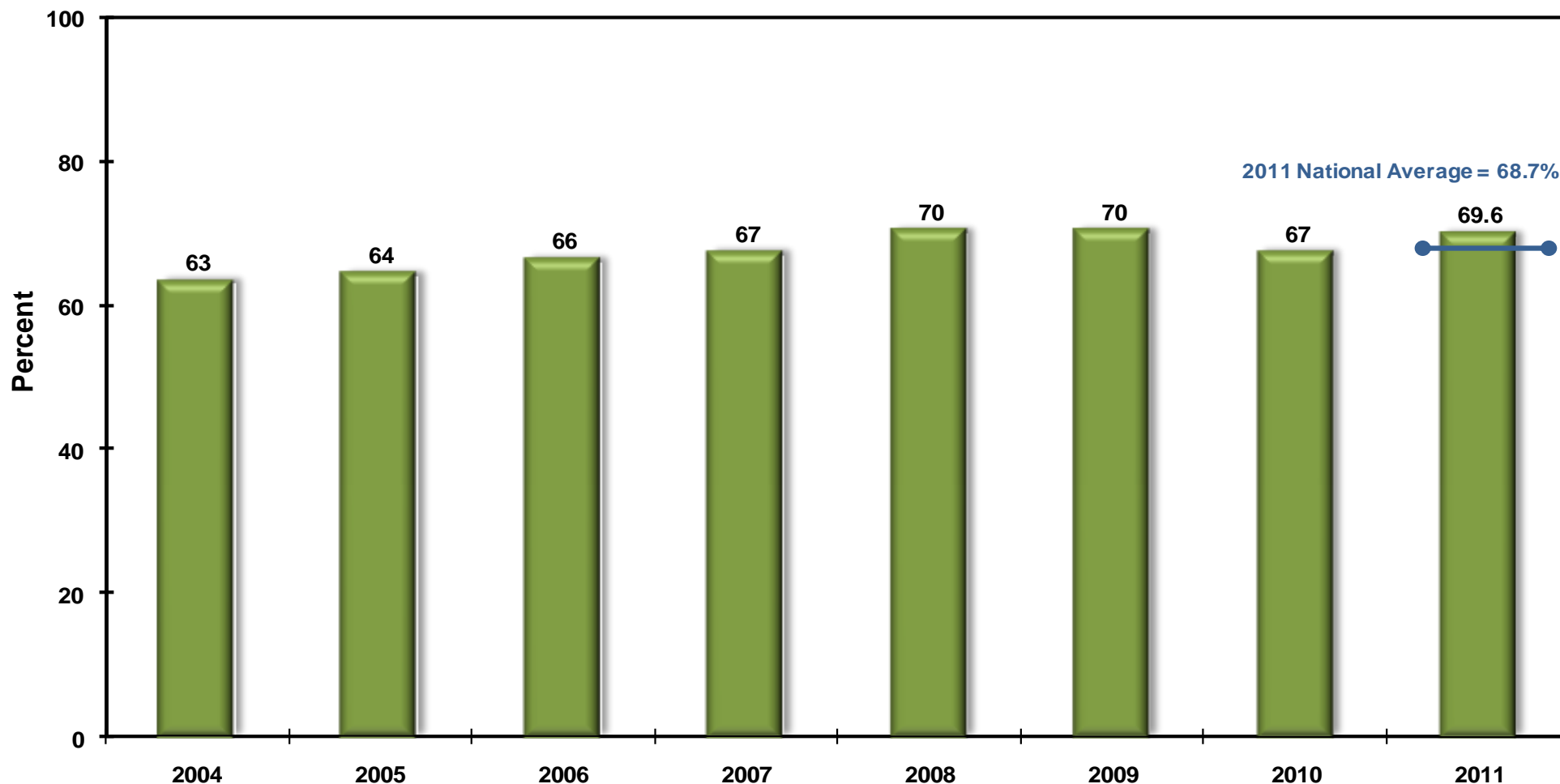
# DIABETES: BLOOD PRESSURE CONTROL



# DIABETES: DYSLIPIDEMIA ASSESSMENT

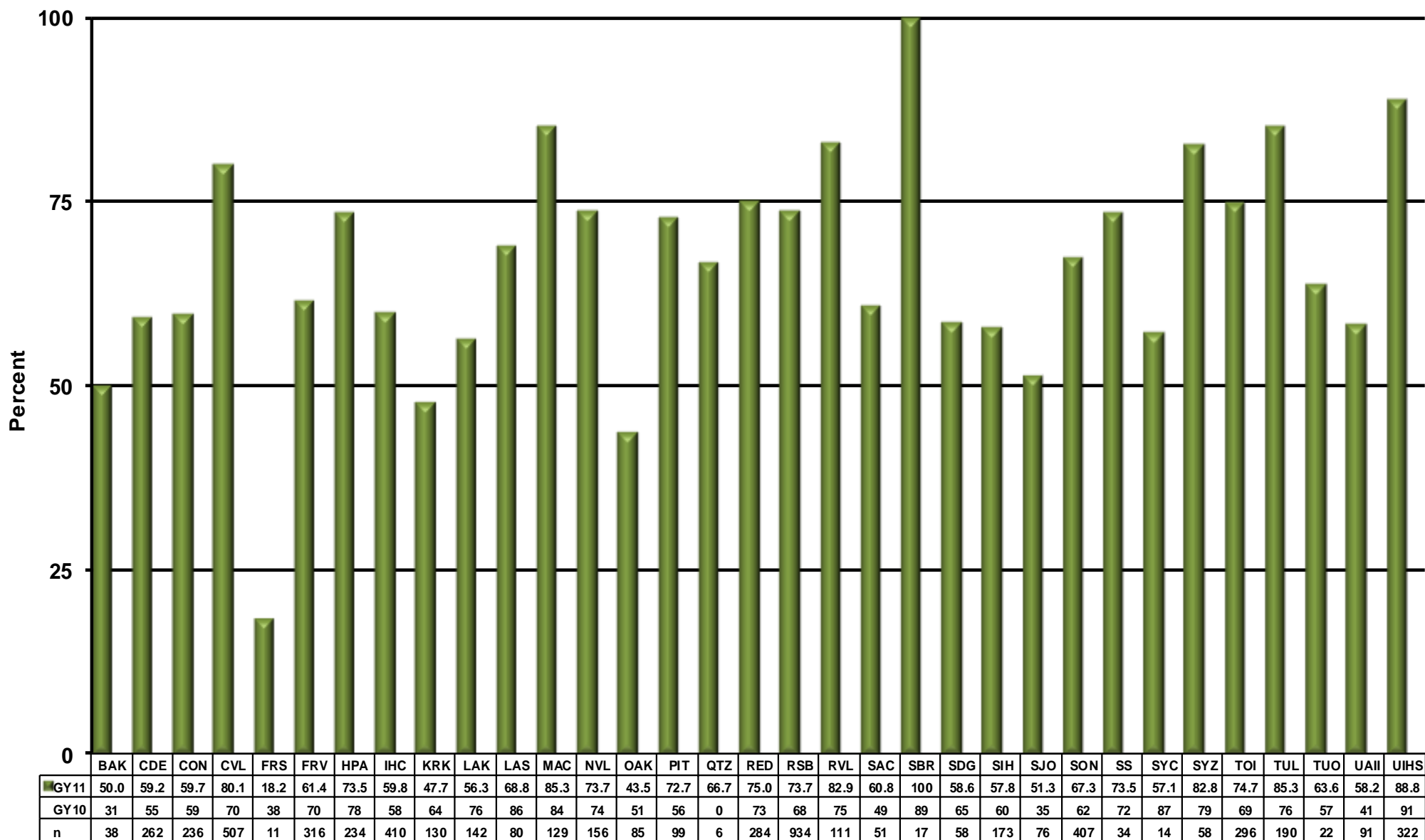
**Measure:** Proportion of patients with diagnosed diabetes assessed for dyslipidemia.

**Importance:** *Dyslipidemia refers to having high LDL (bad) cholesterol and low HDL (good) cholesterol. Controlling cholesterol levels in people with diabetes reduces the risk of complications like heart attack and stroke. National standards recommend that people with diabetes keep their total cholesterol levels below 200 mg/dl, and their LDL cholesterol levels below 130 mg/dl and ideally below 100 mg/dl.*





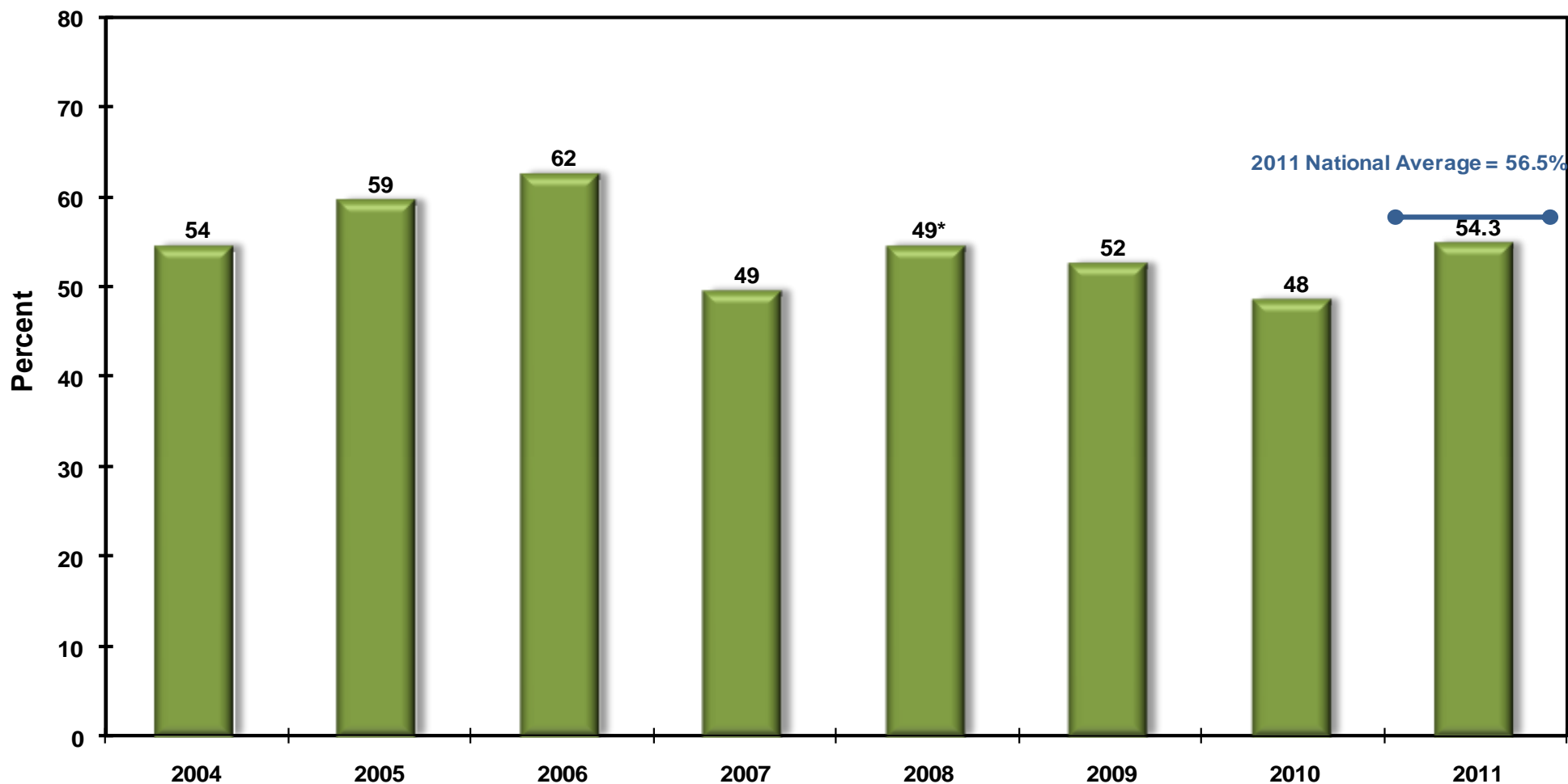
# DIABETES: DYSLIPIDEMIA ASSESSMENT



# DIABETES: NEPHROPATHY ASSESSMENT

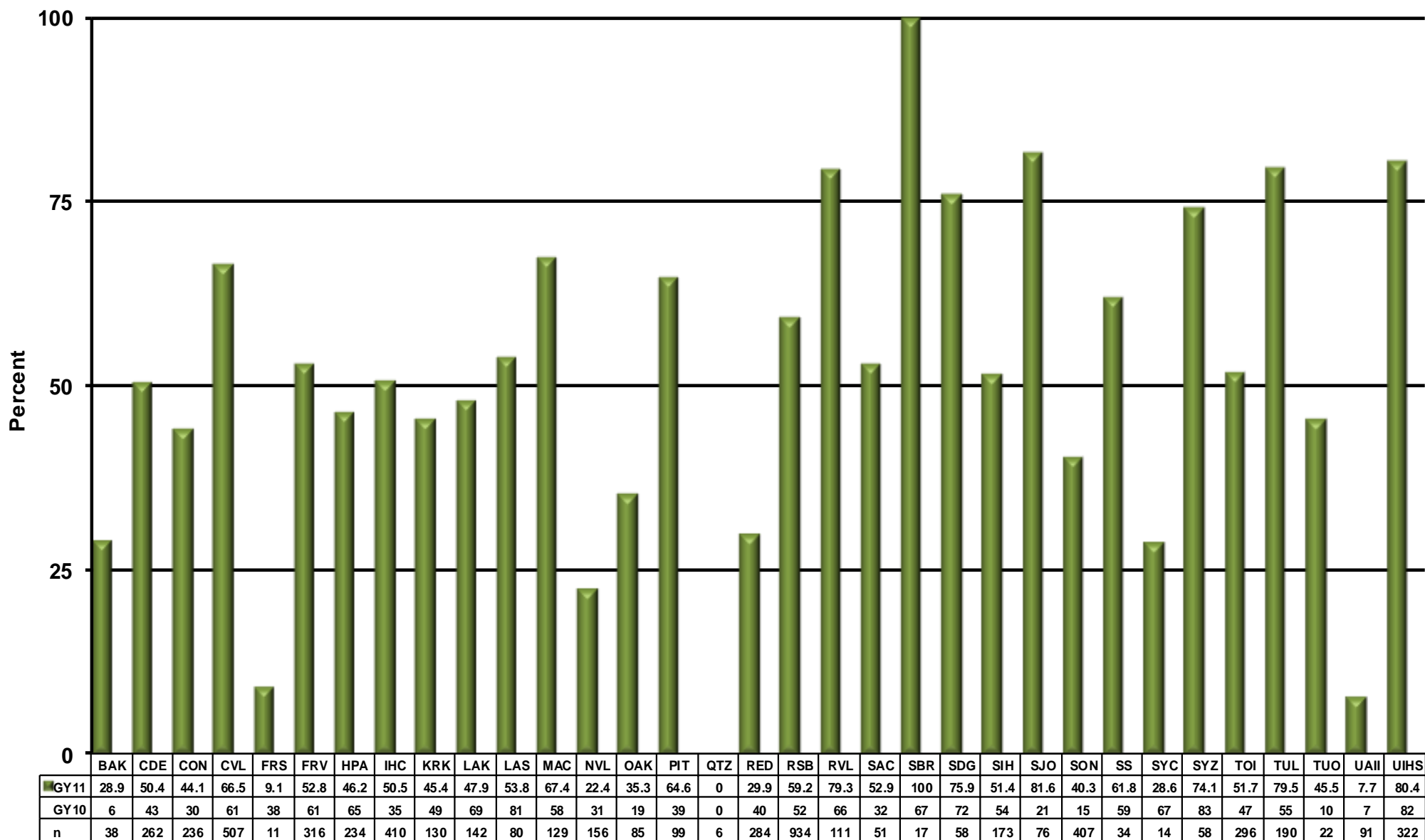
**Measure:** Proportion of patients with diagnosed diabetes assessed for nephropathy.

**Importance:** *Diabetes can cause kidney disease by damaging the parts of the kidneys that filter out wastes. Diabetic nephropathy, or kidney disease, can eventually lead to kidney failure. Diabetes is the leading cause of end stage renal disease (ESRD), which is a significant and growing problem in American Indian communities. Early identification of at-risk patients may help prevent or delay the need for costly care such as dialysis or transplants.*



