

# MAKING A FAMILY EMERGENCY PLAN

One of the most important tools you and your family can have to protect yourself in possible emergencies is a family emergency plan. It is important that you plan ahead as a family for all types of emergencies and responses. Everyone in the family should understand what to do, where to go, and what to take in the event of an emergency.

#### Be Informed

- Find out what disasters are most likely to happen in your area and the history of their occurrence.
- Stay informed of any specific instructions or information you may need to know regarding these specific disasters.

### Establish an Evacuation Procedure

- As a family, discuss where you will go in an emergency.
- Discuss where your children will go if they are in school at the time of the emergency, and make sure they understand where you will intend to be.
- Plan how to evacuate family members with special needs.
- Include pets in your family plan.

# Develop a Family Communications Procedure

- Develop a comprehensive procedure as a family for communicating in the event that you are separated during an emergency.
- Create a sheet or card with all the phone numbers and information every individual in the family may need, including an in-case-of-emergency (ICE) name and number.
- Make sure every member of the family has a copy of the communications procedure.
- Save the ICE information in everyone's cell phone.
- Be aware that in the event of an emergency, phone lines and cell phone towers may be out. It
  may be necessary to have a contingency plan for reaching each other.

## Practice Your Plan

- Set up practice evacuations or shelter-in-place drills for your family to ensure everyone knows what to do and where to go in the event of an emergency.
- Keep your emergency supply kit up to date, replacing water and perishables periodically. Make sure everyone knows where it is and to take it when sheltering or evacuating.
- Check your smoke alarms regularly.

## Where to Find Additional Information

- Department of Homeland Security (Ready.gov) www.ready.gov/america/makeaplan/index.html
- Federal Emergency Management Agency (FEMA)—www.fema.gov/plan/prepare/plan.shtm

## Semper Paratus

Be "Always Ready." Get an emergency supply kit good for at least three days, make an emergency plan with your family, and be informed about what might happen.

