

### Johnson County, Kansas Reentry Project

Forensic Assertive Community
Treatment Team

Johnson County Sheriff's Office



## Implementing Evidence Based Practices

- Risk Assessment Tool
- Cognitive Behavioral Services
- Data Collection
- Program Evaluation



### Level Service Inventory - Revised

- Risk/Need assessment instrument
- Used both in the State Facilities and Community Supervision Agencies
- 10 Domains that contain both static and dynamic factors
  - Conducted in an interview

# Level of Service Inventory-Revised (LSI-R)

- Validated and Normed for Johnson County, 2005 & 2009
- Used to Track Target Population
- Tracking on Justice Information Management System (JIMS)
  - Case Plans match Criminogenic Needs
  - CBT dosage goal determined by score
  - Establish baseline recidivism rate



### Cognitive Behavioral Intervention

- Group Settings:
  - Interactive Journaling by the Change Companies
  - Anger Management
  - Dual Diagnosis Classes
  - Substance Abuse Recovery Classes



### Cognitive Behavioral Intervention

- One on One
  - -Effective Use of Reinforcement
  - Effective Use of Disapproval
  - Effective Use of Authority



### Cognitive Behavioral Intervention

- Both in Group and Individual
  - Behavior Analysis Worksheet
  - RACE (Recognize, Avoid, Cope, Evaluate)
  - Teaching the Cognitive Model Worksheet
  - Problem Solving Worksheet



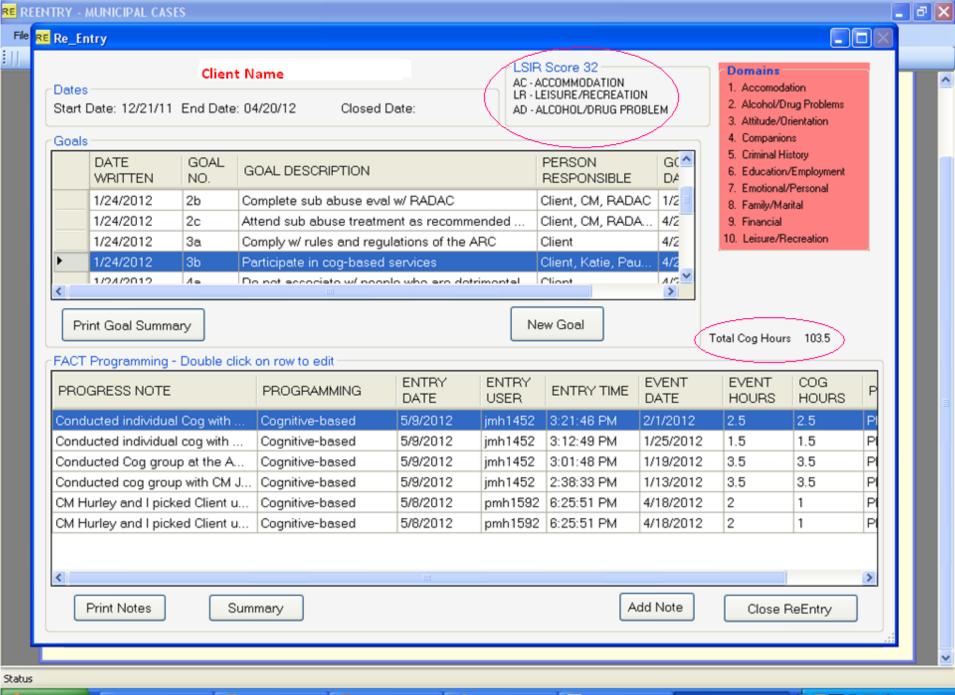
#### **Problem-Solving Worksheet**

Step 1. State the problem	
Step 2. Generate options	Step 3. Evaluate options
Option 1.	Costs
option :	
	Benefits
Option2.	Costs
	Benefits
Option 3.	Costs
	Benefits
Option 4.	Costs
	Benefits
Step 4. Choose an option—I choose option #	
The steps I'll use to accomplish my plan are:	
1.	
2,	
3.	
4.	
5.	
6.	
Step 5. Put the plan into action (who, what, when, wh	nerc)
I will use the plan in the following situations	
I will use the plan with the following people	
I will use the plan at the following times	
Step 6. Evaluate the plan	3/3/13
What went well?	
Did I do all the steps?	
What was the outcome?	
Do I need more practice with the plan (role play)?	
Do I and a new plan?	
Do I need a new plan?	

# Justice Information Management System

- Case Plan Goals
- Log Note Entries
- Tracks:
  - Cognitive Behavioral Intervention Dosage
  - SCA Grant Service Modalities
  - Direct or Referred Out Services























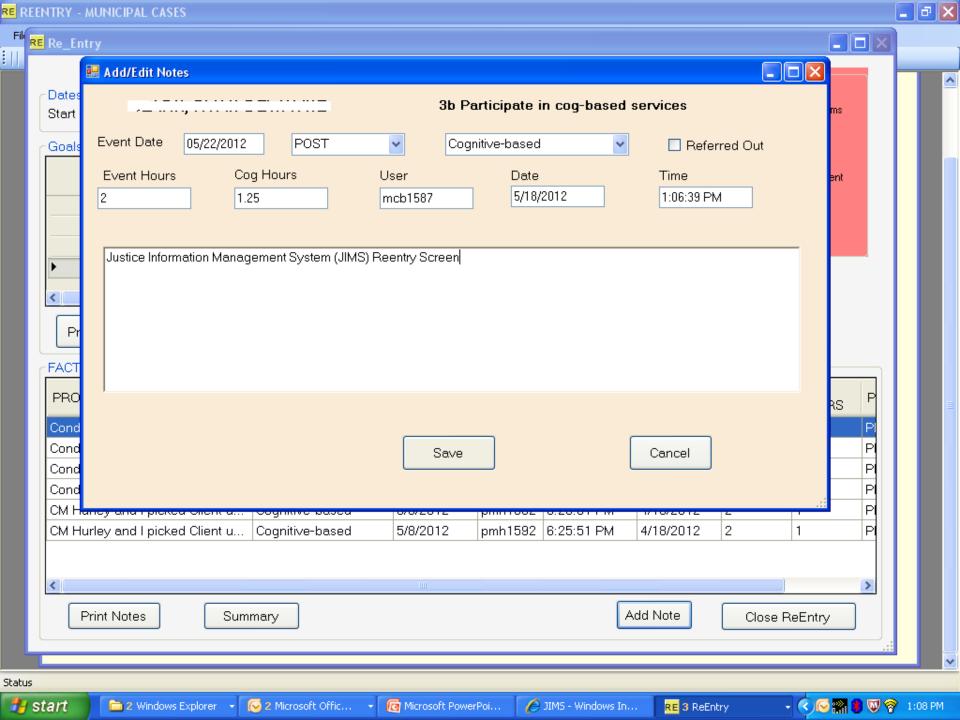












### Staff Training To Support CBT

- Stages of Change / Motivational Interviewing
- EPICS II (Effective Practices In Corrections)



### Inside Program Evaluation

- Coaching Sessions
- Modeling / Role Playing
- Monitoring Data, total cog hours
- File Review
- Inter-rater Reliability
- Internal Grant Auditing



### Outside Program Evaluation

- Dr. Alex Holsinger, University of Missouri Kansas City
- Psychological Inventory of Criminal Thinking Styles (PICTS)
  - Pre Middle Post Services
  - Control Group



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