\*More stringent standards of care guidelines were adopted in FY 2007

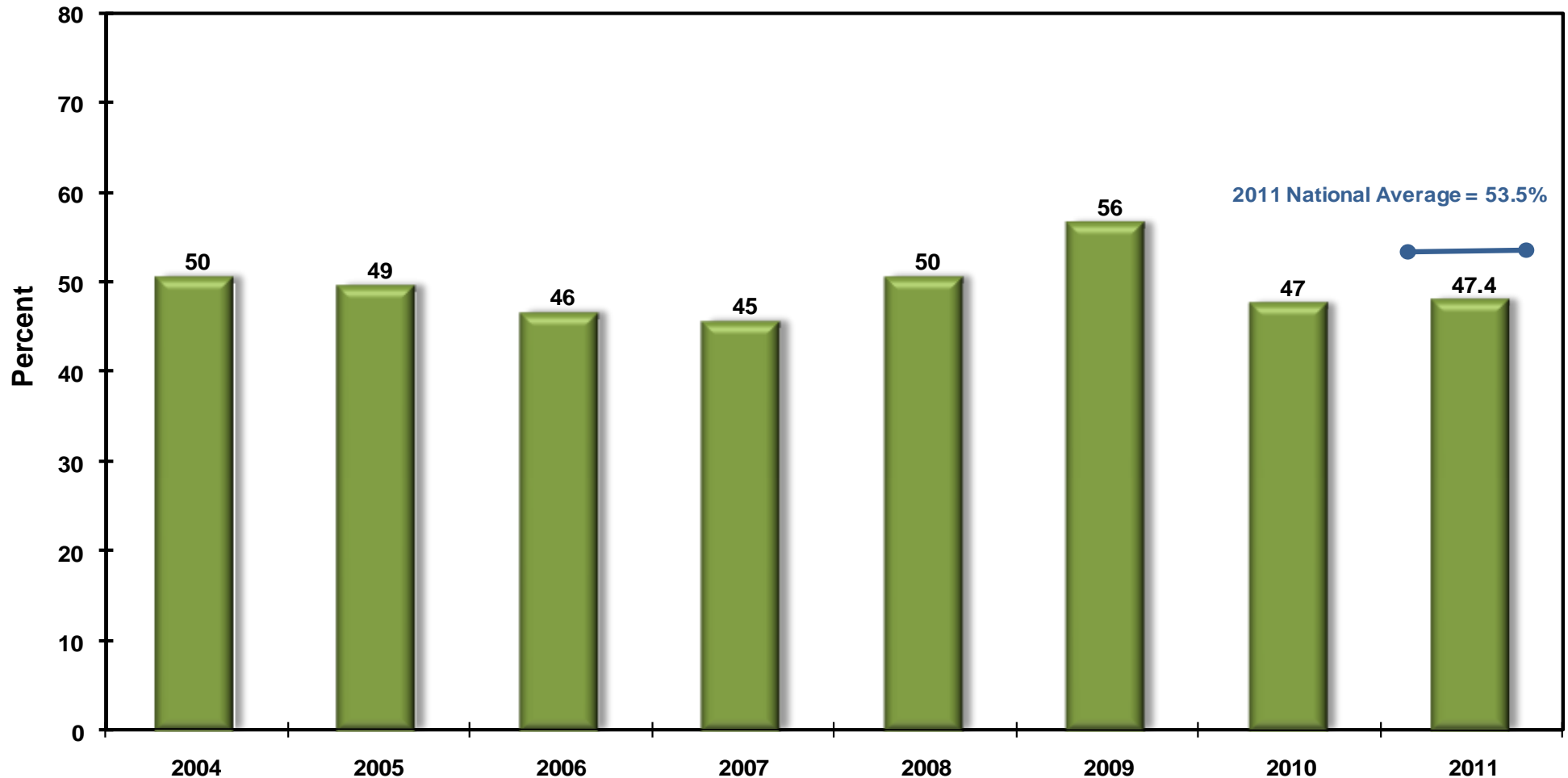
# DIABETES: NEPHROPATHY ASSESSMENT



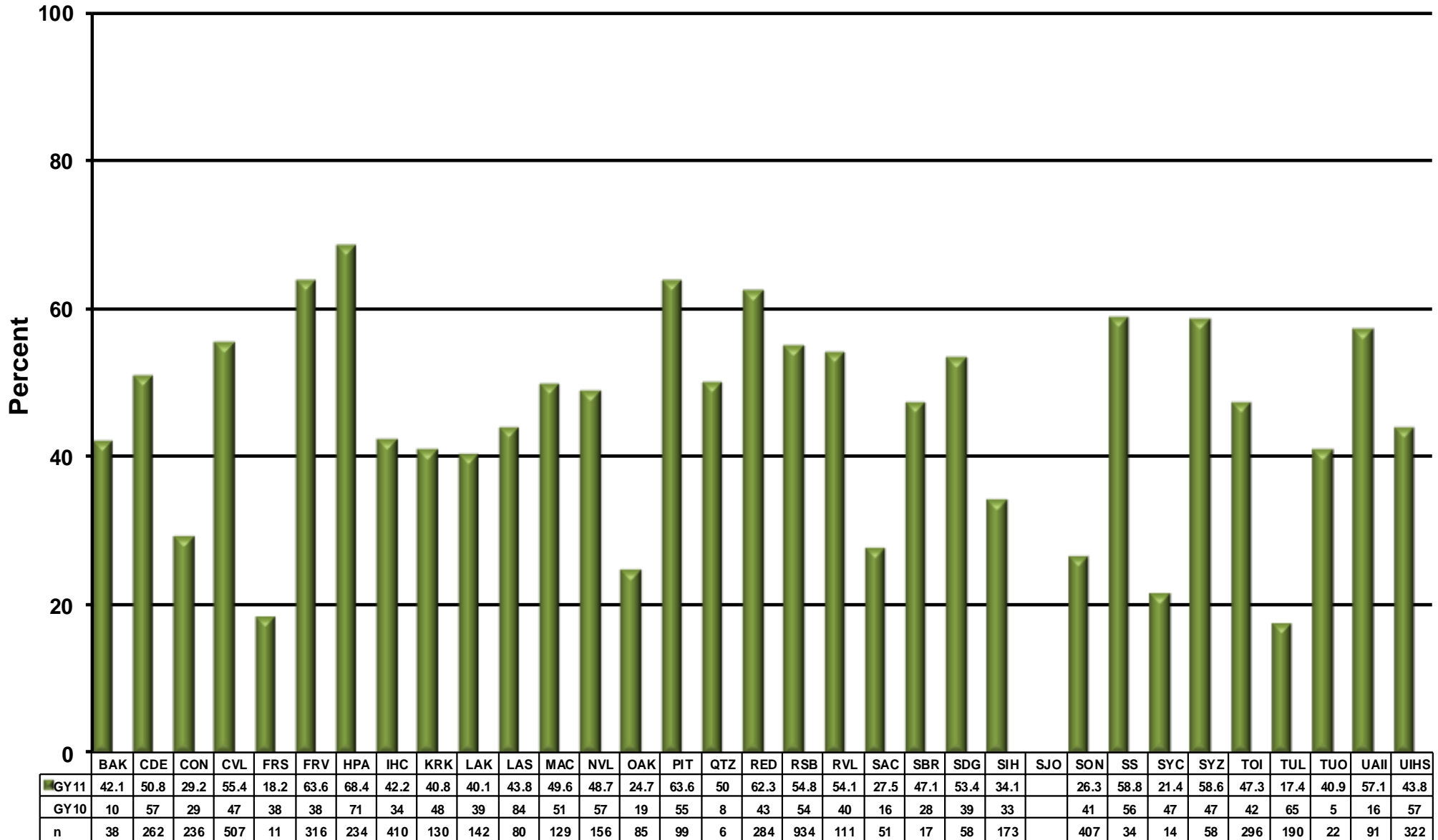
# DIABETES: RETINOPATHY

**Measure:** Proportion of patients with diagnosed diabetes who receive an annual diabetic retinal examination.

**Importance:** *Diabetes can affect sight by damaging the blood vessels inside the eye, a condition known as “diabetic retinopathy.” Diabetic eye disease is a leading cause of blindness in the United States. Early detection of diabetic retinopathy (DR) helps to reduce vision problems in diabetic patients. A treatment known as “laser photocoagulation” can be effective, but only if the problem is identified early.*



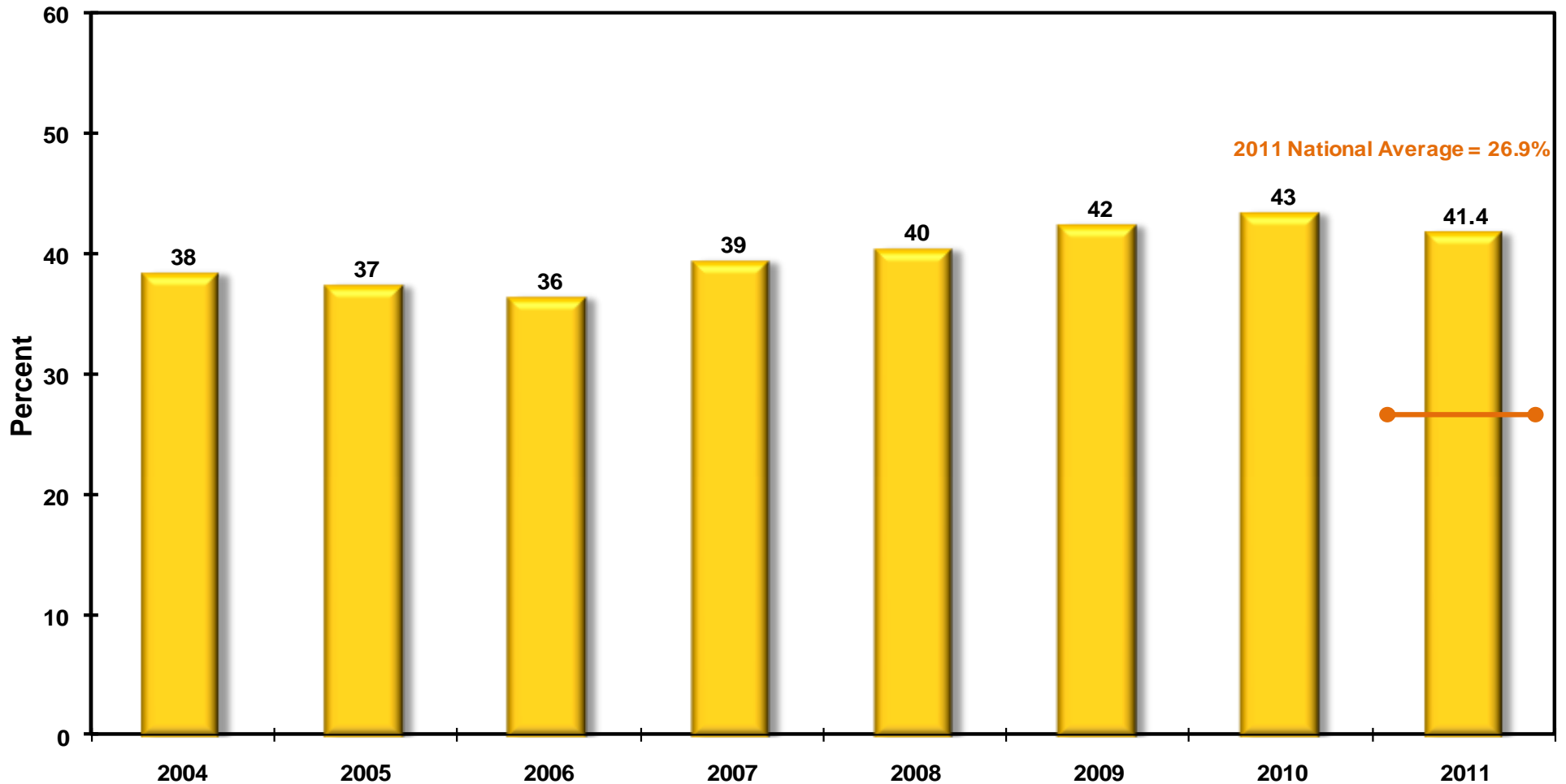
# DIABETES: RETINOPATHY



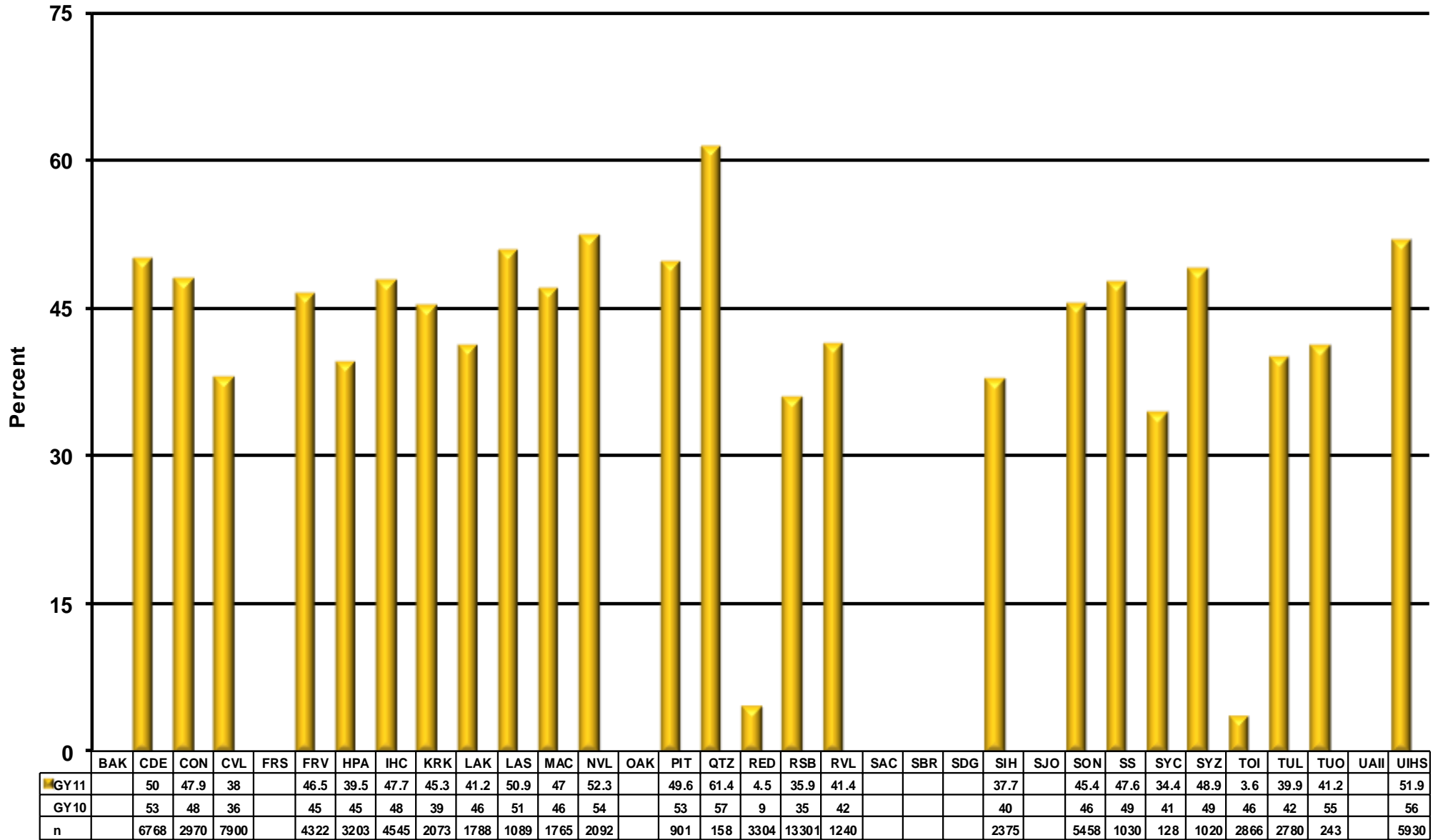
# DENTAL: GENERAL ACCESS

**Measure:** Proportion of patients who obtain access to dental services.

**Importance:** *American Indians and Alaska Natives are less likely to receive regular dental care compared to non-Hispanic whites. Untreated tooth decay can cause many complications, including abscesses, infections, and pain, and can lead to other health problems. Access to dental care improves the oral health as well as the overall health of AI/AN people.*



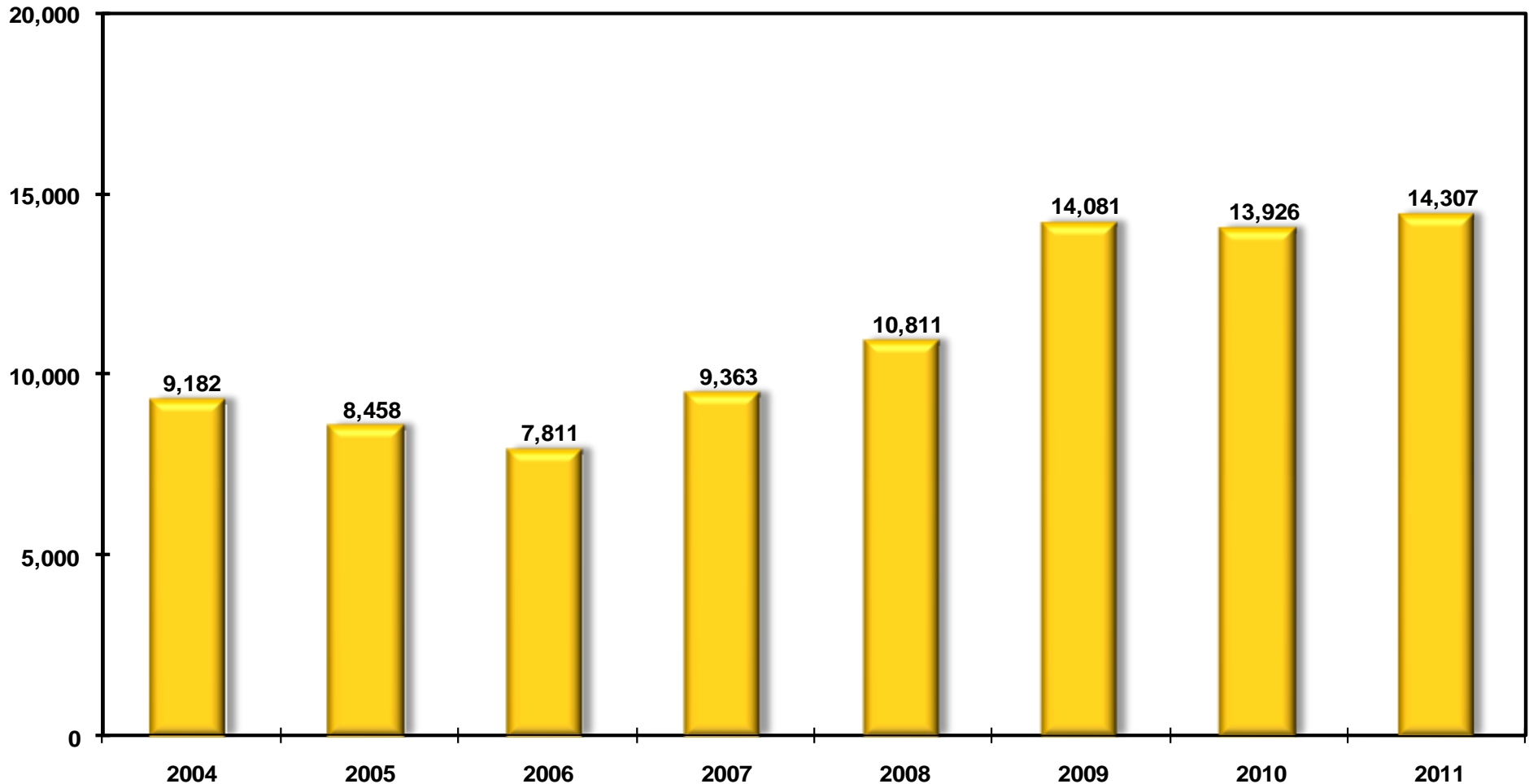
# DENTAL: GENERAL ACCESS



# DENTAL: SEALANTS

**Measure:** Number of sealants placed per year in American Indian and Alaska Native patients.

**Importance:** *American Indian and Alaska Native children have significantly higher dental decay rates than the general U.S. population. Dental sealants are an effective way to reduce decay and can be applied for a relatively low cost. Sealants can provide 100% protection from dental decay, and can prevent decay from continuing once it has started.*





# DENTAL: SEALANTS

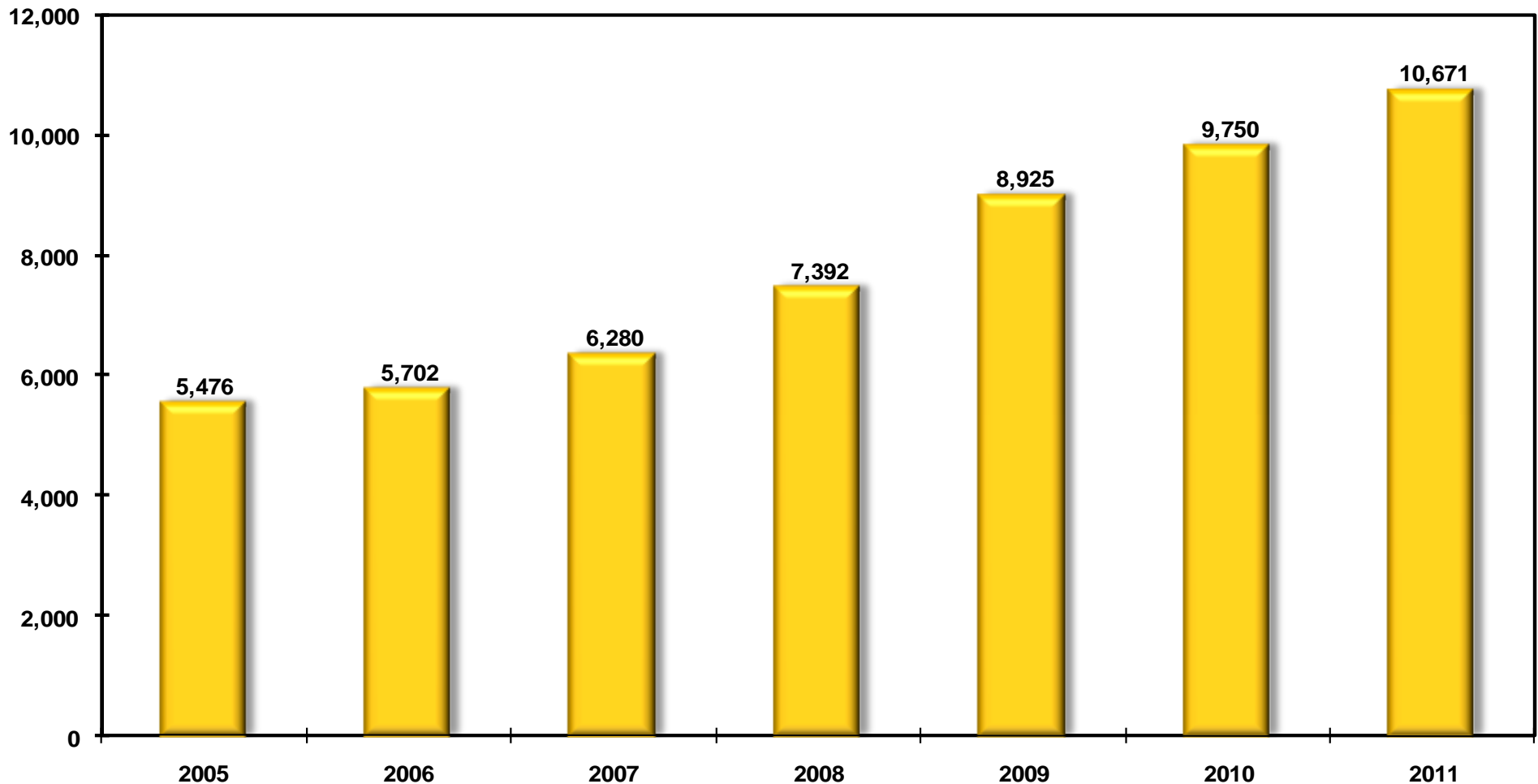
| Site Name                            | 2011 | 2010 |
|--------------------------------------|------|------|
| BAKERSFIELD IHC                      | N/A  | N/A  |
| CHAPA-DE                             | 1252 | 1748 |
| CONSOLIDATED                         | 568  | 740  |
| CENTRAL VALLEY                       | 1572 | 945  |
| FRESNO                               | N/A  | N/A  |
| FEATHER RIVER INDIAN HEALTH          | 1770 | 1317 |
| HOOPA                                | 988  | 796  |
| INDIAN HEALTH COUNCIL                | 733  | 681  |
| KARUK                                | 470  | 335  |
| LAKE                                 | 34   | 65   |
| LASSEN INDIAN HC                     | 500  | 300  |
| MACT HEALTH BOARD CLINIC             | 221  | 52   |
| NORTHERN VALLEY                      | 451  | 569  |
| OAKLAND NATIVE AMER HC/SAN FRANCISCO | N/A  | N/A  |
| PIT RIVER                            | 197  | 240  |
| QUARTZ VALLEY                        | 65   | 60   |
| REDDING RANCHERIA                    | 0    | 0    |

| Site Name                             | 2011 | 2010 |
|---------------------------------------|------|------|
| RIVERSIDE/SAN BERNARDINO              | 3343 | 3430 |
| ROUND VALLEY                          | 158  | 118  |
| SACRAMENTO NATIVE AMER HEALTH CENTER  | N/A  | N/A  |
| SANTA BARBARA IHC                     | N/A  | N/A  |
| SAN DIEGO IHC                         | N/A  | N/A  |
| SO. INDIAN HEALTH COUNCIL             | 236  | 277  |
| SAN JOSE                              | N/A  | N/A  |
| SONOMA                                | 651  | 561  |
| SHINGLE SPRINGS TRIBAL HEALTH PROGRAM | 249  | 271  |
| SYCUAN                                | 19   | 12   |
| SANTA YNEZ                            | 202  | 257  |
| TOIYABE                               | 0    | 289  |
| TULE RIVER CLINIC                     | 565  | 636  |
| TUOLUMNE ME-WUK CLINIC                | 63   | 91   |
| UNITED AMERICAN INDIAN INVOLVEMENT    | N/A  | N/A  |
| UNITED INDIAN HEALTH SERVICES         | 513  | 720  |

