

# U.S. Department of Labor

## Mine Safety and Health Administration



MSHA's Small Mine Office—Serving the small mines in America

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## Week 21

Location: \_\_\_\_\_ Supervisor: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Duration: \_\_\_\_\_

- 1) **Avoid Hand Tool Injuries**
  - Use the right tool for the job
  - Keep tools in good working condition and return them to their proper storage place
  - Always use hand tools in the way they were intended
  
- 2) **Personal Protective Equipment**
  - Back support belts should be worn when lifting
  - Cinch side straps when preparing to lift
  - Back support belts are no substitute for proper lifting techniques
  
- 3) **Life Jackets or Work Vests**
  - Must always be worn when there is a danger of falling into the water. Includes docks, dredge decks, pump platforms, tugs and barges
  - Inspect periodically
  - Replace when torn or defective

Attendees:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Employees Comments: