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## Medication Guide

# EVISTA<sup>®</sup> (Ē-VISS-tah) (raloxifene hydrochloride) Tablets for Oral Use

6 Read the Medication Guide that comes with EVISTA before you start taking it and each time  
7 you refill your prescription. The information may have changed. This Medication Guide does not  
8 take the place of talking with your doctor about your medical condition or treatment. Talk with  
9 your doctor about EVISTA when you start taking it and at regular checkups.

### 10 **What is the most important information I should know about EVISTA?**

11 Serious and life-threatening side effects can occur while taking EVISTA. These include  
12 blood clots and dying from stroke:

13 • Increased risk of blood clots in the legs (deep vein thrombosis) and lungs (pulmonary  
14 embolism) have been reported with EVISTA. Women who have or have had blood clots  
15 in the legs, lungs, or eyes should not take EVISTA.

16 • Women who have had a heart attack or are at risk for a heart attack may have an  
17 increased risk of dying from stroke when taking EVISTA.

1. Before starting EVISTA, tell your doctor if you have had blood clots in your legs, lungs,  
or eyes, a stroke, mini-stroke (transient ischemic attack), or have an irregular heartbeat.

2. Stop taking EVISTA and call your doctor if you have:

18 • leg pain or a feeling of warmth in the lower leg (calf).

19 • swelling of the legs, hands, or feet.

20 • sudden chest pain, shortness of breath, or coughing up blood.

21 • sudden change in your vision, such as loss of vision or blurred vision.

3. Being still for a long time (such as sitting still during a long car or airplane trip or being in  
bed after surgery) can increase your risk of blood clots. (See **“What should I avoid if I  
am taking EVISTA?”**)

### 22 **What is EVISTA?**

23 EVISTA is a type of prescription medicine called a Selective Estrogen Receptor Modulator  
24 (SERM). EVISTA is for women after menopause, and has more than one use:

- 25 • **Osteoporosis:** EVISTA treats and prevents osteoporosis by helping make your bones  
26 stronger and less likely to break.
- 27 • **Invasive Breast Cancer:** If you have osteoporosis or are at high risk for breast cancer,  
28 EVISTA can be used to lower your chance of getting invasive breast cancer. EVISTA will  
29 not totally get rid of your chance of getting breast cancer. Your doctor can estimate your  
30 risk of breast cancer by asking you about risk factors, including:
- 31 • your age (getting older).
- 32 • family history of breast cancer in your mother, sister, or daughter.
- 33 • a history of any breast biopsy, especially an abnormal biopsy.

34 You and your doctor should talk about whether the possible benefit of EVISTA in  
35 lowering your chance of getting invasive breast cancer is greater than its possible risks.

36 EVISTA is not for use in premenopausal women (women who have not passed menopause).

### 37 **Who should not take EVISTA?**

38 Do not take EVISTA if you:

- 39 • have or have had blood clots in your legs, lungs, or eyes. Taking EVISTA may increase  
40 the risk of getting blood clots.
- 41 • are pregnant or could become pregnant. EVISTA could harm your unborn child.
- 42 • are nursing a baby. It is not known if EVISTA passes into breast milk or what effect it  
43 might have on the baby.

### 44 **What should I tell my doctor before taking EVISTA?**

45 EVISTA may not be right for you. Before taking EVISTA, tell your doctor about all your  
46 medical conditions, including if you:

- 47 • have had blood clots in your legs, lungs, or eyes, a stroke, mini-stroke (TIA/transient  
48 ischemic attack), or a type of irregular heartbeat (atrial fibrillation).
- 49 • have had breast cancer. EVISTA has not been fully studied in women who have a history  
50 of breast cancer.
- 51 • have liver or kidney problems.
- 52 • have taken estrogen in the past and had a high increase of triglycerides (a kind of fat in the  
53 blood).
- 54 • are pregnant, planning to become pregnant, or breast-feeding (see **“Who should not take  
55 EVISTA?”**).

56 Tell your doctor about all medicines you take, including prescription and non-prescription  
57 medicines, vitamins, and herbal supplements. Know the medicines you take. Keep a list of them  
58 and show it to your doctor and pharmacist each time you get a new medicine. Especially tell your  
59 doctor if you take\*:

- 60 • warfarin (Coumadin<sup>®</sup>, Jantoven<sup>®</sup>)

61 If you are taking warfarin or other coumarin blood thinners, your doctor may need to do a  
62 blood test when you first start or if you need to stop taking EVISTA. Names for this test  
63 include “prothrombin time,” “pro-time,” or “INR.” Your doctor may need to adjust the  
64 dose of your warfarin or other coumarin blood thinner.  
65

66 • cholestyramine

67 • estrogens

68 EVISTA should not be taken with cholestyramine or estrogens.

### 69 **How should I take EVISTA?**

70 • Take EVISTA exactly how your doctor tells you to.

71 • Keep taking EVISTA for as long as your doctor prescribes it for you. It is not known how  
72 long you should keep taking EVISTA to lower your chance of getting invasive breast  
73 cancers.