# DENTAL: TOPICAL FLUORIDES

**Measure:** Number of American Indian and Alaska Native patients with one or more topical fluoride treatments.

**Importance:** *The topical application of fluoride helps prevent cavities and is appropriate for children, adolescents, and adults. Topical fluorides can also help older adults with dental problems such as exposed roots or dry mouth. Patients who receive at least one fluoride application have fewer new cavities, which reduces the cost of providing dental care, and improves the oral health of patients.*



# DENTAL: TOPICAL FLUORIDES

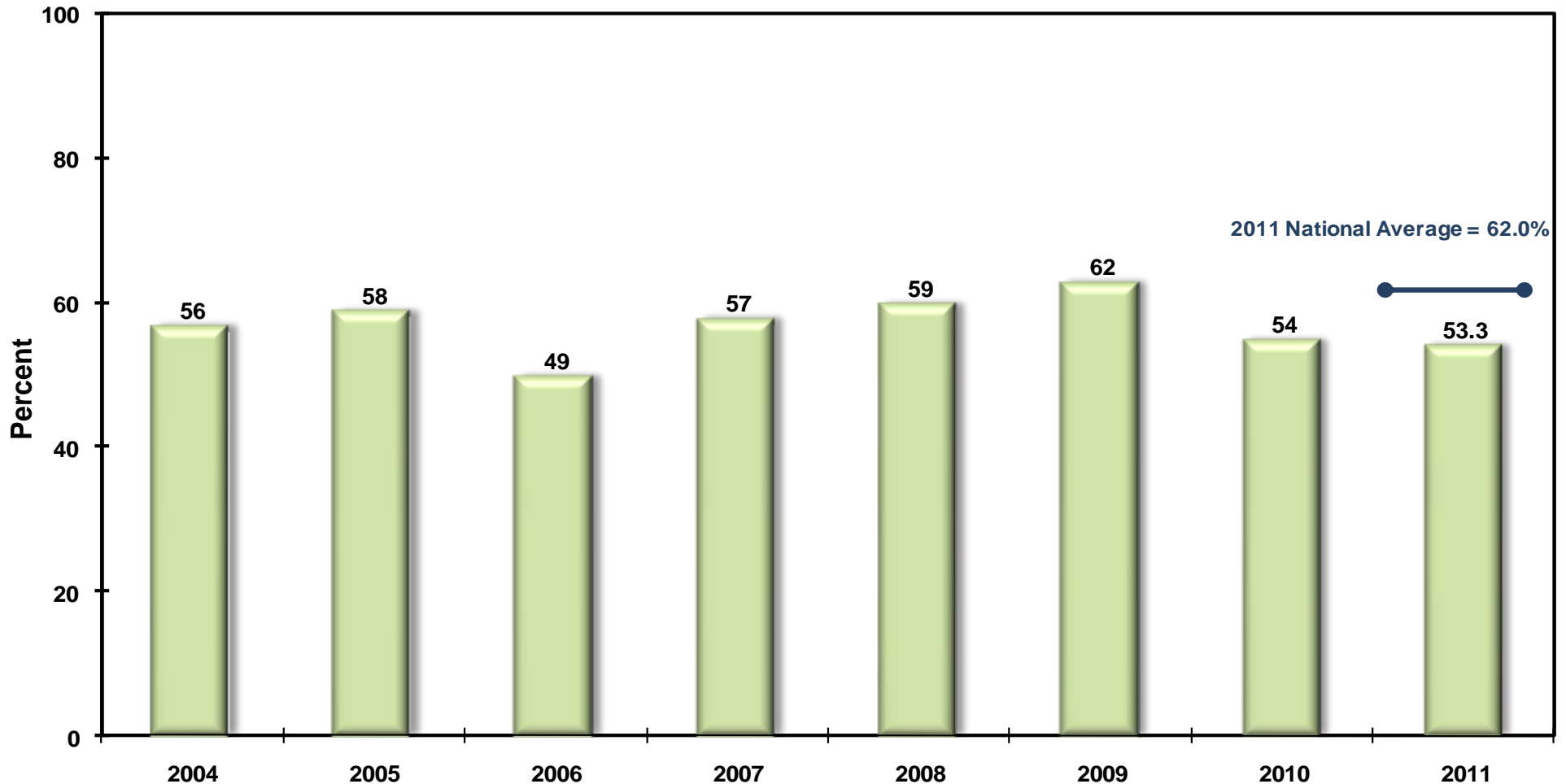
| Site Name                            | 2011 | 2010 |
|--------------------------------------|------|------|
| BAKERSFIELD IHC                      | N/A  | N/A  |
| CHAPA-DE                             | 1336 | 1299 |
| CONSOLIDATED                         | 922  | 841  |
| CENTRAL VALLEY                       | 1664 | 1341 |
| FRESNO                               | N/A  | N/A  |
| FEATHER RIVER INDIAN HEALTH          | 833  | 771  |
| HOOPA                                | 654  | 586  |
| INDIAN HEALTH COUNCIL                | 675  | 659  |
| KARUK                                | 503  | 397  |
| LAKE                                 | 183  | 170  |
| LASSEN INDIAN HC                     | 187  | 155  |
| MACT HEALTH BOARD CLINIC             | 98   | 101  |
| NORTHERN VALLEY                      | 495  | 384  |
| OAKLAND NATIVE AMER HC/SAN FRANCISCO | N/A  | N/A  |
| PIT RIVER                            | 208  | 190  |
| QUARTZ VALLEY                        | 62   | 31   |
| REDDING RANCHERIA                    | 0    | 0    |

| Site Name                             | 2011 | 2010 |
|---------------------------------------|------|------|
| RIVERSIDE/SAN BERNARDINO              | 921  | 917  |
| ROUND VALLEY                          | 124  | 133  |
| SACRAMENTO NATIVE AMER HEALTH CENTER  | N/A  | N/A  |
| SANTA BARBARA IHC                     | N/A  | N/A  |
| SAN DIEGO IHC                         | N/A  | N/A  |
| SO. INDIAN HEALTH COUNCIL             | 191  | 157  |
| SAN JOSE                              | N/A  | N/A  |
| SONOMA                                | 646  | 575  |
| SHINGLE SPRINGS TRIBAL HEALTH PROGRAM | 158  | 91   |
| SYCUAN                                | 9    | 9    |
| SANTA YNEZ                            | 146  | 160  |
| TOIYABE                               | 0    | 142  |
| TULE RIVER CLINIC                     | 605  | 564  |
| TUOLUMNE ME-WUK CLINIC                | 51   | 56   |
| UNITED AMERICAN INDIAN INVOLVEMENT    | N/A  | N/A  |
| UNITED INDIAN HEALTH SERVICES         | 1080 | 1254 |

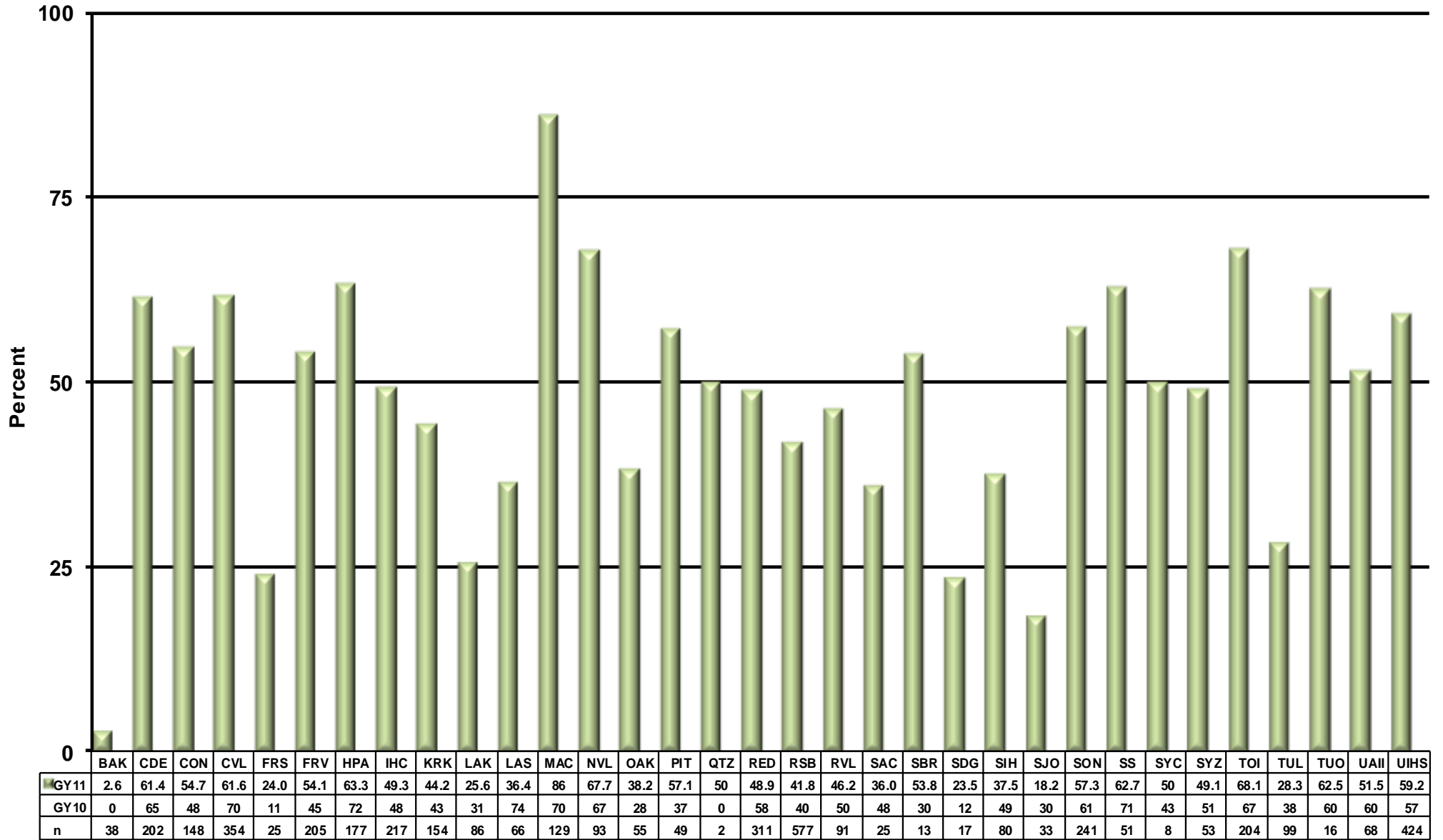
# IMMUNIZATIONS: INFLUENZA

**Measure:** Influenza vaccination rates among adult patients age 65 years and older.

**Importance:** *Influenza (the “Flu”) is a highly contagious respiratory illness that can cause life-threatening complications. People aged 65 and older are especially vulnerable. Adults age 65 and older account for 90% of the deaths each year from complications related to influenza, and most of the hospitalizations from influenza-related illness. The best way to prevent influenza and its associated complications is to get an annual flu vaccination.*



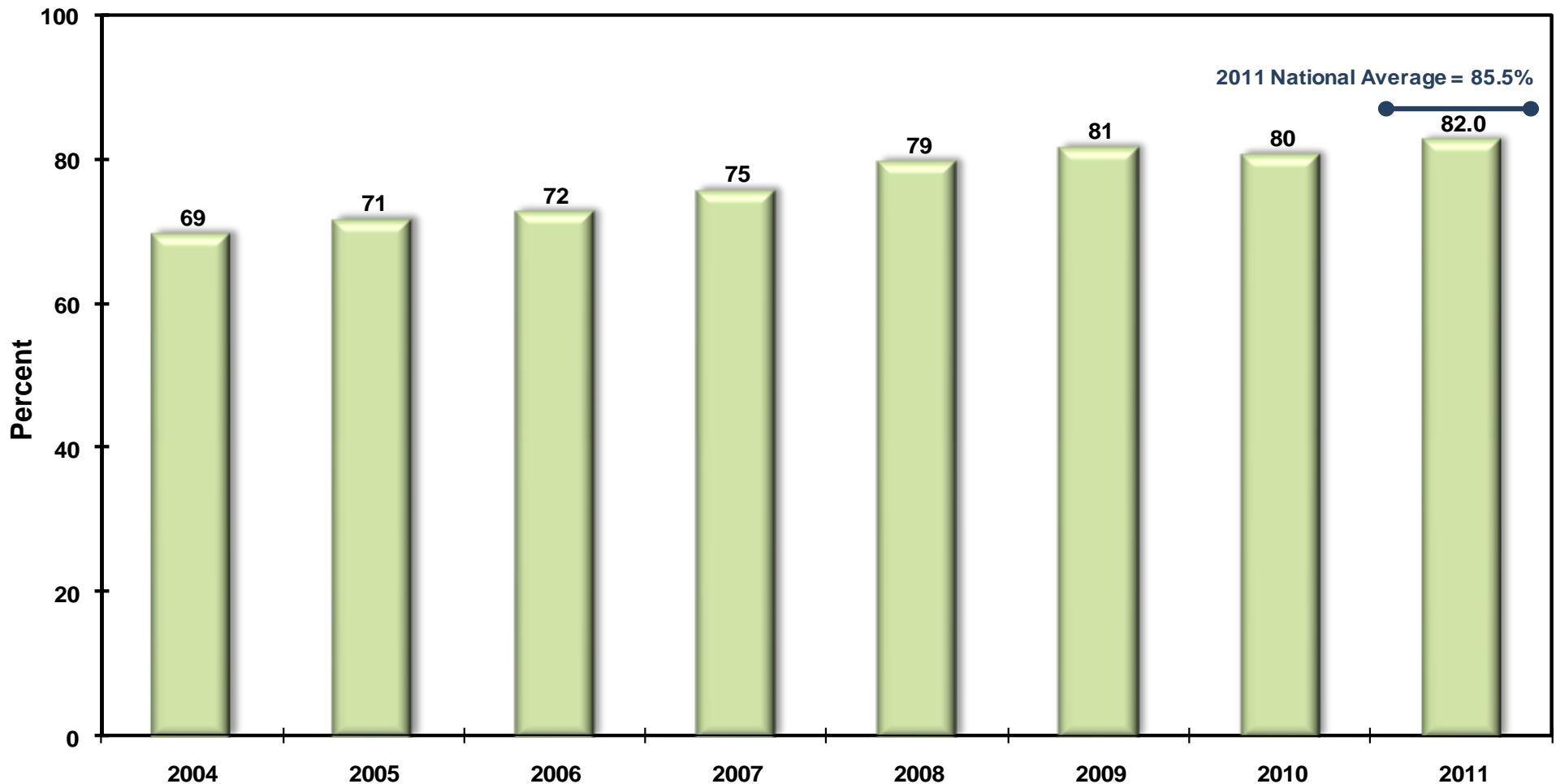
# IMMUNIZATIONS: INFLUENZA



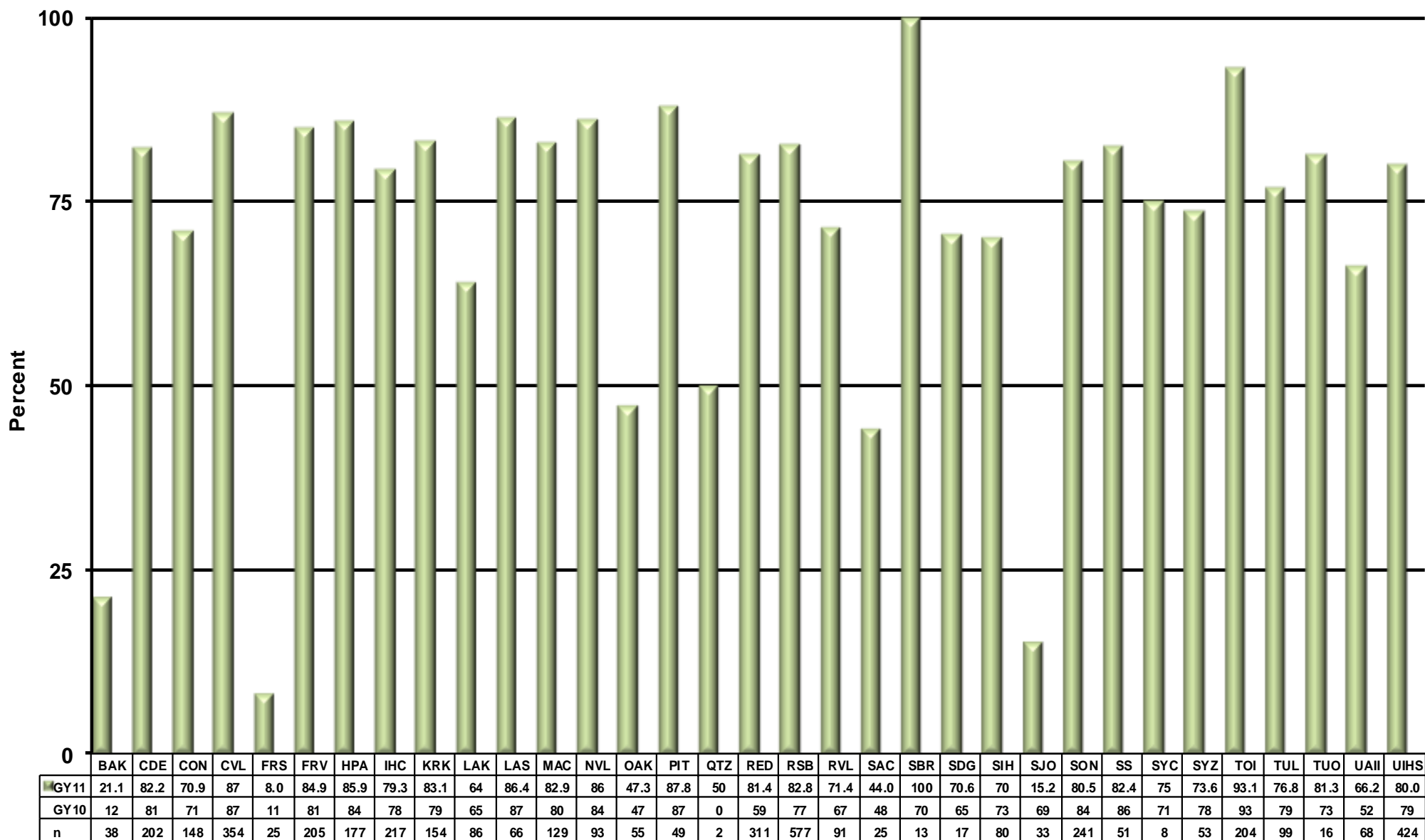
# IMMUNIZATIONS: PNEUMOCOCCAL

**Measure:** Pneumococcal vaccination rates among adult patients aged 65 years and older.

**Importance:** *Pneumococcal disease is a bacterial infection that can lead to meningitis, pneumonia, and other serious infections. Most of the people who die from pneumococcal disease are older adults. The risk of death and complications from the disease can be greatly reduced by a single pneumococcal vaccination once a person reaches the age of 65.*



