

AF D2D Seminar Critique

1 - Disagree	2 – Somewhat Disagree	3 – 50/50	4 – Somewhat Agree	5 - Agree
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1. The 2-day seminar was ideal. (Check a block)

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Comment:

2. I was able to express my feelings, experiences and opinions. (Check a block)

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Comment:

3. As a result of this seminar, I have developed some positive new perspectives, coping skills, and/or attitudes. (Check a block)

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Comment:

4. It was important to have food. (Check a block)

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Comment:

5. It was important to include stretching, exercise and deep breathing activities. (Check a block)

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Comment:

6. It was important to hear from the Sexual Assault Response Coordinator. (Check a block)

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Comment:

7. It was important to go to the Family Support Center. (Check a block)

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Comment:

8. This seminar helped me identify and/or appreciate personal strengths and/or positive characteristics in myself. (Check a block)

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Comment:

9. Family concerns were addressed adequately. (Check a block)

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Comment:

10. It was important to hear the briefing about Post Traumatic Stress Disorder. (Check a block)

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Comment:

11. It was important to hear from Public Affairs. (Check a block)

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Comment:

12. It was important to hear from the Legal Office. (Check a block)

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Comment:

13. The trip to the Health And Wellness Center was important. (Check a block)

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Comment:

Additional Comments/Suggestions:

Name (printed) (optional) _____