74 • It is important to get your refills on time so you do not run out of the medicine.

75 • Take one EVISTA tablet each day.

76 • Take EVISTA at any time of the day, with or without food.

77 • To help you remember to take EVISTA, it may be best to take it at about the same time  
78 each day.

79 • Calcium and vitamin D may be taken at the same time as EVISTA. It is important to take  
80 calcium and vitamin D, as directed by your physician, to prevent or treat osteoporosis.

81 • If you miss a dose, take it as soon as you remember. However, if it is almost time for your  
82 next dose, skip the missed dose and take only your next regularly scheduled dose. Do not  
83 take two doses at the same time.

### 84 **What should I avoid while taking EVISTA?**

85 • Being still for a long time (such as during long trips or being in bed after surgery) can  
86 increase the risk of blood clots. EVISTA may add to this risk. If you will need to be still  
87 for a long time, talk with your doctor about ways to reduce the risk of blood clots. On long  
88 trips, move around periodically. Stop taking EVISTA at least 3 days before a planned  
89 surgery or before you plan on being still for a long time. You should start taking EVISTA  
90 again when you return to your normal activities.

91 • Some medicines should not be taken with EVISTA (see **“What should I tell my doctor  
92 before taking EVISTA?”**).

93 **What are the possible side effects of EVISTA?**

94

95 Serious and life-threatening side effects can occur while taking EVISTA. These include blood  
96 clots and dying from stroke:

97 • Increased risk of blood clots in the legs (deep vein thrombosis) and lungs (pulmonary  
98 embolism) have been reported with EVISTA. Women who have or have had blood clots  
99 in the legs, lungs, or eyes should not take EVISTA.

100 • Women who have had a heart attack or are at risk for a heart attack may have an  
101 increased risk of dying from stroke when taking EVISTA.

102 See **“What is the most important information I should know about EVISTA?”**

103 The most common side effects of EVISTA are hot flashes, leg cramps, swelling of the feet,  
104 ankles, and legs, flu syndrome, joint pain, and sweating. Hot flashes are more common during  
105 the first 6 months after starting treatment.

106 These are not all the side effects of EVISTA. Tell your doctor about any side effect that  
107 bothers you or that does not go away. If you have any problems or questions that concern you  
108 while taking EVISTA, ask your doctor or pharmacist for more information.

109 **What else should I know about EVISTA?**

110 • Do not use EVISTA to prevent heart disease, heart attack, or strokes.

111 • To get the calcium and vitamin D you need, your doctor may advise you to change your  
112 diet and/or take supplemental calcium and vitamin D. Your doctor may suggest other ways  
113 to help treat or prevent osteoporosis, in addition to taking EVISTA and getting the calcium  
114 and vitamin D you need. These may include regular exercise, stopping smoking, and  
115 drinking less alcohol.

116 • Women who have hot flashes can take EVISTA. EVISTA does not treat hot flashes, and it  
117 may cause hot flashes in some women. (See **“What are the possible side effects of  
118 EVISTA?”**)

119 • EVISTA has not been found to cause breast tenderness or enlargement. If you notice any  
120 changes in your breasts, call your doctor to find out the cause. Before starting and while  
121 taking EVISTA you should have breast exams and mammograms, as directed by your  
122 doctor. Because EVISTA does not eliminate the chance of developing breast cancers, you  
123 need these examinations to find any breast cancers as early as possible.

124 • EVISTA should not cause spotting or menstrual-type bleeding. If you have any vaginal  
125 bleeding, call your doctor to find out the cause. EVISTA has not been found to increase  
126 the risk for cancer of the lining of the uterus.

127 • Women in clinical trials have taken EVISTA for up to eight years.

128 **How should I store EVISTA?**

- 129 • Store EVISTA at 68°F to 77°F (20°C-25°C).
- 130 • **Keep EVISTA and all medicines out of the reach of children.**

131 **General Information about the safe and effective use of EVISTA**

132 Medicines are sometimes prescribed for purposes other than those listed in a Medication  
133 Guide. Do not use EVISTA for a condition for which it was not prescribed. Do not give your  
134 EVISTA to other people, even if they have the same symptoms you have. It may harm them.

135 This Medication Guide is a summary of the most important information about EVISTA. If you  
136 would like more information about EVISTA, talk with your doctor. You can ask your doctor or  
137 pharmacist for information about EVISTA that is written for health professionals. For more  
138 information, call 1-800-545-5979 (toll-free) or go to the following website: [www.evista.com](http://www.evista.com).

139 **What are the ingredients in EVISTA?**

140 **Active Ingredient:** raloxifene hydrochloride

141 **Inactive Ingredients:** anhydrous lactose, carnauba wax, crospovidone, FD&C Blue No. 2  
142 aluminum lake, hypromellose, lactose monohydrate, magnesium stearate, modified  
143 pharmaceutical glaze, polyethylene glycol, polysorbate 80, povidone, propylene glycol, and  
144 titanium dioxide.

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146 This Medication Guide has been approved by the U.S. Food and Drug Administration.

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