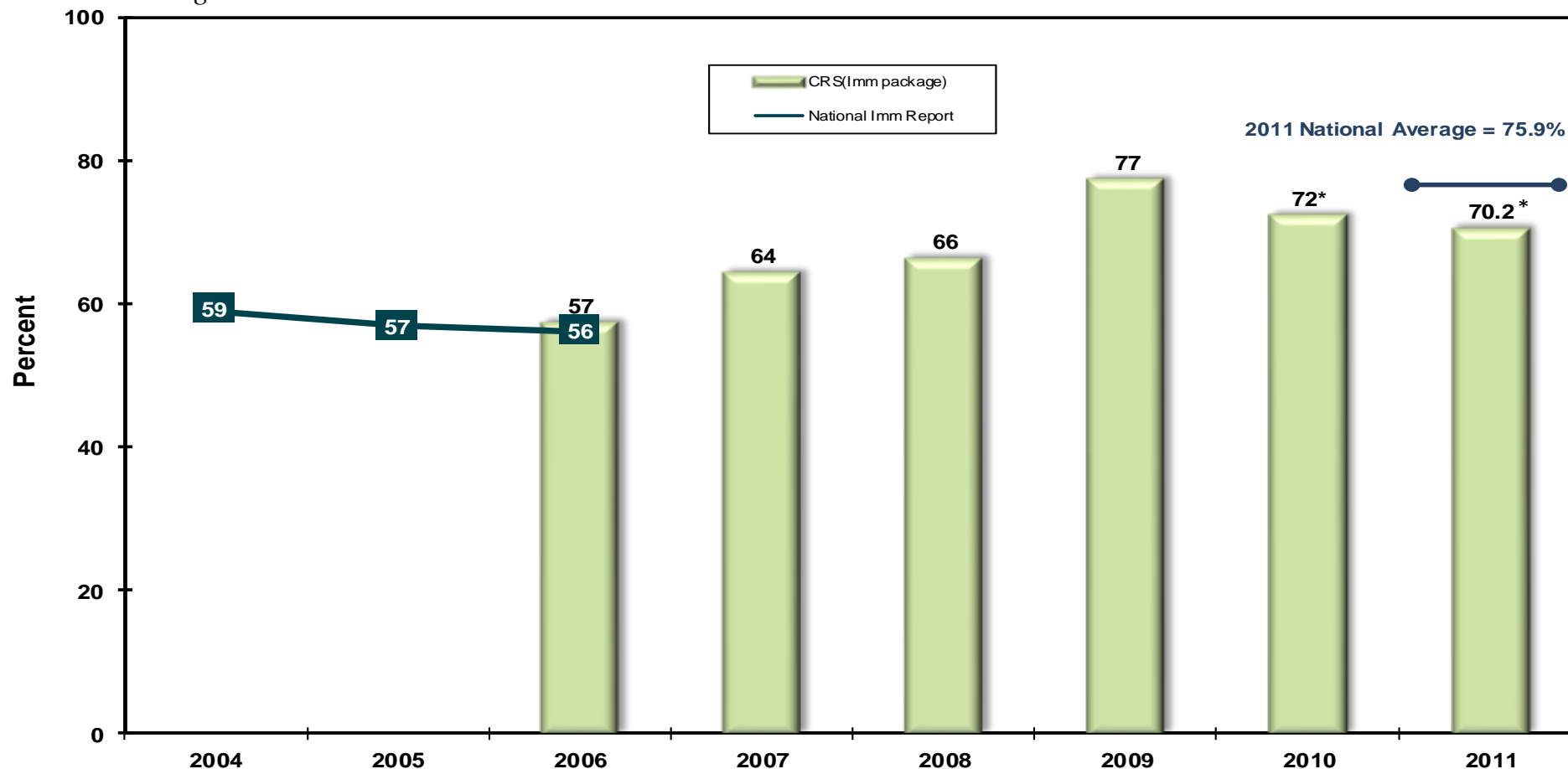
# IMMUNIZATIONS: PNEUMOCOCCAL



# IMMUNIZATIONS: CHILDHOOD (19 – 35 months)

**Measure:** Combined (4:3:1:3:3:1:4) immunization rates for AI/AN patients aged 19-35 months.

**Importance:** *Immunizations significantly improve the health of children, and stop the spread of disease within communities. The Healthy People 2020 goal is 80% coverage for the combined 4:3:1:3:3:1:4 series, which includes 4 doses of DTaP (Diphtheria/Tetanus/Pertussis-Whooping Cough), 3 doses of IPV (Polio), 1 dose of MMR (Measles/Mumps/Rubella), 3 doses of Hep B (Hepatitis), 3 doses of Hib (Haemophilis Influenzae- a cause of meningitis), one dose of Varicella (Chicken Pox), and 4 doses of PCV (Pneumococcal Conjugate). IHS measured the 4:3:1:3:3:1 series in FY 2010, and began measuring the 4:3:1:3:3:1:4 series in FY 2011.*

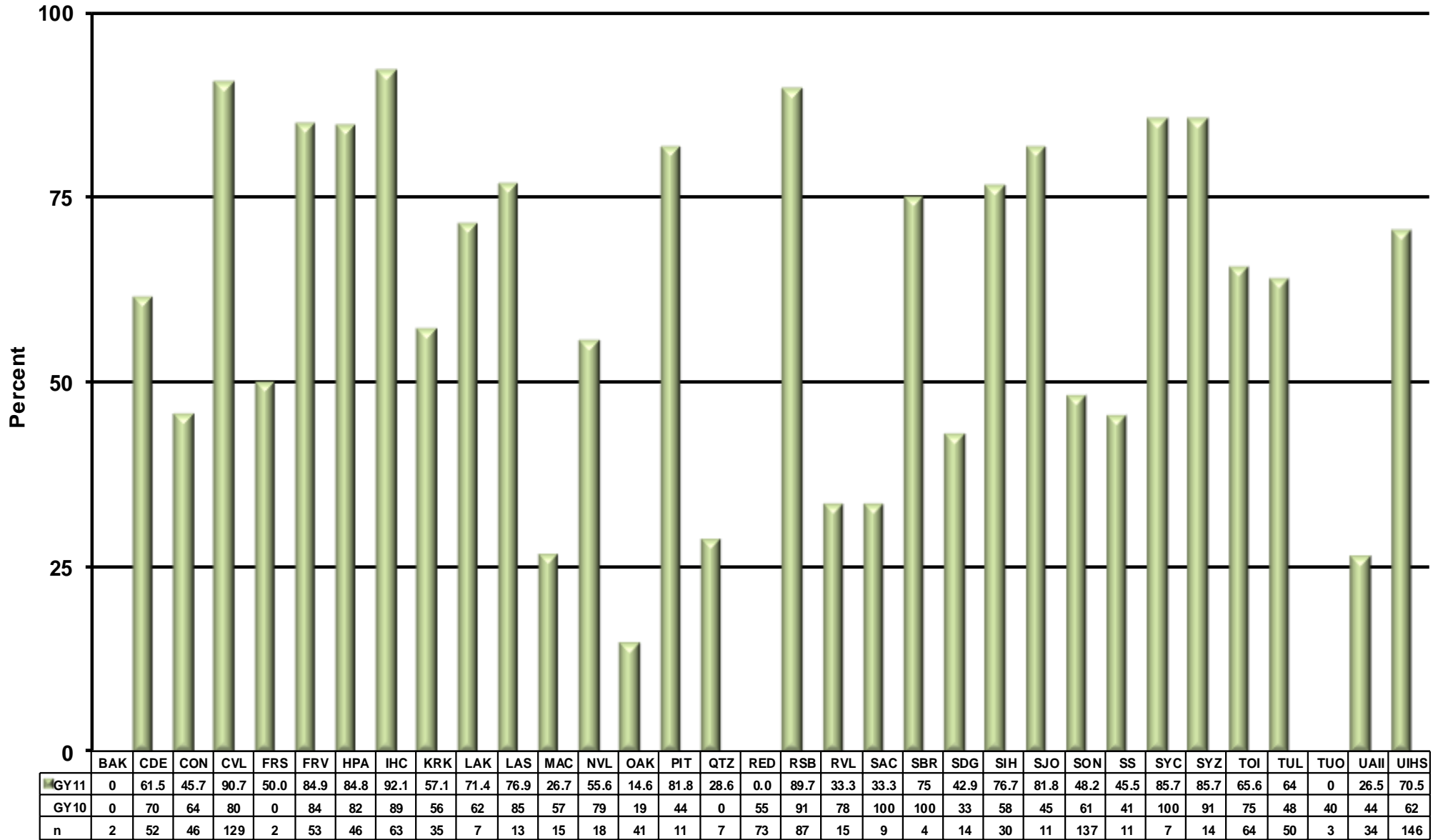


Starting in FY 2007, GPRA results are reported using the CRS Immunization package. Previous results were provided by the National Immunization Program.

\* Varicella vaccine added to childhood immunization series in FY 2010 and four pneumococcal conjugate vaccines added in FY 2011.



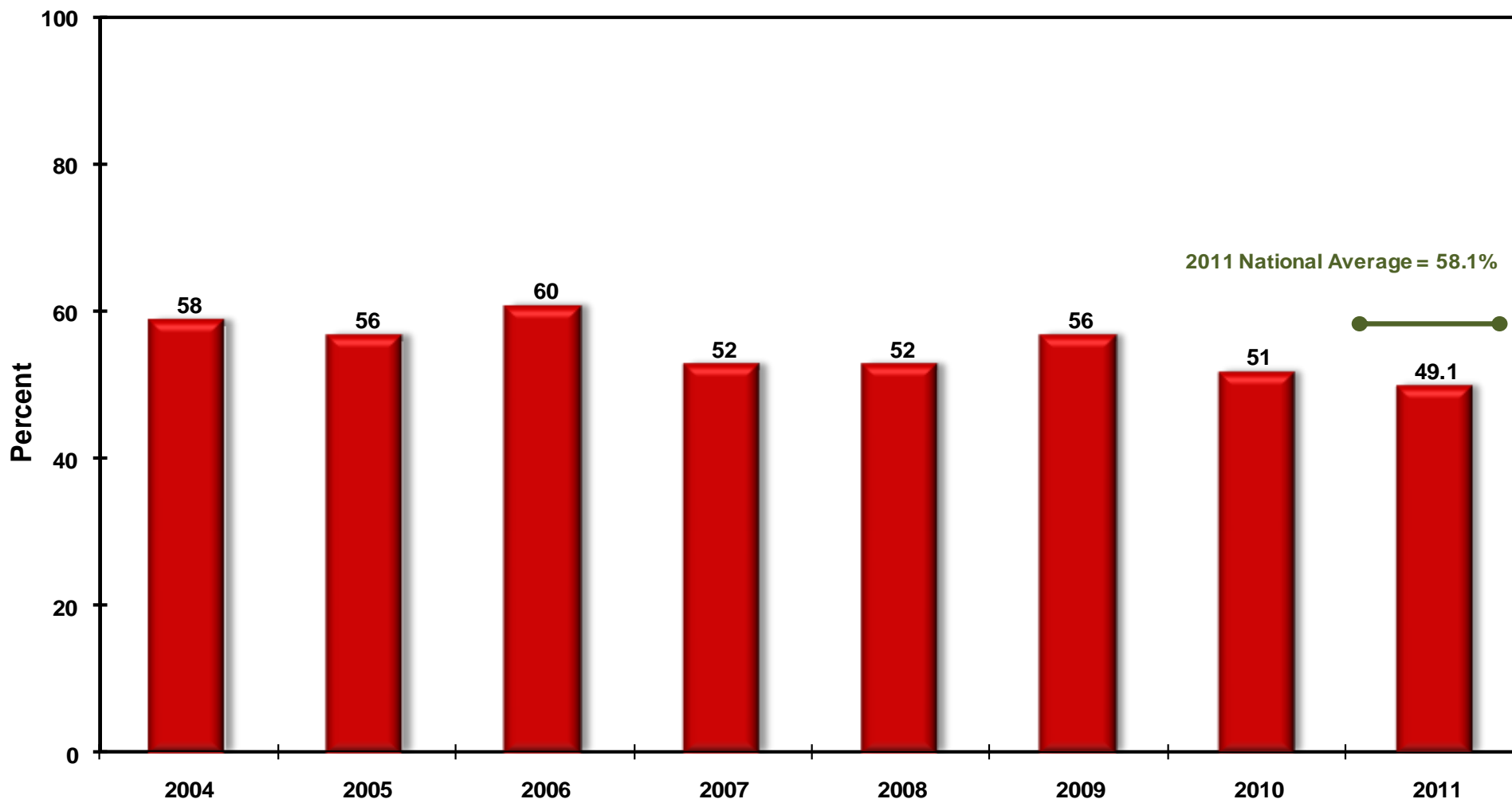
# IMMUNIZATIONS: CHILDHOOD (19 – 35 months)



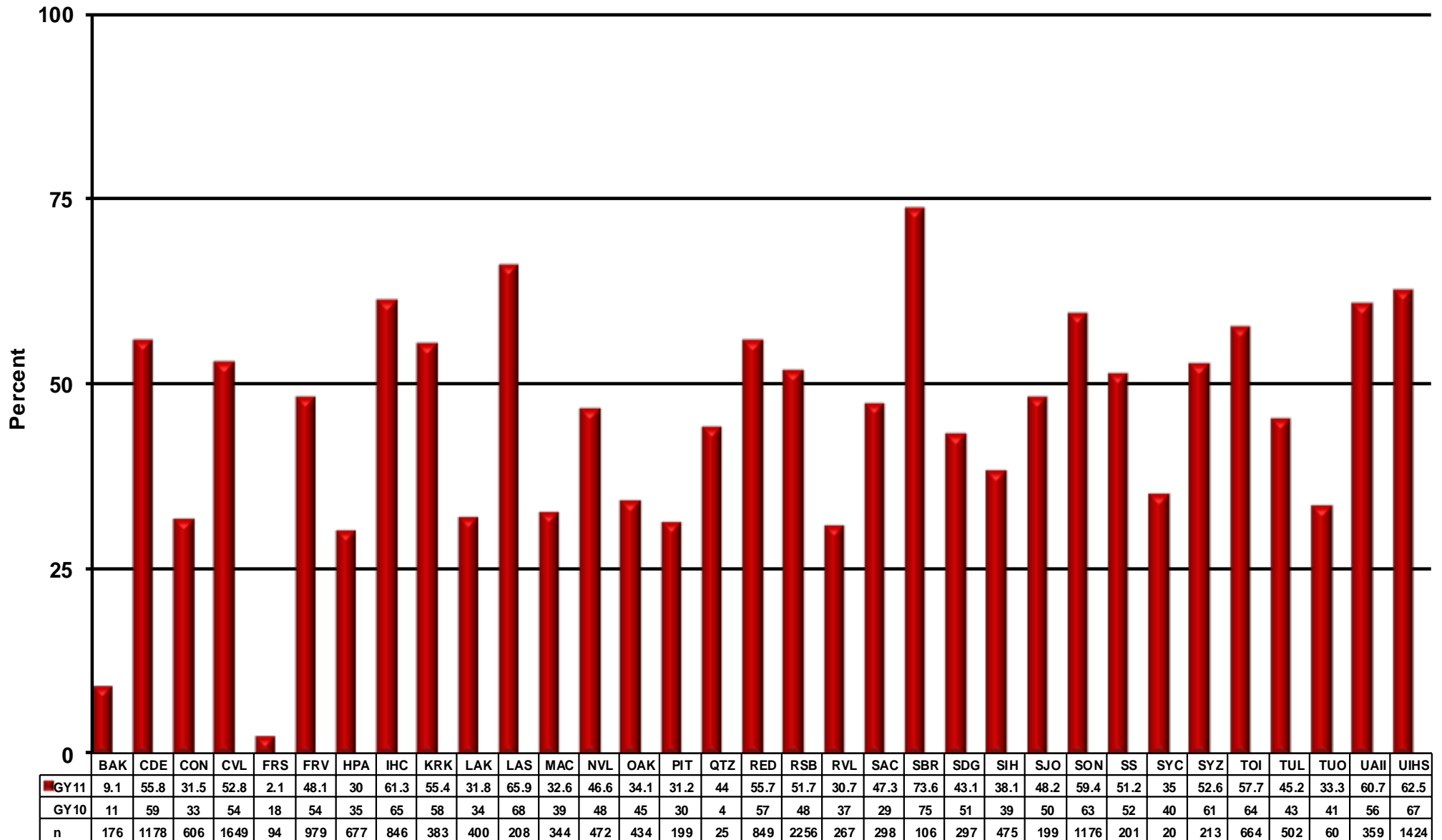
# CANCER SCREENING: CERVICAL (PAP SMEAR)

**Measure:** Proportion of eligible women patients who have had a Pap screen within the previous three years.

**Importance:** *More American Indian women report having never had a Pap screen than any other racial or ethnic group. Regular screening with a Pap screen lowers the risk of developing cervical cancer by detecting pre-cancerous changes. If cervical cancer is detected early, the likelihood of survival is almost 100 percent with appropriate treatment and follow-up.*



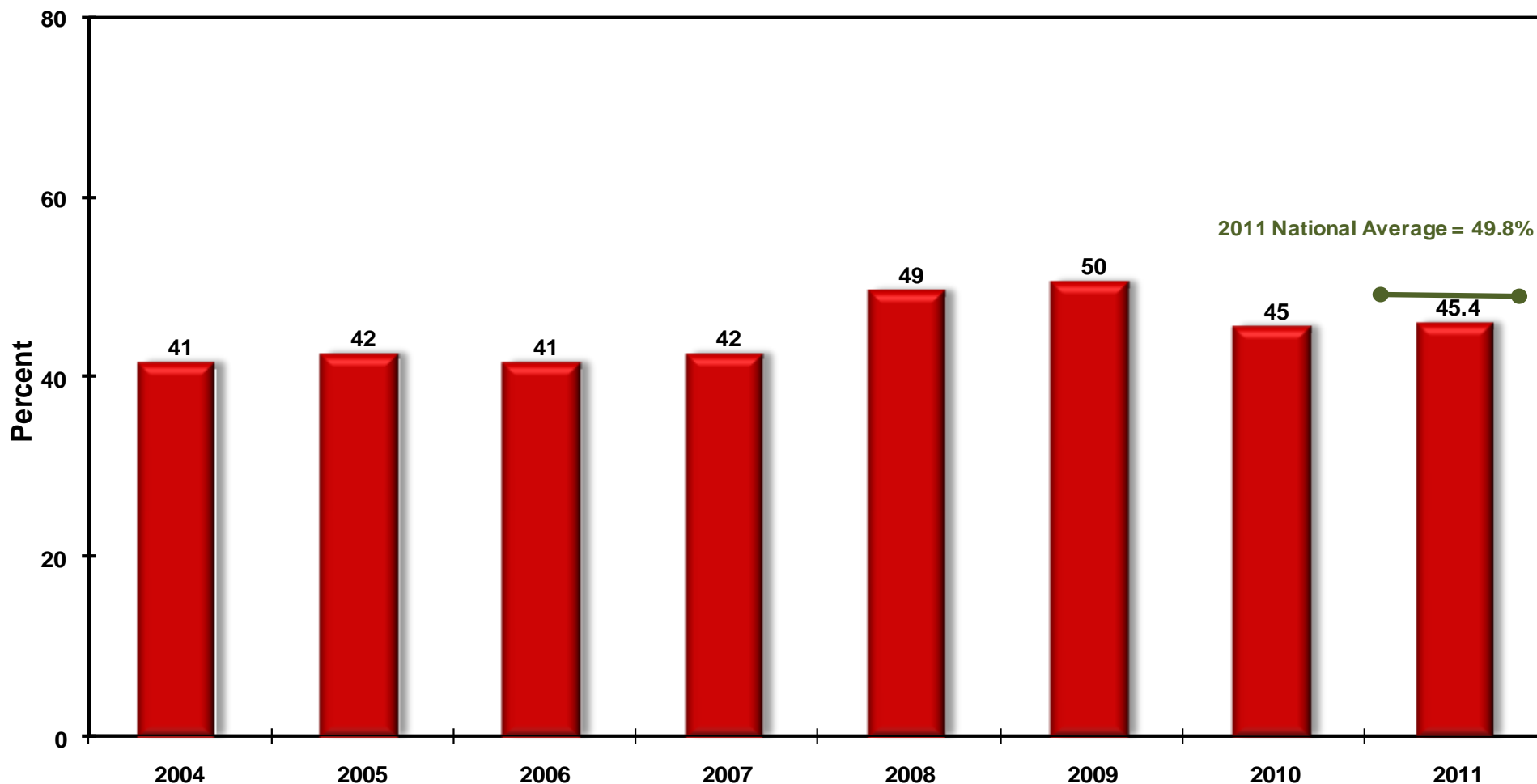
# CANCER SCREENING: CERVICAL (PAP SMEAR)



