



First Aid Services

Service Definition: This service provides First Aid by a Registered Nurse (RN) or Occupational Health Nurse (OHN) for Hanford workers experiencing pain, discomfort, illness and other specific medical situations that do not require the care of a physician or physician assistant. Standards are based on Washington State's WAC 246-840 (standards of nursing conduct or practice). First Aid services do not include any treatment or assessment that would require an evaluation by a physician or physician assistant. Nurses work under standing orders as approved by the Site Occupational Medical Director.

First aid treatment includes, but is not limited to the following:

- CPR/cardiac monitoring/AED oxygen therapy
- Vital signs
- Blood glucose testing
- Fecal occult blood testing processing
- Cold therapy
- Controlled injury zone dressings
- Eyes: foreign body evaluation, irrigation, visual acuity testing
- Joint immobilization: ankle, knee, wrist, elbow, shoulder, fingers, thumb
- Sling application
- Splinting
- Vaccinations: Tdap, Hep A, Hep B, Polio
- Wound care/dressings
- Pain assessment/control
- Over the counter medications/treatment
- Dispatch 911 when appropriate

Limited Return to Works:

- Personal minor injury or illness not requiring a work restriction