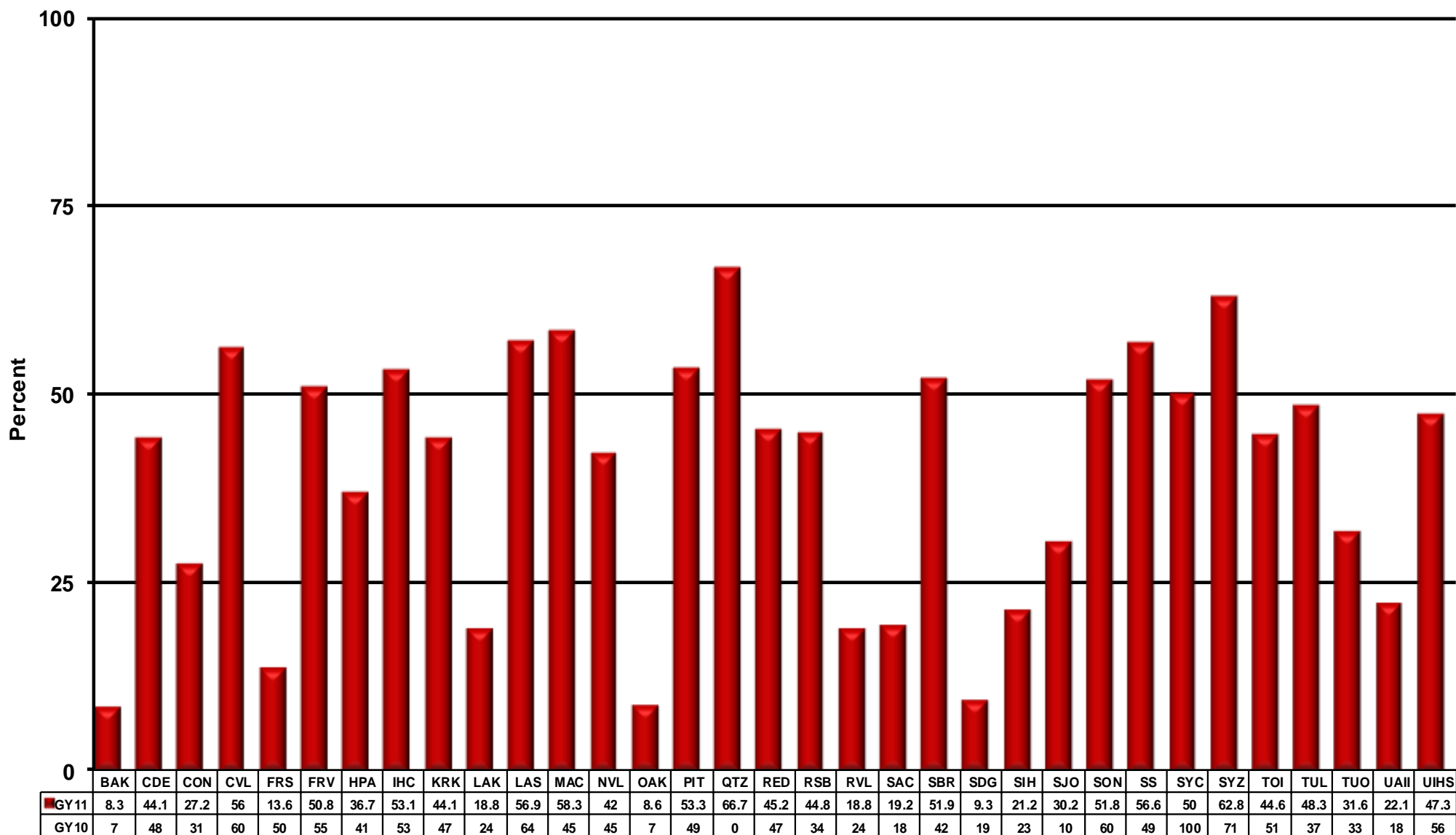
# CANCER SCREENING: BREAST (MAMMOGRAPHY)

**Measure:** Proportion of eligible women who have had mammography screening within the previous two years.

**Importance:** *Screening women between the ages of 50 and 69 every other year has been shown to decrease the risk of death from breast cancer. Breast cancer is the second leading cause of cancer death among U.S. women (lung cancer is first). Although there has been overall improvement in breast cancer death rates since 1990, AI/AN women have not shared these gains. AI/AN women diagnosed with breast cancer have lower likelihood of surviving for five years compared to almost all other groups, mainly because their cancers are less likely to be found at an early stage, where they can be treated effectively.*



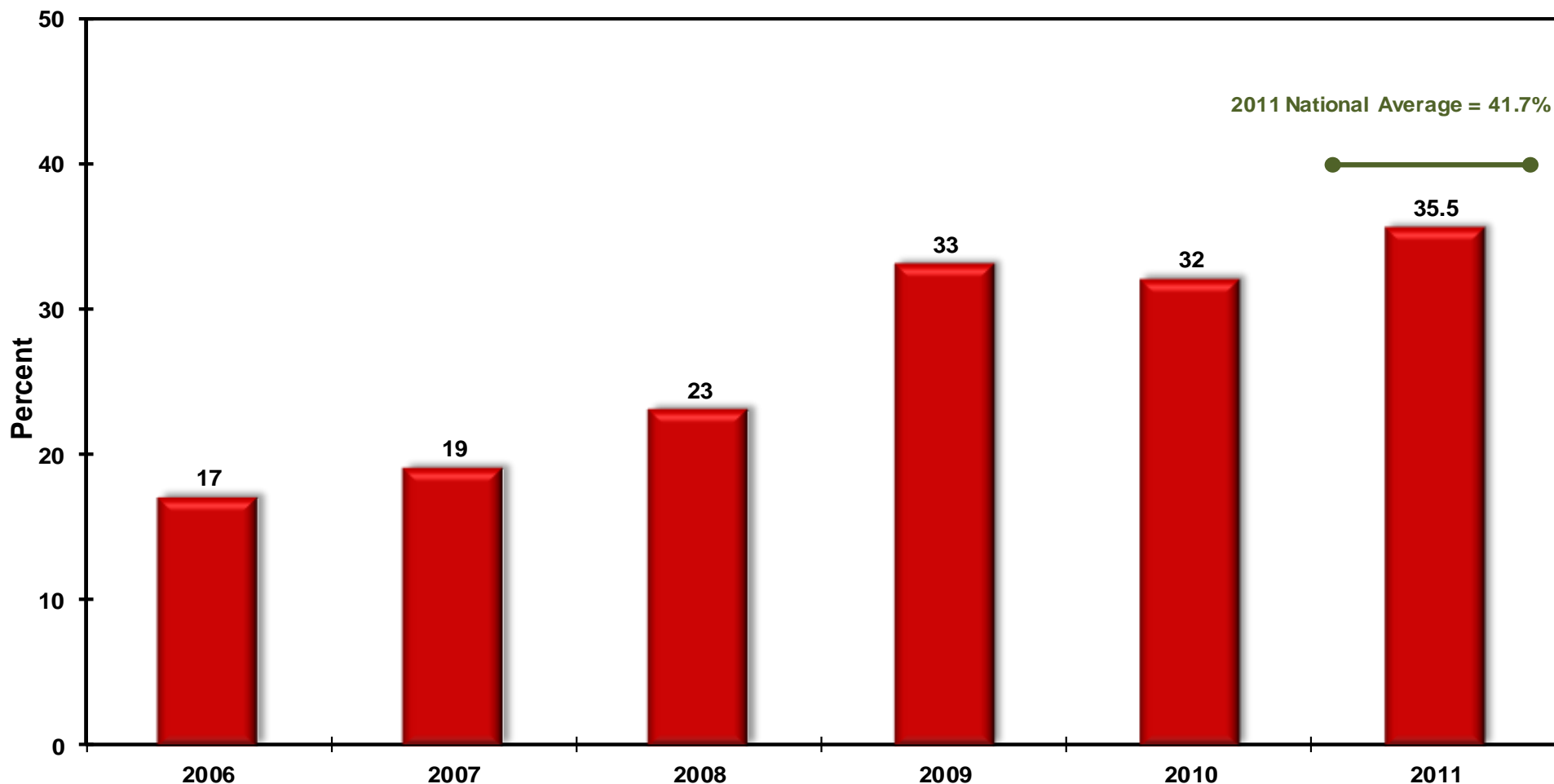
# CANCER SCREENING: BREAST (MAMMOGRAPHY)



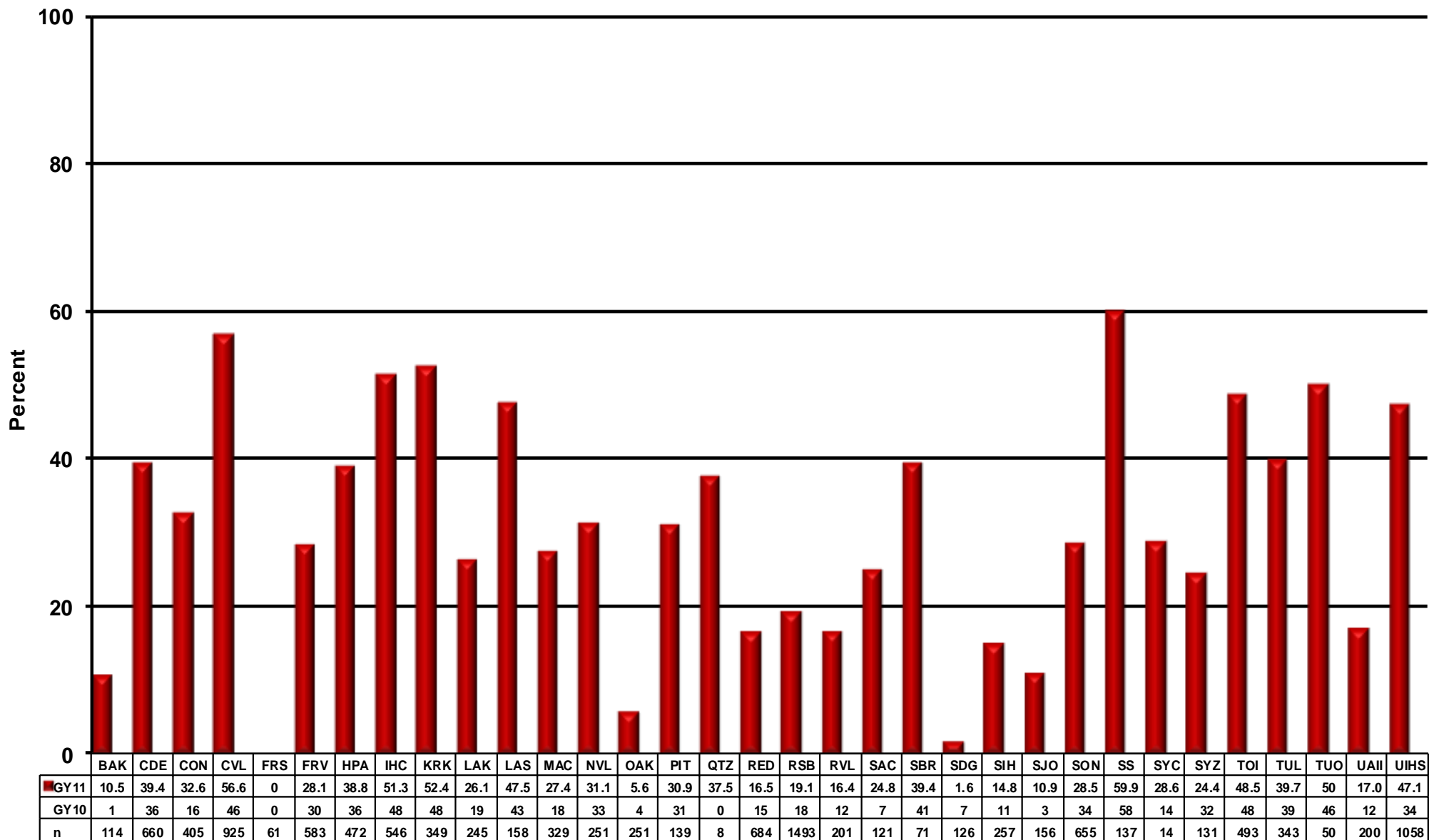
# CANCER SCREENING: COLORECTAL

**Measure:** Proportion of eligible patients who have had appropriate colorectal cancer screening.

**Importance:** *Colorectal cancer is more common among Alaska Native and Northern Plains American Indians than among other groups, and the risk of death is higher than the national average. Screening improves the chance that colorectal cancer will be detected at an earlier stage, when it is more likely to be cured. Patients diagnosed at an early stage are 90% likely to survive for five years, but patients diagnosed at later stages have lower survival rates. The risk of colorectal cancer increases with age; 9 of 10 cases of colorectal cancer are found in individuals aged 50 and older.*



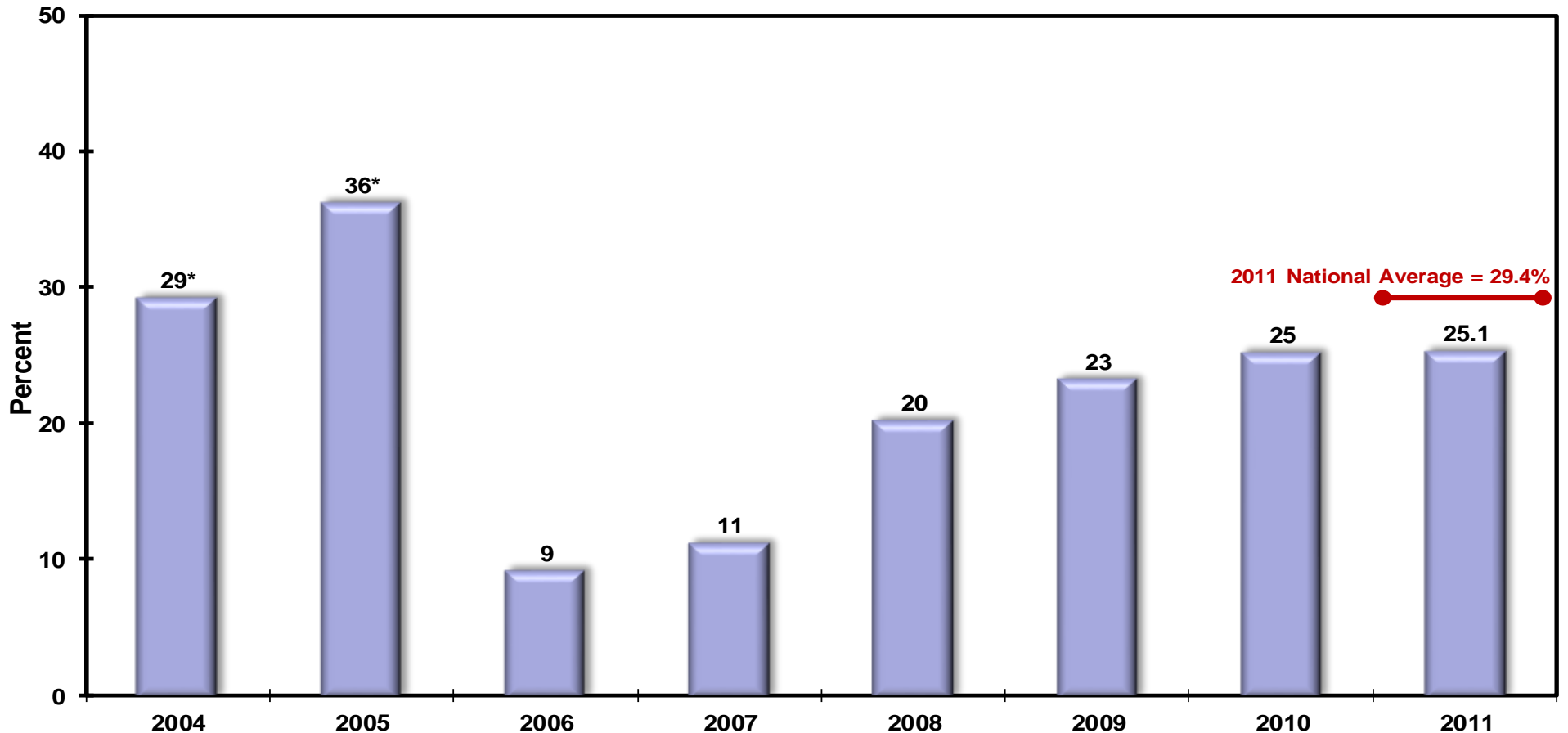
# CANCER SCREENING: COLORECTAL



# TOBACCO CESSATION

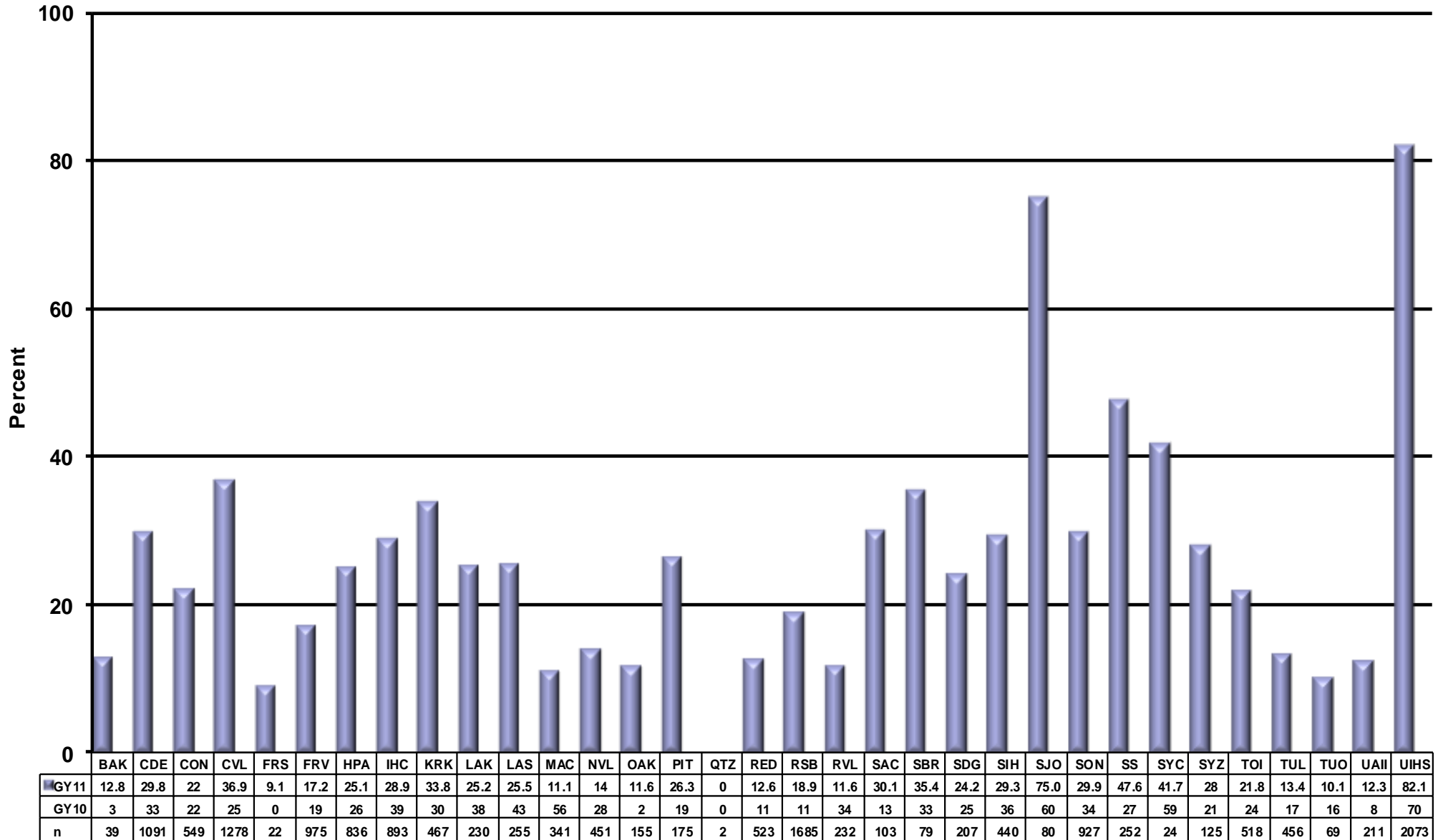
**Measure:** Proportion of tobacco-using patients that receive tobacco cessation intervention.

**Importance:** *Cigarette smoking is the leading preventable cause of death in the United States, resulting in an estimated 443,000 premature deaths each year. American Indians and Alaska Natives have the highest prevalence of current cigarette smoking (30%) of any other racial/ethnic group in the U.S., and are more likely to smoke compared to other groups. Tobacco users who quit enjoy longer and healthier lives, on average, than those who do not. Even long-time smokers can significantly reduce their risk of heart disease and other complications by quitting. This measure assesses how many patients using tobacco are receiving advice and support to quit. Advice from doctors, and group and individual counseling have been shown to help smokers quit.*





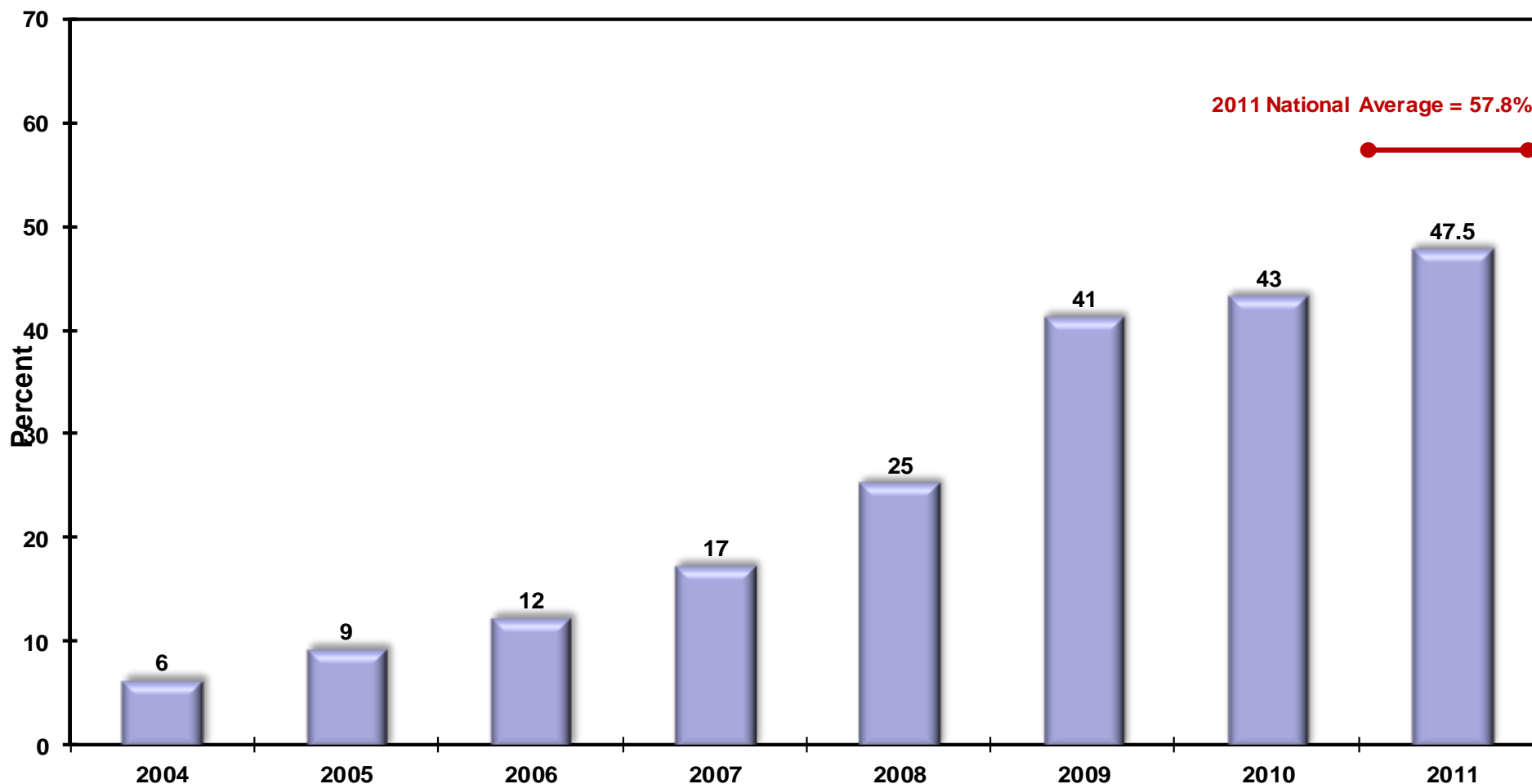
# TOBACCO CESSATION



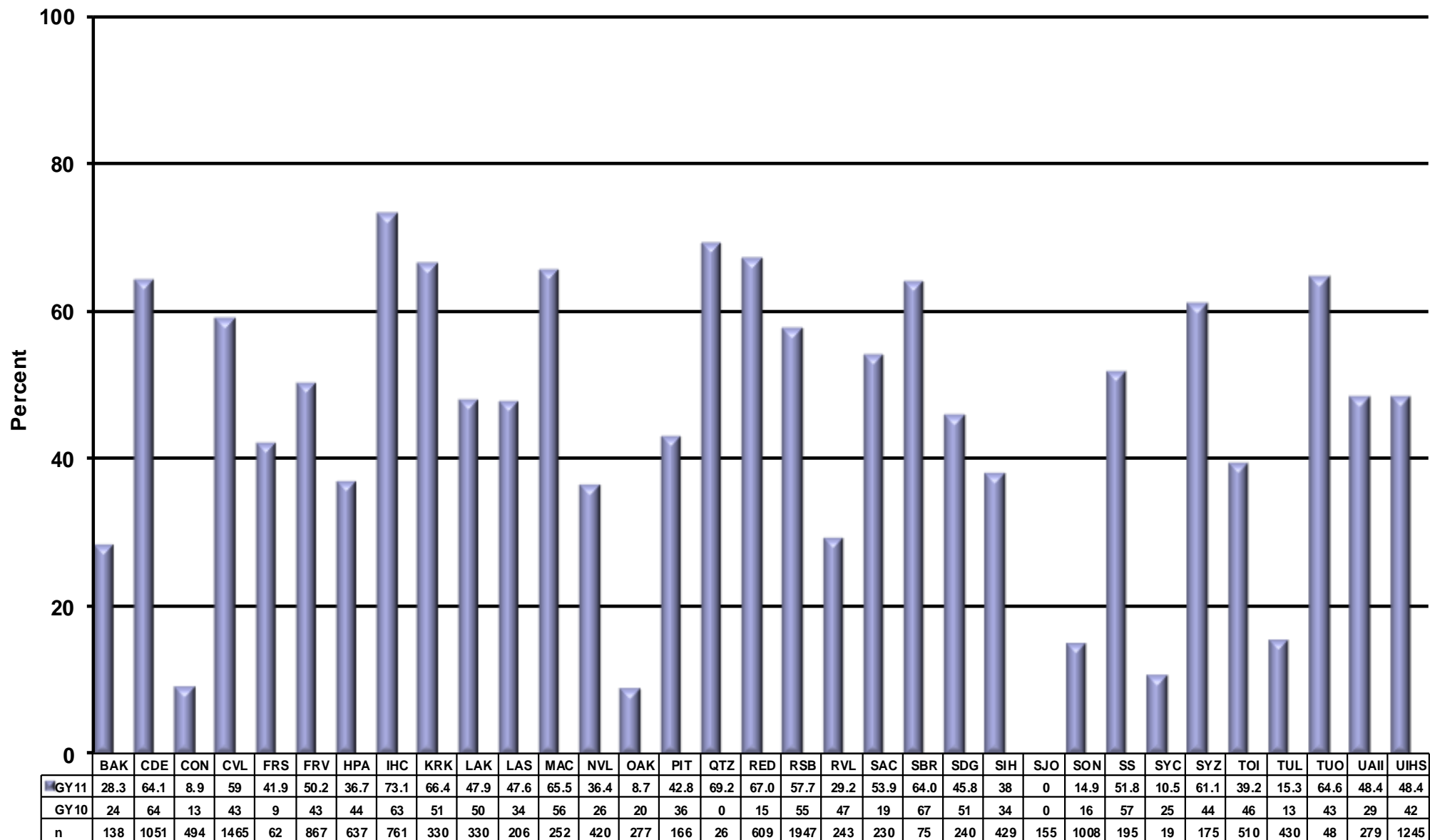
# ALCOHOL SCREENING (FAS PREVENTION)

**Measure:** Alcohol use screening (to prevent Fetal Alcohol Syndrome) in appropriate female patients

**Importance:** *Heavy drinking during pregnancy can cause significant birth defects, including Fetal Alcohol Syndrome (FAS). FAS is the most common, and preventable, cause of mental retardation. Rates of FAS are higher among American Indians and Alaska Natives than the general population, and AI/AN women consume alcohol at greater rates than the national average. Screening women of childbearing age, and offering help to reduce or quit drinking, can lower the rate of FAS and related birth complications.*



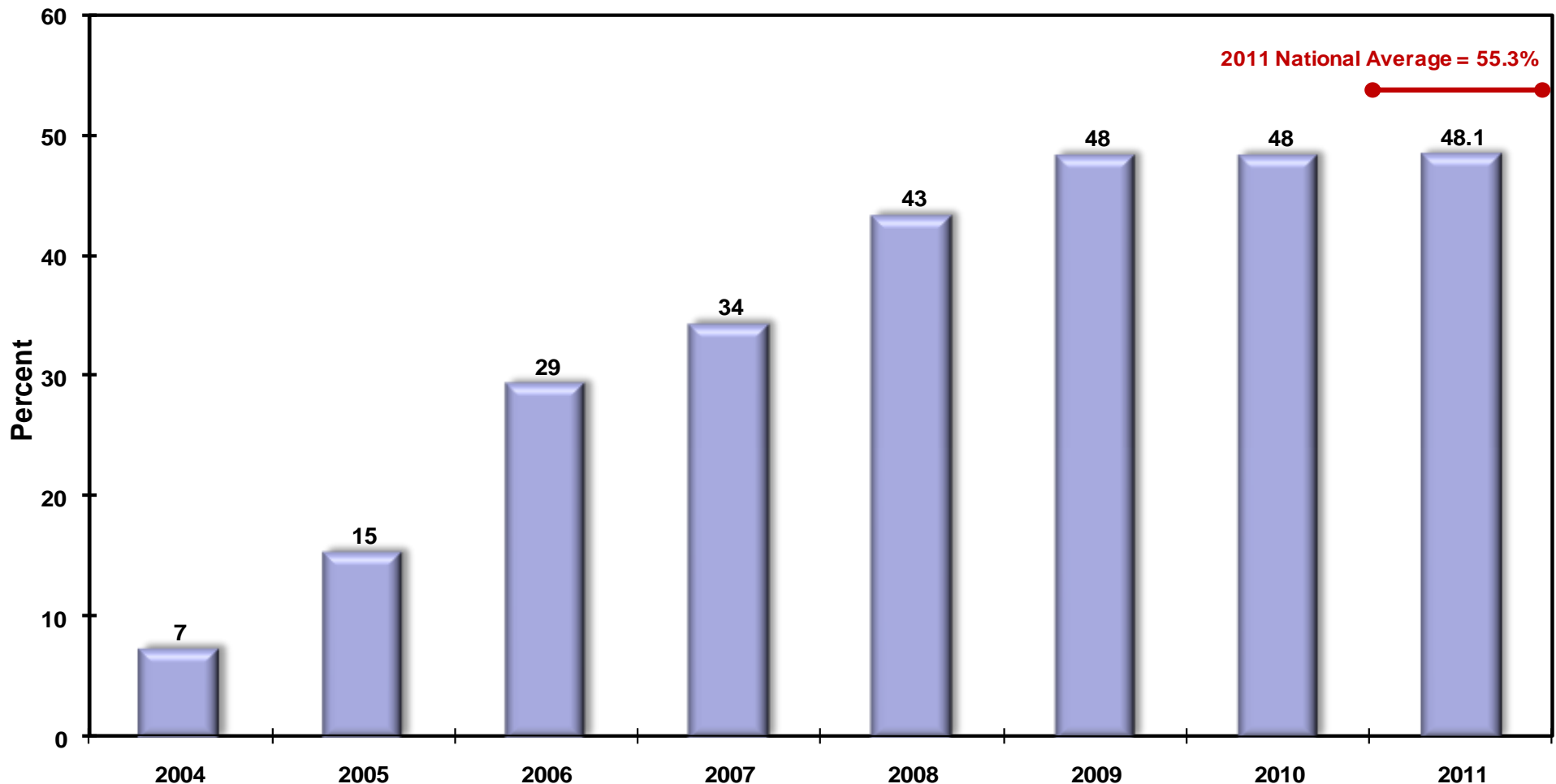
# ALCOHOL SCREENING (FAS PREVENTION)



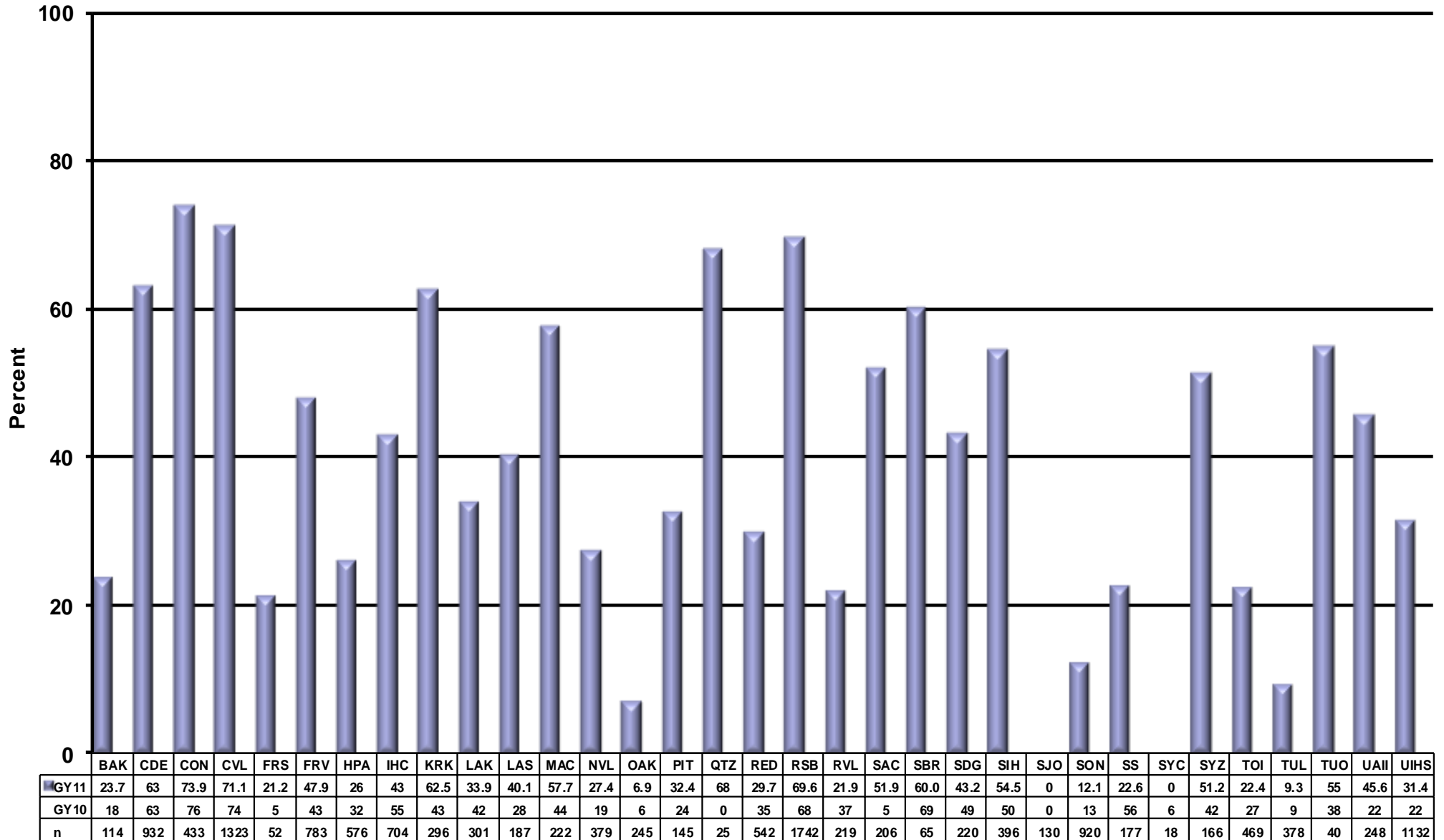
# DOMESTIC VIOLENCE/INTIMATE PARTNER VIOLENCE SCREENING

**Measure:** Proportion of women who are screened for domestic violence at health care facilities.

**Importance:** *It is estimated that one in three American Indian/Alaska Native women have experienced domestic or intimate partner violence during their lives. Surveys at Indian Health hospitals have found even higher rates. Women who experience domestic violence are more often victims of nonconsensual sex and have higher rates of smoking, chronic pain syndromes, depression, anxiety, substance abuse, and Post-Traumatic Stress Disorder. Screening and offering help for victims of domestic violence will help to reduce this problem in Indian country.*



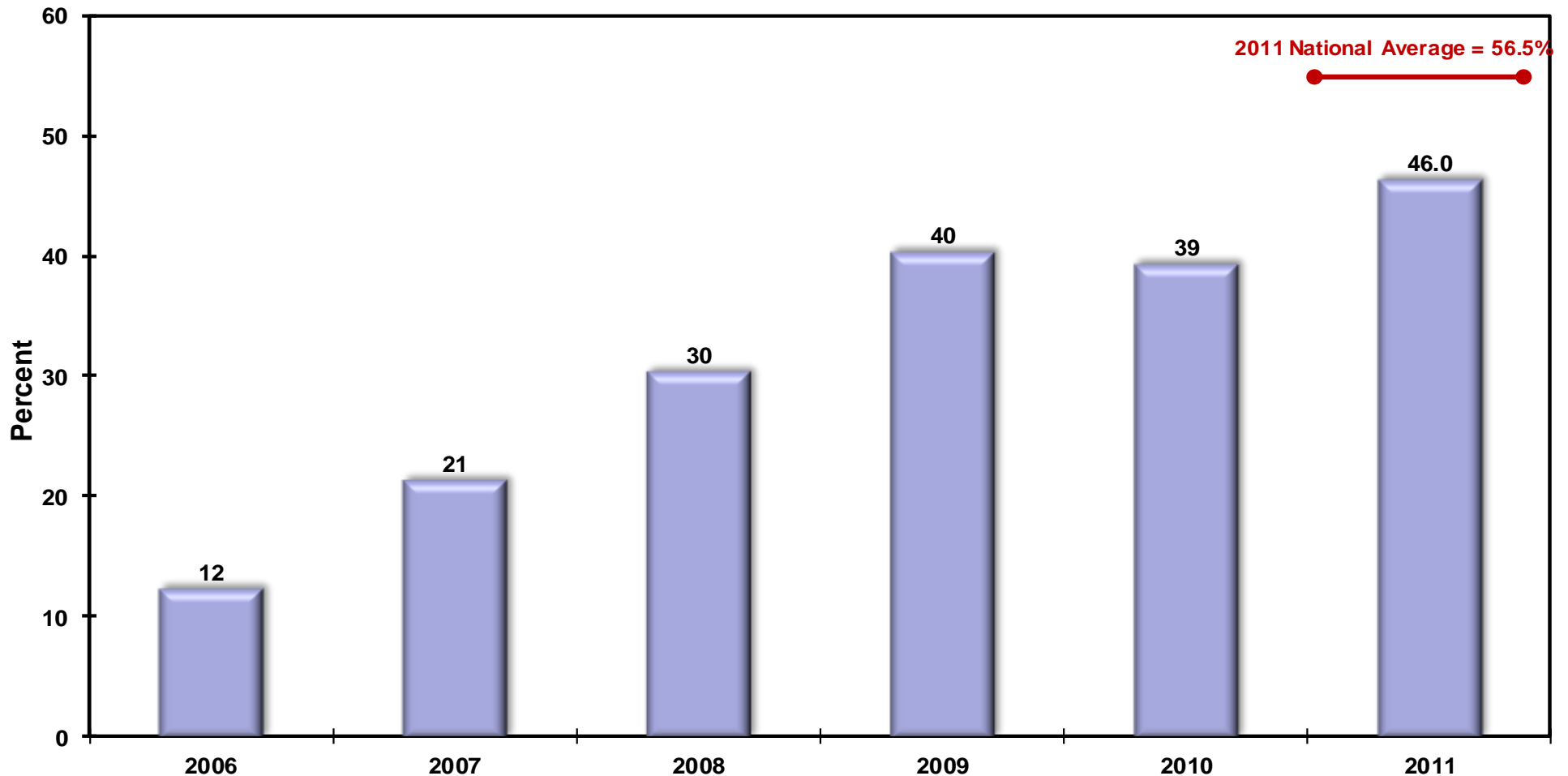
# DOMESTIC VIOLENCE/INTIMATE PARTNER VIOLENCE SCREENING



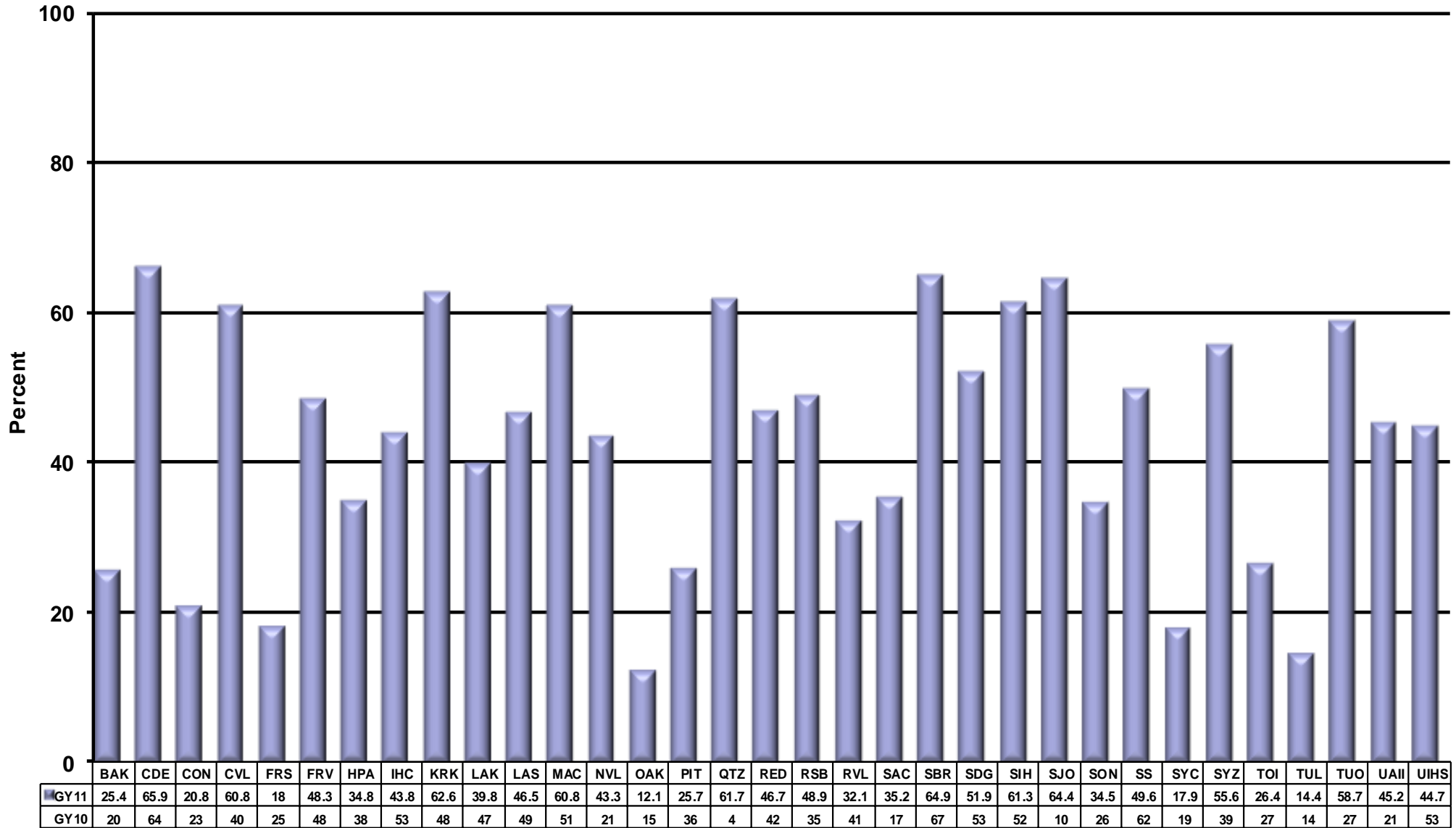
# DEPRESSION SCREENING

**Measure:** Proportion of adults ages 18 and older who receive depression screening.

**Importance:** *Almost one in six U.S. adults experience major depression during their lifetime. Depression and anxiety disorders may affect heart rhythms, increase blood pressure, and lead to elevated blood sugar and cholesterol levels. Depression also frequently increases the risk of suicidal behavior. The risk of suicide attempts among patients with untreated major depressive disorder is one in five. Screening for depression is the first step toward identifying patients who need intervention, treatment, and follow up.*



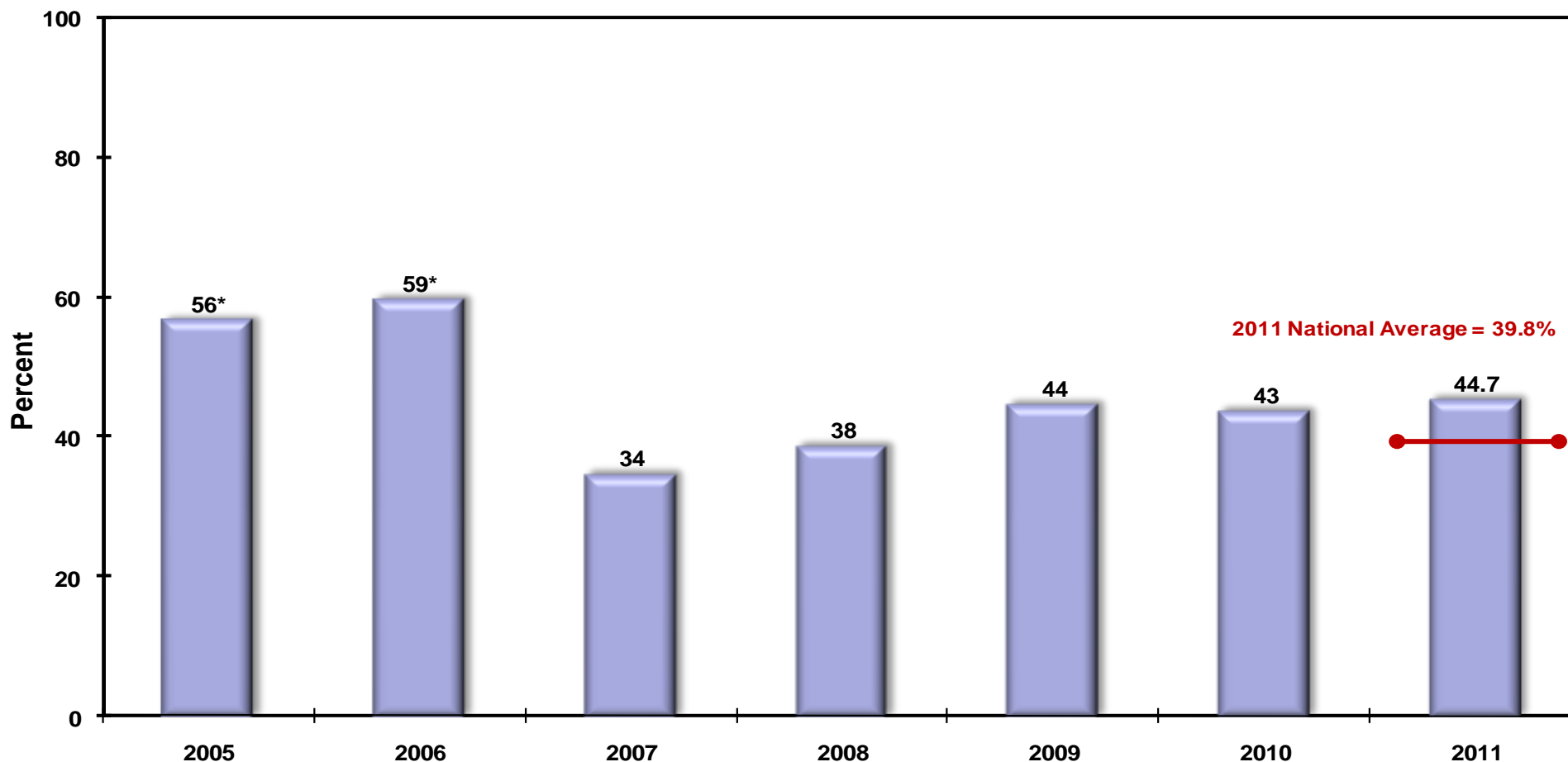
# DEPRESSION SCREENING



# CVD PREVENTION: COMPREHENSIVE ASSESSMENT

**Measure:** Proportion of IHD (Ischemic Heart Disease) patients who have a comprehensive assessment for five CVD-related risk factors.

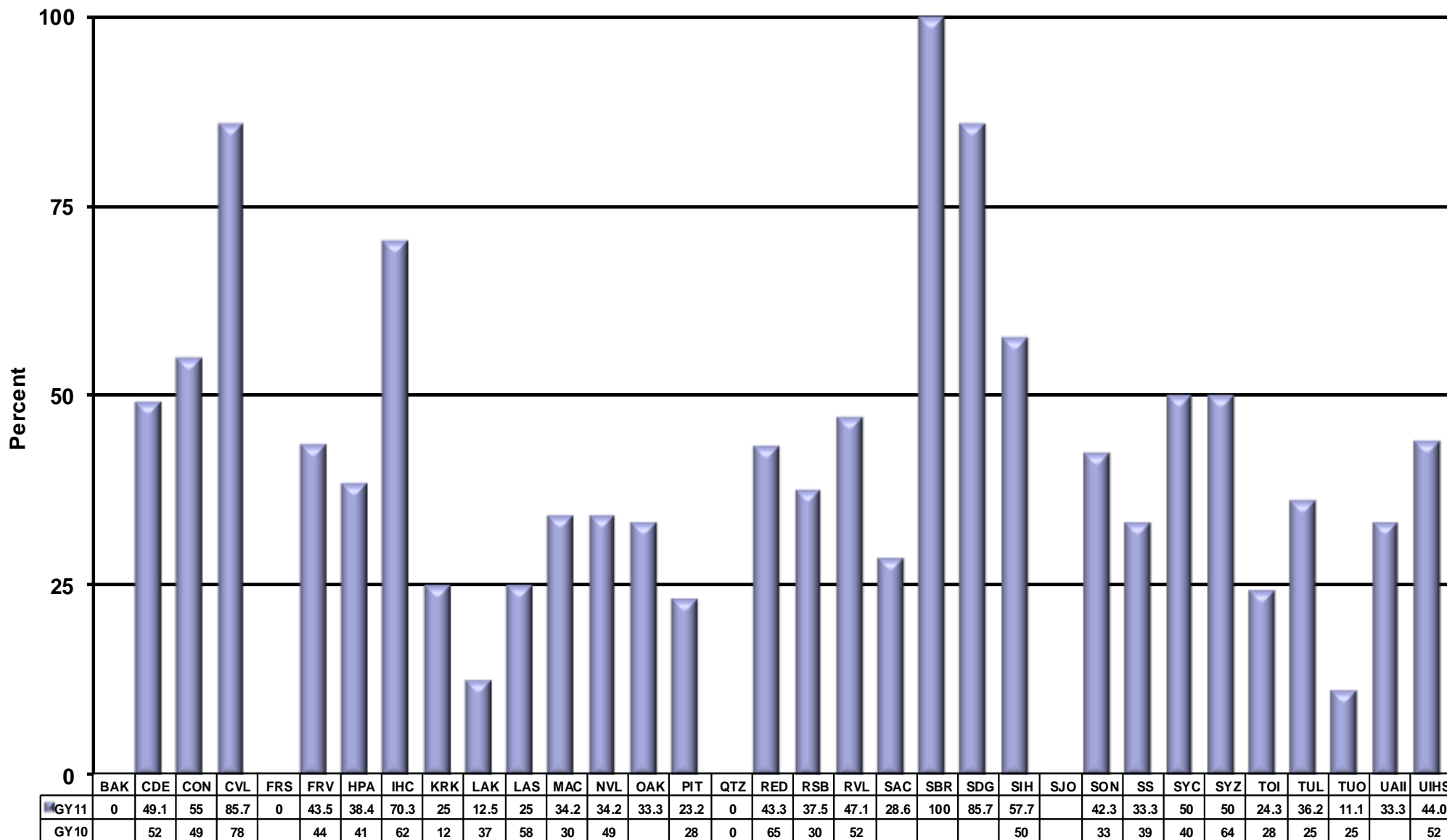
**Importance:** *Cardiovascular disease (CVD) is the leading cause of death for American Indian and Alaska Native people over age 45. Unlike other racial and ethnic groups, American Indians appear to have a growing rate of cardiovascular disease, likely because of the high rate of diabetes among American Indians. This measure addresses the major risk factors for CVD: high blood pressure, high cholesterol, smoking tobacco, excessive body weight, and physical inactivity.*



\*FY 2005 and 2006 – patients age 23+ who receive blood cholesterol screening.



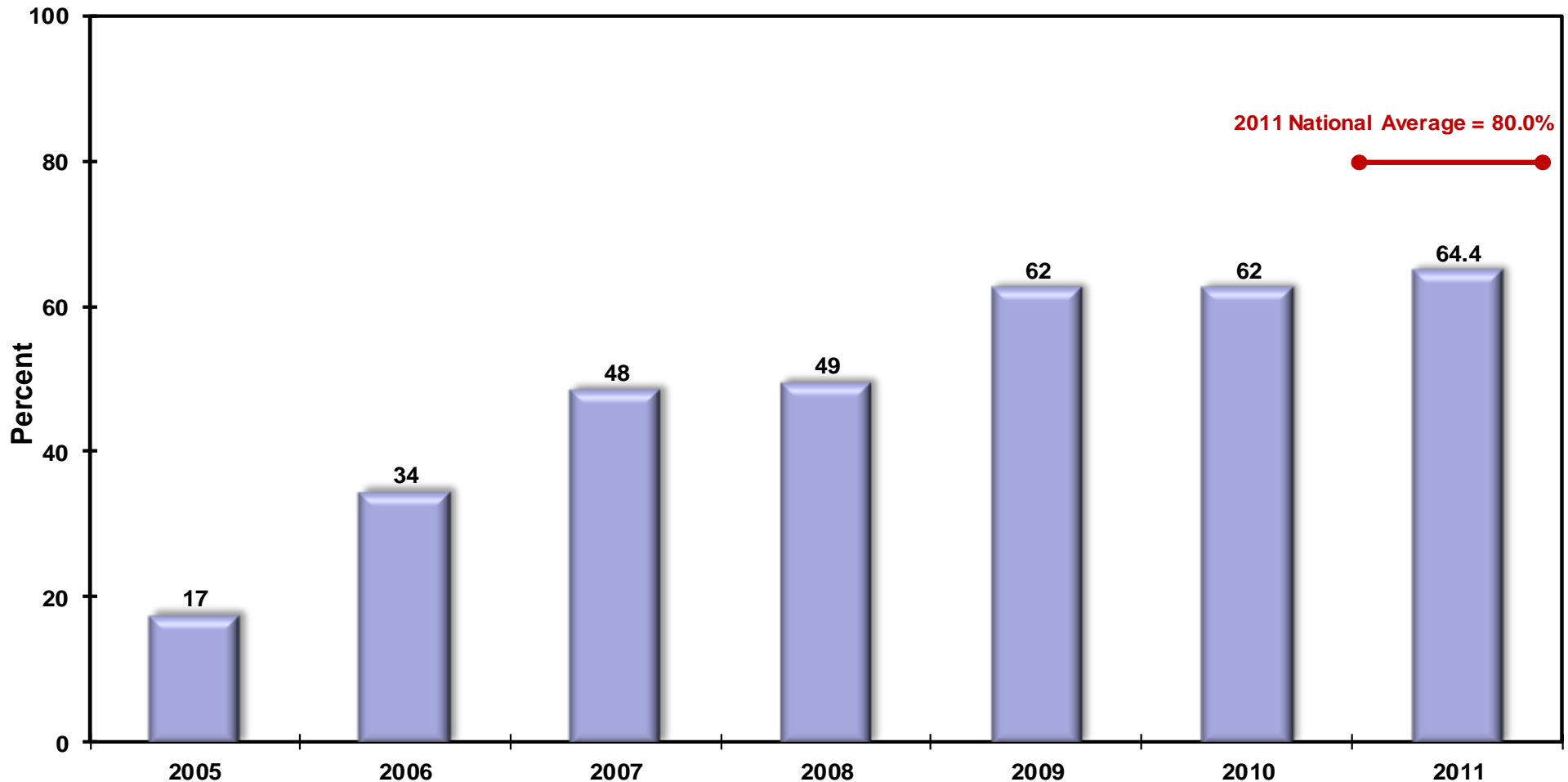
# CVD PREVENTION: COMPREHENSIVE ASSESSMENT



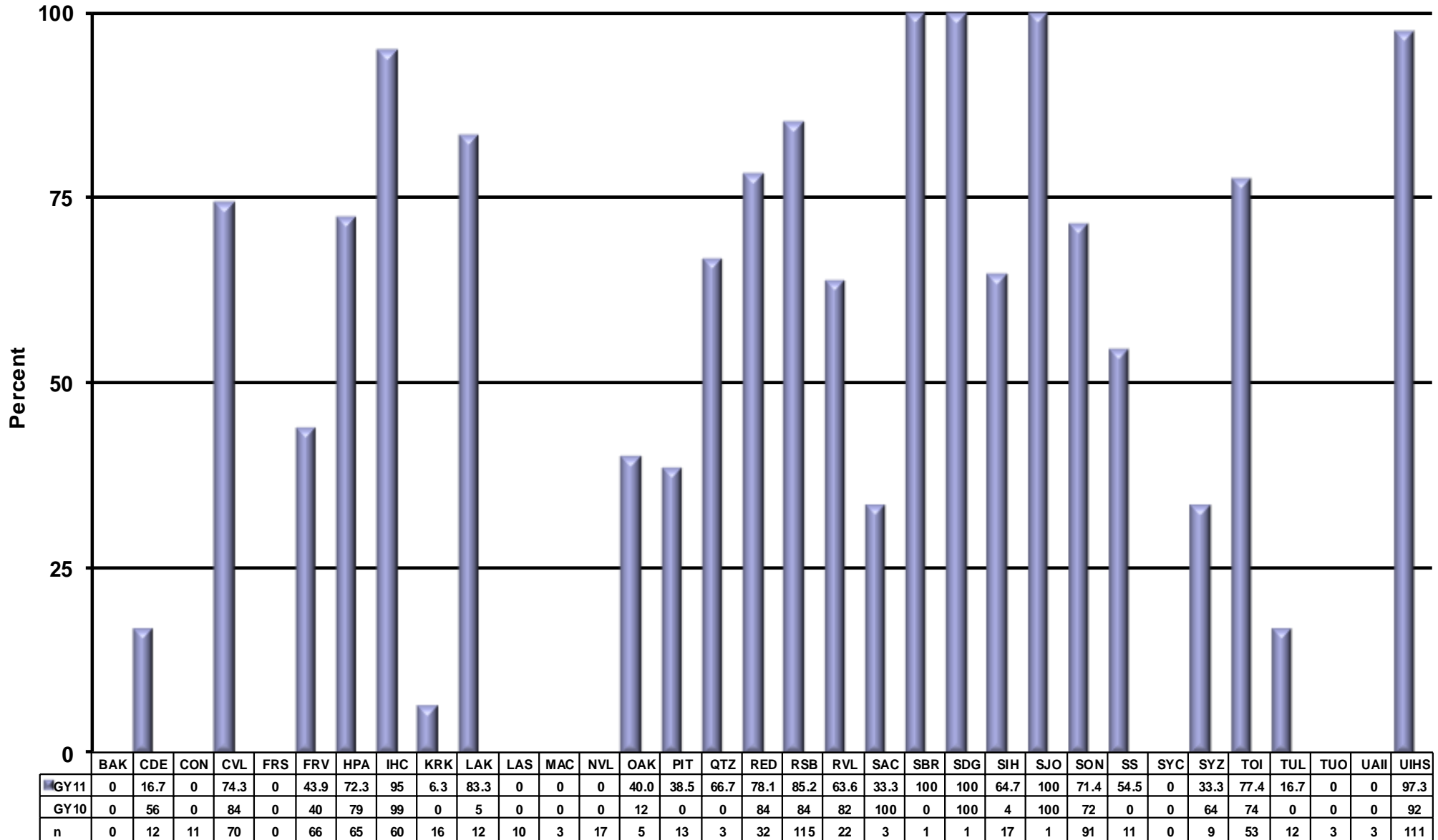
# PRENATAL HIV SCREENING

**Measure:** Proportion of pregnant women screened for HIV.

**Importance:** *The HIV/AIDS epidemic is a significant issue for American Indian and Alaska Native women of childbearing age. Women account for almost one in three of all HIV/AIDS diagnoses among AI/ANs. Women with HIV can transmit the disease to their newborn children. There are drugs that can be taken during pregnancy to reduce the transmission rate to 2% or less; without these drugs, the rate is 25%. Routine prenatal HIV testing of all pregnant women is the best way to avoid passing HIV from mother to infant.*



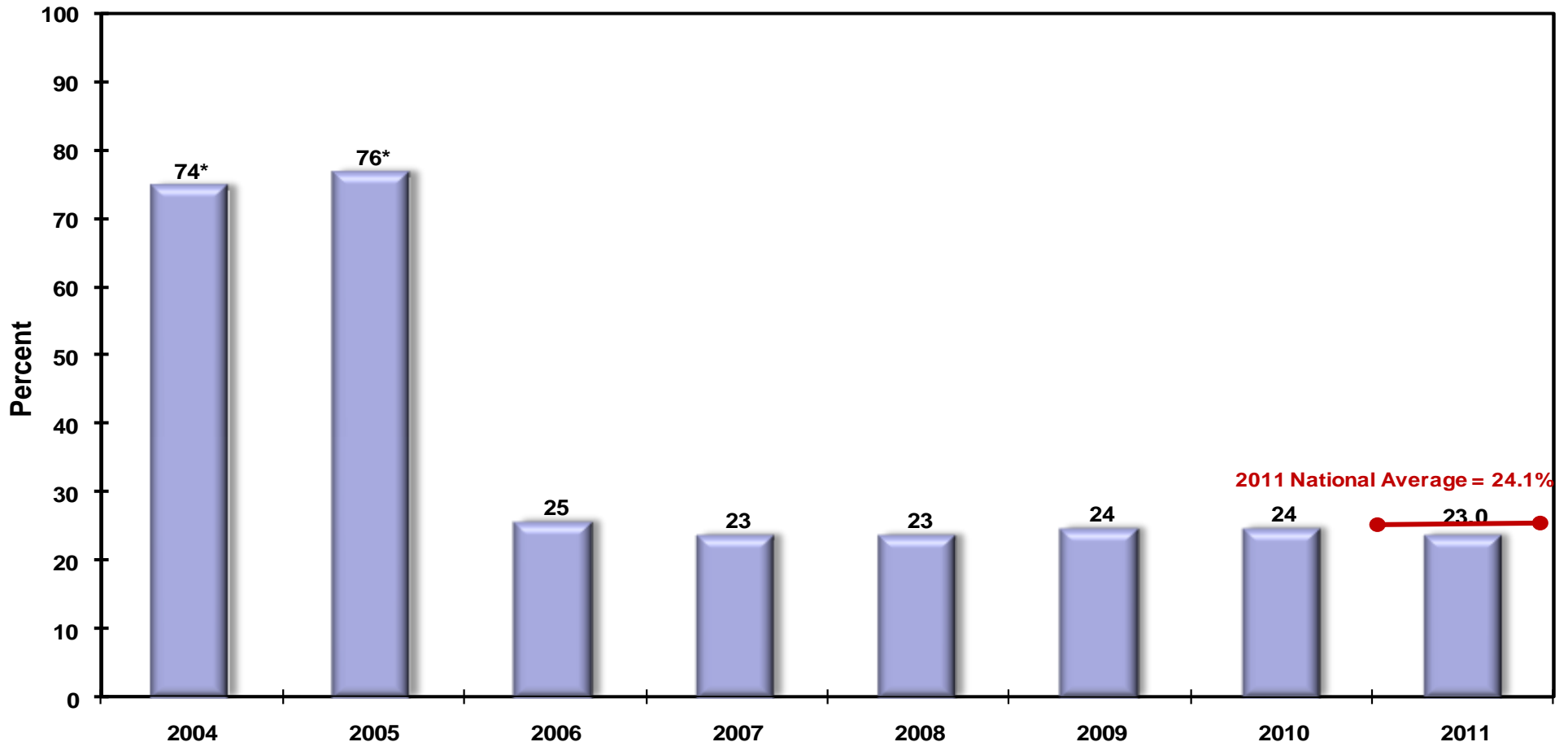
# PRENATAL HIV SCREENING



# CHILDHOOD WEIGHT CONTROL

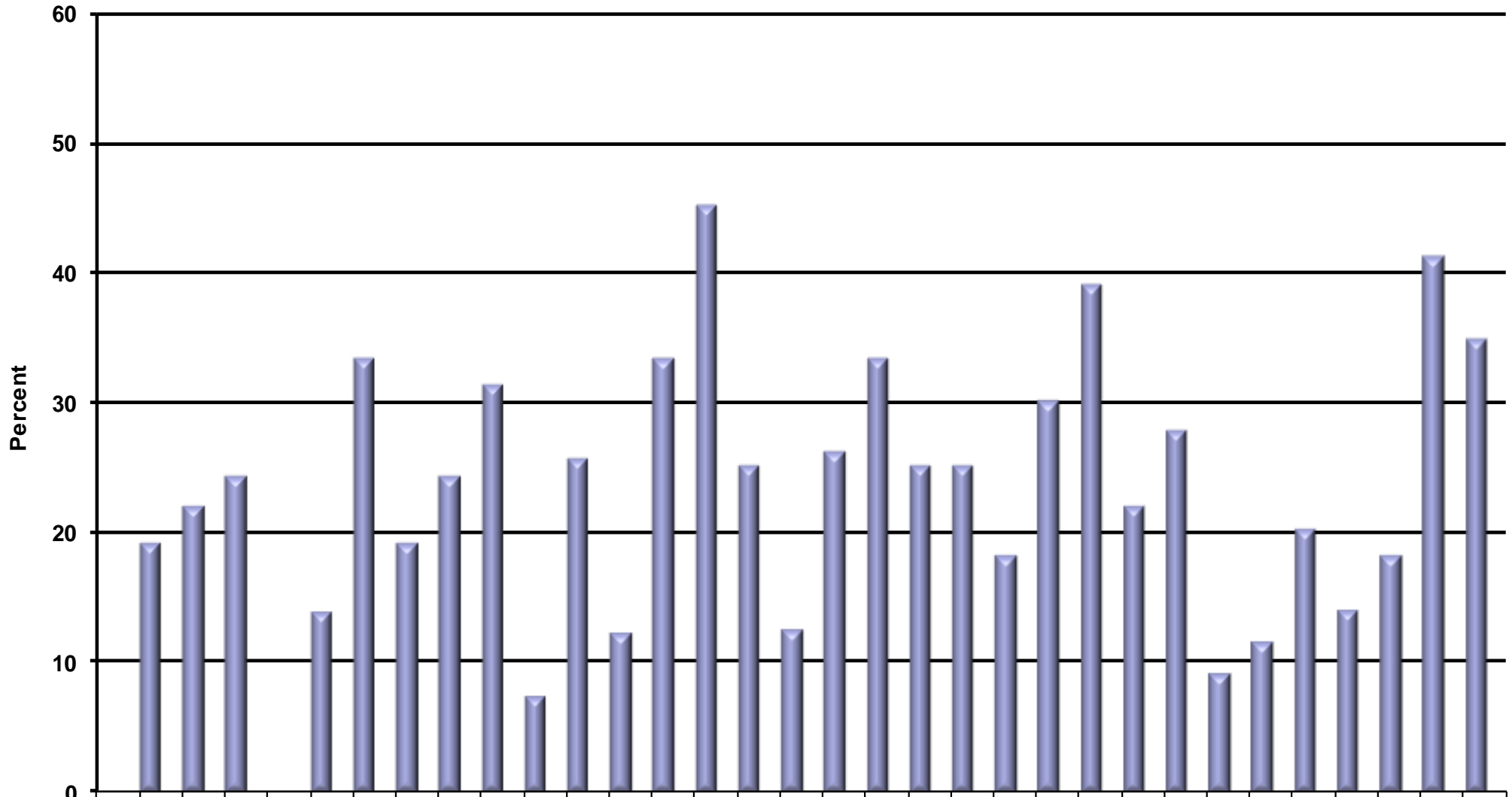
**Measure:** Proportion of children ages 2-5 years with a BMI at the 95<sup>th</sup> percentile or above.

**Importance:** *Rates of overweight among American Indian and Alaska Native children exceed the national averages. Overweight among children is defined as a Body Mass Index (BMI) at the 95<sup>th</sup> percentile or above. Children who are overweight often have elevated blood pressure, cholesterol, and insulin levels. They are at greater risk of developing type 2 diabetes. They are also at risk for shame, self-blame, and low self-esteem, all of which may affect how well they perform in school, and get along with their peers. This measure assesses the rate of obesity among 2-5 year olds, when there is still ample time for significant changes in eating patterns and activity levels.*



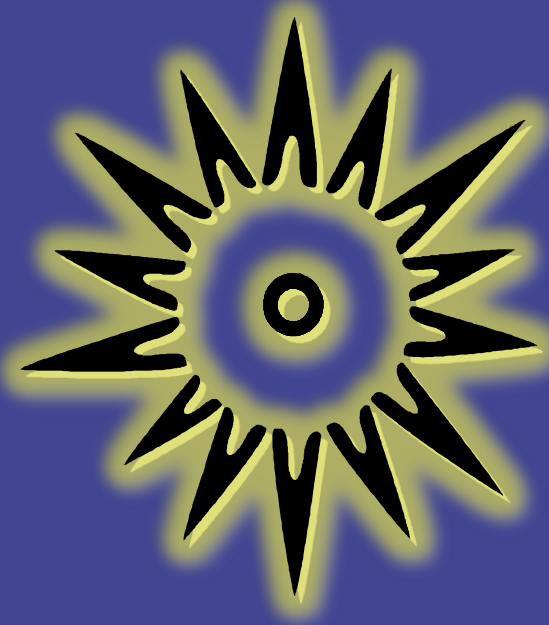
\*FY 2004 and 2005 – patients age 2-74 with BMI measured.

# CHILDHOOD WEIGHT CONTROL



|      | BAK | CDE  | CON  | CVL  | FRS | FRV  | HPA  | IHC  | KRK  | LAK  | LAS | MAC  | NVL  | OAK  | PIT  | QTZ | RED  | RSB  | RVL  | SAC  | SBR  | SDG  | SIH  | SJO  | SON | SS   | SYC | SYZ  | TOI  | TUL | TUO  | UAI  | UIHS |
|------|-----|------|------|------|-----|------|------|------|------|------|-----|------|------|------|------|-----|------|------|------|------|------|------|------|------|-----|------|-----|------|------|-----|------|------|------|
| GY11 | 0   | 19.1 | 21.9 | 24.3 | 0   | 13.8 | 33.3 | 19.1 | 24.3 | 31.3 | 7.3 | 25.6 | 12.2 | 33.3 | 45.2 | 25  | 12.4 | 26.1 | 33.3 | 25.0 | 25.0 | 18.2 | 30.1 | 39.1 | 22  | 27.8 | 9.1 | 11.5 | 20.2 | 14  | 18.2 | 41.2 | 34.9 |
| GY10 | 0   | 14   | 37   | 25   | 0   | 15   | 39   | 16   | 26   | 37   | 11  | 20   | 23   | 0    | 35   | 8   | 12   | 21   | 48   | 20   | 0    | 12   | 28   | 7    | 22  | 11   | 14  | 15   | 26   | 24  | 33   | 14   | 32   |
| n    | 0   | 152  | 64   | 267  | 0   | 174  | 132  | 110  | 70   | 80   | 41  | 39   | 49   | 9    | 31   | 8   | 137  | 399  | 72   | 28   | 4    | 11   | 73   | 23   | 241 | 18   | 11  | 26   | 109  | 93  | 11   | 17   | 372  |

# APPENDIX



## TRIBAL AND URBAN DASHBOARDS

# CALIFORNIA AREA TRIBAL DASHBOARD

| 2011 Final GPRA Dashboard  |                 |                 |            |                  |   |
|--|-----------------|-----------------|------------|------------------|---|
|  | California Area | California Area | National   | National         | 2011 Final  |
| DIABETES   | 2011-Final      | 2010-Final      | 2011-Final | 2011 Target      | Results - California Area                               |
| Diabetes Dx Ever   | 10.7%           | 11%             | 12.8%      | N/A <sup>a</sup> | N/A   |
| Documented A1c   | 84.1%           | 83%             | 83.0%      | N/A <sup>a</sup> | N/A   |
| Poor Glycemic Control  | 15.2%           | 15%             | 19.1%      | 19.4%            | Met   |
| Ideal Glycemic Control   | 36.2%           | 37%             | 31.9%      | 30.2%            | Met   |
| Controlled BP <130/80  | 33.9%           | 35%             | 37.8%      | 35.9%            | Not Met   |
| LDL (Cholesterol) Assessed   | 69.6%           | 67%             | 68.7%      | 63.3%            | Met   |
| Nephropathy Assessed   | 54.3%           | 48%             | 56.5%      | 51.9%            | Met   |
| Retinopathy Exam   | 47.4%           | 47%             | 53.5%      | 50.1%            | Not Met   |
| DENTAL   |                 |                 |            |                  |   |
| Dental: General Access   | 41.4%           | 43%             | 26.9%      | 23.0%            | Met   |
| Sealants   | 14,307          | 13,926          | 276,893    | 257,261          | N/A   |
| Topical Fluoride- Patients   | 10,671          | 9,750           | 161,461    | 135,604          | N/A   |
| IMMUNIZATIONS  |                 |                 |            |                  |   |
| Influenza 65+  | 53.3%           | 54%             | 62.0%      | 58.5%            | Not Met   |
| Pneumovax 65+  | 82.0%           | 80%             | 85.5%      | 79.3%            | Met   |
| Childhood Iz <sup>b</sup>  | 70.2%           | 72%             | 75.9%      | 74.6%            | Not Met   |
| PREVENTION   |                 |                 |            |                  |   |
| (Cervical) Pap Screening   | 49.1%           | 51%             | 58.1%      | 55.7%            | Not Met   |
| Mammography Screening  | 45.4%           | 45%             | 49.8%      | 46.9%            | Not Met   |
| Colorectal Cancer Screening  | 35.5%           | 32%             | 41.7%      | 36.7%            | Not Met   |
| Tobacco Cessation  | 25.1%           | 25%             | 29.4%      | 23.7%            | Met   |
| Alcohol Screening <small>(EAS Prevention)</small>  | 47.5%           | 43%             | 57.8%      | 51.7%            | Not Met   |
| DV/IPV Screening   | 48.1%           | 48%             | 55.3%      | 52.8%            | Not Met   |
| Depression Screening   | 46.0%           | 39%             | 56.5%      | 51.9%            | Not Met   |
| CVD-Comprehensive Assessment   | 44.7%           | 43%             | 39.8%      | 33.0%            | Met   |
| Prenatal HIV Screening   | 64.4%           | 62%             | 80.0%      | 73.6%            | Not Met   |
| Childhood Weight Control <sup>c</sup>  | 23.0%           | 24%             | 24.1%      | N/A              | N/A   |
| <sup>a</sup> Measures used for context; no annual targets<br><sup>b</sup> 4 Pneumococcal conjugate vaccines added to Childhood Immunization series in FY 2011<br><sup>c</sup> Long-term measure as of FY 2009, next reported FY 2013 |                 |                 |            |                  | <b>Measures Met = 8</b><br><b>Measures Not Met = 11</b> |

# CALIFORNIA AREA URBAN DASHBOARD

| 2011 Urban California Dashboard  | CA CRS Sites      | CA CRS Sites      | National           |                    |   |
|--|-------------------|-------------------|--------------------|--------------------|---|
| <b>DIABETES</b>  | <b>2011-Final</b> | <b>2010-Final</b> | <b>2011- Final</b> | <b>2011 Target</b> | <b>Results</b>                            |
| Diabetes Dx Ever   | 10.8%             | 11%               | 11.3%              | N/A <sup>a</sup>   | N/A                                       |
| Documented A1c   | 77.2%             | 65%               | 83.6%              | N/A <sup>a</sup>   | N/A                                       |
| Poor Glycemic Control  | 18.2%             | 12%               | 15.3%              | 15.1%              | Not Met                                   |
| Ideal Glycemic Control   | 26.2%             | 26%               | 35.2%              | 34.9%              | Not Met                                   |
| Controlled BP <130/80  | 41.3%             | 36%               | 39.6%              | 38.8%              | MET                                       |
| LDL (Cholesterol) Assessed   | 55.0%             | 49%               | 73.8%              | 69.0%              | Not Met                                   |
| Nephropathy Assessed   | 39.0%             | 25%               | 61.5%              | 59.5%              | Not Met                                   |
| <b>IMMUNIZATIONS</b>   |                   |                   |                    |                    |   |
| Influenza 65+  | 34.4%             | 30%               | 48.5%              | 40.5%              | Not Met                                   |
| Pneumovax 65+  | 48.5%             | 41%               | 55.4%              | 50.1%              | Not Met                                   |
| Childhood IZ <sup>b</sup>  | 26.4%             | 36%               | 61.2%              | 66.1%              | Not Met                                   |
| <b>PREVENTION</b>  |                   |                   |                    |                    |   |
| (Cervical) Pap Screening   | 41.4%             | 42%               | 54.2%              | 51.9%              | Not Met                                   |
| Mammography Screening  | 16.6%             | 16%               | 50.2%              | 47.9%              | Not Met                                   |
| Colorectal Cancer Screening  | 12.7%             | 8%                | 24.3%              | 19.8%              | Not Met                                   |
| Tobacco Cessation  | 19.6%             | 14%               | 23.4%              | 21.7%              | Not Met                                   |
| Alcohol Screening <small>(FAS Prevention)</small>  | 38.9%             | 30%               | 62.4%              | 61.1%              | Not Met                                   |
| DV/IPV Screening   | 35.6%             | 22%               | 59.0%              | 60.7%              | Not Met                                   |
| Depression Screening   | 35.2%             | 27%               | 60.9%              | 62.8%              | Not Met                                   |
| Prenatal HIV Screening   | 38.5%             | 21%               | 86.0%              | 79.2%              | Not Met                                   |
| Childhood Weight Control <sup>c</sup>  | 29.0%             | 13%               | 16.2%              | N/A                | N/A                                       |
| <sup>a</sup> Measures used for context; no annual targets<br><sup>b</sup> 4 Pnuemococcal conjugate vaccines added to Childhood Immunization series in FY 2011.<br><sup>c</sup> Long-term measure; no specific annual target for FY 2011<br>National column includes data from all CA sites reporting via CRS<br><i>Results in italics represent measures with fewer than 20 patients in the denominator; use caution when interpreting these results</i> |                   |                   |                    |                    | Measures Met = 1<br>Measures Not Met = 15 |









